



- MINITRAIL 15K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
1	1	628	PERNAS PARAPAR, CARLOS M.	MALE	SENIOR-M	PEÑA LAR TRAIL	01:04:13	04:17 min/Km
1	1	669	VARELA PAZ, BORJA	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:04:13	04:17 min/Km
3	3	673	VILLALBA LOREDO, ÁLEX	MALE	SENIOR-M	ESCOLAS DEPORTIVAS LOURENZÁ	01:09:39	04:39 min/Km
4	4	646	RODRIGUEZ POUSA, ALBERTO	MALE	SENIOR-M	BEARIZ TRIATLON	01:15:15	05:01 min/Km
5	5	407	RUBAL DIAZ, IVAN	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:16:12	05:05 min/Km
6	6	613	NAVEIRAS ROUCO, CARLOS	MALE	SENIOR-M	CAV MONTAÑA	01:16:57	05:08 min/Km
7	7	605	MENDEZ PAZ, JUAN LUIS	MALE	SENIOR-M	MADERAS BARCIA LOURENZÁ	01:17:25	05:10 min/Km
8	8	654	SALGADO MORADO, ALBERTO	MALE	SENIOR-M	INDEPENDIENTE	01:17:35	05:11 min/Km
9	9	530	DÍAZ GARCÍA, PABLO	MALE	SENIOR-M	A TOXIZA	01:19:21	05:18 min/Km
10	10	655	SALGADO MORADO, SANTIAGO	MALE	SENIOR-M		01:19:26	05:18 min/Km
11	11	511	BOULLÓN PÉREZ, JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:19:29	05:18 min/Km
12	1	573	GONZÁLEZ RODRÍGUEZ, FERNANDO	MALE	VET-M	OBJETIVO TRAIL	01:19:45	05:19 min/Km
13	12	602	MARTÍNEZ SÓÑORA, FERNANDO	MALE	SENIOR-M		01:20:12	05:21 min/Km
14	13	611	MOURELLE DOMINGUEZ, EDGAR	MALE	SENIOR-M		01:21:42	05:27 min/Km
15	2	671	VÁZQUEZ MOURIN, JOSE	MALE	VET-M		01:23:07	05:33 min/Km
16	14	606	MÉNDEZ VIDAL, JUAN MIGUEL	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:23:47	05:36 min/Km
17	15	550	FORTES OTERO, MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:23:49	05:36 min/Km
18	16	560	GARCÍA LOMBARDÍA, IVÁN	MALE	SENIOR-M		01:23:57	05:36 min/Km
19	17	624	PÉREZ CORRAL, ABEL	MALE	SENIOR-M	TRIEUME AS PONTES	01:25:57	05:44 min/Km
20	18	551	FORTES OTERO, RAFAEL	MALE	SENIOR-M	INDEPENDIENTE	01:26:14	05:45 min/Km
21	3	575	GÜETO RIAL, FERNANDO	MALE	VET-M	INDEPENDIENTE	01:26:22	05:46 min/Km
22	4	574	GRANDE VARELA, JOSÉ LUIS	MALE	VET-M	INDEPENDIENTE	01:27:38	05:51 min/Km
23	1	637	REIMONDO GASALLA, ROMINA	FEMALE	SENIOR-F		01:28:13	05:53 min/Km
24	19	552	FORTES OTERO, UXIO	MALE	SENIOR-M	INDEPENDIENTE	01:28:16	05:54 min/Km
25	20	594	LOPEZ TEIJEIRO, RUBEN	MALE	SENIOR-M	INDEPENDIENTE	01:30:20	06:02 min/Km
26	21	600	MARTINEZ PEDRE, ROBERTO	MALE	SENIOR-M	PEÑA LAR TRAIL	01:31:43	06:07 min/Km
27	1	509	ARES REIGOSA, MARIA LUISA	FEMALE	VET-F	CLUB ATLETISMO LOURENZÁ	01:31:56	06:08 min/Km
28	5	518	CANCELEIRO, CANCELEIRO	MALE	VET-M	TOXIZA CLUBE DE MONTAÑA	01:33:04	06:13 min/Km
29	22	572	GONZALEZ RODRIGUEZ, ERIC	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:33:04	06:13 min/Km
30	23	658	SECO FERNÁNDEZ, ALBERTO	MALE	SENIOR-M	AME BESTARRUZA	01:33:32	06:15 min/Km
31	24	636	REGO ROMAN, JOSE FRANCISCO	MALE	SENIOR-M	INDEPENDIENTE	01:35:08	06:21 min/Km



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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
32	25	656	SANCHEZ FERNANDEZ, ALBERTO	MALE	SENIOR-M	CLUB DE MONTAÑA TERRAS DE BURÓN	01:35:21	06:22 min/Km
33	26	645	RIVAS VILLARQUIDE, MANUEL	MALE	SENIOR-M		01:35:27	06:22 min/Km
34	27	587	LÓPEZ FERNÁNDEZ, FRANCISCO	MALE	SENIOR-M		01:35:27	06:22 min/Km
35	28	566	GASALLA CADÓRNIGA, ÁLAVARO	MALE	SENIOR-M	INDEPENDIENTE	01:36:33	06:27 min/Km
36	2	577	IGLESIAS LOPEZ, MARIA DEL CARMEN	FEMALE	SENIOR-F	CLUB MONTEPENARUBIA	01:36:36	06:27 min/Km
37	6	640	RIAL OTERO, JOSE LUIS	MALE	VET-M	INDEPENDIENTE	01:36:44	06:27 min/Km
38	7	448	JUNCAL COSTA, ANTON	MALE	VET-M	ATLETISMO TAMBRE	01:36:44	06:27 min/Km
39	8	583	LANDERAS VAZQUEZ, RAFAEL	MALE	VET-M	PASA OU ENTORNA	01:36:51	06:28 min/Km
40	29	630	PORTO JACOB, MANUEL	MALE	SENIOR-M		01:36:58	06:28 min/Km
41	3	516	CALVO BARCIA, IRIA	FEMALE	SENIOR-F	INDEPENDIENTE	01:37:19	06:30 min/Km
42	2	662	TEIJEIRO CEIDE, MARTA	FEMALE	VET-F	MARRANERS-EN BOAS MANS	01:37:53	06:32 min/Km
43	9	610	MOSTEIRO MATO, CARLOS	MALE	VET-M	CAV MONTAÑA	01:37:53	06:32 min/Km
44	10	641	RICO FERNÁNDEZ, CARLOS	MALE	VET-M	INDEPENDIENTE	01:38:11	06:33 min/Km
45	30	532	DIAZ MONTERO, JOSE MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:38:11	06:33 min/Km
46	11	674	VILLARES PEREZ, CARLOS	MALE	VET-M	INDEPENDIENTE	01:38:11	06:33 min/Km
47	12	666	TORRES CRESPO, JAVIER	MALE	VET-M	CLUB DEPORTIVO MESOIRO	01:38:12	06:33 min/Km
48	31	534	DIAZ VARELA, RUBEN	MALE	SENIOR-M	CLUB DE MONTAÑA TERRAS DE BURÓN	01:39:56	06:40 min/Km
49	4	603	MASEDA NUÑEZ, ÁNGELA	FEMALE	SENIOR-F	PEÑA LAR TRAIL	01:40:07	06:41 min/Km
50	32	541	FERNÁNDEZ FERNÁNDEZ, DAVID	MALE	SENIOR-M	CLUB MONTEPENARUBIA	01:40:26	06:42 min/Km
51	5	514	CABALLERO, LIZA	FEMALE	SENIOR-F	ADC MONTE BREAMO	01:40:36	06:43 min/Km
52	33	634	RAMUDO VILLARES, MIGUEL	MALE	SENIOR-M	PEÑA LAR TRAIL	01:40:40	06:43 min/Km
53	34	584	LANZÓS PIÑEIROA, RAMÓN	MALE	SENIOR-M		01:41:02	06:45 min/Km
54	35	652	RUIZ PRIETO, BRAIS	MALE	SENIOR-M	INDEPENDIENTE	01:41:07	06:45 min/Km
55	13	623	PENALTA DATORRE, JOSÉ LUIS	MALE	VET-M		01:41:10	06:45 min/Km
56	3	502	AELLEIRA CORRAL, GEMA	FEMALE	VET-F	MULLER EM FORMA	01:41:22	06:46 min/Km
57	14	524	CHONG IRIMIA, JAVIER	MALE	VET-M	INDEPENDIENTE	01:41:22	06:46 min/Km
58	6	529	DÍAZ BAO, MÓNICA	FEMALE	SENIOR-F	MULLER EN FORMA	01:41:31	06:47 min/Km
59	4	521	CASTELAO GARCIA, ESTÍBALIZ	FEMALE	VET-F	MULLER EN FORMA	01:41:44	06:47 min/Km
60	36	643	RIO RUBAL, IVAN	MALE	SENIOR-M		01:41:45	06:47 min/Km
61	5	592	LÓPEZ SILVA, MARÍA JOSÉ	FEMALE	VET-F	ATLETISMO VILALBA-CAV MONTAÑA	01:41:48	06:48 min/Km
62	37	504	ALONSO DOVALE, IÑAKI	MALE	SENIOR-M	INDEPENDIENTE	01:42:29	06:50 min/Km



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63	6	612	MUÑOZ RODRÍGUEZ, ISABEL	FEMALE	VET-F	A TOXIZA	01:42:32	06:51 min/Km
64	38	554	FRANCO REAL, ÓSCAR	MALE	SENIOR-M	WOLF LUGO	01:43:48	06:56 min/Km
65	39	648	ROMAN RODRIGUEZ, HUGO	MALE	SENIOR-M	WOLF LUGO	01:43:48	06:56 min/Km
66	15	520	CARRAL ZAPATA, MARTÍN	MALE	VET-M	WOLF LUGO	01:43:48	06:56 min/Km
67	7	559	GARCÍA GARCÍA, CARMEN	FEMALE	VET-F	INDEPENDIENTE	01:43:59	06:56 min/Km
68	40	578	JARTÍN, JAVI	MALE	SENIOR-M	BEONE RIBADEO	01:45:04	07:01 min/Km
69	41	668	TRUJILLO CORONEL, ROBERTO	MALE	SENIOR-M	BEONE RIBADEO	01:45:04	07:01 min/Km
70	16	667	TREBOLLE LEIRADO, JOSÉ RAMÓN	MALE	VET-M		01:45:04	07:01 min/Km
71	7	517	CAÑA GARCIA, CATI	FEMALE	SENIOR-F		01:45:04	07:01 min/Km
72	8	527	DELGADO ROJO, AINOA	FEMALE	SENIOR-F	AVIVA SPORT CLUB	01:45:54	07:04 min/Km
73	8	507	ÁLVAREZ VAZQUEZ, MIRIAM	FEMALE	VET-F		01:46:50	07:08 min/Km
74	9	519	CARBALLEIRA SEOANE, MARIA	FEMALE	SENIOR-F		01:47:22	07:10 min/Km
75	17	633	QUIROGA ALVAREZ, JOSE MANUEL	MALE	VET-M	MONTE PENARUBIA	01:47:24	07:10 min/Km
76	9	576	GUTIERREZ BLAZQUEZ, MARIA LUISA	FEMALE	VET-F	CLUB MONTEPENARUBIA	01:47:24	07:10 min/Km
77	10	626	PÉREZ RÍO, FINA	FEMALE	VET-F	INDEPENDIENTE	01:47:40	07:11 min/Km
78	42	664	TEMBRÁS ALONSO, DAVID	MALE	SENIOR-M	CLUB CICLISTA TERRAS DO EUME	01:48:07	07:13 min/Km
79	18	635	REGO FERNÁNDEZ, CARLOS	MALE	VET-M	INDEPENDIENTE	01:48:11	07:13 min/Km
80	43	515	CAGIAO BOUZA, JUAN	MALE	SENIOR-M	PASA OU ENTORNA	01:48:59	07:16 min/Km
81	44	616	NIGORRA JUAREZ, SAMUEL	MALE	SENIOR-M	INDEPENDIENTE	01:49:19	07:18 min/Km
82	45	537	ESPAÑA JUAREZ, SERGIO	MALE	SENIOR-M	INDEPENDIENTE	01:49:19	07:18 min/Km
83	19	536	ESPAÑA GOMEZ, SERGIO	MALE	VET-M	INDEPENDIENTE	01:49:23	07:18 min/Km
84	46	615	NIGORRA CARO, FCO. JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:49:24	07:18 min/Km
85	20	588	LÓPEZ FREIRE, MAGÍN	MALE	VET-M	VIKINGOS	01:49:31	07:19 min/Km
86	47	522	CASTRO CUPEIRO, LUIS	MALE	SENIOR-M	CLUB MONTEPENARUBIA	01:50:02	07:21 min/Km
87	48	513	BUSTO CARRETE, IVAN	MALE	SENIOR-M	CLUB MONTEPENARUBIA	01:50:02	07:21 min/Km
88	21	556	GARCÍA, ÁNGEL	MALE	VET-M	COMO AS CABRAS	01:50:41	07:23 min/Km
89	10	622	PAZ RAMOS, EMMA	FEMALE	SENIOR-F		01:50:43	07:23 min/Km
90	11	590	LÓPEZ LOPEZ, LAURA FELISA	FEMALE	SENIOR-F		01:51:20	07:26 min/Km
91	49	665	TOJEIRO ARES, FRAN	MALE	SENIOR-M	INDEPENDIENTE	01:52:11	07:29 min/Km
92	11	564	GARCÍA PARDAL, ROSI	FEMALE	VET-F	INDEPENDIENTE	01:52:11	07:29 min/Km
93	12	591	LOPEZ RODRIGUEZ, MARIA	FEMALE	SENIOR-F	INDEPENDIENTE	01:53:24	07:34 min/Km



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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
94	13	557	GARCÍA, REME	FEMALE	SENIOR-F	OS CORZOS DO ORTEGAL	01:53:27	07:34 min/Km
95	12	544	FERNÁNDEZ GONZÁLEZ, AURORA	FEMALE	VET-F	CLUB DE MONTAÑA TERRAS DE BURÓN	01:53:46	07:36 min/Km
96	22	528	DIAZ, CARLOS	MALE	VET-M	RUN04 GIJÓN	01:53:59	07:36 min/Km
97	23	625	PEREZ LOJO, SERGIO	MALE	VET-M		01:54:29	07:38 min/Km
98	13	562	GARCIA MENENDEZ, SUSANA	FEMALE	VET-F	INDEPENDIENTE	01:55:23	07:42 min/Km
99	14	553	FRAGA RODRÍGUEZ, MÓNICA	FEMALE	VET-F	INDEPENDIENTE	01:55:27	07:42 min/Km
100	15	555	GALMÁN SOUTO, TERESA	FEMALE	VET-F	CLUB ATLETISMO SADA MONTAÑA	01:55:30	07:42 min/Km
101	16	570	GONZALEZ, NIDIA	FEMALE	VET-F	ADC MONTE BREAMO	01:55:39	07:43 min/Km
102	14	608	MON MARTINEZ, ELENA	FEMALE	SENIOR-F		01:55:56	07:44 min/Km
103	50	565	GARCIA RODRIGUEZ, DIEGO	MALE	SENIOR-M		01:55:56	07:44 min/Km
104	17	546	FERNÁNDEZ PREGO, IRENE	FEMALE	VET-F	INDEPENDIENTE	01:57:00	07:48 min/Km
105	24	651	RUIZ DE VALBUENA BUENO, ÁNGEL	MALE	VET-M		01:58:31	07:55 min/Km
106	51	644	RIVAS SANTE, ADRIAN	MALE	SENIOR-M		01:58:31	07:55 min/Km
107	52	568	GOMEZ MARTINEZ, ALFONSO	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	01:58:39	07:55 min/Km
108	15	549	FERNÁNDEZ TRESGUERRES, SARA	FEMALE	SENIOR-F		01:59:28	07:58 min/Km
109	16	540	FERNÁNDEZ DE LA VEGA SILVA, PAULA	FEMALE	SENIOR-F		01:59:28	07:58 min/Km
110	18	670	VAZQUEZ CAAMAÑO, MATILDE	FEMALE	VET-F	INDEPENDIENTE	02:00:03	08:01 min/Km
111	53	525	COUTO BARRIENTOS, VICTOR	MALE	SENIOR-M		02:01:05	08:05 min/Km
112	19	558	GARCIA FEIJOO DE SOTOMAYOR, NATALIA	FEMALE	VET-F	LA MOCHILA DEL DEPORTE	02:02:08	08:09 min/Km
113	20	663	TELLA REY, BELEN	FEMALE	VET-F	LA MOCHILA DEL DEPORTE	02:02:08	08:09 min/Km
114	25	538	FERNANDEZ ANDRADE, JOSE OSCAR	MALE	VET-M		02:02:08	08:09 min/Km
115	21	618	OTERO RODRIGUEZ, ADRIANA	FEMALE	VET-F	LA MOCHILA DEL DEPORTE	02:02:08	08:09 min/Km
116	54	595	LOPEZ VIDAL, FELIPE	MALE	SENIOR-M		02:02:29	08:10 min/Km
117	17	642	RIO LOPEZ, LETICIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:02:29	08:10 min/Km
118	55	582	LAGOS VAZQUEZ, JOSE	MALE	SENIOR-M	INDEPENDIENTE	02:03:04	08:13 min/Km
119	18	650	RON ARROYO, MARIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:03:04	08:13 min/Km
120	22	639	RIAL LOPEZ, DOROTEA	FEMALE	VET-F		02:03:19	08:14 min/Km
121	23	542	FERNÁNDEZ FERNÁNDEZ, MONICA	FEMALE	VET-F		02:03:19	08:14 min/Km
122	56	531	DÍAZ LOMBAO, ROBERTO	MALE	SENIOR-M		02:04:15	08:17 min/Km
123	24	581	LAGO PRIETO, PAULA	FEMALE	VET-F	INDEPENDIENTE	02:07:53	08:32 min/Km
124	25	585	LESTEGÁS, INMA	FEMALE	VET-F	CCA RÍA DE FOZ	02:08:50	08:36 min/Km



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125	26	649	ROMERO ROJAS, FRANCISCO	MALE	VET-M	INDEPENDIENTE	02:09:12	08:37 min/Km
126	27	647	RODRIGUEZ VEIGA, RAFAEL	MALE	VET-M	CLUB MONTEPENARUBIA	02:09:12	08:37 min/Km
127	19	510	BLANCO AGUILAR, CARLOTA	FEMALE	SENIOR-F	CLUB TRINAT	02:09:12	08:37 min/Km
128	26	586	LONGUEIRA REGUEIRO, TANIA	FEMALE	VET-F		02:09:28	08:38 min/Km
129	27	539	FERNÁNDEZ COBAS, SONIA	FEMALE	VET-F	WOLF LUGO	02:10:10	08:41 min/Km
130	57	632	QUINTELA MIGUEZ, MIGUEL	MALE	SENIOR-M	PEÑA LAR TRAIL	02:10:23	08:42 min/Km
131	28	607	MIGUEZ CHAO, MARTA	FEMALE	VET-F	PEÑA LAR TRAIL	02:10:23	08:42 min/Km
132	20	563	GARCIA MURIAS, ANA M.	FEMALE	SENIOR-F	MULLER EN FORMA	02:11:39	08:47 min/Km
133	29	543	FERNÁNDEZ FERNÁNDEZ-NORIEGA, LARA	FEMALE	VET-F	INDEPENDIENTE	02:12:05	08:49 min/Km
134	30	604	MAURIZ PEREIRA, SONIA	FEMALE	VET-F		02:14:17	08:58 min/Km
135	21	593	LOPEZ SOTO, FÁTIMA	FEMALE	SENIOR-F	TOXIZA CLUBE DE MONTAÑA	02:17:21	09:10 min/Km
136	31	675	RADIO GARCIA , OLALLA	FEMALE	VET-F		02:19:30	09:18 min/Km
137	22	508	ARES GARCIA, TOÑI	FEMALE	SENIOR-F	MULLER EN FORMA	02:19:31	09:19 min/Km
138	58	661	SOLÍS ÁLVAREZ, GABRIEL	MALE	SENIOR-M		02:21:03	09:25 min/Km
139	23	629	POENAR, RALUCA MIHAELA	FEMALE	SENIOR-F	NOSPORTLIMIT	02:21:24	09:26 min/Km
140	32	601	MARTÍNEZ RAMILO, TANIA	FEMALE	VET-F		02:22:52	09:32 min/Km
141	24	569	GÓMEZ RÍO, PAMELA	FEMALE	SENIOR-F	INDEPENDIENTE	02:23:22	09:34 min/Km
142	25	614	NAVEIRO PAN, ANDREA	FEMALE	SENIOR-F		02:35:55	10:24 min/Km
143	59	627	PEREZ RODRIGUEZ, IAGO	MALE	SENIOR-M		02:35:56	10:24 min/Km
144	28	589	LÓPEZ GAVIN, JOSÉ	MALE	VET-M	CLUB ATLETISMO LOURENZÁ	02:37:36	10:31 min/Km
145	33	620	PACIOTTI, DANIELA	FEMALE	VET-F		02:40:57	10:44 min/Km