

# II CARREIRA POPULAR ESTEIRO 2024

## - ABSOLUTA 10K-

10/11/2024

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
1	1	66	TRABA CAAMAÑO , PEDRO	MALE	ABS	CAO CLB ATLETISMO OUTES	00:37:18	03:44 min/Km
2	2	18	DOSIL LAGO , MANUEL	MALE	ABS	C.C.TRIATLON MUROS	00:38:04	03:49 min/Km
3	3	34	GONZÁLEZ PAIS , RAMÓN	MALE	ABS	CLUB ATLETISMO SAR	00:38:32	03:52 min/Km
4	1	39	MACEIRAS LAGO , ANGEL	MALE	VET	CLUB ATLETISMO SAR	00:39:26	03:57 min/Km
5	4	31	GARCIA MARTIN , MIGUEL	MALE	ABS		00:39:47	03:59 min/Km
6	5	27	FIGUEIRAS NÚÑEZ , EDUARDO	MALE	ABS	S.C.R.D. ESTEIRANA	00:40:10	04:01 min/Km
7	6	15	CONDE BARREIRO , DANIEL	MALE	ABS	CLUB ATLETISMO OUTES MARISCOS ANTON	00:41:13	04:08 min/Km
8	7	35	LADO FIGUEIRAS , ABEL	MALE	ABS	SERRES RUNNERS	00:41:26	04:09 min/Km
9	8	67	TRIÑANES , JAVIER	MALE	ABS	SERRES RUNNERS	00:42:10	04:13 min/Km
10	9	62	SENDÓN RODRÍGUEZ , ESTEBAN	MALE	ABS		00:43:16	04:20 min/Km
11	10	12	CASTRO TIELES , ELOY	MALE	ABS	SERRES RUNNERS	00:43:50	04:23 min/Km
12	2	43	MARTÍNEZ NIETO , MICHEL	MALE	VET	CLUB ATLETISMO OUTES	00:44:11	04:26 min/Km
13	1	46	MAYO CAAMAÑO , MARINELA	FEMALE	ABS-F	CLUB ATLETISMO SAR	00:44:18	04:26 min/Km
14	11	63	SUÁREZ GARCÍA , CARLOS	MALE	ABS		00:44:25	04:27 min/Km
15	12	2	BARGO DOSIL , JESUS	MALE	ABS	CPC TOXO	00:44:50	04:29 min/Km
16	3	19	FABIAN GONZALEZ , DIONISIO	MALE	VET	ASOCIACION DEPORTIVA OLIMPIA	00:44:58	04:30 min/Km
17	4	17	DÍAZ PEÑA , JUAN CARLOS	MALE	VET		00:46:18	04:38 min/Km
18	5	44	MAYO CAAMAÑO , JOSÉ ANTONIO	MALE	VET	CLUB ATLETISMO OUTES	00:46:45	04:41 min/Km
19	13	23	FERNÁNDEZ MARTÍNEZ , LEO	MALE	ABS	SERRES RUNNERS	00:47:10	04:43 min/Km
20	2	42	MARTÍNEZ MARTÍNEZ , ANA	FEMALE	ABS-F	SERRES RUNNERS	00:47:10	04:43 min/Km
21	14	5	BOUZAS TOREA , FRANCISCO	MALE	ABS		00:47:47	04:47 min/Km
22	15	48	MONASTERIO SUÁREZ , XOÁN	MALE	ABS	OS SALTA REJOS	00:49:11	04:56 min/Km
23	6	52	RAMA ALBORES , MANUEL ANGEL	MALE	VET	OS SALTA REJOS	00:49:11	04:56 min/Km
24	7	22	FERNÁNDEZ LUCES , CASTOR	MALE	VET	SERRES RUNNERS	00:49:52	04:60 min/Km
25	16	55	RODRÍGUEZ BUGALLO , ÁNGEL	MALE	ABS		00:51:36	05:10 min/Km
26	17	25	FERREIRO AGRA , LUIS	MALE	ABS	SERRES RUNNERS	00:52:04	05:13 min/Km
27	8	24	FERNÁNDEZ RIAL , SANTIAGO	MALE	VET	SERRES RUNNERS	00:52:13	05:14 min/Km
28	9	32	GOMEZ VIAÑO , JOSE	MALE	VET		00:52:18	05:14 min/Km
29	10	28	FIGUEIRAS TOREA , OSCAR	MALE	VET	CLUB ATLETISMO OUTES	00:53:12	05:20 min/Km
30	3	50	PÉREZ GARRIDO , MACARENA	FEMALE	ABS-F		00:54:12	05:26 min/Km

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31	4	47	MELLA , MARTINA	FEMALE	ABS-F		00:54:16	05:26 min/Km
32	18	61	SEIJAS BUA , DAVID	MALE	ABS	SERRES RUNNERS	00:54:29	05:27 min/Km
33	5	14	CERNADAS LAGO , PAULA	FEMALE	ABS-F	SERRES RUNNERS	00:54:30	05:27 min/Km
34	11	13	CERNADAS LADO , FRANCISCO JOSÉ	MALE	VET	SERRES RUNNERS	00:54:30	05:27 min/Km
35	12	20	FERNANDEZ , JOAQUIN	MALE	VET	SERRES RUNNERS	00:54:30	05:27 min/Km
36	19	33	GONZALEZ GONZALEZ , JAVIER	MALE	ABS		00:55:48	05:35 min/Km
37	6	6	BOUZAS TOREA , SOFÍA	FEMALE	ABS-F		00:56:05	05:37 min/Km
38	13	36	LAGO FERNÁNDEZ , CHUS	MALE	VET	SERRES RUNNERS	00:57:23	05:45 min/Km
39	14	38	LUCES TAJES , MANUEL	MALE	VET	SERRES RUNNERS	00:57:23	05:45 min/Km
40	20	70	VARELA PAZOS , ADRIAN	MALE	ABS	SERRES RUNNERS	00:57:54	05:48 min/Km
41	15	45	MAYO CAAMAÑO , JOSÉ MANUEL	MALE	VET	VENDAVAL ESTEIRO	00:58:22	05:51 min/Km
42	7	41	MANTEIGA RODRIGUEZ , SANDRA	FEMALE	ABS-F		00:58:31	05:52 min/Km
43	21	29	GALLEGO CAAMAÑO , FRANCISCO JOSÉ	MALE	ABS		00:58:49	05:53 min/Km
44	8	49	PEÑA REY , TATIANA	FEMALE	ABS-F		00:59:38	05:58 min/Km
45	9	68	TRISTAN PUENTE , GUADALUPE	FEMALE	ABS-F		01:00:01	06:01 min/Km
46	16	54	RIAL PAIS , JOSÉ	MALE	VET	CLUB ATLETISMO OUTES	01:00:50	06:05 min/Km
47	10	4	BERMÚDEZ CAAMAÑO , MÓNICA	FEMALE	ABS-F	SERRES RUNNERS	01:03:13	06:20 min/Km
48	22	9	CAMPOS MARTIN , LUIS MANUEL	MALE	ABS		01:03:13	06:20 min/Km
49	11	58	RODRIGUEZ RUIZ , RAQUEL	FEMALE	ABS-F		01:03:13	06:20 min/Km
50	12	16	DEAN , VERO	FEMALE	ABS-F		01:15:15	07:32 min/Km
51	13	37	LEÓN LÓPEZ , CRISTINA	FEMALE	ABS-F		01:15:15	07:32 min/Km