

XVIII CARREIRA POPULAR FESTA DO MARISCO

09 OCTUBRE 2016

GALITIMING
DU!W!L!N!S

CRONOMETRAXE

- 10K-

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	META	RITMO	DIFF.
1	1	61	CANOVAS FERNANDEZ , IVAN	MALE	SENIOR - MASC	A.D MARATHON	00:31:58.700	00:31:59.153		03:12 min/Km
2	1	191	LEKHILI ABBES , HASSAN	MALE	VETERANO - A - MASC	OURENRUNNING	00:32:59.060	00:32:59.353	+00:01:00.200	03:18 min/Km
3	2	290	RIOBO VILLANUEVA , VICTOR	MALE	VETERANO - A - MASC		00:34:03.450	00:34:03.953	+00:02:04.800	03:25 min/Km
4	2	83	CORRAL JUSTO , JOSE MANUEL	MALE	SENIOR - MASC	ATLETISMO ARENTEIRO	00:34:11.402	00:34:11.403	+00:02:12.250	03:26 min/Km
5	3	279	PUIG MALVAR , JORGE	MALE	SENIOR - MASC	SOCIEDAD GIMNASTICA DE PONTEVEDRA	00:34:40.590	00:34:41.073	+00:02:41.920	03:29 min/Km
6	3	18	ALVAREZ OTERO , JOSE ANTONIO	MALE	VETERANO - A - MASC		00:34:49.430	00:34:50.543	+00:02:51.390	03:30 min/Km
7	4	51	CALVETE CARBALLA , DIEGO	MALE	VETERANO - A - MASC	SAN MIGUEL MARIN	00:35:21.862	00:35:21.863	+00:03:22.710	03:33 min/Km
8	5	355	VIEITES CARBALLO , MANUEL	MALE	VETERANO - A - MASC	CUNTIS	00:35:43.460	00:35:44.013	+00:03:44.860	03:35 min/Km
9	6	34	BARROS GONZÁLEZ , ABEL	MALE	VETERANO - A - MASC	ATLETISMO +9 MORAÑA	00:35:58.140	00:35:58.833	+00:03:59.680	03:36 min/Km
10	7	307	RODRÍGUEZ VIDAL , RUBÉN	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA O GROVE	00:36:10.172	00:36:10.173	+00:04:11.020	03:38 min/Km
11	8	367	IGLESIAS , JUAN	MALE	VETERANO - A - MASC		00:36:42.732	00:36:42.733	+00:04:43.580	03:41 min/Km
12	4	161	GARCÍA PADÍN , DANI	MALE	SENIOR - MASC	RIA DE AROUSA DO GROVE	00:36:47.780	00:36:48.983	+00:04:49.830	03:41 min/Km
13	5	229	NIETO - GUERRERO DÍAZ , RAMÓN	MALE	SENIOR - MASC	CLUB MARATÓN VEGAS ALTAS	00:37:09.020	00:37:24.413	+00:05:25.260	03:45 min/Km
14	9	214	MARZOA RUIZ , MIGUEL	MALE	VETERANO - A - MASC	CAR MARISQUEIRO	00:37:37.090	00:37:38.163	+00:05:39.010	03:46 min/Km
15	10	14	ALONSO FIGUEROA , PABLO	MALE	VETERANO - A - MASC	CLUB TRIATLON MORRAZO	00:37:54.280	00:37:55.723	+00:05:56.570	03:48 min/Km
16	6	263	PÉREZ MAYÁN , DAVID	MALE	SENIOR - MASC	ARMENTEIRAEPUNTO	00:37:55.810	00:37:58.013	+00:05:58.860	03:48 min/Km
17	11	228	NEIRA BARRAL , DANIEL	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:38:17.352	00:38:17.353	+00:06:18.200	03:50 min/Km
18	12	240	OTERO GARRIDO , JAVIER	MALE	VETERANO - A - MASC	CLUB RIA DE AROUSA	00:38:26.950	00:38:28.253	+00:06:29.100	03:51 min/Km
19	1	43	BREA ABREU , EDYMAR	FEMALE	SENIOR - FEM		00:38:27.800	00:38:28.563	+00:06:29.410	03:51 min/Km
20	7	217	MEIS DOMÍNGUEZ , ANXO	MALE	SENIOR - MASC	CLUBE DEPORTIVO RIA DE AROUSA O GROVE	00:38:28.810	00:38:29.903	+00:06:30.750	03:51 min/Km
21	8	251	PATÍÑO VIEITES , RUBÉN	MALE	SENIOR - MASC	INDEPENDIENTE	00:38:31.120	00:38:34.443	+00:06:35.290	03:52 min/Km
22	1	114	FALCÓN PÉREZ , SANTIAGO	MALE	VETERANO - B - MASC	C.D. RIA DE AROUSA	00:38:36.060	00:38:40.103	+00:06:40.950	03:53 min/Km
23	13	265	PÉREZ PRIETO , GERARDO	MALE	VETERANO - A - MASC	CLUB ATLESTISMO CAMBADOS - SEG. NOVAL	00:38:41.730	00:38:43.243	+00:06:44.090	03:53 min/Km
24	14	273	PIÑEIRO GRAÑA , SANTIAGO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:38:42.400	00:38:48.673	+00:06:49.520	03:53 min/Km
25	9	32	FRAGA ADRIO , CARLOS	MALE	SENIOR - MASC		00:38:54.719	00:38:54.720	+00:06:55.567	03:54 min/Km
26	15	259	PEREZ FERNANDEZ , SALVADOR	MALE	VETERANO - A - MASC	ALDARA TEAM	00:38:55.632	00:38:55.633	+00:06:56.480	03:54 min/Km
27	2	120	FERNÁNDEZ BARBOSA , LETICIA	FEMALE	SENIOR - FEM	RUNGALICIA TEAM	00:39:00.190	00:39:00.913	+00:07:01.760	03:55 min/Km
28	16	86	COSTA RODRIGUEZ , JOSE ANTONIO	MALE	VETERANO - A - MASC	AGRUPACION ATLETICA MAZÍ	00:39:01.270	00:39:02.823	+00:07:03.670	03:55 min/Km
29	17	125	FERNANDEZ FERNANDEZ , OSCAR	MALE	VETERANO - A - MASC	CORRER EN GALICIA	00:39:01.250	00:39:03.053	+00:07:03.900	03:55 min/Km
30	18	221	MIGUEZ GUILLAN , FRANCISCO	MALE	VETERANO - A - MASC	CLUBE DEPORTIVO RIA DE AROUSA	00:39:06.122	00:39:06.123	+00:07:06.970	03:55 min/Km
31	19	109	DOPAZO MIGUEZ , ALBERTO	MALE	VETERANO - A - MASC		00:39:02.440	00:39:06.203	+00:07:07.050	03:55 min/Km
32	10	236	OLIVEIRA BENEDICTO , ISAAC	MALE	SENIOR - MASC	INDEPENDIENTE	00:39:18.510	00:39:19.583	+00:07:20.430	03:56 min/Km
33	20	269	PIÑEIRO ALCALDE , JAVIER	MALE	VETERANO - A - MASC		00:39:18.990	00:39:21.473	+00:07:22.320	03:57 min/Km
34	11	105	DOMÍNGUEZ OTERO , JACOBO	MALE	SENIOR - MASC	INDEPENDIENTE	00:39:25.582	00:39:25.583	+00:07:26.430	03:57 min/Km
35	21	268	PICÓN ESPÍÑO , ROBERTO	MALE	VETERANO - A - MASC	NOITEBRA	00:39:36.122	00:39:36.123	+00:07:36.970	03:58 min/Km
36	22	121	FERNANDEZ CAMBADOS , JOAQUIN	MALE	VETERANO - A - MASC	CLUB DEPORTIVO RIA DE AROUSA	00:39:39.130	00:39:41.183	+00:07:42.030	03:59 min/Km
37	12	85	COSTA PEREIRA , MARCOS	MALE	SENIOR - MASC		00:39:40.410	00:39:43.473	+00:07:44.320	03:59 min/Km

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38	23	301	RODRIGUEZ CASTRO , LUIS	MALE	VETERANO - A - MASC	ADEPTL	00:39:44.020	00:39:47.643	+00:07:48.490	03:59 min/Km
39	3	267	PÉREZ RODRÍGUEZ , SARA	FEMALE	SENIOR - FEM	COMESAÑA SPORTING CLUB	00:39:50.550	00:39:51.783	+00:07:52.630	03:60 min/Km
40	4	143	FREAZA OTERO , SOFÍA	FEMALE	SENIOR - FEM	COMESAÑA SPORTING CLUB	00:40:00.830	00:40:02.233	+00:08:03.080	04:01 min/Km
41	24	350	VÁZQUEZ REMIGIO , JUAN DIEGO	MALE	VETERANO - A - MASC		00:40:10.402	00:40:10.403	+00:08:11.250	04:02 min/Km
42	13	100	DOMINGUEZ FARO , JUAN CARLOS	MALE	SENIOR - MASC	ATLETISMO PORRIÑO	00:40:09.970	00:40:11.423	+00:08:12.270	04:02 min/Km
43	25	62	CAO IGLESIAS , BORJA	MALE	VETERANO - A - MASC	CLUB ATLETISMO SANTIAGO	00:40:10.600	00:40:12.043	+00:08:12.890	04:02 min/Km
44	26	220	MELIO ROMERO , SANTIAGO	MALE	VETERANO - A - MASC	ATENAS RUNING VDA	00:40:10.630	00:40:12.793	+00:08:13.640	04:02 min/Km
45	14	261	PEREZ GROBA , EMILIO	MALE	SENIOR - MASC	INDEPENDIENTE	00:40:13.832	00:40:13.833	+00:08:14.680	04:02 min/Km
46	27	71	CASTRO NINE , MANUEL	MALE	VETERANO - A - MASC		00:40:14.610	00:40:18.173	+00:08:19.020	04:02 min/Km
47	28	173	GONZALEZ MARTINEZ , JOSE ANTONIO	MALE	VETERANO - A - MASC	CLUB ATLETISMO CAMBADOS - SEG. NOVAL	00:40:16.450	00:40:18.963	+00:08:19.810	04:02 min/Km
48	29	284	REY AGUIAR , CARLOS	MALE	VETERANO - A - MASC	CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL	00:40:36.190	00:40:37.993	+00:08:38.840	04:04 min/Km
49	15	144	FREIRE CABALEIRO , CARLOS	MALE	SENIOR - MASC	ATHLETICS TRAINING	00:40:41.190	00:40:44.743	+00:08:45.590	04:05 min/Km
50	30	139	FIGUEIRO ALFONSO , ALBERTO	MALE	VETERANO - A - MASC	CLUB DEPORTIVO RIA DE AROUSA	00:40:44.110	00:40:49.153	+00:08:50.000	04:05 min/Km
51	31	245	OTERO QUINTANA , RICARDO	MALE	VETERANO - A - MASC	CAR MARISQUEIRO	00:40:51.750	00:40:53.953	+00:08:54.800	04:06 min/Km
52	32	135	FERREIRO DEAÑO , ALFREDO	MALE	VETERANO - A - MASC	CLUB DEPORTIVO AURUM	00:40:53.730	00:40:56.523	+00:08:57.370	04:06 min/Km
53	2	315	SÁNCHEZ MURCIA , JOSÉ ALFREDO	MALE	VETERANO - B - MASC	VETERANOS DE GALICIA	00:40:55.370	00:40:57.743	+00:08:58.590	04:06 min/Km
54	33	345	ULLA REGA , MANUEL	MALE	VETERANO - A - MASC	ASOCIACIÓN DEPORTIVA C.A.R	00:40:53.240	00:40:59.733	+00:09:00.580	04:06 min/Km
55	34	115	FANDIÑO GARCIA , OSCAR	MALE	VETERANO - A - MASC	C.A.CAMBADOS-SEG.NOVAL	00:40:58.720	00:41:00.333	+00:09:01.180	04:07 min/Km
56	35	287	REY JACOME , VICENTE	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:40:56.530	00:41:01.943	+00:09:02.790	04:07 min/Km
57	16	124	FERNÁNDEZ DEVESEA , JULIO	MALE	SENIOR - MASC	CLUBE DEPORTIVO RIA DE AROUSA O GROVE	00:41:04.600	00:41:08.953	+00:09:09.800	04:07 min/Km
58	36	258	PEREZ FERNADEZ , DAVID	MALE	VETERANO - A - MASC	ALDARA	00:41:12.200	00:41:13.153	+00:09:14.000	04:08 min/Km
59	17	58	CANEDA DEVESEA , EROS MARTÍN	MALE	SENIOR - MASC	OGROBE TROTTER'S	00:41:15.692	00:41:15.693	+00:09:16.540	04:08 min/Km
60	37	250	PAREDES PARADA , MANUEL	MALE	VETERANO - A - MASC		00:41:25.200	00:41:27.153	+00:09:28.000	04:09 min/Km
61	18	326	SIERRA LÓPEZ , RAFAEL	MALE	SENIOR - MASC	+9 MORAÑA	00:41:20.780	00:41:27.723	+00:09:28.570	04:09 min/Km
62	38	93	DIOS FERNÁNDEZ , FRANCISCO	MALE	VETERANO - A - MASC		00:41:26.660	00:41:28.423	+00:09:29.270	04:09 min/Km
63	39	66	CASAI BARRAL , DARÍO	MALE	VETERANO - A - MASC	CLUBE ATLETISMO CAMBADOS-SEGUROS NOVAL	00:41:27.350	00:41:29.593	+00:09:30.440	04:09 min/Km
64	40	309	ROGET PÉREZ , FÉLIX	MALE	VETERANO - A - MASC	TERRA DE SONEIRA	00:41:44.820	00:41:47.503	+00:09:48.350	04:11 min/Km
65	19	232	NUÑEZ CASTRO , JACOBO	MALE	SENIOR - MASC	INDEPENDIENTE	00:41:40.030	00:41:48.273	+00:09:49.120	04:11 min/Km
66	3	292	RIVAS POSSE , XAIME	MALE	VETERANO - B - MASC		00:41:48.240	00:41:50.803	+00:09:51.650	04:12 min/Km
67	4	291	RIVAS CASTRO , JUAN	MALE	VETERANO - B - MASC	CLUB ATLETISMO CAMBADOS - SEG. NOVAL	00:41:50.350	00:41:53.833	+00:09:54.680	04:12 min/Km
68	41	134	FERNANDEZ SOENGAS , JESÚS	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:41:53.390	00:41:58.143	+00:09:58.990	04:12 min/Km
69	42	68	CASTRELO CONDE , FRANCISCO JAVIER	MALE	VETERANO - A - MASC		00:41:55.040	00:41:59.103	+00:09:59.950	04:12 min/Km
70	20	344	TRONCOSO GOMEZ , HECTOR	MALE	SENIOR - MASC		00:41:52.530	00:42:00.363	+00:10:01.210	04:13 min/Km
71	43	104	DOMÍNGUEZ MOLDES , MARCELINO	MALE	VETERANO - A - MASC		00:42:07.970	00:42:10.423	+00:10:11.270	04:14 min/Km
72	21	304	RODRIGUEZ PROL , MARTIN	MALE	SENIOR - MASC	INDEPENDIENTE	00:42:17.262	00:42:17.263	+00:10:18.110	04:14 min/Km
73	22	59	CANEDA OTERO , MANUEL	MALE	SENIOR - MASC	CLUB DE REMO MECOS	00:42:26.970	00:42:27.903	+00:10:28.750	04:15 min/Km
74	44	159	GARCIA MIÑAN , FAUSTINO	MALE	VETERANO - A - MASC	C.A.R.(CLUB ATLETISMO REDONDELA)	00:42:31.160	00:42:40.723	+00:10:41.570	04:17 min/Km

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75	45	45	CABADO CASTRO , XOSE	MALE	VETERANO - A - MASC	CLUB ATLETISMO SANTIAGO	00:42:40.370	00:42:43.553	+00:10:44.400	04:17 min/Km
76	5	274	PIÑEIRO PEREZ , JUAN MIGUEL	MALE	VETERANO - B - MASC	INDEPENDIENTE	00:42:50.980	00:42:51.963	+00:10:52.810	04:18 min/Km
77	23	160	GARCÍA PADIN , DAVID	MALE	SENIOR - MASC	CLUBE DEPORTIVO RIA DE AROUSA	00:42:53.362	00:42:53.363	+00:10:54.210	04:18 min/Km
78	24	6	AGRA RIAL , CARLOS	MALE	SENIOR - MASC	INDEPENDIENTE	00:42:43.140	00:42:53.793	+00:10:54.640	04:18 min/Km
79	25	200	LORENZO CONDE , YAGO	MALE	SENIOR - MASC	ATHLETICS TRAINING	00:42:57.992	00:42:57.993	+00:10:58.840	04:18 min/Km
80	26	266	PÉREZ PRIETO , RUBÉN	MALE	SENIOR - MASC	OGROBE TROTTER'S	00:43:00.390	00:43:02.643	+00:11:03.490	04:19 min/Km
81	46	12	ALFONSO LOIS , BRUNO	MALE	VETERANO - A - MASC	ALDARA TEAM	00:43:02.680	00:43:03.733	+00:11:04.580	04:19 min/Km
82	6	52	CALVO GERARDI , MANUEL	MALE	VETERANO - B - MASC	ATLETISMO +9 MORAÑA	00:43:02.130	00:43:04.493	+00:11:05.340	04:19 min/Km
83	47	50	CALLON CAMEAN , JUAN LUIS	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA O GROVE	00:42:58.500	00:43:04.603	+00:11:05.450	04:19 min/Km
84	27	174	GONZALEZ PEREZ , MARTIN	MALE	SENIOR - MASC	INDEPENDIENTE	00:43:14.250	00:43:15.203	+00:11:16.050	04:20 min/Km
85	28	272	PIÑEIRO GONZÁLEZ , MANUEL	MALE	SENIOR - MASC	C.D. RIA DE AROUSA	00:43:15.770	00:43:20.153	+00:11:21.000	04:21 min/Km
86	48	283	REQUEJO RODRIGUEZ , JOSE LUIS	MALE	VETERANO - A - MASC	ATLETISMO ARENTEIRO	00:43:14.940	00:43:20.523	+00:11:21.370	04:21 min/Km
87	7	305	RODRIGUEZ RODRIGUEZ , ADOLFO	MALE	VETERANO - B - MASC	ATENAS RUNNING	00:43:19.780	00:43:25.203	+00:11:26.050	04:21 min/Km
88	49	84	CORDAL BARREIRO , IVAN	MALE	VETERANO - A - MASC	C.A.CAMBADOS SEGUROS NOVAL	00:43:14.430	00:43:34.883	+00:11:35.730	04:22 min/Km
89	50	107	DOMINGUEZ VENTOSO , ESTEBAN	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA O GROVE	00:43:27.590	00:43:36.113	+00:11:36.960	04:22 min/Km
90	29	145	FREIRE CALVO , DIEGO	MALE	SENIOR - MASC	CCT. POIO	00:43:24.470	00:43:36.243	+00:11:37.090	04:22 min/Km
91	51	225	MUÑIZ CAO , CANDIDO	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA	00:43:33.260	00:43:36.353	+00:11:37.200	04:22 min/Km
92	52	226	NAVIA GIRALDEZ , SEGUNDO	MALE	VETERANO - A - MASC		00:43:32.610	00:43:40.643	+00:11:41.490	04:23 min/Km
93	30	323	SEÑORANS TOBIO , CARLOS	MALE	SENIOR - MASC	INDEPENDIENTE	00:43:32.990	00:43:43.133	+00:11:43.980	04:23 min/Km
94	31	247	OUTEDA GARRIDO , HECTOR	MALE	SENIOR - MASC	OGROBE TROTTER'S	00:43:42.480	00:43:45.003	+00:11:45.850	04:23 min/Km
95	32	4	ABUIN MOSQUERA , MILLAGUI	MALE	SENIOR - MASC		00:43:36.900	00:43:45.653	+00:11:46.500	04:23 min/Km
96	53	343	TROITIÑO LIMERES , LAUREANO	MALE	VETERANO - A - MASC		00:43:40.260	00:43:47.583	+00:11:48.430	04:23 min/Km
97	54	171	GONZALEZ GARCÍA , FERNANDO	MALE	VETERANO - A - MASC		00:43:47.570	00:43:50.553	+00:11:51.400	04:24 min/Km
98	55	132	FERNÁNDEZ REY , CHEMA	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:43:47.420	00:43:50.893	+00:11:51.740	04:24 min/Km
99	56	108	DOPAZO LOUZAN , JAVIER	MALE	VETERANO - A - MASC	MILER RUNNING CLUB	00:43:45.170	00:43:51.873	+00:11:52.720	04:24 min/Km
100	33	147	FUNGUEIRIÑO FIGUEIRA , ANTONIO	MALE	SENIOR - MASC		00:43:52.270	00:44:00.863	+00:12:01.710	04:25 min/Km
101	34	46	CABALEIRO DOMINGUEZ , DIEGO	MALE	SENIOR - MASC	CR. AMEGROVE	00:43:53.100	00:44:08.043	+00:12:08.890	04:25 min/Km
102	57	231	NOYA SINEIRO , JOSÉ MARIO	MALE	VETERANO - A - MASC	CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL	00:44:04.000	00:44:08.573	+00:12:09.420	04:25 min/Km
103	58	156	GARCÍA GARCÍA , JOSÉ JESUS	MALE	VETERANO - A - MASC	TEAM CORBELO	00:44:04.460	00:44:09.923	+00:12:10.770	04:25 min/Km
104	59	330	SOTO LOPEZ , MANUEL	MALE	VETERANO - A - MASC	WHERE IS THE CHANDAL?	00:43:59.830	00:44:10.543	+00:12:11.390	04:26 min/Km
105	60	60	CANEDA PIÑEIRO , JOSE MANUEL	MALE	VETERANO - A - MASC	CLUBE DEPORTIVO RIA DE AROUSA O GROVE	00:43:59.240	00:44:10.693	+00:12:11.540	04:26 min/Km
106	61	359	VIÑAS FERNANDEZ , IGNACIO	MALE	VETERANO - A - MASC		00:43:59.160	00:44:10.823	+00:12:11.670	04:26 min/Km
107	62	310	ROMAY DOMINGUEZ , SANTIAGO	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA	00:44:05.850	00:44:13.353	+00:12:14.200	04:26 min/Km
108	63	201	LORES RODRIGUEZ , ALBERTO	MALE	VETERANO - A - MASC	RUNNING TEAM PONTEVEDRA	00:44:09.410	00:44:15.143	+00:12:15.990	04:26 min/Km
109	64	264	PÉREZ MEIS , FRANCISCO JOSÉ	MALE	VETERANO - A - MASC	CLUB DEPORTIVO RIA DE AROUSA	00:44:10.250	00:44:16.463	+00:12:17.310	04:26 min/Km
110	65	80	COLLAZO LORENZO , FRANC	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:44:12.690	00:44:18.233	+00:12:19.080	04:26 min/Km
111	35	215	MASCATO CORES , JUAN CARLOS	MALE	SENIOR - MASC		00:44:05.230	00:44:19.773	+00:12:20.620	04:26 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	META	RITMO	DIFF.
112	36	244	OTERO PEÓN , ADRIÁN	MALE	SENIOR - MASC	INDEPENDIENTE	00:44:13.630	00:44:28.783	+00:12:29.630	04:27 min/Km
113	66	324	SEOANE MUÑOZ , TOMAS	MALE	VETERANO - A - MASC	ATLETISMO RIA DE AROSA	00:44:20.350	00:44:28.953	+00:12:29.800	04:27 min/Km
114	67	31	BARREIRO GÓMEZ , SIMÓN	MALE	VETERANO - A - MASC		00:44:33.640	00:44:37.653	+00:12:38.500	04:28 min/Km
115	68	42	BÓVEDA CASTRO , JOSÉ LUIS	MALE	VETERANO - A - MASC	CLUB DEPORTIVO RIA DE AROUSA	00:44:37.710	00:44:42.703	+00:12:43.550	04:29 min/Km
116	5	358	VILLAVERDE ROSALES , MARGA	FEMALE	SENIOR - FEM		00:44:37.150	00:44:43.263	+00:12:44.110	04:29 min/Km
117	69	119	FERNANDEZ BALBOA , MANUEL	MALE	VETERANO - A - MASC	PONTE A CORRER	00:44:40.710	00:44:46.513	+00:12:47.360	04:29 min/Km
118	6	276	PORTELA , CARINA	FEMALE	SENIOR - FEM	CLUBE DEPORTIVO RIA DE AROUSA O GROVE	00:44:43.350	00:44:48.573	+00:12:49.420	04:29 min/Km
119	70	334	SUAREZ FERRO , ALBERTO	MALE	VETERANO - A - MASC	PINARIUM	00:44:42.820	00:44:50.093	+00:12:50.940	04:30 min/Km
120	37	196	LOPEZ , ISAAC	MALE	SENIOR - MASC		00:44:39.310	00:44:53.943	+00:12:54.790	04:30 min/Km
121	38	227	NEGREIRA BARCIA , DANIEL	MALE	SENIOR - MASC	ATLETISMO FONTES DO SAR	00:44:49.380	00:44:57.193	+00:12:58.040	04:30 min/Km
122	39	335	SUÁREZ OSUNA , CRISTIAN	MALE	SENIOR - MASC	INDEPENDIENTE	00:44:46.670	00:44:58.413	+00:12:59.260	04:30 min/Km
123	40	150	GAMALLO FERNÁNDEZ , ANTÓN	MALE	SENIOR - MASC	INDEPENDIENTE	00:44:47.280	00:44:58.683	+00:12:59.530	04:30 min/Km
124	71	137	FERRO MOURENZA , JESUS	MALE	VETERANO - A - MASC		00:44:51.490	00:45:00.873	+00:13:01.720	04:31 min/Km
125	72	172	GONZALEZ GONZALEZ , ALBERTO	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA	00:44:48.010	00:45:03.013	+00:13:03.860	04:31 min/Km
126	73	252	PATRICIO REY , FERNANDO	MALE	VETERANO - A - MASC	CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL	00:44:58.670	00:45:05.703	+00:13:06.550	04:31 min/Km
127	74	316	SÁNCHEZ VEGA , DANIEL	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:45:01.180	00:45:09.423	+00:13:10.270	04:31 min/Km
128	75	243	OTERO MASCATO , JESÚS A.	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA O GROVE	00:45:10.422	00:45:10.423	+00:13:11.270	04:32 min/Km
129	76	158	GARCIA IGLESIAS , JUAN MARIA	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:45:00.640	00:45:11.583	+00:13:12.430	04:32 min/Km
130	8	314	SAAVEDRA GAYOSO , NINO	MALE	VETERANO - B - MASC	CD VAL DA RABEDA OURENSE	00:45:12.280	00:45:16.813	+00:13:17.660	04:32 min/Km
131	77	212	MARTINEZ PORTELA , FRANCISCO	MALE	VETERANO - A - MASC	GESTSPORT	00:44:58.990	00:45:19.703	+00:13:20.550	04:32 min/Km
132	7	341	TRILLO CALO , PAULA	FEMALE	SENIOR - FEM	TERRA DE SONEIRA	00:45:16.530	00:45:19.713	+00:13:20.560	04:32 min/Km
133	9	260	PÉREZ GONZÁLEZ , MANUEL	MALE	VETERANO - B - MASC	COMESAÑA SPORTING CLUB	00:45:22.310	00:45:24.043	+00:13:24.890	04:33 min/Km
134	10	222	MIRANDA GONZALEZ , FRANCISCO	MALE	VETERANO - B - MASC	ATLETISMO UNIVERSIDAD DE VIGO	00:45:21.860	00:45:27.183	+00:13:28.030	04:33 min/Km
135	78	207	MARTINEZ ALONZO , MARCELINO	MALE	VETERANO - A - MASC		00:45:28.282	00:45:28.283	+00:13:29.130	04:33 min/Km
136	11	235	OCHOA VIDAL , FRANCISCO	MALE	VETERANO - B - MASC	INDEPENDIENTE	00:45:20.710	00:45:28.923	+00:13:29.770	04:33 min/Km
137	79	22	ANDRADE PADIN , DAMIAN	MALE	VETERANO - A - MASC	CLUB ATLETISMO GALAEEKIA	00:45:26.480	00:45:30.693	+00:13:31.540	04:34 min/Km
138	80	73	CASTRO VIDAL , JUAN CARLOS	MALE	VETERANO - A - MASC		00:45:18.550	00:45:34.133	+00:13:34.980	04:34 min/Km
139	81	70	CASTRO LAGO , ANDRES	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:45:17.660	00:45:41.093	+00:13:41.940	04:35 min/Km
140	82	3	ABUIN GEY , JOSÉ ENRIQUE	MALE	VETERANO - A - MASC	ATLETISMO +9 MORAÑA	00:45:37.190	00:45:44.533	+00:13:45.380	04:35 min/Km
141	83	179	HERRERA ANTONAYA , JAVIER	MALE	VETERANO - A - MASC	TRAILXTREM TEAM	00:45:42.120	00:45:52.523	+00:13:53.370	04:36 min/Km
142	12	327	SIMOEZ FERNANDEZ , JOSE LUIS	MALE	VETERANO - B - MASC		00:45:37.250	00:45:54.823	+00:13:55.670	04:36 min/Km
143	84	101	DOMÍNGUEZ GARCÍA , RUBÉN	MALE	VETERANO - A - MASC		00:45:51.860	00:45:55.633	+00:13:56.480	04:36 min/Km
144	1	24	BABIANO GARCÍA , EVA ISABEL	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:45:55.280	00:45:57.533	+00:13:58.380	04:36 min/Km
145	13	347	VALIÑO CEREIJO , JOSE MANUEL	MALE	VETERANO - B - MASC	INDEPENDIENTE	00:45:43.450	00:45:59.013	+00:13:59.860	04:36 min/Km
146	85	127	FERNÁNDEZ GARCÍA , MANUEL	MALE	VETERANO - A - MASC	CD PINARIUM	00:45:53.350	00:46:02.453	+00:14:03.300	04:37 min/Km
147	86	337	SUEIRO TORRES , JESUS	MALE	VETERANO - A - MASC		00:45:41.350	00:46:02.913	+00:14:03.760	04:37 min/Km
148	87	277	POSADA VILA , JOSE MANUEL	MALE	VETERANO - A - MASC		00:45:45.000	00:46:05.663	+00:14:06.510	04:37 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	META	RITMO	DIFF.
149	88	63	CAPELO GARCÍA , ANTONIO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:46:02.010	00:46:09.283	+00:14:10.130	04:37 min/Km
150	89	322	SEÑORANS BARREIRO , ANTONIO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:45:58.900	00:46:10.033	+00:14:10.880	04:38 min/Km
151	2	7	AGRASAR BARRAL , SONIA	FEMALE	VETERANO - A - FEM	SAR - VERMÚ PETRONI	00:46:06.220	00:46:10.393	+00:14:11.240	04:38 min/Km
152	14	112	ESTEVEZ RODRIGUEZ , DANIEL	MALE	VETERANO - B - MASC		00:46:02.710	00:46:11.573	+00:14:12.420	04:38 min/Km
153	90	285	REY COSTA , MIGUEL ANGEL	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:46:02.620	00:46:11.933	+00:14:12.780	04:38 min/Km
154	41	25	BAEZA PENAS , JAIME	MALE	SENIOR - MASC	INDEPENDIENTE	00:46:20.530	00:46:21.753	+00:14:22.600	04:39 min/Km
155	91	288	REY POMBO , ANTONIO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:46:10.870	00:46:32.053	+00:14:32.900	04:40 min/Km
156	42	340	TRELLES CAO , PABLO	MALE	SENIOR - MASC		00:46:32.092	00:46:32.093	+00:14:32.940	04:40 min/Km
157	43	331	SOUTULLO AGUIN , ANXO	MALE	SENIOR - MASC	C.D. RIA DE AROUSA	00:46:26.780	00:46:32.103	+00:14:32.950	04:40 min/Km
158	92	91	DEVEZA OTERO , DAVID	MALE	VETERANO - A - MASC	C.D. RÍA DE AROUSA DO GROVE	00:46:32.600	00:46:35.373	+00:14:36.220	04:40 min/Km
159	93	248	PADIN TRIÑANES , ALEJANDRO	MALE	VETERANO - A - MASC	CLUBE DEPORTIVO RIA DE AROUSA	00:46:29.050	00:46:35.693	+00:14:36.540	04:40 min/Km
160	94	29	BARCA BRAVO , JOSÉ LUIS	MALE	VETERANO - A - MASC	WHERE IS THE CHANDAL?	00:46:33.090	00:46:43.773	+00:14:44.620	04:41 min/Km
161	95	103	DOMINGUEZ GUILLAN , DIEGO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:46:27.560	00:46:45.253	+00:14:46.100	04:41 min/Km
162	44	270	PIÑEIRO CHAVES , ÁNGEL	MALE	SENIOR - MASC	PUNTA CABALO AROUSA RUNNERS	00:46:41.350	00:46:47.703	+00:14:48.550	04:41 min/Km
163	96	318	SANMARTIN FRANCO , LUIS	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:46:48.420	00:46:54.453	+00:14:55.300	04:42 min/Km
164	3	186	IGLESIAS SANTIAGO , ANGELES	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:46:56.360	00:46:59.323	+00:15:00.170	04:42 min/Km
165	15	185	IGLESIAS IGLESIAS , ISIDRO	MALE	VETERANO - B - MASC	C.D. RIA DE AROUSA	00:46:48.980	00:46:59.833	+00:15:00.680	04:42 min/Km
166	97	300	RODRIGUEZ CASTRO , MANUEL	MALE	VETERANO - A - MASC	C.D. RÍA DE AROUSA DO GROVE	00:47:16.282	00:47:16.283	+00:15:17.130	04:44 min/Km
167	98	339	TORRES REGO , OSCAR	MALE	VETERANO - A - MASC	ATLETISMO +9 MORAÑA	00:47:06.370	00:47:21.963	+00:15:22.810	04:45 min/Km
168	99	238	OTERO DIAZ , MARIO	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA O GROVE	00:47:15.500	00:47:23.203	+00:15:24.050	04:45 min/Km
169	100	349	VAZQUEZ OUBIÑA , FRANCISCO	MALE	VETERANO - A - MASC		00:47:09.480	00:47:25.563	+00:15:26.410	04:45 min/Km
170	101	149	GALLEGO RIVERA , ALBERTO	MALE	VETERANO - A - MASC		00:47:30.602	00:47:30.603	+00:15:31.450	04:46 min/Km
171	45	40	BESADA VIDAL , JUAN MIGUEL	MALE	SENIOR - MASC		00:47:16.010	00:47:32.073	+00:15:32.920	04:46 min/Km
172	102	54	CAMPOS MARTINASCHI , GUILLERMO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:47:17.360	00:47:32.143	+00:15:32.990	04:46 min/Km
173	8	183	IGLESIAS CARBALLIDO , ANDREA	FEMALE	SENIOR - FEM	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:47:33.302	00:47:33.303	+00:15:34.150	04:46 min/Km
174	46	164	GARRIDO CORNES , RODRIGO	MALE	SENIOR - MASC	INDEPENDIENTE	00:47:23.910	00:47:40.343	+00:15:41.190	04:47 min/Km
175	103	357	VILLAVARDE POMBO , MARCOS	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:47:21.200	00:47:42.713	+00:15:43.560	04:47 min/Km
176	16	118	FERNANDEZ , LUIS	MALE	VETERANO - B - MASC	CLUBE DEPORTIVO RIA DE AROUSA	00:47:31.910	00:47:45.403	+00:15:46.250	04:47 min/Km
177	4	53	CALVO MARTA , SILVIA	FEMALE	VETERANO - A - FEM		00:47:33.640	00:47:46.683	+00:15:47.530	04:47 min/Km
178	104	295	RIVERO GARCIA , ELADIO	MALE	VETERANO - A - MASC		00:47:37.500	00:47:47.533	+00:15:48.380	04:47 min/Km
179	47	23	ARCOS PEREZ , YAGO	MALE	SENIOR - MASC	GV SPORTS	00:47:39.880	00:47:51.433	+00:15:52.280	04:48 min/Km
180	105	182	IGLESIAS , BRAIS	MALE	VETERANO - A - MASC		00:47:48.930	00:48:00.863	+00:16:01.710	04:49 min/Km
181	106	368	ROCA HERNANDEZ , ANDRES	MALE	VETERANO - A - MASC		00:47:44.410	00:48:07.393	+00:16:08.240	04:49 min/Km
182	107	329	SOTO BUCETA , SERGIO	MALE	VETERANO - A - MASC	C.A.CAMBADOS-SEG.NOVAL	00:47:49.490	00:48:10.413	+00:16:11.260	04:50 min/Km
183	108	197	LOPEZ LOURO , JUAN	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:47:42.760	00:48:12.953	+00:16:13.800	04:50 min/Km
184	109	366	SUAREZ MILLAR , RAFAEL	MALE	VETERANO - A - MASC		00:48:09.980	00:48:14.933	+00:16:15.780	04:50 min/Km
185	5	365	ROSANA	FEMALE	VETERANO - A - FEM		00:48:10.880	00:48:15.633	+00:16:16.480	04:50 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	META	RITMO	DIFF.
186	48	234	NÚÑEZ MOSTEIRO , RUBEN	MALE	SENIOR - MASC	CLUB ATLESTISMO CAMBADOS - SEG. NOVAL	00:48:10.470	00:48:17.533	+00:16:18.380	04:50 min/Km
187	110	2	ABUIN CHAVES , CARLOS	MALE	VETERANO - A - MASC	CLUBE DEPORTIVO RIA DE AROUSA O GROVE	00:48:05.260	00:48:17.633	+00:16:18.480	04:50 min/Km
188	17	189	LAREU GUTIÉRREZ , JOSÉ MANUEL	MALE	VETERANO - B - MASC	CLUB ATLESTISMO CAMBADOS - SEG. NOVAL	00:48:01.950	00:48:18.613	+00:16:19.460	04:50 min/Km
189	111	233	NUÑEZ GONZALEZ , JOSE AMABLE	MALE	VETERANO - A - MASC		00:48:08.410	00:48:20.453	+00:16:21.300	04:51 min/Km
190	49	79	CHARLIN RODRÍGUEZ , ROBERTO CARLOS	MALE	SENIOR - MASC	CLUB ATLESTISMO CAMBADOS-SEGUROS NOVAL	00:48:16.130	00:48:20.773	+00:16:21.620	04:51 min/Km
191	112	308	RODRÍGUEZ PIÑEIRO , RICARDO	MALE	VETERANO - A - MASC	TRINORTH NOGASA	00:48:15.970	00:48:20.943	+00:16:21.790	04:51 min/Km
192	113	56	CAMUÑAS CARRASCOSA , JOSE ANTONIO	MALE	VETERANO - A - MASC		00:48:06.350	00:48:24.293	+00:16:25.140	04:51 min/Km
193	114	146	FRESCO IGLESIAS , VÍCTOR MANUEL	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:48:08.450	00:48:25.203	+00:16:26.050	04:51 min/Km
194	50	142	FRANCO PEREZ , DANIEL	MALE	SENIOR - MASC	INDEPENDIENTE	00:48:11.280	00:48:27.753	+00:16:28.600	04:51 min/Km
195	18	30	BARGES VIDAL , ANTONIO	MALE	VETERANO - B - MASC	ASOCIACIÓN DEPORTIVA C.A.R	00:48:22.440	00:48:32.343	+00:16:33.190	04:52 min/Km
196	19	255	PAZOS GONZALEZ , GONZALO	MALE	VETERANO - B - MASC	PONTE A CORRER	00:48:29.020	00:48:35.243	+00:16:36.090	04:52 min/Km
197	115	151	GARABATOS , JOSÉ	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:48:27.640	00:48:36.843	+00:16:37.690	04:52 min/Km
198	116	152	GARABATOS BARCIELA , DAVID	MALE	VETERANO - A - MASC	CAR REDONDELA	00:48:27.860	00:48:37.003	+00:16:37.850	04:52 min/Km
199	20	353	VERDEAL GONZALEZ , BASILIO	MALE	VETERANO - B - MASC	CURRELAS TEAM RUNNING	00:48:25.260	00:48:39.283	+00:16:40.130	04:52 min/Km
200	51	128	FERNÁNDEZ GONDAR , ROBERTO	MALE	SENIOR - MASC	INDEPENDIENTE	00:48:39.630	00:48:43.473	+00:16:44.320	04:53 min/Km
201	117	168	GONÇALVES ROLO , ALVARO	MALE	VETERANO - A - MASC		00:48:31.180	00:48:43.963	+00:16:44.810	04:53 min/Km
202	6	165	GARRIDO MIGUEZ , MARA	FEMALE	VETERANO - A - FEM	CD RIA DE AROUSA	00:48:37.640	00:48:46.033	+00:16:46.880	04:53 min/Km
203	52	28	BARBEITO MÉNDEZ , ROI	MALE	SENIOR - MASC	INDEPENDIENTE	00:49:07.262	00:49:07.263	+00:17:08.110	04:55 min/Km
204	118	216	MATEOS GARCÍA , CRISTÓBAL	MALE	VETERANO - A - MASC		00:49:19.870	00:49:29.713	+00:17:30.560	04:57 min/Km
205	21	57	CANEDA , JOSE	MALE	VETERANO - B - MASC	CLUBE DEPORTIVO RIA DE AROUSA	00:49:18.260	00:49:32.043	+00:17:32.890	04:58 min/Km
206	119	333	SUAREZ BERMUDEZ , FRANCISCO JAVIER	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:49:15.290	00:49:32.183	+00:17:33.030	04:58 min/Km
207	120	169	GONDAR OTERO , DIEGO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:49:28.060	00:49:33.593	+00:17:34.440	04:58 min/Km
208	121	131	FERNANDEZ OTERO , ROI	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:49:22.380	00:49:38.943	+00:17:39.790	04:58 min/Km
209	7	211	MARTÍNEZ GARCÍA , VANESA	FEMALE	VETERANO - A - FEM		00:49:30.930	00:49:45.673	+00:17:46.520	04:59 min/Km
210	53	210	MARTINEZ FANDIÑO , DIEGO	MALE	SENIOR - MASC	ARMENTEIRAEPUNTO	00:50:07.110	00:50:21.923	+00:18:22.770	05:03 min/Km
211	54	209	MARTINEZ FANDIÑO , ADRIÁN	MALE	SENIOR - MASC	ARMENTEIRAEPUNTO	00:50:07.460	00:50:22.123	+00:18:22.970	05:03 min/Km
212	122	11	ALFONSO CACABELOS , ANXO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:50:10.290	00:50:23.183	+00:18:24.030	05:03 min/Km
213	123	38	BESADA CURRÁS , MANUEL	MALE	VETERANO - A - MASC	XHUZAS TEAM	00:50:19.460	00:50:25.133	+00:18:25.980	05:03 min/Km
214	55	175	GONZÁLEZ PRADO , ADRIÁN	MALE	SENIOR - MASC		00:50:28.190	00:50:31.453	+00:18:32.300	05:04 min/Km
215	124	163	GARCIA VILLAVERDE , JOSE EMILIO	MALE	VETERANO - A - MASC		00:50:32.230	00:50:40.173	+00:18:41.020	05:05 min/Km
216	22	13	ALFONSO PEREZ , MANUEL ANTONIO	MALE	VETERANO - B - MASC	INDEPENDIENTE	00:50:36.260	00:50:44.813	+00:18:45.660	05:05 min/Km
217	23	262	PEREZ LASPRA , MELCHOR	MALE	VETERANO - B - MASC		00:50:34.520	00:50:49.713	+00:18:50.560	05:05 min/Km
218	56	213	MARTÍNEZ ROSALES , RUBÉN	MALE	SENIOR - MASC		00:50:48.940	00:50:53.333	+00:18:54.180	05:06 min/Km
219	57	35	BEA CANO , JOSÉ MIGUEL	MALE	SENIOR - MASC	CD RIA DE AROUSA	00:50:31.770	00:50:54.093	+00:18:54.940	05:06 min/Km
220	125	208	MARTÍNEZ CARREGAL , FRANCISCO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:50:44.330	00:51:01.853	+00:19:02.700	05:07 min/Km
221	126	299	RODRÍGUEZ BABARRO , XABIER	MALE	VETERANO - A - MASC	VIGOENTRENA	00:50:51.350	00:51:06.663	+00:19:07.510	05:07 min/Km
222	8	352	VEIGA BLANCO , EMMA	FEMALE	VETERANO - A - FEM	ATLETISMO FONTES DO SAR	00:50:57.560	00:51:09.943	+00:19:10.790	05:07 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	META	RITMO	DIFF.
223	127	281	QUINTIANA REIMUNDE , ALBERTO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:50:51.760	00:51:13.343	+00:19:14.190	05:08 min/Km
224	24	170	GONZALEZ DOMINGUEZ , FCO. JAVIER	MALE	VETERANO - B - MASC	VETERANOS O GROVE	00:51:15.870	00:51:23.533	+00:19:24.380	05:09 min/Km
225	58	296	RODIÑO PÉREZ , JORGE	MALE	SENIOR - MASC	BORDONS BTT	00:51:20.000	00:51:35.973	+00:19:36.820	05:10 min/Km
226	128	116	FARIÑA HERMIDA , JUAN	MALE	VETERANO - A - MASC	C.A.CAMBADOS-SEG.NOVAL	00:51:27.590	00:51:44.973	+00:19:45.820	05:11 min/Km
227	9	90	DE LIMA DE ARAUJO , PATRÍCIA	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:51:43.550	00:51:49.323	+00:19:50.170	05:11 min/Km
228	129	65	CAROU GARCÍA , ÁLVARO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:51:32.010	00:51:50.893	+00:19:51.740	05:12 min/Km
229	130	320	SAYANS REY , JOAQUÍN	MALE	VETERANO - A - MASC		00:51:32.250	00:51:51.103	+00:19:51.950	05:12 min/Km
230	59	178	HERNANDEZ DEVESA , TEO	MALE	SENIOR - MASC	INDEPENDIENTE	00:51:40.540	00:51:54.083	+00:19:54.930	05:12 min/Km
231	10	9	AGUIN TRELLES , MARGARITA	FEMALE	VETERANO - A - FEM		00:51:48.940	00:52:01.493	+00:20:02.340	05:13 min/Km
232	131	239	OTERO DÍAZ , LUIS	MALE	VETERANO - A - MASC		00:51:49.220	00:52:01.573	+00:20:02.420	05:13 min/Km
233	132	8	AGUIN BASTOS , JUAN CARLOS	MALE	VETERANO - A - MASC	CLUBE DEPORTIVO RIA DE AROUSA O GROVE	00:51:47.500	00:52:02.063	+00:20:02.910	05:13 min/Km
234	11	69	CASTRO COLORADO , JULIA	FEMALE	VETERANO - A - FEM		00:51:47.020	00:52:05.093	+00:20:05.940	05:13 min/Km
235	12	138	FIGUEIREDO DEL RÍO , BEATRIZ	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:51:56.910	00:52:08.803	+00:20:09.650	05:13 min/Km
236	133	27	BALLESTEROS REFOJOS , JOSE RAMÓN	MALE	VETERANO - A - MASC		00:51:57.080	00:52:09.073	+00:20:09.920	05:13 min/Km
237	134	49	CALATAYUD ÁLVAREZ , JOAQUÍN	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:51:53.450	00:52:13.133	+00:20:13.980	05:14 min/Km
238	135	194	LIMERES POSSE , JACOBO	MALE	VETERANO - A - MASC		00:51:53.920	00:52:13.523	+00:20:14.370	05:14 min/Km
239	136	94	DIZ DIOS , ENRIQUE	MALE	VETERANO - A - MASC		00:51:53.900	00:52:13.663	+00:20:14.510	05:14 min/Km
240	1	306	RODRÍGUEZ SOBRINO , CELINA	FEMALE	VETERANO - B - FEM	ATLETISMO +9 MORAÑA	00:52:03.010	00:52:15.663	+00:20:16.510	05:14 min/Km
241	25	106	DOMÍNGUEZ TRIÑANES , JAIME	MALE	VETERANO - B - MASC	INDEPENDIENTE	00:51:56.180	00:52:17.493	+00:20:18.340	05:14 min/Km
242	26	298	RODRIGUEZ , JUAN ANTONIO	MALE	VETERANO - B - MASC	CLUBE DEPORTIVO RIA DE AROUSA	00:52:04.000	00:52:17.813	+00:20:18.660	05:14 min/Km
243	27	74	CASTRO VILAS , FERNANDO	MALE	VETERANO - B - MASC		00:52:04.020	00:52:17.953	+00:20:18.800	05:14 min/Km
244	9	204	MACEIRA PENA , MIRIAM	FEMALE	SENIOR - FEM		00:52:04.170	00:52:18.093	+00:20:18.940	05:14 min/Km
245	28	278	PUGA GONZALEZ , JORGE	MALE	VETERANO - B - MASC	CD VAL DA RABEDA OURENSE	00:52:12.360	00:52:27.713	+00:20:28.560	05:15 min/Km
246	137	77	CHAN LAMELAS , ROBERTO	MALE	VETERANO - A - MASC		00:52:22.630	00:52:32.373	+00:20:33.220	05:16 min/Km
247	60	133	FERNÁNDEZ REY , IVÁN	MALE	SENIOR - MASC	INDEPENDIENTE	00:52:38.582	00:52:38.583	+00:20:39.430	05:16 min/Km
248	138	19	ALVAREZ PEREZ , ANTONIO	MALE	VETERANO - A - MASC		00:52:26.650	00:52:44.593	+00:20:45.440	05:17 min/Km
249	10	177	HERMIDA MARTÍNEZ , VANESA	FEMALE	SENIOR - FEM		00:52:44.100	00:52:52.343	+00:20:53.190	05:18 min/Km
250	13	67	CASAI BARRAL , ROSA MARÍA	FEMALE	VETERANO - A - FEM	CLUBE ATLETISMO CAMBADOS	00:52:59.930	00:53:06.043	+00:21:06.890	05:19 min/Km
251	139	312	ROZAS ABELLA , XAIME	MALE	VETERANO - A - MASC	TEAM CORBELO	00:52:57.920	00:53:08.113	+00:21:08.960	05:19 min/Km
252	140	92	DEZA GÓMEZ , ANDRÉS	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:52:58.450	00:53:08.613	+00:21:09.460	05:19 min/Km
253	14	351	VEIGA BLANCO , MONTSE	FEMALE	VETERANO - A - FEM	ATLETISMO FONTES DO SAR	00:53:09.380	00:53:21.863	+00:21:22.710	05:21 min/Km
254	15	98	DOMÍNGUEZ BESADA , ANA	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:53:21.940	00:53:31.363	+00:21:32.210	05:22 min/Km
255	16	242	OTERO LORES , ANA CELIA	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:53:30.470	00:53:39.743	+00:21:40.590	05:22 min/Km
256	141	218	MEIS OTERO , SANTIAGO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:53:33.260	00:53:43.243	+00:21:44.090	05:23 min/Km
257	142	297	RODIÑO REY , JOAQUIN	MALE	VETERANO - A - MASC	CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL	00:53:42.620	00:53:49.303	+00:21:50.150	05:23 min/Km
258	61	122	FERNANDEZ CORES , JUANJO	MALE	SENIOR - MASC	C.A CAMBADOS -SEG NOVAL	00:53:42.400	00:53:49.483	+00:21:50.330	05:23 min/Km
259	62	256	PEÑA LÓPEZ , RUBÉN	MALE	SENIOR - MASC		00:53:35.880	00:53:50.113	+00:21:50.960	05:24 min/Km

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260	143	20	AMARO ALONSO , ROBERTO	MALE	VETERANO - A - MASC		00:53:33.960	00:53:55.583	+00:21:56.430	05:24 min/Km
261	144	36	BEA MAYAN , JOSE ANGEL	MALE	VETERANO - A - MASC		00:53:54.950	00:54:10.683	+00:22:11.530	05:26 min/Km
262	145	166	GÓMEZ PEÑA , JOSÉ IGNACIO	MALE	VETERANO - A - MASC	BIKILA TOLEDO	00:54:16.553	00:54:16.553	+00:22:17.400	05:26 min/Km
263	17	328	SOBRINO SOBRINO , CAROLINA	FEMALE	VETERANO - A - FEM	FONDISTAS TOLEDANOS	00:54:16.703	00:54:16.703	+00:22:17.550	05:26 min/Km
264	29	95	DIZ DIOS , PEDRO	MALE	VETERANO - B - MASC	INDEPENDIENTE	00:54:18.750	00:54:38.583	+00:22:39.430	05:28 min/Km
265	18	55	CAMPOS RIVAS , YOLANDA	FEMALE	VETERANO - A - FEM		00:54:23.570	00:54:45.393	+00:22:46.240	05:29 min/Km
266	146	275	POMBO SUÁREZ , MANUEL	MALE	VETERANO - A - MASC		00:54:31.080	00:54:46.963	+00:22:47.810	05:29 min/Km
267	11	187	LAGO FERNÁNDEZ , ELENA	FEMALE	SENIOR - FEM		00:54:43.740	00:54:50.393	+00:22:51.240	05:30 min/Km
268	63	176	GRAÑA DOMÍNGUEZ , ADRIÁN	MALE	SENIOR - MASC		00:54:55.430	00:55:12.503	+00:23:13.350	05:32 min/Km
269	64	78	CHARLIN MILLÁN , CARLOS	MALE	SENIOR - MASC		00:54:55.290	00:55:12.533	+00:23:13.380	05:32 min/Km
270	65	17	ALVAREZ CARBALLA , ANTONIO	MALE	SENIOR - MASC		00:54:56.200	00:55:18.623	+00:23:19.470	05:32 min/Km
271	147	361	PAZOS FERNANDEZ , DANIEL	MALE	VETERANO - A - MASC	CLUB ATLETISMO SADA	00:55:06.900	00:55:26.993	+00:23:27.840	05:33 min/Km
272	148	195	LIREZ BLANCO , FRANCISCO	MALE	VETERANO - A - MASC		00:55:22.560	00:55:33.303	+00:23:34.150	05:34 min/Km
273	19	219	MEIS OTERO , ANA CRISTINA	FEMALE	VETERANO - A - FEM		00:55:24.180	00:55:33.873	+00:23:34.720	05:34 min/Km
274	20	89	DE LA CAMPA CARRERA , DIANA	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:55:43.120	00:55:50.933	+00:23:51.780	05:36 min/Km
275	149	130	FERNANDEZ MORA , JORGE	MALE	VETERANO - A - MASC	ARGONAUTAS	00:55:31.820	00:55:53.923	+00:23:54.770	05:36 min/Km
276	21	325	SEXTO NAVEIRA , CRISTINA	FEMALE	VETERANO - A - FEM	ARGONAUTAS	00:55:31.850	00:55:54.363	+00:23:55.210	05:36 min/Km
277	150	317	SANMARTÍN FERNÁNDEZ , JOSE MANUEL	MALE	VETERANO - A - MASC		00:55:58.920	00:56:19.003	+00:24:19.850	05:38 min/Km
278	22	1	ABAL ABAL , MARY	FEMALE	VETERANO - A - FEM	CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL	00:56:36.580	00:56:43.593	+00:24:44.440	05:41 min/Km
279	23	136	FERRÍN NOVO , EVA	FEMALE	VETERANO - A - FEM	ATLETISMO +9 MORAÑA	00:56:30.850	00:56:43.663	+00:24:44.510	05:41 min/Km
280	24	188	LAMELAS PRIETO , SILVIA	FEMALE	VETERANO - A - FEM	CLUB ATLETISMO CAMBADOS - SEG. NOVAL	00:56:41.840	00:56:48.203	+00:24:49.050	05:41 min/Km
281	2	356	VILAR SEREN , GUADALUPE	FEMALE	VETERANO - B - FEM	CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL	00:56:55.320	00:57:01.853	+00:25:02.700	05:43 min/Km
282	25	319	SANTOS GALIÑANES , MARIA FERNANDA	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:57:04.180	00:57:17.933	+00:25:18.780	05:44 min/Km
283	151	15	ALVAREZ CACABELOS , DIEGO	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:57:07.440	00:57:22.933	+00:25:23.780	05:45 min/Km
284	66	16	ALVAREZ CARBALLA , JUAN MANUEL	MALE	SENIOR - MASC	INDEPENDIENTE	00:57:22.400	00:57:45.933	+00:25:46.780	05:47 min/Km
285	152	202	LUCAS , OSCAR	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:57:30.850	00:57:51.363	+00:25:52.210	05:48 min/Km
286	153	294	RIVERO CUQUEJO , LUCIANO	MALE	VETERANO - A - MASC		00:57:31.200	00:57:51.683	+00:25:52.530	05:48 min/Km
287	12	117	FARIÑA SOUSA , NOEMÍ	FEMALE	SENIOR - FEM	CLUB DEPORTIVO PINARIUM	00:57:36.610	00:57:52.783	+00:25:53.630	05:48 min/Km
288	26	364	CARREIRA COSTAS , MONTSE	FEMALE	VETERANO - A - FEM		00:57:54.620	00:58:13.243	+00:26:14.090	05:50 min/Km
289	30	155	GARCIA DORADO , ANTONIO	MALE	VETERANO - B - MASC	CLUB ATLETISMO CAMBADOS-SEGUROS NOVAL	00:58:18.430	00:58:25.733	+00:26:26.580	05:51 min/Km
290	154	302	RODRIGUEZ LEMA , JOSE LUIS	MALE	VETERANO - A - MASC		00:58:20.410	00:58:37.933	+00:26:38.780	05:52 min/Km
291	155	87	CREPO PADIN , MARCO	MALE	VETERANO - A - MASC	CLUB ATLETISMO CAMBADOS - SEG. NOVAL	00:58:22.400	00:58:44.853	+00:26:45.700	05:53 min/Km
292	156	321	SEÑARÍS BOO , JOSÉ RAMÓN	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:58:42.920	00:59:01.773	+00:27:02.620	05:55 min/Km
293	157	37	BERMUDEZ BARBA , MARCOS	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:58:48.200	00:59:05.923	+00:27:06.770	05:55 min/Km
294	13	153	GARCIA DA CUÑA , RAQUEL	FEMALE	SENIOR - FEM		00:59:09.850	00:59:23.833	+00:27:24.680	05:57 min/Km
295	27	199	LÓPEZ SANMARTÍN , MARTA	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	00:59:35.630	00:59:57.703	+00:27:58.550	05:60 min/Km
296	158	113	ESTEVEZ RUBIROSA , JORGE	MALE	VETERANO - A - MASC	INDEPENDIENTE	00:59:45.550	00:59:58.973	+00:27:59.820	05:60 min/Km

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297	159	241	OTERO LOIS , JESUS	MALE	VETERANO - A - MASC	C.D. RIA DE AROUSA	00:59:53.730	01:00:04.943	+00:28:05.790	06:01 min/Km
298	14	271	PIÑEIRO DIOS , ANDREA	FEMALE	SENIOR - FEM	INDEPENDIENTE	01:00:30.550	01:00:46.813	+00:28:47.660	06:05 min/Km
299	3	224	MUGUERZA MARTINEZ , MARIA JOSE	FEMALE	VETERANO - B - FEM	ARGONAUTAS	01:00:30.870	01:00:53.513	+00:28:54.360	06:06 min/Km
300	160	148	GAGO ALONSO , JUAN	MALE	VETERANO - A - MASC	ARGONAUTAS	01:00:30.760	01:00:53.553	+00:28:54.400	06:06 min/Km
301	161	48	CALATAYUD ALVAREZ , ALEJO	MALE	VETERANO - A - MASC		01:00:45.020	01:00:54.773	+00:28:55.620	06:06 min/Km
302	162	102	DOMINGUEZ GARRIDO , JOSE ANTONIO	MALE	VETERANO - A - MASC	INDEPENDIENTE	01:00:46.160	01:00:57.353	+00:28:58.200	06:06 min/Km
303	15	96	DIZ SIERPES , CARLA	FEMALE	SENIOR - FEM	INDEPENDIENTE	01:00:47.320	01:01:05.443	+00:29:06.290	06:07 min/Km
304	67	311	ROSENDO LÓPEZ , ANDRÉS	MALE	SENIOR - MASC	INDEPENDIENTE	01:00:47.580	01:01:05.753	+00:29:06.600	06:07 min/Km
305	28	313	RUBIANES CARRO , GRACIA	FEMALE	VETERANO - A - FEM	C.A.CAMBADOS-SEG.NOVAL	01:02:32.230	01:02:39.593	+00:30:40.440	06:16 min/Km
306	16	190	LARRIER LASTRA , VANESA	FEMALE	SENIOR - FEM		01:02:59.210	01:03:02.353	+00:31:03.200	06:19 min/Km
307	29	162	GARCÍA VILLANUEVA , ANA BELÉN	FEMALE	VETERANO - A - FEM		01:02:47.760	01:03:07.663	+00:31:08.510	06:19 min/Km
308	17	129	FERNANDEZ LUBIAN , ELISA	FEMALE	SENIOR - FEM	INDEPENDIENTE	01:02:48.010	01:03:07.753	+00:31:08.600	06:19 min/Km
309	163	75	CEBREIROS IGLESIAS , ALFONSO	MALE	VETERANO - A - MASC	INDEPENDIENTE	01:04:27.170	01:04:46.233	+00:32:47.080	06:29 min/Km
310	30	76	CEBREIROS IGLESIAS , EVA	FEMALE	VETERANO - A - FEM	INDEPENDIENTE	01:04:27.710	01:04:46.413	+00:32:47.260	06:29 min/Km
311	18	282	REAL RODRIGUEZ , BEATRIZ	FEMALE	SENIOR - FEM	INDEPENDIENTE	01:04:45.130	01:05:04.153	+00:33:05.000	06:31 min/Km
312	31	205	MAÑANA DE PRADO , SUSANA	FEMALE	VETERANO - A - FEM		01:05:27.500	01:05:46.303	+00:33:47.150	06:35 min/Km
313	32	293	RIVAS VAZQUEZ , BEGOÑA	FEMALE	VETERANO - A - FEM		01:05:27.800	01:05:46.323	+00:33:47.170	06:35 min/Km
314	33	154	GARCÍA DIAZ , TEBA	FEMALE	VETERANO - A - FEM	ATHLETICS TRAINING	01:06:21.620	01:06:29.573	+00:34:30.420	06:39 min/Km
315	164	348	VÁZQUEZ GONZALEZ , FRANCISCO J	MALE	VETERANO - A - MASC		01:06:06.190	01:06:29.783	+00:34:30.630	06:39 min/Km
316	19	192	LEMA VERDÍA , LAURA	FEMALE	SENIOR - FEM	A.D. MEDIA DUCIA	01:11:08.300	01:11:25.523	+00:39:26.370	07:09 min/Km
317	165	249	PARDIÑO BUSTO , FERNANDO	MALE	VETERANO - A - MASC	A.D. MEDIA DUCIA	01:11:08.710	01:11:25.643	+00:39:26.490	07:09 min/Km
318	31	203	LUENGO CIFUENTES , JESUS	MALE	VETERANO - B - MASC	INDEPENDIENTE	01:11:05.220	01:11:25.783	+00:39:26.630	07:09 min/Km
319	32	97	DOMINGUEZ ÀDRÈS , SILVERIO	MALE	VETERANO - B - MASC	INDEPENDIENTE	01:12:38.010	01:12:49.403	+00:40:50.250	07:17 min/Km