

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
1	1	210	PEREZ LORENZO , MANUEL	MALE	MALE	CLUB NATACION BOIRO	00:23:04		01:10 min/100
2	2	172	GODAY VILAS , ENRIQUE	MALE	MALE	CLUB NATACIÓN RIBEIRA	00:23:30	+00:00:26	01:11 min/100
3	3	230	SANLES DIESTE , HUGO	MALE	MALE	TRIATLÓN BOIRO	00:24:51	+00:01:47	01:15 min/100
4	1	240	VISO VARELA , LUCIA	FEMALE	FEMALE	CLUB NATACION LICEO	00:25:14	+00:02:10	01:16 min/100
5	4	238	VÁZQUEZ FERNÁNDEZ , NICOLÁS	MALE	MALE	CLUB NATACIÓN GALAICO	00:25:36	+00:02:32	01:17 min/100
6	2	187	AZANZA MORENO , CRISTINA	FEMALE	FEMALE	MULLER EN FORMA	00:25:38	+00:02:34	01:17 min/100
7	3	179	IBAÑEZ JIMENO , ANDREA	FEMALE	FEMALE	CLUB NATACIÓN RIBEIRA	00:25:42	+00:02:38	01:18 min/100
8	4	190	LOPEZ GONZALEZ , CATALINA AMALIA	FEMALE	FEMALE	CLUB NATACION CIUDAD DE SANTIAGO	00:25:49	+00:02:45	01:18 min/100
9	5	239	VILARNOVO SUAREZ , NOELIA	FEMALE	FEMALE	CLUB NATACION BOIRO	00:25:59	+00:02:55	01:18 min/100
10	6	207	OZORES CHOUZA , LARA	FEMALE	FEMALE	CLUB NATACION BOIRO	00:26:05	+00:03:01	01:19 min/100
11	5	231	SANLES PIÑEIRO , JOSE	MALE	MALE	TRIATLON BOIRO	00:26:50	+00:03:46	01:21 min/100
12	6	159	ELORZA LEMA , MARIO	MALE	MALE	3STYLE	00:27:22	+00:04:18	01:23 min/100
13	7	174	GONTAN IGLESIAS , AINOA	FEMALE	FEMALE	CLUB NATACION CIUDAD DE SANTIAGO	00:27:39	+00:04:35	01:23 min/100
14	7	131	AGEITOS SAMPEDRO , JUANKY	MALE	MALE	INDEPENDIENTE	00:27:59	+00:04:55	01:24 min/100
15	8	192	MARIÑO SILVA , UXÍA	FEMALE	FEMALE	NATACIÓN RIVEIRA	00:28:37	+00:05:33	01:26 min/100
16	9	171	GARCIA ROZAS , NOELIA	FEMALE	FEMALE	INDEPENDIENTE	00:28:37	+00:05:33	01:26 min/100
17	8	151	CEDRON ALVAREZ , ANTONIO	MALE	MALE	TRIATLÓN ARCADE SANTIAGO	00:29:34	+00:06:30	01:29 min/100
18	9	206	OREIRO GONZÁLEZ , ALFONSO	MALE	MALE	CLUB BTT TRIATLON O TREITO	00:29:39	+00:06:35	01:29 min/100
19	10	200	MORÁN GONZÁLEZ , ENRIQUE	MALE	MALE	ATLETISMO PORRIÑO	00:29:55	+00:06:51	01:30 min/100
20	11	184	LARIÑO LAGO , JOSÉ RAMÓN	MALE	MALE	SALTA REJOS	00:30:21	+00:07:17	01:32 min/100
21	12	191	MARIÑO SILVA , BRAIS	MALE	MALE	NATACIÓN RIVEIRA	00:30:24	+00:07:20	01:32 min/100
22	13	170	GARCIA FANDIÑO , JUAN	MALE	MALE	NOSPORLIMIT	00:30:24	+00:07:20	01:32 min/100
23	14	229	SANISIDRO REGO , DAVID	MALE	MALE	INDEPENDIENTE	00:30:29	+00:07:25	01:32 min/100
24	10	188	LÓPEZ FRANCO , MARIA	FEMALE	FEMALE	CLUB NATACIÓN RIBEIRA	00:30:31	+00:07:27	01:32 min/100
25	15	225	RODRÍGUEZ RECAREY , JULIO	MALE	MALE	PARATRIATLETAS DO SAR	00:30:35	+00:07:31	01:32 min/100
26	11	189	LOPEZ GESTAL , MARTINA	FEMALE	FEMALE	CLUB TRIATLÓN VILAGARCÍA	00:30:38	+00:07:34	01:32 min/100
27	16	146	CARBALLA BARROSO , ROGELIO M	MALE	MALE	INDEPENDIENTE	00:30:45	+00:07:41	01:33 min/100
28	17	153	COLLAZO LOPEZ , VICTOR	MALE	MALE	LICEO CASINO DE PONTEVEDRA	00:31:06	+00:08:02	01:34 min/100
29	18	180	ISASI CASTRO , XAVIER	MALE	MALE	INDEPENDIENTE	00:31:15	+00:08:11	01:34 min/100
30	19	138	BENITO MARTÍNEZ , JESÚS	MALE	MALE	INDEPENDIENTE	00:31:25	+00:08:21	01:35 min/100
31	20	237	VÁZQUEZ FERNÁNDEZ , FRANCISCO	MALE	MALE	TRIATLÓN MURALLA DE LUGO	00:31:36	+00:08:32	01:35 min/100
32	21	158	DURO GONZÁLEZ , ANTONIO	MALE	MALE	INDEPENDIENTE	00:31:37	+00:08:33	01:35 min/100
33	22	168	GANDARELA FERNÁNDEZ , MANUEL	MALE	MALE	INDEPENDIENTE	00:31:58	+00:08:54	01:36 min/100
34	23	130	ADRAN SUAREZ , DIEGO	MALE	MALE	INDEPENDIENTE	00:32:11	+00:09:07	01:37 min/100

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CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
35	24	148	CARRERA RODRIGUEZ , RUBEN	MALE	MALE	INDEPENDIENTE	00:33:06	+00:10:02	01:40 min/100
36	25	155	DIESTE FERNÁNDEZ , TOMAS	MALE	MALE	ARTROGAL TRI 498	00:33:11	+00:10:07	01:40 min/100
37	26	162	FERNÁNDEZ BARREIROS , CLAUDIO	MALE	MALE	CLUB NATACIÓN ORDES	00:33:29	+00:10:25	01:41 min/100
38	12	233	SUAREZ GARCIA , MARTA	FEMALE	FEMALE		00:34:08	+00:11:04	01:43 min/100
39	27	133	ALONSO GUERRA , ADRIÁN	MALE	MALE	C.N. OVIMASTER	00:34:20	+00:11:16	01:43 min/100
40	28	165	FERNÁNDEZ ROURA , ANTONIO	MALE	MALE	INDEPENDIENTE	00:34:27	+00:11:23	01:44 min/100
41	29	202	NOVOA GONZALEZ , EDMUNDO	MALE	MALE	CLUB FLUVIAL DE LUGO	00:34:31	+00:11:27	01:44 min/100
42	30	223	RODRIGUEZ LAGO , RAÚL	MALE	MALE	CHUKELIÑO SHARK	00:34:32	+00:11:28	01:44 min/100
43	31	152	CERQUEIRA CANCELO , DANIEL	MALE	MALE	INDEPENDIENTE	00:34:53	+00:11:49	01:45 min/100
44	32	227	ROMERO IGLESIAS , F. GERMÁN	MALE	MALE	CLUB BTT TRIATLON O TREITO	00:35:01	+00:11:57	01:46 min/100
45	13	140	BROZOS VÁZQUEZ , ELENA MARÍA	FEMALE	FEMALE	USC	00:35:21	+00:12:17	01:47 min/100
46	33	222	RODRÍGUEZ FERNÁNDEZ , RICARDO JULIO	MALE	MALE	CLUB ATLETISMO OUTES (CAO)	00:35:22	+00:12:18	01:47 min/100
47	34	219	RASKIN TALLER , MARIANO	MALE	MALE	CLUB NATACION CIUDAD DE SANTIAGO	00:35:28	+00:12:24	01:47 min/100
48	35	173	GÓMEZ LAGO , FRANCISCO JAVIER	MALE	MALE	MAISQUEAUGA	00:35:29	+00:12:25	01:47 min/100
49	36	175	GONZÁLEZ FRANCO , RAMIRO	MALE	MALE	TRIATLON COSTA DA MORTE	00:35:32	+00:12:28	01:47 min/100
50	14	204	OLIVEIRA TASENDE , MARÍA	FEMALE	FEMALE		00:35:33	+00:12:29	01:47 min/100
51	37	136	ANDRADE VILLAR , ROBERTO	MALE	MALE		00:35:33	+00:12:29	01:47 min/100
52	38	156	DIOS CALVIÑO , MARTIN	MALE	MALE	INDEPENDIENTE	00:35:35	+00:12:31	01:47 min/100
53	39	160	FERNANDEZ , MIGUEL	MALE	MALE	INDEPENDIENTE	00:35:50	+00:12:46	01:48 min/100
54	40	224	RODRIGUEZ LAGO , VICTOR	MALE	MALE	CHUKELIÑO SHARK	00:36:10	+00:13:06	01:49 min/100
55	41	176	GONZALEZ MAYO , JUAN JOSE	MALE	MALE		00:36:50	+00:13:46	01:51 min/100
56	15	221	RIVADULLA MALLO , MARIÑA	FEMALE	FEMALE	CNS A ESTRADA	00:36:50	+00:13:46	01:51 min/100
57	42	208	PAZOS HERNÁNDEZ , PABLO JOSÉ	MALE	MALE	CLUB TRIATLÓN CORUÑA	00:36:53	+00:13:49	01:51 min/100
58	16	144	CAMIÑOS PEREZ , LAURA	FEMALE	FEMALE	CLUB TRIATLÓN CORUÑA	00:36:55	+00:13:51	01:51 min/100
59	43	213	PRIETO CAAMAÑO , JAIRÓ	MALE	MALE	INDEPENDIENTE	00:37:01	+00:13:57	01:52 min/100
60	44	203	OLIVEIRA RODRIGUEZ , EUSEBIO	MALE	MALE	INDEPENDIENTE	00:37:02	+00:13:58	01:52 min/100
61	45	137	BARREIRO CORDEIRO , F. JAVIER	MALE	MALE	NOSPORTLIMIT	00:37:16	+00:14:12	01:52 min/100
62	46	218	RAMA SUAREZ , ALEX	MALE	MALE	OS SALTA REJOS	00:37:26	+00:14:22	01:53 min/100
63	47	228	ROMERO ONS , SANTIAGO	MALE	MALE	ATLETISMO PORRIÑO	00:37:29	+00:14:25	01:53 min/100
64	48	134	ALONSO PEREZ , ASENSIO	MALE	MALE	INDEPENDIENTE	00:37:42	+00:14:38	01:54 min/100
65	49	215	RAMA ARNAIZ , DIEGO	MALE	MALE	ARROASES DA CREBA	00:38:06	+00:15:02	01:55 min/100
66	17	135	ÁLVAREZ ARAÚJO , LAURA	FEMALE	FEMALE	INDEPENDIENTE	00:38:21	+00:15:17	01:56 min/100
67	18	235	TOREA TOREA , MANUELA	FEMALE	FEMALE	INDEPENDIENTE	00:39:09	+00:16:05	01:58 min/100
68	50	209	PEREZ ARES , DANIEL	MALE	MALE		00:39:15	+00:16:11	01:58 min/100

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CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
69	51	145	CANLE REINO , JOSÉ IVÁN	MALE	MALE		00:39:18	+00:16:14	01:58 min/100
70	52	199	MONTEAGUDO FERNÁNDEZ , JUAN JOSÉ	MALE	MALE		00:39:26	+00:16:22	01:59 min/100
71	19	217	RAMA PEREZ , ANA GORETTI	FEMALE	FEMALE	INDEPENDIENTE	00:39:35	+00:16:31	01:59 min/100
72	53	185	LESTON CAAMAÑO , FABIAN	MALE	MALE		00:39:39	+00:16:35	01:59 min/100
73	20	143	CAAMAÑO LAGO , NANCY	FEMALE	FEMALE		00:39:42	+00:16:38	01:60 min/100
74	54	196	MELLA BARBEITO , JAVIER	MALE	MALE		00:39:45	+00:16:41	01:60 min/100
75	21	164	FERNANDEZ MARTINEZ , ROSANA	FEMALE	FEMALE	TRIKI TEAM	00:40:03	+00:16:59	02:01 min/100
76	55	166	FERNANDEZ VIDAL , ANGEL MANUEL	MALE	MALE	TRIKI TEAM	00:40:04	+00:17:00	02:01 min/100
77	22	157	DOMINGUEZ PEREIRA , DIANA	FEMALE	FEMALE		00:41:18	+00:18:14	02:04 min/100
78	56	234	TAJES VARELA , FERNANDO	MALE	MALE	INDEPENDIENTE	00:41:26	+00:18:22	02:05 min/100
79	23	232	SOTO MÉNDEZ , MAITE	FEMALE	FEMALE	INDEPENDIENTE	00:41:26	+00:18:22	02:05 min/100
80	57	198	MICHELENA SIERRA , CARLOS	MALE	MALE	INDEPENDIENTE	00:41:37	+00:18:33	02:05 min/100
81	58	186	LESTON RAMA , SERGIO	MALE	MALE		00:42:16	+00:19:12	02:07 min/100
82	24	226	RODRÍGUEZ SANLÉS , ALEXANDRA	FEMALE	FEMALE		00:42:17	+00:19:13	02:07 min/100
83	59	167	FIGUEIRAS TOREA , CHEÑÉ	MALE	MALE	PAJILLEROS DE MEDRÓN	00:42:47	+00:19:43	02:09 min/100
84	60	201	MOSQUERA MONTERO , MIGUEL	MALE	MALE	INDEPENDIENTE	00:42:51	+00:19:47	02:09 min/100
85	61	161	FERNANDEZ ANTELO , FRANCISCO	MALE	MALE	CLUB BTT TRIATLON O TREITO	00:42:59	+00:19:55	02:09 min/100
86	62	214	RAIMO , ANTONIO	MALE	MALE	INDEPENDIENTE	00:43:08	+00:20:04	02:10 min/100
87	63	212	PORTALS CAAMAÑO , JOSÉ HIGINIO	MALE	MALE	PORTOPIOLLO	00:43:14	+00:20:10	02:10 min/100
88	64	141	BUSTELO , JULIO	MALE	MALE	ABRAKADABRA	00:43:33	+00:20:29	02:11 min/100
89	25	150	CASTELO VIEITES , ALICIA	FEMALE	FEMALE	INDEPENDIENTE	00:43:40	+00:20:36	02:11 min/100
90	26	220	REY SALGUEIROS , YOLANDA	FEMALE	FEMALE		00:43:41	+00:20:37	02:12 min/100
91	65	154	CORTIZAS DE CASTRO , ELADIO	MALE	MALE	INDEPENDIENTE	00:43:43	+00:20:39	02:12 min/100
92	27	163	FERNANDEZ FERNÁNDEZ , MARÍA TERESA	FEMALE	FEMALE	CLUB FLUVIAL DE LUGO	00:44:03	+00:20:59	02:13 min/100
93	66	181	JUANATEY PÉREZ , JOSÉ ANTONIO	MALE	MALE		00:45:42	+00:22:38	02:18 min/100
94	67	216	RAMA LAGO , PABLO	MALE	MALE	CHUKELIÑO SHARK	00:47:03	+00:23:59	02:22 min/100
95	68	211	PIÑEIRO ABEIJON , BENITO	MALE	MALE		00:49:52	+00:26:48	02:30 min/100
96	28	169	GARCIA ANDRÉS , MARTA MÓNICA	FEMALE	FEMALE	MANZANARES	00:50:36	+00:27:32	02:32 min/100
97	69	147	CARBALLIDO SALGADO , JORGE	MALE	MALE	INDEPENDIENTE	00:51:37	+00:28:33	02:35 min/100
98	70	195	MAYO MONTES , UXIO	MALE	MALE	KAÑA DE VAJASO	00:56:49	+00:33:45	02:51 min/100
99	29	178	HERRERO PEREZ , LOURDES	FEMALE	FEMALE		00:59:34	+00:36:30	02:59 min/100
100	30	142	CAAMAÑO CASTRO , BEATRIZ	FEMALE	FEMALE		00:59:51	+00:36:47	02:60 min/100
101	71	132	ALONSO ALONSO , ANGEL	MALE	MALE	INDEPENDIENTE	01:00:00	+00:36:56	03:00 min/100
102	31	205	OLMEDO HERRERO , MARIA	FEMALE	FEMALE		01:09:03	+00:45:59	03:28 min/100