



- TRAIL 24K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
1	1	354	NAYA BADALLO , MARCOS	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	01:48:33	04:32 min/Km
2	2	436	VÁZQUEZ GRELA , MIGUEL	MALE	SENIOR-M	ARTABROS	01:48:47	04:32 min/Km
3	3	272	FERNANDEZ CABALEIRO , EMERITO	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:55:59	04:50 min/Km
4	4	236	CADAVEIRA RAMOS , ANTONIO	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	01:57:44	04:55 min/Km
5	5	365	PENAS VARELA , JOSÉ MANUEL	MALE	SENIOR-M	CERNE	01:58:31	04:57 min/Km
6	6	234	CABALEIRO COSTAS , IGNACIO	MALE	SENIOR-M		01:58:33	04:57 min/Km
7	7	242	CARDAMAS FREIRE , BRUNO	MALE	SENIOR-M	A.D. JARNACHAS	01:59:02	04:58 min/Km
8	8	383	QUERENTES SANTOS , JORGE	MALE	SENIOR-M	TRIBU TRAIL	01:59:34	04:59 min/Km
9	9	326	MANEIRO FREIRE , VICTOR	MALE	SENIOR-M	TRIBU TRAIL	02:01:49	05:05 min/Km
10	10	332	MARTÍNEZ RODIL , DAVID MANUEL	MALE	SENIOR-M	CLUB ATLETISMO LOURENZÁ	02:02:19	05:06 min/Km
11	11	245	CASABELLA BALTAR , FABIAN	MALE	SENIOR-M		02:05:10	05:13 min/Km
12	1	267	ELOSUA CAPELLAN , JUAN	MALE	VET-M	TRIBU TRAIL	02:05:17	05:14 min/Km
13	12	387	REBOREDO SANJURJO , IVÁN	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	02:05:41	05:15 min/Km
14	13	374	PINEDO ARMESTO , EDU	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	02:06:32	05:17 min/Km
15	2	275	FERNÁNDEZ PADIN , JAVIER	MALE	VET-M	TRAILEROS TOXOS E BIRRAS	02:07:19	05:19 min/Km
16	14	433	VÁZQUEZ ENJAMIO , JULIO	MALE	SENIOR-M		02:07:30	05:19 min/Km
17	15	334	MARTINEZ VARELA , ALEJANDRO	MALE	SENIOR-M	A.D JARNACHAS	02:08:33	05:22 min/Km
18	3	444	VILLAR LÓPEZ , RAFA	MALE	VET-M	PEÑA LAR TRAIL	02:08:57	05:23 min/Km
19	16	362	PAZ CASTRO , ADRIAN	MALE	SENIOR-M	BTT LAGOA DE COSPEITO	02:09:21	05:24 min/Km
20	17	348	MORADO ROIS , JOSÉ ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	02:09:38	05:25 min/Km
21	18	241	CANITROT OTERO , MARCIAL	MALE	SENIOR-M	INDEPENDIENTE	02:09:52	05:25 min/Km
22	19	341	MIGUEZ BAÑO , JAIRO	MALE	SENIOR-M	PEÑA LAR TRAIL	02:10:07	05:26 min/Km
23	20	359	PÁJARO VARELA , DAVID	MALE	SENIOR-M	ASOCIACIÓN DEPORTIVA CERNE	02:10:40	05:27 min/Km
24	4	256	DAPENA TEIJEIRO , FRANCISCO JAVIER	MALE	VET-M	MOIDEMONTE CLUB TRAIL RUNNING	02:10:46	05:27 min/Km
25	21	376	PINO LÓPEZ , JONÁS	MALE	SENIOR-M	LUCUS TRAIL	02:10:50	05:28 min/Km
26	22	202	ABELEDU TARRIO , JOSE	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	02:11:03	05:28 min/Km
27	5	203	ABUIN FERNANDEZ , ANTONO	MALE	VET-M		02:12:08	05:31 min/Km
28	6	269	ESPÍN ARIAS , PABLO	MALE	VET-M	ABRENTE LUGO	02:12:42	05:32 min/Km
29	23	435	VÁZQUEZ GRELA , JUNIOR JAVIER	MALE	SENIOR-M	SOCIEDAD DE MONTAÑA ÁRTABROS	02:13:20	05:34 min/Km



- TRAIL 24K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
30	24	320	LORENZO GARCIA , PABLO	MALE	SENIOR-M	A.M.E BESTARRUZA	02:13:59	05:35 min/Km
31	25	260	DÍAZ PRADO , RUBÉN	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	02:14:45	05:37 min/Km
32	26	238	CALERO FERNANDDZ , JOSÉ MANUEL	MALE	SENIOR-M	CLUB ATLETISMO LOUSAME	02:15:08	05:38 min/Km
33	27	282	FRAGA PEDREIRA , DAVID	MALE	SENIOR-M	CLUB ATLETISMO BURELA	02:15:29	05:39 min/Km
34	28	389	REIGOSA GARCIA , MARTIN	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	02:15:42	05:40 min/Km
35	29	297	GONZALEZ FRAGA , OSCAR	MALE	SENIOR-M	PEÑA LAR TRAIL	02:16:13	05:41 min/Km
36	30	367	PEREIRA OTERO , MARCOS	MALE	SENIOR-M	INDEPENDIENTE	02:16:17	05:41 min/Km
37	31	352	MUIÑO GENDE , SERGIO	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	02:16:38	05:42 min/Km
38	1	391	REY PENELAS , ALBA	FEMALE	SENIOR-F	AD JARNACHAS	02:17:19	05:44 min/Km
39	32	216	BARCIA TEIJEIRO , ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	02:17:23	05:44 min/Km
40	33	253	CORDAL VAZQUEZ , FELIPE	MALE	SENIOR-M	INDEPENDIENTE	02:18:12	05:46 min/Km
41	34	432	VARELA SECO , MARCOS	MALE	SENIOR-M	TRIEUME AS PONTES	02:18:18	05:46 min/Km
42	35	360	PARDEIRO CASERÍO , VÍCTOR	MALE	SENIOR-M	INDEPENDIENTE	02:18:46	05:47 min/Km
43	36	298	GONZÁLEZ MONTERO , ALEJANDRO	MALE	SENIOR-M	CLUB MONTEPENARUBIA	02:19:25	05:49 min/Km
44	37	353	MUÑOZ ESPASANDIN , JULIO	MALE	SENIOR-M	INDEPENDIENTE	02:20:06	05:51 min/Km
45	7	268	ERAÑA CABALLERO , JOSE MARIA	MALE	VET-M	OPA FERROL TEAM RUNNING	02:20:14	05:51 min/Km
46	38	361	PARDO FREIRE , MANUEL	MALE	SENIOR-M	ESCOLAS DEPORTIVAS LOURENZÁ	02:20:14	05:51 min/Km
47	39	219	BARRO SÁNCHEZ , IAGO	MALE	SENIOR-M	PEÑA LAR TRAIL	02:20:17	05:51 min/Km
48	40	336	MATO COUSO , MANUEL	MALE	SENIOR-M	CERNE	02:20:19	05:51 min/Km
49	41	201	ABEAL , ALBERTO	MALE	SENIOR-M	INDEPENDIENTE	02:20:28	05:52 min/Km
50	8	301	GUERREIRO ESCOURIDO , DAVID	MALE	VET-M	PEÑA LAR TRAIL	02:21:22	05:54 min/Km
51	42	215	BARCA TAIBO , IVÁN	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	02:21:23	05:54 min/Km
52	1	210	ÁLVAREZ FERNÁNDEZ , BEATRIZ	FEMALE	VET-F	MULLER EM FORMA	02:21:23	05:54 min/Km
53	43	270	FERNANDEZ , JUAN MIGUEL	MALE	SENIOR-M	C.D. BIOSBARDO	02:21:59	05:55 min/Km
54	44	396	RÍOS FERNÁNDEZ , FABIO	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	02:22:35	05:57 min/Km
55	45	247	CASTRO FRAGA , FELIPE	MALE	SENIOR-M	CLUB MONTEPENARUBIA	02:22:55	05:58 min/Km
56	46	206	AGULLO NUÑEZ , DIEGO	MALE	SENIOR-M	PEÑA TREVINCA BARCO	02:23:52	05:60 min/Km
57	47	226	BLANCO MANIN , JESUS	MALE	SENIOR-M	CLUB ATLETISMO BURELA	02:23:54	05:60 min/Km
58	2	426	TRILLO FERNÁNDEZ , CARLA	FEMALE	SENIOR-F	PEÑA LAR TRAIL	02:24:32	06:02 min/Km



- TRAIL 24K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
59	9	397	RIVAS BEIS , JAVIER	MALE	VET-M	ATLETISMO TAMBRE	02:25:43	06:05 min/Km
60	48	398	RIVAS DE ROSENDO , DIEGO	MALE	SENIOR-M	INDEPENDIENTE	02:25:54	06:05 min/Km
61	49	254	COUTO CILLERO , MIGUEL ÁNGEL	MALE	SENIOR-M	CLUB ATLETISMO RÍA DE FOZ	02:26:34	06:07 min/Km
62	50	310	LEAL LÓPEZ , BRUNO	MALE	SENIOR-M	A..D. SAN ROQUE VIVEIRO	02:27:31	06:09 min/Km
63	51	439	VICENTE GONZÁLEZ , ÓSCAR	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	02:27:50	06:10 min/Km
64	10	208	ALONSO PREGO , JESÚS	MALE	VET-M	TRAILEROS TOXOS & BIRRAS	02:27:50	06:10 min/Km
65	52	345	MONTAÑA COSTAS , BERNARDO	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	02:27:50	06:10 min/Km
66	53	225	BLANCO BASANTA , CARLOS	MALE	SENIOR-M	INDEPENDIENTE	02:27:50	06:10 min/Km
67	11	347	MORA ANIDO , ENRIQUE	MALE	VET-M	AD JARNACHAS	02:28:35	06:12 min/Km
68	54	261	DÍAZ ROLLE , IVÁN	MALE	SENIOR-M	INDEPENDIENTE	02:28:44	06:12 min/Km
69	12	279	FERNANDEZ TORRES , OLIVIER	MALE	VET-M	TRIATLON RIANXO	02:28:45	06:12 min/Km
70	55	209	ÁLVAREZ CASARIEGO , MANUEL	MALE	SENIOR-M	INDEPENDIENTE	02:28:55	06:13 min/Km
71	56	218	BARRENA REDONDO , JESUS	MALE	SENIOR-M	CLUB ATLETISMO RÍA DE FOZ	02:28:57	06:13 min/Km
72	57	303	HURTADO CAMPO , ENEKO	MALE	SENIOR-M	C. D. BIOSBARDO	02:29:06	06:13 min/Km
73	58	288	GARCIA PEÑALVER , ALBERTO	MALE	SENIOR-M	TRAILEROS TOXOS & BIRRAS	02:29:08	06:13 min/Km
74	13	372	PERNAS VAZQUEZ , JOSÈ MANUEL	MALE	VET-M	PEÑA LAR TRAIL	02:29:10	06:13 min/Km
75	14	252	COBELO FRA , JOSÉ A.	MALE	VET-M	PEÑA LAR TRAIL	02:29:34	06:14 min/Km
76	59	330	MARTÍNEZ HERRERO , MANUEL RAÚL	MALE	SENIOR-M	PEÑA LAR TRAIL	02:29:34	06:14 min/Km
77	15	299	GRAÑA GONZÁLEZ , LUIS MANUEL	MALE	VET-M	CLUB ATLETISMO LOURENZÁ	02:29:50	06:15 min/Km
78	60	249	CAYUELA MIGUEL , JUAN	MALE	SENIOR-M	CLUB ATLETISMO SADA MONTAÑA	02:30:10	06:16 min/Km
79	61	368	PEREZ CASERIO , DAVID	MALE	SENIOR-M		02:30:46	06:17 min/Km
80	62	204	ABUÍN PENAS , JAVIER	MALE	SENIOR-M	VERXEL NUTRICIÓN DEPORTIVA	02:31:30	06:19 min/Km
81	63	427	URRUTIA , BRUNO	MALE	SENIOR-M	A.D SIN FRONTERAS	02:31:37	06:20 min/Km
82	64	413	SEIJAS LOUZAO , JAIME	MALE	SENIOR-M	INDEPENDIENTE	02:31:58	06:20 min/Km
83	65	366	PEREIRA GUTIÉRREZ , EMILIO JOSÉ	MALE	SENIOR-M	TRIBU TRAIL	02:32:11	06:21 min/Km
84	66	231	BRANDARIZ OTERO , FRANCISCO	MALE	SENIOR-M		02:32:36	06:22 min/Km
85	67	370	PERMUY DOMINGUEZ , DIEGO	MALE	SENIOR-M		02:32:48	06:22 min/Km
86	68	246	CASAS , ADRIAN	MALE	SENIOR-M		02:32:52	06:23 min/Km
87	69	273	FERNÁNDEZ CASERÍO , RUBÉN	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	02:33:10	06:23 min/Km



- TRAIL 24K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
88	70	228	BLANCO SANTOS , ESTEBAN	MALE	SENIOR-M	TRIBU TRAIL	02:33:43	06:25 min/Km
89	71	217	BARGO PEREZ , JOSE MANUEL	MALE	SENIOR-M	CLD LOUSAME TRAIL	02:33:45	06:25 min/Km
90	72	338	MENDEZ COCIÑA , ROGELIO	MALE	SENIOR-M	INDEPENDIENTE	02:33:46	06:25 min/Km
91	73	224	BERNARDO GARCIA , SUSO	MALE	SENIOR-M	ATLETISMO VILALBA-CAV MONTAÑA	02:33:51	06:25 min/Km
92	16	287	GARCÍA GONZÁLEZ , ALBERTO	MALE	VET-M	C.A. BURELA	02:34:16	06:26 min/Km
93	17	369	PÉREZ LÓPEZ , BENJAMÍN	MALE	VET-M	INDEPENDIENTE	02:34:27	06:27 min/Km
94	74	312	LOMBAO BLANCO , ALEJANDRO	MALE	SENIOR-M	MONTEPENARRUBIA	02:34:32	06:27 min/Km
95	2	244	CARRIÓN FLORES , ZULIMA	FEMALE	VET-F	LA DESPENSA DE FER	02:34:53	06:28 min/Km
96	75	325	LOZANO IGLESIAS , MIGUEL ÁNGEL	MALE	SENIOR-M		02:35:27	06:29 min/Km
97	76	285	GARCÍA BERMÚDEZ , JUAN MANUEL	MALE	SENIOR-M	A.M.E BESTARRUZA	02:35:42	06:30 min/Km
98	18	295	GÓMEZ VÁZQUEZ , XURXO	MALE	VET-M	PASA OU ENTORNA	02:37:53	06:35 min/Km
99	19	214	BAO ALVAREZ , MANEL	MALE	VET-M	TRAILEROS TOXOS & BIRRAS	02:37:56	06:35 min/Km
100	77	313	LOMBAO RODRIGUEZ , OSCAR LUIS	MALE	SENIOR-M		02:38:57	06:38 min/Km
101	78	429	VALLEDOR FERNÁNDEZ , ADRÁN	MALE	SENIOR-M	LA ÓPTICA VIVEIRO	02:39:21	06:39 min/Km
102	20	445	VILLAR PÉREZ , ANTONIO	MALE	VET-M		02:39:21	06:39 min/Km
103	21	424	TOLEDO BRITO , JUAN ÁNGEL	MALE	VET-M	INDEPENDIENTE	02:39:37	06:40 min/Km
104	79	259	DÍAZ FRANCO , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	02:40:57	06:43 min/Km
105	3	401	RODRIGUEZ GARCIA , XANA	FEMALE	SENIOR-F	INDEPENDIENTE	02:41:25	06:44 min/Km
106	80	311	LEMA RODRÍGUEZ , SERGIO MANUEL	MALE	SENIOR-M	C.D. MESOIRO	02:43:00	06:48 min/Km
107	81	277	FERNANDEZ RAMOS , ALEJANDRO	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	02:43:28	06:49 min/Km
108	82	415	SEOANE LUCENA , BLADIMIRO	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	02:43:28	06:49 min/Km
109	83	380	PRADO ALVAREZ , ALBERTO	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	02:43:35	06:49 min/Km
110	84	403	RODRIGUEZ PEREZ , AGUSTIN	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	02:43:35	06:49 min/Km
111	85	447	LOPEZ VILLARINO , DIEGO	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	02:43:35	06:49 min/Km
112	22	395	RÍO Balsa , ÓSCAR	MALE	VET-M	PULPEIROS MUGARDOS	02:43:41	06:50 min/Km
113	86	263	DONIS COCIÑA , PABLO	MALE	SENIOR-M		02:44:10	06:51 min/Km
114	23	316	LÓPEZ GONZÁLEZ , MANUEL VICENTE	MALE	VET-M	PEÑA LAR TRAIL	02:44:24	06:51 min/Km
115	24	233	CABADO POU , JUAN	MALE	VET-M	INDEPENDIENTE	02:45:44	06:55 min/Km
116	25	363	PAZO PEREZ , IVAN	MALE	VET-M		02:45:44	06:55 min/Km



- TRAIL 24K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
117	26	377	PIÑOL CHAS , JOAQUIN	MALE	VET-M	NOSPORTLIMIT	02:47:01	06:58 min/Km
118	3	262	DIESTE VILAS , TERE	FEMALE	VET-F	TRAILEROS TOXOS & BIRRAS	02:47:37	06:60 min/Km
119	27	222	BELLAS CAAVEIRO , RAMON	MALE	VET-M	CLUB O CAXADO	02:48:23	07:01 min/Km
120	28	357	NIETO FEAL , RICARDO	MALE	VET-M	OPA FERROL TEAM RUNNING	02:48:35	07:02 min/Km
121	87	211	AMADO FONSECA , OSCAR	MALE	SENIOR-M	INDEPENDIENTE	02:48:35	07:02 min/Km
122	88	323	LOUREIRO VEIGA , DIEGO	MALE	SENIOR-M		02:48:45	07:02 min/Km
123	89	322	LOUREDA LOUZAN , ALEJANDRO	MALE	SENIOR-M	C.D. MESOIRO	02:48:46	07:02 min/Km
124	90	223	BERMÚDEZ POMBO , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	02:48:49	07:03 min/Km
125	91	442	VIDAL RODRÍGUEZ , MANUEL	MALE	SENIOR-M		02:49:16	07:04 min/Km
126	4	356	NESTSIAROVICH , YULIYA	FEMALE	SENIOR-F		02:49:24	07:04 min/Km
127	92	416	SERRANO NEIRA , LUIS	MALE	SENIOR-M	CLUB ATLETISMO BETANZOS	02:49:32	07:04 min/Km
128	29	437	VEIGA GONZALEZ , MIGUEL	MALE	VET-M	INDEPENDIENTE	02:49:32	07:04 min/Km
129	30	421	SUÁREZ RIESTRA , FÉLIX	MALE	VET-M	TRAILEROS TOXOS & BIRRAS	02:49:58	07:05 min/Km
130	31	251	CID SANMARTÍN , ROBERTO	MALE	VET-M	CLUB TRIATLON CORUÑA	02:50:03	07:06 min/Km
131	32	318	LORENZO , JUAN	MALE	VET-M		02:50:20	07:06 min/Km
132	93	343	MIGUEZ MIGUEZ , LUIS	MALE	SENIOR-M	CASTROSUA TRAIL RUNNING	02:50:58	07:08 min/Km
133	94	331	MARTÍNEZ PENIDE , ALBERTO	MALE	SENIOR-M	CASTROSUA TRAIL RUNNING	02:50:58	07:08 min/Km
134	95	393	REY POMBO , ANTONIO	MALE	SENIOR-M	CASTROSUA TRAIL RUNNING	02:50:59	07:08 min/Km
135	96	440	VIDAL CUBA , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	02:51:01	07:08 min/Km
136	33	250	CENDON DIZ , LUCIANO	MALE	VET-M	KORPOREARENTEIRO TRAIL	02:52:30	07:12 min/Km
137	4	425	TOREA TOREA , ELENA	FEMALE	VET-F	ATLETISMO LOUSAME	02:53:04	07:13 min/Km
138	97	418	SIXTO MONASTERIO , ROSENDO	MALE	SENIOR-M	INDEPENDIENTE	02:53:17	07:14 min/Km
139	34	373	PERTEJO VISPO , ANTONIO	MALE	VET-M	INDEPENDIENTE	02:53:50	07:15 min/Km
140	5	283	GALDÓN , PATRICIA	FEMALE	VET-F	TOXIZA CLUBE DE MONTAÑA	02:54:47	07:17 min/Km
141	35	408	RUIZ DE VALBUENA BUENO , JOSÉ ANTONIO	MALE	VET-M	VIKINGOS	02:57:12	07:23 min/Km
142	98	307	JUNQUERA PAREDES , AMANDINO	MALE	SENIOR-M	CM FERROL	02:57:25	07:24 min/Km
143	36	329	MARTINEZ ARES , LUIS ALBERTO	MALE	VET-M	CLUB ATLETISMO SADA MONTAÑA	02:58:19	07:26 min/Km
144	99	409	SAAVEDRA , ROBERTO	MALE	SENIOR-M		02:58:25	07:27 min/Km
145	100	319	LORENZO FERNÁNDEZ , MARCOS	MALE	SENIOR-M	BTT CASTRO	02:58:25	07:27 min/Km



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146	37	258	DEVEZA LOPEZ , CARLOS ENRIQUE	MALE	VET-M	INDEPENDIENTE	02:59:08	07:28 min/Km
147	38	235	CABARCOS CABARCOS , JORGE	MALE	VET-M	ATLETISMO VILALBA-CAV MONTAÑA	03:01:05	07:33 min/Km
148	5	229	BORRAJO CASTRO , SABELA	FEMALE	SENIOR-F	PEÑA LAR TRAIL	03:02:14	07:36 min/Km
149	6	342	MIGUEZ CHAO , RAQUEL	FEMALE	VET-F	PEÑA LAR TRAIL	03:02:15	07:36 min/Km
150	7	441	VIDAL GOMEZ , LUCIA	FEMALE	VET-F	PEÑA LAR TRAIL	03:02:15	07:36 min/Km
151	6	264	DOPICO PÉREZ , TAMARA	FEMALE	SENIOR-F	PEÑA LAR TRAIL	03:02:15	07:36 min/Km
152	8	400	RODRIGUEZ GALLEGRO , ELIA	FEMALE	VET-F	TRAILEROS TOXOS & BIRRAS	03:03:05	07:38 min/Km
153	39	207	ALONSO CASUSCELLI , JORGE	MALE	VET-M	AD JARNACHAS	03:03:26	07:39 min/Km
154	101	420	SUÁREZ NOYA , JOSÉ ANTONIO	MALE	SENIOR-M		03:03:38	07:40 min/Km
155	9	227	BLANCO PEREZ , ANA	FEMALE	VET-F	CDM VÉRTICE	03:05:13	07:44 min/Km
156	40	232	BUSTO GALLARDO , JOSE MANUEL	MALE	VET-M	ATLETISMO LOUSAME	03:07:30	07:49 min/Km
157	102	384	QUIROGA CASTRO , RUBEN DARIO	MALE	SENIOR-M	OS LOSTREGUIÑOS	03:07:36	07:49 min/Km
158	10	300	GRANDÍO VICENTE , ARACELI	FEMALE	VET-F	AD JARNACHAS	03:07:46	07:50 min/Km
159	7	278	FERNANDEZ RIVAS , OLALLA	FEMALE	SENIOR-F	TOXIZA CLUBE DE MONTAÑA	03:07:57	07:50 min/Km
160	103	221	BELLAS , IVAN	MALE	SENIOR-M	CLUB MONTAÑA O CAXADO	03:08:02	07:51 min/Km
161	104	248	CASTRO OUTEDA , SANTIAGO	MALE	SENIOR-M	ITBS	03:08:08	07:51 min/Km
162	41	321	LORENZO VILAR , JOSÉ MANUEL	MALE	VET-M	AME BESTARRUZA	03:08:18	07:51 min/Km
163	42	382	PUENTE ROCA , EMILIO	MALE	VET-M	A.M.E BESTARRUZA	03:08:19	07:51 min/Km
164	105	405	ROMERO VÁZQUEZ , JULIO	MALE	SENIOR-M	CLUB MONTAÑA O CAXADO	03:08:32	07:52 min/Km
165	8	271	FERNANDEZ BLANCO , LORENA	FEMALE	SENIOR-F	AD MONTEBRONDO	03:08:32	07:52 min/Km
166	11	379	PORTO GARCÍA , NOE	FEMALE	VET-F	TRAILEROS TOXOS & BIRRAS	03:08:41	07:52 min/Km
167	12	237	CAJADE BLANCO , MARÍA BEGOÑA	FEMALE	VET-F	CAR MARISQUEIRO	03:08:48	07:52 min/Km
168	43	419	SUAREZ , MARCO	MALE	VET-M		03:09:21	07:54 min/Km
169	106	239	CAMPO REGUEIRO , BORJA	MALE	SENIOR-M	OS LOSTREGUIÑOS	03:09:43	07:55 min/Km
170	107	346	MONTERO MALVAR , PABLO	MALE	SENIOR-M	MESOIRO CD	03:09:57	07:55 min/Km
171	108	243	CARRIL MENDEZ , TITO	MALE	SENIOR-M	C.D. MESOIRO	03:09:57	07:55 min/Km
172	44	309	LAMA RODRIGUEZ , DANIEL	MALE	VET-M	C.D. MESOIRO	03:12:32	08:02 min/Km
173	45	386	RAMOS ALONSO , VICTOE	MALE	VET-M	TOXIZA CLUBE DE MONTAÑA	03:15:44	08:10 min/Km
174	9	402	RODRIGUEZ OTERO , BEATRIZ	FEMALE	SENIOR-F	TOXIZA CLUBE DE MONTAÑA	03:16:02	08:11 min/Km



- TRAIL 24K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
175	46	394	REY RAMOS , ANGEL	MALE	VET-M	PEÑA LAR TRAIL	03:16:51	08:13 min/Km
176	109	296	GONZÁLEZ COBO , FÉLIX	MALE	SENIOR-M	CLUB ATLETISMO BURELA	03:17:50	08:15 min/Km
177	10	240	CANCIO , LARA	FEMALE	SENIOR-F	CLUB DE MONTAÑA TERRAS DE BURÓN	03:18:07	08:16 min/Km
178	11	294	GÓMEZ MAGIDE , MIRIAN	FEMALE	SENIOR-F	CDM TERRAS DE BURÓN	03:18:08	08:16 min/Km
179	12	414	SENÍN GONZÁLEZ , KATIA	FEMALE	SENIOR-F	C. D. BIOSBARDO	03:18:31	08:17 min/Km
180	13	306	JIMENEZ , VIRGINIA	FEMALE	VET-F	PEÑA LAR VIVERO	03:19:00	08:18 min/Km
181	13	280	FERNANDEZ DIAZ , PATRICIA	FEMALE	SENIOR-F	INDEPENDIENTE	03:22:01	08:26 min/Km
182	14	335	MARTINEZ VAZQUEZ , VICTORIA	FEMALE	VET-F	TRAILEROS TOXOS & BIRRAS	03:22:54	08:28 min/Km
183	47	378	POMBO CASTRO , ANGEL	MALE	VET-M	TRAILEROS TOXOS & BIRRAS	03:22:54	08:28 min/Km
184	48	355	NEIRA PENA , MIGUEL ANGEL	MALE	VET-M	CLUB DE MONTAÑA TERRAS DE BURÓN	03:23:11	08:28 min/Km
185	15	327	MARGARETO NOYA , MERCEDES	FEMALE	VET-F	PULPEIROS MUGARDOS	03:24:13	08:31 min/Km
186	16	411	SANTOS MORALES , SUSAN	FEMALE	VET-F	PULPEIROS MUGARDOS	03:24:14	08:31 min/Km
187	110	364	PENA IGLESIAS , CARLOS ALBERTO	MALE	SENIOR-M		03:24:14	08:31 min/Km
188	49	406	ROMERO YUSTE , FEDERICO	MALE	VET-M	CLUB ATLETISMO SADA MONTAÑA	03:32:20	08:51 min/Km
189	50	289	GARCÍA SISO , FRANCISCO JAVIER	MALE	VET-M	CAS SADA MONTAÑA	03:32:20	08:51 min/Km
190	17	381	PRIETO CARRO , MARÍA SANDRA	FEMALE	VET-F		03:33:08	08:53 min/Km
191	14	434	VAZQUEZ FEBRERO , CRISTINA	FEMALE	SENIOR-F	TRAILEROS TOXOS E BIRRAS	03:35:31	08:59 min/Km
192	111	443	VILA LEIRA , FRANCISCO	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	03:35:31	08:59 min/Km
193	112	399	RIVEIRA SANTOS , LUIS	MALE	SENIOR-M	PEÑA LAR TRAIL	03:39:57	09:10 min/Km
194	51	349	MORATO , FERNANDO	MALE	VET-M	METAS IMPOSIBLES	03:41:21	09:14 min/Km
195	18	257	DASILVA FERNANDEZ , OLGA	FEMALE	VET-F	INDEPENDIENTE	03:43:13	09:19 min/Km
196	52	205	ADEGA MEIZOSO , JOSÉ ANGEL	MALE	VET-M	TRAILRUNNERS LEBOREIRA	03:43:13	09:19 min/Km
197	53	438	VEIRA PERDOMO , MARCELO LUIS	MALE	VET-M	TRAILEROS TOXOS E BIRRAS	03:49:20	09:34 min/Km
198	113	328	MARTIN LOPEZ , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	03:53:13	09:44 min/Km
199	54	276	FERNÁNDEZ PAZ , JUAN JOSÉ	MALE	VET-M	CLUB ATLETISMO SADA MONTAÑA	03:55:59	09:50 min/Km