

I XTOSIN TRAIL

- XERAL -

19 MAYO 2018

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
1	1	84	LORENZO BLANCO , CARLOS	MALE	MASTER-M	C.D.PORTOSIN	01:16:20.490		05:16 min/Km
2	2	65	GÓMEZ RIOS , JOSÉ ANTONIO	MALE	MASTER-M	SAR-VERMU PETRONI	01:18:01.510	+00:01:41.020	05:23 min/Km
3	1	143	TUÑAS GONZALEZ , ROBERTO	MALE	SENIOR-M		01:21:12.050	+00:04:51.560	05:37 min/Km
4	3	43	DOMÍNGUEZ BARBEITO , VÍCTOR	MALE	MASTER-M	A.D. MEDIADUCIA	01:24:58.140	+00:08:37.650	05:52 min/Km
5	4	126	RODRÍGUEZ OTERO , MARIO	MALE	MASTER-M	ATLÉTISMO FONTES DO SAR	01:26:16.400	+00:09:55.910	05:57 min/Km
6	5	5	ANLLO RIVERA , GERARDO	MALE	MASTER-M	ACADE	01:26:53.840	+00:10:33.350	05:60 min/Km
7	6	141	TRIÑANES VIDAL , QUIQUE	MALE	MASTER-M		01:27:50.610	+00:11:30.120	06:04 min/Km
8	7	37	CASTRO HERMIDA , JUAN JOSE	MALE	MASTER-M	TRIBU TRAIL	01:28:51.250	+00:12:30.760	06:08 min/Km
9	2	74	IGLESIAS AMORES , MIGUEL	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	01:30:06.750	+00:13:46.260	06:13 min/Km
10	8	75	INSUA PAZOS , EMILIO JOSÉ	MALE	MASTER-M	C.D.PORTOSIN	01:30:30.580	+00:14:10.090	06:15 min/Km
11	9	79	LESTON DEL RIO , ADELINO	MALE	MASTER-M	A.D DOWNHILL	01:30:45.310	+00:14:24.820	06:16 min/Km
12	10	86	LUENGO PEÑA , CARLOS	MALE	MASTER-M	INDEPENDIENTE	01:30:55.930	+00:14:35.440	06:17 min/Km
13	11	38	CERQUEIRO BARREIRO , VICTOR MANUEL	MALE	MASTER-M	INDEPENDIENTE	01:31:30.380	+00:15:09.890	06:19 min/Km
14	12	85	LORENZO ESTURAO , ALBERTO	MALE	MASTER-M	LOBEZNOS OCR	01:31:55.200	+00:15:34.710	06:21 min/Km
15	1	90	MARIÑO GARCIA , JOSE MANUEL	MALE	VETERAN-M	INDEPENDIENTE	01:31:58.160	+00:15:37.670	06:21 min/Km
16	2	27	CALVO CASTRO , IVÁN	MALE	VETERAN-M	TRIBU TRAIL	01:33:49.590	+00:17:29.100	06:29 min/Km
17	13	51	FERNANDEZ GARCIA , JOSE MANUEL	MALE	MASTER-M		01:33:51.760	+00:17:31.270	06:29 min/Km
18	14	60	GENDRE FERNANDEZ , JAVIER	MALE	MASTER-M	TARTARUGAS	01:34:37.120	+00:18:16.630	06:32 min/Km
19	15	116	PUMARIÑO PÉREZ , AMADOR	MALE	MASTER-M	ATLÉTISMO FONTES DO SAR	01:34:51.660	+00:18:31.170	06:33 min/Km
20	16	20	BUGALLO DEL PUERTO , XAQUIN	MALE	MASTER-M	RUNNING OLEIROS	01:35:05.000	+00:18:44.510	06:34 min/Km
21	17	28	CAMEAN CAMEAN , ROBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:35:19.860	+00:18:59.370	06:35 min/Km
22	18	130	SANTIAGO POUZO , ROBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:35:20.040	+00:18:59.550	06:35 min/Km
23	19	115	PONTE IGLESIAS , DAVID	MALE	MASTER-M	MARRANERS - EN BOAS MANS	01:35:25.620	+00:19:05.130	06:35 min/Km
24	20	109	PEREIRA GUTIÉRREZ , EMILIO JOSÉ	MALE	MASTER-M	INDEPENDIENTE	01:36:03.140	+00:19:42.650	06:38 min/Km
25	21	15	BOO FARIÑA , SALVADOR	MALE	MASTER-M	TRIBU TRAIL	01:36:23.890	+00:20:03.400	06:39 min/Km
26	3	8	BAÑA TOME , PABLO	MALE	SENIOR-M	CLUB ATLETISMO OUTES	01:36:27.290	+00:20:06.800	06:40 min/Km
27	22	62	GÓMEZ GÓMEZ , MANUEL	MALE	MASTER-M	CLUB ATLERISMO LOUSAME - DEPORTES HERMIDA	01:36:56.330	+00:20:35.840	06:42 min/Km
28	23	78	LADO TORRES , JOSÉ CARLOS	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:38:15.090	+00:21:54.600	06:47 min/Km
29	24	95	MARTINEZ M. , ALBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:38:15.290	+00:21:54.800	06:47 min/Km
30	3	64	GOMEZ PEREZ , JOSE LUIS	MALE	VETERAN-M		01:38:40.190	+00:22:19.700	06:49 min/Km
31	25	114	PIÑEIRO REY , ARTURO	MALE	MASTER-M	S.D.BARBANTIA RODA	01:39:11.420	+00:22:50.930	06:51 min/Km
32	26	16	BOO REIRIZ , JOSE MARÍA	MALE	MASTER-M	VIRXIGUIANOS TRAIL	01:39:22.510	+00:23:02.020	06:52 min/Km
33	27	19	BUGALLO DEL PUERTO , IVÁN	MALE	MASTER-M	RUNNING OLEIROS	01:39:56.190	+00:23:35.700	06:54 min/Km

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34	28	138	SUÁREZ VINAGRE , FREDI	MALE	MASTER-M		01:40:46.560	+00:24:26.070	06:58 min/Km
35	1	48	FABEIRO ROMERO , MARIA	FEMALE	VETERAN-F	CDM VÉRTICE	01:41:13.520	+00:24:53.030	06:59 min/Km
36	4	66	GOMEZ SIEIRA , DAVID	MALE	SENIOR-M	CLUB ATLERISMO LOUSAME - DEPORTES HERMIDA	01:41:25.040	+00:25:04.550	06:60 min/Km
37	29	21	BURES MIGUENS , XOSE MANUEL	MALE	MASTER-M	TRIBU TRAIL	01:41:36.110	+00:25:15.620	07:01 min/Km
38	30	10	BECERRA CARRIL , NACHO	MALE	MASTER-M	ZAPATILLA VELOZ	01:41:42.720	+00:25:22.230	07:01 min/Km
39	31	77	JAMARDO MIGUENS , JUAN	MALE	MASTER-M	INDEPENDIENTE	01:41:56.280	+00:25:35.790	07:02 min/Km
40	5	25	CABALLERO , ANDRES	MALE	SENIOR-M		01:42:37.670	+00:26:17.180	07:05 min/Km
41	32	3	ALBÁN SALGADO , ALBERTO	MALE	MASTER-M	INDEPENDIENTE	01:42:40.410	+00:26:19.920	07:05 min/Km
42	4	44	DOMINGUEZ PIÑEIRO , CHEMA	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:42:48.620	+00:26:28.130	07:06 min/Km
43	5	41	COSTA LAGO , JUAN MIGUEL	MALE	VETERAN-M	PRAIA DE CARNOTA RUNNERS	01:42:54.010	+00:26:33.520	07:06 min/Km
44	33	100	OUIJO CASTELO , SANTIAGO	MALE	MASTER-M	ADC ARNELA	01:43:13.390	+00:26:52.900	07:08 min/Km
45	6	142	TUÑAS CORZÓN , ÁLEX	MALE	SENIOR-M	INDEPENDIENTE	01:44:09.280	+00:27:48.790	07:11 min/Km
46	34	139	TAJES PÉREZ , JESÚS	MALE	MASTER-M	PRAIA DE CARNOTA RUNNERS	01:44:36.470	+00:28:15.980	07:13 min/Km
47	35	32	CARTER , BENJAMIN	MALE	MASTER-M		01:45:07.840	+00:28:47.350	07:16 min/Km
48	6	119	RIO SILVA , JOSE LUIS	MALE	VETERAN-M	RUNNING OLEIROS	01:45:42.490	+00:29:22.000	07:18 min/Km
49	7	127	ROMERO OLVEIRA , JOSÉ MANUEL	MALE	VETERAN-M	VETERANOS DE SAMIL	01:45:44.070	+00:29:23.580	07:18 min/Km
50	1	46	DURO LIÑARES , OLALLA	FEMALE	MASTER-F	PONTE TRAIL	01:46:50.780	+00:30:30.290	07:23 min/Km
51	36	107	PEDROSA MAYO , JOSE MANUEL	MALE	MASTER-M	PONTE TRAIL	01:46:51.160	+00:30:30.670	07:23 min/Km
52	7	91	MARQUE RUIBAL , JOSÉ ANTONIO	MALE	SENIOR-M	CDM VÉRTICE	01:46:51.560	+00:30:31.070	07:23 min/Km
53	37	13	BLANCO TABOAS , ANDRÉS	MALE	MASTER-M	INDEPENDIENTE	01:46:53.860	+00:30:33.370	07:23 min/Km
54	2	89	MAREQUE MARTINEZ , MARIA	FEMALE	MASTER-F	TARTARUGAS	01:47:37.390	+00:31:16.900	07:26 min/Km
55	8	133	SANTOS GARCIA , JUAN JOSE	MALE	VETERAN-M	TRIBU TRAIL	01:47:50.640	+00:31:30.150	07:27 min/Km
56	9	54	FONTENLA MUIÑO , MANUEL	MALE	VETERAN-M	ATLETAS DE ACEA DE AMA	01:48:25.700	+00:32:05.210	07:29 min/Km
57	38	93	MARTINEZ HAYNES , ENRIQUE	MALE	MASTER-M		01:49:22.600	+00:33:02.110	07:33 min/Km
58	39	135	SERANTES RIVAS , GUSTAVO	MALE	MASTER-M		01:49:34.180	+00:33:13.690	07:34 min/Km
59	10	1	ABAL MORRAZO , EMILIO	MALE	VETERAN-M	INDEPENDIENTE	01:49:55.210	+00:33:34.720	07:35 min/Km
60	11	82	LOPEZ RAMA , JESUS	MALE	VETERAN-M	PRAIA DE CARNOTA RUNNERS	01:49:58.670	+00:33:38.180	07:36 min/Km
61	12	80	LESTÓN FABEIRO , MIGUEL	MALE	VETERAN-M	TRIBU TRAIL	01:50:07.670	+00:33:47.180	07:36 min/Km
62	8	124	RODRIGUEZ GONZALEZ , IVAN	MALE	SENIOR-M	INDEPENDIENTE	01:50:11.630	+00:33:51.140	07:36 min/Km
63	2	146	VENTOSO MANEIRO , MARY CARMEN	FEMALE	VETERAN-F	INDEPENDIENTE	01:50:18.460	+00:33:57.970	07:37 min/Km
64	3	72	GONZALEZ VAZQUEZ , NOELIA	FEMALE	MASTER-F	INDEPENDIENTE	01:50:35.180	+00:34:14.690	07:38 min/Km
65	40	70	GONZÁLEZ VÁZQUEZ , CARLOS	MALE	MASTER-M	INDEPENDIENTE	01:50:36.500	+00:34:16.010	07:38 min/Km
66	13	30	CARAMÉS , MANUEL	MALE	VETERAN-M	GALICIA MAXICA TRAIL ADVENTURE	01:50:39.090	+00:34:18.600	07:38 min/Km

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67	9	18	BRALO NIMO , ISMAEL	MALE	SENIOR-M	TRIBU TRAIL	01:51:33.390	+00:35:12.900	07:42 min/Km
68	14	134	SERANTES MANEIRO , CAMILO	MALE	VETERAN-M	ADC ARNELA	01:51:51.550	+00:35:31.060	07:43 min/Km
69	41	113	PESTONIT FREIRE , NOE	MALE	MASTER-M	TRIBU TRAIL	01:56:10.510	+00:39:50.020	08:01 min/Km
70	42	35	CASTELO VENTOSO , EDU	MALE	MASTER-M	INDEPENDIENTE	01:56:20.800	+00:40:00.310	08:02 min/Km
71	43	105	PAZ SILVA , ADÁN	MALE	MASTER-M	INDEPENDIENTE	01:56:27.290	+00:40:06.800	08:02 min/Km
72	10	39	COLMEIRO ECHEVERRÍA , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	01:57:01.560	+00:40:41.070	08:05 min/Km
73	44	117	QUEIRUGA LORENZO , MANUEL	MALE	MASTER-M		01:58:42.030	+00:42:21.540	08:12 min/Km
74	11	131	SANTOMÉ SOTO , DAMIÁN	MALE	SENIOR-M		02:03:19.100	+00:46:58.610	08:31 min/Km
75	12	59	GARCIA LIAS , CRISTIAN	MALE	SENIOR-M		02:03:34.900	+00:47:14.410	08:32 min/Km
76	15	112	PEREZ TRILLO , JESUS	MALE	VETERAN-M	PRAIA DE CARNOTA RUNNERS	02:03:46.940	+00:47:26.450	08:33 min/Km
77	4	12	BLANCO PÉREZ , ANA	FEMALE	MASTER-F	INDEPENDIENTE	02:04:00.370	+00:47:39.880	08:34 min/Km
78	45	132	SANTOMIL , DAVID	MALE	MASTER-M		02:04:41.130	+00:48:20.640	08:36 min/Km
79	13	104	PARDIÑAS GONZALEZ , MARCOS	MALE	SENIOR-M	A.D DOWNHILL	02:04:49.160	+00:48:28.670	08:37 min/Km
80	3	63	GÓMEZ LODEIROS , SUSANA	FEMALE	VETERAN-F	TARTARUGAS	02:05:33.220	+00:49:12.730	08:40 min/Km
81	46	68	GONZALEZ PAZ , JULIO	MALE	MASTER-M	VIRXIGUIANOS TRAIL	02:05:33.660	+00:49:13.170	08:40 min/Km
82	4	40	CORTÓN TESOURO , INMACULADA	FEMALE	VETERAN-F	C.D.PORTOSIN	02:05:52.900	+00:49:32.410	08:41 min/Km
83	14	9	BEAHÍN VÁZQUEZ , MARCOS	MALE	SENIOR-M	INDEPENDIENTE	02:06:02.150	+00:49:41.660	08:42 min/Km
84	47	57	GARCÍA AMIGO , CARLOS	MALE	MASTER-M	C.A.R MARISQUEIRO	02:06:07.140	+00:49:46.650	08:42 min/Km
85	48	101	OJUO POUSO , JOSE LUIS	MALE	MASTER-M	INDEPENDIENTE	02:07:36.830	+00:51:16.340	08:49 min/Km
86	16	6	APARICIO DÍAZ , JAVIER	MALE	VETERAN-M	RUNNING OLEIROS	02:07:39.740	+00:51:19.250	08:49 min/Km
87	49	97	MOURÓN MARÍN , DAVID	MALE	MASTER-M	INDEPENDIENTE	02:08:26.460	+00:52:05.970	08:52 min/Km
88	50	118	RAMOS CANOSA , JORGE MANUEL	MALE	MASTER-M		02:08:33.810	+00:52:13.320	08:52 min/Km
89	51	31	CARREIRA NODAR , JORGE	MALE	MASTER-M	CLUB DEPORTIVO SAN PAIO	02:08:41.850	+00:52:21.360	08:53 min/Km
90	52	103	PAIS TRIGO , FRANCISCO	MALE	MASTER-M		02:09:14.990	+00:52:54.500	08:55 min/Km
91	53	22	BUSTELO CASTAÑO , JULIO	MALE	MASTER-M	INDEPENDIENTE	02:11:30.060	+00:55:09.570	09:05 min/Km
92	15	50	FERNÁNDEZ BERMUDEZ , MANUEL	MALE	SENIOR-M		02:11:39.280	+00:55:18.790	09:05 min/Km
93	54	26	CAJARAVILLE DAPENA , PABLO	MALE	MASTER-M	INDEPENDIENTE	02:11:40.290	+00:55:19.800	09:05 min/Km
94	16	121	RODRIGUEZ CALVIÑO , ROBERTO	MALE	SENIOR-M	INDEPENDIENTE	02:11:45.830	+00:55:25.340	09:06 min/Km
95	55	67	GONZALEZ DÍAZ-CANEJA , GUSTAVO	MALE	MASTER-M	CEM	02:11:45.870	+00:55:25.380	09:06 min/Km
96	56	2	ABOY POTEI , JOSE	MALE	MASTER-M	TRIBU TRAIL	02:12:36.870	+00:56:16.380	09:09 min/Km
97	17	52	FERNÁNDEZ OCHOA , ÁNGEL	MALE	SENIOR-M	INDEPENDIENTE	02:13:20.360	+00:56:59.870	09:12 min/Km
98	57	81	LOJO PATIÑO , JUAN	MALE	MASTER-M	INDEPENDIENTE	02:15:54.950	+00:59:34.460	09:23 min/Km
99	5	47	FABEIRO ROMERO , JOSEFA	FEMALE	MASTER-F	CDM VÉRTICE	02:16:01.610	+00:59:41.120	09:23 min/Km

I XTOSIN TRAIL

- XERAL -

19 MAYO 2018

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
100	17	148	VLLANUSTRE ABUIN , GERMÁN	MALE	VETERAN-M	S.D.BARBANTIA RODA	02:16:31.300	+01:00:10.810	09:25 min/Km
101	5	108	PEÑA VILLAMIDE , PAZ	FEMALE	VETERAN-F	TARTARUGAS	02:16:45.610	+01:00:25.120	09:26 min/Km
102	58	53	FERREIROS FERNANDEZ , JOSE	MALE	MASTER-M	TARTARUGAS	02:16:46.770	+01:00:26.280	09:26 min/Km
103	18	24	CAAMAÑO SIEIRA , JOSE	MALE	SENIOR-M	A.D DOWNHILL	02:18:05.320	+01:01:44.830	09:32 min/Km
104	59	61	GIL PEREIRA , JAVIER	MALE	MASTER-M		02:18:05.430	+01:01:44.940	09:32 min/Km
105	6	14	BOISA DOSIL , MARIA	FEMALE	MASTER-F		02:19:54.410	+01:03:33.920	09:39 min/Km
106	18	111	PEREZ MIÑONES , ROGELIO MANUEL	MALE	VETERAN-M		02:20:27.990	+01:04:07.500	09:42 min/Km
107	60	76	INSUA PAZOS , JOSÉ	MALE	MASTER-M	INDEPENDIENTE	02:20:51.870	+01:04:31.380	09:43 min/Km
108	7	29	CAO NOYA , DALIA	FEMALE	MASTER-F	INDEPENDIENTE	02:21:25.470	+01:05:04.980	09:46 min/Km
109	19	99	OTERO VILLAVARDE , MARCOS	MALE	SENIOR-M	INDEPENDIENTE	02:22:24.320	+01:06:03.830	09:50 min/Km
110	8	144	VALIÑO CES , ALMUDENA	FEMALE	MASTER-F	ATLÉTISMO FONTES DO SAR	02:22:54.380	+01:06:33.890	09:52 min/Km
111	61	123	RODRIGUEZ CID , JOSE MANUEL	MALE	MASTER-M	ASALTAMONTES	02:22:54.670	+01:06:34.180	09:52 min/Km
112	6	71	GONZALEZ VAZQUEZ , MARIA DEL PILAR	FEMALE	VETERAN-F	KORPORE ARENTEIRO TRAIL	02:23:38.210	+01:07:17.720	09:55 min/Km
113	62	140	TATO SOTO , VICTOR MANUEL	MALE	MASTER-M	KORPORE ARENTEIRO TRAIL	02:23:41.000	+01:07:20.510	09:55 min/Km
114	19	106	PAZOS SUÁREZ , F. JAVIER	MALE	VETERAN-M	ATLÉTISMO FONTES DO SAR	02:25:09.680	+01:08:49.190	10:01 min/Km
115	9	96	MÍGUEZ SAMPEDRO , SUSANA	FEMALE	MASTER-F	ADC ARNELA	02:26:03.830	+01:09:43.340	10:05 min/Km
116	10	58	GARCIA GONZALEZ , MARIA DEL MAR	FEMALE	MASTER-F		02:33:54.660	+01:17:34.170	10:37 min/Km
117	63	122	RODRIGUEZ CAMBRA , DAVID	MALE	MASTER-M		02:33:55.520	+01:17:35.030	10:37 min/Km
118	11	69	GONZALEZ PORTO , BEATRIZ	FEMALE	MASTER-F		02:33:55.670	+01:17:35.180	10:37 min/Km
119	12	145	VAZQUEZ GONZALEZ , LUCIA	FEMALE	MASTER-F		02:37:05.130	+01:20:44.640	10:51 min/Km
120	20	42	DEAN POUSO , JOSE MANUEL	MALE	VETERAN-M	INDEPENDIENTE	02:37:06.670	+01:20:46.180	10:51 min/Km
121	13	92	MARTIN LOPEZ , SUSANA	FEMALE	MASTER-F	INDEPENDIENTE	02:43:57.110	+01:27:36.620	11:19 min/Km
122	64	33	CASAIS ABEIJÓN , RAMON	MALE	MASTER-M	INDEPENDIENTE	02:44:05.120	+01:27:44.630	11:19 min/Km
123	14	120	RIVADENEIRA PEREZ , ANA	FEMALE	MASTER-F	PONTE TRAIL	03:08:29.520	+01:52:09.030	12:60 min/Km
124	65	23	BUSTO GALLARDO , JOSE MANUEL	MALE	MASTER-M	CLUB ATLERISMO LOUSAME - DEPORTES HERMIDA	03:08:30.950	+01:52:10.460	13:01 min/Km