

VII DUATLON CROSS VILA DE CELANOVA

27 XULLO 2019

- GENERAL INDIVIDUAL -

POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CATEGORY	CLUB	RUN1	RITMO RUN 1	BIKE	MEDIA	RUN2	RITMO RUN2	META	DIF 1º
1	1	1	ACEBEDO CARPINTERO , DANIEL	MALE	MASCULINO	CLUBE CICLISTA NSB CELANOVA	00:24:36	03:31 min/Km	01:05:53	18,2 Km/h	00:14:16	04:05 min/Km	01:44:43	
2	2	23	DURÁN ÁLVAREZ , IVÁN	MALE	MASCULINO	INDEPENDIENTE	00:25:00	03:35 min/Km	01:10:05	17,1 Km/h	00:13:17	03:48 min/Km	01:48:20	+00:03:37
3	3	29	FERNANDEZ GARCIA , ALBINO	MALE	MASCULINO	ATLETISMO ARENTEIRO	00:24:17	03:29 min/Km	01:11:06	16,9 Km/h	00:13:17	03:48 min/Km	01:48:39	+00:03:56
4	4	33	FREIRE GALLRGO , JAVIER	MALE	MASCULINO	C.C. ORENSANO	00:27:49	03:59 min/Km	01:08:01	17,6 Km/h	00:15:11	04:21 min/Km	01:51:01	+00:06:18
5	5	57	OLIVEIRA BUGARIN , MIGUEL ANGEL	MALE	MASCULINO	VAGALUME	00:27:03	03:52 min/Km	01:12:33	16,5 Km/h	00:14:27	04:08 min/Km	01:54:02	+00:09:19
6	6	71	TOMBO GONZALEZ , JORGE	MALE	MASCULINO	INDEPENDIENTE	00:28:33	04:05 min/Km	01:10:00	17,1 Km/h	00:15:48	04:31 min/Km	01:54:20	+00:09:37
7	7	47	LORENZO QUIROZ , DAVID	MALE	MASCULINO	CC OS MOSQUETEIROS	00:29:21	04:12 min/Km	01:10:26	17,0 Km/h	00:15:26	04:25 min/Km	01:55:12	+00:10:29
8	8	59	OUTUMURO CID , JOSÉ PABLO	MALE	MASCULINO		00:29:53	04:17 min/Km	01:09:26	17,3 Km/h	00:15:55	04:33 min/Km	01:55:13	+00:10:30
9	9	55	NOGUEIRA PÉREZ , MIGUEL ANXO	MALE	MASCULINO	NOITEBRA FC	00:27:55	03:60 min/Km	01:13:10	16,4 Km/h	00:15:11	04:21 min/Km	01:56:16	+00:11:33
10	10	49	MARTÍNEZ ÁLVAREZ , JOSE ANTONIO	MALE	MASCULINO	INDEPENDIENTE	00:29:26	04:13 min/Km	01:11:56	16,7 Km/h	00:15:54	04:33 min/Km	01:57:15	+00:12:32
11	11	38	GONZALEZ DIEGUEZ , BRAIS	MALE	MASCULINO	CLUB JABALIES VALDEORRAS	00:31:08	04:27 min/Km	01:11:12	16,9 Km/h	00:17:40	05:03 min/Km	02:00:00	+00:15:17
12	12	6	AMADO LAMELA , MANUEL	MALE	MASCULINO	C.C. CAMBRE-CAEIRO	00:30:15	04:20 min/Km	01:14:44	16,1 Km/h	00:16:02	04:35 min/Km	02:01:00	+00:16:17
13	13	26	FEERREIRA GARCIA , ADRIAN	MALE	MASCULINO	INDEPENDIENTE	00:28:17	04:03 min/Km	01:20:19	14,9 Km/h	00:15:38	04:28 min/Km	02:04:13	+00:19:30
14	14	30	FERNANDEZ SABORIDO , ANXO MANUEL	MALE	MASCULINO	OBJETIVO TRAIL	00:28:47	04:07 min/Km	01:19:46	15,0 Km/h	00:15:41	04:29 min/Km	02:04:13	+00:19:30
15	15	80	CRISTINO GONZALEZ , JAIME	MALE	MASCULINO		00:29:57	04:17 min/Km	01:17:06	15,6 Km/h	00:18:07	05:11 min/Km	02:05:09	+00:20:26
16	16	20	SÁNCHEZ MOREIRA , RICARDO	MALE	MASCULINO		00:30:08	04:19 min/Km	01:19:19	15,1 Km/h	00:15:48	04:31 min/Km	02:05:14	+00:20:31
17	17	69	ROMERO ESTEVEZ , MARCOS	MALE	MASCULINO	C.C.ARAGONTA	00:30:35	04:23 min/Km	01:13:44	16,3 Km/h	00:21:04	06:02 min/Km	02:05:21	+00:20:38
18	18	4	ALONSO VEIGA , JOSE	MALE	MASCULINO	INDEPENDIENTE	00:30:22	04:21 min/Km	01:19:07	15,2 Km/h	00:16:11	04:38 min/Km	02:05:39	+00:20:56
19	19	21	DALAMA ALVAREZ , CRISTIAN	MALE	MASCULINO	LIMIACTIVA	00:26:48	03:50 min/Km	01:25:49	14,0 Km/h	00:14:39	04:12 min/Km	02:07:15	+00:22:32
20	20	48	MARRA QUINTAS , JULIO	MALE	MASCULINO	INDEPENDIENTE	00:30:05	04:18 min/Km	01:20:08	15,0 Km/h	00:17:27	04:60 min/Km	02:07:39	+00:22:56
21	21	50	MARTÍNEZ DIZ , FRAN	MALE	MASCULINO		00:27:06	03:53 min/Km	01:23:09	14,4 Km/h	00:17:44	05:04 min/Km	02:07:57	+00:23:14
22	22	40	GONZÁLEZ GARCÍA , ROBERTO	MALE	MASCULINO	C.D. BIOSBARDO	00:28:38	04:06 min/Km	01:24:20	14,2 Km/h	00:15:20	04:23 min/Km	02:08:17	+00:23:34
23	23	8	ARAUJO GONZÁLEZ , ANGEL	MALE	MASCULINO	BTT FENE	00:29:22	04:12 min/Km	01:23:28	14,4 Km/h	00:15:40	04:29 min/Km	02:08:30	+00:23:47
24	24	9	ARTE RODRIGUEZ , ANGEL	MALE	MASCULINO		00:29:24	04:12 min/Km	01:21:44	14,7 Km/h	00:17:41	05:04 min/Km	02:08:47	+00:24:04
25	25	65	RAMÍREZ FERNÁNDEZ , MANUEL	MALE	MASCULINO	BUDIÑORAID	00:29:48	04:16 min/Km	01:22:28	14,6 Km/h	00:16:49	04:49 min/Km	02:09:04	+00:24:21
26	26	74	VALLE PEREZ , RAFAEL	MALE	MASCULINO	BOX 001 OURENSE	00:28:44	04:07 min/Km	01:23:14	14,4 Km/h	00:17:36	05:02 min/Km	02:09:33	+00:24:50
27	27	41	GONZALEZ RODRIGUEZ , JOSÉ MANUEL	MALE	MASCULINO	CC MACEDA	00:33:03	04:44 min/Km	01:18:12	15,3 Km/h	00:19:13	05:30 min/Km	02:10:27	+00:25:44
28	28	46	LOPEZ RODRIGUEZ , RUBEN	MALE	MASCULINO		00:29:35	04:14 min/Km	01:25:15	14,1 Km/h	00:16:58	04:51 min/Km	02:11:47	+00:27:04
29	29	27	FEIJOO LOUREIRO , PABLO	MALE	MASCULINO	PREFABRICADOS FEIJOO - GALITIMING	00:28:39	04:06 min/Km	01:27:03	13,8 Km/h	00:16:36	04:45 min/Km	02:12:16	+00:27:33
30	30	13	BUSTO GALLARDO , JOSÉ MANUEL	MALE	MASCULINO	PONTE TRAIL	00:34:00	04:52 min/Km	01:19:58	15,0 Km/h	00:18:23	05:16 min/Km	02:12:20	+00:27:37
31	31	11	BARJA BARJA , JAIME	MALE	MASCULINO	CORRELUMES	00:30:53	04:25 min/Km	01:23:46	14,3 Km/h	00:18:36	05:19 min/Km	02:13:14	+00:28:31
32	32	25	FABELLO CID , ELISEO	MALE	MASCULINO	INDEPENDIENTE	00:28:01	04:01 min/Km	01:28:53	13,5 Km/h	00:16:29	04:43 min/Km	02:13:22	+00:28:39
33	33	79	VIVISPO BASALO , CARLOS	MALE	MASCULINO	NSB CELANOVA	00:30:11	04:19 min/Km	01:27:09	13,8 Km/h	00:18:15	05:13 min/Km	02:15:34	+00:30:51
34	34	73	VALBUENA CASSL , OSCAR	MALE	MASCULINO		00:30:22	04:21 min/Km	01:29:52	13,4 Km/h	00:15:35	04:28 min/Km	02:15:49	+00:31:06
35	35	72	VALBUENA ALVAREZ , ROGELIO JOSE	MALE	MASCULINO		00:29:34	04:14 min/Km	01:31:37	13,1 Km/h	00:15:17	04:22 min/Km	02:16:27	+00:31:44
36	36	56	NÓVOA CID , JOSÉ LUIS	MALE	MASCULINO	INDEPENDIENTE	00:32:01	04:35 min/Km	01:27:32	13,7 Km/h	00:17:00	04:52 min/Km	02:16:32	+00:31:49
37	37	5	ALVES RODRIGUEZ , SAMUEL	MALE	MASCULINO	TRIOURENSE	00:31:27	04:30 min/Km	01:26:12	13,9 Km/h	00:19:33	05:36 min/Km	02:17:11	+00:32:28
38	38	76	VARA FIDALGO , PABLO	MALE	MASCULINO	INDEPENDIENTE	00:30:51	04:25 min/Km	01:26:04	13,9 Km/h	00:20:49	05:57 min/Km	02:17:43	+00:33:00
39	39	62	PEREZ COTA , DANIEL	MALE	MASCULINO	CLUB CICLISTA MONFORTE	00:32:49	04:42 min/Km	01:18:56	15,2 Km/h	00:26:30	07:35 min/Km	02:18:14	+00:33:31
40	40	31	FERNANDEZ SALGUEIRO , DIEGO	MALE	MASCULINO		00:28:07	04:01 min/Km	01:34:12	12,7 Km/h	00:16:07	04:37 min/Km	02:18:25	+00:33:42
41	41	54	MOREIRO CASAL , ASER	MALE	MASCULINO	INDEPENDIENTE	00:32:27	04:39 min/Km	01:29:23	13,4 Km/h	00:18:27	05:17 min/Km	02:20:16	+00:35:33

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEXO	CATEGORY	CLUB	RUN1	RITMO RUN 1	BIKE	MEDIA	RUN2	RITMO RUN2	META	DIF 1º
42	42	52	MIGUEZ DIAZ , BENIGNO	MALE	MASCULINO	A.D. LIMIACTIVA	00:30:07	04:19 min/Km	01:36:03	12,5 Km/h	00:14:23	04:07 min/Km	02:20:32	+00:35:49
43	43	12	BARREIRO GARCIA , JOSE RAMON	MALE	MASCULINO		00:30:55	04:25 min/Km	01:31:37	13,1 Km/h	00:18:27	05:17 min/Km	02:20:58	+00:36:15
44	44	68	RODRÍGUEZ VÁZQUEZ , FELIX	MALE	MASCULINO	CC OS MOSQUETEIROS	00:33:27	04:47 min/Km	01:27:35	13,7 Km/h	00:20:24	05:50 min/Km	02:21:26	+00:36:43
45	45	53	MIRA , JOSE	MALE	MASCULINO	BURGASTEAM	00:26:34	03:48 min/Km	01:38:09	12,2 Km/h	00:17:14	04:56 min/Km	02:21:56	+00:37:13
46	46	16	CALVO SANCHEZ , CARLOS	MALE	MASCULINO	CC OS MOSQUETEIROS	00:34:24	04:55 min/Km	01:26:52	13,8 Km/h	00:20:48	05:57 min/Km	02:22:03	+00:37:20
47	47	10	BABARRO , FERNANDO JOSE	MALE	MASCULINO	CC OS MOSQUETEIROS	00:35:11	05:02 min/Km	01:25:51	14,0 Km/h	00:21:02	06:01 min/Km	02:22:03	+00:37:20
48	48	70	DA CUNHA RODRIGUEZ , JOSE BENITO	MALE	MASCULINO		00:30:54	04:25 min/Km	01:35:53	12,5 Km/h	00:15:59	04:34 min/Km	02:22:45	+00:38:02
49	49	17	CARAMÉS , MANUEL	MALE	MASCULINO	TRIATLON PORRIÑO	00:33:17	04:46 min/Km	01:30:38	13,2 Km/h	00:19:05	05:28 min/Km	02:22:59	+00:38:16
50	50	2	ALONSO RODRÍGUEZ , CARLOS	MALE	MASCULINO	CLUB CICLISTA TRAVIESAS (GRUPETA NAVIA)	00:33:28	04:47 min/Km	01:30:33	13,3 Km/h	00:19:46	05:39 min/Km	02:23:47	+00:39:04
51	51	75	VAQUERO PALLARES , MARVIN	MALE	MASCULINO	CLUB TRIATLÓN MAR DE VIGO	00:38:48	05:33 min/Km	01:25:12	14,1 Km/h	00:21:16	06:05 min/Km	02:25:15	+00:40:32
52	52	43	LAREU VAQUERO , GERARDO	MALE	MASCULINO	5TH PINE MTB TEAM	00:36:22	05:12 min/Km	01:28:27	13,6 Km/h	00:21:41	06:12 min/Km	02:26:30	+00:41:47
53	53	35	GINZO MANSO , DAVID	MALE	MASCULINO	INDEPENDIENTE	00:32:16	04:37 min/Km	01:31:59	13,0 Km/h	00:22:43	06:30 min/Km	02:26:57	+00:42:14
54	54	67	RODRÍGUEZ FERNÁNDEZ , MARCOS	MALE	MASCULINO	INDEPENDIENTE	00:33:34	04:48 min/Km	01:33:14	12,9 Km/h	00:20:33	05:53 min/Km	02:27:21	+00:42:38
55	55	58	ORTIZ BOUZADA , NICOLAS	MALE	MASCULINO		00:31:46	04:33 min/Km	01:38:15	12,2 Km/h	00:17:25	04:59 min/Km	02:27:25	+00:42:42
56	56	28	FERNANDEZ CABANO , MIGUEL ANGEL	MALE	MASCULINO	INDEPENDIENTE	00:30:19	04:20 min/Km	01:42:34	11,7 Km/h	00:16:55	04:50 min/Km	02:29:47	+00:45:04
57	57	51	MENDEZ RODRIGUEZ , RAUL	MALE	MASCULINO	INDEPENDIENTE	00:35:40	05:06 min/Km	01:34:30	12,7 Km/h	00:21:45	06:13 min/Km	02:31:54	+00:47:11
58	58	45	LÓPEZ LÓPEZ , EMILIO JOSÉ	MALE	MASCULINO		00:32:04	04:35 min/Km	01:35:30	12,6 Km/h	00:25:31	07:18 min/Km	02:33:04	+00:48:21
59	59	19	CLARO VÁZQUEZ , EMILIO	MALE	MASCULINO	INDEPENDIENTE	00:35:30	05:05 min/Km	01:37:08	12,4 Km/h	00:20:39	05:54 min/Km	02:33:17	+00:48:34
60	60	39	GONZÁLEZ FERNANDEZ , JOSÉ ANTONIO	MALE	MASCULINO		00:34:12	04:54 min/Km	01:38:22	12,2 Km/h	00:21:25	06:08 min/Km	02:33:57	+00:49:14
61	61	14	CABALEIRO VILA , JOSÉ	MALE	MASCULINO	CAZAFANTASMAS	00:34:42	04:58 min/Km	01:37:54	12,3 Km/h	00:22:00	06:18 min/Km	02:34:35	+00:49:52
62	62	66	RAMOS PENA , JOSE MANUEL	MALE	MASCULINO		00:35:40	05:06 min/Km	01:37:03	12,4 Km/h	00:22:23	06:24 min/Km	02:35:05	+00:50:22
63	1	63	PRIETO GIL , MAICA	FEMALE	FEMENINO	CORRELUMES	00:40:36	05:48 min/Km	01:39:01	12,1 Km/h	00:22:30	06:26 min/Km	02:42:07	+00:57:24
DNF		7	ARAUJO FERNÁNDEZ , ÁLVARO	MALE	MASCULINO		00:35:41	05:06 min/Km	01:49:27	11,0 Km/h				
DNF		77	VÁZQUEZ FEIJOO , IVÁN	MALE	MASCULINO	INDEPENDIENTE	00:32:58	04:43 min/Km	01:53:25	10,6 Km/h				
DNF		42	GONZALEZ VAZQUEZ , OSCAR	MALE	MASCULINO	INDEPENDIENTE	00:28:14	04:02 min/Km						
DNF		78	VÁZQUEZ FEIJOO , JOSÉ ANTONIO	MALE	MASCULINO	INDEPENDIENTE	00:34:51	04:59 min/Km						
ABD		22	DIAZ MONTERO , PABLO	MALE	MASCULINO	CLUB TRIATLON MOTOBIKE GALAICO PONTEVEDRA	00:36:25	05:13 min/Km						