

VIII TRAIL DAS PONTES 2019

- GENERAL TRAIL CORTO -

25 AGOSTO 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
1	1	217	CABEZA PINTOR , SERGI	MALE	SEN-MASC	THE ELEMENTS TEAM	01:17:36		04:51 min/Km
2	2	204	ALVAREZ LOSADA , IÑAKI	MALE	SEN-MASC		01:23:13	+00:05:37	05:13 min/Km
3	3	239	FERNÁNDEZ DIAZ , ESTEBAN	MALE	SEN-MASC	TRAILEROS TOXOS Y BIRRAS	01:23:21	+00:05:45	05:13 min/Km
4	4	278	PEREIRA GUTIÉRREZ , EMILIO JOSÉ	MALE	SEN-MASC	TRIBU TRAIL	01:25:16	+00:07:40	05:20 min/Km
5	1	252	GÓMEZ RUIZ , ALFONSO ANTONIO	MALE	VET-MASC	CLUB SUANZES SAN BLAS	01:27:06	+00:09:30	05:27 min/Km
6	2	255	GONZÁLEZ RODRÍGUEZ , FERNANDO	MALE	VET-MASC	INDEPENDIENTE	01:27:50	+00:10:14	05:30 min/Km
7	3	307	VÁZQUEZ VÁZQUEZ , EMILIO	MALE	VET-MASC	INDEPENDIENTE	01:30:05	+00:12:29	05:38 min/Km
8	5	300	TEIJO LÓPEZ , PABLO	MALE	SEN-MASC	AS VELLAS NON PARAMOS	01:30:35	+00:12:59	05:40 min/Km
9	6	221	CAÑIZARES SANCHEZ , ANGEL	MALE	SEN-MASC	CLUB DE MONTAÑA O CAXADO	01:31:14	+00:13:38	05:43 min/Km
10	4	206	ANDRES , JORGE	MALE	VET-MASC	GALLAECIA	01:31:56	+00:14:20	05:45 min/Km
11	7	240	FERNANDEZ RAMOS , ALEJANDRO	MALE	SEN-MASC	TRAILEROS TOXOS Y BIRRAS	01:32:18	+00:14:42	05:47 min/Km
12	8	223	CASTELEIRO , ALBERTO	MALE	SEN-MASC		01:32:52	+00:15:16	05:49 min/Km
13	9	298	SUSO SÁNCHEZ , DANIEL	MALE	SEN-MASC	COMANDO NORTE	01:34:26	+00:16:50	05:55 min/Km
14	10	235	ESTEIRO MARTÍNEZ , INACIO	MALE	SEN-MASC	AME BESTARRUZA	01:35:36	+00:18:00	05:59 min/Km
15	5	284	PIÑOL CHAS , JOAQUIN	MALE	VET-MASC	NOSPORTLIMIT	01:35:38	+00:18:02	05:59 min/Km
16	6	244	GARCIA ENERO , FERNANDO	MALE	VET-MASC		01:36:01	+00:18:25	06:01 min/Km
17	7	254	GONZALEZ MORAO , JACOBO	MALE	VET-MASC		01:36:32	+00:18:56	06:02 min/Km
18	11	247	GARCÍA RIAL , FRANCISCO	MALE	SEN-MASC	INDEPENDIENTE	01:37:31	+00:19:55	06:06 min/Km
19	12	299	TASENDE VIAÑO , JESUS	MALE	SEN-MASC		01:38:00	+00:20:24	06:08 min/Km
20	13	248	GARCÍA RICART , MIGUEL	MALE	SEN-MASC	PEÑA CICLISTA SANTA MARTA	01:38:31	+00:20:55	06:10 min/Km
21	14	225	CASTRO SEGADE , VÍCTOR	MALE	SEN-MASC	A.D. CERNE	01:39:28	+00:21:52	06:13 min/Km
22	8	295	SEIJAS GOMEZ , JUAN LUIS	MALE	VET-MASC		01:39:55	+00:22:19	06:15 min/Km
23	9	289	RIVAS BEIS , JAVIER	MALE	VET-MASC		01:40:12	+00:22:36	06:16 min/Km
24	15	243	GARCIA BARBEIRA , PABLO	MALE	SEN-MASC	INDEPENDIENTE	01:40:39	+00:23:03	06:18 min/Km
25	16	310	VIDAL REIGOSA , MIGUEL ANGEL	MALE	SEN-MASC	CLUB ATLETISMO LOURENZÁ	01:41:00	+00:23:24	06:19 min/Km
26	17	232	DÍAZ RAMUDO , JUAN	MALE	SEN-MASC	KURAI	01:41:44	+00:24:08	06:22 min/Km
27	10	296	SERVIA CASTRO , INDALECIO	MALE	VET-MASC		01:42:03	+00:24:27	06:23 min/Km
28	18	257	HEVIA GOMEZ , JESUS	MALE	SEN-MASC	NOSPORTLIMIT	01:42:19	+00:24:43	06:24 min/Km
29	19	304	VÁZQUEZ IZAGUIRRE , PATXI	MALE	SEN-MASC	XABARÍS ÁRTABROS	01:42:27	+00:24:51	06:25 min/Km
30	20	312	VILAR MARTÍNEZ , JAVIER	MALE	SEN-MASC	ESCOLA DE ATLETISMO PAULA MAYOBRE	01:43:06	+00:25:30	06:27 min/Km
31	11	309	VEIGA GONZÁLEZ , MIGUEL	MALE	VET-MASC	MONTEFARO TRAIL	01:43:06	+00:25:30	06:27 min/Km
32	21	279	PEREIRA OTERO , MARCOS	MALE	SEN-MASC	INDEPENDIENTE	01:43:16	+00:25:40	06:28 min/Km
33	12	236	FERNÁNDEZ , OSCAR	MALE	VET-MASC	XABARINS	01:43:20	+00:25:44	06:28 min/Km
34	22	231	DÍAZ PÉREZ , TOMAS	MALE	SEN-MASC		01:44:06	+00:26:30	06:31 min/Km

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35	13	213	BELLAS RODRÍGUEZ , JUAN	MALE	VET-MASC	INDEPENDIENTE	01:44:27	+00:26:51	06:32 min/Km
36	23	229	DE LA VIÑA PITA , JUAN CARLOS	MALE	SEN-MASC	XABARÍS ÁRTABROS	01:45:27	+00:27:51	06:36 min/Km
37	14	202	AGRAFOJO VILLASUSO , JOSE ADOLFO	MALE	VET-MASC		01:45:42	+00:28:06	06:37 min/Km
38	24	212	BELLAS FORMOSO , IVAN	MALE	SEN-MASC	CLUB DE MONTAÑA O CAXADO	01:46:02	+00:28:26	06:38 min/Km
39	15	262	LANDERAS VAZQUEZ , RAFAEL	MALE	VET-MASC	CORREDORES POPULARES ARMADA	01:46:14	+00:28:38	06:39 min/Km
40	25	280	PÉREZ FERREIRO , JUAN	MALE	SEN-MASC		01:48:12	+00:30:36	06:46 min/Km
41	16	277	PENA SALIDO , JOSE MANUEL	MALE	VET-MASC	EUMENATURA MONTAÑA	01:48:29	+00:30:53	06:47 min/Km
42	26	210	BAAMONDE LÓPEZ , SERGIO	MALE	SEN-MASC		01:48:33	+00:30:57	06:48 min/Km
43	17	224	CASTRO LÓPEZ , JESÚS	MALE	VET-MASC	ACADEMIA JM RIVAS	01:49:56	+00:32:20	06:53 min/Km
44	18	293	RUIZ DE VALBUENA BUENO , JOSÉ ANTONIO	MALE	VET-MASC	ACADEMIA JM RIVAS	01:49:56	+00:32:20	06:53 min/Km
45	27	268	MARTÍNEZ PEREZ , EMILIO MANUEL	MALE	SEN-MASC	ACADEMIA JM RIVAS	01:50:07	+00:32:31	06:53 min/Km
46	28	234	ESCLUSA SEIJO , DAVID	MALE	SEN-MASC	INDEPENDIENTE	01:50:33	+00:32:57	06:55 min/Km
47	29	261	LAGO DÍAZ , GONZALO	MALE	SEN-MASC	INDEPENDIENTE	01:50:33	+00:32:57	06:55 min/Km
48	30	211	BARRO ROMERO , ANGEL	MALE	SEN-MASC		01:50:51	+00:33:15	06:56 min/Km
49	31	275	PAZ ARZUAGA , DANIEL	MALE	SEN-MASC	JABALÍS	01:50:54	+00:33:18	06:56 min/Km
50	19	251	GOMEZ RODRÍGUEZ , ESTEBAN	MALE	VET-MASC	PORCOS BRAVOS LUGO	01:50:59	+00:33:23	06:57 min/Km
51	20	281	PEREZ SANFIZ , ALFONSO	MALE	VET-MASC	INDEPENDIENTE	01:51:00	+00:33:24	06:57 min/Km
52	32	260	JUNCAL GARCÍA , YANNICK	MALE	SEN-MASC	INDEPENDIENTE	01:51:06	+00:33:30	06:57 min/Km
53	1	233	EMMANUEL OGALA , ELIZABETH	FEMALE	SEN-FEM	K2ORDES	01:51:18	+00:33:42	06:58 min/Km
54	21	238	FERNANDEZ ALVAREZ , KIKE	MALE	VET-MASC	CLUB DE MONTAÑA O CAXADO	01:52:55	+00:35:19	07:04 min/Km
55	33	227	CORDERO RODRIGUEZ , FRAN	MALE	SEN-MASC	PASA OU ENTORNA	01:53:06	+00:35:30	07:05 min/Km
56	34	253	GONZALEZ BARREAL , IAGO	MALE	SEN-MASC	INDEPENDIENTE	01:53:08	+00:35:32	07:05 min/Km
57	1	230	DÍAZ PÉREZ , NURIA	FEMALE	VET-FEM	OLYMPO AS PONTES	01:54:57	+00:37:21	07:12 min/Km
58	35	215	BERMUDEZ POMBO , JAVIER	MALE	SEN-MASC		01:55:22	+00:37:46	07:13 min/Km
59	22	237	FERNANDEZ NAVARRO , SANTI	MALE	VET-MASC	CAMI DELS IBERS	01:55:55	+00:38:19	07:15 min/Km
60	36	290	RODRIGUEZ GARCIA , PABLO	MALE	SEN-MASC	INDEPENDIENTE	01:56:52	+00:39:16	07:19 min/Km
61	23	264	LÓPEZ LÓPEZ , ELISEO	MALE	VET-MASC	CAV MONTAÑA	01:57:26	+00:39:50	07:21 min/Km
62	24	214	BERMEJO RUBIO , ARTURO	MALE	VET-MASC		01:58:08	+00:40:32	07:23 min/Km
63	25	285	PRIETO CABRAL , MOISES	MALE	VET-MASC	INDEPENDIENTE	01:58:41	+00:41:05	07:26 min/Km
64	37	282	PEREZ VEIGA , JOSE MANUEL	MALE	SEN-MASC		01:58:44	+00:41:08	07:26 min/Km
65	38	292	RODRÍGUEZ LÓPEZ , ISAAC	MALE	SEN-MASC	INDEPENDIENTE	01:58:50	+00:41:14	07:26 min/Km
66	39	283	PIÑEIRO VIZOSO , HUGO	MALE	SEN-MASC		01:59:56	+00:42:20	07:30 min/Km
67	40	222	CARREIRA MANSO , ALVARO XOSÉ	MALE	SEN-MASC		02:00:16	+00:42:40	07:31 min/Km
68	41	291	RODRÍGUEZ LÓPEZ , FRAN	MALE	SEN-MASC	CLUB ATLETISMO SADA	02:00:23	+00:42:47	07:32 min/Km

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69	26	288	RIVAS , E STEVO	MALE	VET-MASC	ACADEMIA JM RIVAS	02:01:06	+00:43:30	07:35 min/Km
70	42	302	TOURON , RUBEN	MALE	SEN-MASC	INDEPENDIENTE	02:01:34	+00:43:58	07:36 min/Km
71	2	250	GÓMEZ MAGIDE , MIRIAN	FEMALE	SEN-FEM	INDEPENDIENTE	02:01:36	+00:44:00	07:36 min/Km
72	43	249	GARCÍA SAS , JUAN JOSE	MALE	SEN-MASC	INDEPENDIENTE	02:01:46	+00:44:10	07:37 min/Km
73	27	245	GARCIA FERREIRA , TINO	MALE	VET-MASC	INDEPENDIENTE	02:02:54	+00:45:18	07:41 min/Km
74	28	201	ACEVES DIAZ , SANTIAGO	MALE	VET-MASC	PANVINOS	02:03:03	+00:45:27	07:42 min/Km
75	3	306	VÁZQUEZ SESAR , LUCÍA	FEMALE	SEN-FEM	INDEPENDIENTE	02:03:31	+00:45:55	07:44 min/Km
76	29	207	ARIAS PAZ , NESTOR	MALE	VET-MASC	CLUB MONTEPENARUBIA LUGO	02:03:34	+00:45:58	07:44 min/Km
77	44	272	MOURIZ GARCÍA , DANIEL	MALE	SEN-MASC	INDEPENDIENTE	02:03:37	+00:46:01	07:44 min/Km
78	2	266	MARGARETO NOYA , MERCEDES	FEMALE	VET-FEM	MONTEFARO TRAIL	02:05:35	+00:47:59	07:51 min/Km
79	4	303	VÁZQUEZ - GUNDÍN PAZ , MARÍA	FEMALE	SEN-FEM	NOSPORTLIMIT	02:07:35	+00:49:59	07:59 min/Km
80	45	297	QUEVEDO , ADRIAN	MALE	SEN-MASC		02:07:35	+00:49:59	07:59 min/Km
81	30	305	VÁZQUEZ SEOANE , MANUEL	MALE	VET-MASC	INDEPENDIENTE	02:11:18	+00:53:42	08:13 min/Km
82	46	311	VILA BOURIO , DIEGO LUIS	MALE	SEN-MASC	TRIATLON CIDADE DE LUGO	02:15:15	+00:57:39	08:28 min/Km
83	5	267	MARTINEZ FRIGOLA , MAR	FEMALE	SEN-FEM	NOSPORTLIMIT	02:16:25	+00:58:49	08:32 min/Km
84	6	218	CAMBON COTELO , FÁTIMA	FEMALE	SEN-FEM		02:16:26	+00:58:50	08:32 min/Km
85	47	208	ARMESTO APARICIO , VICTOR MANUEL	MALE	SEN-MASC	PORCOS BRAVOS LUGO	02:16:26	+00:58:50	08:32 min/Km
86	3	286	RAMUDO RIVAS , ROSA	FEMALE	VET-FEM	INDEPENDIENTE	02:17:31	+00:59:55	08:36 min/Km
87	48	256	HERENCIA VILAR , SANTOS	MALE	SEN-MASC	NOSPORTLIMIT	02:18:26	+01:00:50	08:40 min/Km
88	4	258	IRELAND , MEGAN	FEMALE	VET-FEM	INDEPENDIENTE	02:20:30	+01:02:54	08:47 min/Km
89	31	228	CRIBEIRO BARCON , JESÚS JAVIER	MALE	VET-MASC	INDEPENDIENTE	02:20:37	+01:03:01	08:48 min/Km
90	7	276	PEDRE BOUZA , SHEILA	FEMALE	SEN-FEM	A.D. JARNACHAS	02:21:29	+01:03:53	08:51 min/Km
91	8	294	SANCHEZ PULGAR , NATALIA	FEMALE	SEN-FEM	PEÑA LAR TRAIL	02:25:31	+01:07:55	09:06 min/Km
92	9	269	MARTINEZ PEÑA , SYLVIE	FEMALE	SEN-FEM	INDEPENDIENTE	02:26:54	+01:09:18	09:11 min/Km
93	49	216	BUDIÑO SILVA , NOÉ	MALE	SEN-MASC	INDEPENDIENTE	02:26:54	+01:09:18	09:11 min/Km
94	32	246	GARCIA GOMEZ , EDMUNDO	MALE	VET-MASC	INDEPENDIENTE	02:27:37	+01:10:01	09:14 min/Km
95	33	242	FONTAN PARDO , FRANCISCO	MALE	VET-MASC	INDEPENDIENTE	02:28:45	+01:11:09	09:18 min/Km
96	50	313	VILLASUSO VÁZQUEZ , JACOBO	MALE	SEN-MASC	INDEPENDIENTE	02:34:26	+01:16:50	09:40 min/Km
97	10	271	MONTERO GALDO , CRISTINA	FEMALE	SEN-FEM	INDEPENDIENTE	02:34:26	+01:16:50	09:40 min/Km
98	5	273	ORDOÑEZ SALCEDO , NANCY SUSANA	FEMALE	VET-FEM	INDEPENDIENTE	02:34:45	+01:17:09	09:41 min/Km
99	34	308	VAZQUEZ VEIGA , / , MIGUEL ANGEL	MALE	VET-MASC		02:37:14	+01:19:38	09:50 min/Km