

# AROUSA REVOLUTRION TRAIL SERIES 2017

05 MARZO 2017

**GALITIMING**  
DU!W!119P

CRONOMETRAXE

## - TRAIL DE DE BEALO-

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
1	1	1	RODRÍGUEZ BOGA , LOÍS	MALE	SENIOR-M	REVOLUTRION TRAIL RACING TEAM	01:02:26.010	04:28 min/Km
2	2	184	FONTENLA PAREDES , ANDRÉS	MALE	SENIOR-M	VENGADORES	01:03:25.600	04:32 min/Km
3	1	286	TURNES SOUTO , JOSÉ LUIS	MALE	VETERAN-M	INDEPENDIENTE	01:04:23.280	04:36 min/Km
4	2	9	BARRAL VARELA , JUAN JESUS	MALE	VETERAN-M	GRAMOLA GTR	01:04:40.130	04:38 min/Km
5	3	250	REQUEIJO REQUEIJO , SERGIO	MALE	SENIOR-M	AZERVAÑAN	01:04:54.100	04:39 min/Km
6	4	211	MANEIRO FREIRE , VICTOR	MALE	SENIOR-M	GRAMOLA GTR	01:05:02.450	04:39 min/Km
7	5	69	LORENZO BUCETA , HÉCTOR	MALE	SENIOR-M	TRIBU TRAIL	01:05:11.800	04:40 min/Km
8	6	278	SOBRAL GONZALEZ , MANUEL	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	01:05:22.920	04:41 min/Km
9	7	270	RUDA OROZCO , OMAR EDUARDO	MALE	SENIOR-M	VENGADORES	01:05:36.800	04:42 min/Km
10	8	300	ZARTA MUÑOZ , CRISTHIAN ANDRÉS	MALE	SENIOR-M	VENGADORES	01:06:15.920	04:44 min/Km
11	9	61	IGLESIAS TORRES , JOSE MANUEL	MALE	SENIOR-M	NOITEBRA	01:06:36.990	04:46 min/Km
12	10	296	VIDAL MORENO , FERNANDO	MALE	SENIOR-M	ATENAS RUNNING VDA	01:06:55.170	04:47 min/Km
13	11	265	RODRÍGUEZ VIDAL , RUBÉN	MALE	SENIOR-M	C. D. RIA DE AROUSA	01:07:37.180	04:50 min/Km
14	3	54	GONTAN CASTRO , JOSE ANTONIO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:07:37.640	04:50 min/Km
15	4	188	GARCIA ABALO , KIKO	MALE	VETERAN-M	MAXIKO MASAXES KIKO	01:07:38.790	04:50 min/Km
16	12	96	PICOS REY , RAMÓN	MALE	SENIOR-M	TRIBU TRAIL	01:07:43.510	04:51 min/Km
17	13	29	CES CRISTOBO , MANUEL	MALE	SENIOR-M	TRIBU TRAIL	01:07:54.850	04:52 min/Km
18	14	269	ROMERO VÁZQUEZ , NOLO	MALE	SENIOR-M	VENGADORES	01:08:39.420	04:55 min/Km
19	15	238	PÉREZ LORENZO , ÓSCAR	MALE	SENIOR-M	OS PICHA BRAVAS	01:09:07.450	04:57 min/Km
20	16	153	BOUZAS GÓMEZ , SERGIO	MALE	SENIOR-M	TRIBU TRAIL	01:09:36.100	04:59 min/Km
21	17	108	RODRÍGUEZ OTERO , MARIO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:09:45.180	04:59 min/Km
22	5	79	MIGUEZ GUILLAN , FRANCISCO	MALE	VETERAN-M	C. D. RIA DE AROUSA	01:10:03.400	05:01 min/Km
23	18	130	YAÑEZ ORDOÑEZ , DAVID	MALE	SENIOR-M	INDEPENDIENTE	01:10:28.590	05:03 min/Km
24	6	132	FERNÁNDEZ TORRES , OLIVIER	MALE	VETERAN-M	TRIATLON RIVEIRA	01:11:18.600	05:06 min/Km
25	19	97	PIÑEIRO LAMAS , RAMON	MALE	SENIOR-M	INDEPENDIENTE	01:11:38.280	05:08 min/Km
26	7	59	HOMBRE DOPAZO , PEPE	MALE	VETERAN-M	NATURAL SPORT	01:12:03.220	05:09 min/Km
27	8	62	JUANATEY PEREZ , JOSE ANTONIO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:12:12.180	05:10 min/Km
28	9	40	FERNÁNDEZ RENDO , JOSE ANTONIO	MALE	VETERAN-M	GRAMOLA GTR	01:12:12.520	05:10 min/Km
29	20	53	GOMEZ OURILLE , NICOLAS	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:12:14.950	05:10 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
30	10	45	FIGUEIRA , TOÑO	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:12:18.300	05:10 min/Km
31	21	161	CANOURA ABEIJON , MANUEL	MALE	SENIOR-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:12:23.790	05:11 min/Km
32	22	294	VIDAL MARTÍNEZ , HÉCTOR	MALE	SENIOR-M	LOS CHAVALES	01:12:26.710	05:11 min/Km
33	23	38	FERNANDEZ DOMINGUEZ , ADRIAN	MALE	SENIOR-M	TRIBU TRAIL	01:12:38.480	05:12 min/Km
34	11	76	MAYO MARTINEZ , JOSE RAMON	MALE	VETERAN-M	TRIBU TRAIL	01:12:42.070	05:12 min/Km
35	12	221	NIETO GONZALEZ , JOSE MANUEL	MALE	VETERAN-M		01:13:01.460	05:13 min/Km
36	24	214	MASEDA CARBALLO , FRANCISCO JAVIER	MALE	SENIOR-M	DREAM TEAM	01:13:14.750	05:14 min/Km
37	25	23	CALVO VITURRO , SANTIAGO	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:13:26.870	05:15 min/Km
38	26	159	CAMPOS LUEIRO , MARCOS	MALE	SENIOR-M	ATLETISMO SANTIAGO	01:13:31.350	05:16 min/Km
39	27	118	SUAREZ DOSIL , ROGER	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:13:33.860	05:16 min/Km
40	28	28	CERQUEIRO BARREIRO , VICTOR MANUE	MALE	SENIOR-M	VELAIBIKE CORRENDO	01:13:37.850	05:16 min/Km
41	29	178	FERNÁNDEZ GARCÍA , RENATO	MALE	SENIOR-M	GRAMOLA GTR	01:13:50.800	05:17 min/Km
42	30	17	BOUZA PORTA , LUIS MIGUEL	MALE	SENIOR-M	PC SANTA MARTA ORTIGUEIRA	01:13:54.560	05:17 min/Km
43	13	86	PENA SUÁREZ , JOSE MANUEL	MALE	VETERAN-M		01:14:05.140	05:18 min/Km
44	31	230	PATIÑO VIEITES , RUBEN	MALE	SENIOR-M	GYM TONIC	01:14:25.980	05:19 min/Km
45	32	27	CASTRO SAMPEDRO , JAVIER	MALE	SENIOR-M	NATURAL	01:14:36.580	05:20 min/Km
46	14	15	BOO FARIÑA , SALVADOR	MALE	VETERAN-M	TRIBU TRAIL	01:14:39.920	05:20 min/Km
47	15	210	LORENZO BUCETA , JOSE ANTONIO	MALE	VETERAN-M	TRIBU TRAIL	01:14:40.130	05:21 min/Km
48	33	66	LAREO CREO , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	01:14:42.580	05:21 min/Km
49	34	106	RODRÍGUEZ FERNÁNDEZ , XOSEMARÍA	MALE	SENIOR-M		01:14:43.560	05:21 min/Km
50	35	240	PEREZ PEREZ , IVAN	MALE	SENIOR-M	OS TORAKKAS	01:14:54.060	05:22 min/Km
51	36	25	CASAL SANTOS , MARCOS	MALE	SENIOR-M		01:15:06.920	05:22 min/Km
52	37	31	CONDE TATO , JOSE ANGEL	MALE	SENIOR-M	GYM TONIC	01:15:24.040	05:24 min/Km
53	38	273	SANMARTÍN CARREIRA , IVÁN PABLO	MALE	SENIOR-M	CLUB DEPORTIVO VAGALUME ENERGÍA	01:15:33.310	05:24 min/Km
54	39	81	NAVEIRAS ROUCO , CARLOS	MALE	SENIOR-M	INDEPENDIENTE	01:15:37.650	05:25 min/Km
55	40	128	VILASOA SILVA , JOSE FRANCISCO	MALE	SENIOR-M	OS AFORCADOS MTB	01:16:09.870	05:27 min/Km
56	41	207	LOPEZ BALEIRON , EDGAR MANUEL	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:16:12.630	05:27 min/Km
57	42	120	TOBIO GOMEZ , FERNANDO	MALE	SENIOR-M	INDEPENDIENTE	01:16:18.570	05:28 min/Km
58	16	231	PAZOS CARBON , PEDRO	MALE	VETERAN-M	CLUB DE ATLETISMO FONTES DO SAR	01:16:18.770	05:28 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
59	43	78	MELIO ROMERO , SANTIAGO	MALE	SENIOR-M	GYM TONIC	01:16:30.180	05:28 min/Km
60	44	95	PESTONIT FREIRE , NOE	MALE	SENIOR-M	TRIBU TRAIL	01:16:33.020	05:29 min/Km
61	45	197	GONZALEZ ABUIN , ALFONSO	MALE	SENIOR-M		01:16:50.390	05:30 min/Km
62	46	245	PONTE IGLESIAS , DAVID	MALE	SENIOR-M	MARRANERS	01:17:10.480	05:31 min/Km
63	47	164	CASTRO LISTA , JOSE ANTONIO	MALE	SENIOR-M		01:17:45.550	05:34 min/Km
64	48	272	SAN MARCIAL BARBOSA , ADRIAN	MALE	SENIOR-M	INDEPENDIENTE	01:18:00.300	05:35 min/Km
65	17	50	GARCÍA TEIRA , RAMÓN M.	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:18:39.820	05:38 min/Km
66	49	121	TUBÍO DAVILA , JOSE	MALE	SENIOR-M	TRIBU TRAIL	01:18:40.900	05:38 min/Km
67	50	233	PENEDO TABOADA , MARCOS	MALE	SENIOR-M	3&RUN BY PEDRO NIMO	01:19:02.710	05:39 min/Km
68	51	200	IGLESIAS AMORES , MIGUEL	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	01:19:28.030	05:41 min/Km
69	52	282	SUÁREZ GIADÁS , JAVIER	MALE	SENIOR-M	AZERVAÑAN	01:19:38.860	05:42 min/Km
70	53	10	BARREIRO LOPEZ , RAFAEL	MALE	SENIOR-M	INDEPENDIENTE	01:19:44.400	05:42 min/Km
71	54	89	PEREIRAS COUTO , ALVARO	MALE	SENIOR-M	INDEPENDIENTE	01:19:52.940	05:43 min/Km
72	55	36	FEIJOO GARCIA , XURXO	MALE	SENIOR-M	TARTARUGAS	01:19:56.390	05:43 min/Km
73	56	298	VITURRO GOMEZ , FRAN	MALE	SENIOR-M	INDEPENDIENTE	01:19:57.320	05:43 min/Km
74	57	142	ABUIN MOSQUERA , MIGUEL	MALE	SENIOR-M		01:19:57.370	05:43 min/Km
75	58	187	FUNGUEIRIÑO FIGUEIRA , ANTONIO	MALE	SENIOR-M		01:19:57.790	05:43 min/Km
76	59	198	GONZALEZ RODRIGUEZ , FRANCISCO DA	MALE	SENIOR-M	OS TORAKKA	01:20:09.580	05:44 min/Km
77	60	244	PIÑEIRO VIDAL , JOSE ANTONIO	MALE	SENIOR-M	VENGADORES	01:20:13.260	05:44 min/Km
78	61	179	FERNÁNDEZ LANDEIRO , JUAN MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:20:17.040	05:45 min/Km
79	62	56	GRAÑA DOMÍNGUEZ , ADRIÁN	MALE	SENIOR-M	INDEPENDIENTE	01:20:23.410	05:45 min/Km
80	63	124	RODRIGUEZ VIDAL , DIEGO	MALE	SENIOR-M	GYM TONIC	01:20:24.840	05:45 min/Km
81	64	227	PALACIOS JIMÉNEZ , ALVARO ANDRÉS	MALE	SENIOR-M	VENGADORES	01:20:29.680	05:45 min/Km
82	65	173	DIESTE REGADES , SERGIO	MALE	SENIOR-M	INDEPENDIENTE	01:20:33.680	05:46 min/Km
83	18	267	ROMERO OLVEIRA , JOSÉ MANUEL	MALE	VETERAN-M	VETERANOS DE SAMIL	01:20:37.700	05:46 min/Km
84	66	236	PEREZ ESTEVEZ , JACOBO	MALE	SENIOR-M	OS TORAKAS	01:20:45.000	05:47 min/Km
85	19	148	BARREIRO , ALFONSO	MALE	VETERAN-M	C. D. RIA DE AROUSA	01:20:45.150	05:47 min/Km
86	67	71	LUNA DOMINGUEZ , JUAN A.	MALE	SENIOR-M	TRIBU TRAIL	01:20:50.130	05:47 min/Km
87	68	123	VALIÑO CES , JOSÉ ANTONIO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:20:54.390	05:47 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
88	20	22	CALVO CASTRO , IVÁN	MALE	VETERAN-M	INDEPENDIENTE	01:20:57.500	05:47 min/Km
89	69	226	OUTEIRAL DAVILA , R	MALE	SENIOR-M	IMMORTALS	01:21:06.750	05:48 min/Km
90	70	6	AREVALILLO ROMERO , SERGIO	MALE	SENIOR-M	TRIBU TRAIL	01:21:07.900	05:48 min/Km
91	21	241	PIÑEIRO , ARTURO	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:21:14.200	05:49 min/Km
92	71	196	GÓMEZ SIEIRA , DAVID	MALE	SENIOR-M		01:21:49.100	05:51 min/Km
93	22	8	BARBOSA GONZALEZ , RODRIGO	MALE	VETERAN-M	XISTRA	01:21:58.660	05:52 min/Km
94	72	262	RODRÍGUEZ GARCÍA , CARLOS	MALE	SENIOR-M	LOS CHAVALES	01:22:05.670	05:52 min/Km
95	23	20	BURES MIGUENS , XOSE MANUEL	MALE	VETERAN-M	TRIBU TRAIL	01:22:06.120	05:52 min/Km
96	24	116	SOMOZA GARCIA , FRANCISCO	MALE	VETERAN-M	INDEPENDIENTE	01:22:25.810	05:54 min/Km
97	73	291	VÁZQUEZ VÁZQUEZ , JAVIER	MALE	SENIOR-M		01:22:36.700	05:55 min/Km
98	25	112	SAMPEDRO MORANDEIRA , JOSÉ LUIS	MALE	VETERAN-M	INDEPENDIENTE	01:22:47.030	05:55 min/Km
99	74	219	MUÑIZ SANVICENTE , MIGUEL	MALE	SENIOR-M	S.D.BARBANTIA RODA	01:22:50.410	05:56 min/Km
100	75	235	PEREZ BLANCO , ALVARO	MALE	SENIOR-M		01:23:04.910	05:57 min/Km
101	26	172	DIESTE REGADES , EMILIO JOSÉ	MALE	VETERAN-M		01:23:19.207	05:58 min/Km
102	1	5	AMADO , BEA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	01:23:20.130	05:58 min/Km
103	76	104	RIVAS POMBO , MARCELINO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:23:20.820	05:58 min/Km
104	77	163	CASTEDO ALONSO , JUAN JOSÉ	MALE	SENIOR-M	CLUB ATLETISMO SADA MONTAÑA	01:23:35.620	05:59 min/Km
105	2	285	TRUCIOS GOMEZ , MARLEN	FEMALE	SENIOR-F	INDEPENDIENTE	01:23:36.220	05:59 min/Km
106	27	194	GÓMEZ GÓMEZ , MANUEL	MALE	VETERAN-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:23:42.200	05:59 min/Km
107	28	140	ABAL MORRAZO , EMILIO	MALE	VETERAN-M	INDEPENDIENTE	01:23:46.300	05:60 min/Km
108	29	218	MUÑIZ MUÑIZ , XOÁN	MALE	VETERAN-M		01:23:47.020	05:60 min/Km
109	78	299	XAMARDO FIGUEIRA , MIGUEL	MALE	SENIOR-M	I TREKKERS BARBANZA SAR	01:23:53.370	05:60 min/Km
110	30	49	GARCÍA RODRÍGUEZ , JUAN MANUEL	MALE	VETERAN-M		01:23:59.380	05:60 min/Km
111	79	216	MONTOUTO REQUEIJO , DIEGO ARMANI	MALE	SENIOR-M	AZERVAÑAN	01:24:01.210	06:01 min/Km
112	80	237	PÉREZ GARCIA , JUAN MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:24:08.490	06:01 min/Km
113	81	122	TUBIO PIÑEIRO , TOMAS	MALE	SENIOR-M	INDEPENDIENTE	01:24:12.080	06:01 min/Km
114	31	185	FRAGA RODRÍGUEZ , ALBERTO	MALE	VETERAN-M	INDEPENDIENTE	01:24:13.660	06:01 min/Km
115	82	283	SUEIRO IGLESIAS , ESTEBAN	MALE	SENIOR-M	CLUB DEPORTIVO VAGALUME ENERGÍA	01:24:18.010	06:02 min/Km
116	83	21	CABEZAL SÁNCHEZ , ALEJANDRO	MALE	SENIOR-M		01:24:19.860	06:02 min/Km

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## - TRAIL DE DE BEALO-

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
117	84	165	CASTRO SOUTO , ALFONSO JAVIER	MALE	SENIOR-M	MARINEDA ATLÉTICO	01:24:22.610	06:02 min/Km
118	85	160	CAMPOS SSNTIAGO , ANGEL	MALE	SENIOR-M	INDEPENDIENTE	01:24:25.250	06:02 min/Km
119	86	114	SARASQUETE FERNÁNDEZ , FRANCISCO	MALE	SENIOR-M	CABALO DE ARTES	01:24:26.790	06:02 min/Km
120	87	193	GOMEZ BARBA , SANTIAGO	MALE	SENIOR-M		01:24:34.570	06:03 min/Km
121	32	84	PAZOS SUÁREZ , FRANCISCO JAVIER	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	01:24:39.390	06:03 min/Km
122	88	246	QUINTANS GARCIA , FRANCISCO JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:24:43.900	06:04 min/Km
123	89	2	AGRAFOJO PEREIRA , RAFAEL	MALE	SENIOR-M	INDEPENDIENTE	01:24:53.570	06:04 min/Km
124	90	19	BRENLLA FAJIN , SATIRO	MALE	SENIOR-M	TARTARUGAS	01:24:54.820	06:04 min/Km
125	91	152	BOTANA TOBA , JAVIER	MALE	SENIOR-M	RANNASS	01:25:07.990	06:05 min/Km
126	92	259	RODRIGUEZ ALONSO , PABLO	MALE	SENIOR-M	INDEPENDIENTE	01:25:13.510	06:06 min/Km
127	93	32	CUÑARRO GOMEZ , PABLO	MALE	SENIOR-M		01:25:39.600	06:08 min/Km
128	3	74	MAREQUE MARTINEZ , MARIA	FEMALE	SENIOR-F	TARTARUGAS	01:25:41.330	06:08 min/Km
129	94	77	MELEIRO FERNANDEZ , EMILIO	MALE	SENIOR-M	TARTARUGAS	01:25:41.430	06:08 min/Km
130	95	275	SANTOS DIOS , MON	MALE	SENIOR-M		01:26:00.530	06:09 min/Km
131	96	155	BUGALLO MOURIÑO , BORJA	MALE	SENIOR-M	INDEPENDIENTE	01:26:10.110	06:10 min/Km
132	97	222	NOVOA SEOANE , PABLO	MALE	SENIOR-M		01:26:10.310	06:10 min/Km
133	33	268	ROMERO PARADA , KIKO	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:26:11.660	06:10 min/Km
134	34	39	FERNANDEZ OLIVEIRA , JUAN CARLOS	MALE	VETERAN-M	INDEPENDIENTE	01:26:25.460	06:11 min/Km
135	1	12	BARROSO PEREZ , BEATRIZ	FEMALE	VETERAN-F	TRIBU TRAIL	01:26:34.550	06:12 min/Km
136	98	169	COUCE GARCIA , ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	01:26:34.610	06:12 min/Km
137	99	64	LAGOS PEREIRO , ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	01:26:52.710	06:13 min/Km
138	35	93	PEREZ SUSAVILA , ANGEL	MALE	VETERAN-M		01:27:08.560	06:14 min/Km
139	100	279	SOTO BUCETA , SERGIO	MALE	SENIOR-M	C.A.CAMBADOS-SEG.NOVAL	01:27:25.990	06:15 min/Km
140	101	181	FIGUEIRAS TOREA , ÓSCAR	MALE	SENIOR-M	CLUB ATLETISMO OUTES. JOHN TURKEY	01:27:47.750	06:17 min/Km
141	102	82	OUTEIRAL DAVILA , JOSÉ MANUEL	MALE	SENIOR-M	IMMORTALS	01:28:07.680	06:18 min/Km
142	36	203	JUVIÑO PREGO , ANGEL	MALE	VETERAN-M		01:28:08.600	06:18 min/Km
143	103	168	COSTOYA , JORGE	MALE	SENIOR-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:28:09.490	06:18 min/Km
144	104	228	PARADA BREA , DANIEL	MALE	SENIOR-M		01:28:15.400	06:19 min/Km
145	2	88	PEREIRA GIRALDEZ , SERAFINA	FEMALE	VETERAN-F	INDEPENDIENTE	01:28:16.380	06:19 min/Km

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CRONOMETRAXE

## - TRAIL DE DE BEALO-

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
146	3	171	DE LA FUENTE IGLESIAS , EVA	FEMALE	VETERAN-F	CLUB DEPORTIVO VAGALUME ENERGÍA	01:28:24.100	06:19 min/Km
147	105	147	BARATA ALONSO , JORGE	MALE	SENIOR-M	HERCULES TERRMARIA	01:28:46.690	06:21 min/Km
148	106	295	VIDAL MARTÍNEZ , RUBÉN	MALE	SENIOR-M	LOS CHAVALES	01:28:48.770	06:21 min/Km
149	107	180	FERNÁNDEZ RIAL , SANTIAGO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:29:14.560	06:23 min/Km
150	108	247	QUINTELA , IBAN	MALE	SENIOR-M		01:29:15.320	06:23 min/Km
151	109	60	IBÁÑEZ PEREIRO , AITOR	MALE	SENIOR-M	TRIBU TRAIL	01:29:19.230	06:23 min/Km
152	37	107	RODRIGUEZ JURJO , VITORMANUEL	MALE	VETERAN-M	QUESCREM	01:29:25.050	06:24 min/Km
153	38	189	GARCIA ARES , JOSÉ MANUEL	MALE	VETERAN-M	PRAIA DE CARNOTA RUNNERS	01:29:31.130	06:24 min/Km
154	110	48	GARCIA LIAS , CRISTIAN	MALE	SENIOR-M	INDEPENDIENTE	01:29:34.070	06:24 min/Km
155	39	201	IGLESIAS IGLESIAS , ISIDRO	MALE	VETERAN-M	C. D. RIA DE AROUSA	01:29:44.240	06:25 min/Km
156	4	73	MANEIRO CAAMAÑO , VANESSA	FEMALE	SENIOR-F	INDEPENDIENTE	01:29:45.070	06:25 min/Km
157	111	232	PAZOS RECAREY , JAVIER	MALE	SENIOR-M	MARISCOS RECIO	01:29:45.170	06:25 min/Km
158	112	266	ROMERO NUÑEZ , IVAN	MALE	SENIOR-M	VGA RUNNERS	01:29:54.940	06:26 min/Km
159	113	243	PIÑEIRO GARCIA , HECTOR	MALE	SENIOR-M	INDEPENDIENTE	01:30:46.090	06:30 min/Km
160	40	91	PEREZ LAMPON , JOSE MANUEL	MALE	VETERAN-M	VIRXIGUIANOS TRAIL	01:30:55.040	06:30 min/Km
161	41	248	REGUEIRA BOO , JOSE MATIAS	MALE	VETERAN-M	ATLETICA BARBANZA	01:31:01.540	06:31 min/Km
162	114	162	CASAL LAGE , JOSÉ MIGUEL	MALE	SENIOR-M		01:31:04.600	06:31 min/Km
163	115	58	HERNANDEZ PEREIRA , IAGO	MALE	SENIOR-M	INDEPENDIENTE	01:31:30.660	06:33 min/Km
164	116	115	SEOANE NIETO , GONZALO	MALE	SENIOR-M	TARTARUGAS	01:31:52.240	06:34 min/Km
165	117	101	REVILLA ORTIZ , IGNACIO	MALE	SENIOR-M	MAIS DEPORTE	01:31:57.280	06:35 min/Km
166	118	176	DURAN MARTINEZ , ALBERTO	MALE	SENIOR-M		01:32:02.720	06:35 min/Km
167	119	229	PARDO TASENDE , CARLOS	MALE	SENIOR-M	CC MESOIRO	01:33:10.760	06:40 min/Km
168	120	83	PAIS TRIGO , FRANCISCO	MALE	SENIOR-M		01:34:19.890	06:45 min/Km
169	42	154	BREA SANCHEZ , JOSE MARIA	MALE	VETERAN-M		01:34:21.750	06:45 min/Km
170	4	257	RIVAS RIO , CRISTINA	FEMALE	VETERAN-F		01:34:36.740	06:46 min/Km
171	121	256	RIVAS RIO , AGUSTIN	MALE	SENIOR-M	INDEPENDIENTE	01:34:36.760	06:46 min/Km
172	122	251	REY AGRELO , RAMIRO	MALE	SENIOR-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:34:39.860	06:46 min/Km
173	123	109	RODRÍGUEZ SOUTO , JOSÉ ANTONIO	MALE	SENIOR-M		01:35:02.060	06:48 min/Km
174	124	92	PÉREZ LÓPEZ , DANIEL	MALE	SENIOR-M	MAIS DEPORTE	01:35:06.950	06:48 min/Km

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175	125	276	SANTOS ROJAS , FRANCISCO	MALE	SENIOR-M		01:35:14.440	06:49 min/Km
176	43	195	GOMEZ RIVADULLA , RAMON	MALE	VETERAN-M	TRIBU TRAIL	01:35:17.370	06:49 min/Km
177	44	44	FERREIROS FERNANDEZ , JOSE	MALE	VETERAN-M	TARTARUGAS	01:36:09.340	06:53 min/Km
178	45	158	CALVO LÓPEZ , RICARDO	MALE	VETERAN-M	ATLETAS ACEA DE AMA	01:36:23.630	06:54 min/Km
179	5	72	MALLO DOMINGUEZ , ANA MARIA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:36:40.590	06:55 min/Km
180	126	35	FEIJOO GARCIA , LUIS	MALE	SENIOR-M	TARTARUGAS	01:36:41.860	06:55 min/Km
181	6	52	GOMEZ LODEIROS , SUSANA	FEMALE	VETERAN-F	TARTARUGAS	01:36:41.930	06:55 min/Km
182	46	220	NIETO FONTENLA , FRANCISCO	MALE	VETERAN-M	ANOVA RACING TEAM	01:36:44.310	06:55 min/Km
183	127	254	REY OTERO , JOSE M.	MALE	SENIOR-M	ANOVA RACING TEAM	01:36:44.620	06:55 min/Km
184	47	217	MOROÑO ARENAS , SANTIAGO	MALE	VETERAN-M		01:36:48.260	06:55 min/Km
185	7	75	MARTINEZ LAGO , PATI	FEMALE	VETERAN-F	VIRXIGUIANOS TRAIL	01:37:22.550	06:58 min/Km
186	128	16	BOO REIRIZ , JOSE MARIA	MALE	SENIOR-M	VIRXIGUIANOS TRAIL	01:37:23.110	06:58 min/Km
187	48	67	LOPEZ SANCHEZ , JAIME	MALE	VETERAN-M	VIRXIGUIANOS TRAIL	01:37:23.300	06:58 min/Km
188	8	293	VEIGA BLANCO , EMMA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:37:44.420	06:59 min/Km
189	129	166	CENAMOR FANDIÑO , MARCOS	MALE	SENIOR-M		01:37:45.590	06:59 min/Km
190	5	26	CASTIÑEIRAS PEREIRA , RAQUEL	FEMALE	SENIOR-F	TARTARUGAS	01:37:58.220	06:60 min/Km
191	49	129	VILLANUSTRE ABUIN , GERMÁN	MALE	VETERAN-M	S.D.BARBANTIA RODA	01:38:51.790	07:04 min/Km
192	6	239	PEREZ PEREZ , ANDREA	FEMALE	SENIOR-F	OS TORAKKA	01:39:24.170	07:07 min/Km
193	9	175	DOMINGUEZ ALVAREZ , ANA ISABEL	FEMALE	VETERAN-F	OS TORAKKA	01:39:24.350	07:07 min/Km
194	50	105	RODRIGUEZ CID , JOSE MANUEL	MALE	VETERAN-M	ASALTAMONTES	01:40:02.930	07:09 min/Km
195	130	215	MAYÁN MARTÍNEZ , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	01:40:35.190	07:12 min/Km
196	51	288	VAZQUEZ DIESTE , DANIEL	MALE	VETERAN-M		01:40:45.460	07:12 min/Km
197	131	186	FRAIZ VELÁZQUEZ , TOMÁS	MALE	SENIOR-M	ADAS PROINOR	01:40:50.660	07:13 min/Km
198	7	102	RIAÑO LUEIRO , NOELIA	FEMALE	SENIOR-F	TRIBU TRAIL	01:41:50.970	07:17 min/Km
199	52	141	ABOY POTEL , JOSE	MALE	VETERAN-M	TRIBU TRAIL	01:41:50.980	07:17 min/Km
200	10	249	REIMONDEZ CALVO , SONIA MARIA	FEMALE	VETERAN-F	CLUB DE ATLETISMO FONTES DO SAR	01:41:52.090	07:17 min/Km
201	11	87	PEÑA VILLAMIDE , PAZ	FEMALE	VETERAN-F	TARTARUGAS	01:41:54.120	07:17 min/Km
202	132	281	SUAREZ BERMUDEZ , FRANCISCO JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:42:46.390	07:21 min/Km
203	133	253	REY GOMEZ , ROBERTO	MALE	SENIOR-M	C.D. SAN PAIO	01:42:51.110	07:21 min/Km

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204	12	126	VEIGA BLANCO , MONTSE	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:43:17.700	07:23 min/Km
205	134	80	MILLARES FILGUEIRA , FRAN	MALE	SENIOR-M	IMMORTALS	01:43:26.030	07:24 min/Km
206	53	3	ALFONSÍN SOLIÑO , GONZALO	MALE	VETERAN-M	TARTARUGAS	01:45:01.320	07:31 min/Km
207	135	125	VAZQUEZ PAZOS , JOSE RAMON	MALE	SENIOR-M		01:45:42.920	07:34 min/Km
208	54	289	VÁZQUEZ DIESTE , JUAN MANUEL	MALE	VETERAN-M		01:45:58.550	07:35 min/Km
209	13	202	IGLESIAS REBOREDO , MARY SOL	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:46:01.480	07:35 min/Km
210	55	103	RÍOS GIMÉNEZ , ADOLFO OMAR	MALE	VETERAN-M	CLUBE ATLETISMO BOIMORTO	01:47:14.060	07:40 min/Km
211	14	292	VEIGA BERMEJO , ARACELI	FEMALE	VETERAN-F		01:48:11.180	07:44 min/Km
212	136	224	OTERO LEMA , ENRIQUE	MALE	SENIOR-M	INDEPENDIENTE	01:48:12.390	07:44 min/Km
213	137	280	SOUTULLO VAZQUEZ , JUANRA	MALE	SENIOR-M	OS TORAKKA	01:48:32.390	07:46 min/Km
214	138	85	PEDREIRA SINDE , CESAR	MALE	SENIOR-M	ANOVA RACING TEAM	01:48:35.290	07:46 min/Km
215	15	156	CAJUSO BARBAZAN , JOSEFA	FEMALE	VETERAN-F	CLUB ATLETISMO NEGREIRA	01:48:43.570	07:46 min/Km
216	139	183	FONTAÍÑA FALQUEU , JAVIER	MALE	SENIOR-M	CLUB KEMPO BARBANZA	01:48:45.830	07:47 min/Km
217	16	261	RODRIGUEZ FERNANDEZ , CLARA	FEMALE	VETERAN-F		01:48:51.590	07:47 min/Km
218	17	157	CAJUSO BARBAZAN , MARINA	FEMALE	VETERAN-F	CLUB ATLETISMO NEGREIRA	01:48:53.070	07:47 min/Km
219	18	209	LORENZO BUCETA , ESTHER	FEMALE	VETERAN-F	TRIBU TRAIL	01:49:32.160	07:50 min/Km
219	56	150	BLANCO LAIÑO , FRANCISCO	MALE	VETERAN-M	TRIBU TRAIL	01:49:32.160	07:50 min/Km
221	8	287	VALIÑO CES , ALMUDENA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	01:49:40.780	07:51 min/Km
222	140	98	PIÑEIRO VÁZQUEZ , JOSÉ VICENTE	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:49:41.000	07:51 min/Km
223	19	127	VIGO LIÑARES , ANA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	01:49:41.110	07:51 min/Km
224	9	242	PIÑEIRO DIOS , ANDREA	FEMALE	SENIOR-F	INDEPENDIENTE	01:49:47.370	07:51 min/Km
225	141	33	DOBLA BARREIRO , HUGO	MALE	SENIOR-M		01:49:47.450	07:51 min/Km
226	10	263	RODRIGUEZ LAGO , BEGOÑA	FEMALE	SENIOR-F		01:50:16.700	07:53 min/Km
227	142	37	FEIJOO LAGO , JUAN CARLOS	MALE	SENIOR-M	INDEPENDIENTE	01:50:27.080	07:54 min/Km
228	143	258	RODRIGUEZ ABOY , MARIO	MALE	SENIOR-M	TRIBU TRAIL	01:50:46.500	07:55 min/Km
229	144	204	LESTON MENDEZ , MARTIN	MALE	SENIOR-M		01:53:39.040	08:08 min/Km
230	11	260	RODRIGUEZ BERMUDEZ , TAMARA	FEMALE	SENIOR-F		01:53:39.520	08:08 min/Km
231	20	271	SALMONTE VARELA , ÁNGELES	FEMALE	VETERAN-F	CLUB DEPORTIVO VAGALUME ENERGÍA	01:56:30.330	08:20 min/Km
232	21	149	BERMUDEZ MUÑIZ , MARIA JOSE	FEMALE	VETERAN-F	INDEPENDIENTE	01:56:34.410	08:20 min/Km



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POS.	P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
233	57	151	BLANCO VIDAL , JUAN JOSE	MALE	VETERAN-M	INDEPENDIENTE	01:56:34.530	08:20 min/Km
234	22	223	NOYA PEREZ , BELEN	FEMALE	VETERAN-F	CLUB DE ATLETISMO FONTES DO SAR	01:56:35.680	08:20 min/Km
235	58	205	LIÑARES MARTINEZ , JOSE IGNACIO	MALE	VETERAN-M	NOITEBRA	01:56:38.280	08:20 min/Km
236	12	190	GARCÍA CASTELO , MARÍA	FEMALE	SENIOR-F	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:56:54.120	08:22 min/Km
236	145	146	BAÑA MOLEDO , JOSÉ	MALE	SENIOR-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	01:56:54.120	08:22 min/Km
238	23	170	DACOSTA OTERO , MONICA	FEMALE	VETERAN-F	INDEPENDIENTE	01:57:08.630	08:23 min/Km
239	13	225	OUTEDA GRAÑA , ANDREA	FEMALE	SENIOR-F	TRIBU TRAIL	01:57:08.710	08:23 min/Km
240	14	145	ALONSO SOLLA , ANITA	FEMALE	SENIOR-F	INDEPENDIENTE	01:57:08.770	08:23 min/Km
241	146	277	SEÑARIS VIDAL , JAVIER	MALE	SENIOR-M		01:58:39.490	08:29 min/Km
242	59	297	VIGO SANZ , JUAN PEDRO Q	MALE	VETERAN-M	INDEPENDIENTE	01:59:52.740	08:34 min/Km
243	147	143	ALDREY RAICES , JOSE MANUEL	MALE	SENIOR-M	PRAIA DE CARNOTA RUNNERS	01:59:53.530	08:34 min/Km
244	60	234	PEREZ BALIRAC , JESUS	MALE	VETERAN-M	NOITEBRA	02:01:15.840	08:40 min/Km
245	24	290	VÁZQUEZ FERNÁNDEZ , BEATRIZ	FEMALE	VETERAN-F	CLUB DE ATLETISMO FONTES DO SAR	02:04:02.730	08:52 min/Km
246	15	208	LÓPEZ FERNANDEZ , SUEVIA	FEMALE	SENIOR-F	CLUB DE ATLETISMO FONTES DO SAR	02:04:02.900	08:52 min/Km
247	16	199	HERMIDA CAO , ANA MARIA	FEMALE	SENIOR-F	CLUB DE ATLETISMO FONTES DO SAR	02:04:02.980	08:52 min/Km
248	25	167	COSTELA REY , MARÍA	FEMALE	VETERAN-F	FONTES DO SAR	02:04:03.110	08:52 min/Km
249	26	47	FONTÁN RODRÍGUEZ , MARÍA DEL PUER	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:16:05.460	09:44 min/Km
250	27	100	RE CAREY FERNÁNDEZ , MARIA DEL CARI	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:16:05.620	09:44 min/Km
251	28	99	QUIREZA RAMOS , MARÍA ISABEL	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:16:05.640	09:44 min/Km
252	29	55	GONZALEZ GONZALEZ , MARIA ISAURA	FEMALE	VETERAN-F	CLUB SOCIAL BANCO PASTOR	02:17:53.080	09:51 min/Km
253	61	94	PEREZ TERAN , JHONNY ROGELIO	MALE	VETERAN-M	CLUB SOCIAL BANCO PASTOR	02:17:53.140	09:51 min/Km