

II TRAIL COSTA ARTABRA 2023

17/09/2023

- TRAIL CURTO 16K -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
1	1	181	GARCÍA RODRÍGUEZ , SERGIO	MALE	SENIOR-M	INDEPENDIENTE	01:10:20	04:24 min/Km
2	1	157	HERMIDA RODRÍGUEZ , AGUSTIN	MALE	VET-M	INDEPENDIENTE	01:17:30	04:51 min/Km
2	2	91	FERNÁNDEZ FONTICOBIA , EMILIO JOSÉ	MALE	SENIOR-M	PASA OU ENTORNA	01:17:30	04:51 min/Km
4	2	163	PÉREZ DURÁN , JULIÁN	MALE	VET-M	SIGUEME SI PUEDES	01:19:34	04:59 min/Km
5	3	170	EIROA FEAL , JOSÉ MARÍA	MALE	VET-M	TRIATLÓN FERROL	01:20:04	05:01 min/Km
6	4	156	GARCÍA MELLA , DIEGO	MALE	VET-M	INDEPENDIENTE	01:20:49	05:04 min/Km
7	3	125	ANDRÉS ALMENDARIZ , VICTOR	MALE	SENIOR-M	NOSPORTLIMIT	01:21:17	05:05 min/Km
8	4	158	CASO AGUIRRE , AITOR	MALE	SENIOR-M	INDEPENDIENTE	01:21:44	05:07 min/Km
9	5	179	RUIZ BRAGE , MARCOS	MALE	SENIOR-M	TRIATLÓN FERROL	01:22:47	05:11 min/Km
10	6	87	LÓPEZ GARCÍA , JOSE	MALE	SENIOR-M	INDEPENDIENTE	01:22:51	05:11 min/Km
11	7	185	TEIJEIRO MIGUENS , PEDRO	MALE	SENIOR-M	INDEPENDIENTE	01:23:07	05:12 min/Km
12	5	83	GUERREIRO ESCOURIDO , DAVID	MALE	VET-M	PEÑA LAR TRAIL	01:25:26	05:21 min/Km
13	1	171	POYAN , LUCÍA	FEMALE	SENIOR-F	AD JARNACHAS	01:26:47	05:26 min/Km
14	8	167	CASTELEIRO LAREO , ALBERTO	MALE	SENIOR-M	INDEPENDIENTE	01:26:54	05:26 min/Km
15	9	139	CASAL VÁZQUEZ , PABLO	MALE	SENIOR-M	TOXOS&BIRRAS	01:27:08	05:27 min/Km
16	6	145	PITA SERANTES , JUAN FRANCISCO	MALE	VET-M	OPA FERROL TEAM RUNNING	01:27:44	05:29 min/Km
17	10	124	PITA MARTÍNEZ , ELOY	MALE	SENIOR-M	OPA FERROL TEAM RUNNING	01:27:44	05:29 min/Km
18	11	272	CORES VAZQUEZ , RICARDO	MALE	SENIOR-M	NAUTICO DE NARON	01:27:59	05:30 min/Km
19	2	84	PEÑAS GONZÁLEZ , HELENA	FEMALE	SENIOR-F	OPA FERROL	01:28:57	05:34 min/Km
20	12	123	ACCION RODRÍGUEZ , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:29:04	05:34 min/Km
21	7	186	GONZÁLEZ PEREIRA , JAVIER	MALE	VET-M	INDEPENDIENTE	01:30:07	05:38 min/Km
22	3	109	LOPEZ DIAZ , TAMARA	FEMALE	SENIOR-F	CLUB BENI GYM SPORT	01:30:32	05:40 min/Km
23	8	135	LORENZO PRIETO , MARCOS	MALE	VET-M	INDEPENDIENTE	01:30:50	05:41 min/Km
24	9	136	BOUZA PORTA , LUIS MIGUEL	MALE	VET-M	INDEPENDIENTE	01:30:54	05:41 min/Km
25	13	111	LOUREIRO VEIGA , DIEGO	MALE	SENIOR-M	INDEPENDIENTE	01:32:34	05:48 min/Km
26	10	113	MAYOBRE REY , FERNANDO	MALE	VET-M	SIGUEMESIPUEDES	01:33:14	05:50 min/Km
27	14	161	PÉREZ MACÍAS , RAMIRO	MALE	SENIOR-M	PASA OU ENTORNA	01:34:09	05:54 min/Km
28	4	115	MIRAGAYA CARBALLAL , SILVIA	FEMALE	SENIOR-F	SONS OF POSEIDON	01:34:21	05:54 min/Km
29	11	118	SUÁREZ FERNÁNDEZ , JORGE	MALE	VET-M	PASA OU ENTORNA	01:34:24	05:54 min/Km
30	12	88	LÓPEZ RODRÍGUEZ , CARLOS	MALE	VET-M	INDEPENDIENTE	01:35:15	05:58 min/Km
31	15	165	GAREA QUINTELA , MARCOS	MALE	SENIOR-M	CLUB ATLETISMO FENE	01:36:33	06:03 min/Km

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32	1	89	CARDAMAS FREIRE , LIDIA	FEMALE	VET-F	OPA FERROL TEAM RUNNING	01:36:48	06:03 min/Km
33	16	108	GOMEZ NOVO , PABLO	MALE	SENIOR-M		01:38:00	06:08 min/Km
34	17	142	IBÁN FERNÁNDEZ , ALBERTO	MALE	SENIOR-M	NOSPORTLIMIT	01:38:36	06:10 min/Km
35	13	176	SUEIRAS ANSEDE , SERGIO	MALE	VET-M	INDEPENDIENTE	01:39:54	06:15 min/Km
36	18	127	CORRALES FERNANDEZ , PABLO	MALE	SENIOR-M	INDEPENDIENTE	01:39:54	06:15 min/Km
37	14	155	ÁLVAREZ FORMOSO , ANTÓN	MALE	VET-M	INDEPENDIENTE	01:41:13	06:20 min/Km
38	19	86	PEREZ VAZQUEZ , ANGEL	MALE	SENIOR-M	CD 21LEGUAS	01:41:47	06:22 min/Km
39	5	129	HERMIDA FONTENLA , ROCIO	FEMALE	SENIOR-F	TRAILEROS TOXOS E BIRRAS	01:41:48	06:22 min/Km
40	15	122	BARRO ROMERO , ANGEL	MALE	VET-M	INDEPENDIENTE	01:42:01	06:23 min/Km
41	20	110	SEDES DOCE , DAVID	MALE	SENIOR-M	INDEPENDIENTE	01:42:24	06:24 min/Km
42	16	160	GUERRA FERNÁNDEZ , ANTONIO	MALE	VET-M	INDEPENDIENTE	01:43:15	06:28 min/Km
43	17	104	GALÁN PIÑEIRO , MARCOS	MALE	VET-M	INDEPENDIENTE	01:43:27	06:28 min/Km
44	6	177	NOVOA MACIÑEIRAS , NURIA	FEMALE	SENIOR-F	TRAILEROS TOXOS E BIRRAS	01:43:36	06:29 min/Km
45	21	178	LOPEZ RODRIGUEZ , LUIS ENRIQUE	MALE	SENIOR-M	TRAILEROS TOXOS E BIRRAS	01:43:36	06:29 min/Km
46	18	96	COUSO BERTALO , JUAN CARLOS	MALE	VET-M	INDEPENDIENTE	01:44:01	06:31 min/Km
47	22	174	SAAVEDRA SOBRADO , LUIS	MALE	SENIOR-M	INDEPENDIENTE	01:44:27	06:32 min/Km
48	2	137	MACEIRAS NOVO , ANA MARIA	FEMALE	VET-F	INDEPENDIENTE	01:44:44	06:33 min/Km
49	3	150	TORRES CARBALLAL , VIRGINIA	FEMALE	VET-F	SEMOS OU NON?!	01:45:18	06:35 min/Km
50	19	151	JUVIÑO PREGO , ANGEL	MALE	VET-M	INDEPENDIENTE	01:45:35	06:36 min/Km
51	7	159	LÓPEZ LÓPEZ , LAURA FELISA	FEMALE	SENIOR-F	ADCMONTEBREAMO	01:45:43	06:37 min/Km
52	8	92	LOPEZ TEIJEIRO , ROSA	FEMALE	SENIOR-F	OS CORZOS DO ORTEGAL	01:46:01	06:38 min/Km
53	23	149	CAINZOS CAGIAO , DAVID	MALE	SENIOR-M	SEMOS OU NON?!	01:46:40	06:40 min/Km
54	4	95	ANDRADE FANDIÑO , LETICIA	FEMALE	VET-F	INDEPENDIENTE	01:47:07	06:42 min/Km
55	20	85	DE LA VIÑA PITA , JUAN CARLOS	MALE	VET-M	XABARÍS ÁRTABROS	01:47:19	06:43 min/Km
56	21	164	SERANTES CASTRO , JULIO	MALE	VET-M	CLUB DALLE GAS RUNNING TEAM	01:47:31	06:44 min/Km
57	22	103	ARIAS PAZ , NESTOR	MALE	VET-M	CLUB MONTEPENARUBIA LUGO	01:47:40	06:44 min/Km
58	24	120	ROMERO ALVAREZ , ALEJANDRO	MALE	SENIOR-M	INDEPENDIENTE	01:48:22	06:47 min/Km
59	25	121	ROMERO ALVAREZ , LUIS ENRIQUE	MALE	SENIOR-M	INDEPENDIENTE	01:48:23	06:47 min/Km
60	23	131	SANTISO LOPEZ , FRANCISCO	MALE	VET-M	INDEPENDIENTE	01:48:23	06:47 min/Km
61	24	90	LÓPEZ PICOS , VICENTE	MALE	VET-M	INDEPENDIENTE	01:48:53	06:49 min/Km
62	5	94	MAURIZ PEREIRA , SONIA	FEMALE	VET-F	CLUB 21LEGUAS	01:49:09	06:50 min/Km
63	26	112	RODRÍGUEZ TENREIRO , KIKIÑO DE LINOS	MALE	SENIOR-M	OS CORZOS DO ORTEGAL	01:49:10	06:50 min/Km

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64	9	162	CABALLERO , LIZA	FEMALE	SENIOR-F	ADC BREAMO	01:49:38	06:52 min/Km
65	25	146	DOCE FREIRE , JOSÉ MANUEL	MALE	VET-M	OPA FERROL	01:49:42	06:52 min/Km
66	27	126	FERNÁNDEZ GÓMEZ , NICOLÁS	MALE	SENIOR-M	INDEPENDIENTE	01:49:46	06:52 min/Km
67	28	180	MADRAZO SÁNCHEZ , JUAN DIEGO	MALE	SENIOR-M	SIGUEME SI PUEDES	01:49:55	06:53 min/Km
68	29	93	MARTINEZ SANDE , RAFA	MALE	SENIOR-M	SIGUEME SI PUEDES	01:49:55	06:53 min/Km
69	26	182	VÁZQUEZ FREIRE , JOSÉ ÁNGEL	MALE	VET-M	SIGUEME SI PUEDES	01:50:41	06:56 min/Km
70	27	183	FERNÁNDEZ SÁNCHEZ-ROLDAN , PEDRO	MALE	VET-M	SIGUEME SI PUEDES	01:50:41	06:56 min/Km
71	10	187	IRLES , CARLA	FEMALE	SENIOR-F	CASTRO DE LOBADIZ	01:51:46	06:60 min/Km
72	30	107	SIMÓN LAGO , RESTITUTO	MALE	SENIOR-M	INDEPENDIENTE	01:53:37	07:07 min/Km
73	28	106	FERNÁNDEZ CARREIRA , ANTONIO	MALE	VET-M	INDEPENDIENTE	01:53:38	07:07 min/Km
74	29	168	VALBUENA GARRIDO , LUIS	MALE	VET-M	INDEPENDIENTE	01:53:59	07:08 min/Km
75	30	169	FERNÁNDEZ RIAL , ÁLVARO	MALE	VET-M	INDEPENDIENTE	01:54:00	07:08 min/Km
76	6	101	CAGIGAO MOREDA , SANDRA	FEMALE	VET-F	OPA FERROL TEAM RUNNING	01:56:51	07:19 min/Km
77	31	100	PAZ COUCE , ADRIÁN	MALE	SENIOR-M	INDEPENDIENTE	01:59:24	07:28 min/Km
78	32	98	RIVERA , LUIS	MALE	SENIOR-M	INDEPENDIENTE	01:59:26	07:28 min/Km
79	33	99	PICOS MARTÍNEZ , AITOR	MALE	SENIOR-M	INDEPENDIENTE	01:59:28	07:28 min/Km
80	31	173	VILAR REINA , VÍCTOR MANUEL	MALE	VET-M	OPA FERROL TEAM RUNNING	02:00:30	07:32 min/Km
81	11	138	GARCÍA , REME	FEMALE	SENIOR-F	OS CORZOS DO ORTEGAL	02:00:30	07:32 min/Km
82	7	152	BLANCO LÓPEZ , ALEJANDRA	FEMALE	VET-F	OPAFERROLTRAILRUNER	02:00:31	07:32 min/Km
83	34	140	CAGIAO BOUZA , JUAN	MALE	SENIOR-M	PASA OU ENTORNA	02:00:31	07:32 min/Km
84	8	166	MENDEZ DIAZ , EUGENIA	FEMALE	VET-F	INDEPENDIENTE	02:01:42	07:37 min/Km
85	12	153	GONZÁLES , NIDIA	FEMALE	SENIOR-F	ORIENTACIÓN MONTE BREAMO	02:04:16	07:46 min/Km
86	35	105	PIDAL LÓPEZ , JUAN PABLO	MALE	SENIOR-M	INDEPENDIENTE	02:05:32	07:51 min/Km
87	32	172	LOUREDA ALVAREZ , ALEJANDRO	MALE	VET-M	INDEPENDIENTE	02:05:38	07:52 min/Km
88	33	134	GRANULLAQUE PITA , GUILLERMO	MALE	VET-M	INDEPENDIENTE	02:12:10	08:16 min/Km
89	13	132	SÁNCHEZ REY , IRENE	FEMALE	SENIOR-F	TRAILEROS TOXOS & BIRRAS	02:12:11	08:16 min/Km
90	34	175	BAEZA PELETEIRO , EUGENIO	MALE	VET-M	INDEPENDIENTE	02:12:15	08:16 min/Km
91	9	117	DIAZ LOPEZ , MARTA	FEMALE	VET-F	INDEPENDIENTE	02:14:18	08:24 min/Km
92	14	116	CASTRO FRAGA , DIANA	FEMALE	SENIOR-F	INDEPENDIENTE	02:14:19	08:24 min/Km
93	10	141	VERGARA TEJEIRO , MARÍA P.	FEMALE	VET-F	INDEPENDIENTE	02:31:48	09:30 min/Km