

## TRAIL 21K

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	POS.	P.CAT.	CONTROL	POS.	P.CAT.	META	
1	1	120	RAUL DELGADO CEREJIDO	MALE	Sen - Masc	INDEPENDIENTE	1	1	01:45:41.827	1	1	02:18:00.677	06:35 min/Km
2	1	48	CÁSTOR SALGADO RODRÍGUEZ	MALE	Vet - Masc	PREFABRICADOS FEIJOO	2	1	01:46:58.893	2	1	02:21:05.263	06:44 min/Km
3	2	115	PABLO FEIJOO LOUREIRO	MALE	Vet - Masc	PREFABRICADOS FEIJOO	3	2	01:49:01.437	3	2	02:24:56.467	06:55 min/Km
4	3	72	JORGE MARTINEZ VAZQUEZ	MALE	Vet - Masc	INDEPENDIENTE	4	3	01:50:03.477	4	3	02:28:52.397	07:06 min/Km
5	2	125	ROBERTO SÁEZ RIBAO	MALE	Sen - Masc	INDEPENDIENTE	5	2	01:55:00.867	5	2	02:34:02.567	07:21 min/Km
6	3	100	MANUEL QUINTAIROS CID	MALE	Sen - Masc	INDEPENDIENTE	7	3	01:58:00.073	6	3	02:34:35.747	07:22 min/Km
7	4	117	PABLO GARCÍA NÚÑEZ	MALE	Sen - Masc	INDEPENDIENTE	21	14	02:16:29.187	7	4	02:36:27.690	07:28 min/Km
8	4	64	GABRIEL PÉREZ PEÑA	MALE	Vet - Masc	s.d. Correcaminos	24	7	02:17:55.827	8	4	02:37:05.873	07:29 min/Km
9	5	60	FERNANDO ALVAREZ GARCIA	MALE	Vet - Masc	PREFABRICADOS FEIJOO	6	4	01:57:27.813	9	5	02:37:20.950	07:30 min/Km
10	5	90	JUAN CARLOS RIVERA LARRALDE	MALE	Sen - Masc	INDEPENDIENTE	22	15	02:17:30.480	10	5	02:37:29.210	07:30 min/Km
11	6	162	FRANCISCO JAVIER GONZALEZ RODICIO	MALE	Vet - Masc	AVIVA SPORT CLUB	11	5	02:00:56.313	11	6	02:41:15.457	07:41 min/Km
12	6	67	IVAN SUAREZ	MALE	Sen - Masc	SPORTING CACHAROZA	14	8	02:06:41.510	12	6	02:41:16.457	07:41 min/Km
13	7	68	JAVIER CURROS FERNANDEZ	MALE	Sen - Masc	TRAIL VETERANOS OURENSE	12	7	02:05:24.207	13	7	02:43:18.650	07:47 min/Km
14	8	39	ANTON OUTOMURO DÍAZ	MALE	Sen - Masc	TRAIL VETERANOS OURENSE	19	12	02:11:49.807	14	8	02:44:18.650	07:50 min/Km
15	9	38	ANIBAL SANCHEZ GONZALEZ	MALE	Sen - Masc	INDEPENDIENTE	17	10	02:11:22.200	15	9	02:48:08.943	08:01 min/Km
16	1	103	MARIA FERREIRO PEREZ	FEMALE	Sen - Fem	OURENRUNNING	15	1	02:09:16.267	16	1	02:53:06.060	08:15 min/Km
17	10	116	PABLO FRANCO YAÑEZ	MALE	Sen - Masc	INDEPENDIENTE	9	5	01:59:11.173	17	10	02:53:16.370	08:16 min/Km
18	11	1	ANTONIO MANUEL MADRIÑAN	MALE	Sen - Masc	Salomonrun	10	6	02:00:32.877	18	11	02:54:02.687	08:18 min/Km
19	7	86	JOSÉ RUBÉN CALVO FDEZ	MALE	Vet - Masc	os afiadores ourense	13	6	02:06:23.723	19	7	02:54:30.173	08:19 min/Km
20	12	94	JULIO FERNÁNDEZ VILARCHAO	MALE	Sen - Masc	INDEPENDIENTE	8	4	01:59:00.623	20	12	02:54:53.313	08:20 min/Km
21	13	93	JUAN LUIS SÁNCHEZ GONZÁLEZ	MALE	Sen - Masc	INDEPENDIENTE	20	13	02:13:27.730	21	13	02:55:23.500	08:22 min/Km
22	14	31	ADRIAN VÁZQUEZ RODRÍGUEZ	MALE	Sen - Masc	INDEPENDIENTE	16	9	02:09:49.040	22	14	02:55:49.957	08:23 min/Km
23	15	130	SERGIO MORENO PALACIOS	MALE	Sen - Masc	Running cadrete	18	11	02:11:24.470	23	15	02:57:29.430	08:28 min/Km
24	16	55	ENRIQUE JOSE GARCIA RUBIRA	MALE	Sen - Masc	INDEPENDIENTE	23	16	02:17:36.680	24	16	03:04:12.640	08:47 min/Km
25	17	75	JOSE ÁNGEL FEIJÓO GRANDE	MALE	Sen - Masc	INDEPENDIENTE	25	17	02:18:47.443	25	17	03:06:05.533	08:52 min/Km
26	18	32	ADRIÁN NUÑEZ CAJARAVILLE	MALE	Sen - Masc	CDM Xesteiras	26	18	02:20:25.117	26	18	03:06:54.777	08:55 min/Km
27	19	70	JAVIER GARRIDO PUMAR	MALE	Sen - Masc	os afiadores ourense	27	19	02:20:35.737	27	19	03:09:30.603	09:02 min/Km
28	8	81	JOSE LUIS SOBRINO RODRIGUEZ	MALE	Vet - Masc	X-Trail Vigo	33	11	02:25:50.660	28	8	03:10:05.860	09:04 min/Km
29	9	66	IGNACIO SOUSA PASCUAL	MALE	Vet - Masc	INDEPENDIENTE	29	8	02:20:47.827	29	9	03:10:23.240	09:04 min/Km
30	10	47	CARLOS REBOREDO LEDO	MALE	Vet - Masc	TRAIL VETERANOS OURENSE				30	10	03:13:38.957	09:14 min/Km
30	10	95	LALO ARCE AMOR	MALE	Vet - Masc	TRAIL VETERANOS OURENSE	30	9	02:23:56.970	30	10	03:13:38.957	09:14 min/Km
32	2	50	CONCHI POMBO GARRIDO	FEMALE	Sen - Fem	Clube Atletismo Vía XVIII Maceda	43	4	02:31:33.117	32	2	03:17:02.980	09:23 min/Km
33	12	45	BONIFACIO BLANCO DOMINGUEZ	MALE	Vet - Masc	INDEPENDIENTE	38	13	02:30:16.550	33	12	03:18:00.443	09:26 min/Km
34	20	65	GABRIEL RODRÍGUEZ GONZÁLEZ	MALE	Sen - Masc	INDEPENDIENTE	42	26	02:31:04.947	34	20	03:18:44.580	09:28 min/Km
35	3	44	BELEN RODRIGUEZ VIDAL	FEMALE	Sen - Fem	KORPOREARENTEIRO TRAIL	39	2	02:30:16.913	35	3	03:19:49.957	09:31 min/Km
36	21	30	ABEL MUÑOZ VEIGA	MALE	Sen - Masc	PANCITAS TEAM	41	25	02:30:36.090	36	21	03:20:01.457	09:32 min/Km
37	4	92	JUAN JOSÉ IGLESIAS CADERNO	FEMALE	Sen - Fem	Atletismo Arenteiro	40	3	02:30:24.700	37	4	03:20:01.973	09:32 min/Km
38	13	37	ANGEL MORAL PALOMAR	MALE	Vet - Masc	INDEPENDIENTE	36	12	02:27:54.563	38	13	03:20:58.903	09:35 min/Km
39	22	83	JOSE MANUEL MARZABAL ALONSO	MALE	Sen - Masc	INDEPENDIENTE	28	20	02:20:36.847	39	22	03:21:21.220	09:36 min/Km
40	14	76	JOSE CABALEIRO VILA	MALE	Vet - Masc	Asociación cultural a Forna	46	14	02:36:02.627	40	14	03:21:41.460	09:37 min/Km
41	23	128	SERGIO CALVIÑO RIVERA	MALE	Sen - Masc	INDEPENDIENTE	32	21	02:25:00.227	41	23	03:21:43.310	09:37 min/Km
42	24	74	JORGE SALGADO PEQUEÑO	MALE	Sen - Masc	ASESOU	35	23	02:27:06.107	42	24	03:22:02.937	09:38 min/Km

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43	25	73	JORGE MIGUELEZ PRIETO	MALE	Sen - Masc	BIERZO TODODEPORTE	34	22	02:25:56.310	43	25	03:23:47.630	09:43 min/Km
44	26	96	LUIS MIGUEL ARENAS GONZALEZ	MALE	Sen - Masc	Union Deportiva Vegetariana	37	24	02:28:34.270	44	26	03:24:33.417	09:45 min/Km
45	27	106	MARIO FENTE SOUSA	MALE	Sen - Masc	PEROXA RUNNING	44	27	02:35:28.230	45	27	03:25:56.810	09:49 min/Km
46	28	131	VICENTE IGLESIAS RABANAL	MALE	Sen - Masc	INDEPENDIENTE	50	31	02:39:09.317	46	28	03:29:22.913	09:59 min/Km
47	5	104	MARIA LOPEZ PARENTE	FEMALE	Sen - Fem	INDEPENDIENTE	49	5	02:39:08.720	47	5	03:29:23.523	09:59 min/Km
48	15	132	WILSON JONES ROMERO	MALE	Vet - Masc	Club Deportivo Aurum	31	10	02:24:51.890	48	15	03:30:24.040	10:02 min/Km
49	16	85	JOSÉ RAMON REGUENGO CID	MALE	Vet - Masc	INDEPENDIENTE	51	15	02:39:09.977	49	16	03:30:53.977	10:03 min/Km
50	1	111	MONICA PRIETO PEREZ	FEMALE	Vet - Fem	INDEPENDIENTE				50	1	03:31:01.513	10:03 min/Km
51	29	107	MARIO MARTÍNEZ LORENZO	MALE	Sen - Masc	INDEPENDIENTE	48	30	02:37:09.290	51	29	03:33:41.983	10:11 min/Km
52	17	176	JOSE LOPEZ GARCIA	MALE	Vet - Masc	TROTADAS VALDEORRAS	56	17	02:42:47.787	52	17	03:33:57.543	10:12 min/Km
53	30	89	JUAN CARLOS GOMEZ GOMEZ	MALE	Sen - Masc	INDEPENDIENTE	53	32	02:41:41.073	53	30	03:34:41.940	10:14 min/Km
54	18	69	JAVIER FERRO NUÑEZ	MALE	Vet - Masc	INDEPENDIENTE	52	16	02:41:37.750	54	18	03:36:14.203	10:18 min/Km
55	31	62	FRAN TAIBO MERA	MALE	Sen - Masc	MofW	45	28	02:35:29.173	55	31	03:38:03.327	10:24 min/Km
56	2	56	ESTHER LOPEZ BERNARDEZ	FEMALE	Vet - Fem	Grupo de Montaña Alud	59	1	02:46:17.587	56	2	03:40:00.817	10:29 min/Km
57	32	71	JORGE DIEZ DIEGUEZ	MALE	Sen - Masc	Grupo de Montaña Alud	58	35	02:46:17.487	57	32	03:40:17.927	10:30 min/Km
58	33	135	YONATAN MARZABAL ALONSO	MALE	Sen - Masc	INDEPENDIENTE	54	33	02:42:29.477	58	33	03:41:48.007	10:34 min/Km
59	34	225	DANIEL CHRISTIAN MOLINERO	MALE	Sen - Masc		55	34	02:42:30.080	59	34	03:41:50.700	10:34 min/Km
60	19	97	LUIS VALBUENA GARRIDO	MALE	Vet - Masc	INDEPENDIENTE	60	19	02:46:18.827	60	19	03:43:23.440	10:39 min/Km
61	35	127	RUBEN FERNANDEZ MARTÍNEZ	MALE	Sen - Masc	INDEPENDIENTE	67	41	02:49:22.677	61	35	03:43:37.770	10:39 min/Km
62	36	118	PABLO PORTELA FERNANDEZ	MALE	Sen - Masc	AVIVA SPORT CLUB	61	36	02:46:55.167	62	36	03:47:07.173	10:49 min/Km
63	37	154	EMILIO XOSE GONZÁLEZ LEMOS	MALE	Sen - Masc	CE WITL	68	42	02:53:16.540	63	37	03:47:10.543	10:50 min/Km
64	20	78	JOSE IGNACIO NEGRO DE LA IGLESIA	MALE	Vet - Masc	PARTEPIEDRAS T R T	66	20	02:49:19.837	64	20	03:48:16.807	10:53 min/Km
65	21	84	JOSE MARIA LEVOSO TOUCEDA	MALE	Vet - Masc	ESPRINTES OURENSE	70	22	02:55:33.310	65	21	03:48:51.677	10:54 min/Km
66	38	51	DAVID NÚÑEZ GIL	MALE	Sen - Masc	INDEPENDIENTE	62	37	02:47:31.433	66	38	03:51:37.003	11:02 min/Km
67	39	46	BRAIS GUITIÁN CASTRO	MALE	Sen - Masc	INDEPENDIENTE	64	39	02:48:34.987	67	39	03:55:19.317	11:13 min/Km
68	40	129	SERGIO INSUNZA BLANCO	MALE	Sen - Masc	INDEPENDIENTE	65	40	02:48:39.107	68	40	03:55:25.577	11:13 min/Km
69	3	43	ARACELIS ORTEGANO PÉREZ	FEMALE	Vet - Fem	INDEPENDIENTE	71	2	03:06:45.107	69	3	04:05:39.480	11:42 min/Km
70	22	88	JUAN CARLOS CARBALLO FERNÁNDEZ	MALE	Vet - Masc	INDEPENDIENTE	73	23	03:13:16.167	70	22	04:15:42.423	12:11 min/Km
71	41	228	MANUEL CARLOS ALONSO	MALE	Sen - Masc		63	38	02:47:32.787	71	41	04:21:43.273	12:28 min/Km
72	4	108	MARISOL GOMEZ CHAO	FEMALE	Vet - Fem	INDEPENDIENTE	74	3	03:25:49.333	72	4	04:39:55.993	13:20 min/Km