

VII MARATÓN POR MONTAÑA ACAMELIA 2023

- GENERAL MARATON 21+21K RELEVOS -

POS.	P.CAT.	NUMBER	NOME EQUIPO	PARTICIPANTE	CATEGORY	CLUB	RELEVO1	DIFF. 1º	RELEVO2	DIFF.1º	META	DIFF.1º		
1	1	104	VERTICE2	IGLESIAS TORRES , JULIO - INSUA DIAZ , RUBÉN	MALE	CDM VERTICE - CDM VERTICE	02:05:26		05:59 min/Km	02:06:38	06:02 min/Km	04:12:03		
2	2	113	CB	CABANAS BOCIJA , LUIS - CABANAS BOCIJA , DAVID	MALE	INDEPENDIENTE - INDEPENDIENTE	02:14:43	+00:09:17	06:25 min/Km	02:20:22	+00:13:44	06:42 min/Km	04:35:05	+00:23:02
3	3	111	GTR GALAICO TRAIL RUN	FERNÁNDEZ RENDO , JOSÉ - FERREIROA DOBARRO , JOSÉ ANTONIO	MALE	GTR - GALAICO TRAIL RUN - GTR - GALAICO TRAIL RUN	02:38:04	+00:32:38	07:32 min/Km	02:19:29	+00:12:51	06:39 min/Km	04:57:33	+00:45:30
4	4	110	ASTURLEONÉS	RODÍGUEZ ESTEBAN , PABLO - CRUZ DE LA FUENTE , OSCAR	MALE	BJ RUNNING TEAM - BJ RUNNING TEAM	02:36:28	+00:31:02	07:28 min/Km	02:24:43	+00:18:05	06:54 min/Km	05:01:11	+00:49:08
5	1	109	BJ RUNNING TEAM II	CASTRO FRECHA , BRUNO - GARCIA PEÑA , ANA	MIXED	BJ RUNNING TEAM - BJ RUNNING TEAM	02:29:49	+00:24:23	07:09 min/Km	02:38:44	+00:32:06	07:34 min/Km	05:08:32	+00:56:29
6	2	101	ESQUIBANDO TOXOS	PEREIRAS OCUTO , ÁLVARO - RAMOS TRASAR , INES	MIXED	- CDM VERTICE	02:45:09	+00:39:43	07:52 min/Km	02:26:22	+00:19:44	06:59 min/Km	05:11:30	+00:59:27
7	5	112	DUBRA TEAM	BLANCO GUARDADO , JAVIER - GORIS PEREIRAS , ALFONSO	MALE	DUBRA TEAM - DUBRA TEAM	02:37:22	+00:31:56	07:30 min/Km	02:37:14	+00:30:36	07:30 min/Km	05:14:36	+01:02:33
8	6	107	BJ RUNNING TEAM 1	COLLAR AMADO , BORJ - MOSCOSO MOURE , GUILLERMO	MALE	BJ RUNNING TEAM - BJ RUNNING TEAM	02:54:43	+00:49:17	08:20 min/Km	02:23:15	+00:16:37	06:50 min/Km	05:17:57	+01:05:54
9	7	103	VERTICE1	CARBÓN SUEIRO , FELIPE - BREY MATO , ROBERTO	MALE	CDM VERTICE - CDM VERTICE	02:37:49	+00:32:23	07:31 min/Km	02:53:18	+00:46:40	08:16 min/Km	05:31:07	+01:19:04
10	3	114	ASALTAMONTES	GONZÁLEZ SALGUEIRO , JESSICA - FEJOO LOUREIRO , PABLO	MIXED	INDEPENDIENTE - ASALTAMONTES TRAIL	02:43:15	+00:37:49	07:47 min/Km	02:54:54	+00:48:16	08:20 min/Km	05:38:08	+01:26:05
11	1	105	VERTICE3	PAZ BERMUDEZ , PAULA - SALGUEIRO FERNANDEZ , RAQUEL	FEMALE	CDM VERTICE - CDM VERTICE	03:10:48	+01:05:22	09:06 min/Km	02:45:18	+00:38:40	07:53 min/Km	05:56:05	+01:44:02
12	8	106	INDEPENDIENTE	QUINTEIRO BALBOA , PEDRO - PAZOS BALBOA , MATEO DOMINGO	MALE	INDEPENDIENTE - INDEPENDIENTE	03:19:05	+01:13:39	09:29 min/Km	02:57:09	+00:50:31	08:27 min/Km	06:16:13	+02:04:10
13	2	108	SÚPERNENAS NO MONTE	TOREA TOREA , ELENA - GOMEZ LODEIROS , SUSANA	FEMALE	CLUB ATLETISMO LOUSAME - TARTARUGAS	03:16:38	+01:11:12	09:22 min/Km	03:00:45	+00:54:07	08:37 min/Km	06:17:23	+02:05:20
14	3	102	MOSSYBEGO	FRAGA MARTÍNEZ , MONTSERRAT - LOIS , BEGO	FEMALE	AD JARNACHAS - AD JARNACHAS	03:42:58	+01:37:32	10:38 min/Km	03:30:13	+01:23:35	10:01 min/Km	07:13:10	+03:01:07