

# AROUSA REVOLUTRION TRAIL SERIES 2017

19 FEBREIRO 2017

**GALITIMING**  
DU!W!1.1979

## - TRAIL DE SAN ISIDRO-

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
1	1	1	RODRÍGUEZ BOGA , LOÍS	MALE	SENIOR-M	REVOLUTRION TRAIL RACING TEAM	01:08:59.710	05:07 min/Km
2	2	41	FERNANDEZ SAMPEDRO , JOSE MARIA	MALE	SENIOR-M	ARTROGAL TRI-498	01:09:51.340	05:11 min/Km
3	1	9	BARRAL VARELA , JUAN JESUS	MALE	VETERAN-M	GRAMOLA GTR	01:10:57.650	05:16 min/Km
4	3	146	ARIAS ALVAREZ , HUGO	MALE	SENIOR-M	CDM VÉRTICE	01:11:49.390	05:20 min/Km
5	4	252	REQUEIJO REQUEIJO , SERGIO	MALE	SENIOR-M	AZERVAÑAN	01:12:25.130	05:22 min/Km
6	5	29	CES CRISTOBO , MANUEL	MALE	SENIOR-M	TRIBU TRAIL	01:12:56.520	05:25 min/Km
7	6	78	MELIO ROMERO , SANTIAGO	MALE	SENIOR-M	GYM TONIC	01:13:03.130	05:25 min/Km
8	7	279	TUBIO MUÑIZ , GUILLERMO	MALE	SENIOR-M	INDEPENDIENTE	01:13:35.490	05:28 min/Km
9	8	205	LAGO SANTIAGO , KIKO	MALE	SENIOR-M	A.D.OLIMPIA	01:13:46.640	05:28 min/Km
10	9	69	LORENZO BUCETA , HÉCTOR	MALE	SENIOR-M	TRIBU TRAIL	01:14:13.450	05:30 min/Km
11	10	155	BOUZAS GOMEZ , SERGIO	MALE	SENIOR-M	TRIBU TRAIL	01:14:17.610	05:31 min/Km
12	11	61	IGLESIAS TORRES , JOSE MANUEL	MALE	SENIOR-M	NOITEBRA F.C.	01:14:27.080	05:31 min/Km
13	12	148	ARUFE SANTAMARIA , JUAN	MALE	SENIOR-M	ADC ARNELA	01:14:46.020	05:33 min/Km
14	2	219	MARTINEZ BOUZAS , JUAN JESUS	MALE	VETERAN-M	TRIBU TRAIL	01:15:26.220	05:36 min/Km
15	13	158	BRION BRION , OSCAR	MALE	SENIOR-M		01:15:53.860	05:38 min/Km
16	3	54	GONTAN CASTRO , JOSE ANTONIO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:17:16.340	05:44 min/Km
17	4	132	FERNÁNDEZ TORRES , OLIVIER	MALE	VETERAN-M	TRIATLON RIVEIRA	01:17:17.770	05:44 min/Km
18	14	108	RODRÍGUEZ OTERO , MARIO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:17:31.500	05:45 min/Km
19	5	79	MIGUEZ GUILLAN , FRANCISCO	MALE	VETERAN-M	C.D RIA DE AROUSA	01:18:32.230	05:50 min/Km
20	15	130	YAÑEZ ORDOÑEZ , DAVID	MALE	SENIOR-M	INDEPENDIENTE	01:18:57.200	05:51 min/Km
21	16	159	CABADO , AARÓN	MALE	SENIOR-M	INDEPENDIENTE	01:19:11.710	05:52 min/Km
22	6	76	MAYO MARTINEZ , JOSE RAMON	MALE	VETERAN-M	TRIBU TRAIL	01:19:33.180	05:54 min/Km
23	17	192	GONZALEZ ALVAREZ , JOSE MANUEL	MALE	SENIOR-M	CORNELIOS	01:20:04.170	05:56 min/Km
24	7	40	FERNÁNDEZ RENDO , JOSE ANTONIO	MALE	VETERAN-M		01:20:05.700	05:56 min/Km
25	8	59	HOMBRE DOPAZO , PEPE	MALE	VETERAN-M	NATURAL SPORT	01:20:32.850	05:58 min/Km
26	18	128	VILASOA SILVA , JOSE FRANCISCO	MALE	SENIOR-M	OS AFORCADOS MTB	01:20:59.270	05:60 min/Km
27	19	97	PIÑEIRO LAMAS , RAMON	MALE	SENIOR-M	INDEPENDIENTE	01:21:01.380	06:01 min/Km
28	20	216	LUSTRES SAMPEDRO , RICARDO	MALE	SENIOR-M	INDEPENDIENTE	01:21:04.350	06:01 min/Km
29	21	70	LORENZO GUIMARANS , FERNANDO	MALE	SENIOR-M	INDEPENDIENTE	01:21:20.630	06:02 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
30	22	247	PONTE IGLESIAS , DAVID	MALE	SENIOR-M		01:21:50.110	06:04 min/Km
31	9	18	BRANDÓN RODRÍGUEZ , JUAN CARLOS	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:21:59.090	06:05 min/Km
32	23	25	CASAL SANTOS , MARCOS	MALE	SENIOR-M		01:22:02.710	06:05 min/Km
33	24	153	BAS ROTH , NICOLÁS FERNANDO	MALE	SENIOR-M	AGUADA ATLETISMO	01:22:46.280	06:08 min/Km
34	25	207	LENS COSTA , JESUS	MALE	SENIOR-M	CLUBE ATLETISMO NEGREIRA	01:22:48.360	06:09 min/Km
35	26	248	PUMARIÑO PÉREZ , AMADOR	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:22:48.960	06:09 min/Km
36	27	53	GOMEZ OURILLE , NICOLAS	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:22:55.200	06:09 min/Km
37	10	62	JUANATEY PEREZ , JOSE ANTONIO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:23:00.420	06:09 min/Km
38	11	214	LORENZO BUCETA , JOSE ANTONIO	MALE	VETERAN-M	TRIBU TRAIL	01:23:04.250	06:10 min/Km
39	12	45	FIGUEIRA , TOÑO	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:23:04.570	06:10 min/Km
40	28	31	CONDE TATO , JOSE ANGEL	MALE	SENIOR-M	GYM TONIC	01:23:19.220	06:11 min/Km
41	13	86	PENA SUÁREZ , JOSE MANUEL	MALE	VETERAN-M		01:23:44.740	06:13 min/Km
42	29	38	FERNANDEZ DOMINGUEZ , ADRIAN	MALE	SENIOR-M	TRIBU TRAIL	01:23:52.150	06:13 min/Km
43	30	244	PÉREZ PÉREZ , IVÁN	MALE	SENIOR-M	OS TORAKKA	01:24:00.610	06:14 min/Km
44	31	27	CASTRO SAMPEDRO , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:24:09.090	06:15 min/Km
45	32	17	BOUZA PORTA , LUIS MIGUEL	MALE	SENIOR-M	PC SANTA MARTA ORTIGUEIRA	01:24:24.890	06:16 min/Km
46	14	15	BOO FARIÑA , SALVADOR	MALE	VETERAN-M	TRIBU TRAIL	01:24:47.490	06:17 min/Km
47	33	121	TUBÍO DAVILA , JOSE	MALE	SENIOR-M	INDEPENDIENTE	01:25:06.850	06:19 min/Km
48	34	28	CERQUEIRO BARREIRO , VICTOR MANUE	MALE	SENIOR-M	VELAIBIKE CORRENDO	01:25:12.750	06:19 min/Km
49	35	258	RODRÍGUEZ FERNÁNDEZ , MARTÍN	MALE	SENIOR-M	DEPORTES EL 21	01:25:43.850	06:22 min/Km
50	15	241	PAZOS CARBÓN , PEDRO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:26:20.330	06:24 min/Km
51	16	119	SUAREZ REDONDO , XABIER	MALE	VETERAN-M	TRIBU TRAIL	01:26:27.990	06:25 min/Km
52	36	66	LAREO CREO , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	01:26:29.640	06:25 min/Km
53	37	217	MALLO NIETO , JULIO	MALE	SENIOR-M	OLÍMPICO DE VEDRA	01:26:29.810	06:25 min/Km
54	38	160	CANICOBA , SANTI	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:26:48.190	06:26 min/Km
55	39	237	OUTEIRAL DAVILA , RAUL	MALE	SENIOR-M	IMMORTALS	01:27:01.390	06:27 min/Km
56	40	95	PESTONIT FREIRE , NOE	MALE	SENIOR-M	TRIBU TRAIL	01:27:30.400	06:29 min/Km
57	41	211	LOPEZ BALEIRON , EDGAR MANUEL	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:27:33.910	06:30 min/Km
58	42	275	SUÁREZ GIADÁS , JAVIER	MALE	SENIOR-M	AZERVAÑAN	01:27:47.130	06:31 min/Km

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59	43	120	TOBIO GOMEZ , FERNANDO	MALE	SENIOR-M	INDEPENDIENTE	01:28:03.720	06:32 min/Km
60	17	265	SABORIDO FERNANDEZ , LUIS MARIANO	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:28:28.760	06:34 min/Km
61	44	142	ABUIN MOSQUERA , MIGUEL	MALE	SENIOR-M		01:28:28.780	06:34 min/Km
62	45	268	SAN MARCIAL BARBOSA , ADRIAN	MALE	SENIOR-M	INDEPENDIENTE	01:28:40.260	06:35 min/Km
63	18	188	GOMEZ ALONSO , MANUEL	MALE	VETERAN-M	FALTA P@CO	01:28:41.450	06:35 min/Km
64	46	254	RIVAS RIO , AGUSTIN	MALE	SENIOR-M	INDEPENDIENTE	01:29:08.940	06:37 min/Km
65	47	162	CARMONA MIRANDA , IVÁN MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:29:37.320	06:39 min/Km
66	48	253	REY BLANCO , ALBERTO	MALE	SENIOR-M	INDEPENDIENTE	01:29:39.870	06:39 min/Km
67	49	178	FERNÁNDEZ LANDEIRO , JUAN MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:29:40.840	06:39 min/Km
68	50	23	CALVO VITURRO , SANTIAGO	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:29:58.320	06:40 min/Km
69	51	124	RODRIGUEZ VIDAL , DIEGO	MALE	SENIOR-M	GYM TONIC	01:30:02.590	06:41 min/Km
70	19	140	ABAL MORRAZO , EMILIO	MALE	VETERAN-M	INDEPENDIENTE	01:30:08.260	06:41 min/Km
71	52	6	AREVALILLO ROMERO , SERGIO	MALE	SENIOR-M	TRIBU TRAIL	01:30:08.990	06:41 min/Km
72	1	271	SEOANE RIAL , ALEJANDRA	FEMALE	SENIOR-F	A.D JARNACHOS	01:30:11.700	06:41 min/Km
73	20	226	MERA ALONSO , JOSÉ MANUEL	MALE	VETERAN-M	INDEPENDIENTE	01:30:19.770	06:42 min/Km
74	21	8	BARBOSA GONZALEZ , RODRIGO	MALE	VETERAN-M	XISTRA	01:30:25.520	06:42 min/Km
75	53	10	BARREIRO LOPEZ , RAFAEL	MALE	SENIOR-M	INDEPENDIENTE	01:30:27.410	06:43 min/Km
76	22	20	BURES MIGUENS , XOSE MANUEL	MALE	VETERAN-M	TRIBU TRAIL	01:30:38.740	06:43 min/Km
77	23	272	SEXTO RIVAS , GUSTAVO	MALE	VETERAN-M	MELIDE TRAIL TEAM	01:30:44.850	06:44 min/Km
78	54	156	BOUZAS VILAS , EMILIO	MALE	SENIOR-M		01:30:45.680	06:44 min/Km
79	24	179	FILGUEIRA MELENDEZ , JOSE	MALE	VETERAN-M		01:30:52.510	06:44 min/Km
80	55	259	RODRIGUEZ GARCIA , CARLOS	MALE	SENIOR-M	LOS CHAVALES	01:31:04.550	06:45 min/Km
81	25	22	CALVO CASTRO , IVÁN	MALE	VETERAN-M	INDEPENDIENTE	01:31:10.400	06:46 min/Km
82	56	199	IGLESIAS AMORES , MIGUEL	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	01:31:12.760	06:46 min/Km
83	57	284	VAZQUEZ VAZQUEZ , JAVIER	MALE	SENIOR-M		01:31:17.350	06:46 min/Km
84	58	63	LAGO QUINTEIRO , JOSE RAMON	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:31:24.470	06:47 min/Km
85	59	82	OUTEIRAL DAVILA , JOSÉ MANUEL	MALE	SENIOR-M	IMMORTALS	01:31:50.990	06:49 min/Km
86	60	144	ALONSO LOJO , JAVIER	MALE	SENIOR-M	IMMORTALS	01:32:07.830	06:50 min/Km
87	26	116	SOMOZA GARCIA , FRANCISCO	MALE	VETERAN-M	INDEPENDIENTE	01:32:31.350	06:52 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
88	61	227	MISA SALINAS , RUBEN	MALE	SENIOR-M		01:32:36.070	06:52 min/Km
89	27	264	ROMERO PARADA , KIKO	MALE	VETERAN-M		01:32:48.770	06:53 min/Km
90	62	21	CABEZAL SÁNCHEZ , ALEJANDRO	MALE	SENIOR-M		01:32:59.810	06:54 min/Km
91	63	114	SARASQUETE FERNÁNDEZ , FRANCISCO	MALE	SENIOR-M	CABALO DE ARTES	01:33:21.380	06:55 min/Km
92	64	56	GRAÑA DOMÍNGUEZ , ADRIÁN	MALE	SENIOR-M	INDEPENDIENTE	01:33:22.570	06:56 min/Km
93	65	89	PEREIRAS COUTO , ALVARO	MALE	SENIOR-M	INDEPENDIENTE	01:33:34.540	06:56 min/Km
94	66	228	MONTOUTO REQUEIJO , DIEGO ARMANI	MALE	SENIOR-M	AZERVAÑAN	01:33:35.590	06:56 min/Km
95	28	230	MUÑIZ MUÑIZ , XOÁN	MALE	VETERAN-M		01:33:36.410	06:57 min/Km
96	67	111	SALGUEIRO MATA , JOSE	MALE	SENIOR-M	INDEPENDIENTE	01:33:49.310	06:57 min/Km
97	29	49	GARCÍA RODRÍGUEZ , JUAN MANUEL	MALE	VETERAN-M		01:34:09.510	06:59 min/Km
98	30	50	GARCÍA TEIRA , RAMÓN M.	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:34:09.870	06:59 min/Km
99	31	180	FRAGA RODRÍGUEZ , ALBERTO	MALE	VETERAN-M	INDEPENDIENTE	01:34:10.330	06:59 min/Km
100	32	112	SAMPEDRO MORANDEIRA , JOSÉ LUIS	MALE	VETERAN-M	INDEPENDIENTE	01:34:30.790	07:01 min/Km
101	68	245	PERZ BLANCO , ALVARO	MALE	SENIOR-M		01:35:07.170	07:03 min/Km
102	69	104	RIVAS POMBO , MARCELINO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:35:20.800	07:04 min/Km
103	33	201	IGLESIAS PARDO , TINO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:35:20.850	07:04 min/Km
104	1	88	PEREIRA GIRALDEZ , SERAFINA	FEMALE	VETERAN-F	INDEPENDIENTE	01:35:40.650	07:06 min/Km
105	70	19	BRENLLA FAJIN , SATIRO	MALE	SENIOR-M	TARTARUGAS	01:35:44.470	07:06 min/Km
106	71	48	GARCIA LIAS , CRISTIAN	MALE	SENIOR-M	INDEPENDIENTE	01:35:45.710	07:06 min/Km
107	72	7	ASTRAY LÓPEZ , PABLO	MALE	SENIOR-M	INDEPENDIENTE	01:35:50.240	07:06 min/Km
108	34	172	DIESTE REGADES , EMILIO JOSÉ	MALE	VETERAN-M	INDEPENDIENTE	01:35:52.110	07:07 min/Km
109	73	173	DIESTE REGADES , SERGIO	MALE	SENIOR-M	INDEPENDIENTE	01:35:53.000	07:07 min/Km
110	74	187	GARCÍA REY , ÁNGEL	MALE	SENIOR-M	A.D.CERNE	01:36:10.320	07:08 min/Km
111	75	257	RODRIGUEZ ALONSO , PABLO	MALE	SENIOR-M	INDEPENDIENTE	01:36:31.340	07:09 min/Km
112	76	238	PARADA BREA , DANIEL	MALE	SENIOR-M		01:36:37.180	07:10 min/Km
113	2	5	AMADO , BEA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	01:36:40.960	07:10 min/Km
114	77	231	MUÑIZ SANVICENTE , MIGUIL	MALE	SENIOR-M		01:36:43.700	07:10 min/Km
115	78	71	LUNA DOMINGUEZ , JUAN A.	MALE	SENIOR-M	TRIBU TRAIL	01:36:45.990	07:11 min/Km
116	79	222	MARTINEZ NIEVES , VICTOR	MALE	SENIOR-M		01:37:06.280	07:12 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
117	80	235	OLIVEIRA RODRÍGUEZ , DAVID	MALE	SENIOR-M		01:37:06.340	07:12 min/Km
118	81	123	VALIÑO CES , JOSÉ ANTONIO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:37:15.820	07:13 min/Km
119	82	288	XAMARDO FIGUEIRA , MIGUEL	MALE	SENIOR-M		01:37:19.630	07:13 min/Km
120	83	276	SUEIRO IGLESIAS , ESTEBAN	MALE	SENIOR-M	CLUB DEPORTIVO VAGALUME ENERGÍA	01:37:20.860	07:13 min/Km
121	84	143	ALDREY RAICES , JOSE MANUEL	MALE	SENIOR-M		01:37:22.770	07:13 min/Km
122	85	270	SANTOS DIOS , JOSE RAMON	MALE	SENIOR-M	INDEPENDIENTE	01:37:25.380	07:13 min/Km
123	86	189	GÓMEZ BARBA , SANTIAGO	MALE	SENIOR-M		01:37:39.150	07:15 min/Km
124	87	2	AGRAFOJO PEREIRA , RAFAEL	MALE	SENIOR-M	INDEPENDIENTE	01:38:03.820	07:16 min/Km
125	88	213	LORENZO BLANCO , RUBEN	MALE	SENIOR-M	NOS BARES FALASE MOITO	01:38:29.380	07:18 min/Km
126	35	107	RODRIGUEZ JURJO , VITORMANUEL	MALE	VETERAN-M	QUESCREM	01:38:43.160	07:19 min/Km
127	36	84	PAZOS SUÁREZ , FRANCISCO JAVIER	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:39:08.710	07:21 min/Km
128	37	39	FERNANDEZ OLIVEIRA , JUAN CARLOS	MALE	VETERAN-M	INDEPENDIENTE	01:39:08.810	07:21 min/Km
129	89	122	TUBIO PIÑEIRO , TOMAS	MALE	SENIOR-M	INDEPENDIENTE	01:39:13.680	07:22 min/Km
130	90	169	CUNTIN GOMEZ , ANTON	MALE	SENIOR-M	INDEPENDIENTE	01:39:20.970	07:22 min/Km
131	3	273	SIERPES PEREIRA , NATALIA	FEMALE	SENIOR-F	OS TORAKKA	01:39:22.050	07:22 min/Km
132	91	196	GONZALEZ ROADE , JUAN	MALE	SENIOR-M	INDEPENDIENTE	01:39:22.390	07:22 min/Km
133	2	12	BARROSO PEREZ , BEATRIZ	FEMALE	VETERAN-F	INDEPENDIENTE	01:39:29.330	07:23 min/Km
134	38	209	LIZ MONTES , JORGE ANTONIO	MALE	VETERAN-M	FATA P@ACO	01:39:37.330	07:23 min/Km
135	3	170	DE LA FUENTE IGLESIAS , EVA	FEMALE	VETERAN-F	CLUB DEPORTIVO VAGALUME ENERGÍA	01:39:46.140	07:24 min/Km
136	92	177	FERNANDEZ BATISTA , DANIEL ALEJANDI	MALE	SENIOR-M	CAZAFANTASMAS	01:39:59.250	07:25 min/Km
137	39	204	JUVIÑO PREGO , ÁNGEL	MALE	VETERAN-M	DREAM TEAM	01:40:03.920	07:25 min/Km
138	93	176	DURÁN MARTÍNEZ , ALBERTO	MALE	SENIOR-M		01:40:04.330	07:25 min/Km
139	40	185	GARCIA ESMORIS , JOSE LUIS	MALE	VETERAN-M	INDEPENDIENTE	01:40:30.530	07:27 min/Km
140	94	101	REVILLA ORTIZ , IGNACIO	MALE	SENIOR-M	MAIS DEPORTE	01:40:30.840	07:27 min/Km
141	41	168	COUCEIRO MAGAN , FRANCISCO	MALE	VETERAN-M	ADOLFO COUCEIRO SEGUROS SL	01:40:36.350	07:28 min/Km
142	95	206	LAMAS POSE , XOSÉ M.	MALE	SENIOR-M		01:40:50.220	07:29 min/Km
143	96	263	ROMERO NUÑEZ , IVAN	MALE	SENIOR-M	VGA RUNNERS	01:40:54.450	07:29 min/Km
144	42	200	IGLESIAS IGLESIAS , ISIDRO	MALE	VETERAN-M	C.D RIA DE AROUSA	01:40:55.980	07:29 min/Km
145	43	183	GARCIA ARES , JOSE MANUEL	MALE	VETERAN-M		01:41:02.840	07:30 min/Km



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CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
146	97	51	GIL PEREIRA , JAVIER	MALE	SENIOR-M	TARTARUGAS	01:42:00.600	07:34 min/Km
147	98	164	CIBREIRO MENDEZ , MIGUEL	MALE	SENIOR-M	AZERVAÑAN	01:42:03.020	07:34 min/Km
148	99	184	GARCIA BARBEIRA , PABLO	MALE	SENIOR-M	INDEPENDIENTE	01:42:22.340	07:35 min/Km
149	4	74	MAREQUE MARTINEZ , MARIA	FEMALE	SENIOR-F	TARTARUGAS	01:42:36.630	07:37 min/Km
150	100	115	SEOANE NIETO , GONZALO	MALE	SENIOR-M	TARTARUGAS	01:42:37.050	07:37 min/Km
151	101	277	TABOADA BARREIRO , JUAN MANUEL	MALE	SENIOR-M	TRAIL BOIMORTO	01:42:57.540	07:38 min/Km
152	102	267	SALINERO RODRÍGUEZ , MANUEL ABDÓI	MALE	SENIOR-M	INDEPENDIENTE	01:43:01.980	07:38 min/Km
153	103	163	CASALDERREY LORES , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	01:43:13.690	07:39 min/Km
154	104	221	MARTINEZ FANDIÑO , DIEGO	MALE	SENIOR-M		01:43:44.730	07:42 min/Km
155	5	229	MOREIRA BRENLLA , ESTRELLA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	01:43:45.490	07:42 min/Km
156	105	80	MILLARES FILGUEIRA , FRAN	MALE	SENIOR-M	IMMORTALS	01:43:56.910	07:42 min/Km
157	44	149	ASOREY GONZALEZ , MANUEL CARMELCO	MALE	VETERAN-M	INDEPENDIENTE	01:44:08.940	07:43 min/Km
158	106	286	VIDAL MARTÍNEZ , RUBÉN	MALE	SENIOR-M	LOS CHAVALES	01:44:09.830	07:43 min/Km
159	107	109	RODRÍGUEZ SOUTO , JOSÉ ANTONIO	MALE	SENIOR-M		01:44:20.000	07:44 min/Km
160	108	83	PAIS TRIGO , FRANCISCO	MALE	SENIOR-M		01:44:30.370	07:45 min/Km
161	109	243	PEREIRAS PENA , ALBERTO	MALE	SENIOR-M		01:44:54.680	07:47 min/Km
162	45	67	LOPEZ SANCHEZ , JAIME	MALE	VETERAN-M	VIRXIGUIANOS TRAIL	01:45:16.980	07:48 min/Km
163	110	46	FOLGAR ROMAY , JAVIER	MALE	SENIOR-M	VIRXIGUIANOS TRAIL	01:45:17.240	07:48 min/Km
164	4	75	MARTINEZ LAGO , PATI	FEMALE	VETERAN-F	VIRXIGUIANOS TRAIL	01:45:17.260	07:48 min/Km
165	111	16	BOO REIRIZ , JOSE MARIA	MALE	SENIOR-M	VIRXIGUIANOS TRAIL	01:45:17.640	07:48 min/Km
166	112	92	PÉREZ LÓPEZ , DANIEL	MALE	SENIOR-M	MAIS DEPORTE	01:45:26.650	07:49 min/Km
167	5	255	RIVAS RIO , CRISTINA	FEMALE	VETERAN-F	INDEPENDIENTE	01:46:15.370	07:53 min/Km
168	113	98	PIÑEIRO VÁZQUEZ , JOSÉ VICENTE	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:46:16.110	07:53 min/Km
169	6	215	LORENZO LÓPEZ , ISABEL	FEMALE	SENIOR-F		01:46:30.280	07:54 min/Km
170	114	32	CUÑARRO GOMEZ , PABLO	MALE	SENIOR-M		01:46:30.910	07:54 min/Km
171	46	210	LLOVO OTERO , RICARDO	MALE	VETERAN-M	CLUB MONTEPENARUBIA LUGO	01:46:38.790	07:54 min/Km
172	7	73	MANEIRO CAAMAÑO , VANESSA	FEMALE	SENIOR-F	INDEPENDIENTE	01:46:41.740	07:55 min/Km
173	115	223	MATO PEÓN , CELESTINO	MALE	SENIOR-M	PONTE TRAIL	01:46:46.810	07:55 min/Km
174	116	58	HERNANDEZ PEREIRA , IAGO	MALE	SENIOR-M	INDEPENDIENTE	01:47:46.940	07:60 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
175	117	167	CONDE SIEIRA , XURXO MANUEL	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:48:04.490	08:01 min/Km
176	47	232	NAVEIRA FACHAL , MANUEL	MALE	VETERAN-M		01:48:45.870	08:04 min/Km
177	118	64	LAGOS PEREIRO , ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	01:49:31.130	08:07 min/Km
178	48	93	PEREZ SUSAVILA , ANGEL	MALE	VETERAN-M		01:50:02.230	08:10 min/Km
179	49	195	GONZALEZ PAZ , ANGEL JULIO	MALE	VETERAN-M	VIRXIGUIANOS TRAIL	01:50:03.950	08:10 min/Km
180	50	91	PEREZ LAMPON , JOSE MANUEL	MALE	VETERAN-M	VIRXIGUIANOS TRAIL	01:50:08.460	08:10 min/Km
181	51	129	VILLANUSTRE ABUIN , GERMÁN	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:50:20.560	08:11 min/Km
182	52	233	NIETO FONTENLA , FRANCISCO	MALE	VETERAN-M		01:50:54.750	08:13 min/Km
183	119	239	PARDO TASENDE , CARLOS	MALE	SENIOR-M	MESOIRO RUNNING	01:51:07.160	08:14 min/Km
184	120	110	ROMERO VAZQUEZ , MANUEL ÁNGEL	MALE	SENIOR-M	VELAIBIKE CORRENDO	01:52:24.480	08:20 min/Km
185	6	52	GOMEZ LODEIROS , SUSANA	FEMALE	VETERAN-F	TARTARUGAS	01:52:31.440	08:21 min/Km
186	53	242	PENIDO RODRIGUEZ , JOSÉ EMILIO	MALE	VETERAN-M	DEPORTES EL 21	01:52:49.390	08:22 min/Km
187	54	152	BARREIROS RIVELA , ELOY	MALE	VETERAN-M	DEPORTES EL 21	01:52:49.450	08:22 min/Km
188	55	141	ABOY POTEL , JOSE	MALE	VETERAN-M	TRIBU TRAIL	01:52:59.650	08:23 min/Km
189	8	102	RIAÑO LUEIRO , NOELIA	FEMALE	SENIOR-F	MOUSE SANTIAGO	01:52:59.900	08:23 min/Km
190	56	240	PAULINA LOBATO , JOSÉ	MALE	VETERAN-M	GALITAR RUNNERS	01:53:01.240	08:23 min/Km
191	57	250	REGUEIRA BOO , JOSE MATIAS	MALE	VETERAN-M		01:54:04.040	08:27 min/Km
192	7	72	MALLO DOMINGUEZ , ANA MARIA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:54:43.310	08:30 min/Km
193	58	44	FERREIROS FERNANDEZ , JOSE	MALE	VETERAN-M	TARTARUGAS	01:55:32.430	08:34 min/Km
194	121	175	DOMINGUEZ GAGO , RICARDO	MALE	SENIOR-M	ARTROGAL TRI-498	01:56:10.150	08:37 min/Km
195	122	224	MAYÁN MARTÍNEZ , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	01:56:32.470	08:38 min/Km
196	59	220	MARTINEZ CALO , ANGEL	MALE	VETERAN-M	INDEPENDIENTE	01:57:56.480	08:45 min/Km
197	60	157	BRANDÓN VENOZZA , RICARDO	MALE	VETERAN-M		01:57:57.380	08:45 min/Km
198	61	147	ARIAS PAZ , NESTOR	MALE	VETERAN-M	CLUB MONTEPENARUBIA LUGO	01:58:07.650	08:46 min/Km
199	8	251	REIMONDEZ CALVO , SONIA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:58:21.220	08:47 min/Km
200	62	191	GOMEZ RIVADULLA , RAMON	MALE	VETERAN-M		01:58:24.010	08:47 min/Km
201	9	171	DEL VALLE GONZÁLEZ , VERÓNICA	FEMALE	SENIOR-F	INDEPENDIENTE	01:59:19.270	08:51 min/Km
202	123	33	DOBLA BARREIRO , HUGO	MALE	SENIOR-M		01:59:55.060	08:53 min/Km
203	9	87	PEÑA VILLAMIDE , PAZ	FEMALE	VETERAN-F	TARTARUGAS	02:00:20.190	08:55 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
204	124	117	SOTO RAMOS , JORGE	MALE	SENIOR-M	GALITAR RUNNERS	02:00:20.680	08:55 min/Km
205	125	236	OTERO DÍAZ , LUIS	MALE	SENIOR-M		02:00:59.670	08:58 min/Km
206	10	151	BARRAL FERNANDEZ , ROCIO	FEMALE	SENIOR-F	INDEPENDIENTE	02:00:59.910	08:58 min/Km
207	63	282	VÁZQUEZ DIESTE , JUAN MANUEL	MALE	VETERAN-M		02:02:14.850	09:04 min/Km
208	64	43	FERREIRO PEREZ , ANTONIO	MALE	VETERAN-M	TARTARUGAS	02:02:56.530	09:07 min/Km
209	11	194	GONZALEZ GONZALEZ , ESTEFANIA	FEMALE	SENIOR-F	CAZAFANTASMAS	02:03:04.050	09:07 min/Km
210	12	154	BLANCO MARTINEZ , MARTA	FEMALE	SENIOR-F		02:03:24.400	09:09 min/Km
211	65	105	RODRIGUEZ CID , JOSE MANUEL	MALE	VETERAN-M	ASALTAMONTES	02:04:07.190	09:12 min/Km
212	126	262	RODRIGUEZ PRADO , JORGE	MALE	SENIOR-M		02:04:23.040	09:13 min/Km
213	10	126	VEIGA BLANCO , MONTSE	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:04:23.690	09:13 min/Km
214	11	202	IGLESIAS REBOREDO , MARY SOL	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:04:24.080	09:13 min/Km
215	127	4	ALVAREZ RODRIGUEZ , MARCOS	MALE	SENIOR-M	TRIATLON RIVEIRA	02:05:15.270	09:17 min/Km
216	12	127	VIGO LIÑARES , ANA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:05:16.150	09:17 min/Km
217	13	260	RODRIGUEZ LAGO , BEGOÑA	FEMALE	SENIOR-F		02:05:40.380	09:19 min/Km
218	66	161	CARBALLEIRA HORTAS , XOSÉ MANUEL	MALE	VETERAN-M	INDEPENDIENTE	02:06:43.920	09:24 min/Km
219	14	26	CASTIÑEIRAS PEREIRA , RAQUEL	FEMALE	SENIOR-F	TARTARUGAS	02:07:09.150	09:26 min/Km
220	67	3	ALFONSÍN SOLIÑO , GONZALO	MALE	VETERAN-M	TARTARUGAS	02:07:09.380	09:26 min/Km
221	68	165	CONDE BERMUDEZ , RAMON ANGEL	MALE	VETERAN-M	VETERANOS DE OURENSE	02:08:45.020	09:33 min/Km
222	128	186	GARCIA LORENZO , DIEGO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	02:09:53.160	09:38 min/Km
223	13	285	VEIGA BERMEJO , ARACELI	FEMALE	VETERAN-F		02:11:09.010	09:43 min/Km
224	129	125	VAZQUEZ PAZOS , JOSE RAMON	MALE	SENIOR-M		02:12:18.080	09:49 min/Km
225	130	85	PEDREIRA SINDE , CESAR	MALE	SENIOR-M	ANOVA RACING TEAM	02:12:42.180	09:50 min/Km
226	131	256	RODRIGUEZ ABOY , MARIO	MALE	SENIOR-M		02:12:53.100	09:51 min/Km
227	15	269	SANMARTÍN RODRÍGUEZ , NOEMI	FEMALE	SENIOR-F	CLUB DEPORTIVO VAGALUME ENERGÍA	02:13:52.610	09:56 min/Km
228	14	181	FUENTES NOYA , LINA	FEMALE	VETERAN-F	ATLETISMO ORDES	02:15:43.930	10:04 min/Km
229	69	249	RAÑA PREGO , MANUEL	MALE	VETERAN-M	ATLETISMO ORDES	02:15:44.050	10:04 min/Km
230	16	198	HERMIDA CAO , ANA MARIA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	02:15:45.130	10:04 min/Km
231	17	174	DOCE FALCÓN , ELENA MARIA	FEMALE	SENIOR-F		02:16:39.560	10:08 min/Km
232	132	37	FEIJOO LAGO , JUAN CARLOS	MALE	SENIOR-M	INDEPENDIENTE	02:18:49.370	10:17 min/Km



