

IV DUATLON CROSS LOUSAME 2018

- GENERAL INDIVIDUAL -

18 NOVIEMBRE 2018

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	RUN	RITMO RUN	BIKE	MEDIA BIKE	RUN 2	MEDIA RUN2	TOTAL
1	1	23	CASTIÑEIRA PAIS , GABRIEL	MALE	ABSOLUTO	TRIATLON COSTA DA MORTE	00:15:34.967	03:54 min/Km	00:52:24.027	20,6 Km/h	00:06:18.723	04:13 min/Km	01:14:17.717
2	2	17	CALZAS INSUA , DAVID	MALE	ABSOLUTO	TRIATLON COSTA DA MORTE	00:15:37.297	03:55 min/Km	00:53:10.620	20,3 Km/h	00:06:12.340	04:09 min/Km	01:15:00.257
3	3	70	PAIS FONDO , FRANCISCO	MALE	ABSOLUTO	TRIATLON COSTA DA MORTE	00:15:35.967	03:54 min/Km	00:53:04.600	20,3 Km/h	00:06:23.090	04:16 min/Km	01:15:03.657
4	4	64	MORÁN GGONZÁLE , ENRIQUE	MALE	ABSOLUTO	ATLETISMO PORRIÑO	00:16:12.187	04:04 min/Km	00:53:00.630	20,4 Km/h	00:06:36.200	04:25 min/Km	01:15:49.017
5	5	52	LANDEIRA CASTRO , DAVID	MALE	ABSOLUTO	A.D MEDIA DUCIA	00:15:41.167	03:56 min/Km	00:55:33.250	19,4 Km/h	00:06:38.220	04:26 min/Km	01:17:52.637
6	6	75	PÉREZ CAJARAVILLE , EDUARDO	MALE	ABSOLUTO	TRIATLÓN ARTEIXO	00:17:13.847	04:19 min/Km	00:54:12.680	19,9 Km/h	00:07:28.760	04:60 min/Km	01:18:55.287
7	7	43	FERNANDEZ VIDAL , PORFIRIO	MALE	ABSOLUTO	CCT POIO	00:16:29.657	04:08 min/Km	00:56:06.490	19,2 Km/h	00:06:35.890	04:24 min/Km	01:19:12.037
8	8	12	BREIJO MARTÍNEZ , YAGO	MALE	ABSOLUTO	CDM XESTEIRAS-GALITIMING	00:16:54.527	04:14 min/Km	00:55:30.500	19,5 Km/h	00:07:02.130	04:42 min/Km	01:19:27.157
9	1	7	ARAGUNDE CALVO , DAVID	MALE	JUNIOR	ARMENTEIRA E PUNTO	00:17:33.887	04:24 min/Km	00:55:54.720	19,3 Km/h	00:07:02.760	04:42 min/Km	01:20:31.367
10	9	50	JUANATEY GARCIA , CARLOS	MALE	ABSOLUTO	ARTROGAL TRI-498	00:16:14.407	04:04 min/Km	00:57:53.170	18,7 Km/h	00:06:38.230	04:26 min/Km	01:20:45.807
11	1	22	CASADO PORTO , DAVID	MALE	VETERAN	VIGOMASTERCLUB	00:18:13.057	04:34 min/Km	00:55:33.030	19,4 Km/h	00:07:27.570	04:59 min/Km	01:21:13.657
12	10	36	COUTO COSTA , MARCOS ANTONIO	MALE	ABSOLUTO	A.D. MEDIA DUCIA	00:17:30.907	04:23 min/Km	00:57:12.690	18,9 Km/h	00:06:42.870	04:29 min/Km	01:21:26.467
13	11	93	SAAVEDRA LAGARES , EDUARDO	MALE	ABSOLUTO	TRIATLON FERROL	00:15:49.857	03:58 min/Km	00:59:11.070	18,2 Km/h	00:06:29.080	04:20 min/Km	01:21:30.007
14	12	102	TARELA MIRAMONTES , DANIEL	MALE	ABSOLUTO	O TREITO	00:16:17.007	04:05 min/Km	00:58:25.410	18,5 Km/h	00:07:03.120	04:43 min/Km	01:21:45.537
15	13	56	MALVÁREZ LOURO , JESÚS	MALE	ABSOLUTO	CC MUROS TRIATLÓN	00:16:47.407	04:12 min/Km	00:58:15.630	18,5 Km/h	00:06:47.460	04:32 min/Km	01:21:50.497
16	14	90	RODRIGUEZ POUSO , LITO	MALE	ABSOLUTO	O TREITO	00:17:20.987	04:21 min/Km	00:57:28.290	18,8 Km/h	00:07:36.280	05:05 min/Km	01:22:25.557
17	2	13	BUJAN SANTOS , EDUARDO	MALE	VETERAN	CPC TOXO	00:17:29.157	04:23 min/Km	00:57:34.330	18,8 Km/h	00:07:24.580	04:57 min/Km	01:22:28.067
18	15	72	PAZ CARRAMAL , MANUEL	MALE	ABSOLUTO	CCTPOIO	00:17:46.847	04:27 min/Km	00:57:18.020	18,8 Km/h	00:07:28.040	04:59 min/Km	01:22:32.907
19	16	115	115	MALE	ABSOLUTO		00:19:09.057	04:48 min/Km	00:56:17.050	19,2 Km/h	00:07:37.390	05:05 min/Km	01:23:03.497
20	3	62	MÉNDEZ , JOSE RAFAEL	MALE	VETERAN	NO CLUB	00:16:43.537	04:11 min/Km	00:59:38.500	18,1 Km/h	00:07:11.600	04:48 min/Km	01:23:33.637
21	17	44	FIGUEIRO CALO , JOSE RAMON	MALE	ABSOLUTO	QUINTENA	00:18:32.080	04:39 min/Km	00:56:52.997	19,0 Km/h	00:08:12.790	05:29 min/Km	01:23:37.867
22	18	3	AGRASAR CES , MARTIN	MALE	ABSOLUTO	C.P.C. O TOXO	00:18:58.907	04:45 min/Km	00:57:05.060	18,9 Km/h	00:07:46.230	05:11 min/Km	01:23:50.197
23	4	30	DEZA SAEZ , RINGO	MALE	VETERAN	TEAM CORBELO	00:20:31.327	05:08 min/Km	00:55:03.260	19,6 Km/h	00:08:28.810	05:40 min/Km	01:24:03.397
24	5	99	SIEIRA RIOS , FERNANDO	MALE	VETERAN	ATROGAL TRI 498	00:16:54.327	04:14 min/Km	01:00:45.170	17,8 Km/h	00:07:03.460	04:43 min/Km	01:24:42.957
25	6	28	DE LA IGLESIA CREO , MAXI	MALE	VETERAN	O TREITO	00:19:00.547	04:46 min/Km	00:58:00.770	18,6 Km/h	00:07:48.110	05:13 min/Km	01:24:49.427
26	19	95	SANTIAGO POUSO , ROBERTO	MALE	ABSOLUTO	INCOR-AUTOVÍDRIO	00:19:02.627	04:46 min/Km	00:57:59.900	18,6 Km/h	00:08:04.790	05:24 min/Km	01:25:07.317
27	20	111	VILAS GÓMEZ , ANTONIO	MALE	ABSOLUTO	ARTROGAL TRI-498	00:17:18.137	04:20 min/Km	01:00:23.600	17,9 Km/h	00:07:30.500	05:01 min/Km	01:25:12.237
28	21	113	VILASOA SILVA , JOSE FRANCISCO	MALE	ABSOLUTO	OS AFORCADOS	00:17:55.817	04:29 min/Km	01:00:00.280	18,0 Km/h	00:07:17.840	04:52 min/Km	01:25:13.937
29	22	37	FERNANDEZ , OSCAR	MALE	ABSOLUTO	QUINTENA	00:16:50.447	04:13 min/Km	01:01:42.370	17,5 Km/h	00:06:52.830	04:36 min/Km	01:25:25.647
30	7	16	CALVO CES , ARMANDO	MALE	VETERAN	TRIBU TRAIL	00:17:34.817	04:24 min/Km	01:00:59.070	17,7 Km/h	00:07:08.410	04:46 min/Km	01:25:42.297
31	23	10	BOUZAS GÓMEZ , SERGIO	MALE	ABSOLUTO	TRIBU TRAIL	00:15:43.027	03:56 min/Km	01:03:30.690	17,0 Km/h	00:07:01.750	04:42 min/Km	01:26:15.467
32	24	58	MARIÑO ESTÉVEZ , SERGIO	MALE	ABSOLUTO	ACD SANOMEDIO	00:19:22.857	04:51 min/Km	00:57:39.310	18,7 Km/h	00:09:18.210	06:13 min/Km	01:26:20.377
33	8	18	CAMEAN CAMEAN , ROBERTO	MALE	VETERAN	INCOR-AUTOVÍDRIO	00:18:09.497	04:33 min/Km	01:00:59.550	17,7 Km/h	00:07:35.020	05:04 min/Km	01:26:44.067
34	25	79	PIÑÓN SOTO , JOSE	MALE	ABSOLUTO	EUMEBIKE	00:18:43.467	04:41 min/Km	01:00:21.160	17,9 Km/h	00:07:59.050	05:20 min/Km	01:27:03.677
35	26	48	GONZÁLEZ FRANCO , RAMIRO	MALE	ABSOLUTO	TRIATLON COSTA DA MORTE	00:18:01.457	04:31 min/Km	01:01:26.120	17,6 Km/h	00:07:48.060	05:13 min/Km	01:27:15.637
36	9	73	PEON LADO , ANGEL M.	MALE	VETERAN	CLUB CERVECERIA O COTON NEGREIRA	00:17:16.397	04:20 min/Km	01:02:02.310	17,4 Km/h	00:08:00.550	05:21 min/Km	01:27:19.257
37	27	24	CASTIÑEIRA PAIS , MARCO	MALE	ABSOLUTO	TRIATLON COSTA DA MORTE	00:17:42.567	04:26 min/Km	01:01:56.480	17,4 Km/h	00:08:04.820	05:24 min/Km	01:27:43.867
38	28	63	MOLDES BUCETA , DAVID	MALE	ABSOLUTO	ARMENTEIRA E PUNTO	00:18:26.987	04:37 min/Km	01:01:05.090	17,7 Km/h	00:09:02.160	06:02 min/Km	01:28:34.237
39	1	29	DELGADO GONZALEZ , MAR	FEMALE	ABSOLUTA	O PASATEMPO BETANZOS	00:18:07.157	04:32 min/Km	01:02:57.060	17,2 Km/h	00:07:41.550	05:08 min/Km	01:28:45.767
40	10	78	PIÑÓN SOTO , DANIEL	MALE	VETERAN	EUMEBIKE	00:19:10.197	04:48 min/Km	01:02:12.280	17,4 Km/h	00:07:53.280	05:16 min/Km	01:29:15.757
41	29	6	ANTELO MARTINEZ , JOSÉ RAMÓN	MALE	ABSOLUTO	PONTE TRAIL	00:19:21.377	04:51 min/Km	01:02:21.690	17,3 Km/h	00:07:53.970	05:16 min/Km	01:29:37.037

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	RUN	RITMO RUN	BIKE	MEDIA BIKE	RUN 2	MEDIA RUN2	TOTAL
42	30	27	CUPEIRO PÉREZ , BRAIS	MALE	ABSOLUTO	AD NAUTICO NARON	00:15:55.257	03:59 min/Km	01:08:20.550	15,8 Km/h	00:06:52.210	04:35 min/Km	01:31:08.017
43	11	109	VILA ESTEVEZ , FRANCISCO MANUEL	MALE	VETERAN	VIGOMASTERCLUB	00:20:45.137	05:12 min/Km	01:01:20.150	17,6 Km/h	00:09:09.870	06:07 min/Km	01:31:15.157
44	12	38	ROMERO AGRA , NESTOR	MALE	VETERAN		00:17:44.787	04:27 min/Km	01:06:21.010	16,3 Km/h	00:07:49.720	05:14 min/Km	01:31:55.517
45	31	65	MOSQUERA FILGUEIRA , GERMAN	MALE	ABSOLUTO	O TREITO	00:18:21.097	04:36 min/Km	01:08:19.150	15,8 Km/h	00:07:26.610	04:58 min/Km	01:34:06.857
46	13	34	EDUARDO SESTAYO SESTAYO , MANUEL	MALE	VETERAN	O TREITO	00:21:24.857	05:22 min/Km	01:04:20.020	16,8 Km/h	00:08:33.440	05:43 min/Km	01:34:18.317
47	32	110	VILAR ABELENDIA , DANIEL	MALE	ABSOLUTO	CC SANTA COMPAÑA	00:19:29.297	04:53 min/Km	01:06:05.910	16,3 Km/h	00:08:46.520	05:52 min/Km	01:34:21.727
48	33	9	BLANCO PENSADO , JONATAN	MALE	ABSOLUTO	CC SANTA COMPAÑA	00:19:17.737	04:50 min/Km	01:06:17.920	16,3 Km/h	00:08:46.080	05:51 min/Km	01:34:21.737
49	34	85	RIAL DIESTE , DIEGO	MALE	ABSOLUTO	QUINTENA	00:19:35.797	04:54 min/Km	01:06:00.500	16,4 Km/h	00:08:53.890	05:56 min/Km	01:34:30.187
50	35	11	BOUZAS REY , PABLO	MALE	ABSOLUTO	INDEPENDIENTE	00:17:49.357	04:28 min/Km	01:09:24.350	15,6 Km/h	00:07:32.030	05:02 min/Km	01:34:45.737
51	14	42	FERNANDEZ VIDAL , ANGEL	MALE	VETERAN	TRIKI TEAM	00:19:08.227	04:48 min/Km	01:07:50.600	15,9 Km/h	00:08:07.020	05:25 min/Km	01:35:05.847
52	15	47	GÓMEZ SÁNCHEZ , JOSÉ MIGUEL	MALE	VETERAN	CLUB ATLETISMO O PINO	00:15:46.317	03:57 min/Km	01:12:45.070	14,8 Km/h	00:06:40.460	04:27 min/Km	01:35:11.847
53	36	101	TABOADA GARCÍA , CARLOS	MALE	ABSOLUTO	C.C. OS ESFOLA ARRÓS	00:21:26.387	05:22 min/Km	01:05:23.450	16,5 Km/h	00:08:49.510	05:54 min/Km	01:35:39.347
54	37	112	VILAS PAZOS , MON	MALE	ABSOLUTO	INDEPENDIENTE	00:20:03.797	05:01 min/Km	01:07:28.130	16,0 Km/h	00:08:09.530	05:27 min/Km	01:35:41.457
55	16	33	DOMINGUEZ RECAREY , FRANCISCO	MALE	VETERAN	CLUB BTT TRIATLON O TREITO	00:19:52.487	04:59 min/Km	01:07:02.460	16,1 Km/h	00:08:54.820	05:57 min/Km	01:35:49.767
56	38	53	LOJO VIÑAS , OSCAR	MALE	ABSOLUTO	COTO DAMOREIRA	00:20:56.797	05:15 min/Km	01:06:04.420	16,3 Km/h	00:08:49.420	05:53 min/Km	01:35:50.637
57	39	2	AGRAFOJO PEREIRA , RAFAEL	MALE	ABSOLUTO	OS RAPOSOS	00:21:43.490	05:26 min/Km	01:04:52.357	16,6 Km/h	00:09:50.380	06:34 min/Km	01:36:26.227
58	40	104	TRILLO BLANCO , ANGEL	MALE	ABSOLUTO	CPC TOXO	00:21:08.177	05:18 min/Km	01:07:08.180	16,1 Km/h	00:08:32.240	05:42 min/Km	01:36:48.597
59	41	98	SESTAYO SEOANE , ELOY	MALE	ABSOLUTO	ARTROGAL TRI-498	00:19:38.497	04:55 min/Km	01:08:42.780	15,7 Km/h	00:08:31.470	05:41 min/Km	01:36:52.747
60	42	60	MARTINEZ FANDIÑO , ADRIAN	MALE	ABSOLUTO	ARMENTEIRA E PUNTO	00:19:58.917	04:60 min/Km	01:08:14.100	15,8 Km/h	00:08:53.440	05:56 min/Km	01:37:06.457
61	17	71	PARADA FIGUEIRAS , JUAN JOSE	MALE	VETERAN	3&RUN BIKETEAM	00:20:00.267	05:01 min/Km	01:06:39.890	16,2 Km/h	00:11:02.450	07:22 min/Km	01:37:42.607
62	43	46	GARCIA RODRIGUEZ , CARLOS MANUEL	MALE	ABSOLUTO	A CAMPARA	00:20:07.397	05:02 min/Km	01:08:22.380	15,8 Km/h	00:09:24.370	06:17 min/Km	01:37:54.147
63	44	4	ALONSO FILGUEIRA , MARCOS	MALE	ABSOLUTO	CLUB TRES LUNAS	00:18:17.837	04:35 min/Km	01:11:49.740	15,0 Km/h	00:07:59.490	05:20 min/Km	01:38:07.067
64	45	96	SEIJAS BUA , DAVID	MALE	ABSOLUTO	CLUB CICLISTA MUROS	00:22:47.057	05:42 min/Km	01:05:33.030	16,5 Km/h	00:09:51.980	06:35 min/Km	01:38:12.067
65	46	41	FERNÁNDEZ FORNIS , DAVID	MALE	ABSOLUTO	ARTROGAL TRI-498	00:20:42.777	05:11 min/Km	01:09:07.480	15,6 Km/h	00:09:02.570	06:02 min/Km	01:38:52.827
65	46	67	NIETO LAREO , ADRIAN	MALE	ABSOLUTO	CLUB TRIATLON ARCADEINFORHOUSE	00:20:38.977	05:10 min/Km	01:09:04.390	15,6 Km/h	00:09:09.460	06:07 min/Km	01:38:52.827
67	48	20	BOUZAS TEIRA , ANTONIO	MALE	ABSOLUTO		00:21:19.577	05:20 min/Km	01:08:23.330	15,8 Km/h	00:09:52.270	06:35 min/Km	01:39:35.177
68	49	92	ROMERO CHOUZA , ÓSCAR	MALE	ABSOLUTO	CC MUROS TRIATLÓN	00:19:12.627	04:49 min/Km	01:13:08.710	14,8 Km/h	00:08:10.230	05:27 min/Km	01:40:31.567
69	18	8	BERIAS LAIÑO , LUÍS MIGUEL	MALE	VETERAN	PONTE TRAIL	00:21:50.827	05:28 min/Km	01:07:42.890	15,9 Km/h	00:11:01.660	07:22 min/Km	01:40:35.377
70	50	76	PÉREZ GÓMEZ , ALEX	MALE	ABSOLUTO	ACD SANOMEDIO	00:21:17.667	05:20 min/Km	01:10:35.690	15,3 Km/h	00:09:09.670	06:07 min/Km	01:41:03.027
71	2	59	MARTÍNEZ ÁLVAREZ , MARÍA	FEMALE	ABSOLUTA	ARMENTEIRA E PUNTO	00:22:40.927	05:41 min/Km	01:10:01.130	15,4 Km/h	00:08:42.760	05:49 min/Km	01:41:24.817
72	51	89	RODRÍGUEZ PÉREZ , DIEGO	MALE	ABSOLUTO	CPC TOXO	00:21:27.907	05:22 min/Km	01:10:21.860	15,3 Km/h	00:09:36.620	06:25 min/Km	01:41:26.387
73	52	21	CARREIRA CERNADAS , JOSE IGNACIO	MALE	ABSOLUTO	CLUB CICLISTA MUROS	00:22:07.617	05:32 min/Km	01:10:16.360	15,4 Km/h	00:09:54.180	06:37 min/Km	01:42:18.157
74	3	55	LOPEZ EYO , TANIA	FEMALE	ABSOLUTA	CDM XESTEIRAS-GALITIMING	00:21:47.737	05:27 min/Km	01:11:07.140	15,2 Km/h	00:09:38.420	06:26 min/Km	01:42:33.297
75	2	83	REGOS NASCIMENTO , CRISTIAN	MALE	JUNIOR	INDEPENDIENTE	00:17:56.907	04:30 min/Km	01:17:20.830	14,0 Km/h	00:08:47.530	05:52 min/Km	01:44:05.267
76	19	106	VALDÉS LÓPEZ , LUIS	MALE	VETERAN	RUNNING OLEIROS	00:19:51.697	04:58 min/Km	01:16:11.530	14,2 Km/h	00:08:50.230	05:54 min/Km	01:44:53.457
77	20	107	VENTURA LOZANO , ANTONIO	MALE	VETERAN	CPC TOXO	00:21:12.167	05:19 min/Km	01:14:04.100	14,6 Km/h	00:09:59.090	06:40 min/Km	01:45:15.357
78	53	51	LAGO CASTRO , JOSÉ CARLOS	MALE	ABSOLUTO	TRIATLON VILAGARCIA	00:20:45.607	05:12 min/Km	01:15:59.340	14,2 Km/h	00:09:39.840	06:27 min/Km	01:46:24.787
79	21	88	RODRIGUEZ LOBAGUEIRA , JOSE RAMÓN	MALE	VETERAN	PC NOELA	00:21:20.117	05:21 min/Km	01:16:43.240	14,1 Km/h	00:11:29.510	07:40 min/Km	01:49:32.867
80	54	57	MAREQUE GARCÍA , ÓSCAR	MALE	ABSOLUTO	AD DOWNHILL	00:22:18.307	05:35 min/Km	01:18:03.573	13,8 Km/h	00:10:09.137	06:47 min/Km	01:50:31.017
81	55	1	ABELEIRA NOGAREDA , MARTÍN	MALE	ABSOLUTO	AD DOWNHILL	00:22:34.557	05:39 min/Km	01:17:28.240	13,9 Km/h	00:10:28.300	06:59 min/Km	01:50:31.097
82	4	82	RAMOS ONS , ANA	FEMALE	ABSOLUTA	PONTE TRAIL	00:23:06.463	05:47 min/Km	01:17:59.837	13,8 Km/h	00:11:34.820	07:44 min/Km	01:52:41.120

IV DUATLON CROSS LOUSAME 2018

- GENERAL INDIVIDUAL -

18 NOVIEMBRE 2018

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	RUN	RITMO RUN	BIKE	MEDIA BIKE	RUN 2	MEDIA RUN2	TOTAL
83	22	14	BUSTELO CASTAÑO , JULIO	MALE	VETERAN	SENDA XXI	00:21:34.307	05:24 min/Km	01:24:34.080	12,8 Km/h	00:08:44.960	05:50 min/Km	01:54:53.347
84	23	45	GARCIA LOPEZ , FRANCISCO JESUS	MALE	VETERAN	INDEPENDIENTE	00:21:37.177	05:25 min/Km	01:24:16.060	12,8 Km/h	00:09:09.230	06:07 min/Km	01:55:02.467
85	24	108	VIAR REINA , VICTOR MANUEL	MALE	VETERAN	AD NAUTICO NARON	00:20:46.997	05:12 min/Km	01:25:52.510	12,6 Km/h	00:09:29.540	06:20 min/Km	01:56:09.047
86	56	66	MUÑIZ FERNANDEZ , RUBEN	MALE	ABSOLUTO	BRINDIS	00:22:30.897	05:38 min/Km	01:24:20.110	12,8 Km/h	00:10:24.710	06:57 min/Km	01:57:15.717
87	57	84	REY CANEDA , MARTÍN	MALE	ABSOLUTO	NOITEBRA F.C.	00:23:02.627	05:46 min/Km	01:23:43.110	12,9 Km/h	00:10:41.700	07:08 min/Km	01:57:27.437
88	58	87	GONZALEZ INSUA , RAMON	MALE	ABSOLUTO		00:22:26.457	05:37 min/Km	01:24:55.740	12,7 Km/h	00:12:05.450	08:04 min/Km	01:59:27.647
89	59	68	OREIRO CAMBEIRO , SERGIO	MALE	ABSOLUTO	PC A RUÑA	00:20:02.507	05:01 min/Km	01:30:10.590	12,0 Km/h	00:09:39.670	06:27 min/Km	01:59:52.767
90	60	19	CANOSA ESTALOTE , BRAIS	MALE	ABSOLUTO	PC A RUÑA	00:20:01.067	05:01 min/Km	01:30:10.690	12,0 Km/h	00:09:41.740	06:28 min/Km	01:59:53.497
91	25	97	SEIJAS LAMELAS , FRANCISCO JOSÉ	MALE	VETERAN	CLUB ATLETISMO SADA MONTAÑA	00:21:51.537	05:28 min/Km	01:28:18.250	12,2 Km/h	00:09:58.120	06:39 min/Km	02:00:07.907
92	61	81	PURRIÑOS ALVAREZ , RUBEN	MALE	ABSOLUTO	CN FIRRETE	00:22:11.467	05:33 min/Km	01:27:56.040	12,3 Km/h	00:10:03.950	06:43 min/Km	02:00:11.457
93	62	25	CELA YAGUE , JORGE	MALE	ABSOLUTO	NOITEBRA F.C.	00:23:48.257	05:58 min/Km	01:26:55.350	12,4 Km/h	00:10:41.120	07:08 min/Km	02:01:24.727
94	63	39	FERNÁNDEZ BOO , ALBERTO	MALE	ABSOLUTO	INDEPENDENTE GATOCAN-J.GAGO	00:21:23.487	05:21 min/Km	01:32:54.070	11,6 Km/h	00:12:11.900	08:08 min/Km	02:06:29.457