

# VI TRAIL DE ARCOS - JOSE TEIXEIRA

## - GENERAL 26K -

06 OCTUBRE 2019

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
1	1	54	SALGUEIRO , FRAN	MALE	SENIOR-M	CORREDOIRAS TRAIL	02:26:28		05:38 min/Km
2	1	33	MONTILLA FERNÁNDEZ , EMILIO	MALE	VET-A-M	GTR GALAICO TRAIL RUN	02:32:21	+00:05:53	05:52 min/Km
3	2	48	RODRIGUEZ DIAZ , ADRIAN	MALE	SENIOR-M	GMTA&CHUVONERS	02:32:21	+00:05:53	05:52 min/Km
4	3	38	PAZÓ GIRALDEZ , DANIEL	MALE	SENIOR-M	ATLETISMO BAIONA	02:34:52	+00:08:24	05:58 min/Km
5	4	43	RIOBO ESTEVEZ , ROBERTO	MALE	SENIOR-M	CORREDOIRAS TRAIL	02:36:39	+00:10:11	06:02 min/Km
6	5	36	PASCUAL FIDALGO , MARCOS ANTONIO	MALE	SENIOR-M	CASTRO-TRAIL	02:44:27	+00:17:59	06:20 min/Km
7	2	11	DAVID DOMINGUEZ , JOSE MANUEL	MALE	VET-A-M	CORNELIOS	02:48:02	+00:21:34	06:28 min/Km
8	1	49	RODRÍGUEZ GONZÁLEZ , RAMON	MALE	VET-B-M	KORPOREARENTEIRO TRAIL	02:48:04	+00:21:36	06:28 min/Km
9	6	3	ALONSO SAYAR , DANIEL	MALE	SENIOR-M	C.A.R MARISQUEIRO	02:50:08	+00:23:40	06:33 min/Km
10	7	10	CRESPO FERREIROA , AGUSTÍN	MALE	SENIOR-M	GTR-GALAICO TRAIL RUN	02:53:05	+00:26:37	06:40 min/Km
11	8	14	FERNÁNDEZ PEREIRAS , DANIEL	MALE	SENIOR-M	GTR GALAICO TRAIL RUN	02:53:05	+00:26:37	06:40 min/Km
12	3	45	RIVIEIRO COUSELO , JUAN	MALE	VET-A-M	CDM XESTEIRAS	02:59:05	+00:32:37	06:54 min/Km
13	9	37	PAZ SOBREIRA , DIEGO	MALE	SENIOR-M	ATLETISMO PORRIÑO	02:59:41	+00:33:13	06:55 min/Km
14	10	35	PASCUAL FIDALGO , FRANCISCO	MALE	SENIOR-M	CASTRO-TRAIL	02:59:56	+00:33:28	06:56 min/Km
15	11	15	FERNÁNDEZ SABORIDO , ANXO MANUEL	MALE	SENIOR-M	OBJETIVO TRAIL	03:00:39	+00:34:11	06:57 min/Km
16	12	24	GONZÁLEZ POSADA , DANIEL	MALE	SENIOR-M	CAMINHANTES DO CONDADO	03:02:12	+00:35:44	07:01 min/Km
17	4	53	SALGADO , CÁSTOR	MALE	VET-A-M	GMTA&CHUVONERS	03:03:49	+00:37:21	07:05 min/Km
18	13	1	ALBORES MIGUEZ , JORGE	MALE	SENIOR-M		03:04:38	+00:38:10	07:07 min/Km
19	2	25	GRAÑA ALONSO , JOSÉ CARLOS	MALE	VET-B-M	LODEIROS TRAIL	03:05:15	+00:38:47	07:08 min/Km
20	5	27	LAGO GRAÑA , ROBERTO	MALE	VET-A-M	LODEIROS TRAIL	03:10:22	+00:43:54	07:20 min/Km
21	6	13	FERNÁNDEZ MARTÍNEZ , SANTI	MALE	VET-A-M	CAZAFANTASMAS TEAM	03:11:57	+00:45:29	07:23 min/Km
22	7	59	TRIÑANES SANCHEZ , CARLOS	MALE	VET-A-M	S. D BARBANTIA RODA	03:12:55	+00:46:27	07:26 min/Km
23	14	30	LORENZO VARELA , JOSE MANUEL	MALE	SENIOR-M	INDEPENDIENTE	03:13:50	+00:47:22	07:28 min/Km
24	15	62	LOSADA CONDE , DAVID	MALE	SENIOR-M	CASTRO-TRAIL	03:15:06	+00:48:38	07:31 min/Km
25	16	22	GONZÁLEZ IGLESIAS , ANGEL	MALE	SENIOR-M	C. M. XISTRA	03:15:13	+00:48:45	07:31 min/Km
26	17	47	RODRÍGUEZ CARDOSO , ROGELIO	MALE	SENIOR-M	INDEPENDIENTE	03:16:25	+00:49:57	07:34 min/Km
27	18	41	PORTO PÉREZ , DAVID	MALE	SENIOR-M		03:21:51	+00:55:23	07:46 min/Km
28	19	58	TORRES GIMÉNEZ , MIGUEL ÁNGEL	MALE	SENIOR-M	CABUXASTOLAS	03:22:10	+00:55:42	07:47 min/Km
29	8	29	LORENZO RODRÍGUEZ , JOSÉ ANTONIO	MALE	VET-A-M		03:22:11	+00:55:43	07:47 min/Km
30	20	12	FERNÁNDEZ GÓMEZ , JAVIER	MALE	SENIOR-M	CASTRO-TRAIL	03:25:38	+00:59:10	07:55 min/Km

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
31	21	39	PEREIRA SALGUEIRO , RAMON	MALE	SENIOR-M	OBJETIVO TRAIL	03:26:24	+00:59:56	07:57 min/Km
32	3	50	RODRIGUEZ IGLESIAS , JAVIER	MALE	VET-B-M	GMTA&CHUVONERS	03:28:22	+01:01:54	08:01 min/Km
33	22	8	COVELO COSTAS , DANIEL	MALE	SENIOR-M	#TWINSHERORUNNERS	03:30:25	+01:03:57	08:06 min/Km
34	23	9	COVELO COSTAS , IVAN	MALE	SENIOR-M	#TWINSHERORUNNERS	03:32:35	+01:06:07	08:11 min/Km
35	9	40	PIÑA , RAFAEL	MALE	VET-A-M	NTA-NEVER TRAIL ALONE	03:39:49	+01:13:21	08:28 min/Km
36	1	6	BERDEJO MORALES , VANESSA	FEMALE	SENIOR-F		03:40:27	+01:13:59	08:29 min/Km
37	24	52	RUBIO SÁNCHEZ , ANTONIO	MALE	SENIOR-M	CABUXASTOLAS	03:40:27	+01:13:59	08:29 min/Km
38	2	18	GARCÍA RODRÍGUEZ , TAMARA	FEMALE	SENIOR-F	GTR-GALAICO TRAIL RUN	03:43:54	+01:17:26	08:37 min/Km
39	25	55	SIO OTERO , PABLO	MALE	SENIOR-M	CAZAFANTASMAS TEAM	03:43:55	+01:17:27	08:37 min/Km
40	10	34	MOURIÑO FORTES , DANIEL	MALE	VET-A-M		03:47:15	+01:20:47	08:45 min/Km
41	26	26	IGLESIAS CRESPO , ROGELIO	MALE	SENIOR-M	CABUXASTOLAS	03:54:03	+01:27:35	09:01 min/Km
42	27	4	ALVAREZ LORENZO , DAVID	MALE	SENIOR-M	INDEPENDIENTE	03:57:54	+01:31:26	09:09 min/Km
43	3	51	ROMERO RODRÍGUEZ , NURIA	FEMALE	SENIOR-F	CABUXASTOLAS	03:59:43	+01:33:15	09:14 min/Km
44	4	2	ALONSO MARTÍNEZ , JOSÉ MANUEL	MALE	VET-B-M	KORPOREARENTEIRO TRAIL	04:01:05	+01:34:37	09:17 min/Km
45	1	20	GONZALEZ , PILI	FEMALE	VET-A-F	KORPOREARENTEIRO TRAIL	04:01:14	+01:34:46	09:17 min/Km
46	11	57	TATO , VICTOR MANUEL	MALE	VET-A-M	KORPOREARENTEIRO TRAIL	04:01:37	+01:35:09	09:18 min/Km
47	28	28	LEDO FREIRIA , GABRIEL	MALE	SENIOR-M	CAZAFANTASMAS TEAM	04:03:16	+01:36:48	09:22 min/Km
48	5	5	ALVAREZ NORES , RAMIRO	MALE	VET-B-M	C.A.R. MARISQUEIRO	04:05:16	+01:38:48	09:26 min/Km
49	12	32	MONJE GARCIA , RICARDO	MALE	VET-A-M	CAMINHANTES DO CONDADO	04:10:40	+01:44:12	09:39 min/Km
50	29	60	TRIÑANES SANCHEZ , GONZALO	MALE	SENIOR-M	INDEPENDIENTE	04:14:22	+01:47:54	09:47 min/Km
51	30	31	MERINO ENCINAS , JOSE MIGUEL	MALE	SENIOR-M	C. M. XISTRA	04:14:38	+01:48:10	09:48 min/Km
52	2	44	RIVEIRO GOMEZ , DORA	FEMALE	VET-A-F	KORPOREARENTEIRO TRAIL	04:16:33	+01:50:05	09:53 min/Km
53	4	23	GONZÁLEZ MEJIDE , ELENA	FEMALE	SENIOR-F	RUNNING SPORT TRAIL	04:16:33	+01:50:05	09:53 min/Km
54	3	42	REY FERNÁNDEZ , ROCIO	FEMALE	VET-A-F		04:31:56	+02:05:28	10:28 min/Km
55	31	7	COSTAS CONDE , JESÚS	MALE	SENIOR-M		04:31:57	+02:05:29	10:28 min/Km
56	4	46	ROCHA LAPIDO , RAQUEL	FEMALE	VET-A-F	CORNELIOS	04:32:38	+02:06:10	10:30 min/Km
57	6	17	GARCÍA GONZÁLEZ , CRISTÓBAL	MALE	VET-B-M	CAMINHANTES DO CONDADO	04:37:47	+02:11:19	10:42 min/Km
ABD		16	FERNÁNDEZ VILARCHAO , JULIO	MALE	SENIOR-M	RUNNING SPORT TRAIL			
ABD		19	GIL BERNARDEZ , JOSÉ MANUEL	MALE	SENIOR-M	AVIVA SPORT CLUB			
ABD		21	GONZÁLEZ BORRAJO , JOSE MANUEL	MALE	SENIOR-M	RUNNING SPORT TRAIL			

# VI TRAIL DE ARCOS - JOSE TEIXEIRA

## - GENERAL 26K -

06 OCTUBRE 2019

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
ABD		61	VÁZQUEZ MÍGUEZ , JOSÉ CARLOS	MALE	VET-A-M	CAMINHANTES DO CONDADO			
DNS		56	SOBRINO RODRÍGUEZ , JOSÉ LUIS	MALE	VET-A-M	CAMINHANTES DO CONDADO			