

- GENERAL RUTA MEDIA -

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	CONTROL	META
1	1	112	FERNÁNDEZ LOJO , AMADOR	MALE	MALE	RSBIIKE.BOIRO C.C.	01:44:12.273	02:37:37.190
2	2	145	GARCÍA FERRO , CHEMA	MALE	MALE	MASTER GALAICO	01:53:06.333	02:49:26.407
3	3	87	COSTA VAZQUEZ , JESUS	MALE	MALE	ULTREIA	01:56:27.663	02:51:11.650
4	4	135	FREIRE LEIS , ROBERTO	MALE	MALE	C. P. C. TOXO	01:58:07.723	02:53:13.393
5	5	128	FONTAÍÑA LAMAS , DAVID	MALE	MALE	CCMONTENE	01:57:59.513	02:55:50.943
6	6	162	GÓMEZ RÍOS , JOSÉ ANTONIO	MALE	MALE		01:59:21.390	02:58:58.383
7	7	253	MATO ROZAS , ADRIÁN	MALE	MALE	INDEPENDIENTE	02:04:29.917	03:12:11.347
8	8	187	IGLESIAS GRAÍÑO , MANUEL	MALE	MALE	CPC TOXO	02:11:30.427	03:13:29.080
9	9	85	COSTA FERNÁNDEZ , MIMIN	MALE	MALE	BICIBOADORES	02:11:13.767	03:13:48.330
10	10	16	ANTELO MARTÍNEZ , JOSÉ RAMÓN	MALE	MALE	PONTE TRAIL	02:13:19.863	03:14:52.083
11	11	407	TUBIO BRION , DARÍO	MALE	MALE	O TRISQUEL CC	02:12:08.290	03:15:07.580
12	12	59	CALVO REY , IVAN	MALE	MALE	AD JARNACHAS	02:12:37.827	03:15:16.830
13	13	3	ABEIJON GOMES , AGOSTIÑO	MALE	MALE	CLUB BTT TRIATLON O TREITO	02:14:41.957	03:17:45.573
14	14	41	BOTANA BALO , FERNANDO	MALE	MALE	OS DO MONTE BRAVO	02:14:33.363	03:17:59.570
15	15	61	CAMIÑO FRAMIL , JOSE ANTONIO	MALE	MALE	OS DO MONTE BRAVO	02:14:31.283	03:17:59.630
16	16	50	CAAMAÑO NIETO , RUBEN	MALE	MALE	INDEPENDIENTE	02:11:17.287	03:19:16.567
17	17	149	GARCIA MARTINEZ , HUGO	MALE	MALE	OS SALTARREJOS	02:14:47.883	03:19:28.567
18	18	70	CAROU FERNANDEZ , JOSE RAMON	MALE	MALE	CLUB BTT TRIATLON O TREITO	02:19:44.057	03:20:10.813
19	19	321	RAMA SUAREZ , ALEJANDRO	MALE	MALE	OS SALTA REJOS	02:19:54.983	03:23:57.553
20	20	322	RAMALLO TRIÑANES , ROBERTO	MALE	MALE	ÁS 9 EN BARRAÑA	02:21:20.007	03:28:25.787
21	21	413	VARELA QUIÑOY , RUBEN	MALE	MALE		02:26:30.717	03:29:50.293
22	22	370	SENRA SONEIRA , JOSÉ RICARDO	MALE	MALE	CC DUMBRIA	02:27:26.390	03:35:14.267
23	23	289	PARADA FIGUEIRAS , JUAN JOSE	MALE	MALE	3&RUN NETSPACE BIKE TEAM	02:31:14.930	03:36:30.767
24	24	228	LOUZAO MUNIN , ALEJANDRO	MALE	MALE		02:32:36.113	03:37:17.763
25	25	265	MOSQUERA MONTEAGUDO , MANUEL	MALE	MALE	CC OS DO MONTE BRAVO	02:40:04.043	03:39:43.253
26	26	299	PENIDE CAMPOS , PABLO	MALE	MALE		02:32:57.450	03:39:49.510
27	27	284	OUBEL ALVAREZ , JUAN CARLOS	MALE	MALE	INDEPENDIENTE	02:34:11.793	03:41:06.750

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28	28	98	DOMINGUEZ RECAREY , FRANCISCO MANUEL	MALE	MALE	PONTE TRAIL	02:28:38.627	03:42:54.247
29	29	65	CANLE REINO , JOSÉ IVÁN	MALE	MALE		02:33:34.810	03:43:49.990
30	30	114	FERNÁNDEZ POSE , JOSÉ MANUEL	MALE	MALE	INDEPENDIENTE	02:38:48.033	03:44:36.740
31	31	235	MARTÍNEZ , DIEGO	MALE	MALE	INDEPENDIENTE	02:31:40.853	03:44:38.747
32	32	402	TRIGO RODRIGUEZ , IVAN	MALE	MALE	C.C. DUMBRIA	02:34:08.810	03:44:51.490
33	33	74	CASANOVA GONZÁLEZ , DIEGO	MALE	MALE	PINCHACARNEIROS	02:31:41.883	03:44:52.243
34	34	344	RODRÍGUEZ VALCARCEL , RUBEN	MALE	MALE	C.C. DUMBRIA	02:34:14.770	03:45:25.240
35	35	421	VENTURA LOZANO , ANTONIO	MALE	MALE	CPC TOXO	02:39:23.943	03:46:27.230
36	36	308	PEREZ RODRIGUEZ , ROBERTO CARLOS	MALE	MALE	INDEPENDIENTE	02:32:47.613	03:46:28.233
37	37	63	CAMPOS VILLAVERDE , ÁLVARO	MALE	MALE	INDEPENDIENTE	02:32:48.930	03:46:28.780
38	1	34	BLANCO DOSIL , SILVIA	FEMALE	FEMALE	AVELAIÑAS	02:40:13.550	03:46:34.230
39	38	43	BOUZAS GORGAL , MANUEL	MALE	MALE	MASTER GALAICO	02:38:52.963	03:46:34.483
40	39	177	GUERRA BLANCO , TITO	MALE	MALE	O TRISQUEL CC	02:34:43.400	03:46:35.733
41	40	18	ARUFE FERNÁNDEZ , IVÁN	MALE	MALE	O TRISQUEL CC	02:34:41.470	03:46:35.790
42	41	287	PAIS LAGO , JOSE RAMON	MALE	MALE	C.C. MUROS	02:44:55.420	03:46:56.233
43	42	404	TRILLO MARTINEZ , KIN	MALE	MALE	BICI BOA DORES	02:39:01.077	03:47:15.247
44	43	305	PEREZ MAYAN , JERONIMO	MALE	MALE	BICI BOA DORES	02:38:59.623	03:47:15.533
45	44	369	SENRA ALVAREZ , JOSE ANTONIO	MALE	MALE	TAMBRE BIKE	02:39:04.833	03:47:16.283
46	45	395	TEIRA ENRIQUEZ , ANDRES	MALE	MALE	PEDALEMONTE/TAHUME	02:40:57.383	03:47:22.480
47	46	103	ENRIQUEZ GARCIA , JOSE LINO	MALE	MALE	CC OS SALTAMONTES	02:40:54.273	03:47:22.800
48	47	107	FANDIÑO SANTOS , JORGE	MALE	MALE	C.C. DUMBRIA	02:39:24.963	03:47:41.980
49	48	131	FRAGA MARTÍNEZ , ALEJANDRO	MALE	MALE	AVELAIÑAS	02:40:07.373	03:50:46.720
50	49	213	LIÑAYO REDONDO , BORJA	MALE	MALE		02:34:04.430	03:50:58.243
51	50	411	VARA VAZQUEZ , CESAR	MALE	MALE	CLUB CICLISTA MUROS	02:42:26.160	03:51:28.470
52	51	178	GUILLÍN GÓMEZ , OSVALDO	MALE	MALE	WILDBOAR	02:43:24.260	03:51:36.227
53	52	118	FERREIRA COUSELO , JOSE CARLOS	MALE	MALE	OS MATAOS	02:39:26.253	03:51:49.237
54	53	232	MANGADO DE LA FUENTE , FERNANDO	MALE	MALE	CLASICO BIKEWORKS	02:33:41.220	03:55:36.207

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55	54	241	MARTÍNEZ LEIS , AVELINO	MALE	MALE	REVOLTAS, C.C.	02:42:29.260	03:56:11.953
56	55	408	TUBIO FERREIROS , LUIS ANGEL	MALE	MALE	O TRISQUEL	02:34:16.633	03:56:25.210
57	56	129	FONTAÑA RODRIGUEZ , JOSE RAMON	MALE	MALE	OS SALTA REJOS	02:50:20.660	03:59:18.710
58	57	56	CALVO CURRÁS , MON	MALE	MALE	INDEPENDIENTE	02:49:12.643	03:59:54.443
59	58	267	MOSQUERA SEOANE , PABLO	MALE	MALE	NOITEBRA F.C.	02:47:46.523	04:00:49.697
60	59	307	PÉREZ ORDÓÑEZ , JUAN LUIS	MALE	MALE	P.C. CASTRO BARBUDO	02:52:45.990	04:01:04.193
61	60	110	FERNANDEZ FERNANDEZ , FERNANDO	MALE	MALE		02:47:52.297	04:01:13.203
62	61	391	TABOADA , CARLOS	MALE	MALE	INDEPENDIENTE	02:52:50.010	04:01:19.697
63	62	101	DOPORTO FERNÁNDEZ , JOSÉ MANUEL	MALE	MALE	INDEPENDIENTE	02:52:43.120	04:01:20.193
64	63	122	FERRERO QUIÑOY , DAVID	MALE	MALE	INDEPENDIENTE	02:43:51.830	04:01:40.193
65	64	172	GONZALEZ MARTINEZ , CARLOS	MALE	MALE	BALCONADA	02:47:22.067	04:02:04.440
66	65	347	ROMERO GARCÍA , JOSE LUIS	MALE	MALE	INDEPENDIENTE	02:47:23.307	04:02:09.190
67	66	86	COSTA MONTES , MARTIN	MALE	MALE	C.C. DUMBRIA	02:39:35.943	04:02:13.690
68	67	244	MARTINEZ PEREZ , MIGUEL ANGEL	MALE	MALE	INDEPENDIENTE	02:49:10.393	04:03:37.690
69	68	427	VILAR BLANCO , MARCOS	MALE	MALE	C.C. SANTA COMPAÑA-SANTA COMBA	02:51:35.500	04:03:49.203
70	69	102	EIRÍS ESPAÑA , CARLOS	MALE	MALE	A.D.MEDIADUCIA	02:49:48.163	04:04:22.437
71	70	262	MONTEAGUDO FERNÁNDEZ , JUAN JOSÉ	MALE	MALE	OS SALTA REJOS	02:54:42.967	04:05:48.680
72	71	380	SOMOZA BLANCO , DOMINGO A.	MALE	MALE	CLUB BTT TRIATLON O TREITO	02:57:29.293	04:06:42.177
73	72	361	SAMPEDRO SANTIAGO , JOSÉ LUIS	MALE	MALE		02:51:48.480	04:07:05.430
74	73	20	BAHILLO GREGORIO , AITOR	MALE	MALE	CLUB CICLISTA AS MARIÑAS	02:54:39.507	04:07:55.170
75	74	60	CAMEAN CAMEAN , JOSÉ FRANCISCO	MALE	MALE	INDEPENDIENTE	02:51:43.950	04:08:21.420
76	75	374	SERANTES MANEIRO , CAMILO	MALE	MALE	ADC ARNELA	02:57:59.430	04:09:27.177
77	76	19	ARUFE SANTAMARIA , JUAN	MALE	MALE		02:50:09.160	04:09:27.480
78	77	288	PALACIOS LADO , SERGIO	MALE	MALE	INDEPENDIENTE	02:55:48.407	04:10:15.917
79	78	346	ROMERO CES , SANTIAGO	MALE	MALE	INDEPENDIENTE	02:55:40.187	04:10:21.167
80	79	198	LAGO CES , JOSÉ MANUEL	MALE	MALE	INDEPENDIENTE	02:55:52.107	04:10:21.490
81	80	399	TORRES ANTUNEZ , JUAN PABLO	MALE	MALE		02:52:25.930	04:11:30.913

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	CONTROL	META
82	81	269	MOURIÑO BEIS , MARCOS	MALE	MALE		02:49:22.190	04:11:32.167
83	2	189	IGLESIAS VAZQUEZ , MIRIAN	FEMALE	FEMALE	A.D.MEDIADUCIA	02:52:47.640	04:13:00.663
84	82	229	MACEDO CREO , CARLOS	MALE	MALE	CLUB BTT TRIATLON O TREITO	02:50:18.420	04:13:03.163
85	83	32	BERMUDEZ ALCALDE , IVÁN JOSÉ	MALE	MALE	BIKE NIN DIOS	03:04:11.277	04:13:12.163
86	84	15	AMONDARAIN MARTINEZ , DANIEL	MALE	MALE		02:58:38.593	04:13:59.160
87	85	300	PENSADO MARIÑO , MARTIN	MALE	MALE	INDEPENDIENTE	02:54:04.657	04:14:43.153
88	86	35	BLANCO FUNGUEIRIÑO , LUIS	MALE	MALE	INDEPENDIENTE	02:55:53.377	04:14:56.653
89	87	21	BAHILLO GREGORIO , RUBEN	MALE	MALE	CLUB CICLISTA AS MARIÑAS	02:54:40.887	04:15:12.400
90	88	222	LOPEZ LOPEZ , JAVIER	MALE	MALE	INDEPENDIENTE	02:58:58.430	04:16:11.650
91	89	248	MARTINEZ VALIÑO , IAGO	MALE	MALE	INDEPENDIENTE	02:59:00.140	04:16:11.900
92	90	209	LESTIDO CARDAMA , YAGO	MALE	MALE	INDEPENDIENTE	02:58:13.443	04:18:40.390
93	91	332	RIVERA PICHEL , ERNESTO	MALE	MALE		02:53:38.017	04:22:27.637
94	92	392	TABOADA GARCÍA , ADRIÁN	MALE	MALE	INDEPENDIENTE	02:58:39.620	04:23:59.623
95	93	359	SALGADO PENA , JOSE	MALE	MALE	INDEPENDIENTE	03:15:45.440	04:24:38.627
96	94	53	CALO ARAN , JOSE	MALE	MALE	INDEPENDIENTE	03:03:25.877	04:25:15.123
97	95	167	GONZALEZ DOMINGUEZ , MARCOS	MALE	MALE		03:03:32.287	04:25:15.370
98	96	176	GRILLE SUÁREZ , JESÚS MANUEL	MALE	MALE		03:03:25.127	04:25:19.373
99	97	28	BEIS SANCHEZ , CARLOS	MALE	MALE	INDEPENDIENTE	02:55:21.527	04:25:24.870
100	98	207	LEIS PUÑAL , JUAN JOSÉ	MALE	MALE	OS DO MONTE BRAVO	03:14:49.793	04:27:10.367
101	99	39	BOO MUNIN , DAVID	MALE	MALE	INDEPENDIENTE	03:07:24.490	04:29:47.360
102	100	124	FIGUEIRA VICENTE , MARCOS	MALE	MALE	INDEPENDIENTE	03:19:02.737	04:30:30.610
103	101	272	MUIÑO CASTRO , JUAN CARLOS	MALE	MALE	C.C. SANTA COMPAÑA-SANTA COMBA	03:02:32.557	04:30:42.860
104	102	377	SILVA PIÑEIRO , DIEGO	MALE	MALE	INDEPENDIENTE	03:13:44.863	04:31:39.107
105	103	254	MAURIZ BARREIRO , MARCOS	MALE	MALE	BTT CASTRO	03:14:47.413	04:33:26.350
106	104	418	VAZQUEZ REY , JUAN JOSE	MALE	MALE	INDEPENDIENTE	03:10:21.607	04:33:27.853
107	105	245	MARTINEZ SILVA , DANIEL	MALE	MALE		03:12:53.443	04:34:33.847
108	106	204	LAMAS PENA , JULIO	MALE	MALE	WILDBOAR	03:12:56.553	04:34:34.157

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109	107	40	BOQUETE GARCIA , IGNACIO	MALE	MALE		03:12:58.823	04:34:34.160
110	108	409	TUÑAS PENA , SANTIAGO	MALE	MALE	INDEPENDIENTE	03:15:43.120	04:35:23.840
111	109	185	IGLESIAS , MIGUEL	MALE	MALE	INDEPENDIENTE	03:19:19.857	04:36:33.593
112	110	99	DOPAZO MELLA , JOSÉ MANUEL	MALE	MALE	RIBADOULLA	03:18:17.830	04:38:06.587
113	111	33	BLANCO CALO , PABLO	MALE	MALE		03:09:06.810	04:38:14.363
114	112	425	VIEITES CASTRO , CHANO	MALE	MALE	INDEPENDIENTE	03:19:40.557	04:39:43.833
115	113	326	REY CANEDA , MARTÍN	MALE	MALE	NOITEBRA F.C.	03:02:35.530	04:39:47.333
116	114	96	DOMINGUEZ GALBAN , PAULO	MALE	MALE	INDEPENDIENTE	03:19:21.047	04:41:09.577
117	115	257	MEIJIDE PAZOS , CRISTIAN	MALE	MALE	INDEPENDIENTE	03:07:23.040	04:41:53.573
118	116	379	SILVA SANCHEZ , J. ANTONIO	MALE	MALE	CASTRO BARBUDO	03:16:05.420	04:42:52.570
119	117	171	GONZALEZ LORENZO , MARCOS	MALE	MALE	CASTRO BARBUDO	03:16:14.390	04:42:52.627
120	3	331	RIVERA HAZ , MARIA	FEMALE	FEMALE	A. D. DOWNHILL	03:10:16.117	04:43:14.813
121	118	330	RIVAS NOAL , CARLOS	MALE	MALE	INDEPENDIENTE	03:22:35.563	04:45:19.817
122	119	355	SAAVEDRA DEIRA , DIEGO	MALE	MALE	INDEPENDIENTE	03:22:39.013	04:45:23.310
123	120	239	MARTÍNEZ FONTENLA , DIEGO	MALE	MALE	INDEPENDIENTE	03:18:19.430	04:45:40.067
124	121	193	JAMARDO QUINTANS , ALBERTO	MALE	MALE	INDEPENDIENTE	03:23:18.100	04:45:42.560
125	122	38	BOO BUENO , ENRIQUE	MALE	MALE	INDEPENDIENTE	03:18:00.360	04:46:00.810
126	123	312	PIÑEIRO GONZÁLEZ , JOSÉ ANTONIO	MALE	MALE	BIKE NIN DIOS	03:04:29.303	04:46:17.560
127	124	9	ALCALDE GARCIA , JUAN JAVIER	MALE	MALE	P.C. CASTRO BARBUDO	03:04:20.077	04:46:17.867
128	125	357	SALGADO , TONI	MALE	MALE	DOMIBIKERS	03:21:55.833	04:46:27.807
129	126	297	PENA FRAGA , JOSE ANTONIO	MALE	MALE	DOMIBIKERS	03:21:26.073	04:46:27.863
130	127	350	ROMERO ONS , SANTIAGO	MALE	MALE	BTT TRIATLON O TREITO	03:14:58.823	04:47:15.810
131	128	44	BREA REGUEIRA , ANDRÉS	MALE	MALE	DOMIBIKERS	03:22:10.303	04:48:26.553
132	129	22	BARANDELA SANDIANES , DANIEL	MALE	MALE	OS REVENTADOS	03:22:08.703	04:48:27.057
133	130	371	SEOANE CAO , JOSE ÁNGEL	MALE	MALE	CLUB CICLISTA SADA	03:18:12.980	04:53:07.297
134	131	389	SUÁREZ SISO , SALVADOR JAVIER	MALE	MALE	CLUB CICLISTA SADA	03:17:51.410	04:53:07.850
135	132	202	LAIÑO BLANCO , MIGUEL	MALE	MALE	INDEPENDIENTE	03:19:14.347	04:53:58.540

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136	133	201	LAIÑO BLANCO , CESAR	MALE	MALE	INDEPENDIENTE	03:19:04.597	04:53:59.293
137	134	261	MOLINERO RECIO , HUGO	MALE	MALE	CLUB TRIATLON LICEO	03:30:55.323	04:54:43.290
138	135	92	DANS PAZ , DIEGO ENRIQUE	MALE	MALE	CLUB CICLISTA SADA	03:17:53.220	04:57:15.037
139	136	263	MOSQUERA BLANCO , FRANCISCO JAVIER	MALE	MALE		03:32:25.370	04:57:15.617
140	137	251	MATEO RIAL , FRANCISCO	MALE	MALE		03:32:28.040	04:57:16.123
141	138	105	ESTÉVEZ AGRAFOXO , ÁLVARO	MALE	MALE		03:24:14.750	04:59:22.283
142	139	319	QUERENTES OTERO , VICTOR	MALE	MALE	INDEPENDIENTE	03:31:06.283	05:00:40.777
143	140	81	CERNADAS ALLEGUE , ISIDRO	MALE	MALE	INDEPENDIENTE	03:30:59.003	05:00:41.327
144	4	292	PAREJA FUENTES , SANDRA	FEMALE	FEMALE	CC LOBEIRA	03:23:15.657	05:04:21.763
145	141	90	COUTO LOSADA , ALBERTO	MALE	MALE		03:32:39.190	05:06:15.760
146	142	431	VILLAVERDE MUÑIZ , SATURNINO	MALE	MALE	INDEPENDIENTE	03:26:04.270	05:07:18.003
147	143	416	VÁZQUEZ FORMOSO , FABIÁN	MALE	MALE	INDEPENDIENTE	03:29:15.397	05:19:52.220
148	144	109	FERNANDEZ BREA , ELOY	MALE	MALE	OS SALTARREJOS	03:31:04.413	05:20:53.223