

TRAIL SERIES 2020 - TRAIL DA CIDA

- GENERAL -

26 XANEIRO 2020

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	CLUB	META	RITMO
1	1	73	LORENZO BLANCO , CARLOS	MALE	FOUSA-M	XTOSIN RUNNERS	XTOSIN RUNNERS	01:12:09	05:10 min/Km
2	2	297	GONZALEZ HORTA , VICTOR	MALE	FOUSA-M	LODEIROS TRAIL	LODEIROS TRAIL	01:12:23	05:11 min/Km
3	3	18	BRION BRION , ÓSCAR	MALE	FOUSA-M	MAXIKO MASAXES KIKO	MAXIKO MASAXES KIKO	01:12:25	05:11 min/Km
4	1	143	TOUCEDO SANTOS , ESTEBAN	MALE	SACHO-M	MAXIKO MASAXES KIKO	SAN MIGUEL DE MARÍN	01:12:26	05:11 min/Km
5	4	61	GUERRA MAGAN , OSCAR	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:12:57	05:13 min/Km
6	5	144	TRABA CAAMAÑO , PEDRO	MALE	FOUSA-M	CAO (CLUB ATLETISMO OUTES)	CAO (CLUB ATLETISMO OUTES)	01:14:36	05:20 min/Km
7	1	319	LORENZO , PABLO	MALE	MACHADO-M		ATLETISMO FONTES DO SAR	01:15:00	05:22 min/Km
8	6	101	OUBIÑA FALCÓN , MAXI	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:15:11	05:23 min/Km
9	7	78	MANEIRO FREIRE , VICTOR	MALE	FOUSA-M	TRIBU TRAIL	TRIBU TRAIL	01:15:20	05:23 min/Km
10	2	9	BARRAL VARELA , JUAN JESUS	MALE	MACHADO-M	TRIBU TRAIL	TRIBU TRAIL	01:15:21	05:23 min/Km
11	8	46	FERNÁNDEZ VIDAL , PORFIRIO	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:15:30	05:24 min/Km
12	2	239	CARNERO RODRÍGUEZ , PABLO	MALE	SACHO-M		CLUB ATLETISMO O PINO	01:16:48	05:30 min/Km
13	9	424	VIDAL MORENO , FERNANDO	MALE	FOUSA-M	TRIATLON VILAGARCIA	TRIATLON VILAGARCIA	01:16:51	05:30 min/Km
14	10	100	OUBIÑA DIOS , FRANCISCO RAMON	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:16:57	05:30 min/Km
15	3	130	RODRÍGUEZ GONZÁLEZ , RAMÓN	MALE	MACHADO-M		KORPOREARENTEIRO TRAIL	01:17:21	05:32 min/Km
16	3	29	CASTRO SAMPEDRO , JAVI	MALE	SACHO-M		INDEPENDIENTE	01:17:30	05:33 min/Km
17	11	117	POUSO VIDAL , LUCAS	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:18:04	05:35 min/Km
18	4	370	QUINTIÁN AGRAFOJO , CHEMA	MALE	SACHO-M	CDM VÉRTICE	CDM VÉRTICE	01:18:09	05:35 min/Km
19	4	51	GARCÍA ABALO , KIKO	MALE	MACHADO-M	MAXIKO MASAXES KIKO	MAXIKO MASAXES KIKO	01:18:17	05:36 min/Km
20	12	415	TRENCO DIZ , VICTORIANO	MALE	FOUSA-M		INDEPENDIENTE	01:18:26	05:37 min/Km
21	13	111	PEREZ PRIETO , GERARDO	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:18:28	05:37 min/Km
22	5	394	ROSENDE SAEZ , MARCOS	MALE	SACHO-M		CAI A ESTRADA	01:18:35	05:37 min/Km
23	6	74	LORENZO BUCETA , HECTOR	MALE	SACHO-M	TRIBU TRAIL	TRIBU TRAIL	01:18:54	05:39 min/Km
24	14	55	GENDRE FERNANDEZ , JAVIER	MALE	FOUSA-M	TARTARUGAS	TARTARUGAS	01:19:10	05:40 min/Km
25	7	235	CAMPAÑA PARADA , SUSO	MALE	SACHO-M	TRIBU TRAIL	TRIBU TRAIL	01:19:24	05:41 min/Km
26	8	215	BALDERRABANO MAYO , JUAN RAMÓN	MALE	SACHO-M	XTOSIN RUNNERS	XTOSIN RUNNERS	01:19:28	05:41 min/Km
27	15	129	RODRÍGUEZ FERNÁNDEZ , XOSÉ MARÍA	MALE	FOUSA-M	TRIBU TRAIL	TRIBU TRAIL	01:19:31	05:41 min/Km
28	5	302	GONZALEZ SANTAMARÍA , JOSE MANUEL	MALE	MACHADO-M	S.D. BARBANTIA RODA	S.D. BARBANTIA RODA	01:19:40	05:42 min/Km
29	9	115	PIÑEIRO FIEL , MANUEL	MALE	SACHO-M		TRIATLÓN PEÑA CICLISTA RÍAS BAIXAS	01:19:42	05:42 min/Km
30	10	234	CALVO VITURRO , SANTIAGO	MALE	SACHO-M	S.D. BARBANTIA RODA	S.D. BARBANTIA RODA	01:19:57	05:43 min/Km
31	16	267	FERNANDEZ LIJO , JUAN FRANCISCO	MALE	FOUSA-M		POR AMOR AL ARTE	01:20:00	05:43 min/Km
32	17	213	ASPerez DOPAZO , DAVID	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:20:17	05:45 min/Km
33	18	38	FERNÁNDEZ DOMINGUEZ , ADRIÁN	MALE	FOUSA-M	MAXIKO MASAXES KIKO	MAXAXES KIKO MAXIKO	01:20:27	05:45 min/Km
34	19	249	COSTA CASTRO , MANUEL	MALE	FOUSA-M		ATLETISMO TAMBRE	01:20:31	05:46 min/Km
35	20	32	CORDAL BARREIRO , IVAN	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:20:57	05:47 min/Km
36	11	64	IGLESIAS PENIDO , ADRIÁN	MALE	SACHO-M	TRIBU TRAIL	TRIBU TRAIL	01:21:26	05:49 min/Km
37	6	349	OUTERELO COUSIÑO , PEDRO PABLO	MALE	MACHADO-M		TRIATLON VILAGARCIA	01:21:32	05:50 min/Km
38	7	19	BROCOS MAREQUE , EDUARDO	MALE	MACHADO-M			01:21:41	05:51 min/Km

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39	21	1	ABALO CHOUZA , NARCISO	MALE	FOUSA-M	CDM VÉRTICE	CDM VÉRTICE	01:21:44	05:51 min/Km
40	22	30	CES CRISTOBO , MANUEL	MALE	FOUSA-M	TRIBU TRAIL	TRIBU TRAIL	01:21:45	05:51 min/Km
41	23	57	GONZÁLEZ MARTÍNEZ , JOSÉ ANTONIO	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:21:46	05:51 min/Km
42	12	321	LORENZO FERNANDEZ , BRAIS	MALE	SACHO-M		CLUB TRIATLON RIANXO	01:21:48	05:51 min/Km
43	24	421	VÁZQUEZ REIRIZ , LUIS	MALE	FOUSA-M		TRIBU TRAIL	01:21:48	05:51 min/Km
44	25	390	ROMERO AGRA , NESTOR	MALE	FOUSA-M	LOUSAME TRAIL	LOUSAME TRAIL	01:21:50	05:51 min/Km
45	8	268	FERNÁNDEZ MEGÍA , EDUARDO	MALE	MACHADO-M	TARTARUGAS	TARTARUGAS	01:21:56	05:52 min/Km
46	26	279	FREIRE CALVO , DIEGO	MALE	FOUSA-M	TRIATLÓN MOTOBIKE POIO GALAICO	TRIATLÓN MOTOBIKE POIO GALAICO	01:22:20	05:53 min/Km
47	27	27	CAMEAN CAMEAN , ROBERTO	MALE	FOUSA-M	INCOR AUTOVIDRIO	INCOR AUTOVIDRIO	01:22:38	05:55 min/Km
48	13	89	MÉNDEZ IGLESIAS , DANIEL	MALE	SACHO-M		TRIBU TRAIL	01:22:41	05:55 min/Km
49	28	28	CASAL SANTOS , MARCOS	MALE	FOUSA-M		INDEPENDIENTE	01:23:23	05:58 min/Km
50	29	81	MARTINEZ , ALBERTO	MALE	FOUSA-M	INCOR AUTOVIDRIO	INCOR AUTOVIDRIO	01:23:34	05:59 min/Km
51	30	312	LADO TORRES , CARLOS	MALE	FOUSA-M	INCOR AUTOVIDRIO	INCOR AUTOVIDRIO	01:23:45	05:59 min/Km
52	14	217	BARREIRO LIJÓ , SIMÓN	MALE	SACHO-M		INDEPENDIENTE	01:23:46	05:59 min/Km
53	15	16	BRALO NIMO , ISMAEL	MALE	SACHO-M	TRIBU TRAIL	TRIBU TRAIL	01:23:52	05:60 min/Km
54	9	148	VIDAL RODRÍGUEZ , GUILLERMO	MALE	MACHADO-M	ATLETAS ACEA DE AMA	ATLETAS DE ACEA DE AMA	01:24:04	06:01 min/Km
55	31	401	SANDA ARES , JOSE	MALE	FOUSA-M		CASTROSUA TRAIL RUNNING	01:24:08	06:01 min/Km
56	16	410	SUÁREZ RIESGO , HUGO	MALE	SACHO-M		INDEPENDIENTE	01:24:27	06:02 min/Km
57	10	224	BOO FARIÑA , SALVADOR	MALE	MACHADO-M	TRIBU TRAIL	TRIBU TRAIL	01:24:30	06:03 min/Km
58	32	3	AGEITOS SANLES , FERNANDO	MALE	FOUSA-M	INCOR AUTOVIDRIO	INCOR AUTOVIDRIO	01:24:35	06:03 min/Km
59	33	75	LORES MEIS , JOSE MANUEL	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:24:52	06:04 min/Km
60	17	256	DOMÍNGUEZ , PABLO	MALE	SACHO-M	Irenepablo	INDEPENDIENTE	01:25:02	06:05 min/Km
61	34	309	INSUA PAZOS , EMILIO JOSÉ	MALE	FOUSA-M	XTOSIN RUNNERS	XTOSIN RUNNERS	01:25:12	06:06 min/Km
62	11	125	RIVAS CASTRO , JUAN	MALE	MACHADO-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:25:27	06:07 min/Km
63	12	20	BUGALLO , GONZALO	MALE	MACHADO-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:25:35	06:07 min/Km
64	18	386	RODRIGUEZ GONZALEZ , IVAN	MALE	SACHO-M		INDEPENDIENTE	01:25:56	06:09 min/Km
65	35	4	ALONSO CABALEIRO , OSCAR	MALE	FOUSA-M		INDEPENDIENTE	01:26:16	06:10 min/Km
66	36	76	LUNA DOMINGUEZ , JUAN	MALE	FOUSA-M	TRIBU TRAIL	TRIBU TRAIL	01:26:34	06:11 min/Km
67	19	203	ALMEIDA , LENNON	MALE	SACHO-M			01:26:37	06:12 min/Km
68	20	305	IGLESIAS AMORES , MIGUEL	MALE	SACHO-M		ATLETISMO ARENTEIRO	01:26:55	06:13 min/Km
69	37	151	VILASOA SILVA , JOSE FRANCISCO	MALE	FOUSA-M	S.D. BARBANTIA RODA	S.D. BARBANTIA RODA	01:27:07	06:14 min/Km
70	1	25	CALVO DOPAZO , VERÓNICA	FEMALE	FOUSA-F	CDM VÉRTICE	CDM VÉRTICE	01:27:10	06:14 min/Km
71	38	88	MELEIRO FERNÁNDEZ , EMILIO	MALE	FOUSA-M	TARTARUGAS	TARTARUGAS	01:27:17	06:15 min/Km
72	39	71	LOPEZ SANCHEZ , DAVID	MALE	FOUSA-M	TARTARUGAS	TARTARUGAS	01:27:32	06:16 min/Km
73	13	336	MUÑIZ SABORIDO , JOSÉ RAMON	MALE	MACHADO-M			01:27:49	06:17 min/Km
74	40	119	QUEIRUGA SANTIAGO , MARIO	MALE	FOUSA-M		INCOR AUTOVIDRIO	01:28:00	06:18 min/Km
75	41	322	LOUREIRO AMENEIROS , DANIEL	MALE	FOUSA-M		ARTROGAL-TRI498	01:28:11	06:18 min/Km
76	21	79	MARQUE RUIBAL , JOSÉ ANTONIO	MALE	SACHO-M	CDM VÉRTICE	CDM VÉRTICE	01:28:12	06:18 min/Km

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- GENERAL -

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	CLUB	META	RITMO
77	14	22	BURES MIGUENS , XOSÉ MANUEL	MALE	MACHADO-M	TRIBU TRAIL	TRIBU TRAIL	01:28:17	06:19 min/Km
78	42	7	ASTRAY LÓPEZ , PABLO	MALE	FOUSA-M		INDEPENDIENTE	01:28:20	06:19 min/Km
79	22	133	ROO MAROÑAS , PABLO	MALE	SACHO-M	LOUSAME TRAIL	LOUSAME TRAIL	01:28:35	06:20 min/Km
80	43	231	CAJARAVILLE ARAÚJO , HÉCTOR	MALE	FOUSA-M		INDEPENDIENTE	01:28:38	06:20 min/Km
81	15	314	LESTÓN FABEIRO , MIGUEL	MALE	MACHADO-M	TRIBU TRAIL	TRIBU TRAIL	01:28:43	06:21 min/Km
82	2	86	MATALOBOS REDONDO , ELENA	FEMALE	FOUSA-F	MAXIKO MASAXES KIKO	SD BARBANTIA RODA	01:28:46	06:21 min/Km
83	44	135	SANTÓRUM GONZÁLEZ , JORGE	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:28:54	06:21 min/Km
84	45	385	RODRÍGUEZ FERNÁNDEZ , JULIO	MALE	FOUSA-M	TRIBU TRAIL	TRIBU TRAIL	01:29:09	06:23 min/Km
85	16	393	ROSENDE BREA , JOSE	MALE	MACHADO-M		CAI A ESTRADA	01:29:12	06:23 min/Km
86	23	216	BAÑA TOME , PABLO	MALE	SACHO-M	CDM VÉRTICE	CDM VÉRTICE	01:29:14	06:23 min/Km
87	46	2	ABEIJON GOMES , AGOSTIO	MALE	FOUSA-M	CLUB ATLETISMO LOUSAME	CLUB ATLETISMO LOUSAME	01:29:16	06:23 min/Km
88	24	139	SPESSARD , PAXTON	MALE	SACHO-M		.C.A. CAMBADOS - SEGUROS NOVAL	01:29:19	06:23 min/Km
89	25	359	PÉREZ CANTELAR , MARCOS	MALE	SACHO-M		INDEPENDIENTE	01:29:22	06:23 min/Km
90	26	53	GARCIA MARTINEZ , HUGO	MALE	SACHO-M	CAO (CLUB ATLETISMO OUTES)	CAO (CLUB ATLETISMO OUTES)	01:29:42	06:25 min/Km
91	47	145	TRIÑANES SANCHEZ , CARLOS	MALE	FOUSA-M		INDEPENDIENTE	01:29:48	06:25 min/Km
92	48	140	TAJES PÉREZ , JESÚS MANUEL	MALE	FOUSA-M	TRIBU TRAIL	TRIBU TRAIL	01:30:11	06:27 min/Km
93	49	90	MOLINERO RECIO , HUGO	MALE	FOUSA-M			01:30:39	06:29 min/Km
94	50	122	REY AGRELO , RAMIRO	MALE	FOUSA-M	CLUB ATLETISMO LOUSAME	CLUB ATLETISMO LOUSAME	01:30:45	06:29 min/Km
95	51	275	FERRÍN ESCARIZ , JORGE	MALE	FOUSA-M		TRIATLON VILAGARCIA	01:31:10	06:31 min/Km
96	27	92	MUIÑO GENDE , SERGIO	MALE	SACHO-M		INDEPENDIENTE	01:31:15	06:32 min/Km
97	52	153	SARASQUETE FERNANDEZ , FRANCISCO	MALE	FOUSA-M	SACHACAMIÑOS - VIRXIJIANOS TRAIL	SACHACAMIÑOS - VIRXIJIANOS TRAIL	01:31:20	06:32 min/Km
98	17	287	GARCIA MARTÍNEZ , ANGEL	MALE	MACHADO-M	SACHACAMIÑOS - VIRXIJIANOS TRAIL	SACHACAMIÑOS - VIRXIJIANOS TRAIL	01:31:21	06:32 min/Km
99	18	226	BREY MATO , ROBERTO	MALE	MACHADO-M		CAI A ESTRADA	01:31:33	06:33 min/Km
100	53	266	FERNÁNDEZ LANDEIRO , JUAN MANUEL	MALE	FOUSA-M		TRIATLÓN MOTOBIKE POIO GALAICO	01:31:40	06:33 min/Km
101	28	423	VAZQUEZ GARCIA , ISMAEL	MALE	SACHO-M		INDEPENDIENTE	01:31:47	06:34 min/Km
102	54	227	BUGALLO DEL PUERTO , IVÁN	MALE	FOUSA-M		RUNNING OLEIROS	01:32:06	06:35 min/Km
103	3	247	CIMPEAN , ALINA	FEMALE	FOUSA-F	GTR	GTR GALAICO TRAIL RUN	01:32:15	06:36 min/Km
104	29	37	FARIÑA PRADO , JAVIER	MALE	SACHO-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:32:26	06:37 min/Km
105	55	63	IGLESIAS PARDO , TINO	MALE	FOUSA-M	FONTES DO SAR	FONTES DO SAR	01:33:04	06:39 min/Km
106	30	403	SANTOS ROJAS , FRANCISCO	MALE	SACHO-M		INDEPENDIENTE	01:33:42	06:42 min/Km
107	31	96	NÚÑEZ QUEIRUGA , ESTEBAN	MALE	SACHO-M	Montemuíño	MONTEMUÍÑO	01:33:44	06:42 min/Km
108	32	307	IGLESIAS VIGO , JAVIER	MALE	SACHO-M		INDEPENDIENTE	01:33:46	06:42 min/Km
109	56	303	GONZALEZ VILAR , GUSTAVO	MALE	FOUSA-M	GTR	GTR GALAICO TRAIL RUN	01:33:48	06:42 min/Km
110	19	35	DOMINGUEZ PIÑEIRO , CHEMA	MALE	MACHADO-M		SD BARBANTIA RODA	01:33:52	06:43 min/Km
111	57	255	DIZ CHAVES , MANUEL	MALE	FOUSA-M		TRIATLON VILAGARCIA	01:33:54	06:43 min/Km
112	58	406	SENDÍN RAÑA , PABLO	MALE	FOUSA-M		INDEPENDIENTE	01:34:03	06:44 min/Km
113	59	261	DUARTE , RAFA	MALE	FOUSA-M		PIRATES DE LA MUNTANYA	01:34:16	06:44 min/Km
114	33	8	BARGO PEREZ , JOSE MANUEL	MALE	SACHO-M	LOUSAME TRAIL	LOUSAME TRAIL	01:34:18	06:45 min/Km

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229	41	34	DAPORTA , RAMON	MALE	MACHADO-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:50:41	07:55 min/Km
230	7	413	TOREA TOREA , ELENA	FEMALE	MACHADO-F	CLUB ATLETISMO LOUSAME	CLUB ATLETISMO LOUSAME	01:50:47	07:55 min/Km
231	51	65	INSUA FERNÁNDEZ , ANDRÉS	MALE	SACHO-M		INDEPENDIENTE	01:50:48	07:55 min/Km
232	8	56	GÓMEZ LODEIROS , SUSANA	FEMALE	MACHADO-F	TARTARUGAS	TARTARUGAS	01:50:52	07:56 min/Km
233	52	80	MARTIN RODRIGUEZ , ALEIX	MALE	SACHO-M		INDEPENDIENTE	01:51:17	07:57 min/Km
234	4	372	RC , LAURA	FEMALE	SACHO-F		INDEPENDIENTE	01:51:39	07:59 min/Km
235	13	11	BELLO NINE , ANA	FEMALE	FOUSA-F	INCOR AUTOVIDRIO	INCOR AUTOVIDRIO	01:52:48	08:04 min/Km
236	118	414	TORRADO VIDAL , JOSE RAMON	MALE	FOUSA-M		S.D. BARBANTIA RODA	01:52:48	08:04 min/Km
237	53	212	ARMIÑO FRANCO , IAGO	MALE	SACHO-M			01:52:58	08:05 min/Km
238	119	294	GÓMEZ RAPOSO , EDUARDO	MALE	FOUSA-M		ARTROGAL-TRI498	01:53:08	08:05 min/Km
239	42	236	CAO ALFONSO , JESUS	MALE	MACHADO-M		INDEPENDIENTE	01:53:29	08:07 min/Km
240	43	240	CARRASCO ITURRA , CARLOS	MALE	MACHADO-M	DUBRA TEAM	DUBRA TEAM	01:53:40	08:08 min/Km
241	120	39	FERNANDEZ GONZALEZ , SANTIAGO	MALE	FOUSA-M		CAMBADOS GAELICO	01:53:44	08:08 min/Km
242	14	348	OTERO SANTOS , VERONICA	FEMALE	FOUSA-F		INDEPENDIENTE	01:53:44	08:08 min/Km
243	121	263	ESCOURIDO MOR , ALBERTO	MALE	FOUSA-M		INDEPENDIENTE	01:54:00	08:09 min/Km
244	44	246	CASTRO SUAREZ , JUAN CARLOS	MALE	MACHADO-M		CLUB ATLETISMO O PINO	01:54:03	08:09 min/Km
245	5	6	ANDRÉS SANTIAGO , SARA	FEMALE	SACHO-F			01:54:14	08:10 min/Km
246	122	335	MUJERIEGO GOMEZ , JOSE LUIS	MALE	FOUSA-M			01:54:17	08:10 min/Km
247	123	419	VARELA VALLADARES , BRUNO	MALE	FOUSA-M	CHISPAS	CHISPAS	01:54:19	08:10 min/Km
248	124	420	VARELA VALLADARES , CESAR	MALE	FOUSA-M		CHISPAS	01:54:19	08:10 min/Km
249	6	324	MACEIRA PENA , MIRIAM	FEMALE	SACHO-F		TRIATLON VILAGARCIA	01:54:26	08:11 min/Km
250	125	208	ARCO MARQUIZ , SERGIO	MALE	FOUSA-M		OLÍMPICO DE VEDRA	01:54:27	08:11 min/Km
251	126	292	GIRALDES CASTRO , DANIEL	MALE	FOUSA-M			01:54:35	08:12 min/Km
252	54	94	NEGREIRA POUSO , JOSÉ RAMÓN	MALE	SACHO-M		INDEPENDIENTE	01:54:50	08:13 min/Km
253	45	361	PEREZ NOVOA , J. ANTONIO	MALE	MACHADO-M		CARREIRIÑA E BIRRA	01:55:17	08:15 min/Km
254	55	83	MARTINEZ FANDIÑO , DIEGO	MALE	SACHO-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:55:20	08:15 min/Km
255	56	337	MUÑIZ SANVICENTE , MIGUEL ÁNGEL	MALE	SACHO-M		S.D. BARBANTIA RODA	01:55:24	08:15 min/Km
256	127	221	BLANCO DOCAMPO , ROBERTO	MALE	FOUSA-M		CLUB DEPORTIVO PINARIUM	01:55:32	08:16 min/Km
257	9	362	PEREZ ROMERO , ANA MARIA	FEMALE	MACHADO-F			01:56:02	08:18 min/Km
258	57	70	LEMONS ALBOR , JOSE MANUEL	MALE	SACHO-M			01:56:06	08:18 min/Km
259	15	316	LÓPEZ CASAS , JESSICA	FEMALE	FOUSA-F		TRIATLON VILAGARCIA	01:56:13	08:19 min/Km
260	46	331	MOROÑO ARENAS , SANTIAGO	MALE	MACHADO-M		CLUB DE MONTAÑA XISTRA	01:56:17	08:19 min/Km
261	16	334	MUIÑO POSE , ALICIA	FEMALE	FOUSA-F	CLUB ATLETISMO O PINO		01:56:27	08:20 min/Km
262	47	381	RIVEIRA MARTINEZ , ANTONIO	MALE	MACHADO-M	CLUB ATLETISMO O PINO	CLUB ATLETISMO O PINO	01:56:27	08:20 min/Km
263	128	371	RANCAÑO HERRÁN , JOSÉ RAMÓN	MALE	FOUSA-M		INDEPENDIENTE	01:56:41	08:21 min/Km
264	7	341	NOVOA PÉREZ , MINERVA	FEMALE	SACHO-F		GMTA & CHUVONERS	01:56:41	08:21 min/Km
265	129	214	ATENTOS GARCÍA , IGNACIO MANUEL	MALE	FOUSA-M		INDEPENDIENTE	01:57:02	08:22 min/Km
266	10	36	ESTÉVEZ VÁZQUEZ , ROSI	FEMALE	MACHADO-F	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	01:57:16	08:23 min/Km

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267	58	347	OTERO LEMA , ENRIQUE	MALE	SACHO-M	OS REZAGADOS	INDEPENDIENTE	01:57:17	08:23 min/Km
268	48	375	REY GEY , RAMON	MALE	MACHADO-M		TRAN TRAN	01:57:31	08:24 min/Km
269	8	399	SÁNCHEZ BERNABÉ , LETICIA	FEMALE	SACHO-F		TRIATLON VILAGARCIA	01:57:31	08:24 min/Km
270	11	400	SÁNCHEZ NAVIA , MARÍA DE LOS ANGELES	FEMALE	MACHADO-F			01:57:32	08:24 min/Km
271	130	315	LOPEZ ALVAREZ , JOSÉ LUIS	MALE	FOUSA-M		TRAIL BOIMORTO	01:57:34	08:24 min/Km
272	17	333	MRIMICHE MRIMICHE , NADIA	FEMALE	FOUSA-F	ATLETAS ACEA DE AMA	ATLETAS DE ACEA DAMA	01:57:37	08:25 min/Km
273	131	210	ARIAS GARCIA , ALFONSO	MALE	FOUSA-M		ATLETISMO FONTES DO SAR	01:58:15	08:27 min/Km
274	132	340	NOVO MARTÍNEZ , DAVID	MALE	FOUSA-M		ARTROGAL-TRI498	01:58:29	08:28 min/Km
275	133	304	HERNANDEZ PEREIRA , IAGO	MALE	FOUSA-M	cd rocas	CD ROCAS	01:58:34	08:29 min/Km
276	49	296	GONZALEZ FERNANDEZ , ANTONIO	MALE	MACHADO-M		CUL DE MONTAÑA XISTRA	02:00:23	08:36 min/Km
277	18	223	BLANCO TORRADO , IRENE	FEMALE	FOUSA-F		S.D. BARBANTIA RODA	02:00:44	08:38 min/Km
278	134	408	SOTO BUCETA , SERGIO	MALE	FOUSA-M	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	02:01:05	08:39 min/Km
279	135	417	UCHA SOLLA , JUAN	MALE	FOUSA-M		TRIATLÓN MOTOBIKE POIO GALAICO	02:01:08	08:40 min/Km
280	136	127	RODRIGUEZ CID , JOSE MANUEL	MALE	FOUSA-M		ASALTAMONTES	02:01:31	08:41 min/Km
281	137	376	REY GÓMEZ , ROBERTO	MALE	FOUSA-M		INDEPENDIENTE	02:01:35	08:42 min/Km
282	138	43	FERNANDEZ SIEIRA , ERNESTO	MALE	FOUSA-M		INDEPENDIENTE	02:01:47	08:42 min/Km
283	19	308	IGLESIAS VILLANUEVA , LUISA	FEMALE	FOUSA-F		CAI A ESTRADA	02:01:53	08:43 min/Km
284	139	277	FIGUEIRAS BLANCO , SECHO	MALE	FOUSA-M		CAI A ESTRADA	02:01:53	08:43 min/Km
285	20	69	LAMELAS PRIETO , SILVIA	FEMALE	FOUSA-F	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	02:02:01	08:43 min/Km
286	12	329	MÍGUEZ SAMPEDRO , SUSANA	FEMALE	MACHADO-F			02:02:05	08:44 min/Km
287	21	102	PARADA ABEIJON , LUCIA	FEMALE	FOUSA-F	SACHACAMIÑOS - VIRXIJIANOS TRAIL	SACHACAMIÑOS - VIRXIJIANOS TRAIL	02:02:06	08:44 min/Km
288	13	301	GONZÁLEZ RODRÍGUEZ , MARÍA BELÉN	FEMALE	MACHADO-F	GTR	GTR GALAICO TRAIL RUN	02:02:29	08:45 min/Km
289	140	118	QUEIRUGA FERNÁNDEZ , CARLOS	MALE	FOUSA-M	INCOR AUTOVIDRIO	INCOR-AUTOVIDRIO	02:02:32	08:46 min/Km
290	141	368	PLAZA GARCIA , IVAN	MALE	FOUSA-M			02:02:33	08:46 min/Km
291	142	428	YAÑEZ ORDOÑEZ , DAVID	MALE	FOUSA-M		S.D. BARBANTIA RODA	02:02:33	08:46 min/Km
292	143	225	BRETAL BAZARRA , VENTURA	MALE	FOUSA-M	Autoescola miguel	AUTOESCOLA MIGUEL A NUMERO 1	02:02:55	08:47 min/Km
293	144	311	JUVIÑO PREGO , ÁNGEL	MALE	FOUSA-M			02:03:04	08:48 min/Km
294	22	206	ALVES RODRÍGUEZ , CRISTINA	FEMALE	FOUSA-F		INDEPENDIENTE	02:03:10	08:48 min/Km
295	145	387	RODRÍGUEZ GONZÁLEZ , ROBERTO	MALE	FOUSA-M		TRIATLÓN MOTOBIKE POIO GALAICO	02:03:25	08:49 min/Km
296	14	146	VEIGA BLANCO , MONTSE	FEMALE	MACHADO-F	Atletismo Fontes do Sar	ATLETISMO FONTES DO SAR	02:03:46	08:51 min/Km
297	23	327	MARTÍNEZ PARCERO , VERÓNICA	FEMALE	FOUSA-F	DUBRA TEAM	DUBRA TEAM	02:04:42	08:55 min/Km
298	59	422	VÁZQUEZ FORMOSO , FABIÁN	MALE	SACHO-M	SERRES RUNNERS	SERRES RUNNERS	02:04:44	08:55 min/Km
299	146	369	QUERENTES SANTOS , JORGE	MALE	FOUSA-M		CDM FONONONOS	02:05:17	08:57 min/Km
300	50	310	INSUA PAZOS , JOSÉ	MALE	MACHADO-M		INDEPENDIENTE	02:05:37	08:59 min/Km
301	147	409	SUÁREZ BERMÚDEZ , FRANCISCO JAVIER	MALE	FOUSA-M		INDEPENDIENTE	02:05:41	08:59 min/Km
302	148	367	PIÑEIRO CARBALLO , TINO	MALE	FOUSA-M		INDEPENDIENTE	02:05:41	08:59 min/Km
303	149	397	SALVADO BERMÚDEZ , CARLOS	MALE	FOUSA-M			02:05:41	08:59 min/Km
304	150	363	PÉREZ ÚBEDA , ALEJANDRO	MALE	FOUSA-M		INDEPENDIENTE	02:06:31	09:03 min/Km

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305	151	269	FERNÁNDEZ NIMO , MANUEL	MALE	FOUSA-M	SERRES RUNNERS	SERRES RUNNERS	02:06:37	09:03 min/Km
306	51	295	GOMEZ RIVADULLA , RAMON	MALE	MACHADO-M	TRIBU TRAIL	TRIBU TRAIL	02:06:45	09:04 min/Km
307	24	31	CIERTO DEL PUERTO , ROMINA	FEMALE	FOUSA-F		MGM ORIXINAL TEAM	02:06:46	09:04 min/Km
308	152	10	BATALLA RIVEIRO , MIGUEL	MALE	FOUSA-M	A.C. A ESTORNELA	A.C A ESTORNELA	02:07:54	09:09 min/Km
309	60	126	RIVEIRO POSSE , ANXO	MALE	SACHO-M	A.C. A ESTORNELA	A.C A ESTORNELA	02:07:54	09:09 min/Km
310	25	265	FERNANDEZ GUISANDE , PATRICIA	FEMALE	FOUSA-F		INDEPENDIENTE	02:08:05	09:09 min/Km
311	153	241	CARRERA DE CASTRO , JORGE	MALE	FOUSA-M		INDEPENDIENTE	02:08:05	09:09 min/Km
312	154	392	ROMERO OLVEIRA , JESÚS ANTONIO	MALE	FOUSA-M		INDEPENDIENTE	02:08:22	09:11 min/Km
313	155	284	GARCÍA GARCÍA , DANIEL	MALE	FOUSA-M		INDEPENDIENTE	02:08:22	09:11 min/Km
314	61	365	PIDRE CARBALLA , OSCAR	MALE	SACHO-M		INDEPENDIENTE	02:08:34	09:11 min/Km
315	62	425	VIGO RIVERA , ANTONIO	MALE	SACHO-M		INDEPENDIENTE	02:08:34	09:11 min/Km
316	26	300	GONZALEZ PORTO , BEATRIZ	FEMALE	FOUSA-F		CLUB ATLETISMO SALVATERRA	02:08:52	09:13 min/Km
317	52	82	MARTINEZ CALO , ANGEL	MALE	MACHADO-M	SACHACAMIÑOS - VIRXIJANOS TRAIL	SACHACAMIÑOS - VIRXIJANOS TRAIL	02:09:18	09:15 min/Km
318	53	152	VILLANUSTRE ABUIN , GERMÁN	MALE	MACHADO-M		SD BARBANTIA RODA	02:09:18	09:15 min/Km
319	27	395	RUSO GUNDÍN , MARIA	FEMALE	FOUSA-F		MGM ACTIVIDADES DIRIXIDAS	02:09:39	09:16 min/Km
320	54	278	FRANCO MARTÍNEZ , ALEJANDRO	MALE	MACHADO-M			02:10:54	09:21 min/Km
321	9	344	OTERO CASTRO , CRISTINA	FEMALE	SACHO-F		INDEPENDIENTE	02:11:15	09:23 min/Km
322	15	150	VIGO LIÑARES , ANA	FEMALE	MACHADO-F	Atletismo Fontes do Sar	ATLETISMO FONTES DO SAR	02:11:25	09:24 min/Km
323	16	24	CAJUSO BARBAZÁN , CHEFA	FEMALE	MACHADO-F		CLUB ATLETISMO NEGREIRA	02:11:47	09:25 min/Km
324	28	286	GARCIA LUEIRO , CRISTINA	FEMALE	FOUSA-F		CLUB CERVECERÍA O COTÓN	02:11:49	09:25 min/Km
325	156	104	PEDREIRA , CESAR	MALE	FOUSA-M	CDM VÉRTICE	CDM VÉRTICE	02:12:40	09:29 min/Km
326	55	128	RODRÍGUEZ FERNÁNDEZ , RICARDO JULIO	MALE	MACHADO-M	CAO (CLUB ATLETISMO OUTES)	CAO (CLUB ATLETISMO OUTES)	02:13:04	09:31 min/Km
327	29	123	RIAL GARCÍA , ROSANA	FEMALE	FOUSA-F	CAO (CLUB ATLETISMO OUTES)	CAO (CLUB ATLETISMO OUTES)	02:13:05	09:31 min/Km
328	56	124	RIAL PAIS , JOSÉ	MALE	MACHADO-M	CAO (CLUB ATLETISMO OUTES)	CAO (CLUB ATLETISMO OUTES)	02:13:05	09:31 min/Km
329	17	313	LEDESMA , MARGA	FEMALE	MACHADO-F		CLUB ATLETISMO O PINO	02:13:09	09:31 min/Km
330	30	84	MARTÍNEZ LOJO , TAMARA	FEMALE	FOUSA-F		MGM TEAM	02:13:16	09:32 min/Km
331	31	290	GARRIDO , IRENE	FEMALE	FOUSA-F	Irenepablo	INDEPENDIENTE	02:13:20	09:32 min/Km
332	157	254	DIOS MARTINEZ , JUAN CARLOS	MALE	FOUSA-M			02:13:26	09:32 min/Km
333	158	253	DIOS MARTINEZ , ALBERTO	MALE	FOUSA-M			02:13:26	09:32 min/Km
334	159	252	DIOS MARTINEZ , JOAQUIN	MALE	FOUSA-M	Natural Outdoor Experiencies	NATURAL SPORT	02:13:27	09:32 min/Km
335	160	85	MARTÍNEZ QUEIRUGA , JUANLU	MALE	FOUSA-M	Natural Outdoor Experiencies	NATURAL OUTDOOR EXPRIENCIES	02:13:27	09:32 min/Km
336	161	382	RODRIGUEZ ABOY , MARIO	MALE	FOUSA-M	TRIBU TRAIL	TRIBU TRAIL	02:13:41	09:33 min/Km
337	18	107	PÉREZ GARCÍA , MARIA DEL MAR	FEMALE	MACHADO-F	C. A. CAMBADOS - SEGUROS NOVAL	C.A. CAMBADOS - SEGUROS NOVAL	02:16:56	09:47 min/Km
338	162	345	OTERO DIAZ , LUIS	MALE	FOUSA-M	C.D. Ría de Arousa		02:17:08	09:48 min/Km
339	163	50	FREIJEIRO OTERO , JOSE RAMON	MALE	FOUSA-M		INDEPENDIENTE	02:17:25	09:49 min/Km
340	10	325	MARTÍNEZ ALONSO , GEMMA	FEMALE	SACHO-F		CD SAN PAIO	02:18:02	09:52 min/Km
341	164	416	TRIGO BAO , MANUEL	MALE	FOUSA-M		INDEPENDIENTE	02:21:34	10:07 min/Km
342	19	244	CASTRO CORES , CARMEN	FEMALE	MACHADO-F		CLUB ATLETISMO O PINO	02:26:36	10:29 min/Km



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343	20	396	SALMONTE VARELA , ANGELES	FEMALE	MACHADO-F		CLUB ATLETISMO O PINO	02:26:36	10:29 min/Km
344	21	426	VILA BABARRO , JOSEFA	FEMALE	MACHADO-F	TRIATLON VILAGARCIA	TRIATLON VILAGARCIA	02:40:55	11:30 min/Km
345	22	356	PEREIRA CASTIÑEIRAS , MARIA JOSE	FEMALE	MACHADO-F			02:40:55	11:30 min/Km