

XTOSIN TRAIL 2019

- GENERAL -

17 MARZO 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º
1	1	1	TOUCEDO SANTOS , ESTEBAN	MALE	SENIOR-M	SAN MIGUEL DE MARÍN	01:13:20.640	
2	1	87	LORENZO BLANCO , CARLOS	MALE	MASTER-M	INDEPENDIENTE	01:13:21.900	+00:00:01.260
3	2	67	GONZALEZ HORTA , VICTOR	MALE	SENIOR-M	LODEIROS TRAIL	01:16:50.630	+00:03:29.990
4	2	320	PAZ PARDO , DANIEL	MALE	MASTER-M	TRIBU TRAIL	01:16:53.540	+00:03:32.900
5	3	359	TUÑAS GONZÁLEZ , ROBERTO	MALE	MASTER-M	CLUB ATLETISMO NEGREIRA	01:17:05.550	+00:03:44.910
6	3	280	INSUA DIAZ , RUBEN	MALE	SENIOR-M	ATLETISMO SAR VERMU PETRONI	01:18:03.240	+00:04:42.600
7	4	146	TRABA CAAMAÑO , PEDRO	MALE	MASTER-M	CAO (CLUB ATLETISMO OUTES)	01:18:03.420	+00:04:42.780
8	5	70	GUERRA MAGAN , OSCAR	MALE	MASTER-M		01:18:35.760	+00:05:15.120
9	6	328	PICOS REY , RAMÓN	MALE	MASTER-M	TRIBU TRAIL	01:18:45.320	+00:05:24.680
10	4	17	BRION BRION , OSCAR	MALE	SENIOR-M		01:20:12.110	+00:06:51.470
11	5	66	GONZALEZ HORTA , ELOY	MALE	SENIOR-M	LODEIROS TRAIL	01:20:59.980	+00:07:39.340
12	7	85	LÓPEZ DOMÍNGUEZ , JAVIER	MALE	MASTER-M	LODEIROS TRAIL	01:21:44.150	+00:08:23.510
13	6	48	FERNÁNDEZ POUSADA , IVÁN	MALE	SENIOR-M	INDEPENDIENTE	01:21:46.010	+00:08:25.370
14	8	103	OUBIÑA DIOS , FRANCISCO RAMON	MALE	MASTER-M	C.A.CAMBADOS - SEG.NOVAL	01:21:52.630	+00:08:31.990
15	9	250	FERNANDEZ GARCIA , JOSE MANUEL	MALE	MASTER-M	CDM VERTICE	01:22:06.170	+00:08:45.530
16	10	339	RODRIGUEZ POUSO , LITO	MALE	MASTER-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:22:17.400	+00:08:56.760
17	11	109	PÉREZ LORENZO , ÓSCAR	MALE	MASTER-M	MAXIKO MASAXES KIKO	01:22:20.970	+00:09:00.330
18	7	26	CALVO VITURRO , SANTIAGO	MALE	SENIOR-M	S.D. BARBANTIA RODA	01:22:23.860	+00:09:03.220
19	12	117	QUEIRUGA TORRES , OSCAR	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:23:02.730	+00:09:42.090
20	13	310	NIETO GONZALEZ , JOSE MANUEL	MALE	MASTER-M	INDEPENDIENTE	01:23:34.870	+00:10:14.230
21	8	279	IGLESIAS TORRES , JOSE MANUEL	MALE	SENIOR-M	NOITEBRA F.C.	01:23:54.680	+00:10:34.040
22	14	358	TUBIO MUÑIZ , GUILLERMO	MALE	MASTER-M	TRIATLON RIANXO	01:24:12.260	+00:10:51.620
23	9	292	MANEIRO TRILLO , DANIEL	MALE	SENIOR-M	TRIATLON O TREITO	01:24:18.890	+00:10:58.250
24	15	127	RODRÍGUEZ FERNÁNDEZ , XOSEMARÍA	MALE	MASTER-M	TRIBU TRAIL	01:24:29.940	+00:11:09.300
25	16	80	LAGO GRAÑA , ROBERTO	MALE	MASTER-M	LODEIROS TRAIL	01:24:56.950	+00:11:36.310
26	10	118	QUINTIÁN AGRAFOJO , JOSÉ MANUEL	MALE	SENIOR-M	CDM VÉRTICE	01:25:00.210	+00:11:39.570
27	11	133	RÚA NÚÑEZ , MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:25:12.360	+00:11:51.720
28	17	302	MÉNDEZ MÉNDEZ , JOSÉ RAFAEL	MALE	MASTER-M		01:25:15.180	+00:11:54.540
29	18	64	GOMEZ OURILLE , NICOLAS	MALE	MASTER-M	S.D. BARBANTIA RODA	01:25:15.990	+00:11:55.350
30	12	46	FERNÁNDEZ DOMÍNGUEZ , ADRIÁN	MALE	SENIOR-M	MAXIKO MASAXES KIKO	01:25:22.230	+00:12:01.590

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31	13	135	SANAMRTIN REY , ISIDRO	MALE	SENIOR-M	PC TIRAMILLAS	01:25:50.980	+00:12:30.340
32	19	287	LESTON DEL RIO , ADELINO	MALE	MASTER-M		01:25:51.620	+00:12:30.980
33	20	116	QUEIRUGA , MARIO	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:26:16.900	+00:12:56.260
34	21	323	PENA SUÁREZ , JOSÉ MANUEL	MALE	MASTER-M	AD JARNACHAS	01:27:01.880	+00:13:41.240
35	22	53	FIGUEIRA , TOÑO	MALE	MASTER-M	SD BARBANTIA RODA	01:27:25.400	+00:14:04.760
36	23	202	AGEITOS SANLES , FERNANDO	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:28:20.300	+00:14:59.660
37	1	252	FERNANDEZ MEGÍA , EDUARDO	MALE	VET-M	TARTARUGAS	01:28:29.260	+00:15:08.620
38	24	228	CABO AREOSO , JOSE ANTONIO	MALE	MASTER-M	INDEPENDIENTE	01:28:41.140	+00:15:20.500
39	14	308	MURILLO SOLER , JORGE	MALE	SENIOR-M		01:28:44.400	+00:15:23.760
40	25	147	TUBIO DAVILA , JOSE	MALE	MASTER-M		01:28:46.870	+00:15:26.230
41	26	156	VILASOA SILVA , JOSE FRANCISCO	MALE	MASTER-M	S.D. BARBANTIA RODA	01:28:47.000	+00:15:26.360
42	2	72	HOMBRE DOPAZO , PEPE	MALE	VET-M	SACHACAMIÑOS	01:28:58.850	+00:15:38.210
43	15	258	FREIRÍA FERNÁNDEZ , BRUNO	MALE	SENIOR-M		01:29:05.070	+00:15:44.430
44	27	263	GARCIA FANDIÑO , JUAN	MALE	MASTER-M	NOSPORLIMIT	01:29:21.520	+00:16:00.880
45	28	264	GENDRE FERNÁNDEZ , JAVIER	MALE	MASTER-M	TARTARUGAS	01:29:30.530	+00:16:09.890
46	29	345	SANDA ARES , JOSE	MALE	MASTER-M	CASTROSUA TRAIL RUNNING	01:29:50.940	+00:16:30.300
47	30	27	CAMEAN CAMEAN , ROBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:30:02.230	+00:16:41.590
48	31	143	SUEIRO MENDEZ , ANDRÉS	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL B	01:30:14.890	+00:16:54.250
49	32	214	BESADA FILGUEIRAS , FRANCISCO JOSE	MALE	MASTER-M	TRIBU TRAIL	01:30:36.650	+00:17:16.010
50	33	315	OUJO POUSO , GELASIO	MALE	MASTER-M		01:30:47.090	+00:17:26.450
51	34	49	FERNÁNDEZ RENDO , JOSE ANTONIO	MALE	MASTER-M	TRIBU TRAIL	01:30:56.897	+00:17:36.257
52	3	222	BROCOS MAREQUE , EDUARDO	MALE	VET-M	INDEPENDIENTE	01:30:59.550	+00:17:38.910
53	4	218	BLANCO PIAS , FRANCISCO JAVIER	MALE	VET-M	INDEPENDIENTE	01:31:02.510	+00:17:41.870
54	5	125	RIVAS CASTRO , JUAN	MALE	VET-M	CLUB ATLETISMO CAMBADOS - SEGUROS NOVAL	01:31:18.890	+00:17:58.250
55	35	137	SANTIAGO POUSO , ROBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:31:27.840	+00:18:07.200
56	6	13	BOO FARIÑA , SALVADOR	MALE	VET-M	TRIBU TRAIL	01:31:34.370	+00:18:13.730
57	36	68	GONZÁLEZ MARTÍNEZ , JOSE ANTONIO	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	01:31:34.480	+00:18:13.840
58	37	89	LORES MEIS , JOSE MANUEL	MALE	MASTER-M	CLUBE ATLETISMO CAMBADOS - SEGUROS NOVAL	01:31:36.900	+00:18:16.260
59	38	319	PARÍS LÓPEZ , JOSÉ	MALE	MASTER-M	INDEPENDIENTE	01:31:45.650	+00:18:25.010
60	39	138	SANTÓRUM GONZÁLEZ , JORGE	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	01:32:03.310	+00:18:42.670

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61	40	18	BUJÁN GONZÁLEZ , JOSÉ	MALE	MASTER-M	CAO (CLUB ATLETISMO OUTES)	01:32:07.240	+00:18:46.600
62	41	257	FREIRE OTERO , DAVID	MALE	MASTER-M		01:32:09.080	+00:18:48.440
63	42	96	MARTINEZ MANEIRO , ALBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:32:26.320	+00:19:05.680
64	16	97	MARTÍNEZ SÓÑORA , FERNANDO	MALE	SENIOR-M	INDEPENDIENTE	01:32:37.220	+00:19:16.580
65	43	90	LUNA DOMINGUEZ , JUAN	MALE	MASTER-M	TRIBU TRAIL	01:32:50.660	+00:19:30.020
66	17	16	BOULLÓN PÉREZ , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:32:56.860	+00:19:36.220
67	44	326	PEREZ RODRIGUEZ , JESUS EDUARDO	MALE	MASTER-M	BUDIÑORAI	01:33:01.780	+00:19:41.140
68	45	300	MAYO MARTINEZ , JOSE RAMON	MALE	MASTER-M	TRIBU TRAIL	01:33:14.760	+00:19:54.120
69	46	11	BEIS CABANAS , JESÚS A.	MALE	MASTER-M	CLUB ATLETISMO O PINO	01:33:21.520	+00:20:00.880
70	47	15	BOTANA QUEITUGA , VICTOR MANUEL	MALE	MASTER-M	INCOR-AUTOVIDRIO	01:33:24.910	+00:20:04.270
71	18	286	LEDO CASTRO , ADRIÁN	MALE	SENIOR-M	INDEPENDIENTE	01:33:34.960	+00:20:14.320
72	48	205	ALONSO CABALEIRO , OSCAR	MALE	MASTER-M	INDEPENDIENTE	01:33:40.270	+00:20:19.630
73	49	353	TAJES PÉREZ , JESÚS MANUEL	MALE	MASTER-M	TRIBU TRAIL	01:33:48.490	+00:20:27.850
74	19	134	RÚA NÚÑEZ , RAMÓN	MALE	SENIOR-M	INDEPENDIENTE	01:33:50.380	+00:20:29.740
75	20	107	PÉREZ CANTELAR , MARCOS	MALE	SENIOR-M	INDEPENDIENTE	01:34:31.570	+00:21:10.930
76	50	312	OLIVEIRA CASAIS , JESUS MANUEL	MALE	MASTER-M	INDEPENDIENTE	01:34:38.880	+00:21:18.240
77	51	285	LAREO CREO , DANIEL	MALE	MASTER-M	TRIBU TRAIL	01:34:58.960	+00:21:38.320
78	52	37	DIESTE REGADES , SERGIO	MALE	MASTER-M	TRIBU TRAIL	01:34:59.190	+00:21:38.550
79	7	20	BURES MIGUENS , XOSE MANUEL	MALE	VET-M	TRIBU TRAIL	01:35:09.320	+00:21:48.680
80	21	76	IGLESIAS VIGO , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:35:16.300	+00:21:55.660
81	53	56	GARCÍA ABALO , KIKO	MALE	MASTER-M	MAXIKO I MASAXES KIKO	01:35:24.090	+00:22:03.450
82	54	335	REY POMBO , ANTONIO	MALE	MASTER-M	CASTROSUA TRAIL RUNNING	01:35:25.350	+00:22:04.710
83	8	293	MARIÑO GARCIA , JOSE MANUEL	MALE	VET-M	INDEPENDIENTE	01:35:31.070	+00:22:10.430
84	55	211	BARREIRO VÁZQUEZ , RAMON	MALE	MASTER-M		01:35:33.410	+00:22:12.770
85	56	253	FERNANDEZ PAZ , OSCAR	MALE	MASTER-M		01:35:34.300	+00:22:13.660
86	57	240	CORRAL LOPEZ , ANTONIO	MALE	MASTER-M	INDEPENDIENTE	01:35:47.720	+00:22:27.080
87	9	238	CERQUEIRO CONDE , PEPE CERQUEIRO	MALE	VET-M	TAMBRE BIKE & RUNNING	01:35:54.010	+00:22:33.370
88	10	288	LESTON FABEIRO , MIGUEL	MALE	VET-M	TRIBU TRAIL	01:36:01.000	+00:22:40.360
89	58	348	SUÁREZ REY , JESÚS	MALE	MASTER-M		01:36:06.960	+00:22:46.320
90	22	65	GÓMEZ SIEIRA , DAVID	MALE	SENIOR-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:36:18.360	+00:22:57.720

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91	59	229	CAJARAVILLE ARAÚJO , HÉCTOR	MALE	MASTER-M	INDEPENDIENTE	01:36:30.030	+00:23:09.390
92	23	352	SUSO SÁNCHEZ , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	01:36:48.390	+00:23:27.750
93	24	6	BAÑA TOME , PABLO	MALE	SENIOR-M	CDM VÉRTICE	01:36:49.230	+00:23:28.590
94	25	132	ROO MAROÑAS , PABLO	MALE	SENIOR-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:36:50.120	+00:23:29.480
95	11	38	DOMINGUEZ PIÑEIRO , CHEMA	MALE	VET-M	SD BARBANTIA RODA	01:36:55.160	+00:23:34.520
96	26	283	JIMENEZ MICOLA , ROBERTO JOSE	MALE	SENIOR-M		01:37:34.100	+00:24:13.460
97	60	251	FERNANDEZ LANDEIRO , JUAN MANUEL	MALE	MASTER-M	CLUB CICLISMO TRIATLÓN POIO	01:37:35.720	+00:24:15.080
98	61	290	LÓPEZ BALEIRÓN , EDGAR MANUEL	MALE	MASTER-M	S.D.. BARBANTIA RODA	01:37:46.050	+00:24:25.410
99	27	44	FARIÑA PRADO , JAVIER	MALE	SENIOR-M		01:38:07.940	+00:24:47.300
100	12	59	GARCIA MARTÍNEZ , ANGEL	MALE	VET-M	VIRXIGUIANOS TRAIL - SACHACAMIÑOS	01:38:20.840	+00:25:00.200
101	62	73	IBÁÑEZ PEREIRO , AITOR	MALE	MASTER-M	TRIBU TRAIL	01:38:24.740	+00:25:04.100
102	63	350	SUÁREZ VINAGRE , FREDI	MALE	MASTER-M		01:38:28.610	+00:25:07.970
103	1	10	BARROSO PÉREZ , BEATRIZ	FEMALE	MASTER-F	TRIBU TRAIL	01:39:08.400	+00:25:47.760
104	64	124	RIVAS ALENDE , JUAN	MALE	MASTER-M	CAO (CLUB ATLETISMO OUTES)	01:39:14.560	+00:25:53.920
105	1	95	MARTINEZ LAGO , PATI	FEMALE	VET-F	VIRXIGUIANOS TRAIL-SACHACAMIÑOS	01:39:14.830	+00:25:54.190
106	65	14	BOO REIRIZ , JOSÉ MARÍA	MALE	MASTER-M	VIRXIGUIANOS TRAIL - SACHACAMIÑOS	01:39:14.940	+00:25:54.300
107	66	106	PEREIRAS COUTO , ALVARO	MALE	MASTER-M		01:39:35.480	+00:26:14.840
108	67	246	DIZ CHAVES , MANUEL	MALE	MASTER-M	TRIATLON VILAGARCIA	01:39:39.450	+00:26:18.810
109	68	92	MARTINEZ ABAL , ROI	MALE	MASTER-M	CLUB ATLETISMO CAMBADOS - SEGUROS NOVAL	01:40:03.430	+00:26:42.790
110	69	311	NOVO VEIGA , LUIS ALFONSO	MALE	MASTER-M		01:40:13.710	+00:26:53.070
111	70	314	OUJO CASTELO , SANTI	MALE	MASTER-M	ADC ARNELA	01:40:14.740	+00:26:54.100
112	28	305	MONTAÑA COSTAS , BERNARDO	MALE	SENIOR-M	INDEPENDIENTE	01:40:16.620	+00:26:55.980
113	71	7	BARRAL PEREZ , RAMON	MALE	MASTER-M	INDEPENDIENTE	01:40:30.810	+00:27:10.170
114	72	57	GARCIA BLANCO , DIEGO	MALE	MASTER-M		01:40:48.830	+00:27:28.190
115	73	114	PINTADO COSTA , JUAN MANUEL	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	01:40:59.360	+00:27:38.720
116	74	43	FANDIÑO GARCIA , OSCAR	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	01:40:59.400	+00:27:38.760
117	75	3	ALDREY RAICES , JOSE MANUEL	MALE	MASTER-M	PRAIA DE CARNOTA RUNNERS	01:41:17.860	+00:27:57.220
118	76	83	LAMAS POSE , XOSÉ MANUEL	MALE	MASTER-M		01:41:47.210	+00:28:26.570
119	29	361	VÁZQUEZ GARCÍA , ISMAEL	MALE	SENIOR-M	INDEPENDIENTE	01:41:57.540	+00:28:36.900
120	13	284	JUNCAL COSTA , ANTON	MALE	VET-M	TAMBRE RUNNYNG	01:42:02.740	+00:28:42.100

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121	77	331	QUINTELA MARTÍNEZ , IBÁN	MALE	MASTER-M	TARTARUGAS	01:42:38.860	+00:29:18.220
122	78	145	TORRES , JOSE	MALE	MASTER-M	INDEPENDIENTE	01:42:38.900	+00:29:18.260
123	30	215	BLANCO FIGUEIRAS , JOSE MANUEL	MALE	SENIOR-M		01:42:47.620	+00:29:26.980
124	79	248	FERNANDEZ BALADO , JUAN	MALE	MASTER-M	CLUB ATLETISMO FONTES DO SAR	01:43:17.540	+00:29:56.900
125	14	9	BARREIRO PADIN , ALFONSO	MALE	VET-M	C. D. RÍA DE AROUSA	01:43:18.770	+00:29:58.130
126	80	23	CABEZAL , ALEJANDRO	MALE	MASTER-M	SACHACAMIÑOS	01:43:23.253	+00:30:02.613
127	81	209	BARREIRO GÓMEZ , GUSTAVO	MALE	MASTER-M	INDEPENDIENTE	01:43:30.610	+00:30:09.970
128	31	307	MUÑIZ SANVICENTE , MIGUEL	MALE	SENIOR-M	BARBANTIA RODA	01:43:44.050	+00:30:23.410
129	82	235	CASÁS CASÁS , JOSÉ MANUEL	MALE	MASTER-M	INDEPENDIENTE	01:43:45.560	+00:30:24.920
130	83	341	ROMERO PARADA , KIKO	MALE	MASTER-M	S.D.. BARBANTIA RODA	01:44:08.170	+00:30:47.530
131	15	115	PORTA RODEIRO , FRAN	MALE	VET-M	INDEPENDIENTE	01:44:14.690	+00:30:54.050
132	16	342	ROMERO OLVEIRA , JOSÉ MANUEL	MALE	VET-M	CLUB ATLETISMO SAMIL	01:44:19.420	+00:30:58.780
133	32	220	BRENLLA FAJIN , SATIRO	MALE	SENIOR-M	TARTARUGAS	01:44:48.680	+00:31:28.040
134	84	142	SOTO BUCETA , SERGIO	MALE	MASTER-M	C.A.CAMBADOS - SEG.NOVAL	01:44:55.240	+00:31:34.600
135	33	346	SANMARCO JANEIRO , FABIÁN	MALE	SENIOR-M	INDEPENDIENTE	01:45:03.540	+00:31:42.900
136	2	338	RODRIGUEZ LOURO , PAULA	FEMALE	MASTER-F	INDEPENDIENTE	01:45:19.050	+00:31:58.410
137	34	237	CASTRO SOUTO , ALFONSO JAVIER	MALE	SENIOR-M	GMTA&CHUVONERS	01:45:25.840	+00:32:05.200
138	85	224	CAAMAÑO LUHÍA , JOAQUÍN	MALE	MASTER-M		01:45:44.600	+00:32:23.960
139	86	47	FERNANDEZ OLIVEIRA , JUAN CARLOS	MALE	MASTER-M	INDEPENDIENTE	01:45:45.770	+00:32:25.130
140	87	265	GIL MARTINEZ , JOSE ANGEL	MALE	MASTER-M		01:46:08.600	+00:32:47.960
141	88	364	VELOSO MARTÍNEZ , IVAN	MALE	MASTER-M		01:46:19.800	+00:32:59.160
142	89	278	IGLESIAS PARDO , TINO	MALE	MASTER-M	CLUB ATLETISMO FONTES DO SAR	01:46:22.330	+00:33:01.690
143	90	261	GARCÍA DA CUÑA , RUBEN	MALE	MASTER-M	CD RÍA DE AROUSA O GROVE	01:46:26.580	+00:33:05.940
144	35	112	PINEDA REIRIZ , SERGIO	MALE	SENIOR-M	INDEPENDIENTE	01:46:42.913	+00:33:22.273
145	3	217	BLANCO PÉREZ , ANA	FEMALE	MASTER-F	CDM VERTICE	01:46:49.020	+00:33:28.380
146	91	111	PESTONIT FREIRE , NOE	MALE	MASTER-M	TRIBU TRAIL	01:47:03.250	+00:33:42.610
147	1	206	AMADO FERNANDEZ , NOELIA	FEMALE	SENIOR-F		01:47:14.200	+00:33:53.560
148	36	225	CAAMAÑO SIEIRA , JOSE	MALE	SENIOR-M	A.D DOWNHILL	01:47:14.880	+00:33:54.240
149	92	273	GONZALEZ GONZALEZ , ALBERTO	MALE	MASTER-M	C.D. RIA DE AROUSA	01:47:17.830	+00:33:57.190
150	37	2	ADRIO RODRÍGUEZ , ANDRÉ	MALE	SENIOR-M	C.A.R. MARISQUEIRO	01:47:21.600	+00:34:00.960

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151	2	259	GARCÍA ABALO , MADA	FEMALE	VET-F		01:47:22.430	+00:34:01.790
152	38	41	DOVAL BARREIRO , HUGO	MALE	SENIOR-M	TRI VILAGARCIA	01:48:04.530	+00:34:43.890
153	93	30	CASAL SANTOS , MARCOS	MALE	MASTER-M	INDEPENDIENTE	01:48:05.920	+00:34:45.280
154	94	347	SUÁREZ NOYA , JOSÉ ANTONIO	MALE	MASTER-M	INDEPENDIENTE	01:48:06.390	+00:34:45.750
155	17	60	GARCÍA RODRÍGUEZ , JUAN MANUEL	MALE	VET-M	TRAIL BARBANZA	01:48:18.570	+00:34:57.930
156	95	303	MIGUEZ MIGUEZ , LUIS	MALE	MASTER-M	CASTROSUA TRAIL RUNNING	01:48:37.070	+00:35:16.430
157	18	128	RODRIGUEZ JURJO , VITOR MANUEL	MALE	VET-M	INDEPENDIENTE	01:48:53.480	+00:35:32.840
158	96	22	BUSTO GALLARDO , JOSE MANUEL	MALE	MASTER-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:49:06.040	+00:35:45.400
159	97	366	VIDAL SIEIRA , JOSÉ MANUEL	MALE	MASTER-M	INDEPENDIENTE	01:49:14.320	+00:35:53.680
160	98	207	AREVALILLO ROMERO , SERGIO	MALE	MASTER-M	TRIBU TRAIL	01:49:27.880	+00:36:07.240
161	4	295	MARTINEZ ARIAS , NATALIA	FEMALE	MASTER-F		01:49:46.280	+00:36:25.640
162	39	39	DOMÍNGUEZ SÁNCHEZ , EMILIO	MALE	SENIOR-M	INDEPENDIENTE	01:49:49.730	+00:36:29.090
163	19	52	FERNÁNDEZ VALENCIA , PABLO	MALE	VET-M	ATHLOS	01:50:13.200	+00:36:52.560
164	99	340	ROMAY SIEIRA , JUAN FRANCISCO	MALE	MASTER-M		01:50:23.650	+00:37:03.010
165	5	122	RIAÑO LUEIRO , NOELIA	FEMALE	MASTER-F	TRIBU TRAIL	01:50:27.690	+00:37:07.050
166	100	321	PAZ SILVA , ADÁN	MALE	MASTER-M	INDEPENDIENTE	01:50:28.780	+00:37:08.140
167	101	306	MUÑIZ FERNÁNDEZ , JESÚS ANDRÉS	MALE	MASTER-M	OS REVENTADOS	01:51:12.130	+00:37:51.490
168	102	221	BRETAL BAZARRA , VENTURA	MALE	MASTER-M	AUTOESCOLA MIGUEL	01:51:30.020	+00:38:09.380
169	6	100	NOYA SERRAMO , VERÓNICA	FEMALE	MASTER-F	CAO (CLUB ATLETISMO OUTES)	01:51:37.450	+00:38:16.810
170	103	249	FERNÁNDEZ CALVO , XOSE	MALE	MASTER-M	AUTOESCOLA MIGUEL	01:52:16.380	+00:38:55.740
171	104	317	PARCERO SÁNCHEZ , ABEL	MALE	MASTER-M	KAOS KRAV MAGA	01:52:39.000	+00:39:18.360
172	105	210	BARREIRO GONZÁLEZ , JORGE	MALE	MASTER-M	INDEPENDIENTE	01:52:40.870	+00:39:20.230
173	20	81	LAGO MOLEDO , MANUEL	MALE	VET-M	CAO (CLUB ATLETISMO OUTES)	01:52:56.690	+00:39:36.050
174	106	324	PEREIRA RIO , SERGIO	MALE	MASTER-M	INDEPENDIENTE	01:52:59.640	+00:39:39.000
175	40	94	MARTINEZ FANDIÑO , DIEGO	MALE	SENIOR-M	C. ATLETISMO-CAMBADOS SEGUROS NOVAL	01:53:06.640	+00:39:46.000
176	3	241	CORTÓN TESOURO , MAIUCA	FEMALE	VET-F		01:53:33.910	+00:40:13.270
177	107	282	INSUA PAZOS , EMILIO J.	MALE	MASTER-M	C.D. PORTOSIN	01:53:34.150	+00:40:13.510
178	41	40	DOPAZO REGUEIRO , PABLO ANTONIO	MALE	SENIOR-M	NETSPACE 3&RUN	01:53:45.370	+00:40:24.730
179	42	275	GRILLE OTERO , BERNABÉ	MALE	SENIOR-M	INDEPENDIENTE	01:54:30.410	+00:41:09.770
180	4	363	VEIGA BERMEJO , ARACELI	FEMALE	VET-F		01:55:01.550	+00:41:40.910

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181	43	136	SANCHEZ , HAROLD	MALE	SENIOR-M		01:55:19.100	+00:41:58.460
182	108	329	PIÑEIRO VÁZQUEZ , JOSÉ VICENTE	MALE	MASTER-M	CLUB ATLETISMO FONTES DO SAR	01:55:34.020	+00:42:13.380
183	109	354	TATO SOTO , VICTOR MANUEL	MALE	MASTER-M	KORPOREARENTEIROTRAIL	01:55:38.450	+00:42:17.810
184	21	327	PEREZ SUSAVILA , ANGEL	MALE	VET-M	INDEPENDIENTE	01:55:40.210	+00:42:19.570
185	110	152	VIDAL MARTINEZ , RUBÉN	MALE	MASTER-M	LOS CHAVALES	01:55:58.940	+00:42:38.300
186	111	71	HERNANDEZ PEREIRA , IAGO	MALE	MASTER-M	INDEPENDIENTE	01:56:00.720	+00:42:40.080
187	5	51	FERNANDEZ VALENCIA , MERCEDES	FEMALE	VET-F		01:56:06.970	+00:42:46.330
188	112	299	MARTINEZ QUEIRUGA , JUAN LUIS	MALE	MASTER-M	NATURAL OUTDOOR EXPERIENCIES	01:56:15.570	+00:42:54.930
189	113	230	CALVO LÓPEZ , GERARDO	MALE	MASTER-M		01:56:37.010	+00:43:16.370
190	7	256	FIGUEIRA REY , ROSA MARÍA	FEMALE	MASTER-F	TRIBU TRAIL	01:56:39.540	+00:43:18.900
191	114	313	PAZOS LOPEZ , ALEJANDRO	MALE	MASTER-M	INDEPENDIENTE	01:57:05.090	+00:43:44.450
192	115	144	TORRADO VIDAL , JOSE RAMON	MALE	MASTER-M		01:57:11.240	+00:43:50.600
193	6	356	TOREA TOREA , ELENA	FEMALE	VET-F	CLUB DE ATLETISMO DE LOUSAME-DEPORTES HERMIDA	01:57:31.100	+00:44:10.460
194	44	82	LAGOS PEREIR , ANTONIO	MALE	SENIOR-M	CDM VÉRTICE	01:57:43.630	+00:44:22.990
195	116	8	BARREIRO LÓPEZ , RAFA	MALE	MASTER-M	CDM VÉRTICE	01:57:43.890	+00:44:23.250
196	117	50	FERNANDEZ SIEIRA , ERNESTO	MALE	MASTER-M	INDEPENDIENTE	01:58:59.220	+00:45:38.580
197	45	281	INSUA FERNÁNDEZ , ANDRÉS	MALE	SENIOR-M		01:59:03.990	+00:45:43.350
198	22	123	RÍOS GIMÉNEZ , ADOLFO OMAR	MALE	VET-M	CLUBE ATLETISMO BOIMORTO	01:59:08.470	+00:45:47.830
199	118	119	RAMOS CANOSA , JORGE MANUEL	MALE	MASTER-M		01:59:18.940	+00:45:58.300
200	7	204	AGUIN TRELLES , MARGARITA	FEMALE	VET-F	C.D. RIA DE AROUSA	01:59:34.210	+00:46:13.570
201	119	333	REVILLA ORTIZ , IGNACIO	MALE	MASTER-M		01:59:35.700	+00:46:15.060
202	120	201	AGEITOS GARCÍA , IGNACIO MANUEL	MALE	MASTER-M	INDEPENDIENTE	01:59:52.610	+00:46:31.970
203	8	42	ESTÉVEZ VÁZQUEZ , ROSA	FEMALE	MASTER-F	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	01:59:53.530	+00:46:32.890
204	46	322	RAMOS MIRANDA , RUBÉN	MALE	SENIOR-M	INDEPENDIENTE	01:59:57.440	+00:46:36.800
205	23	126	RODRÍGUEZ FERNÁNDEZ , RICARDO JULIO	MALE	VET-M	CAO (CLUB ATLETISMO OUTES)	02:00:15.093	+00:46:54.453
206	2	148	TUBÍO TUBÍO , VANESA	FEMALE	SENIOR-F	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	02:00:15.230	+00:46:54.590
207	47	309	NEGREIRA POUSO , JOSÉ RAMÓN	MALE	SENIOR-M		02:00:37.370	+00:47:16.730
208	121	351	SUEIRO TRIGO , PABLO	MALE	MASTER-M	INDEPENDIENTE	02:02:09.420	+00:48:48.780
209	48	98	MAYÁN MARTÍNEZ , MIGUEL	MALE	SENIOR-M	TRIBU TRAIL	02:02:15.280	+00:48:54.640
210	24	244	DIEGO TRAVIESO , JOSÉ GABRIEL	MALE	VET-M	INDEPENDIENTE	02:02:18.530	+00:48:57.890

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211	122	330	QUERENTES SANTOS , JORGE	MALE	MASTER-M	AUTOESCOLA MIGUEL	02:02:28.130	+00:49:07.490
212	25	272	GONZALEZ COBO , RESTITUTO	MALE	VET-M	INDEPENDIENTE	02:02:32.510	+00:49:11.870
213	26	262	GARCÍA ESMORIS , JOSÉ LUIS	MALE	VET-M	INDEPENDIENTE	02:02:52.410	+00:49:31.770
214	49	271	GÓMEZ VIDAL , ANDRÉS	MALE	SENIOR-M		02:03:55.470	+00:50:34.830
215	123	232	CANOURA ABEIJON , MANUEL	MALE	MASTER-M	PONTRAIL	02:03:59.230	+00:50:38.590
216	9	260	GARCIA BEIRO , CRISTINA	FEMALE	MASTER-F	CLUB ATLETISMO OUTES	02:03:59.270	+00:50:38.630
217	10	61	GARRIDO MIGUEZ , MARA	FEMALE	MASTER-F	CD RIA DE AROUSA	02:04:02.140	+00:50:41.500
218	11	213	BELLO NINE , ANA	FEMALE	MASTER-F	S.D.. BARBANTIA RODA	02:04:02.410	+00:50:41.770
219	124	343	RUIZ SEIJO , CARLOS	MALE	MASTER-M	A.D.R. VARA E PEDAL	02:04:42.910	+00:51:22.270
220	50	349	SUÁREZ VIDAL , MANUEL	MALE	SENIOR-M	INDEPENDIENTE	02:05:11.990	+00:51:51.350
221	51	227	CABARCOS REY , ADRIÁN	MALE	SENIOR-M	INDEPENDIENTE	02:05:12.410	+00:51:51.770
222	125	301	MAYO ROMERO , ISMAEL	MALE	MASTER-M	AUTOESCOLA MIGUEL	02:05:18.910	+00:51:58.270
223	52	336	RODRÍGUEZ DEÁN , JUAN LUÍS	MALE	SENIOR-M	INDEPENDIENTE	02:05:19.240	+00:51:58.600
224	53	101	ORDOÑEZ PARDEIRO , DAMIAN	MALE	SENIOR-M	INDEPENDIENTE	02:05:42.500	+00:52:21.860
225	126	239	CONS LAMAS , SANTIAGO	MALE	MASTER-M	TARTARUGAS	02:06:01.900	+00:52:41.260
226	3	316	PARADA ABEIJON , LUCIA	FEMALE	SENIOR-F		02:06:18.910	+00:52:58.270
227	4	268	GÓMEZ MAGIDE , MIRIAN	FEMALE	SENIOR-F	INDEPENDIENTE	02:06:19.340	+00:52:58.700
228	127	357	TOURÓN VÁZQUEZ , RUBÉN	MALE	MASTER-M	RUNING SARRIA	02:06:19.660	+00:52:59.020
229	54	219	BREA CUMPLIDO , JUANJO	MALE	SENIOR-M		02:07:17.240	+00:53:56.600
230	12	216	BLANCO MARTINEZ , MARTA	FEMALE	MASTER-F	INDEPENDIENTE	02:08:00.830	+00:54:40.190
231	27	157	VLLANUSTRE ABUIN , GERMAN	MALE	VET-M	SD BARBANTIA.RODA	02:08:13.240	+00:54:52.600
232	55	355	TOMÉ POUSO , IGNACIO	MALE	SENIOR-M	INDEPENDIENTE	02:08:13.890	+00:54:53.250
233	8	153	VIGO LIÑARES , ANA	FEMALE	VET-F	ATLETISMO FONTES DO SAR	02:08:19.680	+00:54:59.040
234	56	296	MARTINEZ BLAZQUEZ , BORJA	MALE	SENIOR-M		02:08:51.060	+00:55:30.420
235	9	150	VEIGA BLANCO , MONTSE	FEMALE	VET-F	ATLETISMO FONTES DO SAR	02:08:52.520	+00:55:31.880
236	128	245	DIESTE SÁNCHEZ , SANTIAGO	MALE	MASTER-M	INDEPENDIENTE	02:08:52.940	+00:55:32.300
237	13	113	PIÑEIRO SANTORUN , NESTI	FEMALE	MASTER-F	C. ATLETISMO-CAMBADOS SEGUROS NOVAL	02:08:54.190	+00:55:33.550
238	10	36	DÍAZ PORTAS , ANA	FEMALE	VET-F	INDEPENDIENTE	02:09:55.330	+00:56:34.690
239	28	93	MARTINEZ CALO , ANGEL	MALE	VET-M	VIRXIGUIANOS TRAIL - SACHACAMIÑOS	02:12:03.870	+00:58:43.230
240	129	102	OTERO DIAZ , LUIS	MALE	MASTER-M	CD RIA DE AROUSA	02:12:37.870	+00:59:17.230

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241	130	243	DÍAZ PEREIRO , DAVID	MALE	MASTER-M	INDEPENDIENTE	02:12:46.510	+00:59:25.870
242	14	304	MOJEDA MARTINEZ , PATRICIA	FEMALE	MASTER-F		02:12:46.700	+00:59:26.060
243	29	77	INSUA PAZOS , JOSÉ	MALE	VET-M		02:13:11.060	+00:59:50.420
244	5	242	CURES RODRIGUEZ , VERÓNICA	FEMALE	SENIOR-F	A.D DOWNHILL	02:14:31.200	+01:01:10.560
245	57	130	ROMERO SANTOS , JUAN RAMÓN	MALE	SENIOR-M		02:15:03.050	+01:01:42.410
246	15	360	VARELA FONTELA , ALEJANDRA	FEMALE	MASTER-F	CLUB ATLETISMO FONTES DO SAR	02:16:12.170	+01:02:51.530
247	131	255	FFREIRE DOMÍNGUEZ , ROMAN	MALE	MASTER-M	KAOS KRAV MAGA	02:16:28.190	+01:03:07.550
248	132	269	GOMEZ MARTINEZ , ALBERTO	MALE	MASTER-M		02:17:37.390	+01:04:16.750
249	6	344	SAMPEDRO GARCIA , AMANDA	FEMALE	SENIOR-F		02:17:49.710	+01:04:29.070
250	16	58	GARCÍA CASTELO , MARÍA	FEMALE	MASTER-F	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	02:19:59.650	+01:06:39.010
251	11	154	VIGO LIÑARES , CHELO	FEMALE	VET-F	ATLETISMO FONTES DO SAR	02:22:52.640	+01:09:32.000
252	7	223	BUITURON FERNÁNDEZ , LETICIA	FEMALE	SENIOR-F	ATLETISMO SAR VERMU PETRONI	02:30:06.450	+01:16:45.810
253	58	78	JAMARDO PORTAS , RAUL	MALE	SENIOR-M	CLUBE ACCIONA	02:30:32.370	+01:17:11.730
254	30	325	PEREZ DE LIS ALVAREZ , MANUEL	MALE	VET-M	ATHLETICS F. SAN LAZARO	02:30:36.900	+01:17:16.260
255	31	121	RIAL PAIS , PEPE	MALE	VET-M	CAO (CLUB ATLETISMO OUTES)	02:32:57.030	+01:19:36.390
256	17	120	RIAL GARCÍA , ROSANA	FEMALE	MASTER-F	CAO (CLUB ATLETISMO OUTES)	02:32:57.390	+01:19:36.750
257	12	337	RODRÍGUEZ GARCÍA , MARIA LUZ	FEMALE	VET-F		02:32:58.370	+01:19:37.730
258	32	289	LODEIRO SÁNCHEZ , JOSÉ ALBERTO	MALE	VET-M		02:32:59.340	+01:19:38.700
259	33	233	CARBALLEIRA HORTAS , XOSE MANUEL	MALE	VET-M	INDEPENDIENTE	02:36:56.920	+01:23:36.280
260	18	12	BLANCO TORRADO , IRENE	FEMALE	MASTER-F	S.D. BARBANTIA RODA	02:37:58.470	+01:24:37.830
261	133	276	GUILLÍN GÓMEZ , GUSTAVO	MALE	MASTER-M	WILDBOAR	02:41:57.990	+01:28:37.350
262	59	297	MARTINEZ DOMINGUEZ , JOSÉ ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	02:42:54.660	+01:29:34.020
263	60	226	CAAMAÑO SIEIRA , JOSE ANTONIO	MALE	SENIOR-M	CLUBE BTT TRIATLON O TREITO	02:42:54.790	+01:29:34.150
264	134	266	GIL PEREIRA , JAVIER	MALE	MASTER-M	TARTARUGAS	02:44:41.430	+01:31:20.790
265	19	267	GOMEZ , PILAR	FEMALE	MASTER-F	INDEPENDIENTE	02:44:41.600	+01:31:20.960
266	20	55	FRANCO RESUA , PILI	FEMALE	MASTER-F	SACHACAMIÑOS	02:46:29.990	+01:33:09.350