

V TRAIL RIBEIRA SACRA 2021

- 24 KMS -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	CONTROL	META	RITMO
1	1	2	ABELEDI IGLESIAS , IAGO	MALE	ABSOLUTA	CDM XESTEIRAS	02:10:51	02:39:07	06:38 min/Km
2	2	52	CASADO MENDEZ , JOSE MANUEL	MALE	ABSOLUTA	MACEDA ATLETISMO	02:14:45	02:43:11	06:48 min/Km
3	3	197	QUINTIÁN AGRAFOJO , CHEMA	MALE	ABSOLUTA	TRIBU TRAIL	02:15:53	02:46:20	06:56 min/Km
4	4	243	TATO ESPÍÑO , MANUEL	MALE	ABSOLUTA	GTR GALAICO TRAIL RUN	02:15:53	02:46:20	06:56 min/Km
5	5	109	GARCIA SANMAMED , FELICIANO	MALE	ABSOLUTA	CASTRO TRAIL	02:20:52	02:50:34	07:07 min/Km
6	1	83	FERNÁNDEZ , MANUEL ENRIQUE	MALE	VET	COUTADAS TRAIL TEAM	02:20:45	02:52:29	07:12 min/Km
7	6	202	RÍOS RODRÍGUEZ , RAMÓN	MALE	ABSOLUTA	ADC MONTEBREAMO	02:24:50	02:56:08	07:21 min/Km
8	2	246	TEJELO ALVAREZ , JUAN	MALE	VET	BOX001 RUNMANIAK	02:27:09	02:58:37	07:27 min/Km
9	7	216	RODRÍGUEZ GONZALEZ , YERAY	MALE	ABSOLUTA	MALPASO TEAM	02:27:47	03:03:21	07:39 min/Km
10	8	106	GARCÍA GONZÁLEZ , JAIME	MALE	ABSOLUTA	RIA FERROL	02:33:18	03:03:39	07:40 min/Km
11	3	251	TRONCOSO , PAKO KAMELA	MALE	VET	TRIBU TRAIL	02:34:38	03:06:22	07:46 min/Km
12	9	125	GONZALEZ VILAR , GUSTAVO	MALE	ABSOLUTA	GTR GALAICO TRAIL RUN	02:34:44	03:06:23	07:46 min/Km
13	10	211	RODRÍGUEZ FERREIRO , MIGUEL	MALE	ABSOLUTA	LAMARGHA-AUTOTODO	02:35:09	03:07:00	07:48 min/Km
14	11	163	MOLDES FERNANDEZ , DIEGO	MALE	ABSOLUTA	CUETO DEL OSO	02:37:18	03:09:54	07:55 min/Km
15	12	3	ABELEDI TARRIO , JOSE	MALE	ABSOLUTA	TRAILEROS TOXOS Y BIRRAS	02:38:10	03:10:40	07:57 min/Km
16	13	232	SANTANA QUINTERO , OLIVER	MALE	ABSOLUTA	MALPASO TEAM	02:37:18	03:11:43	07:60 min/Km
17	4	38	BAYÓN VALENTÍN , PEDRO	MALE	VET	TRAIL RUN TORO	02:40:38	03:12:50	08:03 min/Km
18	5	20	ALVAREZ-BUYLLA DE LA UZ , JULIO	MALE	VET	TRIATLÓN MAR DE VIGO	02:40:39	03:13:28	08:04 min/Km
19	14	146	LÓPEZ ESCUDERO , JUANJO	MALE	ABSOLUTA	ENERVIT	02:41:38	03:16:05	08:11 min/Km
20	15	133	HUERGO ÁLVAREZ , DAVID	MALE	ABSOLUTA	ORIENTE ATLETISMO	02:41:39	03:16:06	08:11 min/Km
21	16	114	GÓMEZ NOVOA , JUAN RAMÓN	MALE	ABSOLUTA	GTR GALAICO TRAIL RUN	02:42:45	03:16:21	08:11 min/Km
22	6	147	LÓPEZ FERNANDEZ , JOSE	MALE	VET	RUN CARBALLIÑO	02:45:30	03:16:35	08:12 min/Km
23	17	154	MARTINEZ RICO , ALBERTO	MALE	ABSOLUTA	CDM VÉRTICE	02:43:41	03:17:34	08:14 min/Km
24	18	141	LASO VÁZQUEZ , XENXO	MALE	ABSOLUTA		02:42:50	03:17:51	08:15 min/Km
25	19	39	BIANCHI BUSTILLO , FERNANDO	MALE	ABSOLUTA	RUNMANIAK	02:35:28	03:18:36	08:17 min/Km
26	1	62	CIMPEAN , DORINA ALINA	FEMALE	ABSOLUTA-F	GTR-GALAICO TRAIL RUN	02:43:45	03:19:00	08:18 min/Km
27	20	119	GONZÁLEZ DOBALO , SALVADOR	MALE	ABSOLUTA	GTR-GALAICO TRAIL RUN	02:35:27	03:19:17	08:19 min/Km
28	7	124	GONZÁLEZ SANTISO , JOSÉ ALBERTO	MALE	VET	INDEPENDIENTE	02:43:29	03:20:04	08:21 min/Km
29	8	239	SOMOZA PULIDO , MANUEL	MALE	VET		02:46:36	03:21:52	08:25 min/Km
30	9	85	FERNÁNDEZ ALONSO , ROBERTO	MALE	VET	KORPOREARENTEIRO TRAIL	02:47:31	03:22:31	08:27 min/Km
31	21	40	BLANCO , ROBERTO	MALE	ABSOLUTA	ATLETISMO MACEDA	02:49:08	03:22:47	08:27 min/Km
32	22	233	SANTILLANA GARABANA , VICTOR	MALE	ABSOLUTA	NOSPORTLIMIT	02:50:23	03:22:58	08:28 min/Km
33	23	266	VILA ÁLVAREZ , JACOBO	MALE	ABSOLUTA	INDEPENDIENTE	02:49:15	03:22:58	08:28 min/Km
34	24	205	ROBLES VALDIVIESO , SERGIO	MALE	ABSOLUTA	INDEPENDIENTE	02:49:04	03:24:25	08:32 min/Km
35	25	160	MENDO LOPEZ , DAVID	MALE	ABSOLUTA	INDEPENDIENTE	02:48:51	03:27:41	08:40 min/Km
36	10	8	ALCANTARA LORENZO , ALFREDO	MALE	VET	COUTADAS TRAIL TEAM	02:58:25	03:30:48	08:47 min/Km

V TRAIL RIBEIRA SACRA 2021

- 24 KMS -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	CONTROL	META	RITMO
37	2	238	SERPES PEREIRA , NATALIA	FEMALE	ABSOLUTA-F	TRIBU TRAIL	02:54:21	03:31:16	08:49 min/Km
38	26	152	MANEIRO FREIRE , VICTOR	MALE	ABSOLUTA		02:54:20	03:31:21	08:49 min/Km
39	27	31	BAÑA TOME , PABLO	MALE	ABSOLUTA	TRIBU TRAIL	02:54:32	03:33:28	08:54 min/Km
40	28	178	PARDO MAZÁS , Mª	MALE	ABSOLUTA	INDEPENDIENTE	02:58:20	03:34:14	08:56 min/Km
41	11	46	CALVO FERNÁNDEZ , JOSÉ RUBÉN	MALE	VET	ASESOU	03:05:26	03:36:45	09:02 min/Km
42	29	105	GARCÍA GARCÍA , MANUEL	MALE	ABSOLUTA		02:59:43	03:37:08	09:03 min/Km
43	30	175	ORTIZ BOUZADA , NICOLAS	MALE	ABSOLUTA		02:59:19	03:37:46	09:05 min/Km
44	31	72	DE DIOS RODRÍGUEZ , JAVIER	MALE	ABSOLUTA	SD COMPOSTELA ATLETISMO	02:59:16	03:37:56	09:05 min/Km
45	12	7	AIRES PONA , JOSE ALBERTO	MALE	VET		02:58:30	03:38:11	09:06 min/Km
46	13	61	CHUECA ZUECO , IVAN	MALE	VET	ANTHILL CROSSFIT	03:03:42	03:38:13	09:06 min/Km
47	14	37	BATÁN AMORÍN , EUGENIO	MALE	VET	GTR GALAICO TRAIL RUN	03:01:24	03:38:14	09:06 min/Km
48	32	139	JUSTO VALIÑAS , LUIS ALBERTO	MALE	ABSOLUTA	AVIVA SPORT CLUB	02:59:55	03:38:29	09:07 min/Km
49	33	91	FERNANDEZ REI , LEO	MALE	ABSOLUTA	ATHLETICS FISOTERAPIA SAN LAZARO	03:00:35	03:38:29	09:07 min/Km
50	34	127	GRANDAL CHIVITE , GUILLERMO	MALE	ABSOLUTA	C.D.BIOSBARDO	03:00:42	03:39:05	09:08 min/Km
51	15	231	SANTALLA YEBRA , DANIEL	MALE	VET		03:00:43	03:39:55	09:10 min/Km
52	16	66	COSTAS MARCOTE , ESTEBAN	MALE	VET	COUTADAS TRAIL TEAM	03:00:32	03:40:36	09:12 min/Km
53	17	256	VAZQUEZ SUAREZ , MANUEL	MALE	VET	COUTADASTRAILTEAM	03:00:32	03:40:36	09:12 min/Km
54	35	60	CHAVES GONZÁLEZ , CARLOS	MALE	ABSOLUTA	INDEPENDIENTE	03:06:53	03:43:47	09:20 min/Km
55	18	86	FERNÁNDEZ GARCÍA , RENATO R.	MALE	VET	GTR-GALAICO TRAIL RUN	03:04:34	03:43:54	09:20 min/Km
56	36	165	MONTERO ALVAREDO , LUIS	MALE	ABSOLUTA	TRAILRUNNING SARRIA	02:59:00	03:44:08	09:21 min/Km
57	37	136	IGLESIAS DOCAL , CÉSAR	MALE	ABSOLUTA	INDEPENDIENTE	03:08:48	03:44:11	09:21 min/Km
58	38	100	FRA FRA , MIGUEL ANGEL	MALE	ABSOLUTA	ACD XOVE	03:08:49	03:44:12	09:21 min/Km
59	39	48	CARBAJAL PÉREZ , MIGUEL ÁNGEL	MALE	ABSOLUTA		02:57:24	03:44:17	09:21 min/Km
60	40	6	AGULLO CANDA , SANTIAGO	MALE	ABSOLUTA		03:09:12	03:44:45	09:22 min/Km
61	3	166	MONTERO TREPAT , ANDREA A.	FEMALE	ABSOLUTA-F	TRIBU TRAIL	03:03:14	03:44:47	09:22 min/Km
62	19	24	ANSIA GARCIA , JUAN JOSE	MALE	VET	RUNNING SPORT TRAIL	03:08:00	03:45:08	09:23 min/Km
63	20	14	ÁLVAREZ BLANCO , NACHO	MALE	VET	TORTUGAS TRAIL LEON	03:06:17	03:46:39	09:27 min/Km
64	41	34	BARGO PEREZ , JOSE MANUEL	MALE	ABSOLUTA	LOUSAME TRAIL	03:05:07	03:46:40	09:27 min/Km
65	1	249	TOREA TOREA , ELENA	FEMALE	VET-F	CLUB ATLETISMO LOUSAME	03:08:46	03:47:00	09:28 min/Km
66	4	68	COUTO GONZÁLEZ , CRISTINA	FEMALE	ABSOLUTA-F	GTR-GALAICO TRAIL RUN	03:11:38	03:47:09	09:28 min/Km
67	42	212	RODRÍGUEZ FRAGA , FERNANDO	MALE	ABSOLUTA	GTR GALAICO TRAIL RUN	03:09:13	03:47:17	09:29 min/Km
68	43	123	GONZALEZ ROADE , JUAN	MALE	ABSOLUTA	TRIBU TRAIL	03:07:16	03:47:32	09:29 min/Km
69	44	108	GARCÍA SA , JOSE ANTONIO	MALE	ABSOLUTA	INDEPENDIENTE	03:04:33	03:48:25	09:32 min/Km
70	45	137	IGLESIAS RODICIO , BORJA	MALE	ABSOLUTA		03:02:20	03:48:49	09:33 min/Km
71	46	157	MATOS COTELO , ABEL	MALE	ABSOLUTA	GMTA&CHUVONERS	03:13:25	03:48:57	09:33 min/Km
72	47	254	VARELA AMIGO , JUAN JESÚS	MALE	ABSOLUTA	GTR- GALAICO TRAIL RUN	03:10:12	03:49:28	09:34 min/Km
73	21	151	LOSADA FERNÁNDEZ , ROBERTO	MALE	VET	CLUB BOX 001 OURENSE RUNMANIAK	03:08:36	03:50:14	09:36 min/Km

V TRAIL RIBEIRA SACRA 2021

- 24 KMS -

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74	48	140	LAGOS PEREIRO , ANTONIO	MALE	ABSOLUTA	CDM VÉRTICE	03:13:25	03:52:13	09:41 min/Km
75	49	113	GOBERNA COMESAÑA , MARCOS	MALE	ABSOLUTA	GTR GALAICO TRAIL RUN	03:12:08	03:54:11	09:46 min/Km
76	22	90	FERNANDEZ POUSA , JOSE MANUEL	MALE	VET	RUNNING SPORT TRAIL	03:15:39	03:55:17	09:49 min/Km
77	50	183	PEREIRO GONZÁLEZ , ALBERTO	MALE	ABSOLUTA	COUTADAS TRAIL TEAM	03:10:00	03:55:18	09:49 min/Km
78	51	41	BLANCO ALVAREZ , ALBERTO	MALE	ABSOLUTA	RUNNING SPORT TRAIL OURENSE	03:13:14	03:55:49	09:50 min/Km
79	52	96	FERRO CID , BORJA	MALE	ABSOLUTA	RUNNING SPORT TRAIL	03:19:18	03:56:52	09:53 min/Km
80	53	18	ÁLVAREZ PÉREZ , IVÁN	MALE	ABSOLUTA	CASTRO TRAIL	03:19:18	03:56:54	09:53 min/Km
81	23	120	GONZALEZ LAINS , MANUEL	MALE	VET		03:20:20	03:57:20	09:54 min/Km
82	24	87	FERNÁNDEZ GÓMEZ , RAFAEL	MALE	VET	RUNNING OLEIROS	03:14:05	03:57:48	09:55 min/Km
83	54	33	BARALLOBRE BEADE , ALBERTO	MALE	ABSOLUTA	CORRECAMIÑOS BETANZOS	03:14:29	03:57:51	09:55 min/Km
84	25	171	MOZO , DIEGO	MALE	VET	INDEPENDIENTE	03:15:42	03:58:04	09:56 min/Km
85	26	111	GIL TATO , JOSÉ MARIA	MALE	VET	C. A. R. MARISQUEIRO	03:17:31	03:58:07	09:56 min/Km
86	27	150	LÓPEZ RUIZ , ALEJANDRO	MALE	VET	BRABE BULLS	03:03:04	03:59:11	09:58 min/Km
87	55	193	PORRAL FRAMIÑAN , JOSE MANUEL	MALE	ABSOLUTA	GTR- GALAICO TRAIL RUN	03:18:24	03:59:26	09:59 min/Km
88	56	190	PÉREZ SANTAMARÍA , PEDRO	MALE	ABSOLUTA		03:18:49	04:01:16	10:04 min/Km
89	57	199	REAL DIAZ , NESTOR	MALE	ABSOLUTA	ADC MONTEBREAMO	03:18:50	04:02:37	10:07 min/Km
90	5	201	RIADIGOS CARDIGONDE , BELÉN	FEMALE	ABSOLUTA-F	GTR GALAICO TRAIL RUN	03:22:20	04:02:43	10:07 min/Km
91	58	253	VARELA , ALEJANDRO	MALE	ABSOLUTA	CHISPAS	03:19:16	04:02:51	10:08 min/Km
92	59	129	GUERRERO HINOJOSA , IVAN	MALE	ABSOLUTA		03:20:57	04:03:09	10:08 min/Km
93	60	28	ARNEJO CASANOVA , JON ANDER	MALE	ABSOLUTA		03:21:03	04:03:29	10:09 min/Km
94	28	12	ROJO , ENRIQUE	MALE	VET	GTR GALAICO TRAIL RUN	03:21:14	04:04:14	10:11 min/Km
95	29	89	FERNANDEZ PEREZ , OSCAR MANUEL	MALE	VET	CAR MARISQUEIRO	03:24:56	04:04:27	10:12 min/Km
96	61	97	FIGUEIREDO FERNANDEZ , DANIEL	MALE	ABSOLUTA		03:22:15	04:04:28	10:12 min/Km
97	62	195	PRADO LAGO , CAMILO	MALE	ABSOLUTA	INDEPENDIENTE	03:18:21	04:05:02	10:13 min/Km
98	63	267	VILA PARRA , RAUL	MALE	ABSOLUTA	INDEPENDIENTE	03:11:14	04:05:02	10:13 min/Km
99	30	180	PEREIRA DIZ , CARLOS	MALE	VET	BOX001RUNMANIAK	03:23:11	04:05:48	10:15 min/Km
100	2	148	LOPEZ MUIÑOS , MARI CARMEN	FEMALE	VET-F	GTR GALAICO TRAIL RUN	03:22:19	04:05:49	10:15 min/Km
101	64	161	MENENDEZ ARIENZA , MARCOS	MALE	ABSOLUTA	TEXU	03:26:37	04:05:51	10:15 min/Km
102	31	209	RODRIGUEZ DURAN , MARCOS	MALE	VET		03:26:37	04:05:52	10:15 min/Km
103	3	81	ESTEVEZ ALONSO , RAQUEL	FEMALE	VET-F	INDEPENDIENTE	03:20:58	04:07:08	10:18 min/Km
104	65	228	ROMERO TRABAZO , MANUEL EMILIO	MALE	ABSOLUTA	GTR GALAICO TRAIL RUN	03:23:32	04:08:33	10:22 min/Km
105	6	169	MOREIRAS LEDO , MARIA	FEMALE	ABSOLUTA-F	GTR- GALAICO TRAIL RUN	03:23:59	04:08:34	10:22 min/Km
106	7	186	PÉREZ GONZÁLEZ , ELENA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	03:27:58	04:08:49	10:23 min/Km
107	32	264	VIDAL VALLE , JUAN	MALE	VET	KALENTADAS TRAIL RUNNING	03:28:44	04:09:03	10:23 min/Km
108	33	191	PIÑOL CHAS , JOAQUIN	MALE	VET	NOSPORTLIMIT	03:24:17	04:09:07	10:23 min/Km
109	34	10	ALONSO MARTÍNEZ , JOSÉ MANUEL	MALE	VET	KORPOREARENTEIRO TRAIL	03:21:01	04:09:08	10:23 min/Km
110	66	35	BARREIRO MÁXHADO , JOSE MANUEL	MALE	ABSOLUTA	CLUB DE MONTAÑA FORMIGUEIROS	03:27:18	04:10:07	10:26 min/Km

V TRAIL RIBEIRA SACRA 2021

- 24 KMS -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	CONTROL	META	RITMO
111	8	220	RODRIGUEZ RIVERA , AIDA	FEMALE	ABSOLUTA-F	CLUB DE MONTAÑA FORMIGUEIROS	03:27:18	04:10:07	10:26 min/Km
112	67	258	VEIGA GÓMEZ , DAVID	MALE	ABSOLUTA	TRAIL RUNNING SARRIA	03:21:59	04:10:59	10:28 min/Km
113	68	98	FIGUEROA GARCIA , FRANCISCO	MALE	ABSOLUTA	SERRES RUNNERS	03:31:36	04:12:09	10:31 min/Km
114	35	142	LESTON FABEIRO , MIGUEL	MALE	VET	TRIBU TRAIL	03:31:36	04:12:11	10:31 min/Km
115	69	184	PEREZ ARMAS , BORJA	MALE	ABSOLUTA	MALPASO TEAM	03:29:10	04:13:05	10:33 min/Km
116	70	23	ANGUITA MASCHERPA , FEDERICO	MALE	ABSOLUTA	CAZAFANTASMAS TEAM	03:27:38	04:13:06	10:33 min/Km
117	36	255	VAZQUEZ , HENRIQUE	MALE	VET	COUTADAS TRAIL TEAM	03:32:22	04:13:33	10:34 min/Km
118	71	226	ROMAY NAVEIRA , ALONSO	MALE	ABSOLUTA	CORRECAMINOS BETANZOS	03:31:36	04:13:52	10:35 min/Km
119	9	16	ALVAREZ GARCIA , SUSANA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	03:28:34	04:14:25	10:37 min/Km
120	72	155	MARTINEZ RODRIGUEZ , FERNANDO	MALE	ABSOLUTA	INDEPENDIENTE	03:28:34	04:14:25	10:37 min/Km
121	73	88	FERNÁNDEZ LOZANO , DANIEL JOSÉ	MALE	ABSOLUTA	CASTRO TRAIL	03:31:21	04:15:02	10:38 min/Km
122	74	206	RODRIGUEZ , LUIS	MALE	ABSOLUTA	MORCEJ@S TEAM	03:33:30	04:16:18	10:41 min/Km
123	75	70	CUEVAS FERREIRA , DIEGO	MALE	ABSOLUTA	CORNELIOS	03:31:01	04:16:18	10:41 min/Km
124	76	47	CAMPO SAA , ALEJANDRO	MALE	ABSOLUTA	INDEPENDIENTE	03:31:28	04:16:20	10:41 min/Km
125	10	215	RODRÍGUEZ GONZÁLEZ , LOLA	FEMALE	ABSOLUTA-F	KORPOREARENTEIRO TRAIL	03:36:10	04:16:21	10:41 min/Km
126	11	172	NOGUEIRA GONZÁLEZ , FÁTIMA	FEMALE	ABSOLUTA-F	GTR-GALAICO TRAIL RUN	03:34:20	04:16:48	10:42 min/Km
127	12	167	MONTOTO VAZQUEZ , PATRICIA	FEMALE	ABSOLUTA-F	GTR-GALAICO TRAIL RUN	03:36:35	04:16:54	10:43 min/Km
128	37	99	FONSECA , JUAN	MALE	VET	ENERVIT	03:34:13	04:17:06	10:43 min/Km
129	77	247	TELLETXEA BABARRO , EKAITZ	MALE	ABSOLUTA	ENERVIT	03:34:12	04:17:06	10:43 min/Km
130	38	17	ALVAREZ PEREZ , ANTONIO	MALE	VET		03:34:59	04:22:52	10:58 min/Km
131	39	248	TOREA CONDE , FERNANDO	MALE	VET	COUTADAS TRAIL TEAM	03:37:27	04:24:57	11:03 min/Km
132	40	13	ALVARELLOS VALES , FERNANDO	MALE	VET	GTR GALAICO TRAIL RUN	03:41:35	04:27:02	11:08 min/Km
133	78	268	VIZAN DE PABLO , JAVIER	MALE	ABSOLUTA	INDEPENDIENTE	03:43:34	04:29:08	11:13 min/Km
134	41	92	FERNÁNDEZ SALAS , FRANCISCO MANUEL	MALE	VET	CLUB ULTRA TRAIL HUELVA	03:39:06	04:30:59	11:18 min/Km
135	13	259	VEIGA SANTOS , VICTORIA	FEMALE	ABSOLUTA-F	C.A.R. MARISQUEIRO	03:45:04	04:31:00	11:18 min/Km
136	79	131	HERNANDEZ PEREIRA , IAGO	MALE	ABSOLUTA	INDEPENDIENTE	03:43:42	04:31:36	11:19 min/Km
137	80	49	CARBAJOSA ALONSO , MANUEL	MALE	ABSOLUTA	CLUB ULTRA TRAIL HUELVA	03:47:38	04:33:37	11:25 min/Km
138	14	26	ARCE , SILVIA	FEMALE	ABSOLUTA-F	RUNNING SPORT TRAIL	03:49:31	04:35:59	11:30 min/Km
139	81	252	VAQUEIRO FERNANDEZ , LUIS	MALE	ABSOLUTA	INDEPENDIENTE	03:48:56	04:39:51	11:40 min/Km
140	42	192	PIO GONZÁLEZ , MIGUEL ÁNGEL	MALE	VET	CAZAFANTASMAS TEAM	03:50:02	04:40:48	11:42 min/Km
141	4	185	PEREZ FONTENLA , BEGOÑA	FEMALE	VET-F	CAZAFANTASMAS TEAM	03:50:03	04:40:48	11:42 min/Km
142	43	225	ROMAN LOPEZ , JUAN IGNACIO	MALE	VET		03:50:31	04:41:41	11:45 min/Km
143	44	63	COLOMAR FERNANDEZ , JORGE	MALE	VET		03:50:32	04:41:41	11:45 min/Km
144	45	57	CASTRO OTERO , JACINTO	MALE	VET	INDEPENDIENTE	03:52:27	04:41:55	11:45 min/Km
145	82	44	CABALEIRO BOUZON , MARCOS	MALE	ABSOLUTA	INDEPENDIENTE	03:52:28	04:41:55	11:45 min/Km
146	46	187	PÉREZ RODRÍGUEZ , GUILLERMO	MALE	VET	RIO MIÑO RUNNING	03:53:29	04:43:34	11:49 min/Km
147	47	77	DOPORTO VEIGA , JUAN MANUEL	MALE	VET	CORRECAMIÑOS BETANZOS	03:53:05	04:43:47	11:50 min/Km

V TRAIL RIBEIRA SACRA 2021

- 24 KMS -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	CONTROL	META	RITMO
148	83	30	ASENSIO LEON , DAVID	MALE	ABSOLUTA	INDEPENDIENTE	03:53:06	04:43:47	11:50 min/Km
149	48	103	GALÁN BERMÚDEZ , CARLOS	MALE	VET		03:51:07	04:44:12	11:51 min/Km
150	49	45	CAJARAVILLE DAPENA , PABLO	MALE	VET	INDEPENDIENTE	03:56:00	04:45:17	11:54 min/Km
151	50	149	LÓPEZ PENA , DOMINGO MANUEL	MALE	VET		03:53:05	04:46:54	11:58 min/Km
152	51	262	VENTURA GONZALEZ , CARLOS	MALE	VET		03:55:34	04:48:07	12:01 min/Km
153	52	143	LODEIRO LÓPEZ , CARLOS	MALE	VET	TRAIL TOXOS E BIRRAS	03:57:16	04:49:33	12:04 min/Km
154	84	69	CRUZ BLASCO , ANGEL	MALE	ABSOLUTA	C.D. YES WITH CÁNCER	03:59:26	04:49:38	12:05 min/Km
155	85	194	PORTO JACOB , MANUEL	MALE	ABSOLUTA	INDEPENDIENTE	03:59:26	04:49:38	12:05 min/Km
156	86	132	HERRERA FERNÁNDEZ , ROBERTO	MALE	ABSOLUTA	ENTRECORTADOS CABEZON	03:58:49	04:50:12	12:06 min/Km
157	15	170	MORFFI DELGADO , CLAUDIA	FEMALE	ABSOLUTA-F	C.D. YES WITH CÁNCER	04:03:33	04:50:49	12:08 min/Km
158	87	51	CARRIL MENDEZ , TITO	MALE	ABSOLUTA	NOVO MESOIRO	04:05:36	04:53:52	12:15 min/Km
159	53	80	ESCUDEIRO REPISO , LUIS ANGEL	MALE	VET	LA RAYA TRAIL ALCAÑICES	04:09:51	04:55:09	12:18 min/Km
160	5	4	ACAL ARIAS , MARIA LUISA	FEMALE	VET-F		04:08:26	04:55:12	12:18 min/Km
161	6	75	DOBAO RODRÍGUEZ , MARTA	FEMALE	VET-F	INDEPENDIENTE	04:03:14	04:55:37	12:20 min/Km
162	88	59	CHANS MOSQUEIRA , DIEGO	MALE	ABSOLUTA		04:06:09	04:57:10	12:23 min/Km
163	89	126	GRAÑA BUGALLO , ALADINO	MALE	ABSOLUTA	CAZAFANTASMAS TEAM	04:10:39	04:57:22	12:24 min/Km
164	90	29	ARZA , MARCOS	MALE	ABSOLUTA		04:07:13	04:57:33	12:24 min/Km
165	16	5	AGRAFOJO ARADAS , MARTA	FEMALE	ABSOLUTA-F	ADC MONTEBREAMO	04:06:21	04:57:52	12:25 min/Km
166	91	130	HERMIDA CARRASCO , ALBERTO JOSÉ	MALE	ABSOLUTA	ADC MONTEBREAMO	04:06:17	04:57:52	12:25 min/Km
167	54	122	GONZALEZ PAZ , ANGEL JULIO	MALE	VET	VIRXIGUIANOS TRAIL	04:06:41	04:58:20	12:26 min/Km
168	55	144	LOPEZ MIGUEZ , MANUEL	MALE	VET		04:02:28	05:00:44	12:32 min/Km
169	56	269	YAÑEZ LORENZO , MIGUEL	MALE	VET	CLUB ATLETISMO SADA	04:02:28	05:00:44	12:32 min/Km
170	7	78	EISERMANN CHAMOSO , CRISTINA	FEMALE	VET-F	KORPOREARENTEIRO TRAIL	04:05:54	05:01:23	12:34 min/Km
171	92	117	GÓMEZ ZAS , PABLO	MALE	ABSOLUTA		04:08:28	05:02:20	12:36 min/Km
172	8	221	RODRÍGUEZ RIVERA , MÓNICA	FEMALE	VET-F	CLUB DE MONTAÑA FORMIGUEIROS	04:10:24	05:02:20	12:36 min/Km
173	57	244	TEIJO LÓPEZ , JOSE ANGEL	MALE	VET	CORRECAMIÑOS BETANZOS	04:11:02	05:02:30	12:37 min/Km
174	93	204	RIVERA TRIANA , ELÍAS	MALE	ABSOLUTA	TRAIL RUNNING SARRIA	04:13:12	05:05:27	12:44 min/Km
175	94	116	GÓMEZ VEGA , ALEJANDRO	MALE	ABSOLUTA		04:13:13	05:05:27	12:44 min/Km
176	95	101	FRAGA GARCÍA , ANTONIO	MALE	ABSOLUTA	INDEPENDIENTE	04:12:52	05:07:51	12:50 min/Km
177	9	234	SANTOS GARRIDO , BEATRIZ	FEMALE	VET-F	RUNNING OLEIROS	04:17:59	05:11:28	12:59 min/Km
178	58	223	RODRÍGUEZ VISO , MARCOS	MALE	VET	CLUB BOX001 RUNMANIAK	04:20:14	05:12:04	13:01 min/Km
179	10	121	GONZÁLEZ LOPEZ , BELÉN	FEMALE	VET-F	CLUB BOX 001 OURENSE RUNMANIAK	04:20:14	05:12:04	13:01 min/Km
180	59	94	FERREIROA DOBARRO , JOSÉ ANTONIO	MALE	VET	GTR GALAICO TRAIL RUN	04:21:35	05:13:09	13:03 min/Km
181	60	188	PEREZ RODRIGUEZ , JOSE MARIA	MALE	VET		04:20:15	05:16:10	13:11 min/Km
182	11	43	BLANCO LOPEZ , ANA BEATRIZ	FEMALE	VET-F	AD MONTE BRONCO	04:26:47	05:26:05	13:36 min/Km
183	17	71	CURES RODRÍGUEZ , VERÓNICA MARÍA	FEMALE	ABSOLUTA-F	CDM VÉRTICE	04:26:48	05:26:05	13:36 min/Km
184	12	219	RODRÍGUEZ PORTELA , ALMUDENA	FEMALE	VET-F		04:37:48	05:32:33	13:52 min/Km