

## IV XTREMA SOUTELO 2019

16 JUNIO 2019

- GENERAL -

GALITIMING  
DU!W!L!N!S

CRONOMETRAXE

| POS. | P.CAT. | NUMBER | PARTICIPANT                          | SEX    | TABDA   | CLUB                     | V1             | V2             | META     | DSQ |
|------|--------|--------|--------------------------------------|--------|---------|--------------------------|----------------|----------------|----------|-----|
| 1    | 1      | 25     | PAZÓ , DANIEL                        | MALE   | TANDA 1 | ATLETISMO BAIONA         | 00:21:20       | 00:22:50       | 00:44:09 |     |
| 2    | 2      | 30     | SANTOS BARCIELA , CÉSAR              | MALE   | TANDA 1 | PONTESECA TRAIL TEAM     | 00:23:10       | 00:23:30       | 00:46:39 |     |
| 3    | 3      | 105    | PACHECO SOLIÑO , ALBERTO             | MALE   | TANDA 3 |                          | 00:23:35       | 00:25:19       | 00:48:53 |     |
| 4    | 4      | 2      | AFONSO , PEDRO                       | MALE   | TANDA 1 | METASIMPOSIBLES.COM      | 00:24:07       | 00:25:28       | 00:49:35 |     |
| 5    | 5      | 92     | GOMEZ GONZALEZ , ENRIQUE             | MALE   | TANDA 3 | OS MOROSOS               | 00:24:04       | 00:25:41       | 00:49:44 |     |
| 6    | 6      | 233    | RODRIGUEZ MARTINEZ , DANIEL          | MALE   | TANDA 6 |                          | 00:25:01       | 00:25:52       | 00:50:53 |     |
| 7    | 7      | 164    | ARES CRIADO , MIGUEL                 | MALE   | TANDA 5 | HEROICAN TEO             | 00:25:07       | 00:26:00       | 00:51:07 |     |
| 8    | 8      | 187    | OTERO AMOEDO , ANXO                  | MALE   | TANDA 5 |                          | 00:24:54       | 00:26:20       | 00:51:14 |     |
| 9    | 9      | 299    | GONZÁLEZ ESTÉVEZ , ÓSCAR             | MALE   | TANDA 8 | TRIATLÓN ARTEIXO         | 00:25:22       | 00:25:58       | 00:51:20 |     |
| 10   | 10     | 115    | TOME LORES , JOSE CARLOS             | MALE   | TANDA 3 |                          | 00:24:18       | 00:27:20       | 00:51:38 |     |
| 11   | 11     | 68     | PEREIRO CURRÁS , JUAN SALVADOR       | MALE   | TANDA 2 | TEAM BIPOLAR             | 00:25:35       | 00:26:58       | 00:52:32 |     |
| 12   | 12     | 75     | SANROMAN MARCOTE , JESUS MARÍA       | MALE   | TANDA 2 | TEAM BIPOLAR             | 00:25:35       | 00:26:58       | 00:52:33 |     |
| 13   | 13     | 203    | ÁLVAREZ RODRIGUEZ , ABEL             | MALE   | TANDA 6 |                          | 00:26:02       | 00:26:54       | 00:52:56 |     |
| 14   | 14     | 8      | CASTRO DE PAZOS , FELIX              | MALE   | TANDA 1 | PONTESECA TRAIL TEAM     | 00:26:08       | 00:26:51       | 00:52:59 |     |
| 15   | 15     | 97     | LÓPEZ MARIANO , THIAGO               | MALE   | TANDA 3 | TEAM BIPOLAR             | 00:25:51       | 00:27:15       | 00:53:06 |     |
| 16   | 16     | 10     | CORTIZO BOULLOSA , MIGUEL            | MALE   | TANDA 1 | INDEPENDIENTE            | 00:26:04       | 00:27:15       | 00:53:18 |     |
| 17   | 17     | 55     | GONZALEZ BURGO , JOSE ANTONIO        | MALE   | TANDA 2 |                          | 00:25:59       | 00:27:32       | 00:53:30 |     |
| 18   | 18     | 5      | ALONSO PÉREZ , SAMUEL                | MALE   | TANDA 1 | X-ONE                    | 00:25:30       | 00:28:01       | 00:53:30 |     |
| 19   | 19     | 249    | CODESEDA MIGUEZ , JACOBO             | MALE   | TANDA 7 | PONTE CROSS TEAM         | 00:26:58       | 00:26:40       | 00:53:38 |     |
| 20   | 20     | 1      | ABREU CASAL , DAVID                  | MALE   | TANDA 1 | PONTESECA TRAIL TEAM     | 00:25:54       | 00:27:59       | 00:53:53 |     |
| 21   | 21     | 83     | ANDIÓN RIVADULLA , ANTONIO           | MALE   | TANDA 3 |                          | 00:27:14       | 00:28:09       | 00:55:22 |     |
| 22   | 22     | 14     | ESPERÓN BELLO , DANIEL               | MALE   | TANDA 1 | X-ONE PORRIÑO            | 00:27:00       | 00:28:34       | 00:55:34 |     |
| 23   | 23     | 146    | LÓPEZ IGLESIAS , CARLOS MIGUEL       | MALE   | TANDA 4 | LA VIEJA ESCUELA         | 00:27:53       | 00:27:56       | 00:55:48 |     |
| 24   | 24     | 124    | BITTENCOURT VIÑAS , NICOLAS EMMANUEL | MALE   | TANDA 4 | LA VIEJA ESCUELA         | 00:27:53       | 00:27:57       | 00:55:49 |     |
| 25   | 25     | 41     | ALONSO OTERO , RUBÉN                 | MALE   | TANDA 2 | INDEPENDIENTE            | 00:26:48       | 00:29:04       | 00:55:51 |     |
| 26   | 26     | 4      | ALONSO LANDESA , EMILIO              | MALE   | TANDA 1 | INDEPENDIENTE            | 00:26:56       | 00:29:05       | 00:56:00 |     |
| 27   | 27     | 180    | LÓPEZ MARTÍNEZ , JOSE                | MALE   |         |                          | FUERA DE TANDA | FUERA DE TANDA | 00:56:07 |     |
| 28   | 28     | 138    | FERNANDEZ GOMEZ , SAMUEL             | MALE   | TANDA 4 | LA VIEJA ESCUELA         | 00:27:59       | 00:28:26       | 00:56:25 |     |
| 29   | 29     | 261    | MORAIS MARTINEZ , RUBEN              | MALE   | TANDA 7 |                          | 00:28:53       | 00:27:37       | 00:56:29 |     |
| 30   | 30     | 46     | COMESAÑA VIEITEZ , JOSÉ ÁNGEL        | MALE   | TANDA 2 | TEAM BIPOLAR             | 00:26:38       | 00:30:08       | 00:56:46 |     |
| 31   | 31     | 3      | ALCÓN CARRO , IVÁN                   | MALE   | TANDA 1 | INDEPENDIENTE            | 00:26:56       | 00:29:59       | 00:56:55 |     |
| 32   | 32     | 158    | ROMERO CAMPOS , FRANCISCO JOSÉ       | MALE   | TANDA 4 | LA VIEJA ESCUELA         | 00:27:12       | 00:29:47       | 00:56:59 |     |
| 33   | 33     | 128    | CORONADO NINAMANCO , HELY CIRO       | MALE   | TANDA 4 | LA VIEJA ESCUELA         | 00:27:54       | 00:29:06       | 00:56:59 |     |
| 34   | 34     | 17     | IGLESIAS IGLESIAS , JORGE JAVIER     | MALE   | TANDA 1 | PALEOTRAINING            | 00:27:40       | 00:29:32       | 00:57:11 |     |
| 35   | 1      | 52     | FERNÁNDEZ GUARDIOLA , NOITE          | FEMALE | TANDA 2 | ASOCIACIÓN DEPORTIVA CAR | 00:28:16       | 00:29:19       | 00:57:34 |     |
| 36   | 35     | 252    | FERNANDEZ CARIDE , JUAMPY            | MALE   | TANDA 7 | JAYOMA TEAM              | 00:28:47       | 00:28:49       | 00:57:36 |     |
| 37   | 36     | 64     | MÉNDEZ GONZÁLEZ , JONATHAN           | MALE   | TANDA 2 | INDEPENDIENTE            | 00:28:02       | 00:29:39       | 00:57:41 |     |

## IV XTREMA SOUTELO 2019

16 JUNIO 2019

- GENERAL -

GALITIMING  
DU!W!L!N!S

CRONOMETRAXE

| POS. | P.CAT. | NUMBER | PARTICIPANT                     | SEX    | TABDA   | CLUB                 | V1             | V2             | META     | DSQ |
|------|--------|--------|---------------------------------|--------|---------|----------------------|----------------|----------------|----------|-----|
| 38   | 37     | 31     | SANTOS BARCIELA , MANUEL        | MALE   | TANDA 1 | PONTESECA TRAIL TEAM | 00:27:46       | 00:30:40       | 00:58:25 |     |
| 39   | 38     | 135    | FERNANDEZ BLANCO , RUBEN        | MALE   | TANDA 4 | INDEPENDIENTE        | 00:28:38       | 00:29:49       | 00:58:27 |     |
| 40   | 39     | 82     | ALONSO PEREIRA , MARCOS         | MALE   | TANDA 3 | AIOVAI               | 00:28:14       | 00:30:13       | 00:58:27 |     |
| 41   | 40     | 21     | MEDIAVILLA RUISANCHEZ , ORLANDO | MALE   | TANDA 1 | BUDO PONTEVEDRA      | 00:28:59       | 00:29:48       | 00:58:47 |     |
| 42   | 41     | 16     | GONZALEZ MARTINEZ , AMALIO      | MALE   | TANDA 1 |                      | 00:28:42       | 00:30:30       | 00:59:11 |     |
| 43   | 42     | 7      | CASTRO ARAGON , JORGE           | MALE   | TANDA 1 | BUDO PONTEVEDRA      | 00:29:45       | 00:29:46       | 00:59:31 |     |
| 44   | 43     | 206    | BARROS RODRIGUEZ , MANUEL       | MALE   | TANDA 6 |                      | 00:30:45       | 00:28:47       | 00:59:31 |     |
| 45   | 44     | 120    | CABALEIRO MIGUEZ , ÓSCAR        | MALE   | TANDA 3 | INDEPENDIENTE        | 00:30:54       | 00:29:14       | 01:00:08 |     |
| 46   | 45     | 85     | COTO PEREIRA , CRISTIAN         | MALE   | TANDA 3 | INDEPENDIENTE        | 00:29:02       | 00:31:07       | 01:00:08 |     |
| 47   | 46     | 208    | CASALEIRO FERNÁNDEZ , MANUEL.   | MALE   | TANDA 6 |                      | 00:30:55       | 00:29:30       | 01:00:24 |     |
| 48   | 47     | 26     | PÉREZ PÁRAMOS , JACOBO          | MALE   | TANDA 1 | ATLETISMO BAIONA     | 00:29:16       | 00:31:17       | 01:00:32 |     |
| 49   | 48     | 235    | SOBRAL LAGO , IGNACIO           | MALE   | TANDA 6 |                      | 00:31:04       | 00:29:41       | 01:00:44 |     |
| 50   | 49     | 237    | VALCARCEL ESTÉVEZ , JORGE       | MALE   | TANDA 6 |                      | 00:30:31       | 00:30:15       | 01:00:45 |     |
| 51   | 50     | 320    | BARROS ROMERO , DIEGO           | MALE   | TANDA 8 | INDEPENDIENTE        | 00:31:23       | 00:29:42       | 01:01:04 |     |
| 52   | 51     | 318    | APONTE CASTRILLON , DIEGO       | MALE   | TANDA 8 | X-ONE PORRIÑO        | 00:32:46       | 00:28:36       | 01:01:22 |     |
| 53   | 52     | 51     | FERNANDEZ CARRERA , BENET       | MALE   | TANDA 2 |                      | 00:30:03       | 00:31:29       | 01:01:32 |     |
| 54   | 53     | 73     | RIVAS BLANCO , DIEGO            | MALE   | TANDA 2 |                      | 00:29:35       | 00:31:58       | 01:01:32 |     |
| 55   | 54     | 293    | COTO LORENZO , DAVID            | MALE   | TANDA 8 | INDEPENDIENTE        | 00:32:41       | 00:28:53       | 01:01:33 |     |
| 56   | 55     | 137    | FERNANDEZ GOMEZ , JOSE          | MALE   | TANDA 4 | LA VIEJA ESCUELA     | 00:29:53       | 00:31:45       | 01:01:38 |     |
| 57   | 56     | 29     | SANDOVAL LERA , GUILLERMO       | MALE   | TANDA 1 | INDEPENDIENTE        | 00:30:01       | 00:32:00       | 01:02:00 |     |
| 58   | 57     | 179    | LÓPEZ ESTÉVEZ , SAMUEL          | MALE   | TANDA 5 | INDEPENDIENTE        | 00:31:32       | 00:30:32       | 01:02:04 |     |
| 59   | 58     | 60     | LLORENS GONZALEZ , DANIEL       | MALE   | TANDA 2 | INDEPENDIENTE        | 00:30:05       | 00:32:05       | 01:02:09 |     |
| 60   | 59     | 18     | IGLESIAS TORRES , ALBERTO       | MALE   | TANDA 1 |                      | 00:29:53       | 00:32:41       | 01:02:33 |     |
| 61   | 60     | 296    | GARCÍA MOSTEIRO , ALBERTO       | MALE   | TANDA 8 |                      | 00:35:10       | 00:27:29       | 01:02:39 |     |
| 62   | 2      | 57     | GONZALEZ ROCHA , MONICA         | FEMALE | TANDA 2 | RASTREXO ARCOS       | 00:29:53       | 00:33:03       | 01:02:56 |     |
| 63   | 61     | 62     | MARTÍNEZ CABALEIRO , CARLOS     | MALE   | TANDA 2 | RASTREXO ARCOS       | 00:29:55       | 00:33:01       | 01:02:56 |     |
| 64   | 62     | 42     | CABALEIRO ÁLVAREZ , ROBERTO     | MALE   | TANDA 2 | RASTREXO ARCOS       | 00:29:55       | 00:33:02       | 01:02:56 |     |
| 65   | 63     | 238    | VALCARCEL FARRAPEIRA , PABLO    | MALE   | TANDA 6 |                      | 00:31:23       | 00:31:55       | 01:03:17 |     |
| 66   | 64     | 198    | VICENTE VIZCAINO , YEFFER DARIO | MALE   | TANDA 5 | INDEPENDIENTE        | 00:31:53       | 00:31:39       | 01:03:31 |     |
| 67   | 65     | 48     | FERNANDEZ BELOSO , ANTONIO      | MALE   | TANDA 2 | INDEPENDIENTE        | 00:30:51       | 00:32:49       | 01:03:40 |     |
| 68   | 66     | 117    | VICENTE VICENTE , CARLOS        | MALE   | TANDA 3 | INDEPENDIENTE        | 00:31:30       | 00:32:10       | 01:03:40 |     |
| 69   | 67     | 44     | CARBALLO GUIMERANS , JOSE       | MALE   | TANDA 2 | INDEPENDIENTE        | 00:30:40       | 00:33:01       | 01:03:40 |     |
| 70   | 68     | 86     | COTO PEREIRA , JOSÉ ANTONIO     | MALE   | TANDA 3 | INDEPENDIENTE        | 00:30:55       | 00:32:58       | 01:03:52 |     |
| 71   | 3      | 173    | FREIRÍA GÓMEZ , ALEXANDRA       | FEMALE | TANDA 5 | INDEPENDIENTE        | 00:32:03       | 00:32:01       | 01:04:04 |     |
| 72   | 69     | 310    | PEREZ FERREIRO , ROBERTO        | MALE   |         |                      | FUERA DE TANDA | FUERA DE TANDA | 01:04:18 |     |
| 73   | 4      | 45     | CERQUEIRA ALVAREZ , VICTORIA    | FEMALE | TANDA 2 |                      | 00:31:56       | 00:32:36       | 01:04:32 |     |
| 74   | 70     | 294    | ESTÉVEZ FERNANDEZ , ALBERTO     | MALE   | TANDA 8 |                      | 00:33:02       | 00:31:34       | 01:04:36 |     |

## IV XTREMA SOUTELO 2019

16 JUNIO 2019

- GENERAL -

GALITIMING  
DU!W!L!N!S

CRONOMETRAXE

| POS. | P.CAT. | NUMBER | PARTICIPANT                        | SEX    | TABDA   | CLUB             | V1       | V2       | META     | DSQ |
|------|--------|--------|------------------------------------|--------|---------|------------------|----------|----------|----------|-----|
| 75   | 71     | 313    | RODRÍGUEZ BARGIELA , JONATHAN      | MALE   | TANDA 8 | PONTEOCIO        | 00:37:26 | 00:27:21 | 01:04:46 |     |
| 76   | 72     | 316    | AFONSO LUIS , PAU                  | MALE   | TANDA 8 | X-ONE PORRIÑO    | 00:34:07 | 00:30:40 | 01:04:47 |     |
| 77   | 73     | 69     | PÉREZ NOVAS , VICTOR               | MALE   | TANDA 2 | INDEPENDIENTE    | 00:31:48 | 00:33:00 | 01:04:47 |     |
| 78   | 74     | 324    | LÓPEZ LÓPEZ , CRISTIAN             | MALE   | TANDA 8 |                  | 00:34:19 | 00:30:40 | 01:04:59 |     |
| 79   | 75     | 169    | ESTÉVEZ MARTÍNEZ , JAIRO           | MALE   | TANDA 5 |                  | 00:33:02 | 00:31:58 | 01:04:59 |     |
| 80   | 76     | 23     | MORAIS ALONSO , DAVID              | MALE   | TANDA 1 |                  | 00:32:34 | 00:32:37 | 01:05:11 |     |
| 81   | 77     | 298    | GOMEZ , NOEL                       | MALE   | TANDA 8 |                  | 00:35:19 | 00:29:53 | 01:05:12 |     |
| 82   | 5      | 36     | SORDO GARCIA , MARIA TERESA        | FEMALE | TANDA 1 | CONCELLO DE VIGO | 00:32:19 | 00:33:02 | 01:05:20 |     |
| 83   | 78     | 295    | FROIZ FONTENLA , JUAN CARLOS       | MALE   | TANDA 8 |                  | 00:34:38 | 00:30:44 | 01:05:21 |     |
| 84   | 79     | 319    | APONTE CASTRILLON , JUAN GUILLERMO | MALE   | TANDA 8 | X-ONE PORRIÑO    | 00:34:17 | 00:31:08 | 01:05:25 |     |
| 85   | 80     | 227    | MARTÍNEZ PIÑEIRO , DAVID           | MALE   | TANDA 6 |                  | 00:34:06 | 00:31:47 | 01:05:52 |     |
| 86   | 81     | 228    | MARTINEZ PIÑEIRO , ISOLINO         | MALE   | TANDA 6 | INDEPENDIENTE    | 00:34:18 | 00:31:35 | 01:05:52 |     |
| 87   | 82     | 229    | MARTÍNEZ PIÑEIRO , JORGE           | MALE   | TANDA 6 |                  | 00:34:11 | 00:31:42 | 01:05:53 |     |
| 88   | 83     | 28     | SAAVEDRA GONZÁLEZ , NARCISO        | MALE   | TANDA 1 | CONCELLO DE VIGO | 00:32:19 | 00:33:38 | 01:05:57 |     |
| 89   | 84     | 9      | CORTIZO BOULLOSA , DANIEL          | MALE   | TANDA 1 |                  | 00:31:13 | 00:34:47 | 01:05:59 |     |
| 90   | 6      | 234    | SERPES PEREIRA , NATALIA           | FEMALE | TANDA 6 | JAYOMA TEAM      | 00:34:15 | 00:32:03 | 01:06:18 |     |
| 91   | 85     | 223    | GONZALEZ ROADE , JUAN              | MALE   | TANDA 6 | JAYOMA TEAM      | 00:34:00 | 00:32:18 | 01:06:18 |     |
| 92   | 86     | 132    | DIEZ CASTRO , FERNANDO             | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:32:57 | 00:33:46 | 01:06:43 |     |
| 93   | 87     | 43     | CABALEIRO FANDIÑO , VICTOR         | MALE   | TANDA 2 | INDEPENDIENTE    | 00:37:32 | 00:29:30 | 01:07:02 |     |
| 94   | 88     | 317    | ALONSO PÉREZ , SERGIO              | MALE   | TANDA 8 | VITUREIRA-CITY   | 00:35:49 | 00:32:26 | 01:08:14 |     |
| 95   | 89     | 151    | ORALLO VIGO , ROBERTO              | MALE   | TANDA 4 |                  | 00:36:41 | 00:31:37 | 01:08:18 |     |
| 96   | 90     | 87     | COTO SALGADO , ALFONSO             | MALE   | TANDA 3 | PISIÑAS          | 00:33:10 | 00:35:30 | 01:08:39 |     |
| 97   | 91     | 114    | SUAREZ MELIA , DAVID               | MALE   | TANDA 3 | INDEPENDIENTE    | 00:32:35 | 00:36:06 | 01:08:41 |     |
| 98   | 92     | 150    | NOVOA ALONSO , ANTONIO             | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:31:13 | 00:37:41 | 01:08:53 |     |
| 99   | 7      | 194    | SEOANE OTERO , NATALIA             | FEMALE | TANDA 5 | HEROICAN TEO     | 00:35:47 | 00:33:09 | 01:08:55 |     |
| 100  | 93     | 24     | ORTEGA VILLAR , IAGO               | MALE   | TANDA 1 |                  | 00:33:01 | 00:35:57 | 01:08:58 |     |
| 101  | 94     | 250    | COSTAS LAGO , MARCOS               | MALE   | TANDA 7 |                  | 00:34:44 | 00:34:19 | 01:09:03 |     |
| 102  | 95     | 232    | PÉREZ BARROS , ADRIÁN              | MALE   | TANDA 6 | INDEPENDIENTE    | 00:32:53 | 00:36:43 | 01:09:36 |     |
| 103  | 96     | 242    | ÁLVAREZ DA SILVA , JOSÉ ANTONIO    | MALE   | TANDA 7 |                  | 00:33:57 | 00:35:40 | 01:09:36 |     |
| 104  | 8      | 27     | RODRÍGUEZ DAPENA , MARGARITA       | FEMALE | TANDA 1 | INDEPENDIENTE    | 00:34:11 | 00:35:51 | 01:10:01 |     |
| 105  | 97     | 39     | VAAMONDE CASALDERREY , ANTONIO     | MALE   | TANDA 1 | INDEPENDIENTE    | 00:34:17 | 00:35:45 | 01:10:01 |     |
| 106  | 98     | 215    | FRANCISCO SANDE , PABLO            | MALE   | TANDA 6 | INDEPENDIENTE    | 00:34:59 | 00:35:12 | 01:10:10 |     |
| 107  | 9      | 61     | LÓPEZ PIÑEIRO , VANESSA            | FEMALE | TANDA 2 |                  | 00:34:24 | 00:36:00 | 01:10:24 |     |
| 108  | 99     | 311    | PORTASANY CARBALLIDO , DAVID       | MALE   | TANDA 8 |                  | 00:37:03 | 00:33:34 | 01:10:36 |     |
| 109  | 100    | 308    | MARIN GOMEZ , PABLO                | MALE   | TANDA 8 |                  | 00:37:04 | 00:33:33 | 01:10:36 |     |
| 110  | 101    | 67     | PAULO FERNANDES , IVALDO           | MALE   | TANDA 2 | LOS GEMELOS TEAM | 00:38:20 | 00:32:22 | 01:10:41 |     |
| 111  | 102    | 209    | DAGRAZA ALVAREZ , ALEX             | MALE   | TANDA 6 |                  | 00:36:56 | 00:33:47 | 01:10:42 |     |

## IV XTREMA SOUTELO 2019

16 JUNIO 2019

## - GENERAL -

GALITIMING  
DU!W!L!S!R!S!

CRONOMETRAXE

| POS. | P.CAT. | NUMBER | PARTICIPANT                        | SEX    | TABDA   | CLUB             | V1       | V2       | META     | DSQ |
|------|--------|--------|------------------------------------|--------|---------|------------------|----------|----------|----------|-----|
| 112  | 10     | 47     | DORADO ALVAREZ , LUCIA             | FEMALE | TANDA 2 | LOS GEMELOS TEAM | 00:38:20 | 00:32:23 | 01:10:42 |     |
| 113  | 103    | 190    | RAMOS SEVES , JAVIER               | MALE   | TANDA 5 |                  | 00:38:44 | 00:32:01 | 01:10:44 |     |
| 114  | 11     | 66     | NORES GUERRA , NURIA               | FEMALE | TANDA 2 | BUDO PONTEVEDRA  | 00:34:20 | 00:36:26 | 01:10:46 |     |
| 115  | 12     | 152    | OTERO LOPEZ , INÉS                 | FEMALE | TANDA 4 | LA VIEJA ESCUELA | 00:36:11 | 00:34:38 | 01:10:48 |     |
| 116  | 104    | 122    | ARADAS , BERNARDO                  | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:36:12 | 00:34:37 | 01:10:49 |     |
| 117  | 105    | 274    | RODRÍGUEZ VIZOSO , JUAN            | MALE   | TANDA 7 |                  | 00:36:01 | 00:34:51 | 01:10:51 |     |
| 118  | 13     | 165    | BARCIELA MARTINEZ , YOLANDA        | FEMALE | TANDA 5 |                  | 00:34:55 | 00:36:03 | 01:10:57 |     |
| 119  | 106    | 171    | FERNANDEZ CRESPO , JAVIER          | MALE   | TANDA 5 |                  | 00:34:54 | 00:36:05 | 01:10:58 |     |
| 120  | 107    | 127    | COLINO ROLLON , DANIEL             | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:36:01 | 00:35:01 | 01:11:02 |     |
| 121  | 108    | 231    | PAZOS ALVAREZ , NICOLÁS            | MALE   | TANDA 6 |                  | 00:35:27 | 00:35:38 | 01:11:05 |     |
| 122  | 109    | 236    | UNHA DAGRAZA , MOISÉS              | MALE   | TANDA 6 |                  | 00:37:00 | 00:34:07 | 01:11:06 |     |
| 123  | 110    | 178    | LOPEZ AGUILERA , PEDRO             | MALE   | TANDA 5 |                  | 00:35:47 | 00:35:33 | 01:11:20 |     |
| 124  | 111    | 38     | TABOAS , ROY                       | MALE   | TANDA 1 |                  | 00:41:05 | 00:30:47 | 01:11:51 |     |
| 125  | 112    | 40     | VILA DE LA FUENTE , ADRIÁN         | MALE   | TANDA 1 |                  | 00:33:56 | 00:38:17 | 01:12:13 |     |
| 126  | 113    | 253    | FERREIRA TOURÓN , NICOLÁS          | MALE   | TANDA 7 |                  | 00:38:33 | 00:36:01 | 01:14:34 |     |
| 127  | 114    | 22     | MOLDES DIEZ , LUIS FERNANDO        | MALE   | TANDA 1 | BUDO PONTEVEDRA  | 00:35:35 | 00:39:10 | 01:14:45 |     |
| 128  | 14     | 244    | BARBOSA FERNANDEZ , LAURA          | FEMALE | TANDA 7 | PONTE CROSS TEAM | 00:39:02 | 00:35:45 | 01:14:47 |     |
| 129  | 115    | 102    | MELENDEZ MEDELA , IVÁN             | MALE   | TANDA 3 |                  | 00:37:26 | 00:37:30 | 01:14:55 |     |
| 130  | 15     | 93     | GONZÁLEZ CASTRO , NOELIA           | FEMALE | TANDA 3 |                  | 00:37:02 | 00:38:01 | 01:15:03 |     |
| 131  | 16     | 109    | PIÑEIRO , ANA BELEN                | FEMALE | TANDA 3 |                  | 00:37:02 | 00:38:06 | 01:15:07 |     |
| 132  | 116    | 290    | CERTAL RODRIGUEZ , PABLO           | MALE   | TANDA 8 | PONTEOCIO        | 00:44:24 | 00:30:45 | 01:15:08 |     |
| 133  | 117    | 149    | MONTAÑA ÁLVAREZ , SERGIO           | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:37:13 | 00:38:00 | 01:15:12 |     |
| 134  | 118    | 154    | RIOS FERNANDEZ , MIGUEL            | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:36:23 | 00:39:03 | 01:15:26 |     |
| 135  | 119    | 160    | ZABALETA FERNANDEZ , DAVID         | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:36:40 | 00:38:51 | 01:15:30 |     |
| 136  | 120    | 123    | BASTOS , JOSE                      | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:37:13 | 00:38:19 | 01:15:32 |     |
| 137  | 121    | 141    | FONTAN ROMERO , ABEL               | MALE   | TANDA 4 | LA VIEJA ESCUELA | 00:38:17 | 00:37:22 | 01:15:39 |     |
| 138  | 122    | 95     | LEDO PÉREZ , MAXIMINO              | MALE   | TANDA 3 |                  | 00:36:50 | 00:39:00 | 01:15:49 |     |
| 139  | 17     | 139    | FIGUEROA RODRIGUEZ , MARIA GORETTI | FEMALE | TANDA 4 | LA VIEJA ESCUELA | 00:37:29 | 00:38:32 | 01:16:01 |     |
| 140  | 123    | 315    | VAQUEIRO GONZÁLEZ , DAVID          | MALE   | TANDA 8 |                  | 00:37:25 | 00:38:42 | 01:16:07 |     |
| 141  | 124    | 205    | BARROS CAMPO , BRUNO               | MALE   | TANDA 6 |                  | 00:38:59 | 00:37:15 | 01:16:13 |     |
| 142  | 125    | 217    | GARCÍA VÁZQUEZ , LUCAS             | MALE   | TANDA 6 | INDEPENDIENTE    | 00:38:14 | 00:38:04 | 01:16:17 |     |
| 143  | 126    | 283    | ARAUJO RODRIGUEZ , SERGIO          | MALE   | TANDA 8 | PONTEOCIO        | 00:45:03 | 00:31:16 | 01:16:19 |     |
| 144  | 127    | 240    | VILLAR GRANADA , JULIO             | MALE   | TANDA 6 |                  | 00:38:59 | 00:37:25 | 01:16:24 |     |
| 145  | 18     | 287    | CASAS , MARIA DOLORES              | FEMALE | TANDA 8 |                  | 00:37:12 | 00:39:25 | 01:16:36 |     |
| 146  | 128    | 101    | MARTÍNEZ RIVERA , DANIEL           | MALE   | TANDA 3 |                  | 00:37:13 | 00:39:26 | 01:16:39 |     |
| 147  | 129    | 96     | LEMONS LEMOS , RUBÉN DARÍO         | MALE   | TANDA 3 |                  | 00:37:18 | 00:39:21 | 01:16:39 |     |
| 148  | 130    | 100    | MARTÍNEZ RIVEIRO , JOSÉ MANUEL     | MALE   | TANDA 3 |                  | 00:37:13 | 00:39:26 | 01:16:39 |     |

## IV XTREMA SOUTELO 2019

16 JUNIO 2019

## - GENERAL -

GALITIMING  
DU!W!T!N!S

CRONOMETRAXE

| POS. | P.CAT. | NUMBER | PARTICIPANT                         | SEX    | TABDA   | CLUB                 | V1       | V2       | META     | DSQ |
|------|--------|--------|-------------------------------------|--------|---------|----------------------|----------|----------|----------|-----|
| 148  | 131    | 106    | PÉREZ DOMÍNGUEZ , JUAN ANTONIO      | MALE   | TANDA 3 |                      | 00:37:45 | 00:38:55 | 01:16:39 |     |
| 150  | 132    | 88     | DIEZ ANICETO , JAVIER               | MALE   | TANDA 3 |                      | 00:37:13 | 00:39:26 | 01:16:39 |     |
| 151  | 133    | 202    | ALONSO PEREIRO , ABEL               | MALE   | TANDA 6 |                      | 00:37:42 | 00:39:02 | 01:16:44 |     |
| 152  | 134    | 265    | PERLES CARBALLO , PABLO             | MALE   | TANDA 7 |                      | 00:38:30 | 00:38:16 | 01:16:45 |     |
| 153  | 135    | 312    | PRIETO ARIAS , XERARDO              | MALE   | TANDA 8 |                      | 00:38:37 | 00:38:17 | 01:16:53 |     |
| 154  | 136    | 216    | GARCÍA ARIAS , ANGEL                | MALE   | TANDA 6 | INDEPENDIENTE        | 00:39:18 | 00:37:48 | 01:17:06 |     |
| 155  | 19     | 72     | PONCE SOTO , JENNIFER               | FEMALE | TANDA 2 |                      | 00:37:46 | 00:39:45 | 01:17:30 |     |
| 156  | 137    | 289    | CASTRO LORENZO , SERGIO             | MALE   | TANDA 8 |                      | 00:37:28 | 00:40:30 | 01:17:58 |     |
| 157  | 138    | 116    | VÁZQUEZ DOMÍNGUEZ , PABLO           | MALE   | TANDA 3 | INDEPENDIENTE        | 00:41:37 | 00:36:28 | 01:18:05 |     |
| 158  | 139    | 103    | OCAÑA FRANCISCO , EDUARDO           | MALE   | TANDA 3 | INDEPENDIENTE        | 00:41:36 | 00:36:29 | 01:18:05 |     |
| 159  | 140    | 207    | BASTOS GIRALDEZ , DAVID             | MALE   | TANDA 6 |                      | 00:38:40 | 00:39:27 | 01:18:07 |     |
| 160  | 20     | 263    | PEREIRO DOMINGUEZ , MARTA           | FEMALE | TANDA 7 |                      | 00:40:41 | 00:37:30 | 01:18:11 |     |
| 161  | 141    | 119    | VILLAR SOUTO , PABLO                | MALE   | TANDA 3 | INDEPENDIENTE        | 00:36:09 | 00:42:03 | 01:18:11 |     |
| 162  | 142    | 306    | LORENZO RIVAS , ANGEL               | MALE   | TANDA 8 |                      | 00:39:26 | 00:38:55 | 01:18:20 |     |
| 163  | 21     | 63     | MARTÍNEZ CASTIÑEIRA , MONICA        | FEMALE | TANDA 2 |                      | 00:38:17 | 00:40:06 | 01:18:23 |     |
| 164  | 143    | 49     | FERNÁNDEZ BESADA , FRANCISCO JAVIER | MALE   | TANDA 2 |                      | 00:38:17 | 00:40:07 | 01:18:23 |     |
| 165  | 144    | 50     | FERNÁNDEZ BESADA , OTTO             | MALE   | TANDA 2 |                      | 00:38:15 | 00:40:08 | 01:18:23 |     |
| 166  | 22     | 80     | VAQUEIRO RODRIGUEZ , ANDREA         | FEMALE | TANDA 2 |                      | 00:38:15 | 00:40:09 | 01:18:23 |     |
| 167  | 23     | 129    | DAVILA LAGO , RAQUEL                | FEMALE | TANDA 4 | LA VIEJA ES          | 00:38:48 | 00:39:51 | 01:18:39 |     |
| 168  | 24     | 130    | DELGADO PÉREZ , SARA                | FEMALE | TANDA 4 | LA VIEJA ESCUELA     | 00:38:48 | 00:39:54 | 01:18:41 |     |
| 169  | 25     | 144    | GONZÁLEZ COMESAÑA , PAULA           | FEMALE | TANDA 4 | LA VIEJA ESCUELA     | 00:38:48 | 00:39:55 | 01:18:42 |     |
| 170  | 26     | 273    | RODRIGUEZ VAQUEIRO , DIANA          | FEMALE | TANDA 7 | INDEPENDIENTE        | 00:40:53 | 00:38:11 | 01:19:04 |     |
| 171  | 27     | 91     | GARRIDO PÉREZ , ESPERANZA           | FEMALE | TANDA 3 |                      | 00:39:43 | 00:39:36 | 01:19:19 |     |
| 172  | 145    | 74     | RODRIGUEZ CAMBRA , DAVID            | MALE   | TANDA 2 | ATLETISMO SALVATERRA | 00:39:11 | 00:40:09 | 01:19:19 |     |
| 173  | 28     | 56     | GONZALEZ PORTO , BEATRIZ            | FEMALE | TANDA 2 | ATLETISMO SALVATERRA | 00:39:09 | 00:40:11 | 01:19:19 |     |
| 174  | 29     | 157    | RODRIGUEZ TRONCOSO , DORI           | FEMALE | TANDA 4 |                      | 00:37:54 | 00:41:54 | 01:19:48 |     |
| 175  | 146    | 213    | FARRAPEIRA DOMINGUEZ , MANUEL       | MALE   | TANDA 6 |                      | 00:39:37 | 00:40:21 | 01:19:58 |     |
| 176  | 147    | 297    | GARRIDO INSUA , RICARDO             | MALE   | TANDA 8 |                      | 00:39:53 | 00:40:19 | 01:20:12 |     |
| 177  | 30     | 323    | GUISANDE PÉREZ , TAMARA             | FEMALE | TANDA 8 |                      | 00:40:12 | 00:40:02 | 01:20:14 |     |
| 178  | 148    | 321    | BERNARDEZ FERNÁNDEZ , ALBERTO       | MALE   | TANDA 8 |                      | 00:40:48 | 00:39:27 | 01:20:14 |     |
| 179  | 149    | 108    | PEREZ FERNANDEZ , JOSE              | MALE   | TANDA 3 |                      | 00:39:18 | 00:41:19 | 01:20:37 |     |
| 180  | 150    | 279    | SOTO PREGO , DAVID                  | MALE   | TANDA 7 | PONTE CROSS TEAM     | 00:39:57 | 00:40:47 | 01:20:43 |     |
| 181  | 31     | 258    | MANEIRO PRIETO , NOELIA             | FEMALE | TANDA 7 | PONTE CROSS TEAM     | 00:39:55 | 00:40:50 | 01:20:44 |     |
| 182  | 151    | 266    | PREGO NOVAS , ADRIAN                | MALE   | TANDA 7 | PONTE CROSS TEAM     | 00:39:19 | 00:41:26 | 01:20:44 |     |
| 183  | 152    | 191    | RIVERA VALVERDE , JUAN MIGUEL       | MALE   | TANDA 5 | INDEPENDIENTE        | 00:38:45 | 00:42:13 | 01:20:57 |     |
| 184  | 32     | 156    | RODRIGUEZ RODRIGUEZ , TANIA         | FEMALE | TANDA 4 | LA VIEJA ESCUELA     | 00:39:29 | 00:41:41 | 01:21:10 |     |
| 185  | 153    | 155    | RODRIGUEZ DAVILA , JUAN             | MALE   | TANDA 4 | LA VIEJA ESCUELA     | 00:39:42 | 00:41:30 | 01:21:12 |     |

## IV XTREMA SOUTELO 2019

16 JUNIO 2019

- GENERAL -

GALITIMING  
DU!W!L!N!S

CRONOMETRAXE

| POS. | P.CAT. | NUMBER | PARTICIPANT                       | SEX    | TABDA   | CLUB                 | V1       | V2       | META     | DSQ |
|------|--------|--------|-----------------------------------|--------|---------|----------------------|----------|----------|----------|-----|
| 186  | 33     | 81     | ALONSO GIRALDEZ , MARIA LUZ       | FEMALE | TANDA 3 |                      | 00:39:45 | 00:41:27 | 01:21:12 |     |
| 187  | 34     | 131    | DÍAZ DEL RÍO FOCES , MARÍA        | FEMALE | TANDA 4 | LA VIEJA ESCUELA     | 00:40:33 | 00:41:12 | 01:21:44 |     |
| 188  | 35     | 126    | CANTO ALONSO , SARA               | FEMALE | TANDA 4 |                      | 00:40:38 | 00:41:07 | 01:21:45 |     |
| 189  | 36     | 70     | PÉREZ OLIVEIRA , JESSICA          | FEMALE | TANDA 2 |                      | 00:40:57 | 00:40:58 | 01:21:55 |     |
| 190  | 37     | 161    | ALMEIDA BACELO , MIRIAM           | FEMALE | TANDA 5 |                      | 00:40:23 | 00:41:40 | 01:22:02 |     |
| 191  | 38     | 195    | SEQUEIROS PENEDO , THALIA         | FEMALE | TANDA 5 |                      | 00:40:56 | 00:41:28 | 01:22:24 |     |
| 192  | 154    | 148    | LORENZO COSTAS , DAVID            | MALE   | TANDA 4 |                      | 00:39:46 | 00:42:39 | 01:22:24 |     |
| 193  | 155    | 99     | LOSADA SOUTO , AARON              | MALE   | TANDA 3 |                      | 00:39:12 | 00:43:16 | 01:22:27 |     |
| 194  | 156    | 113    | SOUTO PRADO , SERGIO              | MALE   | TANDA 3 |                      | 00:39:12 | 00:43:16 | 01:22:27 |     |
| 195  | 157    | 284    | BERENGUER FERNANDEZ , YERAY       | MALE   | TANDA 8 | PONTEOCIO            | 00:50:01 | 00:32:28 | 01:22:29 |     |
| 196  | 158    | 153    | PARRA GARCIA , SERGIO             | MALE   | TANDA 4 |                      | 00:41:26 | 00:41:08 | 01:22:34 |     |
| 197  | 39     | 147    | LOPEZ NOGALES , JUDITH            | FEMALE | TANDA 4 |                      | 00:41:16 | 00:41:18 | 01:22:34 |     |
| 198  | 40     | 248    | CASTIÑEIRA FERNÁNDEZ , ADRIANA    | FEMALE | TANDA 7 |                      | 00:45:28 | 00:37:14 | 01:22:41 |     |
| 199  | 41     | 71     | PIÑEIRO IGLESIAS , LILIANA        | FEMALE | TANDA 2 | INDEPENDIENTE        | 00:37:51 | 00:45:39 | 01:23:29 |     |
| 200  | 42     | 53     | GONZÁLEZ , GEMMA                  | FEMALE | TANDA 2 |                      | 00:37:51 | 00:45:38 | 01:23:29 |     |
| 201  | 43     | 145    | GRAÑA BARREIRO , SARA             | FEMALE | TANDA 4 | LA VIEJA ESCUELA     | 00:41:33 | 00:42:01 | 01:23:33 |     |
| 202  | 44     | 140    | FILLOY YÁÑEZ , SILVIA             | FEMALE | TANDA 4 | LA VIEJA ESCUELA     | 00:41:33 | 00:42:01 | 01:23:34 |     |
| 203  | 45     | 143    | GOMEZ PADIN , ANA ISABEL          | FEMALE | TANDA 4 | LA VIEJA ESCUELA     | 00:42:18 | 00:41:23 | 01:23:40 |     |
| 204  | 46     | 136    | FERNÁNDEZ DA VILA , SONIA MARIA   | FEMALE | TANDA 4 | LA VIEJA ESCUELA     | 00:42:12 | 00:41:32 | 01:23:43 |     |
| 205  | 47     | 111    | RODRÍGUEZ CASTRO , SANDRA         | FEMALE | TANDA 3 |                      | 00:41:12 | 00:42:43 | 01:23:55 |     |
| 206  | 48     | 58     | IGLESIAS GONZALEZ , SABELA        | FEMALE | TANDA 2 | LOS GEMELOS TEAM     | 00:41:51 | 00:43:46 | 01:25:36 |     |
| 207  | 159    | 77     | SOBRINO ALFONSO , MARIO MANUEL    | MALE   | TANDA 2 | LOS GEMELOS TEAM     | 00:41:51 | 00:43:46 | 01:25:36 |     |
| 208  | 160    | 54     | GONZALEZ ALVAREZ , ESTEBAN        | MALE   | TANDA 2 | LOS GEMELOS TEAM     | 00:41:51 | 00:43:47 | 01:25:37 |     |
| 209  | 161    | 300    | IGLESIAS FERNANDEZ , MARCOS       | MALE   | TANDA 8 | CAZAFANTASMAS        | 00:42:57 | 00:43:11 | 01:26:08 |     |
| 210  | 49     | 304    | LOPEZ GOCE , MARIA TERESA         | FEMALE | TANDA 8 | OS MOROSOS           | 00:42:58 | 00:43:45 | 01:26:42 |     |
| 211  | 162    | 326    | SIO OTERO , PABLO                 | MALE   | TANDA 8 | CAZAFANTASMAS        | 00:42:56 | 00:43:46 | 01:26:42 |     |
| 212  | 50     | 301    | IGLESIAS FERNANDEZ , MARIA TERESA | FEMALE | TANDA 8 | CAZAFANTASMAS        | 00:43:08 | 00:43:34 | 01:26:42 |     |
| 213  | 51     | 174    | GOMEZ LLOVES , CRISTINA           | FEMALE | TANDA 5 |                      | 00:41:55 | 00:44:50 | 01:26:44 |     |
| 214  | 163    | 189    | PINTOS TOURON , VÍCTOR MANUEL     | MALE   | TANDA 5 |                      | 00:41:58 | 00:44:51 | 01:26:48 |     |
| 215  | 52     | 291    | CON LEMOS , VERONICA              | FEMALE | TANDA 8 | PONTEOCIO            | 00:46:15 | 00:41:05 | 01:27:19 |     |
| 215  | 164    | 307    | MANUEL CARRERA HIDALGO , JOSE     | MALE   | TANDA 8 | PONTEOCIO            | 00:46:11 | 00:41:08 | 01:27:19 |     |
| 217  | 165    | 288    | CASTRO GARCIA , CHRIS             | MALE   | TANDA 8 | PONTEOCIO            | 00:46:10 | 00:41:10 | 01:27:19 |     |
| 218  | 53     | 225    | LÓPEZ PARCERO , MARÍA             | FEMALE | TANDA 6 | PONTESECA TRAIL TEAM | 00:43:18 | 00:44:23 | 01:27:41 |     |
| 219  | 166    | 221    | GONZÁLEZ LAGO , IGNACIO           | MALE   | TANDA 6 | PONTESECA TRAIL TEAM | 00:43:17 | 00:44:25 | 01:27:41 |     |
| 220  | 167    | 314    | SANMARTIN OTERO , ANDRES          | MALE   | TANDA 8 | INDEPENDIENTE        | 00:44:12 | 00:43:40 | 01:27:52 |     |
| 221  | 54     | 303    | LOIRA CAMIÑA , NEREA              | FEMALE | TANDA 8 |                      | 00:44:00 | 00:43:53 | 01:27:52 |     |
| 222  | 55     | 204    | BARCIA DA SILVA , VANESA          | FEMALE | TANDA 6 | INDEPENDIENTE        | 00:44:07 | 00:43:48 | 01:27:55 |     |



## IV XTREMA SOUTELO 2019

16 JUNIO 2019

- GENERAL -

GALITIMING  
DU!W!L!N!S

CRONOMETRAXE

| POS. | P.CAT. | NUMBER | PARTICIPANT                          | SEX    | TABDA   | CLUB                 | V1       | V2       | META     | DSQ |
|------|--------|--------|--------------------------------------|--------|---------|----------------------|----------|----------|----------|-----|
| 223  | 56     | 211    | DOPAZO FIGUEROA , MARIA              | FEMALE | TANDA 6 |                      | 00:44:07 | 00:43:49 | 01:27:55 |     |
| 224  | 168    | 222    | GONZALEZ MIRA , JUAN LUIS            | MALE   | TANDA 6 | JAYOMA TEAM          | 00:43:11 | 00:44:47 | 01:27:58 |     |
| 225  | 57     | 226    | MARTÍNEZ CAMPOS , CARLA              | FEMALE | TANDA 6 |                      | 00:44:11 | 00:44:02 | 01:28:12 |     |
| 226  | 169    | 212    | ESTEVEZ MATEO , JESUS                | MALE   | TANDA 6 | INDEPENDIENTE        | 00:44:10 | 00:44:27 | 01:28:37 |     |
| 227  | 170    | 34     | SOLIÑO FILGUEIRA , RUBÉN             | MALE   | TANDA 1 | BUDO PONTEVEDRA      | 00:42:09 | 00:46:31 | 01:28:40 |     |
| 228  | 171    | 196    | VICENTE ESTÉVEZ , SEVERINO           | MALE   | TANDA 5 |                      | 00:44:17 | 00:44:50 | 01:29:06 |     |
| 229  | 172    | 163    | ALONSO RODRÍGUEZ , FRANCISCO JAVIER  | MALE   | TANDA 5 |                      | 00:44:14 | 00:44:52 | 01:29:06 |     |
| 230  | 173    | 192    | RODRÍGUEZ , LUIS                     | MALE   | TANDA 5 | MORCEJ@S TEAM        | 00:44:15 | 00:44:51 | 01:29:06 |     |
| 231  | 174    | 185    | MORAIS ALONSO , JOSE ANTONIO         | MALE   | TANDA 5 | MORCEJ@S TEAM        | 00:44:15 | 00:44:52 | 01:29:06 |     |
| 232  | 175    | 199    | VIDEIRA LOMBA , JOSE LUÍS            | MALE   | TANDA 5 |                      | 00:44:16 | 00:44:51 | 01:29:07 |     |
| 233  | 58     | 176    | IGLESIAS NOVAS , JESSICA             | FEMALE | TANDA 5 |                      | 00:46:13 | 00:43:01 | 01:29:14 |     |
| 234  | 176    | 170    | ESTÉVEZ MARTÍNEZ , JOSÉ MANUEL       | MALE   | TANDA 5 |                      | 00:46:13 | 00:43:01 | 01:29:14 |     |
| 235  | 59     | 166    | BRAVO GONZÁLEZ , BEATRIZ             | FEMALE | TANDA 5 | MESTASIMPOSIBLES.COM | 00:45:51 | 00:43:27 | 01:29:18 |     |
| 236  | 60     | 168    | BRAVO PÉREZ , REYES                  | FEMALE | TANDA 5 |                      | 00:45:41 | 00:43:37 | 01:29:18 |     |
| 237  | 61     | 182    | MARTÍNEZ LÓPEZ , LORENA              | FEMALE | TANDA 5 |                      | 00:45:28 | 00:44:10 | 01:29:38 |     |
| 238  | 62     | 184    | MÉNDEZ ÁLVAREZ , SUSANA              | FEMALE | TANDA 5 | METASIMPOSIBLES.COM  | 00:46:01 | 00:43:46 | 01:29:46 |     |
| 239  | 177    | 172    | FERNÁNDEZ DOMÍNGUEZ , JOSE JAVIER    | MALE   | TANDA 5 |                      | 00:45:14 | 00:45:58 | 01:31:11 |     |
| 240  | 63     | 107    | PEREZ FERNANDEZ , ANDREA             | FEMALE | TANDA 3 |                      | 00:45:11 | 00:46:43 | 01:31:54 |     |
| 241  | 64     | 188    | PEREIRA ALCONADA , OLALLA            | FEMALE | TANDA 5 |                      | 00:45:16 | 00:46:46 | 01:32:02 |     |
| 242  | 65     | 270    | RODRÍGUEZ LOMBA , RAQUEL             | FEMALE | TANDA 7 | INDEPENDIENTE        | 00:46:42 | 00:45:35 | 01:32:16 |     |
| 243  | 66     | 272    | RODRIGUEZ RODRIGUEZ , IRENE          | FEMALE | TANDA 7 | INDEPENDIENTE        | 00:46:43 | 00:45:35 | 01:32:17 |     |
| 244  | 67     | 278    | SILVA MARTINEZ , ERIKA               | FEMALE | TANDA 7 | INDEPENDIENTE        | 00:46:42 | 00:45:35 | 01:32:17 |     |
| 245  | 178    | 271    | RODRÍGUEZ MARTÍNEZ , ÓSCAR           | MALE   | TANDA 7 | INDEPENDIENTE        | 00:46:41 | 00:45:37 | 01:32:17 |     |
| 246  | 179    | 260    | MARTINEZ FERNANDEZ , ELOY            | MALE   | TANDA 7 | INDEPENDIENTE        | 00:46:42 | 00:45:36 | 01:32:17 |     |
| 247  | 68     | 257    | LORENZO CABALEIRO , ROSA             | FEMALE | TANDA 7 |                      | 00:45:28 | 00:47:58 | 01:33:26 |     |
| 248  | 69     | 224    | GONZALEZ ROADE , MARTA               | FEMALE | TANDA 6 | JAYOMA TEAM          | 00:48:36 | 00:45:53 | 01:34:28 |     |
| 249  | 70     | 267    | RIVEIRO PEREIRA , GIMENA             | FEMALE | TANDA 7 | SANTA COMPAÑA        | 00:49:46 | 00:46:41 | 01:36:26 |     |
| 250  | 180    | 246    | CABALEIRO FIGUEROA , BENJAMIN MANUEL | MALE   | TANDA 7 | SANTA COMPAÑA        | 00:49:45 | 00:46:42 | 01:36:27 |     |
| 251  | 181    | 247    | CABREIRA RODRIGUEZ , CESAR           | MALE   | TANDA 7 | SANTA COMPAÑA OCR    | 00:49:45 | 00:46:42 | 01:36:27 |     |
| 252  | 71     | 104    | OMAÑA , MARBELLA                     | FEMALE | TANDA 3 | INDEPENDIENTE        | 00:47:06 | 00:50:06 | 01:37:12 |     |
| 253  | 72     | 264    | PÉREZ RODRÍGUEZ , ELISA              | FEMALE | TANDA 7 |                      | 00:48:40 | 00:48:54 | 01:37:34 |     |
| 254  | 73     | 280    | VAZQUEZ MAYO , MONICA                | FEMALE | TANDA 7 | MAIS QUE AUGA        | 00:49:10 | 00:48:26 | 01:37:35 |     |
| 255  | 74     | 241    | ALMUIÑA GONZALEZ , FATIMA            | FEMALE | TANDA 7 | INDEPENDIENTE        | 00:48:59 | 00:48:36 | 01:37:35 |     |
| 256  | 75     | 268    | RIVERA DOBAO , PILAR                 | FEMALE | TANDA 7 | MAIS QUE AUGA        | 00:48:57 | 00:48:38 | 01:37:35 |     |
| 257  | 182    | 259    | MARTÍN CALVO , PABLO                 | MALE   | TANDA 7 |                      | 00:48:59 | 00:48:37 | 01:37:35 |     |
| 258  | 76     | 243    | ALVAREZ DOMINGUEZ , ROSA MARIA       | FEMALE | TANDA 7 | MAIS QUE AUGA        | 00:49:13 | 00:48:23 | 01:37:35 |     |
| 259  | 183    | 277    | SANMARTIN GONZALEZ , VICTORIANO      | MALE   | TANDA 7 | MAIS QUE AUGA        | 00:48:59 | 00:48:37 | 01:37:36 |     |

| POS. | P.CAT. | NUMBER | PARTICIPANT                    | SEX    | TABDA   | CLUB                 | V1       | V2       | META     | DSQ |
|------|--------|--------|--------------------------------|--------|---------|----------------------|----------|----------|----------|-----|
| 260  | 77     | 177    | LO VACCO SABTOS , ELIZA        | FEMALE | TANDA 5 |                      | 00:48:59 | 00:48:37 | 01:37:38 |     |
| 261  | 184    | 35     | SOLIÑO PERALBA , JOSÉ LUIS     | MALE   | TANDA 1 | BUDO PONTEVEDRA      | 00:50:04 | 00:50:07 | 01:40:11 |     |
| 262  | 185    | 84     | CHAMORRO VALVERDE , RUBÉN      | MALE   | TANDA 3 |                      | 00:46:20 | 00:55:46 | 01:42:05 |     |
| 263  | 186    | 90     | FIGUEIRÓ GONZÁLEZ , ÁLVARO     | MALE   | TANDA 3 |                      | 00:46:20 | 00:55:46 | 01:42:06 |     |
| 264  | 78     | 112    | SOUTO PEREIRA , LUCIA          | FEMALE | TANDA 3 |                      | 00:46:20 | 00:55:47 | 01:42:06 |     |
| 265  | 187    | 118    | VIDAL SALGADO , JUAN JOSÉ      | MALE   | TANDA 3 | INDEPENDIENTE        | 00:53:42 | 00:52:39 | 01:46:20 |     |
| 266  | 79     | 134    | DOMINGUEZ CARNERO , SARA       | FEMALE | TANDA 4 | INDEPENDIENTE        | 00:50:17 | 00:57:47 | 01:48:04 |     |
| 267  | 188    | 32     | SIENTO RODRIGUEZ , FRAN        | MALE   | TANDA 1 |                      | 00:57:16 | 00:55:18 | 01:52:34 |     |
| 268  | 80     | 37     | TABOADA MAQUIEIRA , ROSI       | FEMALE | TANDA 1 |                      | 00:57:17 | 00:55:18 | 01:52:34 |     |
| ABD  |        | 110    | RAMILO QUINTAS , CRISTINA      | FEMALE | TANDA 3 |                      |          |          | 00:41:40 |     |
| DNF  |        | 305    | LOPEZ SOUTO , NEREA            | FEMALE | TANDA 8 | INDEPENDIENTE        | 00:36:13 |          |          |     |
| DNF  |        | 78     | SOLLA FONTAN , OSCAR           | MALE   | TANDA 2 |                      | 00:37:47 |          |          |     |
| DNF  |        | 19     | MARTINEZ BOUZAS , JAVIER       | MALE   | TANDA 1 |                      | 00:41:05 |          |          |     |
| DNF  |        | 201    | ALFAYA FLORIANI , JUAN JOSÉ    | MALE   | TANDA 6 |                      | 00:44:07 |          |          |     |
| DNF  |        | 94     | JARDÓN ABAL , FRANCISCO JAVIER | MALE   | TANDA 3 |                      | 00:46:18 |          |          |     |
| DSQ  |        | 255    | GONZALEZ BASTOS , RAQUEL       | FEMALE | TANDA 7 | INDEPENDIENTE        |          |          | 00:43:28 | 1V  |
| DSQ  |        | 276    | SANJUAN GIL , PATRICIA         | FEMALE | TANDA 7 |                      |          |          | 00:43:29 | 1V  |
| DSQ  |        | 218    | GIRALDEZ FARRAPEIRA , PATRICIA | FEMALE | TANDA 6 |                      |          |          | 00:49:46 | 1V  |
| DSQ  |        | 219    | GIRALDEZ FARRAPEIRA , YOLANDA  | FEMALE | TANDA 6 |                      |          |          | 00:49:48 | 1V  |
| DSQ  |        | 282    | ALVAREZ PEREZ , BELEN          | FEMALE | TANDA 8 | PONTEOCIO            |          |          | 00:53:16 | 1V  |
| DSQ  |        | 281    | ÁLVAREZ CASTRO , LAURA         | FEMALE | TANDA 8 | PONTEOCIO            |          |          | 00:53:16 | 1V  |
| DSQ  |        | 286    | CALA RODRIGUEZA , ALBA         | FEMALE | TANDA 8 | PONTEOCIO            |          |          | 01:00:47 | 1V  |
| DSQ  |        | 292    | COSTAS DELGADO , REBECA        | FEMALE | TANDA 8 | PONTEOCIO            |          |          | 01:00:50 | 1V  |
| DSQ  |        | 133    | DOMINGUEZ CARNERO , JAVIER     | MALE   | TANDA 4 | INDEPENDIENTE        |          |          | 00:54:30 | 1V  |
| DSQ  |        | 230    | MONROY MONTENEGRO , CRISTIAN   | MALE   | TANDA 6 | PONTESECA TRAIL TEAM |          |          | 01:16:11 | 1V  |