

II TRAIL COVA DO LOBO 2019

10 AGOSTO 2019

- GENERAL TRAIL -

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
1	1	140	VÁZQUEZ GRELA , MIGUEL	MALE	SENIOR		01:22:39		05:31 min/Km
2	1	77	LAGO SANTIAGO , KIKO	MALE	VETERAN	ASOCIACIÓN DEPORTIVA OLIMPIA	01:24:55	+00:02:16	05:40 min/Km
3	2	14	BARREIRO PÉREZ , IVÁN	MALE	SENIOR	XESTEIRAS	01:24:57	+00:02:18	05:40 min/Km
4	2	118	RODRIGUEZ VENTUREIRA , CESAR	MALE	VETERAN	RUNNING ARTEIXO	01:26:46	+00:04:07	05:48 min/Km
5	3	79	LESTON DEL RIO , ADELINO	MALE	SENIOR	AD DOWNHILL	01:26:58	+00:04:19	05:48 min/Km
6	3	42	DOMINGUEZ BARBEITO , VICTOR	MALE	VETERAN	A.D.MEDIADUCIA	01:28:16	+00:05:37	05:54 min/Km
7	4	134	TRELLES RODRIGUEZ , MARCOS	MALE	SENIOR	AD JARNACHAS	01:30:12	+00:07:33	06:01 min/Km
8	4	70	GÓMEZ GÓMEZ , MANUEL	MALE	VETERAN	CLUB ATLETISMO LOUSAME	01:30:45	+00:08:06	06:03 min/Km
9	5	48	FERNÁNDEZ FORNOS , JUAN	MALE	SENIOR	AS VELLAS NON PARAMOS	01:32:36	+00:09:57	06:11 min/Km
10	5	99	PEREIRA REY , CARLOS	MALE	VETERAN	RUNNING ARTEIXO	01:33:03	+00:10:24	06:13 min/Km
11	6	25	CACHEIRO CALVIÑO , ROBERTO	MALE	SENIOR	O XALO OSCURO	01:34:10	+00:11:31	06:17 min/Km
12	7	138	VÁZQUEZ , JAVIER	MALE	SENIOR	CLUB MONTEPENARRUBIA	01:35:12	+00:12:33	06:21 min/Km
13	8	121	ROMERO DOMÍNGUEZ , IVÁN	MALE	SENIOR	AD MONTEBRONDO	01:35:40	+00:13:01	06:23 min/Km
14	9	19	BESTILLEIRO CALVO , PABLO	MALE	SENIOR	S.E.O.	01:35:52	+00:13:13	06:24 min/Km
15	6	67	GENDRE FERNANDEZ , JAVIER	MALE	VETERAN	TARTARUGAS	01:36:46	+00:14:07	06:28 min/Km
16	10	15	BELLO BOCIJA , ALBERTO	MALE	SENIOR		01:37:26	+00:14:47	06:30 min/Km
17	11	34	CERQUEIRO BARREIRO , VICTOR MANUEL	MALE	SENIOR	INDEPENDIENTE	01:37:56	+00:15:17	06:32 min/Km
18	12	37	CORRAL LÓPEZ , ANTONIO	MALE	SENIOR	INDEPENDIENTE	01:38:18	+00:15:39	06:34 min/Km
19	7	100	PORTA VALES , DOMINGO TOMAS	MALE	VETERAN	INDEPENDIENTE	01:38:21	+00:15:42	06:34 min/Km
20	13	102	PRIETO CAAMAÑO , JAIRO	MALE	SENIOR	INDEPENDIENTE	01:38:50	+00:16:11	06:36 min/Km
21	8	66	GAYOSO , ROBERTO	MALE	VETERAN		01:39:41	+00:17:02	06:39 min/Km
22	14	131	TASENDE VIAÑO , JESUS	MALE	SENIOR		01:40:26	+00:17:47	06:42 min/Km
23	15	110	REGO POSE , MARTÍN	MALE	SENIOR		01:40:36	+00:17:57	06:43 min/Km
24	16	2	AIERDI ALDEKOA , MARKEL	MALE	SENIOR	INDEPENDIENTE	01:40:58	+00:18:19	06:44 min/Km
25	9	36	CORES CALVO , JUAN	MALE	VETERAN		01:41:00	+00:18:21	06:44 min/Km
26	17	129	SUSO SÁNCHEZ , DANIEL	MALE	SENIOR	COMANDO NORTE	01:41:34	+00:18:55	06:47 min/Km
27	18	137	VARELA SECO , MARCOS	MALE	SENIOR	CLUB CICLISTA TERRAS DO EUME	01:41:47	+00:19:08	06:48 min/Km
28	19	32	CASTRO SOUTO , ALFONSO JAVIER	MALE	SENIOR	GMTA&CHUVONERS	01:42:09	+00:19:30	06:49 min/Km
29	20	92	MUIÑO GENDE , SERGIO	MALE	SENIOR		01:43:50	+00:21:11	06:56 min/Km
30	1	3	ALVAREZ OREIRO , LAURA	FEMALE	SENIOR-F	GALLAECIA RAID	01:44:15	+00:21:36	06:57 min/Km
31	21	211	LADO CASTIÑEIRA , ESTEBAN	MALE	SENIOR		01:44:30	+00:21:51	06:58 min/Km
32	22	89	MENDEZ CASTINEIRA , DOMI	MALE	SENIOR		01:46:42	+00:24:03	07:07 min/Km
33	23	50	FERNANDEZ RODRIGUEZ , ALBERTO	MALE	SENIOR	TRAIL RUNNING FONSAGRADA	01:46:45	+00:24:06	07:07 min/Km
34	10	43	EIRÍS ESPAÑA , CARLOS	MALE	VETERAN	A.D.MEDIADUCIA	01:46:56	+00:24:17	07:08 min/Km

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35	24	53	FREIRE SILVA , VICTORIANO JAVIER	MALE	SENIOR	CLUB ATLETAS ACEA DE AMA	01:47:51	+00:25:12	07:12 min/Km
36	25	85	LOURIDO MARTÍNEZ , JAVIER	MALE	SENIOR	AS VELLAS NON PARAMOS	01:47:52	+00:25:13	07:12 min/Km
37	11	57	GARCIA ENERO , FERNANDO	MALE	VETERAN	INDEPENDIENTE	01:48:12	+00:25:33	07:13 min/Km
38	2	130	TASENDE ANDRADE , MARTINA	FEMALE	SENIOR-F	A.D MEDIA DUCIA	01:48:14	+00:25:35	07:13 min/Km
39	26	87	MARTINEZ PENA , ADRIAN	MALE	SENIOR	A.D.MEDIADUCIA	01:48:19	+00:25:40	07:14 min/Km
40	12	56	GARCÍA BARREIRA , JUAN MANUEL	MALE	VETERAN	A. D. MONTEBRONDO	01:48:39	+00:26:00	07:15 min/Km
41	27	31	CASTRO OANES , DAMIAN	MALE	SENIOR		01:48:44	+00:26:05	07:15 min/Km
42	13	113	RIVAS BEIS , JAVIER	MALE	VETERAN		01:49:15	+00:26:36	07:17 min/Km
43	28	97	PARREÑO FERNÁNDEZ , FRANCISCO J	MALE	SENIOR		01:49:18	+00:26:39	07:18 min/Km
44	29	1	AGRAFOJO PEREIRA , RAFAEL	MALE	SENIOR	OS RAPOSOS	01:50:56	+00:28:17	07:24 min/Km
45	30	124	SÁNCHEZ , ISAAC	MALE	SENIOR		01:50:57	+00:28:18	07:24 min/Km
46	14	72	GONZÁLEZ LAINS , MANUEL	MALE	VETERAN	INDEPENDIENTE	01:52:02	+00:29:23	07:29 min/Km
47	15	73	JUNCAL COSTA , ANTON	MALE	VETERAN	TAMBRE RUNNYNG	01:52:20	+00:29:41	07:30 min/Km
48	31	61	GARCÍA ROMAR , ADRIÁN	MALE	SENIOR	INDEPENDIENTE	01:52:44	+00:30:05	07:31 min/Km
49	16	18	BERMÚDEZ VARELA , JOSÉ	MALE	VETERAN	AD MEDIADUCIA	01:52:54	+00:30:15	07:32 min/Km
50	17	49	FERNANDEZ RIAL , SANTIAGO	MALE	VETERAN	UTE MARISCOSRECIO C.A.-FONTES DO SAR	01:53:26	+00:30:47	07:34 min/Km
51	1	20	BOTANA GONZALEZ , SONIA	FEMALE	VETERAN-F	NOSPORTLIMIT	01:53:26	+00:30:47	07:34 min/Km
52	32	126	SANCHEZ RODRIGUEZ , ALVARO	MALE	SENIOR	INDEPENDIENTE	01:53:32	+00:30:53	07:35 min/Km
53	33	86	LUQUE SÁNCHEZ , ISMAEL	MALE	SENIOR	RUNNING ALGETE	01:54:03	+00:31:24	07:37 min/Km
54	18	55	GARCIA BARBEIRA , PABLO	MALE	VETERAN	INDEPENDIENTE	01:54:47	+00:32:08	07:40 min/Km
55	19	65	PEREZ MARCOTE , DAVID	MALE	VETERAN		01:54:55	+00:32:16	07:40 min/Km
56	20	122	ROMERO VÁZQUEZ , JULIO	MALE	VETERAN	MULTIDEPORTIVO LAXE	01:54:55	+00:32:16	07:40 min/Km
57	21	16	BERGONDO BRANDARIZ , JUAN CARLOS	MALE	VETERAN	RUNINNG OLEIROS	01:55:41	+00:33:02	07:43 min/Km
58	22	58	GARCIA GARCIA , MARCOS	MALE	VETERAN	NOSPORTLIMIT	01:56:23	+00:33:44	07:46 min/Km
59	34	7	AMEIJENDA BLANCO , FABIAN	MALE	SENIOR	INDEPENDIENTE	01:56:38	+00:33:59	07:47 min/Km
60	35	59	GARCÍA LÓPEZ , FERNANDO	MALE	SENIOR	INDEPENDIENTE	01:56:39	+00:34:00	07:47 min/Km
61	36	127	SOUTO SANTOS , ASIER	MALE	SENIOR	INDEPENDIENTE	01:58:17	+00:35:38	07:54 min/Km
62	37	22	CAAMAÑO GONZALEZ , ANGEL MANUEL	MALE	SENIOR	TUMBA TOXOS TRAIL TEAM	01:58:26	+00:35:47	07:54 min/Km
63	38	30	CASTRO MOURA , MARCOS	MALE	SENIOR	CC.MESOIRO	01:58:37	+00:35:58	07:55 min/Km
64	3	123	SALCES PECHO , IRIS	FEMALE	SENIOR-F	CC.MESOIRO	01:58:37	+00:35:58	07:55 min/Km
65	23	98	PASTORIZA MIRANDA , MANUEL ABEL	MALE	VETERAN	INDEPENDIENTE	01:59:16	+00:36:37	07:58 min/Km
66	39	45	ESPASANDÍN OTERO , JOSÉ MANUEL	MALE	SENIOR		01:59:57	+00:37:18	07:60 min/Km
67	24	120	ROJO LEMA , ISMAEL	MALE	VETERAN	A.D. MONTE BRONDO	01:59:57	+00:37:18	07:60 min/Km
68	2	84	LÓPEZ VILAS , GELI	FEMALE	VETERAN-F	RUNNIG ARTEIXO	01:59:57	+00:37:18	07:60 min/Km

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69	25	119	RODRIGUEZ-LORASQUE VÁZQUEZ , PABLO	MALE	VETERAN	INDEPENDIENTE	02:00:02	+00:37:23	08:01 min/Km
70	26	114	RODRIGUEZ BLANCO , JOSÉ MANUEL	MALE	VETERAN	INDEPENDIENTE	02:00:25	+00:37:46	08:02 min/Km
71	27	40	CUNS SANTOS , JOSE RAMON	MALE	VETERAN	INDEPENDIENTE	02:00:27	+00:37:48	08:02 min/Km
72	4	4	ALVAREZ REY , PATRICIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:00:28	+00:37:49	08:02 min/Km
73	40	76	LAGO MUIÑO , OSCAR	MALE	SENIOR	LARACHA EN DUAS RODAS	02:01:19	+00:38:40	08:06 min/Km
74	28	111	REY CAMIÑO , JOSE	MALE	VETERAN		02:01:33	+00:38:54	08:07 min/Km
75	5	51	FIGUEIRA REY , ROSA MARÍA	FEMALE	SENIOR-F	TRIBU TRAIL	02:03:17	+00:40:38	08:14 min/Km
76	41	91	MOURELLE CASTRO , DANIEL	MALE	SENIOR	INDEPENDIENTE	02:04:41	+00:42:02	08:19 min/Km
77	42	21	BRENLLA FAJIN , SATIRO	MALE	SENIOR	TARTARUGAS	02:04:43	+00:42:04	08:19 min/Km
78	43	68	GIL VARELA , EDGAR	MALE	SENIOR	INDEPENDIENTE	02:05:26	+00:42:47	08:22 min/Km
79	29	109	RECOUSO GARCÍA , JUAN CARLOS	MALE	VETERAN		02:05:58	+00:43:19	08:24 min/Km
80	30	135	VALIÑA CEREIJO , VENERANDO	MALE	VETERAN		02:06:52	+00:44:13	08:28 min/Km
81	6	24	CABALLERO , LIZA	FEMALE	SENIOR-F	NÁUTICA NARON	02:06:53	+00:44:14	08:28 min/Km
82	3	28	CASAL LLORENTE , CARMEN	FEMALE	VETERAN-F		02:07:57	+00:45:18	08:32 min/Km
83	7	12	ARES VILLAMOR , LUCIA	FEMALE	SENIOR-F	GMTA&CHUVONERS	02:08:46	+00:46:07	08:36 min/Km
84	8	6	AMADO FERNANDEZ , NOELIA	FEMALE	SENIOR-F		02:09:56	+00:47:17	08:40 min/Km
85	4	101	POSE LEMA , ALEJANDRA MARÍA	FEMALE	VETERAN-F	ABELLARIZA	02:09:59	+00:47:20	08:40 min/Km
86	31	107	RAMOS VAZQUEZ , JORGE	MALE	VETERAN	ABELLARIZA	02:09:59	+00:47:20	08:40 min/Km
87	32	44	EIROA POSE , ÁNGEL	MALE	VETERAN	ABELLARIZA	02:09:59	+00:47:20	08:40 min/Km
88	33	142	VIGO LEMA , DANIEL	MALE	VETERAN	ABELLARIZA	02:09:59	+00:47:20	08:40 min/Km
89	44	62	GARCÍA SANTOS , ÁNGEL	MALE	SENIOR	ABELLARIZA	02:09:59	+00:47:20	08:40 min/Km
90	45	95	PÁRAMO REGUEIRA , JUAN	MALE	SENIOR	LARACHA EN DUAS RODAS	02:10:01	+00:47:22	08:41 min/Km
91	46	33	CASTROMÁN COUSELO , FRANCISCO ALEXANDRE	MALE	SENIOR		02:12:05	+00:49:26	08:49 min/Km
92	9	38	COSTA FAYA , SARA	FEMALE	SENIOR-F	CLUB ATLETISMO O PINO	02:12:05	+00:49:26	08:49 min/Km
93	47	11	AREOSA NOVO , VICTOR	MALE	SENIOR	INDEPENDIENTE	02:13:22	+00:50:43	08:54 min/Km
94	34	132	TORRES CRESPO , JAVIER	MALE	VETERAN	MESOIRO	02:14:03	+00:51:24	08:57 min/Km
95	10	139	VÁZQUEZ - GUNDÍN PAZ , MARÍA	FEMALE	SENIOR-F	NOSPORTLIMIT	02:16:15	+00:53:36	09:05 min/Km
96	48	103	QUEVEDO PEREZ , ADRIAN	MALE	SENIOR	NOSPORTLIMIT	02:16:15	+00:53:36	09:05 min/Km
97	11	35	COLLAZO COSTA , INMA	FEMALE	SENIOR-F		02:16:43	+00:54:04	09:07 min/Km
98	12	69	GINER BORREGUERO , BIBIANA	FEMALE	SENIOR-F	INDEPENDIENTE	02:16:44	+00:54:05	09:07 min/Km
99	49	96	PARDIÑAS GONZALEZ , MARCOS	MALE	SENIOR	A. D. MONTEBRONDO	02:16:53	+00:54:14	09:08 min/Km
100	50	23	CAAMAÑO SIERA , JOSE	MALE	SENIOR	A.D DOWNHILL	02:16:53	+00:54:14	09:08 min/Km
101	51	93	NANTÓN VARELA , SERGIO	MALE	SENIOR		02:16:53	+00:54:14	09:08 min/Km
102	13	83	LÓPEZ LOPEZ , LAURA FELISA	FEMALE	SENIOR-F		02:17:08	+00:54:29	09:09 min/Km

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103	35	13	BARBERA MARTINEZ , JOSE	MALE	VETERAN	AJOS XATIVA	02:17:12	+00:54:33	09:09 min/Km
104	36	81	LIMIDEIRO LAVANDEIRA , JAVIER	MALE	VETERAN		02:17:50	+00:55:11	09:12 min/Km
105	14	112	REYMUDEZ BAÑA , BERTA	FEMALE	SENIOR-F	A.D. MONTE BRONDO	02:17:50	+00:55:11	09:12 min/Km
106	15	94	NOVO LÓPEZ , SHEILA	FEMALE	SENIOR-F	CLUB MONTEPENARRUBIA	02:19:19	+00:56:40	09:18 min/Km
107	37	80	LIMIDEIRO LAVANDEIRA , CARLOS	MALE	VETERAN		02:20:38	+00:57:59	09:23 min/Km
108	38	52	FONTAN PÉREZ , GERARDO MIGUEL	MALE	VETERAN	ARMENTEIRA E PUNTO	02:20:38	+00:57:59	09:23 min/Km
109	52	106	RAMOS MIRANDA , RUBEN	MALE	SENIOR		02:23:08	+01:00:29	09:33 min/Km
110	53	105	RAMOS MIRANDA , MARTIN	MALE	SENIOR	AD MONTEBRONDO	02:23:08	+01:00:29	09:33 min/Km
111	16	117	RODRIGUEZ TOVAR , LUZ MARINA	FEMALE	SENIOR-F	CLUB ATLETAS ACEA DE AMA	02:23:54	+01:01:15	09:36 min/Km
112	39	128	SUÁREZ BERMÚDEZ , FRANCISCO JAVIER	MALE	VETERAN		02:25:56	+01:03:17	09:44 min/Km
113	54	39	COUTO BLANCO , DAVID	MALE	SENIOR	TATARUGAS	02:30:32	+01:07:53	10:03 min/Km
114	17	141	VEIGA VEIGA , ESTIBALIZ	FEMALE	SENIOR-F	INDEPENDIENTE	02:30:33	+01:07:54	10:03 min/Km
115	40	108	RAMUDO PRIETO , MANUEL	MALE	VETERAN	INDEPENDIENTE	02:30:33	+01:07:54	10:03 min/Km
116	18	71	GONZALES , NIDIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:35:03	+01:12:24	10:21 min/Km
117	19	90	MEZA CABAÑAS , LAURA MABEL	FEMALE	SENIOR-F	INDEPENDIENTE	02:35:26	+01:12:47	10:22 min/Km
118	5	133	TRABA LOPEZ , MARÍA JOSR	FEMALE	VETERAN-F	ASOCIACIÓN DEPORTIVA OLIMPIA	02:39:49	+01:17:10	10:40 min/Km
119	20	63	GARCÍA TRABA , JULIA	FEMALE	SENIOR-F	ASOCIACIÓN DEPORTIVA OLIMPIA	02:39:49	+01:17:10	10:40 min/Km
120	41	17	BERMEJO RUBIO , ARTURO	MALE	VETERAN		02:42:39	+01:20:00	10:51 min/Km
121	6	104	RAMOS FERNANDEZ , CARMEN	FEMALE	VETERAN-F	INDEPENDIENTE	02:43:34	+01:20:55	10:55 min/Km
122	42	47	FERNANDEZ FRAGA , JAVIER	MALE	VETERAN	RUNNING ARTEIXO	02:43:34	+01:20:55	10:55 min/Km
123	21	41	CURES RODRÍGUEZ , VERÓNICA MARIA	FEMALE	SENIOR-F	DONWHIL	02:49:17	+01:26:38	11:18 min/Km
124	22	29	CASTIÑEIRA RIO , YESICA	FEMALE	SENIOR-F		02:49:17	+01:26:38	11:18 min/Km
125	7	8	ANDRADE LAGO , AMELIA	FEMALE	VETERAN-F	ASOCIACIÓN DEPORTIVA OLIMPIA	03:03:20	+01:40:41	12:14 min/Km
126	23	9	ANDRADE LAGO , MARÍA	FEMALE	SENIOR-F	ASOCIACIÓN DEPORTIVA OLIMPIA	03:03:20	+01:40:41	12:14 min/Km
127	24	54	GAGO VILAR , ANA BELEN	FEMALE	SENIOR-F	INDEPENDIENTE	03:04:25	+01:41:46	12:18 min/Km
128	8	27	CASAL DOPAZO , MARIA DEL PILAR	FEMALE	VETERAN-F	INDEPENDIENTE	03:04:25	+01:41:46	12:18 min/Km
129	25	116	RODRIGUEZ PENA , MARÍA JESÚS	FEMALE	SENIOR-F	INDEPENDIENTE	03:04:25	+01:41:46	12:18 min/Km
130	55	88	MATOS COTELO , ABEL	MALE	SENIOR	TUMBA TOXOS TRAIL TEAM	03:06:22	+01:43:43	12:26 min/Km
131	43	5	AMADO COLLAZO , JUAN CARLOS	MALE	VETERAN		03:06:22	+01:43:43	12:26 min/Km
132	56	64	GARCIA VARELA , ANGEL	MALE	SENIOR	A.D DOWNHILL	03:06:23	+01:43:44	12:26 min/Km
133	9	125	SANCHEZ LOPEZ , CRISTINA	FEMALE	VETERAN-F	AD DOWNHILL	03:06:23	+01:43:44	12:26 min/Km
134	26	60	GARCIA MATO , PATRICIA	FEMALE	SENIOR-F		03:06:23	+01:43:44	12:26 min/Km