

VII CARREIRA DE MONTAÑA - MONTES DE COUZADOIRO 2024

- TRAIL CURTO 16K -

03/03/2024

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	CAT FED	META	RITMO
1	1	128	FEIJOO FERREIRO , DANIEL	MALE	VET	TRIEUME AS PONTES		01:31:12	05:42 min/Km
2	1	123	CORRALES RIANCHO , IVÁN	MALE	ABSOLUTA	GM ORZA		01:31:54	05:45 min/Km
3	2	175	PINEDO ARMESTO , EDU	MALE	VET	TRAILEROS TOXOS & BIRRAS		01:34:50	05:56 min/Km
4	3	161	MEIZOSO PERMUI , ANXO	MALE	VET	TRIATLÓN ARTEIXO		01:36:40	06:03 min/Km
5	2	183	ROCHA GARCÍA , JOSE FRANCISCO	MALE	ABSOLUTA	BRUTANZOS TEAM		01:37:56	06:08 min/Km
6	3	121	CEREIJO FERREIRO , BRAIS	MALE	ABSOLUTA	INDEPENDIENTE		01:38:57	06:12 min/Km
7	4	157	LOUREIRO VEIGA , DIEGO	MALE	ABSOLUTA			01:43:55	06:30 min/Km
8	5	103	ABELED0 TARRIO , JOSE	MALE	ABSOLUTA	TRAILEROS TOXOS & BIRRAS		01:45:02	06:34 min/Km
9	4	143	GONZÁLEZ CINZA , ROBERTO CARLOS	MALE	VET	CASTRO DE LOBADIZ		01:45:38	06:37 min/Km
10	5	172	PÉREZ DURÁN , JULIÁN	MALE	VET	SIGUEME SI PUEDES		01:46:13	06:39 min/Km
11	6	107	BAO PÉREZ , CARLOS	MALE	ABSOLUTA	TRAILEROS TOXOS & BIRRAS	JUNIOR MASCULINO	01:47:47	06:45 min/Km
12	6	191	VARELA SECO , MARCOS	MALE	VET	TRIEUME AS PONTES		01:48:11	06:46 min/Km
13	7	170	PAZ VEIGA , DARIO	MALE	VET	INDEPENDIENTE		01:50:19	06:54 min/Km
14	8	145	GUEIMUNDE CABALEIRO , JOSÉ MARIA	MALE	VET	INDEPENDIENTE		01:50:19	06:54 min/Km
15	7	169	PARAPAR , RODRIGO	MALE	ABSOLUTA	INDEPENDIENTE		01:54:50	07:11 min/Km
16	8	138	GATO MARTÍNEZ , CARLOS	MALE	ABSOLUTA			01:55:23	07:13 min/Km
17	9	147	INSUA GRANDIO , FRAN	MALE	ABSOLUTA	C.D. CAMOVI		02:00:37	07:33 min/Km
18	10	177	REGO VILLALBA , JOSÉ ABEL	MALE	ABSOLUTA	INDEPENDIENTE		02:01:16	07:35 min/Km
19	9	141	GÓMEZ SENÍN , MIGUEL ÁNGEL	MALE	VET	RUNNING OLEIROS		02:01:39	07:37 min/Km
20	11	150	LÓPEZ CASTRO , JUNIOR	MALE	ABSOLUTA	INDEPENDIENTE		02:02:01	07:38 min/Km
21	12	129	FERNANDEZ GARCIA , YAGO	MALE	ABSOLUTA	TOXOS E BIRRAS		02:02:06	07:38 min/Km
22	13	186	SERRANO NEIRA , LUIS	MALE	ABSOLUTA	BRUTANZOS TEAM		02:02:15	07:39 min/Km
23	1	155	LOPEZ TEIJEIRO , ROSA	FEMALE	ABSOLUTA-F	OS CORZOS DO ORTEGAL		02:02:23	07:39 min/Km
24	1	185	SÁEZ PÉREZ , PATRICIA	FEMALE	VET-F	OS CORZOS DO ORTEGAL		02:03:23	07:43 min/Km
25	10	184	RODRÍGUEZ TENREIRO , KIKIÑO DE LINOS	MALE	VET	CORZO ES		02:03:33	07:44 min/Km
26	14	133	FERNANDEZ PRIETO , PEDRO	MALE	ABSOLUTA	PEÑA LAR VIVEIRO		02:03:49	07:45 min/Km
27	11	148	LADRA SANMARTIN , FRANCISCO	MALE	VET	INDEPENDIENTE		02:04:14	07:46 min/Km
28	15	122	CHAO , LUIS	MALE	ABSOLUTA	CLUB CICLISTA LA VIVARIENSE		02:04:14	07:46 min/Km
29	16	149	LÓPEZ ÁLVAREZ , ESTEBAN	MALE	ABSOLUTA			02:04:27	07:47 min/Km
30	17	108	BARCÓN BEN , SERGIO	MALE	ABSOLUTA			02:06:02	07:53 min/Km
31	18	140	GÓMEZ NAVAL , MATEO	MALE	ABSOLUTA	PEÑA LAR		02:08:25	08:02 min/Km

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32	12	165	OTERO DESENTRE , LUIS	MALE	VET	INDEPENDIENTE		02:10:50	08:11 min/Km
33	13	193	VILAR REINA , VÍCTOR MANUEL	MALE	VET	OPA FERROL TEAM RUNNING		02:19:38	08:44 min/Km
34	19	102	ABELEDRO RODRÍGUEZ , XIÁN	MALE	ABSOLUTA	INDEPENDIENTE		02:20:05	08:46 min/Km
35	14	190	TUÑON DAVITE , ANGEL	MALE	VET			02:20:07	08:46 min/Km
36	20	144	GONZÁLEZ DEVESA , DANIEL	MALE	ABSOLUTA			02:20:36	08:48 min/Km
36	20	153	LOPEZ LOPEZ , LUIS	MALE	ABSOLUTA	INDEPENDIENTE		02:20:36	08:48 min/Km
38	15	119	CASAS DURRÁN , RAFAEL	MALE	VET	CLUB MONTAÑA MOECHE		02:20:37	08:48 min/Km
39	16	111	BLANCO ANEIROS , VÍCTOR	MALE	VET	INDEPENDIENTE		02:21:35	08:51 min/Km
40	17	136	FOJO PEDRE , CARLOS	MALE	VET	INDEPENDIENTE		02:22:44	08:56 min/Km
41	22	101	ABELEDRO MANTEIGA , DANIEL	MALE	ABSOLUTA	INDEPENDIENTE		02:22:44	08:56 min/Km
42	23	178	REY INSUA , IVAN	MALE	ABSOLUTA			02:23:05	08:57 min/Km
43	2	106	ÁLVAREZ MORENO , ANA	FEMALE	ABSOLUTA-F	INDEPENDIENTE		02:23:11	08:57 min/Km
44	18	164	NIÑE OTERO , JAVIER	MALE	VET	TOXIZA CLUBE DE MONTAÑA		02:23:12	08:57 min/Km
45	2	117	CARDAMAS FREIRE , LIDIA	FEMALE	VET-F	OPA FERROL TEAM RUNNING		02:24:23	09:02 min/Km
46	19	156	LORENZO VILAR , JOSÉ MANUEL	MALE	VET	CD 21 LEGUAS		02:25:22	09:06 min/Km
47	3	130	FERNÁNDEZ GIZ , DIANA	FEMALE	ABSOLUTA-F	PEÑA LAR		02:29:03	09:19 min/Km
48	20	139	GEA SAN JOSÉ , MANUEL	MALE	VET	INDEPENDIENTE		02:33:10	09:35 min/Km
49	21	116	CABARCOS ROUCO , MIGUEL	MALE	VET	TRIEUME AS PONTES		02:33:34	09:36 min/Km
50	4	115	CABARCOS BARRO , LAURA	FEMALE	ABSOLUTA-F	TRIEUME AS PONTES		02:33:34	09:36 min/Km
51	5	142	GÓMEZ TUBÍO , ANDREA	FEMALE	ABSOLUTA-F	ASESOU	JUNIOR FEMININA	02:33:49	09:37 min/Km
52	24	179	RÍOS LÓPEZ , HÉCTOR	MALE	ABSOLUTA	PEÑA LAR		02:37:24	09:51 min/Km
53	22	126	DA ROCHA SOARES , SERGIO PAULO	MALE	VET	PEÑA TREVINCA		02:38:05	09:53 min/Km
54	23	131	FERNÁNDEZ GUDIN , JUAN MANUEL	MALE	VET	INDEPENDIENTE		02:40:06	10:01 min/Km
55	24	182	RIVERA SIXTO , LUIS	MALE	VET	INDEPENDIENTE		02:43:42	10:14 min/Km
56	25	174	PICOS MARTÍNEZ , AITOR	MALE	ABSOLUTA	INDEPENDIENTE		02:43:43	10:14 min/Km
57	25	105	ÁLVAREZ CASTRILLÓN , JORGE JUAN	MALE	VET	OPA FERROL TEAM RUNNING		02:44:10	10:16 min/Km
58	6	171	PEDRE BOUZA , SHEILA	FEMALE	ABSOLUTA-F	AD JARNACHAS		02:44:16	10:16 min/Km
59	26	187	TOJEIRO ARES , FRANCISCO	MALE	VET	INDEPENDIENTE		02:45:23	10:21 min/Km
60	26	159	MARTÍNEZ LÓPEZ , JERÓNIMO	MALE	ABSOLUTA	INDEPENDIENTE		02:48:13	10:31 min/Km
61	3	114	BRAGE RAMOS , PAULA	FEMALE	VET-F	BENI GYM SPORT		02:48:23	10:32 min/Km
62	4	132	FERNÁNDEZ GUDÍN , MONTSE	FEMALE	VET-F			02:51:30	10:44 min/Km
63	27	109	BARREIRO SUAREZ , SERGIO	MALE	ABSOLUTA	INDEPENDIENTE		02:55:00	10:57 min/Km

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64	7	113	BORBON CASTRILLON , CAROLINA	FEMALE	ABSOLUTA-F			02:55:40	10:59 min/Km
65	27	188	TORRECILLAS TORMO , MIGUEL	MALE	VET			02:55:40	10:59 min/Km
66	28	180	RIVEIRA SANTOS , LUIS	MALE	VET	PEÑA LAR TRAIL		02:56:43	11:03 min/Km
67	8	152	LÓPEZ FERREIRO , CRISTINA	FEMALE	ABSOLUTA-F	INDEPENDIENTE		02:57:01	11:04 min/Km
68	29	110	BEREIJO NEBRIL , MOISÉS	MALE	VET	INDEPENDIENTE		02:57:01	11:04 min/Km
69	9	158	MARTÍNEZ FERNÁNDEZ , ELSA	FEMALE	ABSOLUTA-F	INDEPENDIENTE		02:57:09	11:05 min/Km
70	10	181	RIVERA LAMELAS , CARMEN	FEMALE	ABSOLUTA-F			03:02:15	11:24 min/Km
71	11	176	REGAL TRASANCOS , ESTEFANÍA	FEMALE	ABSOLUTA-F	INDEPENDIENTE		03:02:15	11:24 min/Km
72	30	167	PAJÓN DURÁN , JOSÉ MANUEL	MALE	VET	CLUB MONTAÑA O CAXADO		03:02:38	11:25 min/Km
73	28	166	PAJÓN ALONSO , JOEL	MALE	ABSOLUTA	CLUB MONTAÑA O CAXADO	JUNIOR MASCULINO	03:02:38	11:25 min/Km
74	31	173	PÉREZ MACÍAS , RAMIRO	MALE	VET	PASA OU ENTORNA		03:02:41	11:26 min/Km
75	29	151	LOPEZ CRIBEIRO , JOSÉ LUIS	MALE	ABSOLUTA	INDEPENDIENTE		03:09:44	11:52 min/Km
76	32	124	CRIBEIRO BARCON , JESÚS JAVIER	MALE	VET	INDEPENDIENTE		03:10:48	11:56 min/Km
77	33	163	MORENO BOUZA , FRANCISCO	MALE	VET	CLUB DE MONTAÑA O CAXADO		03:11:44	11:59 min/Km
78	5	104	ALDAO LINARES , BIANCA	FEMALE	VET-F	CLUB DE MONTAÑA O CAXADO		03:11:45	11:60 min/Km
79	34	192	VEIGA GRAÑA , GABI	MALE	VET	INDEPENDIENTE		03:12:09	12:01 min/Km
80	35	168	PALACIOS REY , HUMBERTO	MALE	VET	TOXIZA CLUBE DE MONTAÑA		03:13:06	12:05 min/Km
81	12	125	CRIBEIRO VILLAR , ISABEL	FEMALE	ABSOLUTA-F	INDEPENDIENTE		03:13:41	12:07 min/Km
82	6	120	CASTRO FRAGA , DIANA	FEMALE	VET-F			03:13:44	12:07 min/Km
83	7	127	DÍAZ LÓPEZ , MARTA	FEMALE	VET-F	INDEPENDIENTE		03:13:44	12:07 min/Km