

# V DUATLON TRAIL DE RIVEIRA

## - RUN 1,5 + BIKE 18 KM + RUN 6,5 KM -

### -GENERAL EQUIPO SEN BONIFICACION -

06 NOVIEMBRE 2016

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEX	CATEGORIA	NOME EQUIPO	RUN 1	RITMO	BIKE	MEDIA	RUN 2	RITMO	META
1	1	133	PEREZ MAYAN , DAVID / PEREZ FERNANDEZ , BRUNO	MALE	MALE	TEAM CORBELO TRIATLON	00:06:31.107	04:21 min/Km	00:56:11.290	19,2 Km/h	00:30:57.210	04:46 min/Km	01:33:39.607
2	2	130	BUIJ FERNANDEZ, ALEXIS / CASTRO LAGO, MANUEL	MALE	MALE	CUÑAOS TEAM	00:06:40.817	04:28 min/Km	00:56:04.440	19,3 Km/h	00:31:34.300	04:52 min/Km	01:34:19.557
3	3	112	CASTIÑEIRA PAIS , GABRIEL / PAIS FONDO , FRANCISCO	MALE	MALE	EQUIPO PAIS	00:06:57.217	04:39 min/Km	00:59:13.630	18,2 Km/h	00:32:02.760	04:56 min/Km	01:38:13.607
4	4	119	MATO CARAMES , ANTONIO / BUJAN SANTOS , EDUARDO	MALE	MALE	MC BIKES TEAM	00:06:42.977	04:29 min/Km	00:57:36.680	18,7 Km/h	00:34:09.890	05:16 min/Km	01:38:29.547
5	5	128	PATIÑO VILAS , JOSE / MORENZA PÉREZ , IAGO	MALE	MALE	PINARIUM	00:06:25.867	04:18 min/Km	01:01:29.170	17,6 Km/h	00:31:13.750	04:49 min/Km	01:39:08.787
6	6	125	ROJO LUACES , ADRIÁN / LUACES PAZ , ENRIQUE	MALE	MALE	OS NOTTINGHAM PRISAS	00:06:28.397	04:19 min/Km	01:04:44.540	16,7 Km/h	00:32:58.120	05:05 min/Km	01:44:11.057
7	7	136	CALVO CES , ARMANDO / MARTINEZ CASTRO , JESUS	MALE	MALE	TUTALLAS TEAM	00:06:36.427	04:25 min/Km	01:07:03.630	16,1 Km/h	00:31:14.140	04:49 min/Km	01:44:54.197
8	8	140	REGO CASTRO , JORGE / LORENZO BLANCO , CARLOS	MALE	MALE	VAINA LOCA	00:06:36.427	04:25 min/Km	01:07:03.630	16,1 Km/h	00:32:15.000	04:58 min/Km	01:45:55.057
9	9	123	BERIAS LAIÑO , LUIS MIGUEL / CAAMAÑO NIETO , AVELINO	MALE	MALE	OS FAVORITOS	00:07:16.157	04:51 min/Km	01:05:08.070	16,6 Km/h	00:33:34.390	05:10 min/Km	01:45:58.617
10	10	118	SANISIDRO REGO , DAVID / GONZALEZ HORTA , ELOY	MALE	MALE	MAZADORES	00:06:44.097	04:30 min/Km	01:06:40.130	16,2 Km/h	00:32:52.300	05:04 min/Km	01:46:16.527
11	11	135	NIETO PAZOS , FRANCISCO / TRILLO BLANCO , ANGEL	MALE	MALE	TOXO TEAM	00:07:46.547	05:12 min/Km	01:04:48.460	16,7 Km/h	00:39:07.660	06:02 min/Km	01:51:42.667
12	12	131	NOVOA RODRÍGUEZ , GONZALO / SUAREZ AGRELO , JOSE MANUEL	MALE	MALE	ROOKIE' S DUATLON	00:07:30.747	05:01 min/Km	01:07:03.440	16,1 Km/h	00:37:27.727	05:46 min/Km	01:52:01.913
13	1	127	SILVELO PALLIN , TANIA / VIDAL OTERO , ISAAC	MIXED	MIXED	PHOENIX TEAM	00:08:39.937	05:47 min/Km	01:02:48.880	17,2 Km/h	00:41:24.300	06:23 min/Km	01:52:53.117
14	1	109	VILLAVERDE , MARGA / LOIS GARCIA , LARA	FEMALE	FEMALE	CABUXAS GV	00:08:17.987	05:32 min/Km	01:05:13.700	16,6 Km/h	00:40:03.230	06:10 min/Km	01:53:34.917
15	2	116	VILLAR CAAMAÑO , JOSE ALFONSO / DURO LIÑARES , OLALLA	MIXED	MIXED	MACHACA PRINCESS	00:08:44.847	05:50 min/Km	01:04:02.070	16,9 Km/h	00:42:38.930	06:34 min/Km	01:55:25.847
16	13	121	MARTINEZ CASTRO , JOSE MIGUEL / ALVAREZ VILLAR , BORJA MANUEL	MALE	MALE	OS CHACARITAS TEAM	00:07:17.177	04:52 min/Km	01:11:30.670	15,1 Km/h	00:38:04.680	05:52 min/Km	01:56:52.527
17	14	113	BRAVO LOIS , CRISTOBAL / GONDAR FIGUEROA , JUAN CARLOS	MALE	MALE	FARIÑOTES	00:07:10.717	04:48 min/Km	01:14:03.530	14,6 Km/h	00:36:04.390	05:33 min/Km	01:57:18.637
18	15	138	SALINAS MARTINEZ, RUBEN / PORTELA CAEIRO, RAFAEL	MALE	MALE	AS LEBRES DE OIA 1	00:08:30.537	05:41 min/Km	01:09:01.860	15,6 Km/h	00:41:47.730	06:26 min/Km	01:59:20.127
19	16	139	SALINAS MARTINEZ, JORGE / RODRÍGUEZ GONZÁLEZ, DAMIAN	MALE	MALE	AS LEBRES DE OIA 2	00:07:39.727	05:07 min/Km	01:12:54.120	14,8 Km/h	00:38:46.300	05:58 min/Km	01:59:20.147
20	17	114	MIGUEZ SANISIDRO , EDUARDO BENIGNO / GÓMEZ BARREIRO , FERNANDO	MALE	MALE	FER&BENI	00:07:39.727	05:07 min/Km	01:12:54.120	14,8 Km/h	00:39:43.830	06:07 min/Km	02:00:17.677
21	18	106	CREGO MIRA , ESTEBAN / PÉREZ CASTRO , DAVID	MALE	MALE	3&RUN BIKE TEAM	00:07:18.597	04:53 min/Km	01:18:50.430	13,7 Km/h	00:35:52.750	05:32 min/Km	02:02:01.777
22	19	110	SANTOS GARCIA , JUAN JOSE / IBAÑEZ PEREIRO , AITOR	MALE	MALE	CORRECAMINOS.	00:08:20.447	05:34 min/Km	01:13:38.560	14,7 Km/h	00:40:18.960	06:13 min/Km	02:02:17.967
23	3	124	COSTOYA VARELA , SONIA / RODRÍGUEZ GONZALEZ , JAVIER	MIXED	MIXED	OS MAULAS	00:07:27.107	04:59 min/Km	01:18:44.470	13,7 Km/h	00:36:06.630	05:34 min/Km	02:02:18.207
24	20	120	CAROU FERNANDEZ , CARLOS / POUSO SÓÑORA , ANGEL	MALE	MALE	NON VALEMOS PARA NADA E O CARALLO, PERO AI	00:08:44.217	05:50 min/Km	01:10:29.940	15,3 Km/h	00:43:11.817	06:39 min/Km	02:02:25.973
25	21	105	RODRIGUEZ MATO , JUAN JOSE / MATO PEON , CELESTINO	MALE	MALE	MATO' S TEAM	00:09:00.927	06:01 min/Km	01:11:05.150	15,2 Km/h	00:42:36.363	06:34 min/Km	02:02:42.440
26	22	122	FERREIRO AYASO , JUAN ANTONIO / ENRIQUEZ GARCIA , JOSE LINO	MALE	MALE	OS DA AMEIXIDA	00:09:49.587	06:34 min/Km	01:05:24.750	16,5 Km/h	00:47:54.090	07:23 min/Km	02:03:08.427
27	23	111	EIRAS CASTRO , FRANCISCO JAVIER / OUTEIRAL SECO , MARTIN	MALE	MALE	DYNAMO DE BICI	00:08:20.247	05:34 min/Km	01:13:56.450	14,6 Km/h	00:41:22.950	06:22 min/Km	02:03:39.647
28	4	108	GARCIA CASTRO , MARCOS / MARTÍNEZ ÁLVAREZ , MARÍA	MIXED	MIXED	C. C. TRIATLON POIO	00:07:03.727	04:43 min/Km	01:25:10.510	12,7 Km/h	00:32:11.240	04:58 min/Km	02:04:25.477
29	5	117	CASTIÑEIRA LORES , BEATRIZ / DIOS COCHON , MANUEL	MIXED	MIXED	MANUBEAGV	00:07:53.713	05:16 min/Km	01:10:12.223	15,4 Km/h	00:46:44.770	07:12 min/Km	02:04:50.707
30	6	132	RUANOVA FERNANDEZ , ANXO / BUIG FERNÁNDEZ , LARA	MIXED	MIXED	SD BARBANTIA RODA	00:08:05.507	05:24 min/Km	01:18:34.840	13,7 Km/h	00:40:23.760	06:13 min/Km	02:07:04.107
31	24	134	GOMES DA SOUSA , JOAO MARCO / TIAGO PEREZ , MANUEL	MALE	MALE	TOP SALVATERRA	00:08:24.117	05:37 min/Km	01:19:03.880	13,7 Km/h	00:40:09.690	06:11 min/Km	02:07:37.687
32	25	107	ESCURÍ GARCÍA , CARLOS / GEY SEGADÉ , SANTIAGO MANUEL	MALE	MALE	BOIRO TEAM	00:08:00.437	05:21 min/Km	01:21:55.550	13,2 Km/h	00:41:08.410	06:20 min/Km	02:11:04.397
33	2	129	FRANCO RESUA , PILAR / SANCHO PATIÑO , CARLA	FEMALE	FEMALE	RAIÑAS&CCCP	00:10:11.487	06:48 min/Km	01:36:06.520	11,2 Km/h	00:48:32.770	07:29 min/Km	02:34:50.777
34	3	115	RAMOS , ANA / GARCIA BOIRO , CRISTINA	FEMALE	FEMALE	LAS PRINCESS MANDAN	00:09:12.837	06:09 min/Km	01:43:55.000	10,4 Km/h	00:44:09.980	06:48 min/Km	02:37:17.817