

V MILLA SOLIDARIA HEROINAS DE SALVORA

14/01/2024

- MASTER 1 -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CATEGORIA | CLUB | META | RITMO |
|------|--------|--------|-------------------------------|--------|------------|-------------------------|----------|--------------|
| 1 | 1 | 37 | LOJO , JOSE | MALE | MASTER 1 | | 00:04:38 | 02:53 min/Km |
| 2 | 2 | 32 | CASTROAGUDIN GOMEZ , ADRIAN | MALE | MASTER 1 | CLUB MORAÑA EN RUTA | 00:04:52 | 03:02 min/Km |
| 3 | 3 | 35 | LAIÑO SILVA , VICTOR | MALE | MASTER 1 | SAN MIGUEL DE MARIN | 00:05:00 | 03:07 min/Km |
| 4 | 4 | 47 | ROSENDE FUENTES , J.LUIS | MALE | MASTER 1 | CLUB ATLETISMO TAMBRE | 00:05:18 | 03:18 min/Km |
| 5 | 5 | 41 | ORELLÁN FERNÁNDEZ , ANXO | MALE | MASTER 1 | INDEPENDIENTE | 00:05:34 | 03:28 min/Km |
| 6 | 1 | 43 | PENSADO PARADA , SABELA | FEMALE | MASTER 1-F | CLUB NATACIÓN RIBEIRA | 00:05:39 | 03:31 min/Km |
| 7 | 2 | 28 | BOULLOSA BERNARDEZ , ELISA | FEMALE | MASTER 1-F | ROMPIENDO GRUPETAS | 00:05:48 | 03:37 min/Km |
| 8 | 6 | 29 | BUSTELO CATOIRA , CARLOS | MALE | MASTER 1 | ROMPIENDO GRUPETAS | 00:05:48 | 03:37 min/Km |
| 9 | 3 | 40 | MILLARES SIEIRA , CLARA MARÍA | FEMALE | MASTER 1-F | EL CANARIO | 00:06:18 | 03:55 min/Km |
| 10 | 7 | 45 | REY ALBARELLOS , FERNANDO | MALE | MASTER 1 | SD COMPOSTELA ATLETISMO | 00:06:19 | 03:56 min/Km |
| 11 | 4 | 39 | MARONAS ALLO , MARIA | FEMALE | MASTER 1-F | SD COMPOSTELA ATLETISMO | 00:06:57 | 04:20 min/Km |
| 12 | 8 | 38 | MANEIRO LIÑARES , ALBERTO | MALE | MASTER 1 | SD COMPOSTELA ATLETISMO | 00:06:57 | 04:20 min/Km |
| 13 | 9 | 48 | SANDA ARES , JOSE | MALE | MASTER 1 | SD COMPOSTELA ATLETISMO | 00:06:57 | 04:20 min/Km |
| 14 | 10 | 36 | LIJÓ SANTOS , RUBÉN | MALE | MASTER 1 | INDEPENDIENTE | 00:07:08 | 04:27 min/Km |
| 15 | 5 | 31 | CARAMES VILA , NOA | FEMALE | MASTER 1-F | SD BARBANTIA RODA | 00:07:18 | 04:33 min/Km |
| 16 | 11 | 30 | CAMPOS FERRO , RUBÉN | MALE | MASTER 1 | ATLETISMO +9 MORAÑA | 00:07:37 | 04:45 min/Km |
| 17 | 6 | 25 | AGRELO COUSELO , MARÍA | FEMALE | MASTER 1-F | ATLETISMO +9 MORAÑA | 00:07:37 | 04:45 min/Km |
| 18 | 7 | 26 | ALVITE GARCÍA , LORE | FEMALE | MASTER 1-F | EL CANARIO | 00:08:47 | 05:28 min/Km |