

## X CARREIRA POPULAR CONCELLO DE CARIÑO

18 AGOSTO 2018

- ABSOLUTA -

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	V3	META
1	1	44	RUIZ BREIJO , DIEGO	MALE	SENIOR-M	INDEPENDIENTE	00:07:22.820	00:07:12.440	00:07:36.550	00:22:11.810
2	1	5	ALVELO FRAGUELA , MIGUEL	MALE	VET-A-M		00:07:41.110	00:07:58.070	00:07:58.390	00:23:37.570
3	2	4	ALONSO FILGUEIRA , MARCOS	MALE	SENIOR-M	TRES LUNAS	00:07:39.240	00:08:10.410	00:08:06.080	00:23:55.730
4	3	47	SANTIAGO VILLAR , JOSE	MALE	SENIOR-M	OS CORZOS DO ORTEGAL	00:07:39.750	00:08:12.900	00:08:08.900	00:24:01.550
5	2	30	MONTEAGUDO RODRIGUEZ , SERGIO	MALE	VET-A-M		00:07:49.760	00:08:18.600	00:08:19.500	00:24:27.860
6	4	55	RAMOS VALE , LUIS	MALE	SENIOR-M		00:08:10.860	00:08:32.200	00:08:15.500	00:24:58.560
7	3	12	CARRO SUAREZ , WIFREDO	MALE	VET-A-M	CAFES TOSCAF-GMEA	00:08:08.510	00:08:31.420	00:08:21.760	00:25:01.690
8	5	15	DÍAZ NOVO , MANUEL	MALE	SENIOR-M	OS CORZOS DO ORTEGAL	00:08:11.920	00:08:31.100	00:08:33.460	00:25:16.480
9	4	53	WARD , DAVID	MALE	VET-A-M		00:08:22.490	00:08:44.450	00:08:26.020	00:25:32.960
10	1	9	BUGLIOT FERNÁNDEZ , VERÓNICA	FEMALE	SENIOR-F	OS CORZOS DO ORTEGAL	00:08:19.640	00:08:43.840	00:08:31.680	00:25:35.160
11	5	34	MUÍÑO MONTERO , JUAN JOSE	MALE	VET-A-M	OS CORZOS DO ORTEGAL	00:08:19.490	00:08:43.870	00:08:31.830	00:25:35.190
12	1	40	PETEIRO LOZANO , JOSE MANUEL	MALE	VET-B-M	RUNNING OLEIROS	00:08:20.090	00:08:43.580	00:08:32.440	00:25:36.110
13	1	48	SIXTO TATO , ISABEL	FEMALE	VET-A-F	KUKURRUSTU KIROL KLUBA	00:08:20.480	00:08:46.870	00:08:49.110	00:25:56.460
14	6	33	MUÍÑO MONTERO , JOSÉ MANUEL	MALE	VET-A-M		00:08:38.510	00:08:58.270	00:08:33.330	00:26:10.110
15	7	21	GÓMEZ PRADO , MARIO	MALE	VET-A-M	KUKURRUSTU KIROL KLUBA	00:08:26.070	00:09:02.460	00:09:01.440	00:26:29.970
16	8	49	SOUTO PAEZ , ALBERTO	MALE	VET-A-M	P.C. SANTA MARTA DE ORTIGUEIRA	00:08:10.980	00:08:55.560	00:09:28.550	00:26:35.090
17	9	59	TUIMIL TRINQUETE , MOSE MIGUEL	MALE	VET-A-M		00:08:03.810	00:09:25.400	00:09:23.740	00:26:52.950
18	10	3	ADÁN CASTRO , ÓSCAR	MALE	VET-A-M	DRINKINGRUNNERS	00:09:09.650	00:09:10.330	00:09:24.080	00:27:44.060
19	11	46	SANDOMINGO LÓPEZ , MANUEL	MALE	VET-A-M	INDEPENDIENTE	00:08:53.540	00:09:26.580	00:09:28.280	00:27:48.400
20	2	6	APARICIO DIAZ , JAVIER	MALE	VET-B-M	RUNNING OLEIROS	00:08:52.720	00:09:31.930	00:09:33.940	00:27:58.590
21	12	19	GARCIA POUZO , RAFAEL	MALE	VET-A-M	IMOS CON CALMA	00:08:55.580	00:09:38.250	00:09:45.310	00:28:19.140
22	13	52	VILELA VERGARA , LUIS	MALE	VET-A-M		00:09:34.350	00:09:38.540	00:09:20.940	00:28:33.830
23	6	26	LÓPEZ REY , NICOLÁS	MALE	SENIOR-M		00:09:31.350	00:09:40.340	00:09:22.690	00:28:34.380
24	2	45	SALGADO ALBORES , MAITE	FEMALE	VET-A-F		00:09:12.020	00:09:45.820	00:09:44.870	00:28:42.710
25	14	42	RODRIGUEZ FERNANDEZ , JOSE MANUEL	MALE	VET-A-M		00:09:10.847	00:09:38.267	00:09:54.717	00:28:43.830
26	15	29	MEJUTO FERRO , ÁNGEL	MALE	VET-A-M	TRAPALLEIROS DE LA BASTEIRA	00:10:04.850	00:09:51.980	00:09:54.910	00:29:51.740
27	16	20	GIL DÍAZ , JESÚS	MALE	VET-A-M		00:09:48.280	00:10:10.950	00:10:08.290	00:30:07.520
28	3	36	PEDREIRA COROAS , CELERINO	MALE	VET-B-M	CLUB ATLETISMO OLYMPO-MATOJOMA	00:09:50.150	00:10:07.150	00:10:17.340	00:30:14.640
29	17	1	ABELLA ARCOS , JOSE	MALE	VET-A-M	CORRECARIÑO	00:10:20.300	00:10:14.490	00:09:41.020	00:30:15.810
30	18	41	RODRÍGUEZ CANEIRO , RAMON	MALE	VET-A-M		00:10:20.180	00:10:08.240	00:10:27.100	00:30:55.520
31	19	56	ARNES SORIANO , SALVADOR	MALE	VET-A-M		00:09:52.040	00:10:43.690	00:11:38.890	00:32:14.620
32	7	8	BREIJO RAMOS , LUIS	MALE	SENIOR-M		00:10:10.570	00:11:25.610	00:11:21.820	00:32:58.000
33	3	28	MARTÍNEZ LAMELAS , MARTA	FEMALE	VET-A-F		00:11:02.000	00:11:24.710	00:11:30.430	00:33:57.140
34	4	51	VARELA GARROTE , PAULA	FEMALE	VET-A-F		00:11:01.970	00:11:24.740	00:11:40.200	00:34:06.910
35	20	23	HERMIDA BARREIRO , MANUEL	MALE	VET-A-M	CORREDORES DO MIÑO	00:10:10.090	00:11:52.560	00:12:08.650	00:34:11.300
36	8	27	MARQUEZ SÁNCHEZ , IVAN	MALE	SENIOR-M		00:10:11.310	00:11:59.930	00:12:17.260	00:34:28.500
37	21	7	ATERIDO MANIEGAS , ÁLVARO	MALE	VET-A-M		00:10:42.460	00:11:49.570	00:12:08.930	00:34:40.960
38	22	39	PEREZ FRAGUELA , MIGUEL ANGEL	MALE	VET-A-M		00:11:04.610	00:11:55.400	00:12:08.030	00:35:08.040

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39	5	2	ABELLA ARCOS , LUISA	FEMALE	VET-A-F		00:11:15.650	00:12:25.590	00:12:34.480	<b>00:36:15.720</b>
40	23	10	CANTO VALE , BASILIO	MALE	VET-A-M		00:11:31.860	00:12:41.720	00:12:45.340	<b>00:36:58.920</b>
41	24	14	DIAZ CASAS , VICENTE	MALE	VET-A-M		00:12:03.050	00:14:01.240	00:14:51.710	<b>00:40:56.000</b>
ABD		54	DOCAL FERNANDEZ , ANTONIO	MALE	VET-B-M		00:09:48.600	00:07:09.060	00:06:16.950	<b>00:23:14.610</b>
DNF		50	SUAREZ LEIS , JOSE	MALE	VET-B-M	SAR-VERMU PETRONI	00:07:18.860			
DNF		13	COTELO COBELO , LORENA	FEMALE	SENIOR-F		00:11:42.410			