

VI DUATLÓN CROSS VILA DE CELANOVA 2018

- 7KM - 20KM - 3,5KM -
- GENERAL INDIVIDUAL -

28 XULLO 2018

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	RUN 1	RITMO RUN1	BIKE	MEDIA BIKE	RUN2	RITMO RUN2	META	DIF 1º	DSQ
1	1	16	DEAÑO CAJIDE , RUBEN	MALE	MALE	GRUPETA PAN DE ZARCO	00:25:16.513	03:37 min/Km	01:01:30.300	19,5 Km/h	00:13:32.040	03:53 min/Km	01:40:18.853		
2	2	38	LANDEIRA CASTRO , DAVID	MALE	MALE	A.D MEDIA DUCIA	00:24:23.723	03:30 min/Km	01:06:11.830	18,1 Km/h	00:13:11.910	03:47 min/Km	01:43:47.463	+00:03:28.610	
3	3	31	FREIRE GALLEG0 , JAVIER	MALE	MALE	LAMARGHA BEARIZ TRIATLON	00:26:30.833	03:48 min/Km	01:07:23.240	17,8 Km/h	00:14:15.840	04:05 min/Km	01:48:09.913	+00:07:51.060	
4	4	52	MOSTEIRO RODRIGUEZ , FRANCISCO JAVIER	MALE	MALE	CLUB TRIATLON VILAGARCIA	00:25:32.143	03:39 min/Km	01:08:59.220	17,4 Km/h	00:13:41.780	03:55 min/Km	01:48:13.143	+00:07:54.290	
5	5	88	VILA FERNANDEZ , JULIO	MALE	MALE	TRIATLON DUERO	00:25:52.183	03:42 min/Km	01:09:43.500	17,2 Km/h	00:13:35.640	03:54 min/Km	01:49:11.323	+00:08:52.470	
6	6	19	DURÁN ALVAREZ , IVÁN	MALE	MALE		00:25:41.073	03:41 min/Km	01:10:28.220	17,0 Km/h	00:13:49.260	03:57 min/Km	01:49:58.553	+00:09:39.700	
7	7	63	PÉREZ VÁZQUEZ , JOSHUA	MALE	MALE	CASTELO BIKE CLUB	00:26:18.073	03:46 min/Km	01:09:36.330	17,2 Km/h	00:14:34.670	04:10 min/Km	01:50:29.073	+00:10:10.220	
8	8	46	MARIÑO ESTÉVEZ , SERGIO	MALE	MALE	ACD SANOMEDIO	00:28:54.833	04:08 min/Km	01:07:02.750	17,9 Km/h	00:15:54.500	04:33 min/Km	01:51:52.083	+00:11:33.230	
9	9	54	NOGUEIRA PÉREZ , MIGUEL ANXO	MALE	MALE	NOITEBRA F.C.	00:25:50.683	03:42 min/Km	01:13:11.780	16,4 Km/h	00:13:19.790	03:49 min/Km	01:52:22.253	+00:12:03.400	
10	10	70	RODRIGUEZ GONZALEZ , JAVIER	MALE	MALE	CPC O TOXO	00:27:16.923	03:54 min/Km	01:10:27.300	17,0 Km/h	00:15:29.450	04:26 min/Km	01:53:13.673	+00:12:54.820	
11	11	3	ÁLVAREZ GARCÍA , FERNANDO	MALE	MALE	TRIATLÓN OURENSE ATLETISMO	00:26:48.903	03:50 min/Km	01:12:48.200	16,5 Km/h	00:13:43.200	03:56 min/Km	01:53:20.303	+00:13:01.450	
12	12	59	PASCUAL FIDALGO , MARCOS ANTONIO	MALE	MALE	CASTRO TRAIL	00:25:40.803	03:41 min/Km	01:14:56.950	16,8 Km/h	00:13:29.140	03:52 min/Km	01:54:06.893	+00:13:48.040	
13	13	62	PÉREZ MARTÍNEZ , GUSTAVO	MALE	MALE	C.C.ARAGONTA	00:30:02.933	04:18 min/Km	01:07:21.830	17,8 Km/h	00:17:38.320	05:03 min/Km	01:55:03.083	+00:14:44.230	
14	14	60	PEREIRA SANTOS , MIGUEL ÁNGEL	MALE	MALE	CC ARAGONTA	00:26:59.943	03:52 min/Km	01:14:59.420	16,0 Km/h	00:14:27.590	04:08 min/Km	01:56:26.953	+00:16:08.100	
15	15	69	RODRÍGUEZ GONZÁLEZ , ANTÓN	MALE	MALE	BTT CASTRO	00:26:53.293	03:51 min/Km	01:14:21.740	16,1 Km/h	00:15:15.740	04:22 min/Km	01:56:30.773	+00:16:11.920	
16	16	78	SALGADO , CÁSTOR	MALE	MALE	AVIVA SPORT. GALIZA.	00:26:27.543	03:47 min/Km	01:17:12.300	15,5 Km/h	00:14:05.090	04:02 min/Km	01:57:44.933	+00:17:26.080	
17	17	57	OUTUMURO CID , JOSÉ PABLO	MALE	MALE	CC MACEDA	00:30:34.453	04:23 min/Km	01:11:53.880	16,7 Km/h	00:17:55.020	05:08 min/Km	02:00:23.353	+00:20:04.500	
18	18	37	IGREJA , FERNANDO MAIA PORTO IGREJA	MALE	MALE	CLUBE FLUVIAL VILACONDENSE	00:26:48.353	03:50 min/Km	01:17:31.620	15,5 Km/h	00:16:23.290	04:41 min/Km	02:00:43.263	+00:20:24.410	
19	19	43	LÓPEZ RODRÍGUEZ , RUBÉN	MALE	MALE	INDEPENDIENTE	00:27:28.373	03:56 min/Km	01:19:10.630	15,2 Km/h	00:15:06.990	04:20 min/Km	02:01:45.993	+00:21:27.140	
20	20	9	BARREIRO PEREZ , IVAN	MALE	MALE	ARMENTEIRA E PUNTO	00:27:20.873	03:55 min/Km	01:19:36.010	15,1 Km/h	00:15:04.380	04:19 min/Km	02:02:01.263	+00:21:42.410	
21	21	32	GOMEZ BORRAJO , JOSE MANUEL	MALE	MALE	CC ALLARIZ	00:30:05.073	04:18 min/Km	01:16:19.580	15,7 Km/h	00:15:47.700	04:31 min/Km	02:02:12.353	+00:21:53.500	
22	22	66	RAMOS VAZQUEZ , OSCAR	MALE	MALE	INDEPENDIENTE	00:26:27.553	03:47 min/Km	01:20:01.330	15,0 Km/h	00:15:54.220	04:33 min/Km	02:02:23.103	+00:22:04.250	
23	23	2	ALONSO VEIGA , JOSE	MALE	MALE	INDEPENDIENTE	00:28:54.953	04:08 min/Km	01:18:50.830	15,2 Km/h	00:16:51.910	04:50 min/Km	02:04:37.693	+00:24:18.840	
24	24	87	VILA FERNÁNDEZ , JORGE	MALE	MALE	CC ALLARIZ	00:30:18.073	04:20 min/Km	01:19:59.430	15,0 Km/h	00:16:26.020	04:42 min/Km	02:06:43.523	+00:26:24.670	
25	25	76	ROMERO ESTEVEZ , MARCOS	MALE	MALE	C.C.ARAGONTA	00:33:12.643	04:45 min/Km	01:14:33.660	16,1 Km/h	00:18:58.380	05:26 min/Km	02:06:44.683	+00:26:25.830	
26	26	45	LORENZO PÉREZ , FRANCISCO MANUEL	MALE	MALE	BIKEOUNONVAI	00:30:06.133	04:19 min/Km	01:20:57.310	14,8 Km/h	00:16:13.200	04:39 min/Km	02:07:16.643	+00:26:57.790	
27	27	1	ALONSO FILGUEIRA , MARCOS	MALE	MALE	TRES LUNAS	00:27:37.683	03:57 min/Km	01:24:03.130	14,3 Km/h	00:15:48.900	04:32 min/Km	02:07:29.713	+00:27:10.860	
28	28	68	RODRIGUEZ ALVAREZ , M. VICENTE	MALE	MALE	PATO BLANCO CELANOVA	00:28:31.673	04:05 min/Km	01:24:18.180	14,2 Km/h	00:15:47.750	04:31 min/Km	02:08:37.603	+00:28:18.750	
29	29	34	GONZALEZ FERNANDEZ , JOSE LUIS	MALE	MALE	INDEPENDIENTE	00:29:19.743	04:12 min/Km	01:23:42.970	14,3 Km/h	00:15:46.450	04:31 min/Km	02:08:49.163	+00:28:30.310	
30	30	64	PROL QUINTAS , JOSE	MALE	MALE	PREFABRICADOS FEIJOO	00:27:31.123	03:56 min/Km	01:25:23.810	14,1 Km/h	00:15:54.760	04:33 min/Km	02:08:49.693	+00:28:30.840	
31	31	47	MARTINEZ ALONSO , TEODORO	MALE	MALE	LIMIACTIVA	00:29:05.703	04:10 min/Km	01:23:51.080	14,3 Km/h	00:16:08.210	04:37 min/Km	02:09:04.993	+00:28:46.140	
32	32	24	FEIJOO LOUREIRO , PABLO	MALE	MALE	PREFABRICADOS FEIJOO	00:27:24.800	03:55 min/Km	01:26:55.113	13,8 Km/h	00:15:12.280	04:21 min/Km	02:09:32.193	+00:29:13.340	
33	33	50	MARTINEZ FANDIÑO , ADRIAN	MALE	MALE	ARMENTERIA E PUNTO	00:29:57.563	04:17 min/Km	01:22:06.750	14,6 Km/h	00:17:43.780	05:04 min/Km	02:09:48.093	+00:29:29.240	
34	34	35	GONZÁLEZ RODRÍGUEZ , JOSÉ MANUEL	MALE	MALE	CC. MACEDA	00:31:30.903	04:31 min/Km	01:19:00.060	15,2 Km/h	00:19:57.670	05:43 min/Km	02:10:28.633	+00:30:09.780	
35	35	21	ESTEVEZ BERNARDEZ , JONATHAN	MALE	MALE	OS DE SEMPRE	00:32:09.833	04:36 min/Km	01:20:35.570	14,9 Km/h	00:18:19.880	05:15 min/Km	02:11:05.283	+00:30:46.430	
36	36	15	CRISTINO GONZÁLEZ , JAIME	MALE	MALE		00:31:38.993	04:32 min/Km	01:21:46.260	14,7 Km/h	00:18:16.360	05:14 min/Km	02:11:41.613	+00:31:22.760	
37	37	41	LIMA PINTO , PLÁCIDO	MALE	MALE	INDEPENDIENTE	00:29:22.403	04:12 min/Km	01:24:55.080	14,1 Km/h	00:18:30.140	05:18 min/Km	02:12:47.623	+00:32:28.770	
38	38	28	FERREIRA GARCIA , ADRIAN	MALE	MALE		00:28:36.073	04:06 min/Km	01:28:49.880	13,5 Km/h	00:15:22.530	04:24 min/Km	02:12:48.483	+00:32:29.630	
39	39	22	ETXEVERRY , ROBERTO	MALE	MALE	CCMONFORTE	00:34:08.103	04:53 min/Km	01:17:19.710	15,5 Km/h	00:21:34.350	06:10 min/Km	02:13:02.163	+00:32:43.310	
40	40	30	FRAGA LÓPEZ , JUAN JAVIER	MALE	MALE	INDEPENDIENTE	00:30:46.243	04:24 min/Km	01:24:19.350	14,2 Km/h	00:18:06.710	05:11 min/Km	02:13:12.303	+00:32:53.450	
41	41	82	VARA FIDALGO , PABLO	MALE	MALE	INDEPENDIENTE	00:30:38.113	04:23 min/Km	01:25:10.070	14,1 Km/h	00:18:36.710	05:20 min/Km	02:14:24.893	+00:34:06.040	
42	42	85	VÁZQUEZ GONZÁLEZ , LINO	MALE	MALE	CORREDORES DO MIÑO	00:29:07.883	04:10 min/Km	01:29:48.580	13,4 Km/h	00:15:47.840	04:31 min/Km	02:14:44.303	+00:34:25.450	
43	43	25	FERNANDEZ ALVAREZ , DIEGO	MALE	MALE		00:32:18.453	04:37 min/Km	01:24:13.980	14,2 Km/h	00:19:03.690	05:27 min/Km	02:15:36.123	+00:35:17.270	

VI DUATLÓN CROSS VILA DE CELANOVA 2018

- 7KM - 20KM - 3,5KM -
- GENERAL INDIVIDUAL -

28 XULLO 2018

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	RUN 1	RITMO RUN1	BIKE	MEDIA BIKE	RUN2	RITMO RUN2	META	DIF 1º	DSQ
44	1	48	MARTÍNEZ ÁLVAREZ, MARÍA	FEMALE	FEMALE	ARMENTEIRA E PUNTO	00:33:34.093	04:48 min/Km	01:25:12.510	14,1 Km/h	00:17:36.480	05:02 min/Km	02:16:23.083	+00:36:04.230	
45	44	17	DIAZ MONTERO, PABLO	MALE	MALE		00:31:28.663	04:30 min/Km	01:28:36.350	13,5 Km/h	00:16:41.220	04:47 min/Km	02:16:46.233	+00:36:27.380	
46	45	61	PÉREZ GÓMEZ, ALEX	MALE	MALE	ACD SANOMEDIO	00:31:02.533	04:27 min/Km	01:28:42.410	13,5 Km/h	00:18:28.350	05:17 min/Km	02:18:13.293	+00:37:54.440	
47	46	77	SAAVEDRA GAYOSO, ROBERTO	MALE	MALE		00:32:41.423	04:41 min/Km	01:29:15.800	13,4 Km/h	00:16:17.270	04:40 min/Km	02:18:14.493	+00:37:55.640	
48	47	10	BAUTISTA LEJO, FRANCISCO JAVIER	MALE	MALE	C. C. ALLARIZ	00:34:53.213	04:60 min/Km	01:25:41.430	14,0 Km/h	00:20:04.670	05:45 min/Km	02:20:39.313	+00:40:20.460	
49	48	4	ALVAREZ PEREZ, IVAN	MALE	MALE	A.D LIMIACTIVA	00:29:04.913	04:10 min/Km	01:35:52.290	12,5 Km/h	00:15:53.080	04:33 min/Km	02:20:50.283	+00:40:31.430	
50	49	7	ARAÚJO GONZÁLEZ, ÁNGEL	MALE	MALE	INDEPENDIENTE	00:30:49.353	04:25 min/Km	01:33:24.140	12,8 Km/h	00:17:15.050	04:56 min/Km	02:21:28.543	+00:41:09.690	
51	50	11	CALVO SANCHEZ, CARLOS	MALE	MALE	CC OS MOSQUETEIROS	00:34:38.363	04:57 min/Km	01:28:54.130	13,5 Km/h	00:20:41.290	05:55 min/Km	02:24:13.783	+00:43:54.930	
52	51	42	LÓPEZ LÓPEZ, JORGE	MALE	MALE	INDEPENDIENTE	00:30:22.173	04:21 min/Km	01:37:24.740	12,3 Km/h	00:18:25.180	05:16 min/Km	02:26:12.093	+00:45:53.240	
53	52	84	VÁZQUEZ FERNÁNDEZ, JOSE	MALE	MALE	PATO BLANCO	00:30:23.243	04:21 min/Km	01:39:56.600	12,0 Km/h	00:17:22.020	04:58 min/Km	02:27:41.863	+00:47:23.010	
54	53	39	LAREU VAQUERO, GERARDO	MALE	MALE	5TH PINE MTB TEAM	00:39:11.293	05:36 min/Km	01:28:58.390	13,5 Km/h	00:21:27.320	06:08 min/Km	02:29:37.003	+00:49:18.150	
55	54	81	TABOADA IGLESIAS, JOSÉ RAMÓN	MALE	MALE	INDEPENDIENTE	00:36:22.233	05:12 min/Km	01:35:41.190	12,5 Km/h	00:19:57.230	05:43 min/Km	02:32:00.653	+00:51:41.800	
56	55	49	MARTINEZ DOMINGUEZ, ENRIQUE	MALE	MALE		00:34:54.043	04:60 min/Km	01:39:15.590	12,1 Km/h	00:20:12.320	05:47 min/Km	02:34:21.953	+00:54:03.100	
57	56	36	HERMIDA BARREIRO, MANUEL	MALE	MALE	CORREDORES DO MIÑO	00:37:34.213	05:23 min/Km	01:36:53.920	12,4 Km/h	00:20:44.170	05:56 min/Km	02:35:12.303	+00:54:53.450	
58	57	33	GONZÁLEZ BLANCO, JUAN CARLOS	MALE	MALE		00:33:25.913	04:47 min/Km	01:50:03.400	10,9 Km/h	00:18:59.460	05:26 min/Km	02:42:28.773	+01:02:09.920	
59	2	75	RODRÍGUEZ VIDAL, BELÉN	FEMALE	FEMALE	X TRAIL VIGO	00:31:29.933	04:30 min/Km	01:55:58.070	10,3 Km/h	00:17:09.220	04:55 min/Km	02:44:37.223	+01:04:18.370	
60	58	73	RODRÍGUEZ RODRIGUEZ, JOSE	MALE	MALE	INDEPENDIENTE	00:38:19.543	05:29 min/Km	01:46:20.560	11,3 Km/h	00:23:57.920	06:51 min/Km	02:48:38.023	+01:08:19.170	
61	59	29	FERRER GARCIA, LUIS MARIA	MALE	MALE		00:37:21.403	05:21 min/Km	01:52:10.330	10,7 Km/h	00:20:43.600	05:56 min/Km	02:50:15.333	+01:09:56.480	
62	3	40	LEIROS ALFAYA, MARÍA DEL CARMEN	FEMALE	FEMALE	CLUB ATLETISMO PORRIÑO	00:39:03.773	05:35 min/Km	01:53:09.640	10,6 Km/h	00:22:35.200	06:28 min/Km	02:54:48.613	+01:14:29.760	
63	4	55	NOVOA GOZALEZ, LUCIA	FEMALE	FEMALE		00:34:55.963	04:60 min/Km	02:10:41.640	9,2 Km/h	00:18:30.030	05:18 min/Km	03:04:07.633	+01:23:48.780	
64	60	14	CORDERO TORRES, JORGE	MALE	MALE	INDEPENDIENTE	00:37:19.383	05:20 min/Km	02:16:58.700	8,8 Km/h	00:28:18.540	08:06 min/Km	03:22:36.623	+01:42:17.770	
65	5	79	SANTÁS SEARA, CHON	FEMALE	FEMALE	CLUB ATLETISMO PORRIÑO P	00:37:13.523	05:20 min/Km	02:34:03.500	7,8 Km/h	00:19:44.200	05:39 min/Km	03:31:01.223	+01:50:42.370	
66	6	86	VIDAL DOVAL, NATALIA	FEMALE	FEMALE	INDEPENDIENTE	00:35:43.273	05:07 min/Km	02:35:35.370	7,7 Km/h	00:23:11.120	06:38 min/Km	03:34:29.763	+01:54:10.910	
67	7	13	CAMESELLA, JUDIT	FEMALE	FEMALE	INDEPENDIENTE	00:35:42.983	05:07 min/Km	02:35:34.800	7,7 Km/h	00:23:12.040	06:38 min/Km	03:34:29.823	+01:54:10.970	
DSQ		65	QUIROGA PÉREZ, MANUEL	MALE	MALE		00:39:12.120	05:37 min/Km	01:45:21.953	11,4 Km/h	00:09:51.710	02:50 min/Km	02:34:25.783		SOLO 1V 2º SECTOR
DNF		23	FARCI OJEA, CRISTIAN	MALE	MALE	AS RAPOSAS	00:26:29.923	03:48 min/Km	01:44:02.340	11,5 Km/h					
ABD		71	RODRÍGUEZ MARTÍNEZ, DANIEL	MALE	MALE	INDEPENDIENTE	00:31:02.923	04:27 min/Km	01:47:46.770	11,1 Km/h					
DNF		53	NANÍN LÓPEZ, JOSE MANUEL	MALE	MALE		00:30:44.543	04:24 min/Km	02:16:35.300	8,8 Km/h					
ABD		56	OTERO FERRERO, FRANCISCO MIGUEL	MALE	MALE	INDEPENDIENTE	00:35:27.333	05:04 min/Km	02:16:47.740	8,8 Km/h					
DNF		67	RODRÍGUEZ ÁLVAREZ, DANIEL	MALE	MALE	INDEPENDIENTE	00:29:44.213	04:15 min/Km							
DNF		20	EDROSA FOLGUEIRA, JOSÉ MANUEL	MALE	MALE	ABRENTE LUGO	00:30:39.623	04:23 min/Km							