

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
1	1	142	GROBA PÉREZ , ANTONIO	MALE	VET-A-M	FORESJANS RUNNERS	01:38:54		06:11 min/Km
2	2	172	RODRIGUEZ LOPEZ , GONZALO	MALE	VET-A-M	ASOCIACION DEPORTIVA C.A.R	01:43:11	+00:04:17	06:27 min/Km
3	3	105	ÁLVAREZ JORGE , MOISÉS	MALE	VET-A-M	CDM VÉRTICE	01:44:02	+00:05:08	06:31 min/Km
4	4	139	GROBA BARGIELA , MARCOS	MALE	VET-A-M	TANINOS RUNNERS PONTEAREAS	01:44:26	+00:05:32	06:32 min/Km
5	1	161	PINO SUÁREZ , ÓSCAR	MALE	SENIOR-M	OBJETIVO TRAIL	01:45:08	+00:06:14	06:35 min/Km
6	2	163	REBOREDA LORENZO , ROBERTO	MALE	SENIOR-M	ORIXES MONDARIZ	01:45:53	+00:06:59	06:38 min/Km
7	5	160	PINO PORTO , EDUARDO	MALE	VET-A-M	ORIXES MONDARIZ	01:48:27	+00:09:33	06:47 min/Km
8	3	109	BARRAL FARO , LINO	MALE	SENIOR-M	ORIXES MONDARIZ	01:49:39	+00:10:45	06:52 min/Km
9	4	170	RODRÍGUEZ FERREIRO , MIGUEL	MALE	SENIOR-M	LAMARGHA-AUTOTODO	01:50:14	+00:11:20	06:54 min/Km
10	5	168	RODRÍGUEZ CASAL , JOSÉ ENRIQUE	MALE	SENIOR-M	CAZAFANTASMAS TEAM	01:50:34	+00:11:40	06:55 min/Km
11	6	128	FONTAN OJEA , ISMAEL	MALE	SENIOR-M		01:50:37	+00:11:43	06:55 min/Km
12	6	134	GOMEZ GONZALEZ , ENRIQUE	MALE	VET-A-M	OS MOROSOS	01:54:23	+00:15:29	07:09 min/Km
13	7	148	LÓPEZ ALVAREZ , JOSÉ LUIS	MALE	VET-A-M	INDEPENDIENTE	01:54:29	+00:15:35	07:10 min/Km
14	7	104	ALONSO PEREIRA , YAGO	MALE	SENIOR-M	OBJETIVO TRAIL	01:56:02	+00:17:08	07:16 min/Km
15	8	125	FERNÁNDEZ GARCÍA , ROBERTO	MALE	VET-A-M	CORNELIOS	01:57:09	+00:18:15	07:20 min/Km
16	8	124	FERNÁNDEZ GARCÍA , AITOR	MALE	SENIOR-M	CORNELIOS TRAIL	01:59:00	+00:20:06	07:27 min/Km
17	9	176	SANTIAGO ESTEVEZ , SANTIAGO	MALE	SENIOR-M		01:59:16	+00:20:22	07:28 min/Km
18	1	180	TABOADA GONZALEZ , ANXO	MALE	VET-B-M	CORNELIOS	01:59:27	+00:20:33	07:28 min/Km
19	10	119	DOMINGUEZ CRESPO , DIEGO	MALE	SENIOR-M	CORNELIOS	01:59:59	+00:21:05	07:30 min/Km
20	2	111	BERNÁRDEZ RODRÍGUEZ , PEPÍN	MALE	VET-B-M	BEONE MONTERREAL	02:01:33	+00:22:39	07:36 min/Km
21	11	178	SOUTO CARRACEDO , FERNANDO	MALE	SENIOR-M	RUNNERS PV	02:02:11	+00:23:17	07:39 min/Km
22	12	101	ALONSO , SENÉN	MALE	SENIOR-M	RUNNERS PV	02:02:11	+00:23:17	07:39 min/Km
23	13	173	RODRIGUEZ SANTISO , HUGO	MALE	SENIOR-M	RUNNERS PV	02:02:12	+00:23:18	07:39 min/Km
24	14	184	VÁZQUEZ GARCÍA , DAVID	MALE	SENIOR-M	AVIVA SPORT CLUB	02:03:47	+00:24:53	07:45 min/Km
25	9	122	FERNANDEZ CARIDE , JUAN PABLO	MALE	VET-A-M	JAYOMA TEAM	02:03:57	+00:25:03	07:45 min/Km
26	3	182	VARELA BARRERA , JOSE ANTONIO	MALE	VET-B-M		02:04:40	+00:25:46	07:48 min/Km
27	10	113	CARBALLO GONZÁLEZ , JOSÉ MANUEL	MALE	VET-A-M		02:04:40	+00:25:46	07:48 min/Km
28	11	144	IGLESIAS SOUSA , CARLOS	MALE	VET-A-M	INDEPENDIENTE	02:04:46	+00:25:52	07:48 min/Km
29	4	162	REBOREDA GRAÑA , AMADOR	MALE	VET-B-M	PINARIUM	02:04:47	+00:25:53	07:48 min/Km
30	12	155	PAJON FUSTES , ENRIQUE	MALE	VET-A-M		02:05:00	+00:26:06	07:49 min/Km

# VI TRAIL DE ARCOS - JOSE TEIXEIRA

## - GENERAL 16K -

06 OCTUBRE 2019

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
31	1	177	SIERPES PEREIRA , NATALIA	FEMALE	SENIOR-F	JAYOMA TEAM	02:05:15	+00:26:21	07:50 min/Km
32	15	183	VÁZQUEZ ÁLVAREZ , BLAS	MALE	SENIOR-M		02:06:35	+00:27:41	07:55 min/Km
33	16	167	RODRÍGUEZ CARBALLIDO , MANOEL XOAN	MALE	SENIOR-M		02:08:06	+00:29:12	08:01 min/Km
34	17	137	GONZALEZ ROADE , JUAN	MALE	SENIOR-M	JAYOMA TEAM	02:08:32	+00:29:38	08:02 min/Km
35	13	152	MARTÍNEZ PEREIRA , CARLOS ARTURO	MALE	VET-A-M	INDEPENDIENTE	02:08:48	+00:29:54	08:03 min/Km
36	14	117	DE OLIVEIRA FRANCO , AMERICO	MALE	VET-A-M	CORNELIOS	02:08:49	+00:29:55	08:04 min/Km
37	1	138	GONZALEZ ROCHA , MONICA	FEMALE	VET-A-F		02:09:35	+00:30:41	08:06 min/Km
38	15	147	LAMAS AGUADO , ANGEL	MALE	VET-A-M	FORESJANS RUNNERS	02:09:35	+00:30:41	08:06 min/Km
39	2	158	PEREZ GONZALEZ , ELENA	FEMALE	SENIOR-F	LAMARGHA-AUTOTODO	02:10:10	+00:31:16	08:09 min/Km
40	16	133	GOMEZ , JUAN	MALE	VET-A-M	C.N. O MUIÑO	02:10:19	+00:31:25	08:09 min/Km
41	18	185	PEREZ CONSTANTINO , FARO	MALE	SENIOR-M	CORREDORES FESTEIROS	02:10:23	+00:31:29	08:09 min/Km
42	17	135	GONZÁLEZ ABRIL , ROMAN	MALE	VET-A-M		02:11:58	+00:33:04	08:15 min/Km
43	18	156	PENAVELLA RODRIGUEZ , ALEJANDRO	MALE	VET-A-M	CAMINHANTES DO CONDADO	02:13:05	+00:34:11	08:20 min/Km
44	19	132	GIRALDEZ DOMÍNGUEZ , BERNARDINO	MALE	VET-A-M	CAMINHANTES DO CONDADO	02:13:09	+00:34:15	08:20 min/Km
45	20	102	ALONSO ALVAREZ , JACOBO	MALE	VET-A-M	OS CORRECAMIÑOS	02:14:35	+00:35:41	08:25 min/Km
46	21	131	GARRIDO DAPONTE , ALBERTO	MALE	VET-A-M		02:14:49	+00:35:55	08:26 min/Km
47	2	112	BOVEDA GONZALEZ , REYES	FEMALE	VET-A-F	CASTRO-TRAIL	02:15:14	+00:36:20	08:28 min/Km
48	3	126	FERNANDEZ GARCIA , UXIA	FEMALE	SENIOR-F	CORNELIOS	02:16:37	+00:37:43	08:33 min/Km
49	19	118	DIAZ FERNANDEZ , DAVID	MALE	SENIOR-M	CORNELIOS	02:16:37	+00:37:43	08:33 min/Km
50	22	153	MARTINEZ REPRESAS , VICTOR DANIEL	MALE	VET-A-M	INDEPENDIENTE	02:16:49	+00:37:55	08:34 min/Km
51	23	165	ROADE LAGO , DIEGO	MALE	VET-A-M	JAYOMA TEAM	02:17:30	+00:38:36	08:36 min/Km
52	24	120	DOMINGUEZ FARO , PABLO	MALE	VET-A-M	INDEPENDIENTE	02:17:32	+00:38:38	08:36 min/Km
53	25	114	CASTRO ALONSO , JUAN CARLOS	MALE	VET-A-M	OS CORRECAMIÑOS	02:18:23	+00:39:29	08:39 min/Km
54	4	63	VAZQUEZ CONSTANTINO , IRIS	FEMALE	SENIOR-F	CASTRO-TRAIL	02:19:17	+00:40:23	08:43 min/Km
55	5	150	MARIÑO RODRÍGUEZ , JAVIER	MALE	VET-B-M	BEONE MONTERREAL	02:20:17	+00:41:23	08:47 min/Km
56	26	169	RODRÍGUEZ FENÁNDEZ , TOMÁS	MALE	VET-A-M	ATLETISMO PORRIÑO	02:20:57	+00:42:03	08:49 min/Km
57	20	121	ESTEFANELL UCHA , JAVIER	MALE	SENIOR-M		02:20:57	+00:42:03	08:49 min/Km
58	21	110	BARROS CAMPO , BRUNO	MALE	SENIOR-M		02:22:06	+00:43:12	08:53 min/Km
59	27	130	GARCIA DIAZ , JUAN JOSE	MALE	VET-A-M	ORIXES MONDARIZ	02:22:24	+00:43:30	08:54 min/Km
60	28	108	APARICIO OLIVÁN , FRANCISCO XAVIER	MALE	VET-A-M	CORREDORES FESTEIROS	02:25:00	+00:46:06	09:04 min/Km

# VI TRAIL DE ARCOS - JOSE TEIXEIRA

## - GENERAL 16K -

06 OCTUBRE 2019

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
61	22	140	GROBA BARROS , DAVID	MALE	SENIOR-M	INDEPENDIENTE	02:25:14	+00:46:20	09:05 min/Km
62	29	129	GARABATOS FREIRIA , JOSÉ MANUEL	MALE	VET-A-M	INDEPENDIENTE	02:25:17	+00:46:23	09:05 min/Km
63	30	103	ALONSO COSTAS , OSCAR	MALE	VET-A-M	INDEPENDIENTE	02:26:40	+00:47:46	09:10 min/Km
64	31	181	TORRON BARCIELA , DAVID	MALE	VET-A-M		02:26:59	+00:48:05	09:12 min/Km
65	6	116	DAPENA TENORIO , JOSE LUIS	MALE	VET-B-M	CAZAFANTASMAS TEAM	02:27:24	+00:48:30	09:13 min/Km
66	32	145	LAGO FREIRÍA , PACO	MALE	VET-A-M	OS PELIQUEIROS	02:28:40	+00:49:46	09:18 min/Km
67	23	141	GROBA BARROS , DIEGO	MALE	SENIOR-M	INDEPENDIENTE	02:31:23	+00:52:29	09:28 min/Km
68	33	174	ROMERO PARADA , KIKO	MALE	VET-A-M	S. D BARBANTIA RODA	02:32:04	+00:53:10	09:31 min/Km
69	24	164	REGUEIRO FERNÁNDEZ , PEDRO	MALE	SENIOR-M	INDEPENDIENTE	02:34:30	+00:55:36	09:40 min/Km
70	1	154	MUÑIZ SANVICENTE , MIGUEL	MALE	JUNIOR-M	S. D BARBANTIA RODA	02:34:51	+00:55:57	09:41 min/Km
71	1	159	PEREZ RODRIGUEZ , LOI	FEMALE	VET-B-F	CAZAFANTASMAS TEAM	02:35:03	+00:56:09	09:42 min/Km
72	34	106	ÁLVAREZ PEREIRA , ROBERTO	MALE	VET-A-M	OS PELIQUEIROS	02:41:34	+01:02:40	10:06 min/Km
73	25	115	COSTAS LEÓN , JOSÉ MANUEL	MALE	SENIOR-M	TR-RUNNERS	02:43:49	+01:04:55	10:15 min/Km
74	7	107	ANDRÉS SILVA , JESUS	MALE	VET-B-M		02:46:07	+01:07:13	10:23 min/Km
75	3	157	PEREIRA DA SILVA , MARISA	FEMALE	VET-A-F	CORNELIOS	02:49:53	+01:10:59	10:38 min/Km
76	8	179	SOUTULLO DEL RIO , JUAN CARLOS	MALE	VET-B-M	CORNELIOS	02:49:53	+01:10:59	10:38 min/Km
77	26	64	PRAIA RIBEIRO , ALEXANDRE MIGUEL	MALE	SENIOR-M		03:04:32	+01:25:38	11:32 min/Km
ABD		175	SÁNCHEZ AMEZ , ANTONIO	MALE	VET-B-M	T RUNNERS	01:39:22		06:13 min/Km
ABD		136	GONZÁLEZ GONZÁLEZ , LUIS	MALE	VET-A-M		01:43:20		06:28 min/Km
ABD		123	FERNÁNDEZ FERNÁNDEZ , MARTA	FEMALE	SENIOR-F	CIBUS	01:43:20		06:28 min/Km
ABD		149	LOPEZ LOPEZ , MONTSE	FEMALE	VET-A-F		01:43:22		06:28 min/Km
ABD		127	FOLLANA PEREZ , MIGUEL	MALE	SENIOR-M				
ABD		146	LAGO SOUTO , MARÍA CARMEN	FEMALE	VET-A-F	CAMINHANTES DO CONDADO			
ABD		151	MARTÍNEZ CABALEIRO , CARLOS	MALE	VET-A-M	CAMINHANTES DO CONDADO			
DNS		143	GUTIERREZ ARAUJO , RAFAEL	MALE	VET-B-M	CAMINHANTES DO CONDADO			
DNS		166	ROCHA ROMERO , SOLEDAD	FEMALE	SENIOR-F				