



13 / 02 / 2022

- LONGA -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CLUB | TRAMO CRONOMETRADO | CONTROL META | META |
|------|--------|--------|--------------------------------------|-----------|----------------------|--------------------|--------------|--------------|
| 1 | 1 | 1 | MARQUEZ FERNANDEZ , BRANDAN | MASCULINO | | 00:04:03.610 | 01:17:00.913 | 02:34:52.080 |
| 2 | 2 | 159 | IGLESIAS MOSQUERA , FRANCISCO JAVIER | MASCULINO | CIDADE DE SANTIAGO | 00:04:40.307 | 01:23:45.893 | 02:51:48.027 |
| 3 | 3 | 333 | VAZQUEZ , FERNANDO | MASCULINO | INDEPENDIENTE | 00:05:08.087 | 01:30:29.123 | 02:59:30.507 |
| 4 | 4 | 174 | LEAL CARREIRA , PAULO | MASCULINO | CDM XESTEIRAS | 00:04:51.037 | 01:26:24.390 | 02:59:30.810 |
| 5 | 5 | 222 | MOSQUERA VILLAVERDE , VALENTÍN | MASCULINO | CDM XESTEIRAS | 00:05:19.867 | 01:30:29.873 | 03:02:50.747 |
| 6 | 6 | 332 | VARELA SANCHEZ , DAVID | MASCULINO | AD CERNE MELIDE | 00:05:06.417 | 01:30:26.123 | 03:04:10.997 |
| 7 | 7 | 337 | VÁZQUEZ URBINA , JUAN CARLOS | MASCULINO | CCTRASDEZA | 00:04:55.867 | 01:28:15.133 | 03:05:18.993 |
| 8 | 8 | 43 | BUJAN OTERO , JOSÉ CARLOS | MASCULINO | NOITEBRA F.C. | 00:05:05.177 | 01:28:40.877 | 03:05:28.740 |
| 9 | 9 | 272 | QUINTEIRO LATAS , JOSE MANUEL | MASCULINO | CC TRASDEZA | 00:05:08.917 | 01:32:39.120 | 03:12:57.970 |
| 10 | 10 | 334 | VAZQUEZ GARCIA , IGNACIO | MASCULINO | AD CERNE | 00:05:19.617 | 01:32:41.420 | 03:13:00.970 |
| 11 | 11 | 128 | GARCIA LOPEZ , JAVIER | MASCULINO | CIDADE SSNTIAGO | 00:05:42.750 | 01:36:57.853 | 03:16:01.460 |
| 12 | 12 | 136 | GÓMEZ GONDELLE , MARCOS | MASCULINO | CIDADE DE SANTIAGO | 00:05:33.650 | 01:36:43.607 | 03:19:04.203 |
| 13 | 13 | 315 | SUÁREZ GARCÍA , JUAN | MASCULINO | BTT ULTREIA | 00:05:09.890 | 01:32:41.117 | 03:20:42.450 |
| 14 | 14 | 46 | CAETANO VÁZQUEZ , MARCOS | MASCULINO | LOURIÑA CYCLING TEAM | 00:05:25.403 | 01:40:47.843 | 03:20:42.750 |
| 15 | 15 | 299 | SAMPAYO MENENDEZ , FRANCISCO JAVIER | MASCULINO | C.C. MONTES DO DEZA | 00:05:34.923 | 01:40:49.093 | 03:21:34.193 |
| 16 | 16 | 247 | PEÑA , JUAN | MASCULINO | WILDBOAR | 00:06:10.443 | 01:41:25.593 | 03:21:47.943 |
| 17 | 17 | 342 | VENTOSA CELA , RUBEN | MASCULINO | INDEPENDIENTE | 00:05:27.560 | 01:38:42.097 | 03:22:08.943 |
| 18 | 18 | 154 | GUILLÍN , OSVALDO | MASCULINO | WILDBOAR | 00:06:09.343 | 01:41:26.090 | 03:22:31.940 |
| 19 | 19 | 207 | MEJUTO FERNÁNDEZ , ANIBAL | MASCULINO | AD CERNE | 00:05:55.590 | 01:37:03.853 | 03:22:50.690 |
| 20 | 20 | 89 | DELGADO GARCÍA , MARCOS | MASCULINO | BTT ULTREIA | 00:05:34.117 | 01:37:01.103 | 03:23:12.187 |
| 21 | 21 | 212 | MERA , BRUNO | MASCULINO | BTT ULTREIA | 00:05:41.827 | 01:37:01.657 | 03:23:12.440 |
| 22 | 22 | 253 | PENEDO TABOADA , MIGUEL | MASCULINO | INDEPENDIENTE | 00:05:33.297 | 01:37:00.103 | 03:23:13.187 |
| 23 | 23 | 205 | MATO ROZAS , ADRIÁN | MASCULINO | BTT ULTREIA | 00:05:11.840 | 01:32:40.870 | 03:24:38.183 |
| 24 | 24 | 66 | CASCALLAR GIADAS , MARCOS | MASCULINO | SPEEDCROSS | 00:05:32.550 | 01:40:48.093 | 03:28:04.920 |
| 25 | 25 | 76 | CIGUENZA GESTOSO , JOSE IGNACIO | MASCULINO | OS DO MONTE BRAVO | 00:05:54.870 | 01:42:18.837 | 03:28:16.953 |



13 / 02 / 2022

- LONGA -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CLUB | TRAMO CRONOMETRADO | CONTROL META | META |
|------|--------|--------|----------------------------------|-----------|-------------------------|--------------------|--------------|--------------|
| 26 | 26 | 135 | GOMEZ FURELOS , JORGE | MASCULINO | | 00:05:57.250 | 01:38:43.097 | 03:29:23.167 |
| 27 | 27 | 35 | BLANCO PANADEIROS , JOSE RAUL | MASCULINO | C.C. MONTES DO DEZA | 00:05:49.063 | 01:44:32.830 | 03:30:30.163 |
| 28 | 28 | 259 | PEREIRAS RECIMIL , JOSÉ ANTONIO | MASCULINO | BTT TRASDEZA | 00:06:17.380 | 01:43:19.347 | 03:30:39.413 |
| 29 | 29 | 74 | CASTRO VIÑA , DIEGO | MASCULINO | A.D. REGO DO LOBO | 00:05:47.633 | 01:43:19.333 | 03:33:35.910 |
| 30 | 30 | 231 | NOGUEIRA PEREZ , MIGUEL ANXO | MASCULINO | NOITEBRA F.C. | 00:06:06.233 | 01:41:28.340 | 03:36:32.147 |
| 31 | 31 | 96 | DOCIO MOLANES , NELSON | MASCULINO | MASTER MORRAZO | 00:05:42.580 | 01:43:33.833 | 03:38:34.637 |
| 32 | 32 | 162 | INFESTA SAR , IGNACIO | MASCULINO | TRIATLON COSTA DA MORTE | 00:06:07.773 | 01:45:05.580 | 03:38:40.887 |
| 33 | 33 | 217 | MIRAMONTES , RUBEN | MASCULINO | C.C.BICI TOUPAS | 00:06:48.310 | 01:45:05.581 | 03:40:09.883 |
| 34 | 34 | 326 | TRIGO RODRIGUEZ , IVAN | MASCULINO | TRIATLON COSTA DA MORTE | 00:05:56.803 | 01:48:07.717 | 03:41:28.633 |
| 35 | 35 | 228 | NANDE FUENTES , VÍCTOR | MASCULINO | C.C. COMPOSTELANO | 00:05:23.543 | 01:44:38.580 | 03:44:04.377 |
| 36 | 36 | 29 | BARRIO LOUZAO , ALBERTO | MASCULINO | INDEPENDIENTE | 00:06:26.990 | 01:47:56.720 | 03:44:10.373 |
| 37 | 37 | 213 | MÍGUEZ GÓMEZ , ALBERTO | MASCULINO | INDEPENDIENTE | 00:06:30.180 | 01:47:55.970 | 03:44:10.677 |
| 38 | 38 | 294 | ROZAS VILAR , RAFAEL | MASCULINO | C.C. MONTES DO DEZA | 00:05:49.807 | 01:47:55.971 | 03:45:00.123 |
| 39 | 39 | 165 | LABANDEIRA TAJES , JOSE MANUEL | MASCULINO | O4S RUTAS-BIKE | 00:06:20.787 | 01:48:00.473 | 03:46:32.367 |
| 40 | 40 | 196 | MARTINEZ GONZALEZ , MIGUEL ANGEL | MASCULINO | O4S RUTAS-BIKE | 00:06:19.603 | 01:47:58.720 | 03:46:33.417 |
| 41 | 41 | 285 | RODRÍGUEZ DOMENE , CARLOS | MASCULINO | INDEPENDIENTE | 00:05:51.940 | 01:49:47.213 | 03:51:11.100 |
| 42 | 42 | 172 | LARIÑO CAAMAÑO , MANUEL MARIA | MASCULINO | O4S RUTAS-BIKE | 00:06:03.323 | 01:43:17.583 | 03:51:21.100 |
| 43 | 43 | 122 | FURELOS COSTOYA , JOSE RAMON | MASCULINO | O4S RUTAS-BIKE | 00:06:05.423 | 01:43:25.583 | 03:51:25.100 |
| 44 | 44 | 68 | CASTRO BOUZAS , JORGE | MASCULINO | | 00:06:05.140 | 01:56:39.440 | 03:57:16.333 |
| 45 | 45 | 226 | MUJICO , MIGUEL | MASCULINO | OROSO C.C | 00:06:29.800 | 01:54:10.447 | 03:58:18.330 |
| 46 | 46 | 317 | TABOADA MUÑIZ , MANUEL | MASCULINO | BIKESTRADA | 00:06:07.160 | 01:51:45.457 | 03:58:20.830 |
| 47 | 47 | 266 | PICÓN LÓPEZ , JAVIER | MASCULINO | C C OROSO | 00:06:04.633 | 01:51:59.457 | 03:58:42.577 |
| 48 | 48 | 298 | SALGADO RODRIGUEZ , FABIAN | MASCULINO | OROSO C.C | 00:06:06.123 | 01:51:59.513 | 03:58:42.880 |
| 49 | 49 | 143 | GONZALEZ CARNEIRO , JOSE LUIS | MASCULINO | MONTAEVAI O PINO | 00:06:08.223 | 01:52:00.013 | 03:58:42.883 |
| 50 | 50 | 77 | CINZA LOPEZ , JORGE | MASCULINO | | 00:06:49.650 | 01:56:39.493 | 04:00:58.570 |
| 51 | 51 | 263 | PERMUY PÉREZ , VICTOR | MASCULINO | | 00:06:48.070 | 01:56:38.440 | 04:00:59.123 |



13 / 02 / 2022

- LONGA -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CLUB | TRAMO CRONOMETRADO | CONTROL META | META |
|------|--------|--------|------------------------------------|-----------|--------------------|--------------------|--------------|--------------|
| 52 | 52 | 97 | DOMINGUEZ DOMINGUEZ , MIGUEL ANGEL | MASCULINO | CC OS SALTAMONTES | 00:07:55.627 | 02:14:42.140 | 04:01:05.820 |
| 53 | 53 | 177 | LISTE RENDO , FRANCISCO | MASCULINO | OS DA PEDALETA | 00:06:38.330 | 01:59:06.433 | 04:02:35.067 |
| 54 | 54 | 194 | MALLO MARTÍNEZ , ISRAEL | MASCULINO | CIDADE DE SANTIAGO | 00:06:14.073 | 01:51:48.460 | 04:09:00.297 |
| 55 | 55 | 82 | COSTOYA RODRÍGUEZ , SERGIO | MASCULINO | CC TRASDEZA | 00:05:31.227 | 01:57:37.940 | 04:10:05.047 |
| 56 | 56 | 169 | LAGO MUIÑOS , LUIS ALEJANDRO | MASCULINO | CASTROBIKES | 00:06:42.757 | 02:00:17.680 | 04:10:19.543 |
| 57 | 57 | 26 | BAO CASTRO , OSCAR | MASCULINO | INDEPENDIENTE | 00:06:13.580 | 02:00:21.430 | 04:10:54.040 |
| 58 | 58 | 138 | GOMEZ RIVAS , IVAN | MASCULINO | CC AS MARIÑAS | 00:07:01.887 | 02:01:19.180 | 04:13:30.033 |
| 59 | 59 | 147 | GONZÁLEZ GIL , JOAQUÍN | MASCULINO | CASTROBIKES | 00:06:50.943 | 02:00:22.483 | 04:13:35.283 |
| 60 | 60 | 250 | PENA REY , ANTONIO | MASCULINO | BIKESTRADA | 00:06:59.187 | 02:05:28.163 | 04:13:43.787 |
| 61 | 61 | 3 | AGRA SOTO , FERNANDO | MASCULINO | BIKESTRADA | 00:06:57.750 | 02:01:37.483 | 04:13:44.587 |
| 62 | 62 | 17 | ANDÚJAR OTERO , MIGUEL ÁNGEL | MASCULINO | BIKESTRADA | 00:07:18.470 | 02:05:26.667 | 04:13:44.783 |
| 63 | 63 | 201 | MARTINS REY , CARLOS | MASCULINO | BIKESTRADA | 00:07:01.060 | 02:01:37.480 | 04:13:45.283 |
| 64 | 64 | 344 | VILARIÑO SANTOS , JUAN CARLOS | MASCULINO | BIKESTRADA | 00:05:28.057 | 02:05:24.463 | 04:13:45.783 |
| 65 | 65 | 203 | MATO CAMIÑO , JOSÉ MIGUEL | MASCULINO | BIKESTRADA | 00:05:27.687 | 02:05:28.217 | 04:13:46.087 |
| 66 | 66 | 98 | DUBERT GARCÍA , ABELARDO | MASCULINO | BIKESTRADA | 00:07:19.810 | 02:05:25.210 | 04:13:47.033 |
| 67 | 67 | 275 | RAMOS CALVELO , JOSÉ JAVIER | MASCULINO | BIKESTRADA | 00:06:58.640 | 02:05:26.967 | 04:13:47.087 |
| 68 | 68 | 234 | NOYA IGLESIAS , ALEJANDRO | MASCULINO | O4S RUTAS-BIKE | 00:06:42.913 | 01:55:47.443 | 04:13:47.337 |
| 69 | 69 | 61 | CARBONELL BAEZA , CARLOS | MASCULINO | DUBRA TEAM | 00:07:16.220 | 02:09:31.903 | 04:13:50.783 |
| 70 | 70 | 216 | MIRAMONTES , JOSE CARLOS | MASCULINO | C.C.BICI TOUPAS | 00:06:36.223 | 01:55:28.693 | 04:13:55.783 |
| 71 | 71 | 63 | CARNOTA VAZQUEZ , MANUEL | MASCULINO | CLUB SEO | 00:06:57.567 | 01:59:42.183 | 04:15:39.780 |
| 72 | 72 | 166 | LADO , AGUSTÍN | MASCULINO | | 00:06:22.797 | 02:05:41.417 | 04:16:27.273 |
| 73 | 73 | 206 | MEIJIDE PAZOS , CRISTIAN | MASCULINO | INDEPENDIENTE | 00:06:52.433 | 01:58:35.183 | 04:17:25.520 |
| 74 | 74 | 155 | IBAN FRENANDEZ , ALBERTO | MASCULINO | INDEPENDIENTE | 00:06:44.830 | 02:00:26.680 | 04:17:40.020 |
| 75 | 75 | 42 | BUJAN , ANGEL | MASCULINO | OS DO MONTE BRAVO | 00:06:44.287 | 02:05:30.163 | 04:20:15.763 |
| 76 | 76 | 202 | MARZOA MIRANDA , LUIS | MASCULINO | CLUB SEO | 00:07:09.970 | 01:57:18.437 | 04:22:56.503 |
| 77 | 77 | 112 | FERNÁNDEZ VÁZQUEZ , DIEGO | MASCULINO | INDEPENDIENTE | 00:06:57.020 | 02:00:43.930 | 04:22:56.753 |



13 / 02 / 2022

- LONGA -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CLUB | TRAMO CRONOMETRADO | CONTROL META | META |
|------|--------|--------|----------------------------------|-----------|---------------------|--------------------|--------------|--------------|
| 78 | 78 | 113 | FERREIRO MARTINEZ , AVELINO | MASCULINO | CLUB SEO | 00:06:32.520 | 02:01:45.923 | 04:22:58.003 |
| 79 | 79 | 271 | QUINTAS SIXTO , JOSE ANTONIO | MASCULINO | | 00:07:18.120 | 02:21:55.113 | 04:26:39.240 |
| 80 | 80 | 289 | RODRIGUEZ OTERO , DIEGO | MASCULINO | A.D. CERNE | 00:06:54.647 | 02:13:30.643 | 04:28:50.483 |
| 81 | 81 | 308 | SILVA GIL , DAVID | MASCULINO | INDEPENDIENTE | 00:06:25.300 | 02:11:31.403 | 04:29:43.733 |
| 82 | 82 | 124 | GARCIA AMARANTE , ANDRES | MASCULINO | LE TOUR DE BESEÑO | 00:06:26.520 | 02:11:32.647 | 04:30:12.230 |
| 83 | 83 | 129 | GARCÍA MONTERO , JUAN CARLOS | MASCULINO | INDEPENDIENTE | 00:06:28.563 | 02:11:41.150 | 04:30:23.233 |
| 84 | 84 | 280 | REY CANEDA , MARTÍN | MASCULINO | NOITEBRA F.C. | 00:06:59.160 | 02:08:44.907 | 04:30:31.480 |
| 85 | 85 | 270 | PONTE LORENZO , MANUEL | MASCULINO | TRIATLON COMPOSTELA | 00:06:28.597 | 02:07:14.163 | 04:30:49.230 |
| 86 | 86 | 211 | MENDEZ REY , FERNANDO | MASCULINO | | 00:06:27.370 | 02:11:36.650 | 04:32:22.727 |
| 87 | 87 | 24 | BALSA ESTEVEZ , MARCOS A. | MASCULINO | WT | 00:07:49.740 | 02:21:56.170 | 04:33:12.727 |
| 88 | 88 | 62 | CARLIN REY , JOSE LUIS | MASCULINO | OS DA PEDALETA | 00:07:29.790 | 02:07:10.463 | 04:33:36.223 |
| 89 | 89 | 293 | ROUCO GAGO , GONZALO | MASCULINO | | 00:07:00.337 | 02:01:20.427 | 04:36:32.960 |
| 90 | 90 | 260 | PÉREZ MUNÍN , ALEJANDRO | MASCULINO | INDEPENDIENTE | 00:06:23.960 | 02:15:58.133 | 04:36:34.210 |
| 91 | 91 | 158 | IGLESIAS FERNANDEZ , JOSE LUIS | MASCULINO | OS ROMPETOXOS | 00:06:25.443 | 02:15:58.940 | 04:36:35.263 |
| 92 | 92 | 8 | ALLO LEMA , FABIAN | MASCULINO | INDEPENDIENTE | 00:07:40.287 | 02:10:14.653 | 04:37:19.460 |
| 93 | 93 | 178 | LISTE SILVA , CARLOS ANDRÉS | MASCULINO | OS DA PEDALETA | 00:06:44.227 | 02:07:12.410 | 04:38:06.957 |
| 94 | 94 | 290 | RODRIGUEZ OTERO , MANUEL | MASCULINO | INDEPENDIENTE | 00:06:50.007 | 02:12:09.647 | 04:38:07.257 |
| 95 | 95 | 53 | CAMPOS MARTÍNEZ , JOSÉ | MASCULINO | OS DA PEDALETA | 00:07:08.337 | 02:16:21.133 | 04:45:23.683 |
| 96 | 96 | 215 | MIRA ROSENDE , BENEDICTO ANTONIO | MASCULINO | OROSO C.C | 00:08:11.920 | 02:17:40.880 | 04:48:01.673 |
| 97 | 97 | 126 | GARCIA GARCIA , FERNANDO | MASCULINO | OS DA PEDALETA | 00:07:47.280 | 02:07:09.413 | 04:48:32.673 |
| 98 | 98 | 197 | MARTINEZ OTERO , JOSÉ CARLOS | MASCULINO | BTT ULTREIA | 00:07:18.180 | 02:13:00.450 | 04:52:13.413 |
| 99 | 99 | 41 | BUENO GOMEZ , JUAN JOSÉ | MASCULINO | BTT ULTREIA | 00:07:35.833 | 02:13:00.393 | 04:52:13.723 |
| 100 | 100 | 224 | MOURE PEREIRA , LUIS ANGEL | MASCULINO | INDEPENDIENTE | 00:06:51.893 | 02:17:29.380 | 04:57:47.893 |
| 101 | 101 | 322 | TARRIO BUGALLO , CARLOS | MASCULINO | TRIATLON COMPOSTELA | 00:06:10.287 | 02:09:06.657 | 05:02:35.633 |
| 102 | 102 | 148 | GONZALEZ GOMEZ , DANIEL | MASCULINO | CLUB TRINAT GALICIA | 00:07:35.060 | 02:09:08.407 | 05:02:35.937 |
| 103 | 103 | 350 | VIZ GONZALEZ , DAVID | MASCULINO | INDEPENDIENTE | 00:07:29.107 | 02:10:50.650 | 05:05:23.373 |



13 / 02 / 2022

- LONGA -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CLUB | TRAMO CRONOMETRADO | CONTROL META | META |
|------|--------|--------|--------------------------------|-----------|---------------------|--------------------|--------------|--------------|
| 104 | 104 | 273 | QUINTIÁ REY , JAIRO | MASCULINO | RIBADOULLA | 00:07:42.680 | 02:15:29.133 | 05:07:33.617 |
| 105 | 105 | 307 | SERICO VIDAL , XOEL XIÁN | MASCULINO | WT | 00:07:41.273 | 02:20:27.370 | 05:10:28.607 |
| 106 | 106 | 103 | FEANS DOMINGUEZ , JOSÉ LUIS | MASCULINO | WT | 00:08:52.697 | 02:24:57.910 | 05:10:28.663 |
| 107 | 107 | 269 | PONTE IGLESIAS , ANDRÉS | MASCULINO | GALLINAS DE MOS | 00:08:11.270 | 02:24:23.613 | 05:10:41.853 |
| 108 | 108 | 38 | BORDES BLANCO , FERMÍN | MASCULINO | INDEPENDIENTE | 00:07:31.577 | 02:12:55.143 | 05:12:59.350 |
| 109 | 109 | 274 | QUIROGA LÓPEZ , MANUEL | MASCULINO | CASTELO CLUB BIKE | 00:09:31.827 | 02:25:33.163 | |
| 110 | 110 | 157 | IGLESIAS DEL RIO , ROBERTO | MASCULINO | | 00:08:04.120 | 02:25:42.360 | |
| 111 | 111 | 110 | FERNÁNDEZ LAMAS , JUAN JESÚS | MASCULINO | | 00:08:02.447 | 02:25:42.413 | |
| 112 | 112 | 87 | DE LA CRUZ VIGO , VICTOR | MASCULINO | INDEPENDIENTE | 00:08:03.393 | 02:25:42.660 | |
| 113 | 113 | 171 | LAREO MOUGAN , JAVIER | MASCULINO | EOL SON | 00:07:40.403 | 02:25:47.857 | |
| 114 | 114 | 44 | BUSTELO GOMEZ , PABLO | MASCULINO | TAMBRE BIKE | 00:07:56.783 | 02:25:49.610 | |
| 115 | 115 | 265 | PICO SEIJAS , MIGUEL | MASCULINO | | 00:08:05.683 | 02:25:56.357 | |
| 116 | 116 | 100 | ESTEVEZ ARES , FERNANDO | MASCULINO | INDEPENDIENTE | 00:07:46.040 | 02:26:23.107 | |
| 117 | 117 | 45 | CAETANO LOPEZ , JOSÉ LUIS | MASCULINO | CC TRASDEZA | 00:08:01.493 | 02:26:30.103 | |
| 118 | 118 | 218 | MOARES DEVESA , ENRIQUE | MASCULINO | | 00:08:07.550 | 02:26:38.603 | |
| 119 | 119 | 188 | LOPEZ SEIJO , DAVID | MASCULINO | INDEPENDIENTE | 00:08:46.287 | 02:26:51.853 | |
| 120 | 120 | 83 | COUSO LOPEZ , ROBERTO | MASCULINO | | 00:08:52.570 | 02:26:51.910 | |
| 121 | 121 | 27 | BARREIRO FURELOS , CHRISTIAN | MASCULINO | INDEPENDIENTE | 00:08:23.410 | 02:27:24.853 | |
| 122 | 122 | 346 | VILASECO RIVERA , DAVID | MASCULINO | INDEPENDIENTE | 00:07:54.207 | 02:27:28.603 | |
| 123 | 123 | 163 | JAMARDO VILLAMARÍN , ANGEL | MASCULINO | INDEPENDIENTE | 00:07:36.893 | 02:27:29.150 | |
| 124 | 124 | 223 | MOUGÁN REY , OSCAR | MASCULINO | | 00:10:36.027 | 02:28:06.850 | |
| 125 | 125 | 233 | NOGUEIRAS BREA , ANTONIO | MASCULINO | OS REVENTADOS | 00:10:25.133 | 02:28:07.403 | |
| 126 | 1 | 181 | LOPEZ ARIAS , SUSANA | FEMENINO | OS DO MONTE BRAVO | 00:08:13.977 | 02:28:13.850 | |
| 127 | 126 | 239 | OTERO FERNANDEZ , FERNANDO | MASCULINO | CC TRASDEZA | 00:08:07.470 | 02:28:44.100 | |
| 128 | 127 | 109 | FERNÁNDEZ IGLESIAS , IVÁN | MASCULINO | C.C. MONTES DO DEZA | 00:08:00.240 | 02:28:44.600 | |
| 129 | 128 | 146 | GONZÁLEZ FONTAN , JOSÉ ANTONIO | MASCULINO | CDM XESTEIRAS | 00:08:20.693 | 02:28:54.600 | |



13 / 02 / 2022

- LONGA -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CLUB | TRAMO CRONOMETRADO | CONTROL META | META |
|------|--------|--------|------------------------------|-----------|--------------------------|--------------------|--------------|------|
| 130 | 129 | 210 | MELLA BELLO , ANTONIO | MASCULINO | PC MONTE XALO | 00:07:31.993 | 02:29:20.600 | |
| 131 | 130 | 209 | MELLA BARBEITO , DANIEL | MASCULINO | PEÑA CICLISTA MONTE XALO | 00:07:47.437 | 02:29:20.850 | |
| 132 | 131 | 183 | LÓPEZ GARCÍA , ÓSCAR | MASCULINO | | 00:10:24.563 | 02:29:26.350 | |
| 133 | 132 | 40 | BREA FONTANS , RUBEN | MASCULINO | INDEPENDIENTE | 00:08:14.203 | 02:29:42.597 | |
| 134 | 133 | 287 | RODRIGUEZ MOSQUERA , BRAIS | MASCULINO | | 00:10:16.883 | 02:29:43.847 | |
| 135 | 134 | 343 | VIEITES SEOANE , GONZALO | MASCULINO | | 00:10:13.403 | 02:29:49.097 | |
| 136 | 135 | 232 | NOGUEIRAS BREA , ALBERTO | MASCULINO | OS REVENTADOS | 00:09:49.300 | 02:29:50.597 | |
| 137 | 136 | 33 | BEIS OROSA , RUBÉN | MASCULINO | | 00:07:32.697 | 02:29:51.597 | |
| 138 | 137 | 251 | PENA RODRÍGUEZ , FERNANDO | MASCULINO | REMOLACHAS BTT | 00:09:13.250 | 02:30:39.593 | |
| 139 | 138 | 13 | ALVAREZ LÓPEZ , GABRIEL | MASCULINO | INDEPENDIENTE | 00:08:08.533 | 02:30:50.593 | |
| 140 | 139 | 258 | PEREIRAS PEREIRO , SAMUEL | MASCULINO | | 00:09:02.163 | 02:31:38.093 | |
| 141 | 140 | 84 | COUTO LOSADA , ALBERTO | MASCULINO | | 00:08:13.607 | 02:32:36.587 | |
| 142 | 141 | 208 | MEJUTO SALGADO , JOSE MANUEL | MASCULINO | A PONTE | 00:07:51.333 | 02:32:55.337 | |
| 143 | 142 | 145 | GONZÁLEZ COEGO , MARCOS | MASCULINO | A PONTE | 00:07:49.143 | 02:32:55.390 | |
| 144 | 143 | 254 | PEÓN ALONSO , CANDIDO | MASCULINO | | 00:08:19.783 | 02:32:55.890 | |
| 145 | 2 | 286 | RODRÍGUEZ FERNÁNDEZ , LORENA | FEMENINO | PULPEIROS MUGARDOS | 00:08:22.233 | 02:33:23.087 | |
| 146 | 144 | 131 | GARCÍA TORRE , MANUEL | MASCULINO | INDEPENDIENTE | 00:08:29.873 | 02:33:23.140 | |
| 147 | 145 | 278 | RENDO LAREO , MANUEL | MASCULINO | INDEPENDIENTE | 00:07:39.963 | 02:33:23.643 | |
| 148 | 146 | 78 | CORTÉS REY , DAMIÁN | MASCULINO | CDM XESTEIRAS | 00:08:54.157 | 02:34:13.583 | |
| 149 | 147 | 301 | SANTOS VIDAL , AMARO | MASCULINO | | 00:08:33.290 | 02:34:21.083 | |
| 150 | 148 | 309 | SILVA GIL , JOSÉ MANUEL | MASCULINO | | 00:08:34.153 | 02:34:32.083 | |
| 151 | 149 | 176 | LIÑARES GARCÍA , IVÁN | MASCULINO | OS DA PEDALETA | 00:08:13.943 | 02:35:20.580 | |
| 152 | 150 | 117 | FIGUEIRA TUBIO , BRUNO | MASCULINO | INDEPENDIENTE | 00:08:51.987 | 02:35:55.077 | |
| 153 | 151 | 94 | DIAZ RODRÍGUEZ , DIEGO | MASCULINO | | 00:08:59.077 | 02:35:55.130 | |
| 154 | 152 | 5 | ALDREY DE LA FUENTE , ADRIAN | MASCULINO | | 00:08:27.040 | 02:36:47.323 | |
| 155 | 153 | 95 | DOCE RIAL , RAMÓN | MASCULINO | | 00:08:28.670 | 02:36:48.127 | |



13 / 02 / 2022

- LONGA -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CLUB | TRAMO CRONOMETRADO | CONTROL META | META |
|------|--------|--------|-------------------------------|-----------|----------------------|--------------------|--------------|------|
| 156 | 154 | 101 | ESTEVEZ EIRAS , RUBEN | MASCULINO | EOLO SON | 00:08:39.817 | 02:38:02.070 | |
| 157 | 155 | 4 | ALBELA COUTO , EMILIO | MASCULINO | EOLO SON | 00:08:43.060 | 02:38:02.123 | |
| 158 | 156 | 47 | CALDELAS CARRILLO , MARCOS | MASCULINO | EOLO SON | 00:08:50.190 | 02:38:03.117 | |
| 159 | 157 | 118 | FIGUEIRAS GOMEZ , RUBÉN | MASCULINO | | 00:09:44.267 | 02:38:09.570 | |
| 160 | 158 | 214 | MIRA MARTÍNEZ , ÓSCAR JESÚS | MASCULINO | OROSO C.C | 00:09:35.537 | 02:40:18.563 | |
| 161 | 159 | 182 | LOPEZ BALSEIRO , JOSE ALFONSO | MASCULINO | CLUB CICLISMO SALNES | 00:10:53.233 | 02:44:15.300 | |
| 162 | 160 | 276 | RARIS MOSQUERA , FRANCISCO | MASCULINO | | 00:10:29.057 | 02:44:15.550 | |
| 163 | 161 | 92 | DIAZ DIAZ , ANGEL FERNANDO | MASCULINO | CLUB CICLISTA FERROL | 00:07:46.827 | 02:48:06.790 | |
| 164 | 162 | 93 | DIAZ DIAZ , ROBERTO ENRIQUE | MASCULINO | CLUB CICLISTA FERROL | 00:09:26.353 | 02:48:20.790 | |
| 165 | 3 | 256 | PEREIRA TAIBO , MARIA | FEMENINO | INDEPENDIENTE | 00:08:56.770 | 02:54:02.523 | |
| 166 | 163 | 257 | PEREIRA VILLANUEVA , FERNANDO | MASCULINO | INDEPENDIENTE | 00:08:59.610 | 02:54:03.773 | |
| 167 | 164 | 22 | AROSA RIVEIRO , JOSE M. | MASCULINO | OS CHIMPACONS | 00:09:41.770 | 02:56:29.013 | |
| 168 | 4 | 268 | PINTOS PADIN , MARIA | FEMENINO | INDEPENDIENTE | 00:09:38.390 | 02:56:29.567 | |
| 169 | 165 | 149 | GONZALEZ IGLESIAS , DAVID | MASCULINO | INDEPENDIENTE | 00:09:03.130 | 02:58:01.760 | |
| 170 | 166 | 137 | GOMEZ LOBATO , DIEGO | MASCULINO | INDEPENDIENTE | 00:08:53.707 | 02:58:02.063 | |
| DNF | | 248 | PENA CARAMES , FERNANDO | MASCULINO | MONTES DO DEZA | 00:05:06.217 | | |
| DNF | | 152 | GONZALEZ SOUTO , LUIS | MASCULINO | BTT TRASDEZA | 00:05:44.640 | | |
| DNF | | 19 | AÑÓN GONZÁLEZ , JAVIER | MASCULINO | INDEPENDIENTE | 00:05:55.587 | | |
| DNF | | 161 | IGLESIAS VILANOVA , ELIAS | MASCULINO | CC TRASDEZA | 00:05:55.590 | | |
| DNF | | 325 | TOMÉ CARREÑO , TONY | MASCULINO | | 00:06:08.873 | | |
| DNF | | 192 | LOUZAO MUNIN , ALEJANDRO | MASCULINO | CIDADE DE SANTIAGO | 00:06:16.923 | | |
| DNF | | 190 | LÓPEZ TOIMIL , JOSE MANUEL | MASCULINO | CC TRASDEZA | 00:06:58.843 | | |
| DNF | | 123 | GACIO VÁZQUEZ , TOMÁS | MASCULINO | INDEPENDIENTE | 00:08:47.540 | | |
| DNF | | 329 | VARELA LEMA , SUSO | MASCULINO | INDEPENDIENTE | 00:09:14.650 | | |