

IV EXTREMA SOUTELO

01 XULIO 2018



CRONOMETRAXE

- XERAL -

POS.	P.CAT.	NUMBER	PARTICIPANTE	CAT	TANDA	CLUB	V1	V2	META	RITMO
1	1	27	SANTOS BARCIELA , CÉSAR	MALE	TANDA 1	PONTESECA TRAIL TEAM	00:21:30.557	00:21:14.737	00:42:45.293	04:17 min/Km
2	2	270	PAZO GIRALDEZ , DANIEL	MALE	TANDA 8	ATLETISMO BAIONA	00:21:10.513	00:21:46.390	00:42:56.903	04:18 min/Km
3	3	62	PEREIRA OLIVEIRA , GABRIEL	MALE	TANDA 2		00:20:44.803	00:22:15.640	00:43:00.443	04:19 min/Km
4	4	25	RODRÍGUEZ GARCÍA , MANUEL	MALE	TANDA 1		00:21:09.163	00:22:47.930	00:43:57.093	04:24 min/Km
5	5	19	MARTINEZ BREA , PABLO	MALE	TANDA 1	INDEPENDIENTE	00:21:15.353	00:22:47.530	00:44:02.883	04:25 min/Km
6	6	178	BURGOS REY , JOSE ANTONIO	MALE	TANDA 6	ATLETISMO PORRIÑO	00:22:11.003	00:22:13.970	00:44:24.973	04:27 min/Km
7	7	154	FERNANDEZ ROMERO , ELISEO	MALE	TANDA 5	INDEPENDIENTE	00:22:54.600	00:22:17.600	00:45:12.200	04:32 min/Km
8	8	157	GOMEZ GONZALEZ , ENRIQUE	MALE	TANDA 5	OS MOROSOS	00:22:18.260	00:23:54.310	00:46:12.570	04:38 min/Km
9	9	205	SOBRADO FERNANDEZ , ANTONIO	MALE	TANDA 6		00:22:32.293	00:23:58.700	00:46:30.993	04:40 min/Km
10	10	92	OTERO AMOEDO , ANXO	MALE	TANDA 3		00:22:53.070	00:24:28.250	00:47:21.320	04:45 min/Km
11	11	285	CARREIRO PORTELA , SEBASTIÁN	MALE	TANDA 9		00:17:34.643	00:30:10.050	00:47:44.693	04:47 min/Km
12	12	269	PACHECO SOLIÑO , ALBERTO	MALE	TANDA 8		00:23:30.903	00:24:17.730	00:47:48.633	04:47 min/Km
13	13	248	ÁLVAREZ RODRÍGUEZ , ABEL	MALE	TANDA 8	INDEPENDIENTE	00:23:24.343	00:24:37.650	00:48:01.993	04:49 min/Km
14	14	67	RODRIGUEZ FERNANDEZ , IAGO	MALE	TANDA 2	TRIATLON PC RIAS BAIXAS	00:23:37.073	00:24:29.770	00:48:06.843	04:49 min/Km
15	15	233	MILEGO FERNÁNDEZ , DANIEL	MALE	TANDA 7	INDEPENDIENTE	00:23:49.207	00:24:20.140	00:48:09.347	04:49 min/Km
16	16	43	COMESAÑA VIEITEZ , JOSÉ ÁNGEL	MALE	TANDA 2	TEAM BIPOLAR	00:23:45.793	00:24:32.580	00:48:18.373	04:50 min/Km
17	1	42	CHAPELA CARBALLO , MIRIAM	FEMALE	TANDA 2	TEAM BIPOLAR	00:23:43.933	00:24:34.680	00:48:18.613	04:50 min/Km
18	17	17	LAGO PIÑA , RAFAEL	MALE	TANDA 1	INDEPENDIENTE	00:23:12.053	00:25:12.530	00:48:24.583	04:51 min/Km
19	18	175	VIÑA VERISIMO , DIEGO	MALE	TANDA 5	PONTESECA TRAIL TEAM	00:24:14.340	00:24:15.520	00:48:29.860	04:51 min/Km
20	19	56	LÓPEZ MARIANO , THIAGO	MALE	TANDA 2	TEAM BIPOLAR	00:23:26.663	00:25:07.090	00:48:33.753	04:52 min/Km
21	20	142	BARROS OUTERELO , GONZALO	MALE	TANDA 5		00:24:27.230	00:24:14.020	00:48:41.250	04:53 min/Km
22	21	173	SOLLEIRO CARRERA , MARCOS	MALE	TANDA 5		00:24:39.320	00:24:13.630	00:48:52.950	04:54 min/Km
23	22	169	RAMOS SEVES , JAVIER	MALE	TANDA 5		00:24:29.170	00:24:42.200	00:49:11.370	04:56 min/Km
24	23	32	VALCARCEL PIÑEIRO , DIEGO	MALE	TANDA 1	INDEPENDIENTE	00:23:37.583	00:25:33.830	00:49:11.413	04:56 min/Km
25	24	65	REY RIVERA , JAVIER	MALE	TANDA 2	TEAM BIPOLAR	00:24:01.143	00:25:14.930	00:49:16.073	04:56 min/Km
26	25	237	MORAIS MARTINEZ , RUBEN	MALE	TANDA 7		00:24:53.137	00:24:29.330	00:49:22.467	04:57 min/Km
27	26	258	GOMEZ RODAS , NOEL	MALE	TANDA 8		00:24:08.063	00:25:16.420	00:49:24.483	04:57 min/Km
28	27	278	SOMOZA LOPEZ , PABLO	MALE	TANDA 8	PONTESECA TRAIL TEAM	00:25:51.793	00:23:53.380	00:49:45.173	04:59 min/Km
29	28	287	COTO PEREIRA , CRISTIAN	MALE	TANDA 9		00:25:30.873	00:24:38.090	00:50:08.963	05:01 min/Km
30	29	9	FERNANDEZ BLANCO , RUBEN	MALE	TANDA 1	INDEPENDIENTE	00:23:44.663	00:26:26.690	00:50:11.353	05:02 min/Km
31	30	198	QUIÑONES MIGUEZ , JUAN ANTONIO	MALE	TANDA 6		00:24:54.343	00:25:34.930	00:50:29.273	05:03 min/Km
32	31	60	OLIVEIRA RODRÍGUEZ , FRANCISCO	MALE	TANDA 2		00:24:32.143	00:26:02.360	00:50:34.503	05:04 min/Km

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33	32	50	GONZÁLEZ BURGO , JOSÉ ANTONIO	MALE	TANDA 2	TEAM BIPOLAR	00:24:24.803	00:26:23.250	00:50:48.053	05:05 min/Km
34	33	131	PEREZ PEIXOTO , ALVARO	MALE	TANDA 4	BEONE MONTERREAL	00:25:12.453	00:25:43.880	00:50:56.333	05:06 min/Km
35	34	37	ALONSO PÉREZ , SAMUEL	MALE	TANDA 2	INDEPENDIENTE	00:24:47.603	00:26:09.240	00:50:56.843	05:06 min/Km
36	35	111	BERNARDEZ RODRÍGUEZ , PEPIN	MALE	TANDA 4	BEONE MONTERREAL	00:25:34.393	00:25:46.140	00:51:20.533	05:09 min/Km
37	36	266	MIGUEL BRANDAO FERREIRA , RUI	MALE	TANDA 8	INDEPENDIENTE	00:25:49.433	00:25:37.240	00:51:26.673	05:09 min/Km
38	37	286	CASTRO PEREIRA , BRAIS	MALE	TANDA 9		00:25:28.433	00:26:11.970	00:51:40.403	05:11 min/Km
39	38	110	BELLETT RODRIGUEZ , JAVIER	MALE	TANDA 4	BEONE MONTERREAL	00:25:38.733	00:26:05.330	00:51:44.063	05:11 min/Km
40	39	29	SOBRAL LAGO , IGNACIO	MALE	TANDA 1		00:25:15.783	00:26:43.540	00:51:59.323	05:12 min/Km
41	40	260	GONZÁLEZ LAGO , IGNACIO	MALE	TANDA 8	PONTESECA TRAIL TEAM	00:26:08.813	00:25:51.510	00:52:00.323	05:13 min/Km
42	41	8	CASAL DIZ , ALBERTO	MALE	TANDA 1		00:24:50.163	00:27:17.160	00:52:07.323	05:13 min/Km
43	42	23	RIVERA RICON , PABLO	MALE	TANDA 1	INDEPENDIENTE	00:25:36.473	00:26:36.600	00:52:13.073	05:14 min/Km
44	43	40	BRAVO PÉREZ , OSCAR	MALE	TANDA 2		00:24:45.703	00:27:28.250	00:52:13.953	05:14 min/Km
45	44	18	LOPEZ CASTRO , CÉSAR	MALE	TANDA 1	INDEPENDIENTE	00:25:27.333	00:26:56.910	00:52:24.243	05:15 min/Km
46	45	36	ALCÓN CARRO , IVÁN	MALE	TANDA 2	INDEPENDIENTE	00:25:29.043	00:27:10.080	00:52:39.123	05:16 min/Km
47	46	63	PEREZ BENAVIDES , JAVIER	MALE	TANDA 2	NOSPORTLIMIT	00:25:06.633	00:27:35.520	00:52:42.153	05:17 min/Km
48	47	226	GUERREIRO , SERGIO	MALE	TANDA 7	INDEPENDIENTE	00:25:59.477	00:27:03.820	00:53:03.297	05:19 min/Km
49	48	181	CHAPELA MARTINEZ , DIEGO	MALE	TANDA 6		00:26:11.943	00:26:59.780	00:53:11.723	05:20 min/Km
50	49	135	RUIZ MARTINEZ , JOSE CARLOS	MALE	TANDA 4	BEONE MONTERREAL	00:25:47.713	00:27:24.180	00:53:11.893	05:20 min/Km
51	50	115	CORTIZO BOULLOSA , MIGUEL	MALE	TANDA 4	INDEPENDIENTE	00:26:25.463	00:27:00.230	00:53:25.693	05:21 min/Km
52	51	143	BARROS RODRIGUEZ , MANUEL	MALE	TANDA 5	INDEPENDIENTE	00:26:44.730	00:26:51.340	00:53:36.070	05:22 min/Km
53	52	279	SOUTELO DOMÍNGUEZ , DANIEL	MALE	TANDA 8		00:26:28.543	00:27:09.780	00:53:38.323	05:22 min/Km
54	53	28	SANTOS RODRÍGUEZ , GERMÁN	MALE	TANDA 1		00:26:32.583	00:27:11.480	00:53:44.063	05:23 min/Km
55	54	193	MARTÍNEZ BOUZAS , JAVI	MALE	TANDA 7		00:26:53.797	00:26:59.460	00:53:53.257	05:24 min/Km
56	55	104	VAZQUEZ DO SANTOS , JUAN ANTONIO	MALE	TANDA 3		00:27:14.660	00:26:46.100	00:54:00.760	05:25 min/Km
57	56	318	ALONSO PEREIRA , MARCOS	MALE	TANDA 10		00:26:53.740	00:27:10.160	00:54:03.900	05:25 min/Km
58	57	12	FERNÁNDEZ PEREIRA , AARON	MALE	TANDA 1	INDEPENDIENTE	00:26:15.163	00:27:50.110	00:54:05.273	05:25 min/Km
59	58	38	ÁLVAREZ ACUÑA , DIEGO	MALE	TANDA 2		00:27:17.033	00:26:56.070	00:54:13.103	05:26 min/Km
60	59	68	RODRÍGUEZ RODRÍGUEZ , DIEGO	MALE	TANDA 2	INDEPENDIENTE	00:27:13.053	00:27:00.230	00:54:13.283	05:26 min/Km
61	60	295	FONTAIÑA GÓMEZ , YAGO	MALE	TANDA 9		00:26:58.493	00:27:18.090	00:54:16.583	05:26 min/Km
62	61	294	FONTAIÑA GOMEZ , IVAN	MALE	TANDA 9		00:26:57.363	00:27:19.390	00:54:16.753	05:26 min/Km
63	62	20	MAYOR LÓPEZ , MANUEL	MALE	TANDA 1		00:26:29.333	00:27:48.110	00:54:17.443	05:26 min/Km
64	63	46	EIRIN BERMÚDEZ , ROBERTO	MALE	TANDA 2	TEAM BIPOLAR	00:26:29.883	00:27:49.140	00:54:19.023	05:26 min/Km

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65	64	163	LÓPEZ LORENZO , ALBERTO	MALE	TANDA 5	CROSSXTRAINING VIGO	00:26:32.800	00:27:49.280	00:54:22.080	05:27 min/Km
66	65	4	CABALEIRO DURAN , BRAIS	MALE	TANDA 1		00:25:47.123	00:28:38.130	00:54:25.253	05:27 min/Km
67	66	141	BARROS CAMPO , BRUNO	MALE	TANDA 5	INDEPENDIENTE	00:26:48.080	00:27:40.170	00:54:28.250	05:27 min/Km
68	67	212	ARADAS , BERNARDO	MALE	TANDA 7		00:27:20.997	00:27:22.150	00:54:43.147	05:29 min/Km
69	68	45	SIO OTERO , PABLO	MALE	TANDA 2	CAZAFANTASMAS TEAM	00:27:24.683	00:27:22.250	00:54:46.933	05:29 min/Km
70	69	161	LOPEZ AGUILERA , PEDRO	MALE	TANDA 5		00:26:19.480	00:28:34.310	00:54:53.790	05:30 min/Km
71	70	224	GONZÁLEZ MÍGUEZ , FERNANDO	MALE	TANDA 7		00:26:06.867	00:28:50.150	00:54:57.017	05:30 min/Km
72	71	234	MISA SALINAS , DENIS	MALE	TANDA 7	INDEPENDIENTE	00:26:01.213	00:29:14.403	00:55:15.617	05:32 min/Km
73	72	291	ESTEVEZ CRESPO , MARTIN	MALE	TANDA 9	INDEPENDIENTE	00:27:42.163	00:27:34.050	00:55:16.213	05:32 min/Km
74	73	145	BURGOS ARGIBAY , DAVID	MALE	TANDA 5		00:26:30.440	00:28:51.070	00:55:21.510	05:33 min/Km
75	74	186	GARCIA LAGO , MARCOS	MALE	TANDA 6	ASOCISION DEPORTIVA CAR	00:26:50.123	00:28:41.520	00:55:31.643	05:34 min/Km
76	75	149	ESTEVEZ ESTEVEZ , EVARISTO	MALE	TANDA 5	INDEPENDIENTE	00:27:54.890	00:27:42.250	00:55:37.140	05:34 min/Km
77	76	97	RODRÍGUEZ RAMIREZ , MIGUEL	MALE	TANDA 3	INDEPENDIENTE	00:27:34.140	00:28:04.440	00:55:38.580	05:34 min/Km
78	77	95	RODRIGUEZ JANUARIO , RUBEN	MALE	TANDA 3		00:27:36.420	00:28:05.270	00:55:41.690	05:35 min/Km
79	78	162	LOPEZ ESTEVEZ , SAMUEL	MALE	TANDA 5	INDEPENDIENTE	00:27:32.130	00:28:25.910	00:55:58.040	05:36 min/Km
80	79	190	IGLESIAS IGLESIAS , JORGE JAVIER	MALE	TANDA 6	INDEPENDIENTE	00:30:35.533	00:25:23.570	00:55:59.103	05:36 min/Km
81	80	61	OUBIÑA ALVAREZ , ANGEL	MALE	TANDA 2	INDEPENDIENTE	00:27:40.563	00:28:21.910	00:56:02.473	05:37 min/Km
82	81	15	GONZALEZ MARTINEZ , AMALIO	MALE	TANDA 1	INDEPENDIENTE	00:26:21.363	00:29:44.180	00:56:05.543	05:37 min/Km
83	82	203	SABINO PORTO , ALFONSO	MALE	TANDA 6	OS BOLECHOS	00:28:53.453	00:27:15.830	00:56:09.283	05:37 min/Km
84	83	84	IGLESIAS FERNÁNDEZ , MARCOS	MALE	TANDA 3	JAITAS LAVADAS	00:27:27.440	00:28:58.510	00:56:25.950	05:39 min/Km
85	84	187	GARCÍA PEREIRA , YVES	MALE	TANDA 6	INDEPENDIENTE	00:28:00.063	00:29:24.140	00:57:24.203	05:45 min/Km
86	85	121	GARCIA RODRIGUEZ , JULIO	MALE	TANDA 4	BEONE MONTERREAL	00:28:42.093	00:28:51.790	00:57:33.883	05:46 min/Km
87	86	24	RODRIGUEZ COLLAZO , RAÚL	MALE	TANDA 1	CAZAFANTASMAS	00:27:21.403	00:30:28.120	00:57:49.523	05:47 min/Km
88	87	219	FERNÁNDEZ PEREIRA , IVAN	MALE	TANDA 7	ESTÁS UP	00:28:48.027	00:29:02.600	00:57:50.627	05:48 min/Km
89	88	21	OLIVEIRA RODRIGUEZ , RUBEN	MALE	TANDA 1		00:28:04.993	00:30:07.720	00:58:12.713	05:50 min/Km
90	89	183	FERREIRA TOURÓN , NICO	MALE	TANDA 6		00:28:24.463	00:29:55.510	00:58:19.973	05:50 min/Km
91	90	69	SALOMÓN FERNÁNDEZ , OSCAR	MALE	TANDA 2		00:28:25.553	00:29:56.470	00:58:22.023	05:51 min/Km
92	2	70	SUEIRO DOMÍNGUEZ , RAQUEL	FEMALE	TANDA 2	INDEPENDIENTE	00:28:15.903	00:30:09.490	00:58:25.393	05:51 min/Km
93	91	327	CORTIÑAS ALONSO , BORJA	MALE	TANDA 10	ALACRAM VERMELHO	00:29:49.610	00:28:48.840	00:58:38.450	05:52 min/Km
94	92	235	MISA SALINAS , RUBEN	MALE	TANDA 7		00:29:14.817	00:29:30.320	00:58:45.137	05:53 min/Km
95	93	293	FERNANDEZ CASALMORTO , MIGUEL	MALE	TANDA 9		00:29:40.343	00:29:22.800	00:59:03.143	05:55 min/Km
96	94	86	IGLESIAS TORRES , ALBERTO	MALE	TANDA 3	BUDO PONTEVEDRA	00:29:06.030	00:29:58.970	00:59:05.000	05:55 min/Km

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97	3	81	FREIJEIRO FERNÁNDEZ , BELÉN	FEMALE	TANDA 3	INDEPENDIENTE	00:28:58.780	00:30:09.080	00:59:07.860	05:55 min/Km
98	95	99	SANJORGE , JOSE	MALE	TANDA 3	BUDO	00:29:32.480	00:29:51.870	00:59:24.350	05:57 min/Km
99	4	7	CAMPO CAMIÑA , PAULA	FEMALE	TANDA 1		00:29:25.863	00:30:16.350	00:59:42.213	05:59 min/Km
100	96	261	GONZALEZ PEREZ , OSCAR	MALE	TANDA 8	INDEPENDIENTE	00:29:23.743	00:30:43.250	01:00:06.993	06:01 min/Km
101	97	55	LEDO ROMERO , FREDY	MALE	TANDA 2	DUATEL ORANGE FS	00:29:52.543	00:30:15.260	01:00:07.803	06:01 min/Km
102	98	26	SÁNCHEZ BESADA , MIGUEL	MALE	TANDA 1	INDEPENDIENTE	00:28:40.383	00:31:39.140	01:00:19.523	06:02 min/Km
103	99	199	REQUEJO MARTÍNEZ , ROBERTO	MALE	TANDA 7		00:31:24.497	00:29:04.310	01:00:28.807	06:03 min/Km
104	100	276	SANDOVAL LERA , GUILLERMO	MALE	TANDA 8		00:31:44.603	00:28:54.410	01:00:39.013	06:04 min/Km
105	101	217	FERNANDEZ CARRERA348 , BENET	MALE	TANDA 7		00:30:47.727	00:30:11.140	01:00:58.867	06:06 min/Km
106	102	120	GARCÍA COLLAZO , ROBERTO	MALE	TANDA 4	C.A.R. MARISQUEIRO	00:30:05.323	00:30:54.310	01:00:59.633	06:06 min/Km
107	5	48	GARCÍA TORRICO , DOLLY DARLEN	FEMALE	TANDA 2	MÁIS QUE AUGA	00:31:11.793	00:29:54.600	01:01:06.393	06:07 min/Km
108	103	307	PIÑEIRO CERQUEIRA , JOSE	MALE	TANDA 9		00:29:02.743	00:32:05.270	01:01:08.013	06:07 min/Km
109	104	158	GROBA FERNÁNDEZ , ALEJANDRO	MALE	TANDA 5		00:29:23.000	00:31:50.650	01:01:13.650	06:08 min/Km
110	105	153	FERNÁNDEZ OLIVEIRA , JOSE ANTONIO	MALE	TANDA 5		00:29:35.840	00:31:37.880	01:01:13.720	06:08 min/Km
111	106	304	PEREIRA SALGADO , MICAEL	MALE	TANDA 9	INDEPENDIENTE	00:31:08.583	00:30:23.320	01:01:31.903	06:10 min/Km
112	107	311	RODRÍGUEZ PEDROSO , AARÓN	MALE	TANDA 9		00:31:00.243	00:30:31.770	01:01:32.013	06:10 min/Km
113	108	215	CAMPO CABALLERO , JOSE ENRIQUE	MALE	TANDA 7		00:29:57.207	00:31:55.370	01:01:52.577	06:12 min/Km
114	109	221	FERREIRA DIZ , NICOLAS	MALE	TANDA 7	ESTÁS UP	00:30:26.257	00:31:28.800	01:01:55.057	06:12 min/Km
115	110	255	FERNANDEZ ESTEVEZ , VICTOR	MALE	TANDA 8	INDEPENDIENTE	00:30:55.873	00:31:12.680	01:02:08.553	06:13 min/Km
116	111	325	CAMESELLE RODRIGUEZ , OMAR	MALE	TANDA 10	FUCK BURPEES	00:31:38.720	00:30:37.570	01:02:16.290	06:14 min/Km
117	6	49	GÓMEZ LLOVES , CRISTINA	FEMALE	TANDA 2		00:30:41.703	00:31:38.530	01:02:20.233	06:15 min/Km
118	112	229	MAQUIEIRA FERNANDEZ , OSCAR	MALE	TANDA 7		00:30:13.637	00:32:12.320	01:02:25.957	06:15 min/Km
119	7	2	BARCIELA MARTINEZ , YOLANDA	FEMALE	TANDA 1		00:30:44.323	00:31:52.710	01:02:37.033	06:16 min/Km
120	8	3	BERNARDEZ BARREIRO , ANDREA	FEMALE	TANDA 1		00:30:36.083	00:32:00.960	01:02:37.043	06:16 min/Km
121	113	10	FERNÁNDEZ CRESPO , JAVIER	MALE	TANDA 1		00:30:43.723	00:31:53.620	01:02:37.343	06:16 min/Km
122	9	167	MARTÍNEZ LEYENDA , SONIA	FEMALE	TANDA 5		00:34:09.480	00:28:30.960	01:02:40.440	06:17 min/Km
123	114	292	ESTEVEZ MARTINEZ , JOSE MANUEL	MALE	TANDA 9	DE PUTAS	00:30:36.143	00:32:09.470	01:02:45.613	06:17 min/Km
124	115	275	SANCHEZ FERNANDEZ , CRISTIAN	MALE	TANDA 8	INDEPENDIENTE	00:32:10.493	00:30:46.570	01:02:57.063	06:18 min/Km
125	116	265	MARTÍNEZ FERNÁNDEZ , ELOY	MALE	TANDA 8		00:32:09.163	00:30:47.970	01:02:57.133	06:18 min/Km
126	117	338	GRAÑA BUGALLO , ALADINO	MALE	TANDA 10	F*CK BURPEES	00:31:30.200	00:31:44.810	01:03:15.010	06:20 min/Km
127	118	94	REY SUÁREZ , FELIPE	MALE	TANDA 3	INDEPENDIENTE	00:31:34.830	00:31:43.420	01:03:18.250	06:20 min/Km
128	119	259	GONZALEZ BARBOSA , XURXO	MALE	TANDA 8	INDEPENDIENTE	00:32:25.333	00:30:57.410	01:03:22.743	06:21 min/Km

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129	120	209	VEGA GARCÍA , ANTONIO MANUEL	MALE	TANDA 6	OS BOLECHOS	00:29:13.223	00:34:20.300	01:03:33.523	06:22 min/Km
130	121	329	COSTAS LAGO , MARCOS	MALE	TANDA 10		00:29:47.870	00:33:51.070	01:03:38.940	06:22 min/Km
131	122	244	VICENTE VICENTE , CARLOS	MALE	TANDA 7		00:31:03.677	00:32:35.360	01:03:39.037	06:22 min/Km
132	123	102	SIPION , MARTIN	MALE	TANDA 3		00:36:57.370	00:27:11.250	01:04:08.620	06:25 min/Km
133	124	80	FIGUEROA COUÑAGO , RUBÉN	MALE	TANDA 3		00:32:45.990	00:31:36.060	01:04:22.050	06:27 min/Km
134	125	106	ALONSO NOGUEIRA , MANUEL	MALE	TANDA 4	BEONE MONTERREAL	00:32:37.333	00:31:53.590	01:04:30.923	06:28 min/Km
135	126	118	FERNARDEZ BENITEZ , JAVIER	MALE	TANDA 4	BEONE MONTERREAL	00:32:38.573	00:31:53.280	01:04:31.853	06:28 min/Km
136	127	301	MARTÍNEZ PIÑEIRO , DAVID	MALE	TANDA 9		00:33:10.943	00:31:30.160	01:04:41.103	06:29 min/Km
137	128	302	MARTINEZ PIÑEIRO , JORGE	MALE	TANDA 9	INDEPENDIENTE	00:33:09.733	00:31:31.820	01:04:41.553	06:29 min/Km
138	129	213	BACELO ALVAREZ , ISRAEL	MALE	TANDA 7		00:31:06.127	00:33:35.780	01:04:41.907	06:29 min/Km
139	130	297	GONZALEZ GONZALEZ , SALVADOR	MALE	TANDA 9		00:32:13.063	00:33:30.730	01:05:43.793	06:35 min/Km
140	131	339	LÓPEZ MARTÍNEZ , JOSE CAMILO	MALE	TANDA 10		00:34:36.340	00:31:21.470	01:05:57.810	06:36 min/Km
141	132	330	CUÑARRO ROMERO , ENRIQUE	MALE	TANDA 10		00:34:36.630	00:31:21.720	01:05:58.350	06:36 min/Km
142	133	71	ABALLE FERNÁNDEZ , VÍCTOR	MALE	TANDA 3	JAITAS LAVADAS	00:31:47.080	00:34:38.280	01:06:25.360	06:39 min/Km
143	10	336	GALEGO CASAS , MARIA DOLORES	FEMALE	TANDA 10	INDEPENDIENTE	00:33:01.600	00:33:37.010	01:06:38.610	06:40 min/Km
144	134	282	ARGANDOÑA SANTANDER , EDUARDO	MALE	TANDA 9	INDEPENDIENTE	00:32:38.903	00:34:11.180	01:06:50.083	06:42 min/Km
145	135	323	BARROS GONZÁLEZ , ALEJANDRO	MALE	TANDA 10		00:33:02.950	00:34:04.980	01:07:07.930	06:43 min/Km
146	136	54	IGLESIAS , FRANCISCO JAVIER	MALE	TANDA 2	INDEPENDIENTE	00:32:10.003	00:34:59.830	01:07:09.833	06:43 min/Km
147	137	305	PERLES CARBALLO , JUAN	MALE	TANDA 9		00:33:32.273	00:33:46.170	01:07:18.443	06:44 min/Km
148	138	256	FROIZ FONTENLA , JUAN CARLOS	MALE	TANDA 8	INDEPENDIENTE	00:32:26.913	00:34:59.020	01:07:25.933	06:45 min/Km
149	139	246	ABREU FERNÁNDEZ , JOSÉ MARCIAL	MALE	TANDA 8	INDEPENDIENTE	00:32:41.343	00:34:45.220	01:07:26.563	06:45 min/Km
150	11	263	LÓPEZ SOUTO , NEREA	FEMALE	TANDA 8		00:33:05.333	00:34:21.420	01:07:26.753	06:45 min/Km
151	12	75	CASTIÑEIRA FERNÁNDEZ , ADRIANA	FEMALE	TANDA 3	INDEPENDIENTE	00:33:02.140	00:34:33.120	01:07:35.260	06:46 min/Km
152	140	123	GONZALEZ COSTAS , ANTONIO	MALE	TANDA 4	BEONE MONTERREAL	00:39:00.583	00:28:40.750	01:07:41.333	06:47 min/Km
153	141	271	RODRIGUEZ CADILLA , MIGUEL	MALE	TANDA 8	INDEPENDIENTE	00:33:55.743	00:34:02.680	01:07:58.423	06:48 min/Km
154	13	22	PÉREZ LUIS , GEMA	FEMALE	TANDA 1		00:33:41.003	00:34:41.930	01:08:22.933	06:51 min/Km
155	142	267	MONRROY MONTENEGRO , CRISTIAN	MALE	TANDA 8	PONTESECA TRAIL TEAM	00:34:48.743	00:33:42.190	01:08:30.933	06:52 min/Km
156	143	124	GONZALEZ SOTELO , EVARISTO MANUEL	MALE	TANDA 4	INDEPENDIENTE	00:32:21.513	00:36:10.330	01:08:31.843	06:52 min/Km
157	144	254	ESTEVEZ VILLAR , HECTOR	MALE	TANDA 8	INDEPENDIENTE	00:39:13.153	00:29:24.350	01:08:37.503	06:52 min/Km
158	145	315	YEPES GALLEGO , FELIPE	MALE	TANDA 9		00:33:31.523	00:35:12.160	01:08:43.683	06:53 min/Km
159	146	306	PERLES CARBALLO , PABLO	MALE	TANDA 9		00:33:31.473	00:35:12.350	01:08:43.823	06:53 min/Km
160	147	288	COTO PEREIRA , JOSE ANTONIO	MALE	TANDA 9	INDEPENDIENTE	00:31:52.433	00:36:55.980	01:08:48.413	06:53 min/Km

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161	14	242	PEREZ ROMERO , ANA MARIA	FEMALE	TANDA 7	INDEPENDIENTE	00:33:53.037	00:35:01.700	01:08:54.737	06:54 min/Km
162	148	241	PEREZ GONZALEZ , OSCAR	MALE	TANDA 7	INDEPENDIENTE	00:33:47.657	00:35:07.160	01:08:54.817	06:54 min/Km
163	15	231	MARTINEZ ARIAS , NATALIA	FEMALE	TANDA 7	INDEPENDIENTE	00:33:48.377	00:35:07.250	01:08:55.627	06:54 min/Km
164	149	236	MONTAÑA COSTAS , BERNARDO	MALE	TANDA 7	INDEPENDIENTE	00:33:47.957	00:35:07.780	01:08:55.737	06:54 min/Km
165	150	223	GESTAL VIQUEIRA , SANTIAGO	MALE	TANDA 7	INDEPENDIENTE	00:33:57.117	00:34:58.730	01:08:55.847	06:54 min/Km
166	16	230	MARIÑO CARBALLO , LIDIA	FEMALE	TANDA 7	ESTÁSUP	00:33:22.577	00:35:34.550	01:08:57.127	06:54 min/Km
167	151	160	LOPEZ , RODRIGO	MALE	TANDA 5	INDEPENDIENTE	00:33:54.450	00:35:03.110	01:08:57.560	06:54 min/Km
168	17	100	SERVIA RODRÍGUEZ , PAULA	FEMALE	TANDA 3	INDEPENDIENTE	00:33:34.940	00:35:29.470	01:09:04.410	06:55 min/Km
169	152	72	ALONSO PEREIRO , ABEL	MALE	TANDA 3	INDEPENDIENTE	00:33:35.700	00:35:28.850	01:09:04.550	06:55 min/Km
170	153	150	FARIÑA FERNÁNDEZ , ALBERTO	MALE	TANDA 5	INDEPENDIENTE	00:33:54.570	00:35:13.710	01:09:08.280	06:55 min/Km
171	154	321	ATENCIA SAAVEDRA , SERGIO	MALE	TANDA 10		00:34:51.480	00:34:41.740	01:09:33.220	06:58 min/Km
172	155	310	RODRÍGUEZ GONZALEZ , RAÚL	MALE	TANDA 9		00:35:05.903	00:34:27.990	01:09:33.893	06:58 min/Km
173	156	47	GANDARA VIDAL , IVAN	MALE	TANDA 2	INDEPENDIENTE	00:33:57.683	00:35:37.420	01:09:35.103	06:58 min/Km
174	18	299	IGLESIAS PEREIRA , TAMARA	FEMALE	TANDA 9		00:35:05.773	00:35:00.400	01:10:06.173	07:01 min/Km
175	19	152	FERNÁNDEZ CÉLIX , NURIA	FEMALE	TANDA 5	CROSSXTRAINING VIGO	00:33:30.780	00:36:35.460	01:10:06.240	07:01 min/Km
176	157	41	CABALEIRO BOUZON , MARCOS	MALE	TANDA 2	INDEPENDIENTE	00:33:19.783	00:36:55.920	01:10:15.703	07:02 min/Km
177	158	51	GONZÁLEZ GÓMEZ , ROBERTO	MALE	TANDA 2	INDEPENDIENTE	00:33:29.093	00:36:46.620	01:10:15.713	07:02 min/Km
178	20	31	TOUCIDO BOUZÓN , LIDIA	FEMALE	TANDA 1		00:33:57.533	00:36:34.000	01:10:31.533	07:04 min/Km
179	159	134	RODRIGUEZ , LUIS	MALE	TANDA 4	MORCEJOS TEAM	00:34:33.263	00:36:03.160	01:10:36.423	07:04 min/Km
180	21	116	DORADO , LUCIA	FEMALE	TANDA 4		00:34:33.983	00:36:02.460	01:10:36.443	07:04 min/Km
181	160	108	ALONSO RODRÍGUEZ , FRANCISCO JAVIER	MALE	TANDA 4	MORCEJOS TEAM	00:34:34.663	00:36:01.790	01:10:36.453	07:04 min/Km
182	161	122	GONZALEZ ALVAREZ , ESTEBAN	MALE	TANDA 4	MEGA SPORT CENTER	00:34:32.653	00:36:03.830	01:10:36.483	07:04 min/Km
183	162	136	SOBRINO ALFONSO , MARIO MANUEL	MALE	TANDA 4	MEGA SPORT CENTER	00:34:33.083	00:36:03.480	01:10:36.563	07:04 min/Km
184	163	127	MORAIS ALONSO , JOSE ANTONIO	MALE	TANDA 4	MORCEJOS TEAM	00:34:34.893	00:36:01.710	01:10:36.603	07:04 min/Km
185	164	139	VIDEIRA LOMBA , JOSE LUIS	MALE	TANDA 4	MORCEJOS TEAM	00:34:34.553	00:36:02.060	01:10:36.613	07:04 min/Km
186	165	13	GANDARA FERNANDEZ , JUAN	MALE	TANDA 1		00:30:12.163	00:40:26.840	01:10:39.003	07:04 min/Km
187	22	137	TABOAS ARGIBAY , SANDRA	FEMALE	TANDA 4	BEONE MONTERREAL	00:33:37.653	00:37:14.360	01:10:52.013	07:06 min/Km
188	166	337	GARGAMALA NESPHEREIRA , JOSÉ MANUEL	MALE	TANDA 10	INDEPENDIENTE	00:34:35.720	00:36:16.310	01:10:52.030	07:06 min/Km
189	23	119	FONTAN MARTINEZ , SANDRA	FEMALE	TANDA 4	BEONE MONTERREAL	00:33:36.053	00:37:16.160	01:10:52.213	07:06 min/Km
190	167	326	COLLAZO DURAN , RICARDO	MALE	TANDA 10		00:34:39.050	00:36:13.340	01:10:52.390	07:06 min/Km
191	24	132	PEREZ PEREZ , CARLA	FEMALE	TANDA 4	BEONE MONTERREAL	00:34:57.923	00:36:08.160	01:11:06.083	07:07 min/Km
192	168	184	FREITAS TORO , ANGEL JOSE	MALE	TANDA 6		00:35:35.403	00:35:42.180	01:11:17.583	07:08 min/Km

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193	25	185	FREITAS TORO , MARÍA ALEGRÍA	FEMALE	TANDA 6		00:35:34.913	00:35:42.820	01:11:17.733	07:08 min/Km
194	169	35	VILLAVERDE SANISIDRO , JOSE LUIS	MALE	TANDA 1	INDEPENDIENTE	00:34:33.863	00:36:54.600	01:11:28.463	07:09 min/Km
195	170	64	PRIETO ARIAS , XERARDO	MALE	TANDA 2		00:31:33.863	00:39:55.800	01:11:29.663	07:09 min/Km
196	26	195	PÉREZ FERNÁNDEZ , ANDREA	FEMALE	TANDA 6	COMESAÑA SPORTING CLUB	00:34:21.733	00:37:20.650	01:11:42.383	07:11 min/Km
197	171	196	PÉREZ FERNÁNDEZ , JOSÉ	MALE	TANDA 6	INDEPENDIENTE	00:34:22.153	00:37:21.390	01:11:43.543	07:11 min/Km
198	172	251	CARRERA GONZÁLEZ , PEDRO	MALE	TANDA 8		00:34:06.363	00:37:39.250	01:11:45.613	07:11 min/Km
199	27	1	ARAUJO RÚA , OLALLA	FEMALE	TANDA 1	SERVICIO	00:34:14.193	00:37:50.210	01:12:04.403	07:13 min/Km
200	173	6	CABREIRA RODRIGUEZ , CESAR	MALE	TANDA 1	INDEPENDIENTE	00:35:07.013	00:37:07.260	01:12:14.273	07:14 min/Km
201	174	5	CABALEIRO FIGUEROA , BENJAMIN MANUEL	MALE	TANDA 1	INDEPENDIENTE	00:35:06.633	00:37:08.180	01:12:14.813	07:14 min/Km
202	175	33	VAZQUEZ COMESAÑA , HUGO	MALE	TANDA 1	INDEPENDIENTE	00:35:07.723	00:37:07.510	01:12:15.233	07:14 min/Km
203	176	289	COTO SALGADO , ALFONSO	MALE	TANDA 9	INDEPENDIENTE	00:36:05.713	00:36:19.540	01:12:25.253	07:15 min/Km
204	28	348	SANJUÁN GIL , PATRICIA	FEMALE	TANDA 10		00:35:33.140	00:37:02.940	01:12:36.080	07:16 min/Km
205	29	284	BRAVO GONZALEZ , BEATRIZ	FEMALE	TANDA 9		00:35:48.443	00:36:55.350	01:12:43.793	07:17 min/Km
206	177	78	CONDE LÓPEZ , JESÚS	MALE	TANDA 3	JAITAS LAVADAS	00:34:55.650	00:37:56.640	01:12:52.290	07:18 min/Km
207	30	85	IGLESIAS FERNÁNDEZ , MARÍA TERESA	FEMALE	TANDA 3	JAITAS LAVADAS	00:34:56.610	00:37:55.920	01:12:52.530	07:18 min/Km
208	178	240	PÉREZ DOMÍNGUEZ , JUAN ANTONIO	MALE	TANDA 7		00:35:58.527	00:36:56.570	01:12:55.097	07:18 min/Km
209	179	232	MELÉNDEZ MEDELA , IVÁN	MALE	TANDA 7		00:37:36.767	00:35:18.450	01:12:55.217	07:18 min/Km
210	180	96	RODRIGUEZ PEGO , EMILIO	MALE	TANDA 3	INDEPENDIENTE	00:34:12.700	00:38:49.200	01:13:01.900	07:19 min/Km
211	181	331	DE SOUSA FERNANDEZ , DAVID	MALE	TANDA 10	BOX940	00:35:13.450	00:37:52.390	01:13:05.840	07:19 min/Km
212	31	103	SORDO GARCIA , MARIA TERESA	FEMALE	TANDA 3		00:36:49.470	00:37:06.900	01:13:56.370	07:24 min/Km
213	182	98	SAAVEDRA GONZÁLEZ , NARCISO	MALE	TANDA 3		00:36:56.540	00:36:59.900	01:13:56.440	07:24 min/Km
214	183	298	GONZÁLEZ RODRIGUEZ , RICARDO	MALE	TANDA 9		00:36:16.653	00:37:48.890	01:14:05.543	07:25 min/Km
215	184	262	MORENO MANRESA , ALBERT	MALE	TANDA 8	PONTESECA TRAIL TEAM	00:37:52.913	00:36:51.450	01:14:44.363	07:29 min/Km
216	185	257	GÓMEZ CORBACHO , RUY	MALE	TANDA 8	INDEPENDIENTE	00:36:52.493	00:37:57.390	01:14:49.883	07:29 min/Km
217	32	253	CUÑA LAGE , VERÓNICA	FEMALE	TANDA 8	INDEPENDIENTE	00:36:52.973	00:37:57.390	01:14:50.363	07:30 min/Km
218	186	312	RODRIGUEZ PORTELA , ANSELMO	MALE	TANDA 9		00:37:18.883	00:38:01.750	01:15:20.633	07:33 min/Km
219	33	290	DORNA GUERREIRO , ANA	FEMALE	TANDA 9		00:37:19.223	00:38:01.610	01:15:20.833	07:33 min/Km
220	187	207	TABOAS BASTOS , ROY	MALE	TANDA 7		00:39:17.177	00:36:03.910	01:15:21.087	07:33 min/Km
221	34	82	GUISANDE PÉREZ , TAMARA	FEMALE	TANDA 3		00:36:31.290	00:39:08.080	01:15:39.370	07:34 min/Km
222	188	93	PARRA CARDENAS , ALEXANDER	MALE	TANDA 3		00:36:31.390	00:39:08.020	01:15:39.410	07:34 min/Km
223	35	296	GONZALEZ CASTRO , NOELIA	FEMALE	TANDA 9		00:36:42.333	00:39:14.240	01:15:56.573	07:36 min/Km
224	36	83	IGLESIAS CASTRO , JESSI	FEMALE	TANDA 3	INDEPENDIENTE	00:37:51.890	00:38:11.730	01:16:03.620	07:37 min/Km

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225	189	151	FERNÁNDEZ DOMINGUEZ , JOSÉ JAVIER	MALE	TANDA 5		00:37:40.040	00:38:43.990	01:16:24.030	07:39 min/Km
226	190	243	POUSA BOUZADA , DAMIÁN	MALE	TANDA 7	ESTÁS UP	00:37:06.477	00:39:18.320	01:16:24.797	07:39 min/Km
227	37	220	FERNÁNDEZ VERDE , NEREA	FEMALE	TANDA 7	ESTÁS UP	00:37:07.067	00:39:17.820	01:16:24.887	07:39 min/Km
228	191	66	RODRIGUEZ CAMBRA , DAVID	MALE	TANDA 2		00:37:38.923	00:39:16.310	01:16:55.233	07:42 min/Km
229	38	52	GONZALEZ PORTO , BEATRIZ	FEMALE	TANDA 2		00:37:38.613	00:39:16.970	01:16:55.583	07:42 min/Km
230	192	317	ALFAYA FLORIANI , JUAN	MALE	TANDA 10		00:37:32.820	00:39:35.950	01:17:08.770	07:43 min/Km
231	193	332	ESTEVEZ MATEO , JESUS	MALE	TANDA 10		00:37:32.470	00:39:55.190	01:17:27.660	07:45 min/Km
232	39	322	BARCIA DASILVA , VANESA	FEMALE	TANDA 10		00:37:32.370	00:39:55.600	01:17:27.970	07:45 min/Km
233	194	101	SIEIRO RODRIGUEZ , FRAN	MALE	TANDA 3	BUDO PONTEVEDRA	00:37:38.370	00:40:04.040	01:17:42.410	07:47 min/Km
234	40	334	FERNANDEZ PARCERO , TANIA	FEMALE	TANDA 10	INDEPENDIENTE	00:37:39.120	00:40:09.100	01:17:48.220	07:47 min/Km
235	41	273	RODRÍGUEZ LOMBA , RAQUEL	FEMALE	TANDA 8		00:38:23.123	00:39:30.790	01:17:53.913	07:48 min/Km
236	42	277	SILVA MARTÍNEZ , ERIKA	FEMALE	TANDA 8	INDEPENDIENTE	00:38:23.373	00:39:30.610	01:17:53.983	07:48 min/Km
237	195	342	PANDELO PÉREZ , ÁLVARO	MALE	TANDA 10	INDEPENDIENTE	00:37:41.470	00:40:18.290	01:17:59.760	07:48 min/Km
238	43	211	ALONSO CASELLAS , TERE	FEMALE	TANDA 7	ESTÁS UP	00:38:27.267	00:40:21.430	01:18:48.697	07:53 min/Km
239	196	218	FERNÁNDEZ FIGUEROS , ANDRES	MALE	TANDA 7	ESTAS UP	00:38:25.597	00:40:23.200	01:18:48.797	07:53 min/Km
240	197	87	LANDIN GARCIA , JACOBO	MALE	TANDA 3		00:37:21.400	00:41:35.360	01:18:56.760	07:54 min/Km
241	198	90	MARTÍNEZ SOUTO , DIEGO	MALE	TANDA 3		00:37:20.820	00:41:36.270	01:18:57.090	07:54 min/Km
242	44	274	ROMERO JESUS , ELVIA MIGUELINA	FEMALE	TANDA 8	INDEPENDIENTE	00:39:12.883	00:40:36.930	01:19:49.813	07:59 min/Km
243	45	188	GARCIA PEREZ , SANDRA	FEMALE	TANDA 6	BUDO PONTEVEDRA	00:36:45.843	00:43:15.140	01:20:00.983	08:01 min/Km
244	199	210	VERÁS GENAO , EDWIN	MALE	TANDA 6	INDEPENDIENTE	00:38:52.523	00:41:58.660	01:20:51.183	08:06 min/Km
245	200	166	MARTINEZ CERQUEIRA , BRUNO	MALE	TANDA 5	INDEPENDIENTE	00:39:03.070	00:42:03.970	01:21:07.040	08:07 min/Km
246	201	146	CABALEIRO ALVAREZ , ROERTO	MALE	TANDA 5	INDEPENDIENTE	00:39:02.540	00:42:04.660	01:21:07.200	08:07 min/Km
247	46	174	VICENTE GONZALEZ , BEATRIZ	FEMALE	TANDA 5	INDEPENDIENTE	00:39:03.580	00:42:03.790	01:21:07.370	08:07 min/Km
248	47	148	CODESEDA CASQUEIRO , CRISTINA	FEMALE	TANDA 5	INDEPENDIENTE	00:39:02.950	00:42:04.470	01:21:07.420	08:07 min/Km
249	48	340	LORENZO CABALEIRO , ROSA	FEMALE	TANDA 10		00:40:44.390	00:40:29.310	01:21:13.700	08:08 min/Km
250	202	171	SILVA LOUREIRO , RICARDO	MALE	TANDA 5	BUDO PONTEVEDRA	00:38:14.950	00:43:15.610	01:21:30.560	08:10 min/Km
251	203	172	SOLIÑO PERALBA , JOSE LUIS	MALE	TANDA 5	BUDO PONTEVEDRA	00:38:17.180	00:43:13.690	01:21:30.870	08:10 min/Km
252	49	144	BRIÓN MEIS , ANDREA	FEMALE	TANDA 5	BUDO PONTEVEDRA	00:38:15.910	00:43:15.320	01:21:31.230	08:10 min/Km
253	204	350	SIEIRO ALVAREZ , FRANCISCO RAMÓN	MALE	TANDA 10		00:38:52.150	00:43:32.290	01:22:24.440	08:15 min/Km
254	50	343	PEREZ FONTENLA , BEGOÑA	FEMALE	TANDA 10	CAZAFANTASMAS TEAM	00:40:43.530	00:42:13.350	01:22:56.880	08:18 min/Km
255	51	320	ARMADA IGLESIAS , MONTSE	FEMALE	TANDA 10	FUCK BURPEES	00:40:37.570	00:42:19.380	01:22:56.950	08:18 min/Km
256	52	347	PRADO OTERO , ALBA	FEMALE	TANDA 10	F*CK BURPEES	00:40:41.960	00:42:15.000	01:22:56.960	08:18 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	CAT	TANDA	CLUB	V1	V2	META	RITMO
257	53	324	BLAZQUEZ BALLESTEROS , MARIA PILAR	FEMALE	TANDA 10	LOSTREGOS COIA	00:40:48.410	00:42:08.560	01:22:56.970	08:18 min/Km
258	205	346	PÍO GONZÁLEZ , MIGUEL ÁNGEL	MALE	TANDA 10	CAZAFANTASMAS TEAM	00:40:44.090	00:42:12.970	01:22:57.060	08:18 min/Km
259	206	319	ANGUITA MASCHERPA , FEDERICO	MALE	TANDA 10	F*CK BURPEES	00:40:49.180	00:42:07.930	01:22:57.110	08:18 min/Km
260	54	156	FIGUEIRÓ GONZÁLEZ , ANA ROSA	FEMALE	TANDA 5		00:41:21.280	00:43:39.390	01:25:00.670	08:31 min/Km
261	207	147	CHAMORRO VALVERDE , RUBÉN	MALE	TANDA 5		00:41:21.400	00:43:39.340	01:25:00.740	08:31 min/Km
262	208	155	FIGUEIRÓ GONZÁLEZ , ALVARO	MALE	TANDA 5		00:41:23.370	00:43:37.480	01:25:00.850	08:31 min/Km
263	209	159	JARDON ABAL , FRANCISCO JAVIER	MALE	TANDA 5		00:41:21.520	00:43:39.660	01:25:01.180	08:31 min/Km
264	55	79	FERNANDEZ OTERO , MARINA	FEMALE	TANDA 3	INDEPENDIENTE	00:41:15.500	00:43:46.710	01:25:02.210	08:31 min/Km
265	210	105	VERA GARCÍA , OSCAR DANIEL	MALE	TANDA 3	INDEPENDIENTE	00:41:14.880	00:43:47.730	01:25:02.610	08:31 min/Km
266	211	74	BAÑON BERJES , JOSE JULIO	MALE	TANDA 3	INDEPENDIENTE	00:41:16.580	00:43:47.870	01:25:04.450	08:31 min/Km
267	56	316	ACOSTA VIRZI , PALOMA	FEMALE	TANDA 10	TNT GHERRILLEIROS REVERTIA	00:41:48.300	00:43:25.290	01:25:13.590	08:32 min/Km
268	57	314	TELLAGORRY ZIGNAGO , CARLA	FEMALE	TANDA 9	SPARTAN TEAM	00:40:19.933	00:45:15.750	01:25:35.683	08:34 min/Km
269	212	300	LOPEZ , CHARLY	MALE	TANDA 9	SPARTAN TEAM	00:40:20.153	00:45:15.790	01:25:35.943	08:34 min/Km
270	213	58	MARTÍNEZ CABALEIRO , CARLOS	MALE	TANDA 2	RASTREXO ARCOS	00:42:59.423	00:42:37.390	01:25:36.813	08:34 min/Km
271	214	168	PORTASANY CARBALLIDO , DAVID	MALE	TANDA 5		00:42:28.600	00:43:17.700	01:25:46.300	08:35 min/Km
272	215	165	MARIN GOMEZ , PABLO	MALE	TANDA 5		00:42:31.370	00:43:15.510	01:25:46.880	08:35 min/Km
273	58	227	LAGO LORENZO , SILVIA	FEMALE	TANDA 7		00:42:53.157	00:43:34.630	01:26:27.787	08:39 min/Km
274	59	238	PEREIRO DOMINGUEZ , MARTA	FEMALE	TANDA 7		00:43:05.257	00:43:22.660	01:26:27.917	08:39 min/Km
275	60	228	LUSQUIÑOS , ANA	FEMALE	TANDA 7	INDEPENDIENTE	00:42:53.577	00:43:34.680	01:26:28.257	08:39 min/Km
276	61	239	PEREIRO DOMÍNGUEZ , PAULA	FEMALE	TANDA 7		00:43:05.237	00:43:23.190	01:26:28.427	08:39 min/Km
277	216	313	SANCHEZ OTERO , OSWALDO	MALE	TANDA 9	TNT GHERRILLEIROS REVERTIA	00:43:04.653	00:43:25.010	01:26:29.663	08:39 min/Km
278	62	309	PRIETO MORAIS , PILI	FEMALE	TANDA 9	TNT GHERRILLEIROS REVERTIA	00:43:04.513	00:43:25.300	01:26:29.813	08:39 min/Km
279	63	16	GONZALEZ ROCHA , MONICA	FEMALE	TANDA 1		00:44:12.803	00:42:37.170	01:26:49.973	08:41 min/Km
280	217	59	MONJE GARCIA , RICARDO	MALE	TANDA 5	RASTREXO ARCOS	00:46:19.390	00:49:06.670	01:35:26.060	09:33 min/Km
281	64	112	CABALEIRO DOMINGUEZ , ALICIA	FEMALE	TANDA 4	BEONE MONTERREAL	00:43:47.743	00:52:20.290	01:36:08.033	09:37 min/Km
282	65	109	ALVAREZ LAMEIRO , PAULA	FEMALE	TANDA 4	BEONE MONTERREAL	00:43:48.013	00:52:20.180	01:36:08.193	09:37 min/Km
283	66	126	MACIAS MENDEZ , TANIA	FEMALE	TANDA 4	BEONE MONTERREAL	00:43:47.123	00:52:22.120	01:36:09.243	09:37 min/Km
284	67	140	VILAN PEREZ , MARIA	FEMALE	TANDA 4	BEONE MONTERREAL	00:43:47.793	00:52:22.380	01:36:10.173	09:38 min/Km
285	218	245	VIDAL SALGADO , JUAN JOSÉ	MALE	TANDA 7	INDEPENDIENTE	00:46:17.887	00:50:29.310	01:36:47.197	09:41 min/Km
286	68	57	MARTIN ATANES , ANDREA	FEMALE	TANDA 2		00:50:49.023	00:49:06.670	01:39:55.693	09:60 min/Km
287	69	197	PÉREZ RODRÍGUEZ , LUZ	FEMALE	TANDA 6	INDEPENDIENTE	00:52:20.493	00:52:35.550	01:44:56.043	10:30 min/Km
288	219	192	MARTIN CALVO , PABLO	MALE	TANDA 6	INDEPENDIENTE	00:52:52.603	00:52:03.530	01:44:56.133	10:30 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	CAT	TANDA	CLUB	V1	V2	META	RITMO
289	70	191	LEMONS LOPEZ , VANESA	FEMALE	TANDA 6	MAIS QUE AUGA	00:52:55.763	00:52:00.480	01:44:56.243	10:30 min/Km
290	71	176	ALONSO RODRIGUEZ , MARTA	FEMALE	TANDA 6		00:52:39.443	00:52:16.870	01:44:56.313	10:30 min/Km
291	72	179	CASTRO CERQUEIRA , SARA	FEMALE	TANDA 6	MAIS QUE AUGA	00:52:21.403	00:52:35.040	01:44:56.443	10:30 min/Km
292	73	177	ALVAREZ RODRIGUEZ , RUTH	FEMALE	TANDA 6	MAISQUEAUGA	00:52:15.583	00:52:40.910	01:44:56.493	10:30 min/Km
292	74	200	RIVERA DOBAO , PILAR	FEMALE	TANDA 6	MAIS QUE AUGA	00:52:20.033	00:52:36.460	01:44:56.493	10:30 min/Km
294	75	208	VAZQUEZ MAYO , MONICA	FEMALE	TANDA 6	MAIS QUE AUGA	00:52:38.863	00:52:17.810	01:44:56.673	10:30 min/Km
295	76	201	RODRIGUEZ IGLESIAS , ANA	FEMALE	TANDA 6		00:52:56.143	00:52:00.950	01:44:57.093	10:30 min/Km
296	220	204	SANMARTIN GONZALEZ , VICTORIANO	MALE	TANDA 6	MAIS QUE AUGA	00:52:54.273	00:52:02.940	01:44:57.213	10:30 min/Km
ABD		194	PÉREZ , MANUEL FRANCISCO	MALE	TANDA 6		00:35:20.183			
ABD		264	LORENZO RIVAS , ANGEL	MALE	TANDA 8	INDEPENDIENTE	00:36:17.703			
ABD		44	DORMÍNGUEZ CARBAJAL , JOSÉ MANUEL	MALE	TANDA 2		00:36:19.823			
ABD		77	CLEMENTE PEREZ , PAULA	FEMALE	TANDA 3		00:36:57.720			
ABD		249	BERNARDEZ LORENZO , DAMIÁN	MALE	TANDA 8		00:37:39.093			
ABD		133	PROKOPENKO , ELENA	FEMALE	TANDA 4	BEONE MONTERREAL	00:39:01.503			
ABD		73	ALONSO ROUCO , NEREA	FEMALE	TANDA 3	INDEPENDIENTE	00:39:06.400			
ABD		349	SANJUÁN LÓPEZ , BEATRIZ	FEMALE	TANDA 10		00:43:45.230			
ABD		333	FERNÁNDEZ CALVAR , ESTELA	FEMALE	TANDA 10	INDEPENDIENTE	00:43:48.340			
ABD		11	FERNANDEZ LOPEZ , PABLO	MALE	TANDA 1	COMELIOS MARQUES DE VIZHOJA				