

# VI TRAIL CASTELO DE VITRES 2019

## - GENERAL CURTO -

**22 SETEMBRO 2019**

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	META	DIF 1	RITMO
1	1	304	TOUCEDO SANTOS , ESTEBAN	MALE	ABSOLUTA.M	MAXIKO MASAXES KIKO	01:20:24		05:22 min/Km
2	2	218	CARDAMAS FREIRE , BRUNO	MALE	ABSOLUTA.M	A.D. JARNACHAS	01:20:58	+00:00:34	05:24 min/Km
3	3	281	QUINTIÁN AGRAFOJO , CHEMA	MALE	ABSOLUTA.M	CDM VERTICE	01:22:22	+00:01:58	05:30 min/Km
4	4	230	FERNÁNDEZ DOMÍNGUEZ , ADRIÁN	MALE	ABSOLUTA.M		01:23:49	+00:03:25	05:36 min/Km
5	5	301	SCHNEIDER , MARCOS	MALE	ABSOLUTA.M	S.D. BARBANTIA RODA	01:24:27	+00:04:03	05:38 min/Km
6	6	272	PEREIRA GUTIÉRREZ , EMILIO JOSÉ	MALE	ABSOLUTA.M	TRIBU TRAIL	01:25:35	+00:05:11	05:43 min/Km
7	7	214	BROCOS MAREQUE , EDUARDO	MALE	ABSOLUTA.M		01:26:16	+00:05:52	05:46 min/Km
8	8	243	REBOREDA LORENZO , ROBERTO	MALE	ABSOLUTA.M	ORIXES MONDARIZ	01:26:51	+00:06:27	05:48 min/Km
9	9	277	PINEDO ARMESTO , EDU	MALE	ABSOLUTA.M		01:26:59	+00:06:35	05:48 min/Km
10	10	270	PASCUAL FIDALGO , FRANCISCO	MALE	ABSOLUTA.M	CASTRO-TRAIL	01:27:28	+00:07:04	05:50 min/Km
11	11	284	REBOREDA LORENZO , SEBASTIÁN	MALE	ABSOLUTA.M	CAMINHANTES DO CONDADO	01:27:33	+00:07:09	05:51 min/Km
12	12	256	MARTINEZ VARELA , ALEJANDRO	MALE	ABSOLUTA.M	A.D. JARNACHAS	01:27:41	+00:07:17	05:51 min/Km
13	13	254	MARTINEZ RICO , ALBERTO	MALE	ABSOLUTA.M	CDM VERTICE	01:27:43	+00:07:19	05:51 min/Km
14	14	202	ABALO CHOUZA , NARCISO	MALE	ABSOLUTA.M	CDM VERTICE	01:28:03	+00:07:39	05:53 min/Km
15	15	207	ASTRAY LÓPEZ , PABLO	MALE	ABSOLUTA.M		01:29:16	+00:08:52	05:58 min/Km
16	16	295	ROMERO AGRA , NESTOR	MALE	ABSOLUTA.M	LOUSAME TRAIL	01:29:40	+00:09:16	05:59 min/Km
17	17	293	RODRIGUEZ OTERO , BORJA	MALE	ABSOLUTA.M	TRIATLON RIANXO	01:31:50	+00:11:26	06:08 min/Km
18	18	294	BARRAL FARO , LINO	MALE	ABSOLUTA.M		01:31:52	+00:11:28	06:08 min/Km
19	19	201	ABALDE VILA , JAVIER	MALE	ABSOLUTA.M		01:31:57	+00:11:33	06:08 min/Km
20	20	250	LORENZO FERNANDEZ , BRAIS	MALE	ABSOLUTA.M	TRIATLON RIANXO	01:32:36	+00:12:12	06:11 min/Km
21	21	306	VÁZQUEZ REIRIZ , LUIS	MALE	ABSOLUTA.M	TRIBU TRAIL	01:32:56	+00:12:32	06:12 min/Km
22	22	232	FERNANDEZ RAMOS , ALEJANDRO	MALE	ABSOLUTA.M	TRAILEROS TOXOS Y BIRRAS	01:32:56	+00:12:32	06:12 min/Km
23	23	255	MARTINEZ RICO , BORJA	MALE	ABSOLUTA.M	CDM VERTICE	01:34:15	+00:13:51	06:17 min/Km
24	24	212	BOO FARIÑA , SALVADOR	MALE	ABSOLUTA.M	TRIBU TRAIL	01:34:24	+00:14:00	06:18 min/Km
25	25	219	CASAL SANTOS , MARCOS	MALE	ABSOLUTA.M		01:34:30	+00:14:06	06:18 min/Km
26	26	309	XUNCAL PEREIRA , LUÍS	MALE	ABSOLUTA.M		01:35:23	+00:14:59	06:22 min/Km
27	27	216	CACHEIRO CALVIÑO , ROBERTO	MALE	ABSOLUTA.M	O XALO OSCURO	01:37:00	+00:16:36	06:28 min/Km
28	28	237	GARCÍA GONZÁLEZ , JAIME	MALE	ABSOLUTA.M		01:37:03	+00:16:39	06:29 min/Km
29	29	205	ALCALDE RESUA , OSCAR	MALE	ABSOLUTA.M	SAN MIGUEL DE MARIN	01:37:24	+00:17:00	06:30 min/Km
30	30	291	RODRÍGUEZ FERNÁNDEZ , JULIO	MALE	ABSOLUTA.M		01:37:27	+00:17:03	06:30 min/Km
31	31	303	TAJES PÉREZ , JESÚS MANUEL	MALE	ABSOLUTA.M	TRIBU TRAIL	01:39:09	+00:18:45	06:37 min/Km
32	32	271	PENA CHAYÁN , MARCOS	MALE	ABSOLUTA.M		01:39:57	+00:19:33	06:40 min/Km
33	33	299	SANTOS , ESTEBAN BLANCO SANTOS	MALE	ABSOLUTA.M	TRIBU TRAIL	01:40:11	+00:19:47	06:41 min/Km
34	1	66	RODRIGUEZ DOMINGUEZ , HELENA	FEMALE	ABS-F	OLEAJE SPORT	01:40:19	+00:19:55	06:42 min/Km
35	34	280	PRADO CASTRO , JOSE	MALE	ABSOLUTA.M		01:41:29	+00:21:05	06:46 min/Km

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36	35	288	RODRÍGUEZ BELLO , NACHO	MALE	ABSOLUTA.M		01:41:30	+00:21:06	06:46 min/Km
37	36	228	DIESTE REGADES. , SERGIO	MALE	ABSOLUTA.M	TRIBU TRAIL	01:41:40	+00:21:16	06:47 min/Km
38	37	297	SANTILLANA GARABANA , VICTOR	MALE	ABSOLUTA.M		01:41:54	+00:21:30	06:48 min/Km
39	1	15	CURROS CACHO , CARLOS	MALE	ABS-M	BRIGANTIA AVENTURA	01:42:07	+00:21:43	06:49 min/Km
40	38	265	OLIVEIRA CASAIS , JESUS MANUEL	MALE	ABSOLUTA.M		01:42:09	+00:21:45	06:49 min/Km
41	1	259	MELLA BARBEITO , VANESA	FEMALE	ABSOLUTA-F	A.D. JARNACHAS	01:42:41	+00:22:17	06:51 min/Km
42	2	32	GOMEZ BARBA , SANTIAGO	MALE	ABS-M		01:42:47	+00:22:23	06:52 min/Km
43	39	273	PEREIRAS COUTO , ALVARO	MALE	ABSOLUTA.M		01:42:49	+00:22:25	06:52 min/Km
44	40	220	CASTRO SOUTO , ALFONSO JAVIER	MALE	ABSOLUTA.M	GMTA&CHUVONERS	01:43:09	+00:22:45	06:53 min/Km
45	41	292	RODRIGUEZ MARTINEZ , JOSE LUIS	MALE	ABSOLUTA.M		01:43:14	+00:22:50	06:53 min/Km
46	42	249	LOPEZ VITURRO , VICTOR	MALE	ABSOLUTA.M	CLUB ESCALADA PEDRA SERPAL	01:44:17	+00:23:53	06:58 min/Km
47	43	287	RÍOS FERNÁNDEZ , FABIO	MALE	ABSOLUTA.M	RUNNING OLEIROS	01:44:27	+00:24:03	06:58 min/Km
48	44	203	ABALO VILAS , ÁNGEL	MALE	ABSOLUTA.M		01:44:29	+00:24:05	06:58 min/Km
49	45	247	LÓPEZ OUTEIRAL , JOSE CARLOS	MALE	ABSOLUTA.M	S.D. BARBANTIA RODA	01:44:29	+00:24:05	06:58 min/Km
50	3	67	RODRÍGUEZ SEOANE , DAVID	MALE	ABS-M		01:46:19	+00:25:55	07:06 min/Km
51	46	276	PESTONIT FREIRE , NOE	MALE	ABSOLUTA.M	TRIBU TRAIL	01:46:21	+00:25:57	07:06 min/Km
52	2	252	MARTÍNEZ ARIAS , NATALIA	FEMALE	ABSOLUTA-F	LOUSAME TRAIL	01:48:17	+00:27:53	07:14 min/Km
53	47	239	GONZÁLEZ NÓVOA , MANUEL	MALE	ABSOLUTA.M		01:48:19	+00:27:55	07:14 min/Km
54	48	226	DIAZ MONTERO , JOSE MANUEL	MALE	ABSOLUTA.M	A.D. JARNACHAS	01:48:21	+00:27:57	07:14 min/Km
55	49	251	LUCAS PEREZ , LUCIANO	MALE	ABSOLUTA.M		01:48:25	+00:28:01	07:14 min/Km
56	50	215	CAAMAÑO SIEIRA , JOSE	MALE	ABSOLUTA.M	A.D DOWNHILL	01:49:30	+00:29:06	07:18 min/Km
57	51	300	SANTOS ROJAS , FRANCISCO	MALE	ABSOLUTA.M		01:50:07	+00:29:43	07:21 min/Km
58	52	223	CORTÉS OTERO , JAVIER	MALE	ABSOLUTA.M		01:50:07	+00:29:43	07:21 min/Km
59	53	264	NUÑEZ QUEIRUGA , ESTEBAN	MALE	ABSOLUTA.M	MONTEMUIÑO	01:50:42	+00:30:18	07:23 min/Km
60	54	244	JUNCAL COSTA , ANTON	MALE	ABSOLUTA.M	TAMBRE RUNNING	01:52:44	+00:32:20	07:31 min/Km
61	55	224	COSTA LAGO , JUAN MIGUEL	MALE	ABSOLUTA.M	PRAIA DE CARNOTA RUNNERS	01:53:08	+00:32:44	07:33 min/Km
62	56	279	PORTAS LEMUS , JAVIER	MALE	ABSOLUTA.M		01:54:16	+00:33:52	07:38 min/Km
63	57	289	RODRIGUEZ CAMBRA , DAVID	MALE	ABSOLUTA.M	ATLETISMO SALVATERRA	01:55:03	+00:34:39	07:41 min/Km
64	58	241	GONZALEZ REDONDO , ENRIQUE	MALE	ABSOLUTA.M		01:55:05	+00:34:41	07:41 min/Km
65	59	231	FERNANDEZ GOMEZ , RAFAEL	MALE	ABSOLUTA.M	RUNNING OLEIROS	01:55:32	+00:35:08	07:43 min/Km
66	60	248	LOPEZ RAMA , JESUS	MALE	ABSOLUTA.M	PRAIA DE CARNOTA RUNNERS	01:56:17	+00:35:53	07:46 min/Km
67	61	275	PÉREZ LIJO , JOSÉ ANTONIO	MALE	ABSOLUTA.M		01:56:18	+00:35:54	07:46 min/Km
68	3	236	FIGUEIRA REY , ROSA MARÍA	FEMALE	ABSOLUTA-F	TRIBU TRAIL	01:57:05	+00:36:41	07:49 min/Km
69	4	208	BELLO NINE , ANA	FEMALE	ABSOLUTA-F	S.D. BARBANTIA RODA	01:57:51	+00:37:27	07:52 min/Km
70	62	266	ORDOÑEZ PARDEIRO , DAMIAN	MALE	ABSOLUTA.M		01:58:00	+00:37:36	07:52 min/Km

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71	63	261	MINIÑO OUJO , ALBERTO	MALE	ABSOLUTA.M		01:58:07	+00:37:43	07:53 min/Km
72	5	206	AMADO FERNANDEZ , NOELIA	FEMALE	ABSOLUTA-F		01:58:57	+00:38:33	07:56 min/Km
73	64	269	PARDIÑAS GONZALEZ , MARCOS	MALE	ABSOLUTA.M	AD MONTEBRONDO	01:58:57	+00:38:33	07:56 min/Km
74	6	283	RAMOS ONS , ANA	FEMALE	ABSOLUTA-F	PONTE TRAIL	01:59:31	+00:39:07	07:59 min/Km
75	65	209	BERIAS LAIÑO , LUIS MIGUEL	MALE	ABSOLUTA.M	PONTE TRAIL	01:59:34	+00:39:10	07:59 min/Km
76	66	217	CAJARAVILLE DAPENA , PABLO	MALE	ABSOLUTA.M		01:59:35	+00:39:11	07:59 min/Km
77	67	238	GONZALEZ GONZALEZ , ALBERTO	MALE	ABSOLUTA.M	C.D. RIA DE AROUSA	01:59:39	+00:39:15	07:59 min/Km
78	68	296	SANDOVAL LERA , GUILLERMO	MALE	ABSOLUTA.M		02:00:13	+00:39:49	08:01 min/Km
79	7	274	PEREZ CASTELAO , VANESSA	FEMALE	ABSOLUTA-F	CDM VERTICE	02:01:00	+00:40:36	08:04 min/Km
80	69	268	OTERO DÍAZ , MARIO	MALE	ABSOLUTA.M	C.D. RIA DE AROUSA	02:01:23	+00:40:59	08:06 min/Km
81	8	308	VIGO BARREIRA , ANA	FEMALE	ABSOLUTA-F	RUNNING OLEIROS	02:01:49	+00:41:25	08:08 min/Km
82	70	233	FERNANDEZ SIEIRA , ERNESTO	MALE	ABSOLUTA.M		02:02:14	+00:41:50	08:09 min/Km
83	71	210	BERMUDEZ POMBO , JAVIER	MALE	ABSOLUTA.M		02:03:43	+00:43:19	08:15 min/Km
84	72	221	CEREIJO BLANCO , LUIS	MALE	ABSOLUTA.M		02:04:59	+00:44:35	08:20 min/Km
85	73	282	RAMOS MIRANDA , RUBEN	MALE	ABSOLUTA.M		02:07:18	+00:46:54	08:30 min/Km
86	9	204	AGUIN TRELLES , MARGARITA	FEMALE	ABSOLUTA-F	C.D. RIA DE AROUSA	02:09:04	+00:48:40	08:37 min/Km
87	10	211	BLANCO LOPEZ , ANA BEATRIZ	FEMALE	ABSOLUTA-F	AD MONTEBRONDO	02:13:59	+00:53:35	08:56 min/Km
88	74	229	FERNÁNDEZ BLANCO , DAVID	MALE	ABSOLUTA.M	AD MONTEBRONDO	02:14:00	+00:53:36	08:56 min/Km
89	75	263	MIRA ROSENDE , BENEDICTO ANTONIO	MALE	ABSOLUTA.M		02:16:33	+00:56:09	09:07 min/Km
90	76	262	MIRA MARTINEZ , OSCAR JESUS	MALE	ABSOLUTA.M		02:16:34	+00:56:10	09:07 min/Km
91	11	260	MÍGUEZ SAMPEDRO , SUSANA	FEMALE	ABSOLUTA-F	ADC ARNELA	02:16:40	+00:56:16	09:07 min/Km
92	77	234	FERNANDEZ VIEITEZ , OSCAR	MALE	ABSOLUTA.M	CAMAÑÓN	02:18:06	+00:57:42	09:13 min/Km
93	78	267	OTERO DIAZ , LUIS	MALE	ABSOLUTA.M	C.D. RIA DE AROUSA	02:18:18	+00:57:54	09:14 min/Km
94	12	222	COLLAZO COSTA , INMA	FEMALE	ABSOLUTA-F		02:18:41	+00:58:17	09:15 min/Km
95	13	225	CURES RODRÍGUEZ , VERÓNICA MARÍA	FEMALE	ABSOLUTA-F	DONWHILL	02:19:39	+00:59:15	09:19 min/Km
96	14	240	GONZALEZ PORTO , BEATRIZ	FEMALE	ABSOLUTA-F	ATLETISMO SALVATERRA	02:20:04	+00:59:40	09:21 min/Km
97	79	258	MAYÁN MARTÍNEZ , MIGUEL	MALE	ABSOLUTA.M	TRIBU TRAIL	02:22:13	+01:01:49	09:29 min/Km
98	80	305	VALIÑA , JAVIER	MALE	ABSOLUTA.M		02:22:35	+01:02:11	09:31 min/Km
99	15	257	MATOS DA ROCHA , LUCI	FEMALE	ABSOLUTA-F		02:22:39	+01:02:15	09:31 min/Km
100	16	245	LEMA OZÓN , SANDRA	FEMALE	ABSOLUTA-F	A.D. JARNACHAS	02:23:28	+01:03:04	09:34 min/Km
101	17	290	RODRIGUEZ COUCE , LAURA	FEMALE	ABSOLUTA-F		02:27:14	+01:06:50	09:49 min/Km
102	18	246	LOIS , BEGO	FEMALE	ABSOLUTA-F	RUNNING OLEIROS	02:28:26	+01:08:02	09:54 min/Km
103	19	298	SANTOS , BEATRIZ	FEMALE	ABSOLUTA-F	RUNNING OLEIROS	02:28:26	+01:08:02	09:54 min/Km
104	20	242	GOYANES MARTÍNEZ , SUSANA	FEMALE	ABSOLUTA-F	RUNNING OLEIROS	02:28:27	+01:08:03	09:54 min/Km
105	81	307	VEIRA PERDOMO , MARCELO LUIS	MALE	ABSOLUTA.M	CC MESOIRO	02:30:18	+01:09:54	10:02 min/Km



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22 SETEMBRO 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CAT	CLUB	META	DIF 1	RITMO
106	4	42	LESTON MENDEZ , MARTIN	MALE	ABS-M		02:42:50	+01:22:26	10:52 min/Km
107	2	7	BAHAMONDE CORDEIRO , ELVIRA	FEMALE	ABS-F		03:31:21	+02:10:57	14:06 min/Km
108	3	65	RODRÍGUEZ BERMÚDEZ , TAMARA	FEMALE	ABS-F		03:31:21	+02:10:57	14:06 min/Km