

X CARRERA POPULAR ORTIGUEIRA 2024

04/08/2024

- ABSOLUTA 5K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
1	1	25	HERMIDA RODRÍGUEZ , AGUSTÍN P.	MALE	MASTER 1	A. D. NAUTICO NARÓN	00:17:38	03:32 min/Km
2	1	19	FERREIRA AYBAR , BRANDOL	MALE	SUB18	ATLETISMO ILLA DE TAMBO	00:18:02	03:37 min/Km
3	2	47	VILLALBA MARTÍNEZ , JESÚS MANUEL	MALE	MASTER 1		00:18:42	03:45 min/Km
4	1	6	BUGLIOT FERNÁNDEZ , RUBÉN	MALE	SENIOR	OS CORZOS DO ORTEGAL	00:18:49	03:46 min/Km
5	1	45	SANTOS VILLALÓN , CAROL	FEMALE	SENIOR-F	RÍA DE FERROL	00:19:11	03:51 min/Km
6	2	17	DÍAZ GARCÍA , RAÚL	MALE	SUB18		00:20:34	04:07 min/Km
7	1	35	MUÍÑO , JOSÉ MANUEL	MALE	MASTER 2		00:21:30	04:18 min/Km
8	2	32	MARTÍNEZ FREIRE , ADRIÁN	MALE	SENIOR		00:22:10	04:26 min/Km
9	2	39	PEREIRA GOMEZ , VICTOR MANUEL	MALE	MASTER 2		00:22:14	04:27 min/Km
10	3	3	ARRIBAS LÓPEZ , IVÁN	MALE	MASTER 1		00:22:15	04:27 min/Km
11	1	14	DE LA MORENA GRANDAL , IGNACIO	MALE	-		00:22:23	04:29 min/Km
12	1	29	LÓPEZ LÓPEZ , ROSALÍA	FEMALE	MASTER 1-F	LUGO RUNNING CLUB	00:22:29	04:30 min/Km
13	2	12	DE ANDRES , CLARA	FEMALE	-	ATLETISMO LAS ROZAS	00:22:52	04:35 min/Km
14	2	7	CALVO , CLAIRE	FEMALE	MASTER 1-F		00:23:01	04:37 min/Km
15	4	43	RUJAS PASCUAL , IGNACIO	MALE	MASTER 1		00:23:14	04:39 min/Km
16	3	20	GARCIA-VILLANOVA GILMARTIN , DIEGO	MALE	SUB18		00:23:22	04:41 min/Km
17	5	41	RAMIRO BENAVIDES , ÁLVARO	MALE	MASTER 1		00:23:25	04:41 min/Km
18	3	15	DIAZ COBELO , NICOLÁS	MALE	-		00:23:28	04:42 min/Km
19	3	37	PARDO NAVAL , ZELTIA	FEMALE	MASTER 1-F		00:23:31	04:43 min/Km
20	1	9	COBELO ROMERO , ELISA	FEMALE	MASTER 2-F		00:23:44	04:45 min/Km
21	3	21	GARCIA-VILLANOVA RUIZ , IGNACIO	MALE	MASTER 2		00:23:53	04:47 min/Km
22	6	10	CONDE RUIZ , MIKEL	MALE	MASTER 1		00:24:47	04:58 min/Km
23	7	13	DE LA MORENA ARRANZ , PABLO	MALE	MASTER 1		00:24:50	04:58 min/Km
24	8	2	ARMADA PIÑEIRO , VICTOR	MALE	MASTER 1		00:25:06	05:02 min/Km
25	9	5	BLANCO ANEIROS , VÍCTOR	MALE	MASTER 1		00:25:07	05:02 min/Km
26	1	38	PEDREIRA COROAS , CELERINO	MALE	MASTER 3	CLUB ATLETISMO LOURENZA	00:25:19	05:04 min/Km
27	2	42	RODRÍGUEZ LOPEZ , BLANCA	FEMALE	SENIOR-F		00:25:33	05:07 min/Km
28	3	46	VÁZQUEZ MONTERO , DAVID	MALE	SENIOR		00:25:40	05:08 min/Km

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29	3	11	CRIBEIRO VILLAR , ISABEL	FEMALE	SENIOR-F		00:25:59	05:12 min/Km
30	10	27	LAGO GRAÑA , ALBERTO	MALE	MASTER 1		00:26:00	05:12 min/Km
31	2	33	MAYOR COUCEIRO , JOSE LUIS	MALE	MASTER 3		00:26:46	05:22 min/Km
32	4	36	OGANDO ESCARAY , MIREN	FEMALE	SENIOR-F		00:28:00	05:36 min/Km
33	4	24	GOMEZ-LECHON BARRACHINA , ARTURO	MALE	SENIOR		00:28:59	05:48 min/Km
34	5	31	MARTI FERNANDEZ , MARIA	FEMALE	SENIOR-F		00:28:59	05:48 min/Km
35	6	23	GOMEZ LECHÓN BARRACHINA , MARIA	FEMALE	SENIOR-F		00:28:59	05:48 min/Km
36	7	34	MOYANO GARCÍA , CAROLINA	FEMALE	SENIOR-F		00:28:59	05:48 min/Km
37	4	18	DÍAZ LÓPEZ , MARTA MARÍA	FEMALE	MASTER 1-F		00:30:08	06:02 min/Km
38	8	48	VILLOSLADA QUINTANA , CRISTINA	FEMALE	SENIOR-F		00:31:55	06:23 min/Km
39	1	4	BAL ALVAREDO , MERCEDES	FEMALE	MASTER 3-F	MULLER EN FORMA	00:33:00	06:36 min/Km
40	2	26	IGLESIAS NÉCEGA , ELISA	FEMALE	MASTER 3-F	MULLER EN FORMA	00:33:01	06:37 min/Km
41	3	8	CASTINEIRA , MARIA JESUS	FEMALE	MASTER 3-F		00:33:50	06:46 min/Km
42	9	49	BARRA CHINA , LUCIA	FEMALE	SENIOR-F		00:34:05	06:49 min/Km
43	1	50	ADREAS , GABRIEL	MALE	.		00:34:06	06:50 min/Km