

V CARREIRA POPULAR VOLTA AS FORCADAS

- BENJAMIN -

POS.	P.SEX.	NUMBER	PARTICIPANT	SEX	CAT	CLUB	META	RITMO
1	1	122	COUCE JEREZ , GAEL	MALE	BENJAMIN	LA MOCHILA DEL DEPORTE	00:03:06	03:53 min/Km
2	1	123	FERNÁNDEZ PÉREZ , LAURA	FEMALE	BENJAMIN-F	RIA FERROL, CONCEPCION ARENAL	00:03:10	03:58 min/Km
3	2	131	PIÑÓN CIBREIRO , MATEO	MALE	BENJAMIN	CLUB NATACIÓN CEDEIRA	00:03:17	04:07 min/Km
4	2	137	YAÑEZ AMENEIRO , VEGA	FEMALE	BENJAMIN-F	AD NAUTICO NARON	00:03:18	04:08 min/Km
5	3	116	AMADO SOUTO , NOA MARÍA	FEMALE	BENJAMIN-F	TRIATLON FERROL	00:03:19	04:09 min/Km
6	4	115	ALVITE LÓPEZ , LUCÍA	FEMALE	BENJAMIN-F	CLUB TRIATLÓN FERROL	00:03:21	04:12 min/Km
7	3	124	FREIRE SUÁREZ , IAGO	MALE	BENJAMIN	INDEPENDIENTE	00:03:21	04:12 min/Km
8	5	118	BENASACH LÓPEZ , CECILIA	FEMALE	BENJAMIN-F	TRIATLON FERROL	00:03:34	04:28 min/Km
9	4	126	GONZALEZ VILLARNOVO , HECTOR	MALE	BENJAMIN	INDEPENDIENTE	00:03:34	04:28 min/Km
10	6	121	COLMENERO FERNÁNDEZ , CARLA	FEMALE	BENJAMIN-F	INDEPENDIENTE	00:03:37	04:32 min/Km
11	7	130	PERNAS DIAZ , VERA	FEMALE	BENJAMIN-F	INDEPENDIENTE	00:03:38	04:33 min/Km
12	5	134	RODRIGUEZ COUCE , MATEO	MALE	BENJAMIN	INDEPENDIENTE	00:03:52	04:50 min/Km
13	6	117	BELLON LOPEZ , JOAQUIN	MALE	BENJAMIN	INDEPENDIENTE	00:04:08	05:10 min/Km
14	8	135	SEDES COUCE , JULIA	FEMALE	BENJAMIN-F	INDEPENDIENTE	00:04:10	05:13 min/Km
15	9	119	CARBALLAL FERNANDEZ , CAROLINA	FEMALE	BENJAMIN-F	INDEPENDIENTE	00:04:10	05:13 min/Km
16	10	120	CEBRAL DIAZ , SUEVIA	FEMALE	BENJAMIN-F	INDEPENDIENTE	00:04:14	05:18 min/Km