

# TOXIZA GRAN TRAIL 2025

05/04/2025

## - TRAIL 22K -

POS	POS CAT	DORSAL	PARTICIPANTE	SEXO	CAT	CLUB	META	RITMO
1	1	234	FERNANDEZ CABALEIRO , EMERITO	MALE	SENIOR	ESCOLAS DEPORTIVAS LOURENZA CERVO	02:12:45	06:03 min/Km
2	2	343	TIMIRAOS GONZÁLEZ , SANTI	MALE	SENIOR	CAMOVI	02:13:19	06:04 min/Km
3	3	329	ROUCO REY , MARIO	MALE	SENIOR	C.D.21LEGUAS	02:13:57	06:06 min/Km
4	1	232	FEIJOO FERREIRO , DANIEL	MALE	VET	TRIEUME AS PONTES	02:17:23	06:15 min/Km
5	4	334	SEIJAS FOLGUEIRA , VÍCTOR MANUEL	MALE	SENIOR		02:19:00	06:20 min/Km
6	2	331	SANCHEZ QUINTELA , JOSE RAMON	MALE	VET	GUITIRIZ	02:19:33	06:21 min/Km
7	5	309	PÉREZ PÉREZ , MANUEL	MALE	SENIOR	MADERAS BARCIA LOURENZÁ	02:20:46	06:24 min/Km
8	6	224	CEREZO NAVIA , JOSE ANTONIO	MALE	SENIOR	CLUB CEREZO BIKES	02:25:01	06:36 min/Km
9	3	350	VAZQUEZ POSE , JOSE MANUEL	MALE	VET	TRAILEROS TOXOS E BIRRAS	02:27:15	06:42 min/Km
10	4	367	SECO FERNANDEZ , RUBEN	MALE	VET	AME BEZTARRUZA	02:29:10	06:47 min/Km
11	7	361	ARIAS PEREZ , JESUS	MALE	SENIOR		02:29:31	06:48 min/Km
12	8	335	SEIVANE PEREZ , MONTXO	MALE	SENIOR	MADERAS BARCIA LOURENZÁ	02:29:52	06:49 min/Km
13	9	206	ALVAREZ CRUZADO , EMILIO	MALE	SENIOR	TERRAS DE BURON	02:30:56	06:52 min/Km
14	10	235	FERNANDEZ CISNEROS , VICTOR	MALE	SENIOR		02:31:05	06:53 min/Km
15	11	316	RABADE BLANCO , DIEGO	MALE	SENIOR	BTT LAGOA DE COSPEITO	02:33:27	06:59 min/Km
16	12	356	VILABOY FILGUEIRAS , MIGUEL	MALE	SENIOR		02:34:37	07:02 min/Km
17	13	337	SOLÁ RUMBO , PABLO	MALE	SENIOR		02:34:39	07:02 min/Km
18	14	323	RIVAS DE ROSENDO , DIEGO	MALE	SENIOR		02:35:34	07:05 min/Km
19	5	348	VARELA CASTELO , RAMON	MALE	VET	PEÑA LAR TRAIL	02:35:48	07:05 min/Km
20	15	295	MÉNDEZ IGLESIAS , DANIEL	MALE	SENIOR	TRIBU TRAIL	02:35:50	07:05 min/Km
21	6	273	LEMA PÉREZ , PABLO	MALE	VET	RUNNING OLEIROS	02:36:12	07:06 min/Km
22	16	296	MIGUEZ BAÑO , JAIRO	MALE	SENIOR	KOMANDO XOVIÉTICO	02:36:23	07:07 min/Km
23	17	216	CALVIÑO CALVIÑO , SIMÓN	MALE	SENIOR	TRAILEROS TOXOS E BIRRAS	02:36:37	07:08 min/Km
24	18	345	VALDÉS REY , ENOL	MALE	SENIOR		02:37:52	07:11 min/Km
25	19	201	ABEAL FREIJOMIL , ALBERTO	MALE	SENIOR	BRUTANZOS TEAM	02:38:15	07:12 min/Km
26	20	214	BOUZA GARCIA , BRUNO	MALE	SENIOR	CLUB ATLETISMO LOURENZA	02:38:54	07:14 min/Km
27	21	227	DOVAL PÉREZ , ALEJANDRO	MALE	SENIOR		02:39:30	07:15 min/Km
28	22	217	CALVIÑO SEOANE , ALVARO	MALE	SENIOR		02:39:54	07:17 min/Km
29	7	349	VÁZQUEZ MOURÍN , JOSE	MALE	VET	C.D. BIOSBARDO	02:40:14	07:17 min/Km

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POS	POS CAT	DORSAL	PARTICIPANTE	SEXO	CAT	CLUB	META	RITMO
30	23	264	GÓMEZ PÉREZ , MARCOS	MALE	SENIOR	ATLETISMO RÍA DE FOZ	02:40:45	07:19 min/Km
31	8	256	GARCÍA FERNÁNDEZ , JAVIER	MALE	VET	CCA RIA DE FOZ	02:41:16	07:20 min/Km
32	24	252	FRANCO GARCÍA , DANIEL	MALE	SENIOR		02:42:03	07:22 min/Km
33	9	202	ABUIN FERNANDEZ , ANTONIO	MALE	VET	TOXIZA CLUBE DE MONTAÑA	02:42:56	07:25 min/Km
34	10	359	VOCES VEGA , JOSÉ ANTONIO	MALE	VET	C.D. BIOSBARDO	02:43:49	07:27 min/Km
35	25	330	RUBIO GARCÍA , ANTONIO	MALE	SENIOR		02:44:24	07:29 min/Km
36	26	332	SANTOS SUAREZ , JOSE	MALE	SENIOR	TRAILEROS TOXOS&BIRRAS	02:45:53	07:33 min/Km
37	27	318	RÁBADE BLANCO , ALEJANDRO	MALE	SENIOR		02:46:57	07:36 min/Km
38	28	251	FRAGA PEDREIRA , DAVID	MALE	SENIOR	SUBINDO RITMO!!	02:48:45	07:41 min/Km
39	29	228	DOVAL SÁNCHEZ , RAUL	MALE	SENIOR	K2ORDES	02:50:05	07:44 min/Km
40	11	301	MORA SOTO , VICTOR	MALE	VET	CUMBRE LLANGRRU	02:51:03	07:47 min/Km
41	12	269	GUEIMUNDE CABALEIRO , JOSÉ MARIA	MALE	VET	CASA CHAO TEAM	02:51:10	07:47 min/Km
42	13	247	FERNÁNDEZ SEGURADO , XOSÉ	MALE	VET	PEÑA LAR TRAIL	02:51:56	07:49 min/Km
43	30	342	TABOADA OTERO , DAVID	MALE	SENIOR		02:53:23	07:53 min/Km
44	31	208	ANIDO , IVAN	MALE	SENIOR		02:53:23	07:53 min/Km
45	32	254	GARCIA ALONSO , ALEJANDRO	MALE	SENIOR		02:53:24	07:53 min/Km
46	33	288	LORENZO MUÑOZ , DIEGO	MALE	SENIOR	C.D. 21LEGUAS	02:54:53	07:57 min/Km
47	34	303	MUÍÑO PIÑEIRO , ABEL	MALE	SENIOR	C.D. 21LEGUAS	02:55:18	07:59 min/Km
48	35	270	IGLESIAS BERMÚDEZ , IVÁN	MALE	SENIOR	C.D. CAMOVI	02:56:51	08:03 min/Km
49	36	212	BELLO YAÑEZ , DIEGO	MALE	SENIOR		02:57:06	08:03 min/Km
50	37	218	CARBALLA , MANUEL	MALE	SENIOR		02:57:09	08:04 min/Km
51	38	203	ACEBEDO FERNÁNDEZ , ROBERTO	MALE	SENIOR		02:58:03	08:06 min/Km
52	39	354	VIDAL PÉREZ , OMAR	MALE	SENIOR	TRAILEROS TOXOS E BIRRAS	02:59:19	08:10 min/Km
53	40	311	PIÑEIRO VIZOSO , HUGO	MALE	SENIOR	CD 21LEGUAS	02:59:28	08:10 min/Km
54	1	324	RIVERA MOURIZ , LUCIA	FEMALE	SENIOR-F	C.D. 21LEGUAS	02:59:39	08:10 min/Km
55	41	352	VEIGA TOJO , MARCOS	MALE	SENIOR		02:59:48	08:11 min/Km
56	42	244	FERNÁNDEZ PRIETO , PEDRO	MALE	SENIOR	PEÑA LAR TRAIL	03:00:18	08:12 min/Km
57	14	255	GARCIA CREO , AGUSTIN	MALE	VET		03:00:20	08:12 min/Km
58	2	287	LÓPEZ TEIJEIRO , ROSA	FEMALE	SENIOR-F	OS CORZOS DO ORTEGAL	03:00:21	08:12 min/Km
59	43	245	FERNANDEZ RICO , SALVADOR	MALE	SENIOR	AS FIGUEIRAS DEPORTIVA	03:00:22	08:12 min/Km

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60	44	220	CARBALLUDE ITURBURUA , JAVIER	MALE	SENIOR	GTR GALAICO TRAIL RUN	03:02:00	08:17 min/Km
61	3	341	SUSÍN ESPEJA , MARIA	FEMALE	SENIOR-F	691534128	03:02:59	08:20 min/Km
62	45	278	LOMBARDERO , ALBERTO	MALE	SENIOR	MADERAS BARCIA LOURENZÁ	03:03:27	08:21 min/Km
63	1	284	LÓPEZ PALMEIRO , LUCÍA	FEMALE	VET-F	TRAILEROS TOXOS E BIRRAS	03:04:06	08:23 min/Km
64	46	291	LUACES PAZ , ENRIQUE	MALE	SENIOR	COSTA DA MORTE	03:04:14	08:23 min/Km
65	4	237	FERNÁNDEZ FENTE , AILA	FEMALE	SENIOR-F	CLUB ASALTAMONTES TRAIL	03:04:32	08:24 min/Km
66	47	293	MEITÍN CASAS , JOSE	MALE	SENIOR		03:05:17	08:26 min/Km
67	2	207	ÁLVAREZ FERNÁNDEZ , BEATRIZ	FEMALE	VET-F	TOXIZA	03:05:29	08:26 min/Km
68	48	340	SUÁREZ SUÁREZ , CÉSAR	MALE	SENIOR	BJ RUNNING TEAM	03:09:15	08:37 min/Km
69	49	347	VALLEDOR FERNÁNDEZ , ADRÁN	MALE	SENIOR	LA ÓPTICA VIVEIRO	03:09:31	08:37 min/Km
70	50	344	VAL ALONSO , XOSE	MALE	SENIOR		03:09:55	08:38 min/Km
71	51	314	PORTO JACOB , MANUEL	MALE	SENIOR	C.D. BIOSBARDO	03:10:33	08:40 min/Km
72	15	357	VILLAR PEREZ , ANTONIO	MALE	VET		03:11:48	08:44 min/Km
73	52	231	FANEGO GARCÍA , CRISTIAN	MALE	SENIOR		03:12:57	08:47 min/Km
74	53	258	GARCÍA LÓPEZ , FERNANDO	MALE	SENIOR	TRAILEROS TOXOS E BIRRAS	03:14:19	08:50 min/Km
75	54	261	GARCÍA PEÑALVER , ALBERTO	MALE	SENIOR	TRAILEROS TOXOS E BIRRAS	03:14:54	08:52 min/Km
76	55	277	LOMBAO BLANCO , ALEJANDRO	MALE	SENIOR	CLUB MONTEPENARUBIA LUGO	03:16:24	08:56 min/Km
77	56	305	OROZA PARGA , BRUNO	MALE	SENIOR	HENKO	03:17:07	08:58 min/Km
78	57	280	LÓPEZ BARBEITO , PABLO	MALE	SENIOR		03:17:23	08:59 min/Km
79	58	290	LOZANO IGLESIAS , MIGUEL ÁNGEL	MALE	SENIOR	TRIEUME	03:17:23	08:59 min/Km
80	16	242	FERNÁNDEZ GÓMEZ , RAFAEL	MALE	VET	RUNNING OLEIROS	03:17:50	08:60 min/Km
81	59	222	CASTRO LOIS , YONATAN	MALE	SENIOR	TRAILEROS TOXOS E BIRRAS	03:18:12	09:01 min/Km
82	60	281	LOPEZ CABANAS , IVAN	MALE	SENIOR		03:19:20	09:04 min/Km
83	61	306	PARDO FREIRE , MANUEL	MALE	SENIOR	TOXIZA CLUB DE MONTAÑA	03:19:20	09:04 min/Km
84	62	307	PEÓN VARELA , DAMIÁN	MALE	SENIOR	CDM VÉRTICE	03:20:50	09:08 min/Km
85	3	263	GESTAL GOLÁN , SILVIA	FEMALE	VET-F		03:24:17	09:18 min/Km
86	63	223	CASTRO SOUTO , ALFONSO JAVIER	MALE	SENIOR	CHUVONERS	03:24:53	09:19 min/Km
87	4	250	FORMOSO NOCEDA , TINA	FEMALE	VET-F	TRIBU TRAIL	03:29:22	09:31 min/Km
88	64	272	LEDO BLANCO , BRAIS	MALE	SENIOR		03:30:54	09:36 min/Km
89	65	213	BLANCO , BORJA	MALE	SENIOR		03:30:56	09:36 min/Km

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POS	POS CAT	DORSAL	PARTICIPANTE	SEXO	CAT	CLUB	META	RITMO
90	17	338	SOLÉ , JOAN	MALE	VET	TOXIZA CLUBE DE MONTAÑA	03:32:12	09:39 min/Km
91	5	241	FERNÁNDEZ GIZ , DIANA	FEMALE	SENIOR-F	PEÑA LAR TRAIL	03:32:17	09:39 min/Km
92	18	211	BELLAS CAAVEIRO , RAMON	MALE	VET	CLUB DE MONTAÑA O CAXADO	03:33:33	09:43 min/Km
93	5	209	ARTECHE CASTRO , SUSANA	FEMALE	VET-F		03:37:50	09:55 min/Km
94	19	353	VIAÑO NOYA , DAVID	MALE	VET	K2ORDES	03:39:07	09:58 min/Km
95	20	300	MONTERO BARRERA , JOSE	MALE	VET	TOXIZA CLUBE DE MONTAÑA	03:39:17	09:59 min/Km
96	21	313	POMBO CASTRO , ÁNGEL	MALE	VET	TRAILEROS TOXOS E BIRRAS	03:39:18	09:59 min/Km
97	66	317	RABADE BLANCO , JOSE CARLOS	MALE	SENIOR		03:41:08	10:04 min/Km
98	22	289	LORENZO VILAR , JOSÉ MANUEL	MALE	VET	C.D. 21LEGUAS	03:42:05	10:06 min/Km
99	6	248	FERNÁNDEZ TORRES , ELISA	FEMALE	SENIOR-F		03:45:41	10:16 min/Km
100	67	355	VIDAL RODRIGUEZ , MANUEL	MALE	SENIOR		03:46:07	10:17 min/Km
101	7	221	CARLSON , ARIANNA	FEMALE	SENIOR-F	C.D. CAMOVI	03:49:06	10:25 min/Km
102	23	238	FERNÁNDEZ GARCÍA , JUAN CARLOS	MALE	VET	C.D. CAMOVI	03:49:07	10:25 min/Km
103	24	339	SUAREZ , MARCO	MALE	VET		03:49:51	10:27 min/Km
104	68	299	MONTEAGUDO LANZA , DAVID	MALE	SENIOR	HENKO	03:56:02	10:44 min/Km
105	25	243	FERNÁNDEZ PAZ , JUAN JOSE	MALE	VET	CLUB ATLETISMO SADA MONTAÑA	03:57:43	10:49 min/Km
106	26	215	CABARCOS CABARCOS , JORGE	MALE	VET	CLUBE ATLETISMO VILALBA	03:58:18	10:50 min/Km
107	8	246	FERNANDEZ RIVAS , OLALLA	FEMALE	SENIOR-F	TOXIZA CLUBE DE MONTAÑA	03:59:21	10:53 min/Km
108	1	369	.	UNKNOWN	.		03:59:22	10:53 min/Km
109	6	276	LOIS , BEGO	FEMALE	VET-F	AD JARNACHAS	04:00:07	10:55 min/Km
110	69	285	LÓPEZ PIÑEIRO , JAVIER ALEXIS	MALE	SENIOR	A.D. JARNACHAS	04:00:08	10:55 min/Km
111	27	274	LEMA RIVADAS , XOSÉ FRANCISCO	MALE	VET		04:00:48	10:57 min/Km
112	28	351	VAZQUEZ RODRIGUEZ , OSCAR DANIEL	MALE	VET		04:00:52	10:57 min/Km
113	29	233	FERNÁNDEZ ÁLVAREZ , JAVIER	MALE	VET	TOXIZA CLUBE DE MONTAÑA	04:04:05	11:06 min/Km
114	7	268	GOYANES MARTINEZ , SUSANA	FEMALE	VET-F	RUNNING OLEIROS	04:10:39	11:24 min/Km
115	9	319	RANCAÑO OTERO , IRIA	FEMALE	SENIOR-F	VIKINGOS	04:11:22	11:26 min/Km
116	30	240	FERNÁNDEZ GARCÍA , MANUEL	MALE	VET	TOXIZA	04:14:23	11:34 min/Km
117	31	279	LÓPEZ , DOMINGO	MALE	VET	ATLETISMO BOIMORTO	04:19:48	11:49 min/Km
118	8	257	GARCÍA IGLESIAS , MARÍA GUILLERMINA	FEMALE	VET-F	CLUB ATLETISMO SADA	04:20:48	11:52 min/Km
119	32	283	LÓPEZ PACÍN , JOSÉ ENRIQUE	MALE	VET	CLUB ATLETISMO SADA	04:20:48	11:52 min/Km

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POS	POS CAT	DORSAL	PARTICIPANTE	SEXO	CAT	CLUB	META	RITMO
120	70	315	QUINTELA MÍGUEZ , MIGUEL	MALE	SENIOR	TOXIZA	04:22:20	11:56 min/Km
121	9	297	MÍGUEZ CHAO , MARTA	FEMALE	VET-F	LAR	04:22:20	11:56 min/Km
122	10	322	RICO RIVAS , BELEN	FEMALE	SENIOR-F	TOXIZA CLUB DE MONTAÑA	04:26:15	12:07 min/Km
123	71	226	DÍAZ VARELA , RUBÉN	MALE	SENIOR	TERRAS DE BURON	04:26:53	12:08 min/Km
124	72	358	VIZCAÍNO LÓPEZ , ANDRÉ	MALE	SENIOR	TERRAS DE BURON	04:26:58	12:09 min/Km
125	11	230	EXPÓSITO CASABELLA , YESICA	FEMALE	SENIOR-F	HENKO	04:27:11	12:09 min/Km
126	10	325	RODRÍGUEZ CASARES , CRISTINA	FEMALE	VET-F	CLUB DE MONTAÑISMO MONTAÑAS DE TREVINCA	04:31:52	12:22 min/Km
127	12	326	RODRIGUEZ PASCUAL , LARA	FEMALE	SENIOR-F		04:35:52	12:33 min/Km
128	13	205	ALONSO VILA , CAMINO	FEMALE	SENIOR-F		04:35:54	12:33 min/Km
129	33	336	SILVA RIOBOO , MANUEL ANGEL	MALE	VET	CLUB ATLETISMO SADA MONTAÑA	04:48:59	13:09 min/Km
130	34	328	ROMERO YUSTE , FEDERICO	MALE	VET	CLUB ATLETISMO SADA	04:49:00	13:09 min/Km
131	35	304	NOVOA RAMOS , ALBERTO	MALE	VET	SUBINDO RITMO!!	04:58:24	13:34 min/Km
132	11	275	LESTEGÁS , INMA	FEMALE	VET-F	ATLETISMO RÍA DE FOZ	04:58:25	13:34 min/Km