

## TRAIL FRAGAS DO EUME 2019

## - MINITRAIL -

23 JUNIO 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	META	DIF 1º	RITMO
1	1	479	OTERO BAAMEIRO , BRAIS	MALE	ABSOLUTA	TRIBU TRAIL	01:31:01		06:05 min/Km
2	2	554	VÁZQUEZ GRELA , MIGUEL	MALE	ABSOLUTA		01:33:11	+00:02:10	06:13 min/Km
3	3	430	GONZÁLEZ ÁLVAREZ , JOSÉ FELIPE	MALE	ABSOLUTA		01:33:42	+00:02:41	06:15 min/Km
4	4	536	SOBRINO MARFULL , ERNESTO	MALE	ABSOLUTA		01:33:43	+00:02:42	06:15 min/Km
5	5	399	FERNÁNDEZ DOMINGUEZ , ADRIAN	MALE	ABSOLUTA	MAXIKO	01:35:08	+00:04:07	06:21 min/Km
6	6	352	BEIRO COSTA , MIGUEL	MALE	ABSOLUTA	CLUB ALEJANDRO GÓMEZ	01:38:51	+00:07:50	06:36 min/Km
7	7	416	FREIRIA FERNÁNDEZ , BRUNO	MALE	ABSOLUTA	INDEPENDIENTE	01:39:02	+00:08:01	06:37 min/Km
8	1	484	PEREIRA REY , CARLOS	MALE	VET	RUNNING ARTEIXO	01:39:14	+00:08:13	06:37 min/Km
9	8	529	SÁNCHEZ RAMOS , ALEJANDRO	MALE	ABSOLUTA	INDEPENDIENTE	01:39:19	+00:08:18	06:38 min/Km
10	9	501	REY CAMPELO , MARCOS	MALE	ABSOLUTA		01:42:49	+00:11:48	06:52 min/Km
11	10	426	GARCIA VARELA , ANGEL	MALE	ABSOLUTA	A.D DOWNHILL	01:43:59	+00:12:58	06:56 min/Km
12	2	436	GONZÁLEZ RODRÍGUEZ , FERNANDO	MALE	VET	INDEPENDIENTE	01:44:09	+00:13:08	06:57 min/Km
13	11	474	NAVEIRAS ROUCO , CARLOS	MALE	ABSOLUTA	CAV MONTAÑA	01:44:39	+00:13:38	06:59 min/Km
14	12	386	COSTA CASTRO , MANUEL	MALE	ABSOLUTA		01:45:28	+00:14:27	07:02 min/Km
15	3	345	AMIGO FERREIRO , JUAN LUÍS	MALE	VET	INDEPENDIENTE	01:45:33	+00:14:32	07:03 min/Km
16	4	481	PAZ VEIGA , DARIÓ	MALE	VET	CASA CHAO TEAM	01:45:39	+00:14:38	07:03 min/Km
17	5	483	PENA SUÁREZ , JOSÉ MANUEL	MALE	VET	AD JARNACHAS	01:47:08	+00:16:07	07:09 min/Km
18	13	356	BELLO MARIÑO , MANUEL JESUS	MALE	ABSOLUTA		01:47:23	+00:16:22	07:10 min/Km
19	14	546	TASENDE VIAÑO , JESUS	MALE	ABSOLUTA		01:48:14	+00:17:13	07:13 min/Km
20	15	375	CASTELEIRO , ALBERTO	MALE	ABSOLUTA		01:49:02	+00:18:01	07:17 min/Km
21	6	555	VÁZQUEZ VÁZQUEZ , EMILIO	MALE	VET	INDEPENDIENTE	01:50:10	+00:19:09	07:21 min/Km
22	16	355	BELLO BOCIJA , ALBERTO	MALE	ABSOLUTA		01:50:59	+00:19:58	07:24 min/Km
23	17	539	SUSO SÁNCHEZ , DANIEL	MALE	ABSOLUTA		01:51:06	+00:20:05	07:25 min/Km
24	18	350	BARRO SÁNCHEZ , IAGO	MALE	ABSOLUTA	INDEPENDIENTE	01:51:14	+00:20:13	07:25 min/Km
25	19	473	MUIÑO GENDE , SERGIO	MALE	ABSOLUTA		01:51:24	+00:20:23	07:26 min/Km
26	20	353	BELLAS BOUZA , FRANCISCO	MALE	ABSOLUTA	NOETRAINERS FERROL	01:51:36	+00:20:35	07:27 min/Km
27	7	526	SABIO FERNANDEZ , RAFAEL	MALE	VET	INDEPENDIENTE	01:52:56	+00:21:55	07:32 min/Km
28	21	424	GARCIA RIAL , FRANCISCO	MALE	ABSOLUTA		01:55:08	+00:24:07	07:41 min/Km
29	22	373	CASANOVA PÉREZ , VÍCTOR	MALE	ABSOLUTA	NOSPORTLIMIT	01:55:20	+00:24:19	07:42 min/Km
30	23	378	CASTRO SOUTO , ALFONSO JAVIER	MALE	ABSOLUTA	GMTA&CHUVONERS	01:56:03	+00:25:02	07:45 min/Km
31	1	500	REIMONDO GASALLA , ROMINA	FEMALE	ABSOLUTA-F	PRAIAS DE BARREIROS C.B.	01:57:06	+00:26:05	07:49 min/Km
32	24	538	SUÁREZ RODRÍGUEZ , BRUNO	MALE	ABSOLUTA	INDEPENDIENTE	01:59:42	+00:28:41	07:59 min/Km
33	25	476	NOGUEIRA CARRO , DANIEL	MALE	ABSOLUTA	NOSPORTLIMIT	02:00:09	+00:29:08	08:01 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	META	DIF 1º	RITMO
34	26	442	HURTADO CAMPO , ENEKO	MALE	ABSOLUTA		02:00:57	+00:29:56	08:04 min/Km
35	2	497	QUEIRUGA MELLA , ARANTZA	FEMALE	ABSOLUTA-F	PEÑA CANCIÁS	02:01:12	+00:30:11	08:05 min/Km
36	27	419	GARCIA , ISAAC	MALE	ABSOLUTA		02:02:50	+00:31:49	08:12 min/Km
37	28	130	BUSTO , IVAN	MALE	ABSOLUTA		02:03:42	+00:32:41	08:15 min/Km
38	29	351	BASANTA LAGE , ÁNGEL	MALE	ABSOLUTA		02:03:43	+00:32:42	08:15 min/Km
39	30	466	MARTÍNEZ REGAL , ADRIÁN	MALE	ABSOLUTA	INDEPENDIENTE	02:03:47	+00:32:46	08:16 min/Km
40	31	402	FERNÁNDEZ GONZÁLEZ , XOÁN	MALE	ABSOLUTA	INDEPENDIENTE	02:03:52	+00:32:51	08:16 min/Km
41	32	499	REDONDA INSUA , MANUEL	MALE	ABSOLUTA	A.M.E BESTARRUZA	02:04:04	+00:33:03	08:17 min/Km
42	33	368	CANOSA ESTALOTE , BRAIS	MALE	ABSOLUTA	INDEPENDIENTE	02:04:19	+00:33:18	08:18 min/Km
43	34	385	COSTA CASTRO , FERNANDO	MALE	ABSOLUTA		02:04:54	+00:33:53	08:20 min/Km
44	35	398	FERNANDEZ DIAZ , PABLO	MALE	ABSOLUTA	CLUB ATLETISMO RIBADEO	02:04:59	+00:33:58	08:20 min/Km
45	36	559	VIDAL SIEIRA , JOSÉ MANUEL	MALE	ABSOLUTA	INDEPENDIENTE	02:05:00	+00:33:59	08:20 min/Km
46	37	359	BLANCO SANTOS , ESTEBAN	MALE	ABSOLUTA	TRIBU TRAIL	02:05:38	+00:34:37	08:23 min/Km
47	38	531	SANTOS ROJAS , FRANCISCO	MALE	ABSOLUTA		02:06:33	+00:35:32	08:27 min/Km
48	39	485	PÉREZ BURGOS , ÁNGEL	MALE	ABSOLUTA	INDEPENDIENTE	02:06:49	+00:35:48	08:28 min/Km
49	40	512	RODRIGUEZ DOPICO , JAVIER	MALE	ABSOLUTA	INDEPENDIENTE	02:06:49	+00:35:48	08:28 min/Km
50	41	393	ENRÍQUEZ ALLEGUE , JAVIER	MALE	ABSOLUTA		02:07:06	+00:36:05	08:29 min/Km
51	42	472	MOREIRA RODAS , SALVADOR	MALE	ABSOLUTA	AROMON PONTEVEDRA	02:07:14	+00:36:13	08:29 min/Km
52	43	382	CID SANMARTÍN , ROBERTO	MALE	ABSOLUTA	CLUB TRIATLÓN CORUÑA	02:08:11	+00:37:10	08:33 min/Km
53	44	514	RODRÍGUEZ FERNÁNDEZ , SERGIO	MALE	ABSOLUTA		02:08:12	+00:37:11	08:33 min/Km
54	45	547	TEIJEIRO FERNÁNDEZ , NOÉ	MALE	ABSOLUTA	NOETRAINERS FERROL	02:08:43	+00:37:42	08:35 min/Km
55	8	372	CARVALLO CAVERO , JOSE SANTIAGO	MALE	VET		02:08:50	+00:37:49	08:36 min/Km
56	46	470	MIGUEZ MIGUEZ , LUIS	MALE	ABSOLUTA	CASTROSUA TRAIL RUNNING	02:09:14	+00:38:13	08:37 min/Km
57	47	441	HERVA MÍGUEZ , JAVIER	MALE	ABSOLUTA		02:10:38	+00:39:37	08:43 min/Km
58	48	510	RODRIGUEZ CAMBRA , DAVID	MALE	ABSOLUTA	ATLETISMO SALVATERRA	02:11:03	+00:40:02	08:45 min/Km
59	49	418	GARABATOS BARCIELA , DAVID	MALE	ABSOLUTA	ASOCIACIÓN DEPORTIVA CAR REDONDELA	02:11:40	+00:40:39	08:47 min/Km
60	9	421	GARCIA EDREIRA , MANUEL	MALE	VET		02:12:46	+00:41:45	08:52 min/Km
61	50	540	TABOADA ARES , ISMAEL	MALE	ABSOLUTA	INDEPENDIENTE	02:13:26	+00:42:25	08:54 min/Km
62	10	508	RIVAS ROMERO , JUAN ANTONIO	MALE	VET	INDEPENDIENTE	02:13:29	+00:42:28	08:54 min/Km
63	51	490	PIÑEIRO SEIJO , CRISTIAN	MALE	ABSOLUTA	TOXIZA CLUBE DE MONTAÑA	02:14:10	+00:43:09	08:57 min/Km
64	52	551	VARELA ROSENDE , PABLO	MALE	ABSOLUTA	INDEPENDIENTE	02:14:22	+00:43:21	08:58 min/Km
65	53	537	SOTO MARTINEZ , DIEGO	MALE	ABSOLUTA		02:14:28	+00:43:27	08:58 min/Km
66	3	362	BOUDON , LAURA	FEMALE	ABSOLUTA-F	MONUMENTAL CXC	02:14:44	+00:43:43	08:59 min/Km

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67	11	486	PÉREZ CORRAL , AMANCIO	MALE	VET	TRIEUME	02:16:28	+00:45:27	09:06 min/Km
68	12	549	VAL GUERREIRO , PABLO	MALE	VET	INDEPENDIENTE	02:16:31	+00:45:30	09:07 min/Km
69	54	564	YÁÑEZ COBELO , ALBERTO	MALE	ABSOLUTA		02:16:35	+00:45:34	09:07 min/Km
70	4	365	CAGIAO FERNANDEZ , BEGOÑA	FEMALE	ABSOLUTA-F	AS VELLAS NON PARAMOS	02:16:47	+00:45:46	09:08 min/Km
71	55	491	PIÑEIRO VIZOSO , HUGO	MALE	ABSOLUTA	KOMANDO MANTEKA	02:17:36	+00:46:35	09:11 min/Km
72	13	440	HERNANDEZ PORTO , SANTIAGO	MALE	VET		02:17:47	+00:46:46	09:12 min/Km
73	14	379	CASTRO VIEITES , JOSE LUIS	MALE	VET		02:17:47	+00:46:46	09:12 min/Km
74	56	458	LÓPEZ GONZÁLEZ , MANUEL VICENTE	MALE	ABSOLUTA		02:17:53	+00:46:52	09:12 min/Km
75	15	449	LANDERAS VAZQUEZ , RAFAEL	MALE	VET	CORREDORES POPULARES DE LA ARMADA	02:18:26	+00:47:25	09:14 min/Km
76	16	448	LANDEIRA BRAGE , JUAN CARLOS	MALE	VET	KOMANDO MANTEKA	02:18:47	+00:47:46	09:16 min/Km
77	57	506	RÍOS FERNÁNDEZ , FABIO	MALE	ABSOLUTA	RUNNING OLEIROS	02:19:09	+00:48:08	09:17 min/Km
78	58	558	VIDAL RODRÍGUEZ , ÓSCAR	MALE	ABSOLUTA		02:19:16	+00:48:15	09:18 min/Km
79	59	524	ROJO LEMA , ISMAEL	MALE	ABSOLUTA	A.D.MONTEBRONDO	02:19:32	+00:48:31	09:19 min/Km
80	60	560	VILAR MARTÍNEZ , JAVIER	MALE	ABSOLUTA	ESCOLA DE ATLETISMO PAULA MAYOBRE	02:19:45	+00:48:44	09:19 min/Km
81	61	366	CAMPO REGUEIRO , BORJA	MALE	ABSOLUTA	INDEPENDIENTE	02:19:55	+00:48:54	09:20 min/Km
82	62	358	BLANCO RIVERA , PABLO	MALE	ABSOLUTA		02:19:56	+00:48:55	09:20 min/Km
83	5	445	IRAVEDRA IRAVEDRA , ANA	FEMALE	ABSOLUTA-F	ALBIÓNS A PONTENOVA	02:20:27	+00:49:26	09:22 min/Km
84	6	507	RIVAS LOZANO , MÍRIAM	FEMALE	ABSOLUTA-F	ALBIÓNS A PONTENOVA	02:20:27	+00:49:26	09:22 min/Km
85	17	348	BARCA BUYO , ÁLVARO	MALE	VET	INDEPENDIENTE	02:20:47	+00:49:46	09:24 min/Km
86	18	405	FERNÁNDEZ RIAL , ALVARO	MALE	VET	INDEPENDIENTE	02:21:08	+00:50:07	09:25 min/Km
87	7	525	RUMBO ROEL , SABRINA	FEMALE	ABSOLUTA-F	NOSPORTLIMIT	02:21:37	+00:50:36	09:27 min/Km
88	19	447	LAMELA ARIAS , ALEJANDRO	MALE	VET	INDEPENDIENTE	02:22:12	+00:51:11	09:29 min/Km
89	63	403	FERNÁNDEZ LÓPEZ , CARLOS	MALE	ABSOLUTA	ALBIÓNS A PONTENOVA	02:23:22	+00:52:21	09:34 min/Km
90	64	354	BELLAS FORMOSO , IVAN	MALE	ABSOLUTA	CLUB MONTAÑA O CAXADO	02:23:32	+00:52:31	09:35 min/Km
91	20	550	VALBUENA GARRIDO , LUIS	MALE	VET		02:23:41	+00:52:40	09:35 min/Km
92	65	391	DIESTE SÁNCHEZ , SANTIAGO	MALE	ABSOLUTA	WILDBOARS	02:23:45	+00:52:44	09:35 min/Km
93	66	545	TARRIO MIGUEZ , DIEGO	MALE	ABSOLUTA	K2ORDES	02:24:17	+00:53:16	09:38 min/Km
94	21	363	BRENLLA BLANCO , JUAN CARLOS	MALE	VET	CLUB DE MONTAÑA O CORDAL	02:24:38	+00:53:37	09:39 min/Km
95	8	438	GUZMAN , KATERINA	FEMALE	ABSOLUTA-F	CLUB DE MONTAÑA O CORDAL	02:24:38	+00:53:37	09:39 min/Km
96	22	463	LUMBRERAS RODRÍGUEZ , JUAN ÁNGEL	MALE	VET	INDEPENDIENTE	02:24:40	+00:53:39	09:39 min/Km
97	67	446	LAGE YÁÑEZ , SANTIAGO	MALE	ABSOLUTA	INDEPENDIENTE	02:25:01	+00:54:00	09:41 min/Km
98	23	413	FRAGA RODRÍGUEZ , ALBERTO	MALE	VET	INDEPENDIENTE	02:25:16	+00:54:15	09:42 min/Km
99	24	444	IGLESIAS DE LAS HERAS , FRANCISCO JAVIER	MALE	VET		02:26:25	+00:55:24	09:46 min/Km

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100	68	553	VÁZQUEZ CRESPO , SERGIO	MALE	ABSOLUTA	INDEPENDIENTE	02:26:35	+00:55:34	09:47 min/Km
101	69	410	FLOREZ FEAL , JOSE ANTONIO	MALE	ABSOLUTA	ADC MONTE BREAMO	02:27:02	+00:56:01	09:49 min/Km
102	70	432	GONZÁLEZ IGLESIAS , GABRIEL	MALE	ABSOLUTA	INDEPENDIENTE	02:27:22	+00:56:21	09:50 min/Km
103	9	532	SEOANE DOPICO , CARMEN	FEMALE	ABSOLUTA-F	INDEPENDIENTE	02:28:21	+00:57:20	09:54 min/Km
104	10	542	TAJUELO FERRER , ALBA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	02:28:29	+00:57:28	09:54 min/Km
105	71	533	SERRANO NEIRA , LUIS	MALE	ABSOLUTA		02:29:28	+00:58:27	09:58 min/Km
106	72	522	RODRÍGUEZ SALORIO , AITOR	MALE	ABSOLUTA	RUNNING ALTAFIT ODEON	02:30:15	+00:59:14	10:01 min/Km
107	73	389	DEVESA DOPICO , JUAN	MALE	ABSOLUTA		02:30:56	+00:59:55	10:04 min/Km
108	11	342	ALFONSO MARQUÉS , NOELIA	FEMALE	ABSOLUTA-F		02:31:04	+01:00:03	10:05 min/Km
109	74	475	NIETO BLASCO , PABLO	MALE	ABSOLUTA		02:31:12	+01:00:11	10:05 min/Km
110	75	400	FERNANDEZ GALLEGU , JOSE LUIS	MALE	ABSOLUTA	TRAILEROS TOXOS & BIRRAS	02:31:33	+01:00:32	10:07 min/Km
111	12	477	OBARRIO FERNÁNDEZ , SOFÍA	FEMALE	ABSOLUTA-F	A.D. REGO DO LOBO	02:31:35	+01:00:34	10:07 min/Km
112	76	370	CARRAL SUÁREZ , MARCOS	MALE	ABSOLUTA	A.D. REGO DO LOBO	02:31:35	+01:00:34	10:07 min/Km
113	13	534	SIEIRO BERTELO , SILVANA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	02:31:49	+01:00:48	10:08 min/Km
114	14	435	GONZALEZ PORTO , BEATRIZ	FEMALE	ABSOLUTA-F	ATLETISMO SALVATERRA	02:32:23	+01:01:22	10:10 min/Km
115	77	502	REY ESTRADA , JUAN CARLOS	MALE	ABSOLUTA	CLUB TRIATLON LICEO	02:32:48	+01:01:47	10:12 min/Km
116	78	429	GÓMEZ NOVOA , HUGO	MALE	ABSOLUTA		02:32:58	+01:01:57	10:12 min/Km
117	15	361	BORT RESPINO , ANA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	02:33:06	+01:02:05	10:13 min/Km
118	25	360	BORT COUCEIRO , SANTIAGO	MALE	VET	INDEPENDIENTE	02:33:08	+01:02:07	10:13 min/Km
119	79	493	POMBAR GUILLÁN , JAVI	MALE	ABSOLUTA	INDEPENDIENTE	02:33:58	+01:02:57	10:16 min/Km
120	80	374	CASARES IGLESIAS , JORGE	MALE	ABSOLUTA		02:34:23	+01:03:22	10:18 min/Km
121	81	202	GÓMEZ ZAS , PABLO	MALE	ABSOLUTA	CAMISETASLUGO.COM	02:34:25	+01:03:24	10:18 min/Km
122	82	357	BELLO VIDAL , JORGE	MALE	ABSOLUTA		02:34:52	+01:03:51	10:20 min/Km
123	26	454	LOPEZ CAAMAÑO , ALFONSO	MALE	VET		02:35:44	+01:04:43	10:23 min/Km
124	16	451	LÓPEZ , LAURA FELISA	FEMALE	ABSOLUTA-F		02:36:13	+01:05:12	10:25 min/Km
125	1	412	FRAGA GARCIA , CARMEN BEATRIZ	FEMALE	VET-F	K2 ORDES	02:36:31	+01:05:30	10:27 min/Km
126	17	548	TORRES TORRES , JOHANA	FEMALE	ABSOLUTA-F		02:36:31	+01:05:30	10:27 min/Km
127	83	380	CHAS VAZQUEZ , CIPRIANO	MALE	ABSOLUTA		02:36:48	+01:05:47	10:28 min/Km
128	27	422	GARCIA FERREIRA , TINO	MALE	VET	INDEPENDIENTE	02:36:58	+01:05:57	10:28 min/Km
129	28	346	ARIAS PAZ , NESTOR	MALE	VET	CLUB MONTEPENARUBIA LUGO	02:38:31	+01:07:30	10:35 min/Km
130	84	367	CANCELAS REY , ROBERTO	MALE	ABSOLUTA		02:38:48	+01:07:47	10:36 min/Km
131	85	420	GARCIA BERMUDEZ , ALBERTO	MALE	ABSOLUTA	KOMANDO MANTEKA	02:39:28	+01:08:27	10:38 min/Km
132	86	396	FERNÁNDEZ CARBALLEIRA , ADRIAN	MALE	ABSOLUTA		02:39:35	+01:08:34	10:39 min/Km

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133	18	341	ALFONSO MARQUÉS , IRENE	FEMALE	ABSOLUTA-F		02:39:35	+01:08:34	10:39 min/Km
134	19	397	FERNANDEZ DIAZ , MARTA	FEMALE	ABSOLUTA-F	CLUB ATLETISMO RIBADEO	02:39:43	+01:08:42	10:39 min/Km
135	2	390	DIAZ MESA , ROCIO	FEMALE	VET-F	CLUB ATLETISMO RIBADEO	02:39:43	+01:08:42	10:39 min/Km
136	87	425	GARCÍA SAS , JUAN JOSÉ	MALE	ABSOLUTA		02:39:47	+01:08:46	10:40 min/Km
137	88	504	REY RAMOS , ANGEL	MALE	ABSOLUTA		02:40:15	+01:09:14	10:41 min/Km
138	89	505	RICO MARTINEZ , MIGUEL ANGEL	MALE	ABSOLUTA		02:41:24	+01:10:23	10:46 min/Km
139	29	480	PARDAVILA PONCE , JUAN	MALE	VET	INDEPENDIENTE	02:42:02	+01:11:01	10:49 min/Km
140	90	459	LOPEZ LUACES , ADRIAN	MALE	ABSOLUTA	INDEPENDIENTE	02:42:06	+01:11:05	10:49 min/Km
141	20	494	PREGO VAZQUEZ , SILVIA MARIA	FEMALE	ABSOLUTA-F	RUNNING ARTEIXO	02:42:14	+01:11:13	10:49 min/Km
142	30	495	PRIETO CABRAL , MOISES	MALE	VET	INDEPENDIENTE	02:43:53	+01:12:52	10:56 min/Km
143	91	384	CONDE PERNAS , JUAN CARLOS	MALE	ABSOLUTA	INDEPENDIENTE	02:43:58	+01:12:57	10:56 min/Km
144	21	541	TABOADELA PERNAS , SABELA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	02:43:58	+01:12:57	10:56 min/Km
145	31	392	EDROSA FOLGUEIRA , JOSÉ MANUEL	MALE	VET	ABRENTE LUGO	02:44:06	+01:13:05	10:57 min/Km
146	92	376	CASTRO PORTO , RUBEN	MALE	ABSOLUTA	BRUTANZOS TEAM	02:44:29	+01:13:28	10:58 min/Km
147	93	487	PEREZ SANTIAGO , EMILIO	MALE	ABSOLUTA	INDEPENDIENTE	02:44:29	+01:13:28	10:58 min/Km
148	32	347	BARALLOBRE GARCIA , MANUEL	MALE	VET	CROSSFIT DRAKO	02:44:29	+01:13:28	10:58 min/Km
149	22	388	DEL RIEGO FONTENLA , ANGELES	FEMALE	ABSOLUTA-F	PAO MONTE	02:44:34	+01:13:33	10:59 min/Km
150	94	520	RODRÍGUEZ PENA , YAGO	MALE	ABSOLUTA		02:44:42	+01:13:41	10:59 min/Km
151	95	511	RODRÍGUEZ CAMPOS , DAVID	MALE	ABSOLUTA		02:44:43	+01:13:42	10:59 min/Km
152	3	437	GUTIÉRREZ BLÁZQUEZ , MARÍA LUISA	FEMALE	VET-F	CLUB MONTEPENARUBIA	02:45:28	+01:14:27	11:02 min/Km
153	33	498	QUIROGA ÁLVAREZ , JOSÉ MANUEL	MALE	VET	CLUB MONTEPENARUBIA LUGO	02:45:28	+01:14:27	11:02 min/Km
154	23	535	SILVA LOPEZ , VERONICA	FEMALE	ABSOLUTA-F	MULLER EN FORMA	02:45:28	+01:14:27	11:02 min/Km
155	96	364	BUDIÑO SILVA , NOE	MALE	ABSOLUTA	KOMANDO MANTEKA	02:46:00	+01:14:59	11:04 min/Km
156	24	465	MARTINEZ PEÑA , SYLVIE	FEMALE	ABSOLUTA-F	KOMANDO MANTEKA	02:46:00	+01:14:59	11:04 min/Km
157	97	467	MELON CASTIÑEIRA , MANUEL	MALE	ABSOLUTA	INDEPENDIENTE	02:49:17	+01:18:16	11:18 min/Km
158	98	369	CANOSA PARDAL , ALEJANDRO	MALE	ABSOLUTA	INDEPENDIENTE	02:50:09	+01:19:08	11:21 min/Km
159	25	468	MEZA CABAÑAS , LAURA MABEL	FEMALE	ABSOLUTA-F	INDEPENDIENTE	02:50:44	+01:19:43	11:23 min/Km
160	4	530	SANTOS GARRIDO , BEATRIZ	FEMALE	VET-F	RUNNING OLEIROS	02:51:21	+01:20:20	11:26 min/Km
161	26	428	GÓMEZ COUTO , NATALIA	FEMALE	ABSOLUTA-F	INDEPENDENT	02:52:20	+01:21:19	11:30 min/Km
162	99	411	FORMOSO LÓPEZ , ANTONIO	MALE	ABSOLUTA		02:52:20	+01:21:19	11:30 min/Km
163	5	464	MARTÍNEZ CID , MARINA	FEMALE	VET-F	ATHLETICS FISIOTERAPIA SAN LÁZARO	02:52:41	+01:21:40	11:31 min/Km
164	27	482	PEDRE BOUZA , SHEILA	FEMALE	ABSOLUTA-F	AD JARNACHAS	02:52:47	+01:21:46	11:32 min/Km
165	28	343	ALVAREZ COSTAS , ANTIA	FEMALE	ABSOLUTA-F	AD JARNACHAS	02:52:47	+01:21:46	11:32 min/Km



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CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	META	DIF 1º	RITMO
166	34	517	RODRÍGUEZ LÓPEZ , GERMÁN	MALE	VET		02:57:36	+01:26:35	11:51 min/Km
167	100	456	LOPEZ FRANCO , JAVIER	MALE	ABSOLUTA		02:57:36	+01:26:35	11:51 min/Km
168	101	543	TAJUELO FERRER , ANXO	MALE	ABSOLUTA	INDEPENDIENTE	02:58:26	+01:27:25	11:54 min/Km
169	102	417	FUENTES , GUILLERMO	MALE	ABSOLUTA	GV SPORTS	02:59:27	+01:28:26	11:58 min/Km
170	35	344	AMADO PÉREZ , JESUS	MALE	VET	INDEPENDIENTE	02:59:27	+01:28:26	11:58 min/Km
171	36	433	GONZALEZ MARTINEZ , MANU	MALE	VET	INDEPENDIENTE	03:01:41	+01:30:40	12:07 min/Km
172	103	521	RODRÍGUEZ PEREZ , DAVID	MALE	ABSOLUTA		03:01:48	+01:30:47	12:08 min/Km
173	29	394	EXPÓSITO ABELEDO , MARIA	FEMALE	ABSOLUTA-F		03:01:48	+01:30:47	12:08 min/Km
174	104	556	VEIGA GONZÁLEZ , FRAN	MALE	ABSOLUTA	AS VELLAS NON PARAMOS	03:02:08	+01:31:07	12:09 min/Km
175	105	509	RODRÍGUEZ ARMADA , MARCOS	MALE	ABSOLUTA		03:02:12	+01:31:11	12:09 min/Km
176	30	395	FACHAL PIÑEIRO , CRIATINA	FEMALE	ABSOLUTA-F		03:02:35	+01:31:34	12:11 min/Km
177	106	562	VILLASUSO VÁZQUEZ , JACOBO	MALE	ABSOLUTA	INDEPENDIENTE	03:03:20	+01:32:19	12:14 min/Km
178	31	471	MONTERO GALDO , CRISTINA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	03:03:21	+01:32:20	12:14 min/Km
179	32	489	PIÑEIRO RODRIGUEZ , LOLI	FEMALE	ABSOLUTA-F	TOXIZA CLUBE DE MONTAÑA	03:03:40	+01:32:39	12:15 min/Km
180	33	401	FERNÁNDEZ GONZÁLEZ , AURORA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	03:03:40	+01:32:39	12:15 min/Km
181	107	455	LOPEZ CRIBEIRO , JOSE LUIS	MALE	ABSOLUTA	INDEPENDIENTE	03:05:00	+01:33:59	12:20 min/Km
182	34	404	FERNÁNDEZ REDONDO , SUSANA	FEMALE	ABSOLUTA-F		03:06:06	+01:35:05	12:25 min/Km
183	35	488	PÉREZ VÁZQUEZ , XIANA MARÍA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	03:06:36	+01:35:35	12:27 min/Km
184	108	478	OLARZA COSTA , PABLO	MALE	ABSOLUTA	GALLAECIA RAID	03:06:36	+01:35:35	12:27 min/Km
185	109	439	HERMIDA OTERO , ANGEL	MALE	ABSOLUTA		03:06:58	+01:35:57	12:28 min/Km
186	110	552	VÁZQUEZ ALEMPARTE , ABRAHAM	MALE	ABSOLUTA		03:07:55	+01:36:54	12:32 min/Km
187	111	381	CHAVES RODRÍGUEZ , DENÍS	MALE	ABSOLUTA		03:07:57	+01:36:56	12:32 min/Km
188	112	519	RODRIGUEZ MARTINEZ , DAVID	MALE	ABSOLUTA	INDEPENDIENTE	03:07:57	+01:36:56	12:32 min/Km
189	36	492	POENAR , RALUCA MIHAELA	FEMALE	ABSOLUTA-F	NOSPORTLIMIT	03:08:45	+01:37:44	12:35 min/Km
190	37	453	LÓPEZ BLANCO , ESTEFANÍA	FEMALE	ABSOLUTA-F	NOSPORTLIMIT	03:11:43	+01:40:42	12:47 min/Km
191	37	523	RODRÍGUEZ VALIÑA , JAVIER	MALE	VET	NOSPORTLIMIT	03:12:49	+01:41:48	12:52 min/Km
192	38	431	GONZÁLEZ ANTELO , GEMA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	03:12:49	+01:41:48	12:52 min/Km
193	39	434	GONZALEZ PÉREZ , NURIA	FEMALE	ABSOLUTA-F	KOMANDO MANTEKA	03:13:04	+01:42:03	12:53 min/Km
194	113	461	LOUREIRO ARES , SERGIO	MALE	ABSOLUTA	AD JARNACHAS	03:15:59	+01:44:58	13:04 min/Km
195	114	563	VIZOSO ARRIBE , JOSÉ MANUEL	MALE	ABSOLUTA		03:16:26	+01:45:25	13:06 min/Km
196	115	443	IBÁÑEZ ROMERO , MIGUEL	MALE	ABSOLUTA	INDEPENDIENTE	03:16:27	+01:45:26	13:06 min/Km
197	40	408	FERREIRO BRANDON , CRISTINA	FEMALE	ABSOLUTA-F	RUNNING OLEIROS	03:16:57	+01:45:56	13:08 min/Km
198	116	561	VILLAR VAZQUEZ , EMILIO	MALE	ABSOLUTA	VÍCHELAS-O	03:33:56	+02:02:55	14:16 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	META	DIF 1ª	RITMO
199	41	544	TARAZONA AMARIS , ARLETH PATRICIA	FEMALE	ABSOLUTA-F		03:39:02	+02:08:01	14:37 min/Km
200	42	427	GOLAN PARDO , BEATRÍZ	FEMALE	ABSOLUTA-F	MULLER EN FORMA	03:39:02	+02:08:01	14:37 min/Km
201	43	371	CARRIN MENDEZ , ESTHER	FEMALE	ABSOLUTA-F	MULLER EN FORMA	03:39:02	+02:08:01	14:37 min/Km
202	44	452	LÓPEZ ÁLVAREZ , MARÍA DEL CARMEN	FEMALE	ABSOLUTA-F	MULLER EN FORMA	03:39:03	+02:08:02	14:37 min/Km
203	45	518	RODRÍGUEZ LORENZO , LETICIA	FEMALE	ABSOLUTA-F	MULLER EN FORMA	03:39:03	+02:08:02	14:37 min/Km
204	6	516	RODRIGUEZ GOMEZ , SUSANA	FEMALE	VET-F	MULLER EN FORMA	03:39:26	+02:08:25	14:38 min/Km
205	46	423	GARCIA MATO , PATRICIA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	03:44:51	+02:13:50	14:60 min/Km
206	7	528	SANCHEZ LOPEZ , CRISTINA	FEMALE	VET-F	AD DOWNHILL	03:44:52	+02:13:51	14:60 min/Km
207	117	513	RODRIGUEZ FERNÁNDEZ , NOÉ	MALE	ABSOLUTA	ALBIÓNS A PONTENOVA	03:49:10	+02:18:09	15:17 min/Km
208	118	457	LOPEZ GENDE , DAVID	MALE	ABSOLUTA		04:00:57	+02:29:56	16:04 min/Km