

# AROUSA REVOLUTRION TRAIL SERIES 2017

26 MARZO 2017



## - TRAIL DE CASTRO BARBUDO -

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	OFICIAL	RITMO
1	1	188	GOMEZ RIOS , JOSE ANTONIO	MALE	SENIOR-M	LANJRANS	01:05:11.280	<b>01:05:13.897</b>	04:34 min/Km
2	2	159	CANDA LOUZAO , JOSE	MALE	SENIOR-M	AZERVAÑAN	01:06:21.360	<b>01:06:24.417</b>	04:39 min/Km
3	3	1	RODRÍGUEZ BOGA , LOÍS	MALE	SENIOR-M	REVOLUTRION TRAIL RACING TEAM	01:08:46.020	<b>01:08:48.387</b>	04:49 min/Km
4	4	243	REQUEIJO REQUEIJO , SERGIO	MALE	SENIOR-M	AZERVAÑAN	01:09:29.180	<b>01:09:32.287</b>	04:52 min/Km
5	1	275	TURNES SOUTO , JOSÉ LUIS	MALE	VETERAN-M	INDEPENDIENTE	01:09:35.380	<b>01:09:40.137</b>	04:53 min/Km
6	5	200	JUANATEY GARCIA , CARLOS	MALE	SENIOR-M	LANJRANS	01:09:43.980	<b>01:09:47.337</b>	04:53 min/Km
7	6	192	HERMELO , ÁLEX	MALE	SENIOR-M	CD SAN PAIO A ESTRADA	01:10:46.470	<b>01:10:49.047</b>	04:58 min/Km
8	7	69	LORENZO BUCETA , HÉCTOR	MALE	SENIOR-M	TRIBU TRAIL	01:10:56.910	<b>01:11:00.457</b>	04:58 min/Km
9	2	9	BARRAL VARELA , JUAN JESUS	MALE	VETERAN-M	GRAMOLA GTR	01:11:30.000	<b>01:11:32.987</b>	05:01 min/Km
10	8	61	IGLESIAS TORRES , JOSE MANUEL	MALE	SENIOR-M	NOITEBRA	01:11:37.410	<b>01:11:40.397</b>	05:01 min/Km
11	9	155	BOUZAS GOMEZ , SERGIO	MALE	SENIOR-M	TRIBU TRAIL	01:11:39.150	<b>01:11:42.227</b>	05:01 min/Km
12	10	203	LEÓN VIÑAS , RICARDO	MALE	SENIOR-M	LANJRANS	01:11:39.420	<b>01:11:43.227</b>	05:01 min/Km
13	11	96	PICOS REY , RAMÓN	MALE	SENIOR-M	TRIBU TRAIL	01:11:41.740	<b>01:11:45.537</b>	05:02 min/Km
14	12	29	CES CRISTOBO , MANUEL	MALE	SENIOR-M	TRIBU TRAIL	01:11:45.860	<b>01:11:48.887</b>	05:02 min/Km
15	13	130	YAÑEZ ORDOÑEZ , DAVID	MALE	SENIOR-M	INDEPENDIENTE	01:14:11.910	<b>01:14:15.457</b>	05:12 min/Km
16	14	267	SOCIAS PINTO , LLORENÇ	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:14:20.600	<b>01:14:24.747</b>	05:13 min/Km
17	15	108	RODRÍGUEZ OTERO , MARIO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:15:20.400	<b>01:15:23.707</b>	05:17 min/Km
18	16	146	ARIAS ALVAREZ , HUGO	MALE	SENIOR-M	CDM VÉRTICE	01:16:03.640	<b>01:16:06.267</b>	05:20 min/Km
19	17	97	PIÑEIRO LAMAS , RAMON	MALE	SENIOR-M	INDEPENDIENTE	01:16:09.280	<b>01:16:14.077</b>	05:20 min/Km
20	3	132	FERNÁNDEZ TORRES , OLIVIER	MALE	VETERAN-M	TRIATLON RIVEIRA	01:16:32.270	<b>01:16:36.727</b>	05:22 min/Km
21	4	40	FERNÁNDEZ RENDO , JOSE ANTONIO	MALE	VETERAN-M	GRAMOLA GTR	01:16:40.100	<b>01:16:43.917</b>	05:22 min/Km
22	5	79	MIGUEZ GUILLAN , FRANCISCO	MALE	VETERAN-M	C. D. RIA DE AROUSA	01:16:42.950	<b>01:16:46.177</b>	05:23 min/Km
23	18	38	FERNANDEZ DOMINGUEZ , ADRIAN	MALE	SENIOR-M	TRIBU TRAIL	01:16:49.810	<b>01:16:53.277</b>	05:23 min/Km
24	19	77	MELEIRO FERNANDEZ , EMILIO	MALE	SENIOR-M	TARTARUGAS	01:17:08.750	<b>01:17:12.707</b>	05:24 min/Km
25	6	59	HOMBRE DOPAZO , PEPE	MALE	VETERAN-M	NATURAL SPORT	01:17:29.980	<b>01:17:36.077</b>	05:26 min/Km
26	20	28	CERQUEIRO BARREIRO , VICTOR MANUEL	MALE	SENIOR-M	VELAIBIKE CORRENDO	01:17:39.820	<b>01:17:45.017</b>	05:27 min/Km
27	21	273	TEMBRA PENEIREIRO , LUIS	MALE	SENIOR-M	CLUB NATACIÓN RIBEIRA	01:17:41.700	<b>01:17:46.757</b>	05:27 min/Km
28	22	118	SUAREZ DOSIL , ROGER	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:17:43.210	<b>01:17:47.937</b>	05:27 min/Km
29	23	23	CALVO VITURRO , SANTIAGO	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:17:52.550	<b>01:17:54.967</b>	05:27 min/Km
30	7	76	MAYO MARTINEZ , JOSE RAMON	MALE	VETERAN-M	TRIBU TRAIL	01:17:56.030	<b>01:17:59.077</b>	05:28 min/Km
31	24	70	LORENZO GUIMARANS , FERNANDO	MALE	SENIOR-M	INDEPENDIENTE	01:18:03.090	<b>01:18:07.747</b>	05:28 min/Km
32	8	18	BRANDÓN RODRÍGUEZ , JUAN CARLOS	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:18:17.740	<b>01:18:23.717</b>	05:29 min/Km
33	25	284	VIDAL MARTÍNEZ , HÉCTOR	MALE	SENIOR-M	LOS CHAVALES	01:18:20.870	<b>01:18:24.827</b>	05:30 min/Km
34	26	53	GOMEZ OURILLE , NICOLAS	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:18:20.030	<b>01:18:25.107</b>	05:30 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	OFICIAL	RITMO
35	9	280	VÁZQUEZ GARCÍA , DIEGO	MALE	VETERAN-M	CLUBE ATLETISMO BOIMORTO-GMTA	01:18:07.420	<b>01:18:28.557</b>	05:30 min/Km
36	27	25	CASAL SANTOS , MARCOS	MALE	SENIOR-M		01:18:29.880	<b>01:18:35.647</b>	05:30 min/Km
37	10	216	MARTINEZ SILVEIRA , LUIS	MALE	VETERAN-M	CLUB DE MONTAÑA VÉRTICE	01:18:34.120	<b>01:18:36.777</b>	05:30 min/Km
38	11	45	FIGUEIRA , TOÑO	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:18:34.180	<b>01:18:38.617</b>	05:30 min/Km
39	12	24	CAO GARCÍA , JOSE MANUEL	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:18:46.810	<b>01:18:54.347</b>	05:32 min/Km
40	28	269	SUÁREZ GIADÁS , JAVIER	MALE	SENIOR-M	AZERVAÑAN	01:19:04.866	<b>01:19:04.867</b>	05:32 min/Km
41	29	106	RODRÍGUEZ FERNÁNDEZ , XOSEMARÍA	MALE	SENIOR-M		01:19:14.290	<b>01:19:19.627</b>	05:33 min/Km
42	30	27	CASTRO SAMPEDRO , JAVIER	MALE	SENIOR-M	NATURAL	01:19:22.310	<b>01:19:29.077</b>	05:34 min/Km
43	13	15	BOO FARIÑA , SALVADOR	MALE	VETERAN-M	TRIBU TRAIL	01:19:43.400	<b>01:19:47.737</b>	05:35 min/Km
44	31	95	PESTONIT FREIRE , NOE	MALE	SENIOR-M	TRIBU TRAIL	01:19:43.820	<b>01:19:48.207</b>	05:35 min/Km
45	32	17	BOUZA PORTA , LUIS MIGUEL	MALE	SENIOR-M	PC SANTA MARTA ORTIGUEIRA	01:19:54.300	<b>01:20:00.207</b>	05:36 min/Km
46	33	157	BUGALLO MOURIÑO , BORJA	MALE	SENIOR-M	INDEPENDIENTE	01:20:03.740	<b>01:20:17.357</b>	05:37 min/Km
47	34	202	LENS COSTA , JESUS	MALE	SENIOR-M	CLUBE ATLETISMO NEGREIRA	01:20:28.860	<b>01:20:35.717</b>	05:39 min/Km
48	35	237	PONTE IGLESIAS , DAVID	MALE	SENIOR-M	MARRANERS	01:20:46.120	<b>01:20:54.457</b>	05:40 min/Km
49	36	120	TOBIO GOMEZ , FERNANDO	MALE	SENIOR-M	INDEPENDIENTE	01:21:00.650	<b>01:21:04.627</b>	05:41 min/Km
50	14	86	PENA SUÁREZ , JOSE MANUEL	MALE	VETERAN-M		01:21:02.890	<b>01:21:19.497</b>	05:42 min/Km
51	37	128	VILASOA SILVA , JOSE FRANCISCO	MALE	SENIOR-M	OS AFORCADOS MTB	01:21:20.350	<b>01:21:27.137</b>	05:42 min/Km
52	15	254	ROMERO OLVEIRA , JOSÉ MANUEL	MALE	VETERAN-M		01:21:33.450	<b>01:21:39.357</b>	05:43 min/Km
53	38	167	COUCE GARCIA , ANTONIO	MALE	SENIOR-M	LANJRANS	01:21:32.590	<b>01:21:40.927</b>	05:43 min/Km
54	39	161	CASTRO LISTA , JOSÉ ANTONIO	MALE	SENIOR-M	RUINNERS COMPOSTELA	01:21:47.580	<b>01:21:57.897</b>	05:44 min/Km
55	40	195	IGLESIAS AMORES , MIGUEL	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	01:22:14.000	<b>01:22:18.727</b>	05:46 min/Km
56	41	121	TUBÍO DAVILA , JOSE	MALE	SENIOR-M	TRIBU TRAIL	01:22:23.450	<b>01:22:29.137</b>	05:47 min/Km
57	42	246	RIVAS ALENDE , JUAN	MALE	SENIOR-M	NOITEBRA F.C.	01:22:45.070	<b>01:22:50.367</b>	05:48 min/Km
58	43	31	CONDE TATO , JOSE ANGEL	MALE	SENIOR-M	GYM TONIC	01:22:42.590	<b>01:22:53.177</b>	05:48 min/Km
59	16	245	REY SOUTO , JESÚS ENRIQUE	MALE	VETERAN-M	CLUBE ATLETISMO BOIMORTO-GMTA	01:22:39.970	<b>01:22:57.577</b>	05:49 min/Km
60	44	228	OUTEIRAL DAVILA , RAUL	MALE	SENIOR-M	IMMORTALS	01:22:54.350	<b>01:22:58.287</b>	05:49 min/Km
61	17	20	BURES MIGUENS , XOSE MANUEL	MALE	VETERAN-M	TRIBU TRAIL	01:23:48.569	<b>01:23:48.570</b>	05:52 min/Km
62	45	259	SAN MARCIAL BARBOSA , ADRIAN	MALE	SENIOR-M	INDEPENDIENTE	01:24:38.310	<b>01:24:41.307</b>	05:56 min/Km
63	46	142	AGEITOS SANTOS , AGUSTIN	MALE	SENIOR-M	INDEPENDIENTE	01:24:35.690	<b>01:24:46.687</b>	05:56 min/Km
64	47	172	FERNÁNDEZ DEVESA , JULIO	MALE	SENIOR-M	CD RIA DE AROUSA	01:24:47.910	<b>01:24:51.807</b>	05:57 min/Km
65	48	7	ASTRAY LÓPEZ , PABLO	MALE	SENIOR-M	INDEPENDIENTE	01:25:10.800	<b>01:25:19.367</b>	05:58 min/Km
66	18	265	SEXTO RIVAS , GUSTAVO	MALE	VETERAN-M		01:25:12.450	<b>01:25:20.337</b>	05:59 min/Km
67	49	240	QUINTANS GARCIA , FRANCISCO JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:25:12.270	<b>01:25:20.657</b>	05:59 min/Km
68	19	50	GARCÍA TEIRA , RAMÓN M.	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:25:30.530	<b>01:25:36.327</b>	05:60 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	OFICIAL	RITMO
69	20	175	FILGUEIRA MELENDEZ , JOSE	MALE	VETERAN-M	INDEPENDIENTE	01:25:40.656	<b>01:25:40.657</b>	05:60 min/Km
70	50	89	PEREIRAS COUTO , ALVARO	MALE	SENIOR-M	INDEPENDIENTE	01:25:59.900	<b>01:26:07.007</b>	06:02 min/Km
71	51	201	LADO TORRES , JOSE CARLOS	MALE	SENIOR-M	INCOR	01:26:05.740	<b>01:26:16.017</b>	06:02 min/Km
72	52	253	ROMAR VILLAVERDE , MARCOS	MALE	SENIOR-M		01:26:11.640	<b>01:26:21.867</b>	06:03 min/Km
73	53	10	BARREIRO LOPEZ , RAFAEL	MALE	SENIOR-M	INDEPENDIENTE	01:26:33.430	<b>01:26:39.817</b>	06:04 min/Km
74	54	36	FEJOO GARCIA , XURXO	MALE	SENIOR-M	TARTARUGAS	01:26:38.240	<b>01:26:44.967</b>	06:04 min/Km
75	55	56	GRAÑA DOMÍNGUEZ , ADRIÁN	MALE	SENIOR-M	INDEPENDIENTE	01:26:51.620	<b>01:26:58.377</b>	06:05 min/Km
76	56	111	SALGUEIRO MATA , JOSE	MALE	SENIOR-M	INDEPENDIENTE	01:26:57.540	<b>01:27:06.867</b>	06:06 min/Km
77	57	143	ALDREY RAICES , JOSE MANUEL	MALE	SENIOR-M	PRAIA DE CARNOTA RUNNERS	01:27:27.420	<b>01:27:47.587</b>	06:09 min/Km
78	58	174	FIGUEIRAS VIDAL , JULIO ALBERTO	MALE	SENIOR-M	INDEPENDIENTE	01:28:11.760	<b>01:28:21.137</b>	06:11 min/Km
79	59	71	LUNA DOMINGUEZ , JUAN A.	MALE	SENIOR-M	TRIBU TRAIL	01:28:30.040	<b>01:28:38.157</b>	06:12 min/Km
80	60	6	AREVALILLO ROMERO , SERGIO	MALE	SENIOR-M	TRIBU TRAIL	01:28:41.030	<b>01:28:48.507</b>	06:13 min/Km
81	21	234	PIÑEIRO , ARTURO	MALE	VETERAN-M	BARBANTIA RODA	01:28:44.260	<b>01:28:54.907</b>	06:14 min/Km
82	22	255	ROMERO PARADA , KIKO	MALE	VETERAN-M	BARBANTIA RODA	01:28:45.220	<b>01:28:54.947</b>	06:14 min/Km
83	61	162	CASTRO SOUTO , ALFONSO JAVIER	MALE	SENIOR-M	MARINEDA ATLÉTICO	01:28:52.630	<b>01:28:57.937</b>	06:14 min/Km
84	23	197	IGLESIAS PARDO , TINO	MALE	VETERAN-M	ATLETISMO FONTES DO SAR	01:29:00.120	<b>01:29:07.327</b>	06:14 min/Km
85	62	282	VÁZQUEZ VÁZQUEZ , JAVIER	MALE	SENIOR-M		01:28:55.740	<b>01:29:12.647</b>	06:15 min/Km
86	63	21	CABEZAL SÁNCHEZ , ALEJANDRO	MALE	SENIOR-M		01:29:27.340	<b>01:29:33.237</b>	06:16 min/Km
87	64	144	ALONSO LOJO , JAVIER	MALE	SENIOR-M	IMMORTALS	01:29:32.960	<b>01:29:37.157</b>	06:17 min/Km
88	24	8	BARBOSA GONZALEZ , RODRIGO	MALE	VETERAN-M	XISTRA	01:29:35.130	<b>01:29:39.497</b>	06:17 min/Km
89	65	82	OUTEIRAL DAVILA , JOSÉ MANUEL	MALE	SENIOR-M	IMMORTALS	01:29:32.860	<b>01:29:40.537</b>	06:17 min/Km
90	25	185	GÓMEZ GÓMEZ , MANUEL	MALE	VETERAN-M	CLUB ATLETISMO LOUSAME. DEPORTES HERMIDA	01:29:31.230	<b>01:29:42.307</b>	06:17 min/Km
91	1	5	AMADO , BEA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	01:29:51.690	<b>01:29:54.247</b>	06:18 min/Km
92	26	62	JUANATEY PEREZ , JOSE ANTONIO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:29:50.450	<b>01:29:55.717</b>	06:18 min/Km
93	66	179	FUNGUEIRIÑO FIGUEIRA , ANTONIO	MALE	SENIOR-M		01:29:56.270	<b>01:30:01.867</b>	06:18 min/Km
94	67	48	GARCIA LIAS , CRISTIAN	MALE	SENIOR-M	INDEPENDIENTE	01:29:56.010	<b>01:30:07.397</b>	06:19 min/Km
95	68	32	CUÑARRO GOMEZ , PABLO	MALE	SENIOR-M		01:29:53.510	<b>01:30:09.827</b>	06:19 min/Km
96	2	74	MAREQUE MARTINEZ , MARIA	FEMALE	SENIOR-F	TARTARUGAS	01:30:04.720	<b>01:30:13.017</b>	06:19 min/Km
97	69	19	BRENLLA FAJIN , SATIRO	MALE	SENIOR-M	TARTARUGAS	01:30:08.690	<b>01:30:17.447</b>	06:19 min/Km
98	70	114	SARASQUETE FERNÁNDEZ , FRANCISCO	MALE	SENIOR-M	CABALO DE ARTES	01:30:35.067	<b>01:30:45.873</b>	06:21 min/Km
99	1	12	BARROSO PEREZ , BEATRIZ	FEMALE	VETERAN-F	TRIBU TRAIL	01:30:51.393	<b>01:31:00.520</b>	06:22 min/Km
100	71	66	LAREO CREO , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	01:30:51.473	<b>01:31:01.450</b>	06:22 min/Km
101	27	112	SAMPEDRO MORANDEIRA , JOSÉ LUIS	MALE	VETERAN-M	INDEPENDIENTE	01:31:10.827	<b>01:31:17.663</b>	06:24 min/Km
102	72	283	VIDAL BEA , FCO. MANUEL	MALE	SENIOR-M	CD RIA DE AROUSA	01:31:14.480	<b>01:31:18.917</b>	06:24 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	NETO	OFICIAL	RITMO
103	73	98	PIÑEIRO VÁZQUEZ, JOSÉ VICENTE	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:31:07.847	<b>01:31:20.033</b>	06:24 min/Km
104	28	49	GARCÍA RODRÍGUEZ, JUAN MANUEL	MALE	VETERAN-M		01:31:14.990	<b>01:31:22.237</b>	06:24 min/Km
105	74	170	FERNANDEZ BALADO, JUAN	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:31:33.217	<b>01:31:40.333</b>	06:25 min/Km
106	29	39	FERNANDEZ OLIVEIRA, JUAN CARLOS	MALE	VETERAN-M	INDEPENDIENTE	01:31:45.336	<b>01:31:45.337</b>	06:25 min/Km
107	30	180	GARCIA ARES, JOSE MANUEL	MALE	VETERAN-M	PRAIA DE CARNOTA RUNNERS	01:31:32.930	<b>01:31:52.617</b>	06:26 min/Km
108	75	2	AGRAFOJO PEREIRA, RAFAEL	MALE	SENIOR-M	INDEPENDIENTE	01:31:38.577	<b>01:31:52.663</b>	06:26 min/Km
109	76	183	GARCÍA REY, ÁNGEL	MALE	SENIOR-M	A.D.CERNE	01:31:46.600	<b>01:31:53.887</b>	06:26 min/Km
110	31	116	SOMOZA GARCIA, FRANCISCO	MALE	VETERAN-M	INDEPENDIENTE	01:31:53.240	<b>01:32:02.917</b>	06:27 min/Km
111	77	122	TUBIO PIÑEIRO, TOMAS	MALE	SENIOR-M	INDEPENDIENTE	01:31:59.160	<b>01:32:06.867</b>	06:27 min/Km
112	32	84	PAZOS SUÁREZ, FRANCISCO JAVIER	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:32:07.966	<b>01:32:07.967</b>	06:27 min/Km
113	33	218	MUÑOZ MUÑOZ, XOÁN	MALE	VETERAN-M		01:32:01.573	<b>01:32:17.580</b>	06:28 min/Km
114	34	176	FRAGA RODRÍGUEZ, ALBERTO	MALE	VETERAN-M	INDEPENDIENTE	01:32:09.697	<b>01:32:18.723</b>	06:28 min/Km
115	78	104	RIVAS POMBO, MARCELINO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:32:24.883	<b>01:32:30.980</b>	06:29 min/Km
116	79	60	IBÁÑEZ PEREIRO, AITOR	MALE	SENIOR-M	TRIBU TRAIL	01:32:27.430	<b>01:32:36.227</b>	06:29 min/Km
117	80	229	PARADA BREA, DANIEL	MALE	SENIOR-M		01:32:35.950	<b>01:32:47.167</b>	06:30 min/Km
118	81	171	FERNANDEZ BATISTA, DANIEL ALEJANDRO	MALE	SENIOR-M	CAZAFANTASMAS	01:32:48.360	<b>01:32:51.577</b>	06:30 min/Km
119	3	220	MUÑOZ NARCISO, REBECA	FEMALE	SENIOR-F	INDEPENDIENTE	01:33:00.840	<b>01:33:09.327</b>	06:31 min/Km
120	35	93	PEREZ SUSAVILA, ANGEL	MALE	VETERAN-M		01:33:31.360	<b>01:33:45.867</b>	06:34 min/Km
121	4	236	PINTOR IGLESIA, NOELIA	FEMALE	SENIOR-F		01:33:57.130	<b>01:34:11.447</b>	06:36 min/Km
122	2	88	PEREIRA GIRALDEZ, SERAFINA	FEMALE	VETERAN-F	INDEPENDIENTE	01:34:19.290	<b>01:34:23.497</b>	06:37 min/Km
123	82	190	GONZALEZ ROADE, JUAN	MALE	SENIOR-M	INDEPENDIENTE	01:34:53.760	<b>01:34:57.257</b>	06:39 min/Km
124	5	266	SIERPES PEREIRA, NATALIA	FEMALE	SENIOR-F	OS TORAKKA	01:34:55.150	<b>01:34:58.097</b>	06:39 min/Km
125	83	263	SANTOS ROJAS, FRANCISCO	MALE	SENIOR-M		01:35:10.206	<b>01:35:10.207</b>	06:40 min/Km
126	84	233	PEREZ BLANCO, ALVARO	MALE	SENIOR-M	INDEPENDIENTE	01:35:09.020	<b>01:35:19.997</b>	06:40 min/Km
127	36	196	IGLESIAS IGLESIAS, ISIDRO	MALE	VETERAN-M	CD RIA DE AROUSA	01:35:41.210	<b>01:35:52.607</b>	06:43 min/Km
128	37	91	PEREZ LAMPON, JOSE MANUEL	MALE	VETERAN-M	VIRXIGUIANOS TRAIL	01:35:48.900	<b>01:35:59.547</b>	06:43 min/Km
129	85	110	ROMERO VAZQUEZ, MANUEL ÁNGEL	MALE	SENIOR-M	VELAIBIKE CORRENDO	01:35:50.190	<b>01:36:02.597</b>	06:43 min/Km
130	86	57	GUTIERREZ ALEGRIA, JONATAN	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:36:02.500	<b>01:36:08.667</b>	06:44 min/Km
131	87	239	POSE, MARTIN	MALE	SENIOR-M		01:36:17.390	<b>01:36:24.737</b>	06:45 min/Km
132	6	73	MANEIRO CAAMAÑO, VANESSA	FEMALE	SENIOR-F	INDEPENDIENTE	01:36:11.180	<b>01:36:27.007</b>	06:45 min/Km
133	88	173	FERNÁNDEZ DOMÍNGUEZ, MARCOS	MALE	SENIOR-M	INDEPENDIENTE	01:36:17.690	<b>01:36:27.427</b>	06:45 min/Km
134	89	235	PIÑEIRO GARCÍA, HÉCTOR	MALE	SENIOR-M	INDEPENDIENTE	01:36:32.300	<b>01:36:44.467</b>	06:46 min/Km
135	90	219	MUÑOZ SANVICENTE, MIGUEL	MALE	SENIOR-M	BARBANTIA RODA	01:36:56.840	<b>01:36:59.517</b>	06:47 min/Km
136	91	92	PÉREZ LÓPEZ, DANIEL	MALE	SENIOR-M	MAIS DEPORTE	01:37:12.200	<b>01:37:26.777</b>	06:49 min/Km

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137	92	101	REVILLA ORTIZ , IGNACIO	MALE	SENIOR-M	MAIS DEPORTE	01:37:12.130	<b>01:37:27.087</b>	06:49 min/Km
138	93	64	LAGOS PEREIRO , ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	01:37:44.040	<b>01:37:52.577</b>	06:51 min/Km
139	94	208	LOJO TRIÑANES , JORGE	MALE	SENIOR-M	INDEPENDIENTE	01:37:51.150	<b>01:37:59.427</b>	06:52 min/Km
140	38	212	LORENZO VILAR , JOSÉ MANUEL	MALE	VETERAN-M		01:38:14.730	<b>01:38:25.017</b>	06:53 min/Km
141	95	156	BRALO NIMO , ISMAEL	MALE	SENIOR-M		01:38:18.830	<b>01:38:31.207</b>	06:54 min/Km
142	3	248	RIVAS RIO , CRISTINA	FEMALE	VETERAN-F	RUINNERS COMPOSTELA	01:38:18.140	<b>01:38:31.837</b>	06:54 min/Km
143	96	247	RIVAS RIO , AGUSTIN	MALE	SENIOR-M	INDEPENDIENTE	01:38:19.433	<b>01:38:31.840</b>	06:54 min/Km
144	97	80	MILLARES FILGUEIRA , FRAN	MALE	SENIOR-M	IMMORTALS	01:38:58.330	<b>01:39:06.547</b>	06:56 min/Km
145	98	285	VIDAL MARTINEZ , RUBEN	MALE	SENIOR-M	LOS CHAVALS	01:39:18.150	<b>01:39:24.067</b>	06:58 min/Km
146	99	238	PONTEVEDRA RIVEIRO , AGUSTÍN	MALE	SENIOR-M	CLUB CANICROSS VIGO	01:39:13.910	<b>01:39:25.977</b>	06:58 min/Km
147	39	103	RÍOS GIMÉNEZ , ADOLFO OMAR	MALE	VETERAN-M	CLUBE ATLETISMO BOIMORTO	01:39:38.270	<b>01:39:56.867</b>	06:60 min/Km
148	40	67	LOPEZ SANCHEZ , JAIME	MALE	VETERAN-M	VIRXIGUIANOS TRAIL	01:39:57.650	<b>01:40:07.887</b>	07:01 min/Km
149	4	75	MARTINEZ LAGO , PATI	FEMALE	VETERAN-F	VIRXIGUIANOS TRAIL	01:39:57.660	<b>01:40:08.017</b>	07:01 min/Km
150	100	83	PAIS TRIGO , FRANCISCO	MALE	SENIOR-M		01:39:54.550	<b>01:40:08.097</b>	07:01 min/Km
151	101	242	REBOREDO PROL , MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:40:10.880	<b>01:40:35.947</b>	07:03 min/Km
152	7	26	CASTIÑEIRAS PEREIRA , RAQUEL	FEMALE	SENIOR-F	TARTARUGAS	01:42:04.790	<b>01:42:13.557</b>	07:09 min/Km
153	102	63	LAGO QUINTEIRO , JOSE RAMON	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:42:09.750	<b>01:42:17.817</b>	07:10 min/Km
154	5	52	GOMEZ LODEIROS , SUSANA	FEMALE	VETERAN-F	TARTARUGAS	01:42:22.726	<b>01:42:22.727</b>	07:10 min/Km
155	41	152	BETANZOS REGO , TOBIAS	MALE	VETERAN-M		01:42:04.300	<b>01:42:23.697</b>	07:10 min/Km
156	6	217	MORENO FERNANDEZ , MARGA	FEMALE	VETERAN-F	CDM VÉRTICE	01:42:12.860	<b>01:42:25.157</b>	07:10 min/Km
157	103	211	LÓPEZ PACÍN , JOSÉ ENRIQUE	MALE	SENIOR-M	MANDA MECHA	01:42:07.580	<b>01:42:26.857</b>	07:10 min/Km
158	42	105	RODRIGUEZ CID , JOSE MANUEL	MALE	VETERAN-M	ASALTAMONTES	01:42:31.600	<b>01:42:36.857</b>	07:11 min/Km
159	7	72	MALLO DOMINGUEZ , ANA MARIA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:42:24.770	<b>01:42:38.067</b>	07:11 min/Km
160	104	264	SAYANS REY , JOAQUÍN	MALE	SENIOR-M		01:42:44.320	<b>01:42:54.437</b>	07:12 min/Km
161	43	44	FERREIROS FERNANDEZ , JOSE	MALE	VETERAN-M	TARTARUGAS	01:43:08.870	<b>01:43:19.827</b>	07:14 min/Km
162	105	115	SEOANE NIETO , GONZALO	MALE	SENIOR-M	TARTARUGAS	01:43:10.650	<b>01:43:19.837</b>	07:14 min/Km
163	106	186	GOMEZ MARTINEZ , ALBERTO	MALE	SENIOR-M		01:43:21.610	<b>01:43:38.007</b>	07:15 min/Km
164	107	51	GIL PEREIRA , JAVIER	MALE	SENIOR-M	TARTARUGAS	01:44:13.310	<b>01:44:26.497</b>	07:19 min/Km
165	8	187	GÓMEZ OTERO , PILAR	FEMALE	SENIOR-F	INDEPENDIENTE	01:44:13.990	<b>01:44:26.767</b>	07:19 min/Km
166	108	251	RODRÍGUEZ FERREIRA , JOSE	MALE	SENIOR-M	MANDA MECHA	01:45:13.200	<b>01:45:32.217</b>	07:23 min/Km
167	8	210	LÓPEZ MAHÍA , PURIFICACIÓN	FEMALE	VETERAN-F		01:45:22.000	<b>01:45:39.877</b>	07:24 min/Km
168	109	268	SUAREZ BERMUDEZ , FRANCISCO JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:45:33.330	<b>01:45:44.847</b>	07:24 min/Km
169	44	189	GOMEZ RIVADULLA , RAMON	MALE	VETERAN-M	TRIBU TRAIL	01:46:25.260	<b>01:46:37.767</b>	07:28 min/Km
170	110	33	DOBLA BARREIRO , HUGO	MALE	SENIOR-M		01:46:26.900	<b>01:46:38.327</b>	07:28 min/Km



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171	9	261	SANMARTÍN RODRÍGUEZ , NOEMI	FEMALE	SENIOR-F	CLUB DEPORTIVO VAGALUME ENERGÍA	01:46:37.970	<b>01:46:53.137</b>	07:29 min/Km
172	9	87	PEÑA VILLAMIDE , PAZ	FEMALE	VETERAN-F	TARTARUGAS	01:47:07.620	<b>01:47:16.077</b>	07:31 min/Km
173	10	153	BLANCO FIGUEIRAS , PAULA	FEMALE	SENIOR-F		01:47:06.690	<b>01:47:16.447</b>	07:31 min/Km
174	45	223	OTERO CEPEDA , DANIEL ANGEL	MALE	VETERAN-M	INDEPENDIENTE	01:48:26.690	<b>01:48:41.407</b>	07:37 min/Km
175	46	129	VILLANUSTRE ABUIN , GERMÁN	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:48:49.450	<b>01:48:55.507</b>	07:38 min/Km
176	11	258	SAMPEDRO GARCIA , AMANDA	FEMALE	SENIOR-F		01:48:52.490	<b>01:49:09.217</b>	07:38 min/Km
177	111	149	BARROS JEREMÍAS , ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	01:49:39.610	<b>01:49:46.207</b>	07:41 min/Km
178	112	231	PEREIRAS PENA , ALBERTO	MALE	SENIOR-M	INDEPENDIENTE	01:49:40.590	<b>01:49:46.537</b>	07:41 min/Km
179	47	3	ALFONSÍN SOLIÑO , GONZALO	MALE	VETERAN-M	TARTARUGAS	01:50:00.440	<b>01:50:12.947</b>	07:43 min/Km
180	48	141	ABOY POTEL , JOSE	MALE	VETERAN-M		01:51:01.270	<b>01:51:12.987</b>	07:47 min/Km
181	12	102	RIAÑO LUEIRO , NOELIA	FEMALE	SENIOR-F	TRIBU TRAIL	01:51:00.580	<b>01:51:13.147</b>	07:47 min/Km
182	10	198	IGLESIAS REBOREDO , MARY SOL	FEMALE	VETERAN-F	ATLETISMO FONTES DO SAR	01:51:54.180	<b>01:52:08.767</b>	07:51 min/Km
183	49	54	GONTAN CASTRO , JOSE ANTONIO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:51:54.270	<b>01:52:09.447</b>	07:51 min/Km
184	113	224	OTERO DÍAZ , LUIS	MALE	SENIOR-M	CD RIA DE AROUSA	01:52:22.340	<b>01:52:29.977</b>	07:53 min/Km
185	50	232	PEREZ BALIRAC , JESUS	MALE	VETERAN-M	NOITEBRA F.C.	01:52:22.170	<b>01:52:42.177</b>	07:53 min/Km
186	114	281	VAZQUEZ LATA , ENRIQUE	MALE	SENIOR-M		01:53:23.550	<b>01:53:34.077</b>	07:57 min/Km
187	13	213	MARTINEZ BERNARDEZ , ANGELES	FEMALE	SENIOR-F		01:53:23.650	<b>01:53:34.377</b>	07:57 min/Km
188	11	127	VIGO LIÑARES , ANA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:53:45.660	<b>01:53:58.837</b>	07:59 min/Km
189	115	249	RODRIGUEZ ABOY , MARIO	MALE	SENIOR-M	TRIBU TRAIL	01:54:30.600	<b>01:54:42.397</b>	08:02 min/Km
190	51	160	CARBALLEIRA HORTAS , XOSÉ MANUEL	MALE	VETERAN-M	INDEPENDIENTE	01:54:32.810	<b>01:54:48.157</b>	08:02 min/Km
191	14	194	HERNÁNDEZ OTERO , ALBA	FEMALE	SENIOR-F	CLUB DEPORTIVO VAGALUME ENERGÍA	01:54:43.080	<b>01:54:58.877</b>	08:03 min/Km
192	15	209	LÓPEZ FERNÁNDEZ , SUEVIA	FEMALE	SENIOR-F	ATLETISMO FONTES DO SAR	01:54:43.530	<b>01:54:59.567</b>	08:03 min/Km
193	16	252	RODRIGUEZ LAGO , BEGOÑA	FEMALE	SENIOR-F		01:55:17.490	<b>01:55:31.037</b>	08:05 min/Km
194	116	4	ALVAREZ RODRIGUEZ , MARCOS	MALE	SENIOR-M	TRIATLON RIVEIRA	01:55:22.260	<b>01:55:31.087</b>	08:05 min/Km
195	117	271	SUEIRO IGLESIAS , ESTEBAN	MALE	SENIOR-M	CLUB DEPORTIVO VAGALUME ENERGÍA	01:55:43.530	<b>01:55:57.807</b>	08:07 min/Km
196	118	169	DÍAZ GONZÁLEZ , ALEJANDRO	MALE	SENIOR-M	CLUB DEPORTIVO VAGALUME ENERGÍA	01:55:42.480	<b>01:55:58.117</b>	08:07 min/Km
197	12	277	VARELA FONTELA , ALEJANDRA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:56:02.610	<b>01:56:17.327</b>	08:08 min/Km
198	13	126	VEIGA BLANCO , MONTSE	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:56:21.520	<b>01:56:34.827</b>	08:10 min/Km
199	17	276	VALIÑO CES , ALMUDENA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	01:56:21.150	<b>01:56:34.887</b>	08:10 min/Km
200	119	225	OTERO LEMA , ENRIQUE	MALE	SENIOR-M	INDEPENDIENTE	02:00:08.060	<b>02:00:21.057</b>	08:25 min/Km
201	120	125	VAZQUEZ PAZOS , JOSE RAMON	MALE	SENIOR-M		02:00:27.740	<b>02:00:35.697</b>	08:26 min/Km
202	18	227	OUTEDA GRAÑA , ANDREA	FEMALE	SENIOR-F	TRIBU TRAIL	02:00:31.580	<b>02:00:48.887</b>	08:27 min/Km
203	121	151	BESADA WALDOMAR , ALEX	MALE	SENIOR-M	TRIBU TRAIL	02:00:32.150	<b>02:00:49.207</b>	08:27 min/Km
204	122	131	OSORIO DIÉGUEZ , CÉSAR	MALE	SENIOR-M	VIRXIGUIANOS TRAIL	02:00:30.280	<b>02:00:51.097</b>	08:28 min/Km

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205	14	274	TERCEIRO DELGADO , MARIA	FEMALE	VETERAN-F		02:02:12.290	<b>02:02:29.837</b>	08:34 min/Km
206	52	230	PAZOS MARTÍNEZ , FERNANDO	MALE	VETERAN-M		02:03:05.170	<b>02:03:23.467</b>	08:38 min/Km
207	15	257	SALVADOR GARRIDO , PILAR	FEMALE	VETERAN-F		02:03:39.570	<b>02:03:57.277</b>	08:41 min/Km
208	123	37	FEIJOO LAGO , JUAN CARLOS	MALE	SENIOR-M	INDEPENDIENTE	02:04:13.130	<b>02:04:30.267</b>	08:43 min/Km
209	16	150	BERMUDEZ MUÑOZ , MARIA JOSE	FEMALE	VETERAN-F	INDEPENDIENTE	02:04:44.820	<b>02:04:54.537</b>	08:45 min/Km
210	53	154	BLANCO VIDAL , JUAN JOSE	MALE	VETERAN-M	INDEPENDIENTE	02:04:45.380	<b>02:04:54.687</b>	08:45 min/Km
211	124	204	LESTON MENDEZ , MARTIN	MALE	SENIOR-M		02:04:45.870	<b>02:04:54.867</b>	08:45 min/Km
212	19	250	RODRIGUEZ BERMUDEZ , TAMARA	FEMALE	SENIOR-F		02:04:45.200	<b>02:04:54.877</b>	08:45 min/Km
213	54	163	CONDE BERMUDEZ , RAMON ANGEL	MALE	VETERAN-M	VETERANOS DE OURENSE	02:05:03.270	<b>02:05:15.357</b>	08:46 min/Km
214	20	193	HERMIDA CAO , ANA MARIA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	02:05:10.350	<b>02:05:24.267</b>	08:47 min/Km
215	17	166	COSTELA REY , MARÍA	FEMALE	VETERAN-F	FONTES DO SAR	02:05:08.900	<b>02:05:24.277</b>	08:47 min/Km
216	55	205	LIÑARES MARTINEZ , JOSE IGNACIO	MALE	VETERAN-M	NOITEBRA F.C.	02:08:56.460	<b>02:09:12.187</b>	09:03 min/Km
217	18	222	NOYA PEREZ , BELEN	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:09:01.660	<b>02:09:15.887</b>	09:03 min/Km
218	125	182	GARCIA LORENZO , DIEGO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	02:10:29.520	<b>02:10:44.917</b>	09:09 min/Km
219	126	221	NOGUEIRA BOUZAS , DAVID	MALE	SENIOR-M	CLUB DEPORTIVO SAN PAIO	02:11:14.200	<b>02:11:31.357</b>	09:12 min/Km
220	56	199	INSUA PAZOS , JOSÉ	MALE	VETERAN-M	INDEPENDIENTE	02:11:34.360	<b>02:11:46.647</b>	09:13 min/Km
221	21	191	GONZÁLEZ RODRIGUES , NEREA	FEMALE	SENIOR-F	CAZAFANTASMAS	02:15:47.940	<b>02:15:54.727</b>	09:31 min/Km
222	19	241	REBOREDO GARCIA , MARIA JESUS	FEMALE	VETERAN-F		02:18:56.540	<b>02:19:09.477</b>	09:44 min/Km
223	20	99	QUIREZA RAMOS , MARÍA ISABEL	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:20:52.490	<b>02:21:08.257</b>	09:53 min/Km
224	21	90	PEREZ GUTIERREZ , MARIA DE LOS ANGELES	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:20:53.760	<b>02:21:08.907</b>	09:53 min/Km
225	22	279	VÁZQUEZ FERNÁNDEZ , BEATRIZ	FEMALE	VETERAN-F	ATLETISMO FONTES DO SAR	02:23:51.210	<b>02:24:07.397</b>	10:05 min/Km
226	23	47	FONTÁN RODRÍGUEZ , MARÍA DEL PUERTO	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:23:52.220	<b>02:24:07.577</b>	10:05 min/Km
227	24	100	RECAREY FERNÁNDEZ , MARIA DEL CARMEN	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:23:51.130	<b>02:24:07.587</b>	10:05 min/Km
228	25	55	GONZALEZ GONZALEZ , MARIA ISAURA	FEMALE	VETERAN-F	CLUB SOCIAL BANCO PASTOR	02:31:49.800	<b>02:32:08.437</b>	10:39 min/Km
228	57	94	PEREZ TERAN , JHONNY ROGELIO	MALE	VETERAN-M	CLUB SOCIAL BANCO PASTOR	02:31:49.740	<b>02:32:08.437</b>	10:39 min/Km