



## - LISTA DE LLEGADAS -

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
1	1	31	NEIRA DIEGUEZ , ALBERTO	MALE	BIKESTRADA	02:11:37		19,1 Km/h
2	1	304	HERRAEZ , DANI	MALE	CDM XESTEIRAS	02:11:37		19,1 Km/h
3	3	112	BREIJO MARTÍNEZ , YAGO	MALE	CDM XESTEIRAS	02:11:37	+00:00:00	19,1 Km/h
4	4	12	BRANDARIZ LOUZAO , PABLO	MALE	CDM XESTEIRAS	02:12:35	+00:00:58	19,0 Km/h
5	5	204	PEREZ MARTINEZ , GUSTAVO	MALE	ARAGONTA	02:14:13	+00:02:36	18,8 Km/h
6	6	329	FIEIRA NOYA , JENARO	MALE	INDEPENDIENTE	02:15:53	+00:04:16	18,5 Km/h
7	7	180	MONTES VARELA , MARCOS	MALE	CDM XESTEIRAS	02:19:19	+00:07:42	18,1 Km/h
8	8	248	GARCIA CASTAÑO , DANI	MALE	CLUB CICLISTA SONENSE	02:19:20	+00:07:43	18,1 Km/h
9	9	93	LIÑARES CUENCE , PABLO	MALE	CDM XESTEIRAS	02:19:53	+00:08:16	18,0 Km/h
10	10	41	COMESAÑA RODRÍGUEZ , JOSÉ	MALE	MIÑORBIKE	02:21:28	+00:09:51	17,8 Km/h
11	11	63	CASAL MARTÍNEZ , ANTONIO	MALE	MASTER GALAICO	02:22:03	+00:10:26	17,7 Km/h
12	12	244	SUMAY , RAFA	MALE	RSBIKE.BOIRO	02:23:20	+00:11:43	17,6 Km/h
13	13	115	PÉREZ GONZÁLEZ , JOSÉ CARLOS	MALE	MIÑORBIKE	02:26:09	+00:14:32	17,2 Km/h
14	14	203	MASCATO FERNANDEZ , YAGO	MALE	CPC TOXO	02:26:48	+00:15:11	17,2 Km/h
15	15	144	CASTRO LÓPEZ , AGUSTÍN	MALE	C.C. OS ESFOLA ARRÓS	02:27:54	+00:16:17	17,0 Km/h
16	16	111	LOPEZ GOMEZ , CRISTOBAL	MALE	BTT ULTREIA	02:27:54	+00:16:17	17,0 Km/h
17	17	105	SOTELO FERNANDEZ , DIEGO	MALE	BTT ULTREIA	02:27:56	+00:16:19	17,0 Km/h
18	18	120	PORTO ANDIÓN , JOSE	MALE	BIKESTRADA	02:27:56	+00:16:19	17,0 Km/h
19	19	161	FUENTES FUNGUEIRIÑO , SERGIO	MALE	CPC TOXO	02:29:02	+00:17:25	16,9 Km/h
20	20	315	AGRASAR CES , MARTIN	MALE	C.P.C. TOXO	02:29:02	+00:17:25	16,9 Km/h
21	21	163	BAÑA MARTINEZ , SAMUEL C.	MALE	CPC TOXO	02:29:02	+00:17:25	16,9 Km/h
22	22	145	CASAL VAZQUEZ , NACHO	MALE	C.C. OS ESFOLA ARRÓS	02:29:04	+00:17:27	16,9 Km/h
23	23	219	MATO CAMIÑO , JOSÉ MIGUEL	MALE	BIKESTRADA	02:29:12	+00:17:35	16,9 Km/h
24	24	33	AGRA CAGIDE , JOSE RAMON	MALE	BIKESTRADA	02:30:19	+00:18:42	16,8 Km/h
25	25	212	LOIS BARREIRO , ERNESTO	MALE	CC BELA OTERO	02:30:20	+00:18:43	16,8 Km/h
26	26	185	GONZALEZ LAMPON , SERGIO	MALE	RS BIKE	02:30:30	+00:18:53	16,7 Km/h
27	27	178	FERNÁNDEZ LOJO , AMADOR	MALE	RSBIKE.BOIRO	02:30:31	+00:18:54	16,7 Km/h
28	28	306	REY VÁZQUEZ , ALVARO	MALE	OS ANDADIOS	02:30:32	+00:18:55	16,7 Km/h
29	29	281	RODRÍGUEZ GARCÍA , MARCOS	MALE	TAMBRE BIKE	02:30:32	+00:18:55	16,7 Km/h
30	30	30	ROS MARIN , SALVADOR	MALE	C.C. COMPOSTELANO	02:30:32	+00:18:55	16,7 Km/h
31	31	90	NOAL MIEITES , NÉSTOR	MALE	BTT ULTREIA	02:30:33	+00:18:56	16,7 Km/h
32	32	168	GARABAL NIETO , JAVIER	MALE	MILLABIKES	02:33:56	+00:22:19	16,4 Km/h
33	33	228	VILELA CASAL , JOSE	MALE	CCAMES	02:33:57	+00:22:20	16,4 Km/h
34	34	139	AMOR BOQUETE , JOSE MANUEL	MALE	SEO	02:33:57	+00:22:20	16,4 Km/h
35	35	140	CALVIÑO SEOANE , JOSE MANUEL	MALE	SEO	02:33:57	+00:22:20	16,4 Km/h



**- LISTA DE LLEGADAS -**

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
36	36	210	MOSQUERA VILLAVERDE , VALENTÍN	MALE	AVELAIÑAS	02:33:59	+00:22:22	16,4 Km/h
37	37	117	IGLESIAS ARNEJO , JOSE	MALE	DUBRA TEAM	02:35:20	+00:23:43	16,2 Km/h
38	38	128	BEIROA GARCIA , PABLO	MALE		02:36:32	+00:24:55	16,1 Km/h
39	39	52	GONTAN OTERO , JUAN MANUEL	MALE	OLIVEIRA BIKE	02:38:25	+00:26:48	15,9 Km/h
40	40	311	MARIÑO ANTELO , MANUEL	MALE	MONTAEVAI OPINO	02:38:25	+00:26:48	15,9 Km/h
41	41	187	PEGO RODRÍGUEZ , NACHO	MALE	INDEPENDIENTE	02:39:38	+00:28:01	15,8 Km/h
42	42	326	SUAREZ VARELA , MIGUEL	MALE	INDEPENDIENTE	02:39:38	+00:28:01	15,8 Km/h
43	43	42	GARCÍA GONZÁLEZ , DAVID	MALE	BTT ULTREIA	02:39:39	+00:28:02	15,8 Km/h
44	44	125	PEDREIRA ALVAREZ , MARTIN	MALE	INDEPENDIENTE	02:40:43	+00:29:06	15,7 Km/h
45	45	289	FREIRIA SEIJO , DIEGO	MALE	RIBADOULLA	02:40:46	+00:29:09	15,7 Km/h
46	46	294	RAMOS RAMOS , ALEJANDRO	MALE	RIBADOULLA	02:40:50	+00:29:13	15,7 Km/h
47	47	51	MERA , BRUNO	MALE	BTT ULTREIA	02:40:51	+00:29:14	15,7 Km/h
48	48	151	FREIRE BARGO , JORGE	MALE	C.C. OS ESFOLARROS	02:42:50	+00:31:13	15,5 Km/h
49	49	233	VALIÑO RIVAS , XAN LOIS	MALE	RS BIKE	02:43:17	+00:31:40	15,4 Km/h
50	50	278	MARIÑO DIESTE , JUAN JOSE	MALE	OS AFORCADOS MTB	02:47:30	+00:35:53	15,0 Km/h
51	51	323	OUJO AGEITOS , JOAQUÍN	MALE	OS AFORCADOS MTB	02:47:31	+00:35:54	15,0 Km/h
52	52	11	BERNARDEZ CAO , DANIEL	MALE	BIKESTRADA	02:49:56	+00:38:19	14,8 Km/h
53	53	160	PENA ARMENTAL , JOSÉ ANTONIO	MALE	SALTAMONTES	02:50:22	+00:38:45	14,8 Km/h
54	54	191	VÁZQUEZ PÉREZ , IVÁN	MALE	CPC TOXO	02:50:52	+00:39:15	14,7 Km/h
55	55	142	MONTERO CAMIÑO , JOSE LUIS	MALE	C.C. OS ESFOLA ARRÓS	02:50:55	+00:39:18	14,7 Km/h
56	56	150	SALGADO SANCHEZ , GABRIEL	MALE	C.C. OS ESFOLA ARRÓS	02:50:56	+00:39:19	14,7 Km/h
57	57	305	CARBALLAL VAZQUEZ , FELIX	MALE	CLUB BTT FENE	02:51:11	+00:39:34	14,7 Km/h
58	58	156	MARZOA MIRANDA , JOSE LUIS	MALE	SEO	02:51:24	+00:39:47	14,7 Km/h
59	59	19	REQUEIJO , JUAN	MALE	BTT ULTREIA	02:51:27	+00:39:50	14,7 Km/h
60	60	316	SADA GONZALEZ , JAVIER	MALE	BIKESTRADA	02:51:30	+00:39:53	14,7 Km/h
61	61	201	GÓMEZ DOMÍNGUEZ , CARLOS	MALE		02:51:36	+00:39:59	14,7 Km/h
62	62	285	CASTIÑEIRA ANTON , JOSE BENITO	MALE	ARMENTEIRA E PUNTO	02:51:40	+00:40:03	14,7 Km/h
63	63	243	AMENEIRO , DENIS	MALE	CDM XESTEIRAS	02:51:42	+00:40:05	14,7 Km/h
64	64	275	ABAL NARTALLO , TONO	MALE	CDM XESTEIRAS	02:51:43	+00:40:06	14,7 Km/h
65	65	121	SUÁREZ SUÁREZ , SAMUEL	MALE	BTT ULTREIA	02:51:43	+00:40:06	14,7 Km/h
66	66	162	MIRON AGRA , CLAUDINO	MALE	CPC TOXO	02:51:45	+00:40:08	14,7 Km/h
67	67	127	JORGE RODRIGUEZ , CARLOS MANUEL	MALE	OS ESCARAVELLOS CC	02:51:45	+00:40:08	14,7 Km/h
68	68	18	BLANCO ALBENIZ , ADRIAN	MALE	BELAOTERO	02:51:51	+00:40:14	14,7 Km/h
69	69	24	GONZALEZ MENDEZ , JOAQUIN	MALE	MIÑOR BIKE	02:52:10	+00:40:33	14,6 Km/h
70	70	235	VIDAL RODRIGUEZ , CESAR	MALE	MIÑOR BIKE	02:52:10	+00:40:33	14,6 Km/h



## - LISTA DE LLEGADAS -

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
71	71	293	MAGARIÑOS GARRIDO , JORGE	MALE	BIKESTRADA	02:52:29	+00:40:52	14,6 Km/h
72	72	300	VILARIÑO SANTOS , JUAN CARLOS	MALE	BIKESTRADA	02:52:29	+00:40:52	14,6 Km/h
73	73	159	SUÁREZ , VICENTE	MALE		02:53:53	+00:42:16	14,5 Km/h
74	74	303	DELGADO GARCÍA , MARCOS	MALE	BTT ULTREIA	02:54:25	+00:42:48	14,4 Km/h
75	75	271	MUÑIZ SANTOS , FRAN	MALE	BIKERMEN	02:56:07	+00:44:30	14,3 Km/h
76	76	286	REGADES MARTIS , KIKO	MALE	BIKERMEN	02:56:07	+00:44:30	14,3 Km/h
77	77	279	VALLS POMBO , JORGE	MALE	BIKERMEN	02:56:07	+00:44:30	14,3 Km/h
78	78	299	PÉREZ TREUS , ADRIÁN	MALE	BIKERMEN	02:56:08	+00:44:31	14,3 Km/h
79	79	308	SAAVEDRA GONZÁLEZ , VICTOR	MALE		02:56:10	+00:44:33	14,3 Km/h
80	80	186	VIDAL TUBIO , JUAN JOSE	MALE	RSBIKE.BOIRO	02:56:26	+00:44:49	14,3 Km/h
81	81	253	LÓPEZ TOBAR , ÓSCAR	MALE	TEAM CORBELO	02:56:49	+00:45:12	14,3 Km/h
82	82	221	VÁZQUEZ VILLAR , CELESTINO	MALE	CPC TOXO	02:59:35	+00:47:58	14,0 Km/h
83	83	64	BLANCO GARCIA , LAUREANO	MALE	CPC TOXO	02:59:35	+00:47:58	14,0 Km/h
84	84	174	RODRIGUEZ , ALBERTO	MALE	PEÑA CICLISTA JESÚS MANCEBO	02:59:38	+00:48:01	14,0 Km/h
85	85	77	NOGUEIRA MONTOIRO , IVÁN	MALE	NOITEBRA C. F.	02:59:38	+00:48:01	14,0 Km/h
86	86	226	OTERO MATA , MANUEL	MALE	BTT ULTREIA	02:59:45	+00:48:08	14,0 Km/h
87	87	119	REY ROTEA , JUAN CARLOS	MALE	BICI VERDE	03:00:08	+00:48:31	14,0 Km/h
88	88	260	FIGUEIRA CRUZ , CRISTIAN	MALE	CPC TOXO	03:00:11	+00:48:34	14,0 Km/h
89	89	126	GOLAN LEON , DAVID	MALE	C.P.C.TOXO	03:00:42	+00:49:05	13,9 Km/h
90	90	258	BOUZAS TEIRA , ANTONIO	MALE		03:03:32	+00:51:55	13,7 Km/h
91	91	26	BARREIRO BRANDON , DAVID	MALE	ARAGONTA	03:03:33	+00:51:56	13,7 Km/h
92	92	25	MELLA BREA , RAMON	MALE	GLOBAL DXT TEAM	03:03:53	+00:52:16	13,7 Km/h
93	93	282	DE LA FUENTE CARRILLO , GERARDO	MALE	RIBADOULLA	03:06:13	+00:54:36	13,5 Km/h
94	94	28	MARTÍNEZ VALCARCEL , RICARDO	MALE	C.C.ARAGONTA	03:06:14	+00:54:37	13,5 Km/h
95	95	276	SEOANE QUINTELA , JAVIER	MALE	CLUB DEPORTIVO EL TRASTERO	03:06:15	+00:54:38	13,5 Km/h
96	96	155	LAMPON PEÑA , ANDRES	MALE	SPORTBIKE	03:06:18	+00:54:41	13,5 Km/h
97	97	68	LÓPEZ PARDO , JOSÉ LUIS	MALE	OS ANDADIOS	03:06:21	+00:54:44	13,5 Km/h
98	98	72	GONZÁLEZ MALLON , FRAN	MALE	OS ANDADIOS	03:06:21	+00:54:44	13,5 Km/h
99	99	152	ENRIQUEZ GARCIA , JOSE LINO	MALE	SALTAMONTES	03:06:21	+00:54:44	13,5 Km/h
100	100	118	CARNOTA VAZQUEZ , MANUEL	MALE	CLUB SEO	03:06:21	+00:54:44	13,5 Km/h
101	101	214	CASARES CABANAS , JAVIER	MALE	INDEPENDIENTE	03:06:24	+00:54:47	13,5 Km/h
102	102	328	DOMINGUEZ DOMINGUEZ , MIGUEL ANGEL	MALE		03:06:24	+00:54:47	13,5 Km/h
103	103	158	PATO MAGARIÑOS , MANUEL	MALE	C.C. OS ESFOLA ARRÓS	03:09:46	+00:58:09	13,3 Km/h
104	104	206	GUILLÍN , OSVALDO	MALE	WILDBOAR	03:10:52	+00:59:15	13,2 Km/h
105	105	86	PEREZ RODRIGUEZ , ROBERTO CARLOS	MALE	INDEPENDIENTE	03:12:47	+01:01:10	13,1 Km/h



## - LISTA DE LLEGADAS -

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
106	106	46	TARRIO VICENTE , FERNANDO	MALE	CASTRO BARBUDO	03:12:47	+01:01:10	13,1 Km/h
107	107	9	CÉSAR- MÍGUEZ , FERNANDO	MALE	VASCONHA BTT VOUZELA	03:13:39	+01:02:02	13,0 Km/h
108	108	123	DURO DURO , JOSE MANUEL	MALE	MONTAEVAI OPINO	03:13:58	+01:02:21	13,0 Km/h
109	109	34	SENDINO LAMELA , JUAN IGNACIO	MALE	BTT ULTREIA	03:14:24	+01:02:47	13,0 Km/h
110	110	122	CARLIN REY , JOSE LUIS	MALE	CLUB SEO	03:14:57	+01:03:20	12,9 Km/h
111	111	92	DONO GENDRA , MANUEL	MALE		03:15:12	+01:03:35	12,9 Km/h
112	112	85	BEN GONTAN , ANTONIO	MALE	INDEPENDIENTE	03:16:15	+01:04:38	12,8 Km/h
113	113	247	FRAGA MARTÍNEZ , ALEJANDRO	MALE	AVELAIÑAS	03:17:03	+01:05:26	12,8 Km/h
114	114	265	TORRES PEGO , ALEIXO	MALE	AVELAIÑAS	03:17:03	+01:05:26	12,8 Km/h
115	115	207	VILOUTA REY , RAMON	MALE	OS ANDADIOS	03:17:54	+01:06:17	12,7 Km/h
116	116	242	FERNANDEZ GONZALEZ , DAVID	MALE	INDEPENDIENTE	03:18:06	+01:06:29	12,7 Km/h
117	117	167	BOQUETE GARCIA , NACHO	MALE	WILDBOAR	03:20:15	+01:08:38	12,6 Km/h
118	118	124	LAMAS PENA , JULIO	MALE	WILDBOAR	03:20:15	+01:08:38	12,6 Km/h
119	119	48	POLO LAGO , HUGO	MALE	MTB ESKORNABOIS	03:26:50	+01:15:13	12,2 Km/h
120	120	218	MARTINEZ VALVERDE , JAVIER	MALE		03:26:53	+01:15:16	12,2 Km/h
121	121	17	OYA SALGADO , JOSE MANUEL	MALE	INDEPENDIENTE	03:26:53	+01:15:16	12,2 Km/h
122	122	261	TOMÉ CARREÑO , TONY	MALE	INDEPENDIENTE	03:29:11	+01:17:34	12,0 Km/h
123	123	325	BLANCO BARRAL , JOSE MANUEL	MALE	EMAC	03:29:33	+01:17:56	12,0 Km/h
124	124	217	NEIRA ABOGA , CARLOS	MALE	MTB ESKORNABOIS	03:29:44	+01:18:07	12,0 Km/h
125	125	227	MONTERO ALONSO , MIGUEL	MALE	MTB ESKORNABOIS	03:29:44	+01:18:07	12,0 Km/h
126	126	239	GONZÁLEZ COEGO , MARCOS	MALE	INDEPENDIENTE	03:29:44	+01:18:07	12,0 Km/h
127	127	257	VILLAMAÑA RODRIGUEZ , ALVARO	MALE		03:30:27	+01:18:50	12,0 Km/h
128	128	169	PAZOS GARCIA , ENRIQUE	MALE		03:30:35	+01:18:58	12,0 Km/h
129	129	176	VALEA DEBÉN , JESÚS	MALE	BIKESTRADA	03:31:14	+01:19:37	11,9 Km/h
130	130	107	COMESAÑA CASTRO , MARCOS	MALE	TROTACUMES	03:33:36	+01:21:59	11,8 Km/h
131	131	114	SUÁREZ VARELA , JOAQUÍN IGNACIO	MALE	BTT TROTACUMES	03:33:36	+01:21:59	11,8 Km/h
132	132	254	LAFUENTE FRANCO , JOSE ANTONIO	MALE	P.C.MOTOBIKE	03:34:00	+01:22:23	11,8 Km/h
133	133	249	CASALDERREY LOUZAO , DAVID	MALE	P.C.MOTOBIKE	03:34:00	+01:22:23	11,8 Km/h
134	134	202	CRESPO DIEZ , JAVIER	MALE	POIO BIKE CLUB	03:35:21	+01:23:44	11,7 Km/h
135	135	322	MARTINEZ NEIRA , JULIO M.	MALE	RIBADOULLA	03:38:14	+01:26:37	11,5 Km/h
136	136	223	MOSQUERA BLANCO , FRANCISCO JAVIER	MALE	RIBADOULLA	03:38:15	+01:26:38	11,5 Km/h
137	137	250	MATEO RIAL , FRANCISCO	MALE		03:38:16	+01:26:39	11,5 Km/h
138	138	209	VARA VAZQUEZ , CESAR	MALE	CLUB CICLISTA MUROS	03:38:21	+01:26:44	11,5 Km/h
139	139	332	PAIS LAGO , JOSE	MALE	CLUB CICLISTA MUROS	03:38:21	+01:26:44	11,5 Km/h
140	140	237	VIDAL SANDE , FERNANDO	MALE	CLUB CICLISTA MUROS	03:38:21	+01:26:44	11,5 Km/h



## - LISTA DE LLEGADAS -

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
141	141	290	PÉREZ CAAMAÑO , JONATAN	MALE	CLUB CICLISTA MUROS	03:38:21	+01:26:44	11,5 Km/h
142	142	320	NEIRA DOPAZO , ADRIAN	MALE	RIBADOULLA	03:38:22	+01:26:45	11,5 Km/h
143	143	89	MILLÁN , LUIS	MALE	TAMBRABIKE C.C.	03:38:24	+01:26:47	11,5 Km/h
144	144	97	SENRA ALVAREZ , JOSE ANTONIO	MALE	TAMBRE BIKE	03:38:45	+01:27:08	11,5 Km/h
145	145	103	PAZOS LÓPEZ , FRANCISCO	MALE	DOMINJEROS MTBEROS	03:38:46	+01:27:09	11,5 Km/h
146	146	62	REY BLANCO , ALBERTO	MALE		03:40:10	+01:28:33	11,4 Km/h
147	147	36	SALGADO , TONI	MALE		03:40:23	+01:28:46	11,4 Km/h
148	148	39	PENA FRAGA , JOSE ANTONIO	MALE	INDEPENDIENTE	03:40:23	+01:28:46	11,4 Km/h
149	149	37	PEÓN MIRAMONTES , CARLOS	MALE	INDEPENDIENTE	03:40:24	+01:28:47	11,4 Km/h
150	150	109	LOUREIRO AMENEIROS , DANIEL	MALE	PRO TEAM 1906	03:42:23	+01:30:46	11,3 Km/h
151	151	43	GARCIA FERNANDEZ , FELIX	MALE	MTB ESKORNABOIS	03:42:23	+01:30:46	11,3 Km/h
152	152	143	RODRIGUEZ DIEZ , FEDERICO	MALE	C.C. OS ESFOLA ARRÓS	03:42:24	+01:30:47	11,3 Km/h
153	153	327	ROMERO CES , SANTIAGO	MALE		03:42:29	+01:30:52	11,3 Km/h
154	154	67	GARCÍA BATALLA , JOSÉ FERNANDO	MALE	CPC TOXO	03:42:36	+01:30:59	11,3 Km/h
155	155	284	FUIGUEIRA RODRIGUEZ , ABEL	MALE	BIKE NIN DIOS	03:45:09	+01:33:32	11,2 Km/h
156	156	274	CAROU , CÉSAR	MALE	BIKE NIN DIOS	03:45:10	+01:33:33	11,2 Km/h
157	157	132	SANCHEZ GOMEZ , PABLO	MALE	OS ESCARAVELLOS CC	03:45:45	+01:34:08	11,2 Km/h
158	158	138	ABEIJON RODRIGUEZ , JOSE ALBERTO	MALE	OS ESCARAVELLOS CC	03:45:47	+01:34:10	11,2 Km/h
159	159	183	CONDE CAROLLO , JESUS	MALE	BIKESTRADA	03:48:02	+01:36:25	11,1 Km/h
160	160	231	BAUTIS OTERO , JUAN MANUEL	MALE	INDEPENDIENTE	03:50:54	+01:39:17	10,9 Km/h
161	161	76	TRILLO BLANCO , ANGEL	MALE	CPC TOXO	03:51:27	+01:39:50	10,9 Km/h
162	162	148	BASCOY MOAR , ÁLVARO	MALE	CLUB SEO	03:51:32	+01:39:55	10,9 Km/h
163	163	296	CORTIÑAS NOGUEIRA , FRANCISCO JAVIER	MALE	CLUB CICLISTA CAMBRE	03:52:33	+01:40:56	10,8 Km/h
164	164	288	CASTRO GARCÍA , JUAN	MALE	CLUB CICLISTA CAMBRE	03:52:33	+01:40:56	10,8 Km/h
165	165	277	DEL RÍO VAZQUEZ , JUAN	MALE		03:52:42	+01:41:05	10,8 Km/h
166	166	61	ALBA TELO , ALFREDO	MALE	PCMONTEXALO	03:52:44	+01:41:07	10,8 Km/h
167	167	272	OTERO RODRIGUEZ , ALFONSO	MALE	CPC TOXO	03:52:56	+01:41:19	10,8 Km/h
168	168	98	GARCÍA LAMAS , MAURO	MALE	INDEPENDIENTE	03:52:57	+01:41:20	10,8 Km/h
169	169	137	CREGO PEDRIDO , ESTEBAN	MALE	OS ESCARAVELLOS CC	03:54:11	+01:42:34	10,8 Km/h
170	170	135	MACIA RODRIGUEZ , JUAN CARLOS	MALE	OS ESCARAVELLOS CC	03:54:11	+01:42:34	10,8 Km/h
171	171	136	MIGUEZ NIMO , FCO JAVIER	MALE	OS ESCARAVELLOS CC	03:54:12	+01:42:35	10,8 Km/h
172	172	133	ATIENZA MERINO , GERARDO	MALE	OS ESCARAVELLOS CC	03:54:12	+01:42:35	10,8 Km/h
173	173	129	CARRIL SALGADO , RICARDO	MALE	OS ESCARAVELLOS CC	03:54:13	+01:42:36	10,8 Km/h
173	173	134	PEREZ REY , RAMON	MALE	OS ESCARAVELLOS CC	03:54:13	+01:42:36	10,8 Km/h
175	175	32	MATA CASAL , JAIME	MALE	INDEPENDIENTE	03:54:14	+01:42:37	10,8 Km/h



## - LISTA DE LLEGADAS -

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
176	176	130	DIAZ MONTES , SERGIO	MALE	OS ESCARAVELLOS CC	03:54:14	+01:42:37	10,8 Km/h
177	177	131	QUEJIA PEREZ , FRANCISCO XOSE	MALE	OS ESCARAVELLOS CC	03:54:15	+01:42:38	10,8 Km/h
178	178	240	SUEIRO DOPORTO , JOSE MIGUEL	MALE	XTREMBIKE	03:54:43	+01:43:06	10,7 Km/h
179	179	173	LUACES VIDAL , BRUNO	MALE	1906 RACING FACTORY	03:55:43	+01:44:06	10,7 Km/h
180	180	23	ARIAS , URRI	MALE	CC BICITOUPAS	03:55:44	+01:44:07	10,7 Km/h
181	181	292	PEREIRA ALDREY , JUAN LUIS	MALE		03:55:46	+01:44:09	10,7 Km/h
182	182	157	FERNÁNDEZ MARTÍNEZ , JUAN CARLOS	MALE	C.P.C. TOXO	03:56:11	+01:44:34	10,7 Km/h
183	183	234	LEMA GARCIA , ISMAEL	MALE	CLUB CICLISTA SONENSE	03:56:12	+01:44:35	10,7 Km/h
184	184	225	GARCIA NIETO , ABEL	MALE	CPC TOXO	03:56:12	+01:44:35	10,7 Km/h
185	185	199	FERNANDEZ LOPEZ , MARCOS	MALE	INDEPENDIENTE	03:56:12	+01:44:35	10,7 Km/h
186	186	165	BUJAN SANTOS , JOSE MANUEL	MALE	CPC TOXO	03:56:13	+01:44:36	10,7 Km/h
187	187	1	RODRIGUEZ BARRAL , MANUEL	MALE	INDEPENDIENTE	03:56:53	+01:45:16	10,6 Km/h
188	188	45	GOLPE DOVAL , DIEGO	MALE	MTB ESKORNABOIS	03:57:10	+01:45:33	10,6 Km/h
189	189	44	MARTINEZ GARCIA , ALBERTO	MALE	CAMALEONES NARON BIKE	03:57:12	+01:45:35	10,6 Km/h
190	190	66	MIRAS JORGE , PABLO	MALE	PELA CICLISTA VAILLEDANDO	03:57:37	+01:46:00	10,6 Km/h
191	191	69	BECERRA COUCEIRO , DIEGO	MALE	P.C VAILLEDANDO BTT	03:57:37	+01:46:00	10,6 Km/h
192	192	60	SILVA MIRAS , ANXO	MALE	PEÑA CILISTA VAILLE DANDO	03:57:37	+01:46:00	10,6 Km/h
193	193	164	DOMINGUEZ ELIAS , RUBEN	MALE	VAILLE DANDO BTT	03:57:40	+01:46:03	10,6 Km/h
194	1	171	SEOANE FERNANDEZ , PAULA	FEMALE	BARBANZABIKE	03:58:02	+01:46:25	10,6 Km/h
195	194	38	PEREZ SANTIAGO , FRANCISCO	MALE	INDEPENDIENTE	03:58:02	+01:46:25	10,6 Km/h
196	195	232	REY ABELLEIRA , JOSE ANTONIO	MALE	CPC TOXO	03:58:50	+01:47:13	10,6 Km/h
197	196	245	PALACIOS LADO , SERGIO	MALE	C.P.C. TOXO	03:58:52	+01:47:15	10,5 Km/h
198	197	70	NIETO TOMÉ , MANUEL	MALE	CPC TOXO	03:59:00	+01:47:23	10,5 Km/h
199	198	266	CARRO CES , RUBEN	MALE	O TRIQUEL CC	03:59:23	+01:47:46	10,5 Km/h
200	199	267	LLERENA CAAMAÑO , CRISTÓBAL	MALE	O TRISQUEL	03:59:24	+01:47:47	10,5 Km/h
201	200	264	PENEDO PEREZ , MIGUEL	MALE	O TRISQUEL C.C.	03:59:24	+01:47:47	10,5 Km/h
202	201	297	FRANCO MATA , DAVID	MALE	O TRISQUEL CC	03:59:24	+01:47:47	10,5 Km/h
203	202	270	GONZÁLEZ LORENZO , JUAN JESÚS	MALE	O TRISQUEL CC	03:59:25	+01:47:48	10,5 Km/h
204	203	314	VILAS PAZOS , MON	MALE	INDEPENDIENTE	03:59:25	+01:47:48	10,5 Km/h
205	204	83	MEIJIDE PAZOS , CRISTIAN	MALE	INDEPENDIENTE	03:59:27	+01:47:50	10,5 Km/h
206	205	49	DEL RIO RUBIO , JOSE ANTONIO	MALE	CPC TOXO	03:59:30	+01:47:53	10,5 Km/h
207	206	310	NOVO CARRIL , ALEJANDRO	MALE	RAMITAERS	04:01:46	+01:50:09	10,4 Km/h
208	207	182	FERNANDEZ CUTRIN , JOSE MANUEL	MALE	BIKESTRADA	04:01:48	+01:50:11	10,4 Km/h
209	208	280	CASTRO SOTO , MARCOS	MALE	BIKESTRADA	04:01:50	+01:50:13	10,4 Km/h
210	209	65	VILLAVERDE MUÑIZ , SATURNINO	MALE	INDEPENDIENTE	04:02:26	+01:50:49	10,4 Km/h



## - LISTA DE LLEGADAS -

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
211	210	211	VIZ GONZALEZ , DAVID	MALE	INDEPENDIENTE	04:03:02	+01:51:25	10,4 Km/h
212	211	319	MIGUENS LOPEZ , DAVID	MALE	C.P.C. TOXO	04:03:39	+01:52:02	10,3 Km/h
213	212	295	POUSO SÓÑORA , ANGEL	MALE	CPC TOXO	04:03:39	+01:52:02	10,3 Km/h
214	213	192	CALO LIRES , FRAN	MALE	CPC TOXO	04:03:39	+01:52:02	10,3 Km/h
215	214	189	FERREIRO MARTINEZ , AVELINO	MALE	INDEPENDIENTE	04:03:51	+01:52:14	10,3 Km/h
216	215	175	SUÁREZ SUÁREZ , MANUEL	MALE	C.C.AMES	04:03:52	+01:52:15	10,3 Km/h
217	216	104	DE LA CRUZ VIGO , VICTOR	MALE	INDEPENDIENTE	04:05:16	+01:53:39	10,3 Km/h
218	217	205	CURIEL CEPEDA , JOSÉ MIGUEL	MALE	INDEPENDIENTE	04:05:16	+01:53:39	10,3 Km/h
219	218	3	FERREIRO SUÁREZ , ALEJANDRO	MALE	PEDALEANDO	04:06:17	+01:54:40	10,2 Km/h
220	219	10	FERNÁNDEZ JORGE , DARÍO	MALE	INDEPENDIENTE	04:06:17	+01:54:40	10,2 Km/h
221	220	106	BOULLÓN PÉREZ , JAVIER	MALE	INDEPENDIENTE	04:09:28	+01:57:51	10,1 Km/h
222	221	287	NUÑEZ CAJARAVILLE , ARTURO	MALE		04:11:08	+01:59:31	10,0 Km/h
223	222	75	GARCÍA POMBO , JOSE MANUEL	MALE	P.C. CASTRO BARBUDO	04:11:24	+01:59:47	10,0 Km/h
224	223	220	RIVAS GARCIA , JOSE MANUEL	MALE		04:12:31	+02:00:54	10,0 Km/h
225	224	255	OTERO BARREIRO , MIGUEL	MALE		04:12:35	+02:00:58	10,0 Km/h
226	225	172	MENDEZ LOPEZ , JOSE ANTONIO	MALE	CICLOS QUINTENA	04:12:42	+02:01:05	10,0 Km/h
227	226	190	ESPARIS SUAREZ , DIEGO	MALE	CICLOS QUINTENA	04:12:44	+02:01:07	10,0 Km/h
228	227	215	BELLO VIDAL , ISMAEL	MALE	INDEPENDIENTE	04:12:46	+02:01:09	10,0 Km/h
229	228	82	FONTÁNS CAMIÑO , ALEJANDRO	MALE	INDEPENDIENTE	04:12:47	+02:01:10	10,0 Km/h
230	229	84	MARIÑO NIETO , JORGE	MALE	INDEPENDIENTE	04:12:48	+02:01:11	10,0 Km/h
231	230	35	PENA PEREIRA , CRISTIAN	MALE	INDEPENDIENTE	04:12:48	+02:01:11	10,0 Km/h
232	231	195	GARCIA AMARANTE , ANDRES	MALE	INDEPENDIENTE	04:12:50	+02:01:13	10,0 Km/h
233	232	238	MÉNDEZ ABEL , ÁLVARO	MALE	INDEPENDIENTE	04:12:50	+02:01:13	10,0 Km/h
234	233	273	LAMEIRO COVELO , MANUEL	MALE	INDEPENDIENTE	04:13:27	+02:01:50	9,9 Km/h
235	234	268	RODRÍGUEZ CORNES , JOSE	MALE	INDEPENDIENTE	04:13:27	+02:01:50	9,9 Km/h
236	235	78	ROMERO LOJO , RUBÉN	MALE	P.C. CASTRO BARBUDO	04:13:38	+02:02:01	9,9 Km/h
237	236	213	TREUS DAVILA , JAVIER	MALE	CASTRO BARBUDO	04:13:44	+02:02:07	9,9 Km/h
238	237	7	PRIETO GARCÍA , JAVIER	MALE	CC BICITOU PAS	04:13:47	+02:02:10	9,9 Km/h
239	238	50	VILLAR IGLESIAS , JOSE	MALE	C.C. BICI TOUPAS	04:13:48	+02:02:11	9,9 Km/h
240	239	57	MIRAMONTES , CARLOS	MALE	C.C.BICI TOUPAS	04:13:48	+02:02:11	9,9 Km/h
241	240	58	MIRAMONTES , RUBEN	MALE	C.C.BICI TOUPAS	04:13:48	+02:02:11	9,9 Km/h
242	2	54	BERNARDEZ REY , MONTSERRAT	FEMALE	OLIVEIRA BIKE	04:13:48	+02:02:11	9,9 Km/h
243	241	108	SILVA SANCHEZ , JOSE ANTONIO	MALE	CASTRO BARBUDO	04:14:10	+02:02:33	9,9 Km/h
244	242	71	GONZÁLEZ LORENZO , MARCOS	MALE	P.C. CASTRO BARBUDO	04:14:10	+02:02:33	9,9 Km/h
245	243	236	NEGREIRA GERPE , JOSE MANUEL	MALE	CC SANTA COMPAÑA	04:15:19	+02:03:42	9,9 Km/h



## - LISTA DE LLEGADAS -

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
246	244	224	VILAR BLANCO , MARCOS	MALE	CC SANTA COMPAÑA	04:15:20	+02:03:43	9,9 Km/h
247	245	80	PENA NEGREIRA , RICARDO	MALE	C.C. SANTA COMPAÑA	04:15:35	+02:03:58	9,9 Km/h
248	246	88	VILAR ABELENDIA , DANIEL	MALE	CC SANTA COMPAÑA	04:15:35	+02:03:58	9,9 Km/h
249	247	312	BARREIRO MALLON , JORGE	MALE	CC SANTA COMPAÑA	04:15:36	+02:03:59	9,9 Km/h
250	248	229	NEGREIRA GERPE , AMERICO	MALE	CC SANTA COMPAÑA	04:15:36	+02:03:59	9,9 Km/h
251	249	94	BLANCO PENSADO , JONATAN	MALE	CC SANTA COMPAÑA	04:15:37	+02:04:00	9,9 Km/h
252	250	301	MUIÑO CASTRO , JUAN CARLOS	MALE	C.C. SANTA COMPAÑA	04:15:38	+02:04:01	9,9 Km/h
253	251	27	FERREIRO MATALOBOS , MANUEL LUIS	MALE	INDEPENDIENTE	04:16:08	+02:04:31	9,8 Km/h
254	252	197	FRANCOS LIÑARES , MARCOS	MALE		04:16:08	+02:04:31	9,8 Km/h
255	253	256	CARREIRA MÉNDEZ , FRANCISCO JAVIER	MALE		04:16:09	+02:04:32	9,8 Km/h
256	254	283	FERRIN VILLARINO , JUAN LUIS	MALE	INDEPENDIENTE	04:16:48	+02:05:11	9,8 Km/h
257	255	99	CONDE REY , CHRISTIAN	MALE	PIKAPEDRAS TEAM	04:16:59	+02:05:22	9,8 Km/h
258	256	116	BARROS FONTE , ALEJANDRO	MALE	PASA OU ENTORNA	04:17:21	+02:05:44	9,8 Km/h
259	257	259	CELA YAGÜE , JORGE	MALE	NOITEBRA F.C.	04:18:39	+02:07:02	9,7 Km/h
260	258	181	REY CANEDA , MARTÍN	MALE	NOITEBRA C. F.	04:18:40	+02:07:03	9,7 Km/h
261	259	230	REY MIRANDA , JAVIER	MALE	PRO TEAM 1906	04:18:52	+02:07:15	9,7 Km/h
262	260	302	LOPEZ GONZALEZ , ALBERTO	MALE	PRO TEAM 1906	04:18:54	+02:07:17	9,7 Km/h
263	261	15	FRAGA PRADO , ENRIQUE	MALE	P.C. MONTE XALO	04:19:49	+02:08:12	9,7 Km/h
264	262	29	DIAZ REY , JULIÁN	MALE	PEÑA CICLISTA MONTE XALO	04:19:50	+02:08:13	9,7 Km/h
265	263	5	SOUTO SEIJAL , JAVIER	MALE	P.C. MONTE XALO	04:19:50	+02:08:13	9,7 Km/h
265	263	14	BARROS MOAR , MIGUEL A.	MALE	P.C. MONTE XALO	04:19:50	+02:08:13	9,7 Km/h
267	265	141	MOURE PEREIRA , LUIS ANGEL	MALE	OS ROMPETOXOS	04:21:41	+02:10:04	9,6 Km/h
268	266	194	IGLESIAS FERNANDEZ , JOSE LUIS	MALE	OS ROMPETOXOS	04:21:43	+02:10:06	9,6 Km/h
269	267	13	ALONSO ALONSO , MARCOS	MALE	OS ROMPETOXOS	04:21:43	+02:10:06	9,6 Km/h
270	268	73	PÉREZ ORDÓÑEZ , JUAN LUIS	MALE	P.C. CASTRO BARBUDO \\ PC MONTE XALO	04:21:44	+02:10:07	9,6 Km/h
271	269	208	CARBONELL BAEZA , CARLOS	MALE	INDEPENDIENTE	04:21:51	+02:10:14	9,6 Km/h
272	270	74	PEREZ ORDÓÑEZ , ALVARO	MALE	P.C. CASTRO BARBUDO	04:24:27	+02:12:50	9,5 Km/h
273	271	113	FEAS ZAS , MANUEL JOSE	MALE	CASTRO BARBUDO	04:24:29	+02:12:52	9,5 Km/h
274	272	2	DOPAZO MELLA , JOSÉ MANUEL	MALE	RIBADOULLA	04:26:37	+02:15:00	9,5 Km/h
275	273	252	IGLESIAS DEL RIO , ROBERTO	MALE	INDEPENDIENTE	04:26:47	+02:15:10	9,4 Km/h
276	274	241	FERNANDEZ COBAS , JORGE	MALE	CICLOS QUINTENA	04:27:09	+02:15:32	9,4 Km/h
277	275	309	MOSTEIRO VILLAVERDE , ELISEO	MALE	CICLOS QUINTENA	04:27:10	+02:15:33	9,4 Km/h
278	276	100	CONDE REY , PABLO	MALE	PIKAPEDRAS TEAM	04:27:13	+02:15:36	9,4 Km/h
279	3	321	PEREIRA DIAZ , CRISTINA	FEMALE	CICLOS QUINTENA	04:27:14	+02:15:37	9,4 Km/h
280	277	317	DAPENA CASTROMAN , MANUEL	MALE	CICLOS QUINTENA	04:27:22	+02:15:45	9,4 Km/h





**- LISTA DE LLEGADAS -**

POS.	P.CAT.	NUMBER	PARTICIPANT	CAT	CLUB	TIEMPO	DIF 1º	RITMO
281	278	313	DAPENA CASTROMAN , PEDRO	MALE	CICLOS QUINTENA	<b>04:27:23</b>	+02:15:46	9,4 Km/h
282	279	22	GOMEZ SANDE , DAVID	MALE	M&M'S MTBIKES	<b>04:31:50</b>	+02:20:13	9,3 Km/h
283	280	16	REY SIXTO , ALBERTO	MALE	M&M'S MTBIKES	<b>04:31:51</b>	+02:20:14	9,3 Km/h
284	281	170	SUÁREZ ALFONSO , ROBERTO	MALE	INDEPENDIENTE	<b>04:34:15</b>	+02:22:38	9,2 Km/h
285	282	153	LORENZO PENEIREIRO , JOSÉ MANUEL	MALE	CASTRO BARBUDO	<b>04:37:11</b>	+02:25:34	9,1 Km/h
286	283	149	MUÑIZ TEMBRA , JOSÉ MANUEL	MALE	CASTRO BARBUDO	<b>04:37:19</b>	+02:25:42	9,1 Km/h