



## - GENERAL MARATON 40K-

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
1	1	139	JANEIRO CERDEIRA , JAVIER	MALE	SENIOR-M	KORPOREARENTEIRO TRAIL	04:06:35	06:10 min/Km
2	2	137	GONZÁLEZ GONZÁLEZ , ALEJANDRO	MALE	SENIOR-M	NOSPORTLIMIT	04:06:39	06:10 min/Km
3	3	177	SANTIAGO VILLAR , JOSE	MALE	SENIOR-M	OS CORZOS DO ORTEGAL	04:06:52	06:11 min/Km
4	1	150	MENDEZ MENDEZ , JOSE RAFAEL	MALE	VET-M		04:22:00	06:33 min/Km
5	4	165	REY CAMPELO , MARCOS	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	04:22:29	06:34 min/Km
6	2	123	FERNANDEZ GARCIA , JOSE MANUEL	MALE	VET-M	CDM VÉRTICE	04:22:29	06:34 min/Km
7	3	104	ARCA CANTO , JESÚS	MALE	VET-M	PEÑA LAR TRAIL	04:35:55	06:54 min/Km
8	5	161	PÉREZ PÉREZ , JONATHAN	MALE	SENIOR-M	C.D. BIOSBARDO	04:36:16	06:55 min/Km
9	4	169	RODRÍGUEZ BERMÚDEZ , XOAN	MALE	VET-M	TERRAS DE BURÓN	04:37:41	06:57 min/Km
10	6	102	ALONSO BARREIRO , SAMUEL	MALE	SENIOR-M	NOSPORTLIMIT	04:40:16	07:01 min/Km
11	7	124	FERNÁNDEZ LOPEZ , DANIEL	MALE	SENIOR-M		04:41:03	07:02 min/Km
12	8	128	FERNÁNDEZ POUSADA , IVÁN	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	04:41:28	07:03 min/Km
13	9	170	RODRÍGUEZ DIAZ , MARCOS	MALE	SENIOR-M	CLUB ATLETISMO LOURENZÁ	04:44:39	07:07 min/Km
14	5	134	GENDRE FERNANDEZ , JAVIER	MALE	VET-M	CLUB DEPORTIVO BRIÓN HYUPERSA SANTIAGO	04:48:36	07:13 min/Km
15	6	107	CABO AREOSO , JOSE ANTONIO	MALE	VET-M	INDEPENDIENTE	04:49:29	07:15 min/Km
16	10	175	RODRIGUEZ VAZQUEZ , DIEGO	MALE	SENIOR-M	KORPOREARENTEIRO TRAIL	04:49:39	07:15 min/Km
17	11	108	CALVIÑO CALVIÑO , SIMÓN	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	04:50:57	07:17 min/Km
18	7	101	ACEVES MARINERO , JORGE IVAN	MALE	VET-M	A.D SIN FRONTERAS	04:52:26	07:19 min/Km
19	12	110	CORDOVILLA GONZÁLEZ , MARIO	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	04:53:31	07:21 min/Km
20	13	168	RODRÍGUEZ , OSCAR	MALE	SENIOR-M	GMTA&CHUVONERS	05:03:30	07:36 min/Km
21	8	158	PÉREZ BARRO , MIGUEL ÁNGEL	MALE	VET-M	INDEPENDIENTE	05:05:09	07:38 min/Km
22	14	183	VÁZQUEZ FIGUEIRAS , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	05:05:55	07:39 min/Km
23	9	113	DÍAZ SÁNCHEZ FUENTES , PABLO	MALE	VET-M	GRUPO MIRLO	05:08:40	07:43 min/Km
24	10	136	GONZÁLEZ GARCIA , ROBERTO	MALE	VET-M	C.D. BIOSBARDO	05:09:01	07:44 min/Km
25	15	117	EXPÓSITO LAGO , ABEL	MALE	SENIOR-M	ATLETISMO BAIONA	05:12:40	07:49 min/Km
26	16	179	SOUTO GONZÁLEZ , JOSÉ ANTONIO	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	05:16:45	07:56 min/Km
27	17	109	CAO DE LA SIERRA , ÁNGEL	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	05:16:46	07:56 min/Km
28	18	149	MARTINEZ REY , DANIEL	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	05:16:46	07:56 min/Km
29	19	148	MARRUBE NOVO , CESAR	MALE	SENIOR-M		05:19:14	07:59 min/Km



## - GENERAL MARATON 40K-

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
30	20	119	FERNANDEZ BALSEIRO , JOSÉ MANUEL	MALE	SENIOR-M	ATLETISMO RIBADEO	05:19:57	07:60 min/Km
31	11	151	MONTERO , SANTI	MALE	VET-M	TRAILEROS TOXOS E BIRRAS	05:24:46	08:08 min/Km
32	1	159	PÉREZ CASTELAO , VANESSA	FEMALE	SENIOR-F	TERRAS DE BURÓN	05:26:40	08:10 min/Km
33	21	172	RODRIGUEZ FERNANDEZ , RUBÉN	MALE	SENIOR-M	CERNE	05:26:42	08:11 min/Km
34	22	143	LOPEZ LOPEZ , IAGO	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	05:26:42	08:11 min/Km
35	12	187	VOCES VEGA , JOSE ANTONIO	MALE	VET-M	TRAILEROS TOXOS & BIRRAS	05:26:43	08:11 min/Km
36	13	163	PORTA VALES , DOMINGO TOMÁS	MALE	VET-M	CLUB ATLETISMO SADA MONTAÑA	05:26:49	08:11 min/Km
37	23	120	FERNANDEZ BLANCO , DAVID	MALE	SENIOR-M	AD MONTEBRONDO	05:30:38	08:16 min/Km
38	14	126	FERNÁNDEZ MEGÍA , EDUARDO	MALE	VET-M	TARTARUGAS	05:32:59	08:20 min/Km
39	24	133	GARCÍA RIAL , FRANCISCO	MALE	SENIOR-M	CLUB BENY GYM SPORT	05:33:46	08:21 min/Km
40	25	156	NORNIELLA FERNANDEZ , IGNACIO	MALE	SENIOR-M	INDEPENDIENTE	05:35:03	08:23 min/Km
41	2	171	RODRIGUEZ DOMINGUEZ , HELENA	FEMALE	SENIOR-F	SOUTONINERS	05:35:50	08:24 min/Km
42	3	115	DORADO ALVAREZ , LUCÍA	FEMALE	SENIOR-F	INDEPENDIENTE	05:38:21	08:28 min/Km
43	1	164	PRADO SÁNCHEZ , PAULA	FEMALE	VET-F	TRAILEROS TOXOS & BIRRAS	05:41:49	08:33 min/Km
44	26	105	BALADO , ROBERTO	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	05:42:36	08:34 min/Km
45	2	132	FORMOSO NOCEDA , TINA	FEMALE	VET-F	TRIBU TRAIL	05:42:36	08:34 min/Km
46	15	180	SOUTO VEIGA , CARLOS	MALE	VET-M	AD JARNACHAS	05:43:27	08:36 min/Km
47	16	174	RODRIGUEZ NUÑEZ , LUIS	MALE	VET-M	COUTADAS TRAIL TEAM	05:43:27	08:36 min/Km
48	27	122	FERNANDEZ DIAZ , ALEJANDRO	MALE	SENIOR-M	A..D. SAN ROQUE	05:43:28	08:36 min/Km
49	3	145	LÓPEZ PALMEIRO , LUCÍA	FEMALE	VET-F	CLUB ATLETISMO SADA MONTAÑA	05:43:35	08:36 min/Km
50	17	141	LEMA FERNÁNDEZ , CARLOS	MALE	VET-M	ATLETISMO NEGREIRA	05:43:37	08:36 min/Km
51	28	130	FERNÁNDEZ RODRÍGUEZ , JAVIER	MALE	SENIOR-M	GRUPO CUEVAS NOGUEIRA TRAIL	05:46:50	08:41 min/Km
52	29	114	DOMINGUEZ DE LA FUENTE , MANUEL	MALE	SENIOR-M	GRUPO CUEVAS NOGUEIRA TRAIL	05:46:50	08:41 min/Km
53	18	186	VILAR GARCÍA , JOSE LUIS	MALE	VET-M	CLUB ATLETISMO SADA MONTAÑA	05:50:32	08:46 min/Km
54	19	140	LAGE BOUZA , MANUEL ANGEL	MALE	VET-M	CORREDORES POPULARES DE LA ARMADA	05:53:47	08:51 min/Km
55	30	118	FERNANDEZ ARENAS , MIGUEL	MALE	SENIOR-M		05:56:08	08:55 min/Km
56	4	155	NOGUEIRA ALVAREZ , ANA BELÉN	FEMALE	VET-F	RUNNING SPORT TRAIL	05:57:22	08:57 min/Km
57	20	135	GILDA RODRIGUEZ , JUAN CARLOS	MALE	VET-M	OPA FERROL TEAM RUNNING	05:57:22	08:57 min/Km
58	21	166	REY PEDREIRA , FRANCISCO JAVIER	MALE	VET-M	AMI	05:59:58	08:60 min/Km
59	22	167	RIVERA MARQUEZ , FRANCISCO JAVIER	MALE	VET-M	PASA OU ENTORNA	06:04:36	09:07 min/Km



## - GENERAL MARATON 40K-

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
60	23	144	LÓPEZ PACÍN , JOSÉ ENRIQUE	MALE	VET-M	CLUB ATLETISMO SADA MONTAÑA	06:08:36	09:13 min/Km
61	24	121	FERNÁNDEZ CASTRO , JAVIER	MALE	VET-M	CLUB CICLISTA EO RIBADEO	06:09:57	09:15 min/Km
62	31	112	CURROS CACHO , CARLOS	MALE	SENIOR-M	SOUTONINERS	06:09:59	09:15 min/Km
63	5	181	VARELA CRESPO , VANESSA	FEMALE	VET-F	TRIBU TRAIL	06:12:16	09:19 min/Km
64	32	184	VEREA VAZQUEZ , LUIS	MALE	SENIOR-M	GMTA&CHUVONERS-BOIMORTO	06:18:15	09:28 min/Km
65	33	160	PÉREZ MACÍAS , RAMIRO	MALE	SENIOR-M	PASA OU ENTORNA	06:20:05	09:31 min/Km
66	34	152	MUÍÑO PIÑEIRO , ABEL	MALE	SENIOR-M	AME BESTARRUZA	06:20:05	09:31 min/Km
67	35	162	PIÑEIRO VIZOSO , HUGO	MALE	SENIOR-M	AME BESTARRUZA	06:20:06	09:31 min/Km
68	36	154	NIGORRA CARO , FCO. JAVIER	MALE	SENIOR-M	INDEPENDIENTE	06:22:06	09:34 min/Km
69	25	182	VARELA PINTOS , MAURO	MALE	VET-M	MONTE PENARUBIA	06:22:07	09:34 min/Km
70	26	116	ESTRADA SUAREZ , JOSE ANTONIO	MALE	VET-M		06:30:57	09:47 min/Km
71	27	185	VIEITEZ , OSCAR	MALE	VET-M	GALLAECIA RAID	06:30:58	09:47 min/Km
72	28	142	LÓPEZ LÓPEZ , ELISEO	MALE	VET-M	CAV MONTAÑA	06:30:59	09:47 min/Km
73	37	106	BERMÚDEZ FERNÁNDEZ , DIEGO	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	06:40:23	10:01 min/Km
74	38	178	SILVA RIOBOO , MANUEL ANGEL	MALE	SENIOR-M	CLUB ATLETISMO SADA MONTAÑA	07:00:39	10:31 min/Km
75	29	176	ROMERO BUSTABAD , ANDRÉS	MALE	VET-M	PASA OU ENTORNA	07:01:40	10:33 min/Km
76	6	21	GALLEGO FERNANDEZ , SUSANA	FEMALE	VET-F	TOXIZA	08:16:06	08:17 min/Km