

VI TRAIL CASTELO DE VITRES 2019

- GENERAL LONGO -

22 SETEMBRO 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	META	DIF 1	RITMO
1	1	34	GOMEZ SOUSA , ELPIDIO	MALE	VET-M		02:37:07		06:03 min/Km
2	1	68	SABORIDO SOÑORA , SAMUEL	MALE	ABS-M		02:38:46	+00:01:39	06:07 min/Km
3	2	53	MONTILLA FERNANDEZ , EMILIO	MALE	VET-M	GTR GALAICO TRAIL RUN	02:38:46	+00:01:39	06:07 min/Km
4	2	77	TRELLES RODRÍGUEZ , MARCOS	MALE	ABS-M	A.D.JARNACHAS	02:39:31	+00:02:24	06:09 min/Km
5	3	56	PASCUAL FIFALGO , MARCOS	MALE	ABS-M	CASTRO-TRAIL	02:51:08	+00:14:01	06:35 min/Km
6	4	11	MARTINEZ MEDINA , ESTIVEL	MALE	ABS-M	OBJETIVO TRAIL	02:53:03	+00:15:56	06:40 min/Km
7	5	61	POSE , LUIS	MALE	ABS-M	MACEDA	02:54:29	+00:17:22	06:43 min/Km
8	3	24	FERNANDEZ GARCIA , JOSE MANUEL	MALE	VET-M	CDM VERTICE	02:56:36	+00:19:29	06:48 min/Km
9	4	20	ELOSUA CAPELLAN , JUAN	MALE	VET-M	TRIBU TRAIL	02:56:44	+00:19:37	06:48 min/Km
10	6	46	MANEIRO FREIRE , VICTOR	MALE	ABS-M	TRIBU TRAIL	02:57:48	+00:20:41	06:51 min/Km
11	7	41	LESTON DEL RIO , ADELINO	MALE	ABS-M	AD DOWNHILL	03:00:22	+00:23:15	06:57 min/Km
12	8	19	DOMINGUEZ BARBEITO , VICTOR	MALE	ABS-M	A.D. MEDIADUCIA	03:01:21	+00:24:14	06:59 min/Km
13	5	33	GÓMEZ GÓMEZ , MANUEL	MALE	VET-M	CLUB ATLETISMO LOUSAME	03:03:06	+00:25:59	07:03 min/Km
14	9	43	LÓPEZ LOPEZ , ADRIÁN	MALE	ABS-M	CLUB ATLETISMO BOIMORTO	03:05:52	+00:28:45	07:09 min/Km
15	6	35	GONZÁLEZ , JOSÉ MANUEL	MALE	VET-M	SOCIEDADE BARBANTIA RODA	03:06:49	+00:29:42	07:12 min/Km
16	7	30	GARRIDO FERNANDEZ , FITO	MALE	VET-M	RUNNING SPORT TRAIL	03:08:49	+00:31:42	07:16 min/Km
17	8	10	GARCIA ABALO , KIKO	MALE	VET-M	MAXIKO	03:08:55	+00:31:48	07:16 min/Km
18	9	49	MAYANS GONDAR , DANIEL	MALE	VET-M	MATINAMXSOMIAR	03:09:02	+00:31:55	07:17 min/Km
19	1	70	SANMARTÍN , FÁTIMA	FEMALE	ABS-F	XESTEIRAS	03:13:00	+00:35:53	07:26 min/Km
20	10	73	SENRA EIROA , DAVID	MALE	ABS-M	A.D.JARNACHAS	03:14:31	+00:37:24	07:29 min/Km
21	11	60	PIÑEIRO LAMAS , RAMÓN	MALE	ABS-M	S. D BARBANTIA RODA	03:15:26	+00:38:19	07:31 min/Km
22	12	69	SANGIAO DARRIBA , IVÁN	MALE	ABS-M		03:19:41	+00:42:34	07:41 min/Km
23	1	22	FABEIRO ROMERO , MARÍA	FEMALE	VET-F	CDM VERTICE	03:19:43	+00:42:36	07:41 min/Km
24	13	12	CAMEAN CAMEAN , ROBERTO	MALE	ABS-M	INCOR-AUTOVIDRIO	03:19:49	+00:42:42	07:42 min/Km
25	14	80	TUBIO DAVILA , JOSE	MALE	ABS-M	TRIBU TRAIL	03:23:33	+00:46:26	07:50 min/Km
26	10	21	FABEIRO ROMERO , JOSÉ JOAQUIN	MALE	VET-M		03:24:09	+00:47:02	07:52 min/Km
27	11	78	TRIÑANES SANCHEZ , CARLOS	MALE	VET-M	S. D BARBANTIA RODA	03:25:06	+00:47:59	07:54 min/Km
28	15	81	TUBIO MUÑIZ , GUILLERMO	MALE	ABS-M	TRIATLON RIANXO	03:25:55	+00:48:48	07:56 min/Km
29	12	26	FERNÁNDEZ MARTÍNEZ , SANTI	MALE	VET-M	CAZAFANTASMAS	03:25:58	+00:48:51	07:56 min/Km
30	16	75	SOTO LÓPEZ , MANUEL	MALE	ABS-M	WHERE IS THE CHANDAL?-GMTA& CHUVONERS	03:28:22	+00:51:15	08:01 min/Km
31	13	31	GOMEZ , JOSE LUIS	MALE	VET-M	CDM VERTICE	03:30:41	+00:53:34	08:07 min/Km
32	14	36	HOMBRE DOPAZO , PEPE	MALE	VET-M	NATURAL	03:30:57	+00:53:50	08:07 min/Km
33	17	86	VILLAR CAAMAÑO , JOSÉ ALFONSO	MALE	ABS-M	PONTE TRAIL	03:31:59	+00:54:52	08:10 min/Km
34	18	13	CANOURA ABEIJON , MANUEL	MALE	ABS-M	PONTE TRAIL	03:31:59	+00:54:52	08:10 min/Km
35	19	50	MÉNDEZ , DANIEL	MALE	ABS-M		03:32:42	+00:55:35	08:11 min/Km

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CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	META	DIF 1	RITMO
36	20	40	LAREO MARTINEZ , DAVID	MALE	ABS-M	ADC ARNELA	03:33:52	+00:56:45	08:14 min/Km
37	21	71	SANTIAGO POUSO , ROBERTO	MALE	ABS-M	INCOR-AUTOVIDRIO	03:36:03	+00:58:56	08:19 min/Km
38	22	59	PÉREZ RODRIGUEZ , JESÚS EDUARDO	MALE	ABS-M	BUDIÑORAI	03:36:04	+00:58:57	08:19 min/Km
39	15	62	REY SOUTO , JESÚS ENRIQUE	MALE	VET-M	GMTA& CHUVONERS-BOIMORTO	03:41:27	+01:04:20	08:32 min/Km
40	16	87	VILLASENIN ALMUIÑA , BERNARDO	MALE	VET-M	OBJETIVO TRAIL	03:42:23	+01:05:16	08:34 min/Km
41	17	38	LADO TORRES , J. CARLOS	MALE	VET-M	INCOR-AUTOVIDRIO	03:47:49	+01:10:42	08:46 min/Km
42	18	52	MONTERO CRESPO , SANTI	MALE	VET-M		03:48:20	+01:11:13	08:47 min/Km
43	23	64	RIADIGOS VILLAR , ADRIÁN	MALE	ABS-M	GTR GALAICO TRAIL RUN	03:48:23	+01:11:16	08:48 min/Km
44	19	48	MARTINEZ M. , ALBERTO	MALE	VET-M	INCOR-AUTOVIDRIO	03:48:49	+01:11:42	08:49 min/Km
45	24	25	FERNÁNDEZ GONZÁLEZ , XOÁN	MALE	ABS-M		03:51:38	+01:14:31	08:55 min/Km
46	25	37	IGLESIAS AMORES , MIGUEL	MALE	ABS-M	CLUB DEPORTIVO PINARIUM	03:51:49	+01:14:42	08:55 min/Km
47	26	47	MARQUE RUIBAL , JOSÉ ANTONIO	MALE	ABS-M	CDM VERTICE	03:51:49	+01:14:42	08:55 min/Km
48	27	14	CASAS FERREIRO , ANGEL	MALE	ABS-M	AXESTIÓN/CREGO BUELA/FISIOVITA/KM VERTICAL	03:51:51	+01:14:44	08:56 min/Km
49	28	5	AMADO FONSECA , OSCAR	MALE	ABS-M		03:52:34	+01:15:27	08:57 min/Km
50	29	9	CAAMAÑO NIETO , AVELINO	MALE	ABS-M	PONTE TRAIL	03:56:30	+01:19:23	09:06 min/Km
51	2	29	GARCÍA RODRÍGUEZ , TAMARA	FEMALE	ABS-F	GTR GALAICO TRAIL RUN	04:01:10	+01:24:03	09:17 min/Km
52	20	4	ALVAREZ NORES , RAMIRO	MALE	VET-M	C.A.R. MARISQUEIRO	04:01:16	+01:24:09	09:17 min/Km
53	30	55	NEIRA PEREZ , RAUL	MALE	ABS-M		04:02:52	+01:25:45	09:21 min/Km
54	31	51	MONTEAGUDO ARUFE , MANOLO	MALE	ABS-M		04:04:03	+01:26:56	09:24 min/Km
55	21	8	BECERRA CARRIL , NACHO	MALE	VET-M		04:06:07	+01:29:00	09:28 min/Km
56	22	2	ALCANTARA TENREIRO , DAVID	MALE	VET-M	ÖPTO	04:06:08	+01:29:01	09:28 min/Km
57	3	28	FORMOSO NOCEDA , TINA	FEMALE	ABS-F	TRIBU TRAIL	04:08:43	+01:31:36	09:34 min/Km
58	32	45	LOURIDO MARTÍNEZ , JAVIER	MALE	ABS-M	AS VELLAS NON PARAMOS	04:17:43	+01:40:36	09:55 min/Km
59	23	17	DOMINGUEZ PIÑEIRO , CHEMA	MALE	VET-M	S. D BARBANTIA RODA	04:18:01	+01:40:54	09:56 min/Km
60	24	58	PEREZ RILLO , JESUS	MALE	VET-M	PRAIA DE CARNOTA RUNNERS	04:19:42	+01:42:35	09:60 min/Km
61	25	57	PAZOS SUÁREZ , JAVIERIÑO	MALE	VET-M	CLUB ATLETISMO FONTES DO SAR	04:24:04	+01:46:57	10:10 min/Km
62	33	44	LORENZO BLANCO , RUBEN	MALE	ABS-M	TRIATLON RIANXO	04:28:25	+01:51:18	10:20 min/Km
63	2	76	TOREA TOREA , ELENA	FEMALE	VET-F	CLUB. DE ATLETISMO DE LOUSAME	04:31:39	+01:54:32	10:27 min/Km
64	4	23	FERNÁNDEZ CHIVITE , ENARA	FEMALE	ABS-F	C. D. BIOSBARDO	04:38:29	+02:01:22	10:43 min/Km
65	34	84	VIDAL SIEIRA , JOSÉ MANUEL	MALE	ABS-M	WILDBOARS	04:39:34	+02:02:27	10:46 min/Km
66	26	1	ABATI GOMEZ , QUIQUE	MALE	VET-M	PRAIA DE CARNOTA RUNNERS	04:47:21	+02:10:14	11:04 min/Km
67	35	82	VARELA AMIGO , JUAN JESÚS	MALE	ABS-M	GTR GALAICO TRAIL RUN	04:49:01	+02:11:54	11:07 min/Km
68	36	27	FERNANDEZ SANTAMARIA , JOAQUIN	MALE	ABS-M	SALTAMONTES	04:59:18	+02:22:11	11:31 min/Km
69	27	72	SANTOS GARCIA , JUAN JOSE	MALE	VET-M	VIRXIGUIANOS-SACHACAMIÑOS	04:59:18	+02:22:11	11:31 min/Km
70	28	18	DOMÍNGUEZ ARCOS , RUBEN	MALE	VET-M		05:05:49	+02:28:42	11:46 min/Km



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71	29	88	VLLANUSTRE ABUIN , GERMAN	MALE	VET-M	S. D BARBANTIA RODA	05:11:30	+02:34:23	11:59 min/Km
ABD		79	TRIÑANES SÁNCHEZ , GONZALO	MALE	VET-M	S. D BARBANTIA RODA	01:08:03		02:38 min/Km
DSQ		63	REZA FERNÁNDEZ , JORGE	MALE	ABS-M		02:13:05		05:08 min/Km