

XVI CARREIRA POPULAR VIRXE DA GUIA

- GENERAL -

17 MAYO 2019

| POS. | P.CAT. | NUMBER | PARTICIPANT | SEX | CATEGORY | CLUB | META | DIF 1º | RITMO |
|------|--------|--------|---------------------------------|--------|--------------|-------------------------------------|----------|-----------|--------------|
| 1 | 1 | 44 | LOJO , JOSE | MALE | VETERANS A | SAN MIGUEL DE MARIN | 00:32:21 | | 03:15 min/Km |
| 2 | 1 | 28 | FOLGAR TORRES , PAULINO | MALE | SENIOR | | 00:33:30 | +00:01:09 | 03:21 min/Km |
| 3 | 2 | 67 | PENAS OTERO , CRISTIAN | MALE | SENIOR | TRIATLON ARCADE INFORHOUSE SANTIAGO | 00:34:05 | +00:01:44 | 03:25 min/Km |
| 4 | 2 | 23 | FERNÁNDEZ LIJO , JUAN FRANCISCO | MALE | VETERANS A | CLUB BOXEO CANARIO | 00:34:31 | +00:02:10 | 03:28 min/Km |
| 5 | 3 | 94 | VIDAL MORENO , FERNANDO | MALE | VETERANS A | TRIATLON VILAGARCIA | 00:35:01 | +00:02:40 | 03:31 min/Km |
| 6 | 1 | 10 | BUCETA POUOSO , ERNESTO | MALE | VETERANS B | INDEPENDIENTE | 00:35:10 | +00:02:49 | 03:31 min/Km |
| 7 | 4 | 22 | FERNÁNDEZ DOMÍNGUEZ , ADRIÁN | MALE | VETERANS A | MÁXIKO | 00:35:38 | +00:03:17 | 03:34 min/Km |
| 8 | 2 | 57 | NAVARRO ANTON , JOSE | MALE | VETERANS B | SD BARBANTIA RODA | 00:36:04 | +00:03:43 | 03:37 min/Km |
| 9 | 3 | 91 | VÁZQUEZ OTERO , SERGIO | MALE | SENIOR | TRIATLON ARCADE INFORHOUSE SANTIAGO | 00:36:36 | +00:04:15 | 03:40 min/Km |
| 10 | 1 | 16 | CASTRO SAMPEDRO , JAVI | MALE | NOCAT | TRIATLON BOIRO | 00:37:11 | +00:04:50 | 03:44 min/Km |
| 11 | 3 | 98 | VITURRO MARTÍNEZ , JUAN CARLOS | MALE | VETERANS B | S.D BARBANTIA RODA | 00:37:38 | +00:05:17 | 03:46 min/Km |
| 12 | 5 | 20 | ESTÉVEZ ESTÉVEZ , MARTÍN | MALE | VETERANS A | CORREDOIRAS DE BUEU | 00:37:51 | +00:05:30 | 03:48 min/Km |
| 13 | 4 | 33 | GARCIA ABALO , KIKO | MALE | VETERANS B | MAXIKO MASAXES KIKO | 00:37:55 | +00:05:34 | 03:48 min/Km |
| 14 | 6 | 37 | GONZÁLEZ AVIÓN , XOSÉ CARLOS | MALE | VETERANS A | TRAN TRAN | 00:37:57 | +00:05:36 | 03:48 min/Km |
| 15 | 7 | 92 | VERDE PAREDES , RICARDO | MALE | VETERANS A | INDEPENDIENTE | 00:38:11 | +00:05:50 | 03:50 min/Km |
| 16 | 5 | 34 | GARCIA IGLESIAS , JESUS | MALE | VETERANS B | INDEPENDIENTE | 00:38:27 | +00:06:06 | 03:51 min/Km |
| 17 | 8 | 14 | CASTELO DIAZ , ANDRES | MALE | VETERANS A | BIKILA | 00:38:30 | +00:06:09 | 03:51 min/Km |
| 18 | 9 | 97 | VILASOA SILVA , JOSE FRANCISCO | MALE | VETERANS A | S.D BARBANTIA RODA | 00:38:52 | +00:06:31 | 03:54 min/Km |
| 19 | 10 | 96 | VILA SIEIRA , RUBEN | MALE | VETERANS A | EGOVARROS | 00:39:08 | +00:06:47 | 03:55 min/Km |
| 20 | 1 | 15 | CASTRO ROSALES , ANGELES | FEMALE | VETERANS A-F | MILER RUNNING VINTAGE | 00:39:15 | +00:06:54 | 03:56 min/Km |
| 21 | 11 | 39 | IBÁÑEZ PEREIRO , AITOR | MALE | VETERANS A | TRIBU TRAIL | 00:39:15 | +00:06:54 | 03:56 min/Km |
| 22 | 4 | 2 | AFONSO LÓPEZ , THOMAS | MALE | SENIOR | TRIATLON ARCADE INFORHOUSE SANTIAGO | 00:39:28 | +00:07:07 | 03:57 min/Km |
| 23 | 6 | 63 | PARADA GARCIA , LUIS | MALE | VETERANS B | | 00:39:58 | +00:07:37 | 03:60 min/Km |
| 24 | 12 | 59 | NOVO MARTÍNEZ , DAVID | MALE | VETERANS A | ARTROGAL - TRI498 | 00:40:23 | +00:08:02 | 04:03 min/Km |
| 25 | 1 | 7 | ARGIBAY PEREZ , JUAN ANTONIO | MALE | VETERANS C | CLUB TRIATLON RIVEIRA | 00:40:57 | +00:08:36 | 04:06 min/Km |
| 26 | 5 | 69 | PENSADO RIVAS , FERNANDO | MALE | SENIOR | | 00:40:59 | +00:08:38 | 04:06 min/Km |
| 27 | 6 | 41 | JIMENEZ MICOLA , ROBERTO JOSE | MALE | SENIOR | | 00:41:28 | +00:09:07 | 04:09 min/Km |
| 28 | 7 | 90 | VÁZQUEZ OSORIO , MANUEL | MALE | VETERANS B | TRAN TRAN | 00:41:31 | +00:09:10 | 04:10 min/Km |
| 29 | 2 | 58 | NOCEDA GONZALEZ , ISOLINO | MALE | VETERANS C | | 00:41:37 | +00:09:16 | 04:10 min/Km |
| 30 | 1 | 68 | PENSADO PARADA , SABELA | FEMALE | SENIOR-F | INDEPENDIENTE | 00:41:45 | +00:09:24 | 04:11 min/Km |
| 31 | 13 | 46 | LÓPEZ BALEIRÓN , EDGAR MANUEL | MALE | VETERANS A | S.D BARBANTIA RODA | 00:41:59 | +00:09:38 | 04:12 min/Km |

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|------|--------|--------|-------------------------------|--------|--------------|---------------------------------------|----------|-----------|--------------|
| 32 | 14 | 95 | VIDAL SIEIRA , ESTEBAN | MALE | VETERANS A | INDEPENDIENTE | 00:42:08 | +00:09:47 | 04:13 min/Km |
| 33 | 7 | 35 | GEY SEGADE , SANTIAGO MANUEL | MALE | SENIOR | S.D BARBANTIA RODA | 00:42:24 | +00:10:03 | 04:15 min/Km |
| 34 | 8 | 79 | RIADIGOS PRESAS , JAVIER | MALE | SENIOR | | 00:42:27 | +00:10:06 | 04:15 min/Km |
| 35 | 2 | 52 | MATALOBOS REDONDO , ELENA | FEMALE | VETERANS A-F | S.D BARBANTIA RODA | 00:42:28 | +00:10:07 | 04:15 min/Km |
| 36 | 15 | 27 | FIGUEIRA HERMO , DAVID | MALE | VETERANS A | S.D BARBANTIA RODA | 00:42:41 | +00:10:20 | 04:17 min/Km |
| 37 | 9 | 54 | MILLAN AGRELO , MANUEL | MALE | SENIOR | INDEPENDIENTE | 00:42:50 | +00:10:29 | 04:17 min/Km |
| 38 | 10 | 21 | FELTES , JUAN PABLO | MALE | SENIOR | | 00:42:54 | +00:10:33 | 04:18 min/Km |
| 39 | 8 | 89 | VAZQUEZ MEIJIDE , JOSE LUIS | MALE | VETERANS B | TRAN TRAN | 00:43:00 | +00:10:39 | 04:18 min/Km |
| 40 | 1 | 74 | PINEDA REIRIZ , SERGIO | MALE | JUNIOR | AT. VIRXE DA GUIA | 00:43:09 | +00:10:48 | 04:19 min/Km |
| 41 | 3 | 1 | ACOSTA CRESPO , PANCHO | MALE | VETERANS C | TRIATLON VILAGARCIA | 00:43:54 | +00:11:33 | 04:24 min/Km |
| 42 | 9 | 72 | PEREZ SUSAVILA , ANGEL | MALE | VETERANS B | INDEPENDIENTE | 00:44:01 | +00:11:40 | 04:25 min/Km |
| 43 | 11 | 53 | MATO CADORNIGA , FERNANDO | MALE | SENIOR | CLUB DEPORTIVO ARTES | 00:44:08 | +00:11:47 | 04:25 min/Km |
| 44 | 16 | 51 | MARTINEZ PAZ , LITO | MALE | VETERANS A | AT. VIRXE DA GUIA | 00:44:18 | +00:11:57 | 04:26 min/Km |
| 45 | 10 | 88 | VÁZQUEZ MARTÍNEZ , EDUARDO | MALE | VETERANS B | TRAN-TRAN | 00:44:18 | +00:11:57 | 04:26 min/Km |
| 46 | 2 | 32 | FRANCO RESÚA , PILI | FEMALE | SENIOR-F | INDEPENDIENTE | 00:44:41 | +00:12:20 | 04:29 min/Km |
| 47 | 17 | 4 | AGEITOS GUDE , HUMBERTO | MALE | VETERANS A | CLUB NATACION RIVEIRA | 00:44:42 | +00:12:21 | 04:29 min/Km |
| 48 | 18 | 64 | PAZ CALO , JORGE | MALE | VETERANS A | INDEPENDIENTE | 00:45:25 | +00:13:04 | 04:33 min/Km |
| 49 | 4 | 9 | BIOQUE , JOSE | MALE | VETERANS C | CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL | 00:45:30 | +00:13:09 | 04:33 min/Km |
| 50 | 19 | 86 | SUAREZ RODRIGUEZ , ANTONIO | MALE | VETERANS A | CASTROSUA TRAIL RUNNING | 00:45:33 | +00:13:12 | 04:34 min/Km |
| 51 | 11 | 48 | MARIÑO CASAS , MODESTO | MALE | VETERANS B | INDEPENDIENTE | 00:45:50 | +00:13:29 | 04:35 min/Km |
| 52 | 20 | 66 | PENA MANEIRO , MANUEL ANTONIO | MALE | VETERANS A | | 00:46:29 | +00:14:08 | 04:39 min/Km |
| 53 | 21 | 8 | BENITEZ SOMOZA , ABRAHAM | MALE | VETERANS A | AT. VIRXE DA GUIA | 00:46:30 | +00:14:09 | 04:39 min/Km |
| 54 | 5 | 55 | MILLET AYASO , FRANCISCO | MALE | VETERANS C | ESCUELA DE BOXEO O CANARIO | 00:46:40 | +00:14:19 | 04:40 min/Km |
| 55 | 1 | 65 | PENA FRANCO , JOSE | MALE | VETERANS D | INDEPENDIENTE | 00:47:00 | +00:14:39 | 04:42 min/Km |
| 56 | 3 | 5 | AGRASAR BARRAL , SONIA | FEMALE | VETERANS A-F | SAR VERMÚ PETRONI | 00:47:07 | +00:14:46 | 04:43 min/Km |
| 57 | 22 | 77 | RANCAÑO HERRÁN , JOSÉ RAMON | MALE | VETERANS A | INDEPENDIENTE | 00:47:11 | +00:14:50 | 04:44 min/Km |
| 58 | 3 | 45 | LOJO ABANQUEIRO , ZORAIDA | FEMALE | SENIOR-F | S.D BARBANTIA RODA | 00:47:20 | +00:14:59 | 04:44 min/Km |
| 59 | 12 | 25 | FERREIRÓS FERNÁNDEZ , JOSE | MALE | VETERANS B | TARTARUGAS | 00:47:23 | +00:15:02 | 04:45 min/Km |
| 60 | 12 | 71 | PÉREZ PÉREZ , SERGIO | MALE | SENIOR | INDEPENDIENTE | 00:47:30 | +00:15:09 | 04:45 min/Km |
| 61 | 23 | 60 | ORELLAN FERNANDEZ , ANXO | MALE | VETERANS A | INDEPENDIENTE | 00:47:43 | +00:15:22 | 04:47 min/Km |
| 62 | 24 | 12 | CANDA TABOADA , LUIS | MALE | VETERANS A | | 00:49:12 | +00:16:51 | 04:56 min/Km |

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|------|--------|--------|--------------------------------------|--------|--------------|-----------------------------------|----------|-----------|--------------|
| 63 | 1 | 36 | GÓMEZ LODEIROS , SUSANA | FEMALE | VETERANS B-F | TARTARUGAS | 00:49:35 | +00:17:14 | 04:58 min/Km |
| 64 | 25 | 3 | AGEITOS GARCÍA , IGNACIO MANUEL | MALE | VETERANS A | INDEPENDIENTE | 00:49:37 | +00:17:16 | 04:58 min/Km |
| 65 | 13 | 49 | MARTINEZ CALO , ANGEL | MALE | VETERANS B | VIRXIGUIANOS TRAIL - SACHACAMIÑOS | 00:49:57 | +00:17:36 | 04:60 min/Km |
| 66 | 26 | 17 | CERNADAS VILELA , MARCOS MARTÍN | MALE | VETERANS A | INDEPENDIENTE | 00:50:10 | +00:17:49 | 05:01 min/Km |
| 67 | 13 | 82 | SAMPEDRO FERNÁNDEZ , DAMIÁN | MALE | SENIOR | INDEPENDIENTE | 00:50:54 | +00:18:33 | 05:06 min/Km |
| 68 | 4 | 70 | PEREZ GARCIA , FATIMA | FEMALE | VETERANS A-F | INDEPENDIENTE | 00:51:29 | +00:19:08 | 05:09 min/Km |
| 69 | 27 | 43 | LIJÓ CARBALLEDA , ALFONSO | MALE | VETERANS A | INDEPENDIENTE | 00:52:09 | +00:19:48 | 05:13 min/Km |
| 70 | 6 | 76 | PIÑEIRO PENA , JOSE ANGEL | MALE | VETERANS C | INDEPENDIENTE | 00:53:15 | +00:20:54 | 05:20 min/Km |
| 71 | 14 | 75 | PINEIRO , JOSE | MALE | VETERANS B | INDEPENDIENTE | 00:53:27 | +00:21:06 | 05:21 min/Km |
| 72 | 28 | 24 | FERNÁNDEZ POLÍN , FERNANDO | MALE | VETERANS A | INDEPENDIENTE | 00:53:27 | +00:21:06 | 05:21 min/Km |
| 73 | 7 | 78 | REY GEY , RAMON | MALE | VETERANS C | TRAN TRAN | 00:54:00 | +00:21:39 | 05:24 min/Km |
| 74 | 5 | 83 | SÁNCHEZ NAVIA , MARÍA DE LOS ANGELES | FEMALE | VETERANS A-F | TRAN TRAN | 00:54:00 | +00:21:39 | 05:24 min/Km |
| 75 | 14 | 13 | CARVALHO LISBOA , FERNANDO | MALE | SENIOR | | 00:54:23 | +00:22:02 | 05:27 min/Km |
| 76 | 4 | 26 | FERREIRÓS MARTÍNEZ , NATALIA | FEMALE | SENIOR-F | INDEPENDIENTE | 00:55:29 | +00:23:08 | 05:33 min/Km |
| 77 | 15 | 19 | DOMINGUEZ RECUNA , FRANCISCO ROMAN | MALE | VETERANS B | TRAN TRAN | 00:55:30 | +00:23:09 | 05:33 min/Km |
| 78 | 29 | 38 | GUDE PAZ , JESÚS MANUEL | MALE | VETERANS A | CLUB NATACION BOIRO | 00:57:22 | +00:25:01 | 05:45 min/Km |
| 79 | 15 | 40 | JAMARDO PORTAS , RAÚL | MALE | SENIOR | | 00:57:29 | +00:25:08 | 05:45 min/Km |
| 80 | 2 | 87 | VAZQUEZ GUERRA , JOSE LUIS | MALE | VETERANS D | TRAN TRAN | 00:57:40 | +00:25:19 | 05:46 min/Km |
| 81 | 30 | 93 | VIDAL MARTINEZ , RUBEN | MALE | VETERANS A | LOS CHAVALES | 00:58:14 | +00:25:53 | 05:50 min/Km |
| 82 | 5 | 11 | BUSTO SANTALLA , ANA | FEMALE | SENIOR-F | | 00:58:24 | +00:26:03 | 05:51 min/Km |
| 83 | 6 | 31 | FRANCO LEIS , MARIA TERESA | FEMALE | VETERANS A-F | BEKELE RUNNING TEAM | 00:59:43 | +00:27:22 | 05:59 min/Km |
| 84 | 7 | 50 | MARTÍNEZ LARANGA , FLORY | FEMALE | VETERANS A-F | | 00:59:43 | +00:27:22 | 05:59 min/Km |
| 85 | 31 | 61 | OSORIO DIEGUEZ , CESAR | MALE | VETERANS A | BEKELE RUNNING TEAM | 00:59:43 | +00:27:22 | 05:59 min/Km |