

II ENCONTRO MONTE PINDO

- TRAIL CURTO 14K -

09 XULLO 2016

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	POS.	P.CAT.	CONTROL 1	POS.	P.CAT.	META	DIFF. 1º	RITMO
1	1	845	PEREZ MORENO , JAVIER	MALE	SENIOR-M		1	1	00:40:07.243	1	1	01:08:29.003		04:54 min/Km
2	1	819	FOLGAR POUSO , RAMÓN IGNACIO	MALE	VET-A-M	SAR VERMU PETRONI	2	1	00:40:08.003	2	1	01:08:38.093	+00:00:09.090	04:55 min/Km
3	2	905	ARUFE SANTAMARIA , JUAN	MALE	VET-A-M	ADC ARNELA	3	2	00:43:42.723	3	2	01:12:26.983	+00:03:57.980	05:11 min/Km
4	3	850	RAÑA FUENTES , MANUEL	MALE	VET-A-M		5	4	00:43:46.053	4	3	01:15:27.173	+00:06:58.170	05:24 min/Km
5	4	853	SALVADO TEJEDOR , ROBERTO	MALE	VET-A-M	ACADE	4	3	00:43:45.313	5	4	01:16:25.983	+00:07:56.980	05:28 min/Km
6	2	818	ESPASANDÍN LEMA , DAMIÁN	MALE	SENIOR-M	DAFIT	6	2	00:46:01.473	6	2	01:18:47.983	+00:10:18.980	05:38 min/Km
7	5	856	SANTOS POSE , JOSE MANUEL	MALE	VET-A-M	AVIVA SPORT CLUB	7	5	00:47:47.273	7	5	01:20:36.773	+00:12:07.770	05:46 min/Km
8	3	855	SANTALLA SILVA , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	8	3	00:50:24.203	8	3	01:23:56.093	+00:15:27.090	05:60 min/Km
9	1	846	PEREZ SUAREZ , LUIS FERNANDO	MALE	VET-B-M	ACADE	9	1	00:50:36.183	9	1	01:25:19.243	+00:16:50.240	06:06 min/Km
10	6	808	BESADA , JAVIER	MALE	VET-A-M	INDEPENDIENTE	12	7	00:53:22.623	10	6	01:28:34.603	+00:20:05.600	06:20 min/Km
11	7	863	VARELA VÁZQUEZ , GUILLERMO	MALE	VET-A-M	EVASIONMALLORCATRAIL	14	9	00:53:36.283	11	7	01:29:38.603	+00:21:09.600	06:25 min/Km
12	8	814	CEBRO TRENCO , FERNANDO	MALE	VET-A-M	INDEPENDIENTE	10	6	00:52:37.943	12	8	01:30:33.733	+00:22:04.730	06:29 min/Km
13	2	842	MENENDEZ-SAMPIL TRESENS , VICTOR	MALE	VET-B-M	CD ESPORTATE BIKILA ASTURIAS	11	2	00:53:20.693	13	2	01:30:41.423	+00:22:12.420	06:29 min/Km
14	1	861	TRABA MARTINEZ , FATIMA	FEMALE	VET-B-F	INDEPENDIENTE	20	1	00:54:59.413	14	1	01:30:49.103	+00:22:20.100	06:30 min/Km
15	9	810	BLANCO GOMEZ , JOSÉ MIGUEL	MALE	VET-A-M	TIRAMILLAS	13	8	00:53:26.883	15	9	01:30:56.883	+00:22:27.880	06:30 min/Km
16	4	865	VILLAMISAR BLANCO , JAVIER	MALE	SENIOR-M	CLUB HÉRCULES TERMARIA	16	4	00:54:41.223	16	4	01:30:56.933	+00:22:27.930	06:30 min/Km
17	1	1001	BOGO SAAVEDRA , DANIEL	MIXED	PAREJAS	CORUÑA 1	17	1	00:54:47.063	17	1	01:31:23.263	+00:22:54.260	06:32 min/Km
18	2	1016	SUAREZ PAZOS , ALMUDENA	MIXED	PAREJAS	CORUÑA 1	18	2	00:54:47.113	18	2	01:31:23.423	+00:22:54.420	06:32 min/Km
19	3	817	DIAZ CARBALLO , MIGUEL	MALE	VET-B-M	INDEPENDIENTE	15	3	00:54:34.733	19	3	01:31:32.343	+00:23:03.340	06:33 min/Km
20	5	809	BLANCO FERNANDEZ , ARTURO	MALE	SENIOR-M	CLUB ATLETISMO OUTES- JOHN TURKEY	22	6	00:55:20.453	20	5	01:33:42.893	+00:25:13.890	06:42 min/Km
21	6	831	LAMELA BLANCO , JOSÉ	MALE	SENIOR-M	INDEPENDIENTE	26	7	00:59:04.653	21	6	01:35:56.103	+00:27:27.100	06:52 min/Km
22	7	827	GOYANES MARTÍNEZ , MANUEL	MALE	SENIOR-M	INDEPENDIENTE	27	8	00:59:05.693	22	7	01:35:56.193	+00:27:27.190	06:52 min/Km
23	8	811	CAAMAÑO ROMERO , DAVID	MALE	SENIOR-M	INDEPENDIENTE	27	8	00:59:05.693	23	8	01:36:03.570	+00:27:34.567	06:52 min/Km
24	4	836	LOPEZ VILA , FRANCISCO JAVIER	MALE	VET-B-M		24	5	00:58:06.673	24	4	01:36:46.373	+00:28:17.370	06:55 min/Km
25	1	823	GARCIA RODRIGUEZ , CARLOS MANUEL	MALE	SIN CAT	INDEPENDIENTE	31	1	00:59:56.933	25	1	01:36:47.273	+00:28:18.270	06:55 min/Km
26	10	816	CUNS SANTOS , JOSE RAMON	MALE	VET-A-M		25	10	00:58:08.193	26	10	01:36:47.633	+00:28:18.630	06:55 min/Km
27	11	848	PINTO ALVAREZ , CARLOS	MALE	VET-A-M	INDEPENDIENTE	30	11	00:59:49.513	27	11	01:36:47.683	+00:28:18.680	06:55 min/Km
28	12	807	BERMUDEZ TAJES , BRUNO	MALE	VET-A-M	INDEPENDIENTE	32	12	01:00:01.223	28	12	01:38:42.433	+00:30:13.430	07:04 min/Km
29	13	841	MAYA KEREJETA , MANU	MALE	VET-A-M	INDEPENDIENTE	33	13	01:00:03.663	29	13	01:39:16.533	+00:30:47.530	07:06 min/Km
30	5	801	ABAL MORRAZO , EMILIO	MALE	VET-B-M	INDEPENDIENTE	23	4	00:57:46.583	30	5	01:42:32.603	+00:34:03.600	07:20 min/Km
31	14	835	LOPEZ PENA , DOMINGO MANUEL	MALE	VET-A-M	CLUBE ATLETISMO BOIMORTO	44	15	01:02:10.383	31	14	01:42:39.263	+00:34:10.260	07:20 min/Km
32	9	832	LEMA , DANI	MALE	SENIOR-M	DAFIT	36	11	01:01:18.143	32	9	01:42:55.193	+00:34:26.190	07:22 min/Km
33	15	833	LOPEZ JACOME , ALVARO	MALE	VET-A-M	CLUB HÉRCULES TERMARIA	58	22	01:08:41.503	33	15	01:43:55.073	+00:35:26.070	07:26 min/Km
34	1	868	IGLESIAS DE LA FUENTE , EVA	FEMALE	VET-A-F		49	2	01:04:02.623	34	1	01:44:03.543	+00:35:34.540	07:26 min/Km
35	3	1011	LIRA GROBA , ANGEL	MALE	PAREJAS	LOS ROMPE SUELAS	40	7	01:01:42.073	35	3	01:44:06.333	+00:35:37.330	07:27 min/Km
36	4	1005	CELESTINO , DIEGO	MALE	PAREJAS	LOS ROMPE SUELAS	37	4	01:01:35.063	36	4	01:44:06.563	+00:35:37.560	07:27 min/Km

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37	16	849	PUJALES BLANCO , JOSE ANGEL	MALE	VET-A-M	VIGOENTRENA	45	16	01:02:15.483	37	16	01:44:11.993	+00:35:42.990	07:27 min/Km
38	5	1012	LOPEZ PARENTE , MARIA	MIXED	PAREJAS	TEAM MV	38	5	01:01:39.773	38	5	01:44:39.043	+00:36:10.040	07:29 min/Km
39	6	1009	IGLESIAS RABANAL , VICENTE	MIXED	PAREJAS	TEAM MV	39	6	01:01:41.283	39	6	01:44:39.083	+00:36:10.080	07:29 min/Km
40	10	858	SEGADE SERANTES , ENRIQUE	MALE	SENIOR-M	INDEPENDIENTE	43	12	01:01:53.983	40	10	01:45:13.463	+00:36:44.460	07:31 min/Km
41	2	860	TORRES TORRES , JOHANA	FEMALE	VET-A-F		19	1	00:54:48.473	41	2	01:45:41.603	+00:37:12.600	07:33 min/Km
42	11	980	REY , MIGUEL ANGEL	MALE	SENIOR-M		21	5	00:55:01.393	42	11	01:45:43.083	+00:37:14.080	07:34 min/Km
43	7	1015	SALA GONZALEZ , SONIA	MIXED	PAREJAS	TI E MAIS EU	42	9	01:01:51.943	43	7	01:46:12.543	+00:37:43.540	07:36 min/Km
44	8	1006	DE LA FUENTE SALA , SERGIO	MIXED	PAREJAS	TI E MAIS EU	41	8	01:01:51.533	44	8	01:46:12.803	+00:37:43.800	07:36 min/Km
45	17	847	PIÑOL CHAS , JUAN CARLOS	MALE	VET-A-M		46	17	01:02:16.813	45	17	01:46:35.733	+00:38:06.730	07:37 min/Km
46	9	1008	FERNÁNDEZ CAMPOS , PURIFICACIÓN	MIXED	PAREJAS	ALOLOCO	47	10	01:02:17.703	46	9	01:48:44.753	+00:40:15.750	07:47 min/Km
47	10	1002	CALVIÑO BUGUEIRO , LOLO	MIXED	PAREJAS	ALOLOCO	29	3	00:59:11.893	47	10	01:48:44.843	+00:40:15.840	07:47 min/Km
48	18	803	ALVAREZ SUAREZ , ANGEL	MALE	VET-A-M	ACADE	48	18	01:02:29.453	48	18	01:49:14.083	+00:40:45.080	07:49 min/Km
49	11	1013	RAMOS MIRANDA , MARTIN	MIXED	PAREJAS	SONGOKU TEAM	54	12	01:06:06.683	49	11	01:49:47.333	+00:41:18.330	07:51 min/Km
50	12	1007	FERNANDEZ BLANCO , LORENA	MIXED	PAREJAS	SONGOKU TEAM	53	11	01:06:05.793	50	12	01:49:48.313	+00:41:19.310	07:51 min/Km
51	12	914	CASTELO NUÑEZ , DAVID	MALE	SENIOR-M	GALLAECIA RAID	34	10	01:00:56.663	51	12	01:50:52.853	+00:42:23.850	07:56 min/Km
52	19	812	CASTELO NUÑEZ , RICARDO	MALE	VET-A-M	INDEPENDIENTE	35	14	01:00:59.233	52	19	01:51:14.693	+00:42:45.690	07:57 min/Km
53	1	813	CASTRO GARCIA , JULIA	FEMALE	SENIOR-F	ACADE	50	1	01:04:28.443	53	1	01:51:16.743	+00:42:47.740	07:57 min/Km
54	2	806	BARREIRO GARCIA , VANESSA	FEMALE	SENIOR-F		51	2	01:05:45.803	54	2	01:52:26.433	+00:43:57.430	08:02 min/Km
55	13	1004	CASTRO VILAR , ALBERTO	MALE	PAREJAS	AMODIÑO	56	13	01:07:55.493	55	13	01:54:49.253	+00:46:20.250	08:13 min/Km
56	20	802	ALVAREZ ESTEVEZ , OSCAR	MALE	VET-A-M	VIGORUNNERS	57	21	01:08:15.473	56	20	01:54:51.033	+00:46:22.030	08:13 min/Km
57	21	822	GARCIA FIUSA , JUAN	MALE	VET-A-M		52	19	01:05:50.903	57	21	01:55:27.033	+00:46:58.030	08:15 min/Km
58	22	821	GARCIA BARBEIRA , PABLO	MALE	VET-A-M		55	20	01:07:43.243	58	22	01:59:58.243	+00:51:29.240	08:35 min/Km
59	23	824	GARMA CASTRO , JOAQUIN	MALE	VET-A-M		62	24	01:11:59.683	59	23	02:02:07.393	+00:53:38.390	08:44 min/Km
60	24	815	CUENCA PUJADES , FRANCISCO JAVIER	MALE	VET-A-M		60	23	01:11:34.333	60	24	02:03:22.253	+00:54:53.250	08:49 min/Km
61	3	828	GRANDÍO VICENTE , ARACELI	FEMALE	VET-A-F	INDEPENDIENTE	63	3	01:13:38.613	61	3	02:05:34.503	+00:57:05.500	08:59 min/Km
62	4	839	MARGARETO NOYA , MERCEDES	FEMALE	VET-A-F	INDEPENDIENTE	67	4	01:17:00.503	62	4	02:07:29.633	+00:59:00.630	09:07 min/Km
63	5	820	FRAGA MARTINEZ , MONTSERRAT	FEMALE	VET-A-F		68	5	01:17:31.143	63	5	02:09:02.263	+01:00:33.260	09:14 min/Km
64	6	834	LÓPEZ LODEIRO , JOSÉ MANUEL	MALE	VET-B-M	CLUB ATLETISMO SADA	69	7	01:17:32.993	64	6	02:09:28.943	+01:00:59.940	09:15 min/Km
65	14	1014	SABIN CALVO , JUAN CARLOS	MIXED	PAREJAS	VERIN 1	65	14	01:16:43.953	65	14	02:09:33.583	+01:01:04.580	09:16 min/Km
66	15	1003	CASTRO BLANCO , OLGA	MIXED	PAREJAS	VERIN 1	66	15	01:16:46.893	66	15	02:09:33.853	+01:01:04.850	09:16 min/Km
67	13	804	AMBROA BARBEITO , GUILLERMO	MALE	SENIOR-M		61	13	01:11:45.433	67	13	02:14:49.493	+01:06:20.490	09:38 min/Km
68	7	867	SANCHEZ LOUREDA , JOSE MANUEL	MALE	VET-B-M	INDEPENDIENTE	59	6	01:11:20.923	68	7	02:18:27.753	+01:09:58.750	09:54 min/Km
69	2	864	VEIGA BERMEJO , ARACELI	FEMALE	VET-B-F		64	2	01:14:21.833	69	2	02:18:27.943	+01:09:58.940	09:54 min/Km
70	6	852	RODRÍGUEZ GARCÍA , LUZ	FEMALE	VET-A-F		71	7	01:33:33.073	70	6	02:33:56.093	+01:25:27.090	10:60 min/Km
71	7	862	VARELA GARCÍA , ANA BEGOÑA	FEMALE	VET-A-F		70	6	01:33:32.573	71	7	02:33:58.963	+01:25:29.960	10:60 min/Km
ABD		829	HERNANDO SANTALLA , ROBERTO	MALE	VET-A-M	BEER RUNNERS CORUÑA						01:25:01.113		06:05 min/Km

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ABD		838	MALDONADO LEMOS , RAUL ERNESTO	MALE	VET-A-M							01:25:26.993		06:07 min/Km