

XXIV CARREIRA PEDESTRE SAN MARTIÑO DE BUEU
- GENERAL 6K -

09 NOVIEMBRE 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
1	1	118	PORTO PAZOS , CARLOS	MALE	SENIOR-M	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	00:18:33		03:06 min/Km
2	2	152	SUÁREZ AMOEIRO , VICENTE	MALE	SENIOR-M	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	00:18:37	+00:00:04	03:07 min/Km
3	3	119	PRIETO FERVENZA , ALVARO	MALE	SENIOR-M	MILER RUNNING CLUB	00:18:40	+00:00:07	03:07 min/Km
4	1	161	VAZQUEZ JIMENEZ , PEDRO	MALE	XUVENIL-M	RC CELTA DE VIGO	00:19:19	+00:00:46	03:14 min/Km
5	4	76	GUTIÉRREZ GONZÁLEZ , CARLOS ENRIQUE	MALE	SENIOR-M	RUNGALICIA-INTERSPORT	00:19:21	+00:00:48	03:14 min/Km
6	1	38	ESSAADAUI , AKKA	MALE	VET-A-M	ADAS OBARCO	00:19:26	+00:00:53	03:15 min/Km
7	5	35	DOS REIS GONZALEZ , ALBERTO	MALE	SENIOR-M	RUNGALICIA-INTERSPORT	00:19:40	+00:01:07	03:17 min/Km
8	6	163	VICENTE LOPEZ , PABLO	MALE	SENIOR-M	NARON ATLETISMO	00:19:46	+00:01:13	03:18 min/Km
9	2	18	CABALLERO IGLESIAS , GUSTAVO	MALE	VET-A-M		00:19:53	+00:01:20	03:19 min/Km
10	3	78	JANEIRO LORENZO , JORGE	MALE	VET-A-M	C.D. SAN PAIO	00:19:54	+00:01:21	03:19 min/Km
11	4	75	GUERRA MAGAN , OSCAR	MALE	VET-A-M	CLUB ATLETISMO CAMBADOS	00:19:55	+00:01:22	03:20 min/Km
12	7	103	OTERO FARIÑA , PABLO	MALE	SENIOR-M	CLUB ATLETISMO CAMBADOS	00:19:59	+00:01:26	03:20 min/Km
13	5	116	POMBAL CORTEGOSO , VICENTE	MALE	VET-A-M	SAN MIGUEL DE MARÍN	00:20:07	+00:01:34	03:22 min/Km
14	1	73	GONZÁLEZ PIÑEIRO , GONZALO	MALE	VET-B-M	MILER VINTAGE	00:20:17	+00:01:44	03:23 min/Km
15	6	12	BARROS GONZÁLEZ , ABEL	MALE	VET-A-M	ATLETISMO +9 MORAÑA	00:20:25	+00:01:52	03:25 min/Km
16	8	29	CONDE VALLADARES , ANGEL	MALE	SENIOR-M	LAMARGHA-AUTOTODO	00:20:25	+00:01:52	03:25 min/Km
17	1	32	DE LA TORRE ALLARIZ , DANIEL	MALE	VET-C-M	SAN MIGUEL DE MARÍN	00:20:35	+00:02:02	03:26 min/Km
18	2	108	PAREDES COYA , LUIS	MALE	VET-B-M	MOTOBIKE GALAICO TRIATLON	00:20:40	+00:02:07	03:27 min/Km
19	1	52	FINOT , ALICE	FEMALE	SENIOR-F	CELTA	00:20:41	+00:02:08	03:27 min/Km
20	9	37	ESCUDERO RIVAS , ADRIAN	MALE	SENIOR-M	CLUB CICLISMO TRIATLON POIO	00:20:43	+00:02:10	03:28 min/Km
21	10	125	RIOBO VILLANUEVA , VICTOR	MALE	SENIOR-M	MILER RUNNING CLUB	00:20:45	+00:02:12	03:28 min/Km
22	11	54	FONSECA FERRADANES , SERGIO	MALE	SENIOR-M		00:21:14	+00:02:41	03:33 min/Km
23	3	24	CARRERA MARTINEZ , JOSE MANUEL	MALE	VET-B-M	TANINOS RUNNERS	00:21:16	+00:02:43	03:33 min/Km
24	4	13	BELTRÁN TABOADA , JOSÉ JULIÁN	MALE	VET-B-M	RUN PONTEVEDRA	00:21:21	+00:02:48	03:34 min/Km
25	12	100	OMIL IGLESIAS , JOSE MANUEL	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	00:21:36	+00:03:03	03:36 min/Km
26	13	98	MOSQUERA GONZÁLEZ , LUIS	MALE	SENIOR-M	CLUBE ATLETISMO BOIMORTO	00:21:38	+00:03:05	03:37 min/Km
27	14	11	BARROS CARBALLO , DIEGO	MALE	SENIOR-M	COMESAÑA SPORTING CLUB	00:21:47	+00:03:14	03:38 min/Km
28	5	45	FERNÁNDEZ MONZÓN , MARCOS	MALE	VET-B-M	CSRC BEADE	00:21:56	+00:03:23	03:40 min/Km
29	6	22	CARRACELAS COSTAS , OSCAR	MALE	VET-B-M		00:22:01	+00:03:28	03:41 min/Km
30	15	156	VALENCIA RODRÍGUEZ , CRISTIAN	MALE	SENIOR-M	C. A. R MARISQUEIRO	00:22:02	+00:03:29	03:41 min/Km
31	7	16	BUDIÑO DACOSTA , RICARDO	MALE	VET-A-M		00:22:11	+00:03:38	03:42 min/Km
32	7	1	ACUÑA FERNANDEZ , CÁNDIDO	MALE	VET-B-M	COMESAÑA SPORTING CLUB	00:22:17	+00:03:44	03:43 min/Km
33	8	120	RAVIÑA FURELOS , JUAN CARLOS	MALE	VET-B-M	UNIVERSIDADE SANTIAGO DE COMPOSTELA	00:22:20	+00:03:47	03:44 min/Km
34	16	132	RODRIGUEZ FERNANDEZ , KURAI	MALE	SENIOR-M	KURAI	00:22:23	+00:03:50	03:44 min/Km

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35	17	117	POMBAL PORTELA , DAVID	MALE	SENIOR-M	CLUB ATLETISMO SAMERTOLAMEU	00:22:27	+00:03:54	03:45 min/Km
36	9	124	REY JÁCOME , VICENTE	MALE	VET-B-M	INDEPENDIENTE	00:22:32	+00:03:59	03:46 min/Km
37	2	17	CABADO CASTRO , XOSÉ	MALE	VET-C-M	ATLETISMO SANTIAGO	00:22:40	+00:04:07	03:47 min/Km
38	1	97	MORENZA DOFORNO , GERMAN	MALE	VET-D-M	CLUB DEPORTIVO PINARIUM	00:22:47	+00:04:14	03:48 min/Km
39	8	10	BARREIRO SANTIAGO , JOSE MANUEL	MALE	VET-A-M		00:22:49	+00:04:16	03:49 min/Km
40	18	51	FIGUEROA COMESAÑA , PABLO	MALE	SENIOR-M	ATLETISMO BEADE	00:22:58	+00:04:25	03:50 min/Km
41	19	55	FREIRE CALVO , DIEGO	MALE	SENIOR-M	CCTPOIO	00:23:00	+00:04:27	03:50 min/Km
42	20	58	GARCÍA BERNÁRDEZ , IVÁN	MALE	SENIOR-M		00:23:01	+00:04:28	03:51 min/Km
43	9	70	GONZÁLEZ MARTÍNEZ , JOSÉ ANTONIO	MALE	VET-A-M	C.A.CAMBADOS E SEGUROS NOVAL	00:23:08	+00:04:35	03:52 min/Km
44	10	30	COSTAS PEREIRA , ALBERTO	MALE	VET-B-M	ATLETISMO BEADE	00:23:11	+00:04:38	03:52 min/Km
45	3	43	FERNANDEZ COMESAÑA , MANUEL	MALE	VET-C-M		00:23:24	+00:04:51	03:54 min/Km
46	11	159	VAZQUEZ MEIJIDE , JOSE LUIS	MALE	VET-B-M	TRAN TRAN	00:23:25	+00:04:52	03:55 min/Km
47	21	102	OTERO CRESPO , DAVID	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	00:23:33	+00:05:00	03:56 min/Km
48	2	594	OTERO GARCIA , DIEGO	MALE	XUVENIL-M		00:23:40	+00:05:07	03:57 min/Km
49	10	59	GARCÍA CERVIÑO , DANIEL	MALE	VET-A-M	CLUB CICLISMO TRIATLON POIO	00:23:43	+00:05:10	03:58 min/Km
50	11	36	DURÁN DURÁN , BERNARDO	MALE	VET-A-M	TANINOS	00:23:47	+00:05:14	03:58 min/Km
51	2	33	DE LA TORRE CARABELOS , PAULA	FEMALE	SENIOR-F	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	00:23:53	+00:05:20	03:59 min/Km
52	22	110	PAZOS , JUAN	MALE	SENIOR-M	PC RIAS BAIXAS	00:23:56	+00:05:23	03:60 min/Km
53	1	53	FONSECA ALONSO , ALDARA	FEMALE	XUVENIL-F	C.S.C.R. BEADE	00:24:05	+00:05:32	04:01 min/Km
54	23	81	LAGO QUINTELA , ALEX	MALE	SENIOR-M	INDEPENDIENTE	00:24:08	+00:05:35	04:02 min/Km
55	1	49	FERVENZA ENTENZA , PABLO	MALE	VET-F-M		00:24:09	+00:05:36	04:02 min/Km
56	24	89	MARTÍNEZ MARTÍNEZ , ÍÑIGO	MALE	SENIOR-M	CD PINARIUM	00:24:11	+00:05:38	04:02 min/Km
57	25	63	GARCIA GONZALEZ , SANTIAGO	MALE	SENIOR-M	INDEPENDIENTE	00:24:11	+00:05:38	04:02 min/Km
58	4	111	PEREIRA REDONDO , JUAN CARLOS	MALE	VET-C-M		00:24:21	+00:05:48	04:04 min/Km
59	26	164	VICENTE SIMAL , IVÁN	MALE	SENIOR-M	CLUB CICLISMO TRIATLON POIO	00:24:23	+00:05:50	04:04 min/Km
60	3	28	CHILLÓN CAMAÑO , MAR	FEMALE	SENIOR-F		00:24:24	+00:05:51	04:04 min/Km
61	2	127	RIVAS POSSE , XAIME	MALE	VET-D-M	VINCIT FISIOTERAPIA	00:24:24	+00:05:51	04:04 min/Km
62	1	107	PARAMOS PÉREZ , VENANCIO	MALE	VET-E-M	ATLETISMO PORRIÑO	00:24:26	+00:05:53	04:05 min/Km
63	12	128	RODAL DIZ , ANGEL MANUEL	MALE	VET-B-M	CLUB DEPORTIVO PINARIUM	00:24:31	+00:05:58	04:06 min/Km
64	27	165	VIDAL OTERO , ISAAC	MALE	SENIOR-M	INDEPENDIENTE	00:24:34	+00:06:01	04:06 min/Km
65	12	9	BARREIRO RODRÍGUEZ , SEVERO	MALE	VET-A-M	CLUB DEPORTIVO PINARIUM	00:24:41	+00:06:08	04:07 min/Km
66	4	146	SILVELO PALLIN , TANIA MARÍA	FEMALE	SENIOR-F	INDEPENDIENTE	00:24:43	+00:06:10	04:08 min/Km
67	3	136	RODRIGUEZ PEREZ , HÉCTOR	MALE	XUVENIL-M		00:24:45	+00:06:12	04:08 min/Km
68	28	154	TENORIO COSTA , JAIME	MALE	SENIOR-M	CLUB ATLETISMO SAMERTOLAMEU	00:24:47	+00:06:14	04:08 min/Km

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09 NOVIEMBRE 2019

- GENERAL 6K -

GALITIMING
DUWILNES

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
69	2	44	FERNÁNDEZ LAGO , BRANCA	FEMALE	XUVENIL-F	OURENSE ATLETISMO	00:24:54	+00:06:21	04:09 min/Km
70	3	129	RODAL VIDAL , JORGE FERMÍN	MALE	VET-D-M		00:24:57	+00:06:24	04:10 min/Km
71	5	104	OTERO UHIA , ANTONIO	MALE	VET-C-M	INDEPENDIENTE	00:25:05	+00:06:32	04:11 min/Km
72	13	72	GONZALEZ OTERO , JOSE LUIS	MALE	VET-B-M	CLUB ATLETISMO SAMERTOLAMEU	00:25:06	+00:06:33	04:11 min/Km
73	4	157	VARELA CACHAFEIRO , ANTONIO	MALE	VET-D-M	POMASA	00:25:15	+00:06:42	04:13 min/Km
74	5	62	GARCÍA GONZÁLEZ , LAURA	FEMALE	SENIOR-F	TRIATLÓN FERROL	00:25:17	+00:06:44	04:13 min/Km
75	2	20	CARAMÉS , MANUEL	MALE	VET-E-M	C.A.R.MARISQUEIRO	00:25:24	+00:06:51	04:14 min/Km
76	5	147	SIMORS FERNÁNDEZ , JOSÉ LUIS	MALE	VET-D-M	INDEPENDIENTE	00:25:31	+00:06:58	04:16 min/Km
77	14	41	FAZANES NOVAS , JOSÉ LUIS	MALE	VET-B-M	CLUB CORREDOIRAS BUEU	00:25:33	+00:07:00	04:16 min/Km
78	1	166	VILAR PALMA , ANA PAULA	FEMALE	VET-A-F	COMESAÑA SPORTING CLUB	00:25:35	+00:07:02	04:16 min/Km
79	15	109	PAZO PEREIRA , JOSE MANUEL	MALE	VET-B-M	CLUB CICLISMO TRIATLON POIO	00:25:38	+00:07:05	04:17 min/Km
80	13	169	MOREIRA LORENZO , GUILLERMO	MALE	VET-A-M		00:25:39	+00:07:06	04:17 min/Km
81	4	60	GARCÍA COCHON , RODRIGO	MALE	XUVENIL-M	CLUB CICLISMO TRIATLON POIO	00:25:40	+00:07:07	04:17 min/Km
82	6	131	RODRÍGUEZ ESTEVEZ , PATRICIA	FEMALE	SENIOR-F	MILER RUNNING CLUB	00:25:44	+00:07:11	04:18 min/Km
83	14	4	ANDRADE PADIN , DAMIÁN	MALE	VET-A-M	CLUB CICLISMO TRIATLON POIO	00:25:49	+00:07:16	04:19 min/Km
84	16	42	FERNANDEZ ALVAREZ , MARCOS	MALE	VET-B-M	CLUB ATLETISMO SAMERTOLAMEU	00:25:51	+00:07:18	04:19 min/Km
85	29	137	RODRÍGUEZ PREGIGUEIRO , SAÚL	MALE	SENIOR-M	COMESAÑA SPORTING CLUB	00:25:56	+00:07:23	04:20 min/Km
86	1	64	GARCIA GRAÑA , ANA	FEMALE	VET-B-F	INDEPENDIENTE	00:26:06	+00:07:33	04:21 min/Km
87	3	61	GARCÍA FERNÁNDEZ , KOLDO	MALE	VET-E-M		00:26:18	+00:07:45	04:23 min/Km
88	30	148	SOMOZA GONZALEZ , ANGEL	MALE	SENIOR-M	INDEPENDIENTE	00:26:21	+00:07:48	04:24 min/Km
89	15	151	SOTO PARADA , JUAN	MALE	VET-A-M	CLUB DEPORTIVO PINARIUM	00:26:25	+00:07:52	04:25 min/Km
90	17	167	VILLAVERDE OTERO , CANDIDO	MALE	VET-B-M	ATLETISMO CAMBADOS SEGUROS NOVAL	00:26:26	+00:07:53	04:25 min/Km
91	18	3	ÁLVAREZ CASTRO , ENRIQUE	MALE	VET-B-M	C.A.R.MARISQUEIRO	00:26:33	+00:08:00	04:26 min/Km
92	31	138	RODRIGUEZ RODRIGUEZ , YAGO	MALE	SENIOR-M	VETERANOS DE SAMIL	00:26:34	+00:08:01	04:26 min/Km
93	6	69	GONZALEZ LAINS , MANUEL	MALE	VET-C-M	INDEPENDIENTE	00:26:37	+00:08:04	04:27 min/Km
94	3	101	OTERO , SARA	FEMALE	XUVENIL-F	CELTA	00:26:39	+00:08:06	04:27 min/Km
95	16	593	VERDE PIÑEIRO , CARLOS	MALE	VET-A-M		00:26:45	+00:08:12	04:28 min/Km
96	17	145	SANTOME MARTINEZ , ANGEL	MALE	VET-A-M		00:26:48	+00:08:15	04:28 min/Km
97	32	68	GÓMEZ CUERVO , SANTIAGO	MALE	SENIOR-M	INDEPENDIENTE	00:26:49	+00:08:16	04:29 min/Km
98	33	90	MARTINEZ SANJORGE , ANTONIO JESUS	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	00:26:50	+00:08:17	04:29 min/Km
99	2	92	MEDRAÑO PORTO , OLGA	FEMALE	VET-B-F		00:26:51	+00:08:18	04:29 min/Km
100	34	21	CARBALLAL GONZALEZ , ANTONIO	MALE	SENIOR-M	CLUB DEPORTIVO PINARIUM	00:27:01	+00:08:28	04:31 min/Km
101	3	142	SALGUEIRO VARELA , ARACELI	FEMALE	VET-B-F	CLUB ATLETISMO SAMERTOLAMEU	00:27:05	+00:08:32	04:31 min/Km
102	4	93	MENENDEZ DOMÍNGUEZ , JUAN CARLOS	MALE	VET-E-M		00:27:12	+00:08:39	04:32 min/Km

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103	4	2	ALONSO GOZALEZ , LAURA	FEMALE	XUVENIL-F	ATLETISMO BEADE	00:27:15	+00:08:42	04:33 min/Km
104	35	66	GARCIA VILLANUEVA , JOSE EUGENIO	MALE	SENIOR-M	TROTE BORRIQUERO	00:27:18	+00:08:45	04:33 min/Km
105	2	94	MÍLLARA BLANCO , MANUEL	MALE	VET-F-M		00:27:18	+00:08:45	04:33 min/Km
106	19	122	REGUERA GARCÍA , JOSE MANUEL	MALE	VET-B-M	PC TIRAMILLAS	00:27:21	+00:08:48	04:34 min/Km
107	3	105	PADIN COUSIDO , JOSÉ LUIS	MALE	VET-F-M	CACAMBADOS-NOVAL	00:27:23	+00:08:50	04:34 min/Km
108	7	140	ROSALES ROSALES , PAULA	FEMALE	SENIOR-F	CLUB DEPORTIVO PINARIUM	00:27:24	+00:08:51	04:34 min/Km
109	4	31	COTOVAD MALVAR , MARIA DEL CARMEN	FEMALE	VET-B-F	RUN PONTEVEDRA	00:27:31	+00:08:58	04:36 min/Km
110	18	15	BLANCO DOCAMPO , ROBERTO	MALE	VET-A-M	CLUB DEPORTIVO PINARIUM	00:27:31	+00:08:58	04:36 min/Km
111	36	19	CAIÑO AGUETE , FRANCISCO JAVIER	MALE	SENIOR-M	INDEPENDIENTE	00:27:41	+00:09:08	04:37 min/Km
112	19	65	GARCÍA SANTOMÉ , FRANCISCO JAVIER	MALE	VET-A-M	INDEPENDIENTE	00:27:44	+00:09:11	04:38 min/Km
113	7	56	FUENTES MARTÍNEZ , MANUEL	MALE	VET-C-M	INDALSU	00:27:47	+00:09:14	04:38 min/Km
114	20	99	NORES PORTELA , JAVIER	MALE	VET-A-M	INDEPENDIENTE	00:27:57	+00:09:24	04:40 min/Km
115	8	153	TÁBOAS CARRERA , IRENE	FEMALE	SENIOR-F	ATLETISMO PORRIÑO	00:27:58	+00:09:25	04:40 min/Km
116	1	14	BERNARDEZ GONZALEZ , MARIA DE LOS ANGELES	FEMALE	VET-C-F	CLUB ATLETISMO SAMERTOLAMEU	00:28:02	+00:09:29	04:41 min/Km
117	20	123	REGUERA VILLAR , PABLO	MALE	VET-B-M		00:28:28	+00:09:55	04:45 min/Km
118	21	87	MÁRQUEZ CORTIZO , ENRIQUE	MALE	VET-B-M	CLUB DEPORTIVO PINARIUM	00:28:30	+00:09:57	04:45 min/Km
119	37	130	RODRÍGUEZ ALONSO , JOSE EDUARDO	MALE	SENIOR-M		00:28:41	+00:10:08	04:47 min/Km
120	5	27	CASTRO COLORADO , JULIA	FEMALE	VET-B-F	BIKILA	00:28:44	+00:10:11	04:48 min/Km
121	21	74	GRAÑA CARBALLO , DON MANUEL	MALE	VET-A-M	INDEPENDIENTE	00:28:57	+00:10:24	04:50 min/Km
122	38	113	PÉREZ PIÑEIRO , ROBERTO	MALE	SENIOR-M	TROTE BORRIQUERO	00:28:58	+00:10:25	04:50 min/Km
123	39	114	PIEDRAS DAVILA , ALEJANDRO	MALE	SENIOR-M	TROTE BORRIQUERO	00:28:59	+00:10:26	04:50 min/Km
124	9	141	RUIBAL CABALEIRO , IRIA	FEMALE	SENIOR-F		00:29:24	+00:10:51	04:54 min/Km
125	2	77	HALL , BETHAN	FEMALE	VET-A-F	MOTOBIKE GALAICO	00:29:40	+00:11:07	04:57 min/Km
126	22	67	GAYO PIÑEIRO , JOSE ALBERTO	MALE	VET-B-M	ATLETISMO MORRAZO	00:29:55	+00:11:22	04:60 min/Km
127	2	91	MASSO ÁLVAREZ , ISABEL	FEMALE	VET-C-F	CAR MARISQUERÍO	00:30:01	+00:11:28	05:01 min/Km
128	40	133	RODRIGUEZ GOMEZ , DAVID	MALE	SENIOR-M	INDEPENDIENTE	00:30:04	+00:11:31	05:01 min/Km
129	41	34	DIAZ DIAZ , ALEJANDRO	MALE	SENIOR-M	INDEPENDIENTE	00:30:04	+00:11:31	05:01 min/Km
130	10	82	LEMA VILLANUEVA , ANA	FEMALE	SENIOR-F	INDEPENDIENTE	00:30:11	+00:11:38	05:02 min/Km
131	23	48	FERNANDEZ PEREZ , MANUEL	MALE	VET-B-M	INDEPENDIENTE	00:30:12	+00:11:39	05:02 min/Km
132	3	168	ZAPATA RODRÍGUEZ , RAQUEL	FEMALE	VET-A-F	INDEPENDIENTE	00:30:25	+00:11:52	05:05 min/Km
133	22	39	ESTÉVEZ DURÁN , CARLOS	MALE	VET-A-M	TROTE BORRIQUERO	00:30:26	+00:11:53	05:05 min/Km
134	1	25	CARRERA SOUTELO , JOSEFA	FEMALE	VET-D-F	INDEPENDIENTE	00:30:30	+00:11:57	05:05 min/Km
135	4	595	CHAPELA GONZALEZ , ANA ISABEL	FEMALE	VET-A-F		00:30:35	+00:12:02	05:06 min/Km
136	24	592	GONZALEZ GONZALEZ , CESAREO	MALE	VET-B-M		00:31:14	+00:12:41	05:13 min/Km

XXIV CARREIRA PEDESTRE SAN MARTIÑO DE BUEU
- GENERAL 6K -**09 NOVIEMBRE 2019**

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
137	11	126	RIVAS PIÑEIRO , CLAUDIA	FEMALE	SENIOR-F	CLUB ATLETISMO SAMERTOLAMEU	00:31:24	+00:12:51	05:14 min/Km
138	3	23	CARREIRA COSTAS , MONTSERRAT	FEMALE	VET-C-F	COMESAÑA SPORTING CLUB	00:31:29	+00:12:56	05:15 min/Km
139	4	135	RODRIGUEZ GONZALEZ , MARIA ELENA	FEMALE	VET-C-F	CLUB ATLETISMO SAMERTOLAMEU	00:31:43	+00:13:10	05:18 min/Km
140	5	155	TORRES BARROSO , SILVIA	FEMALE	VET-A-F		00:32:04	+00:13:31	05:21 min/Km
141	12	47	FERNÁNDEZ PAZOS , SARA	FEMALE	SENIOR-F	SAN BARTOLOMEU	00:32:08	+00:13:35	05:22 min/Km
142	42	71	GONZÁLEZ NOVAS , ROBERTO	MALE	SENIOR-M	INDEPENDIENTE	00:32:08	+00:13:35	05:22 min/Km
143	5	143	SALGUEIRO VARELA , MARIA TERESA	FEMALE	VET-C-F	CLUB ATLETISMO SAMERTOLAMEU	00:32:10	+00:13:37	05:22 min/Km
144	13	121	REGUEIRA SEIJAS , ESTEFANÍA	FEMALE	SENIOR-F		00:32:15	+00:13:42	05:23 min/Km
145	4	160	VAZQUEZ GUERRA , JOSE LUIS	MALE	VET-F-M	TRAN TRAN	00:34:13	+00:15:40	05:43 min/Km
146	5	88	MARTINEZ GARCIA , ALFONSO	MALE	VET-F-M	INDEPENDIENTE	00:35:35	+00:17:02	05:56 min/Km
147	8	57	GANDARA BOUZA , JOSE ALEJANDRO	MALE	VET-C-M	CASTRELOS 20:30	00:35:41	+00:17:08	05:57 min/Km
148	43	96	MOLDES SOUTO , FERNANDO	MALE	SENIOR-M		00:36:12	+00:17:39	06:02 min/Km
149	6	115	POCEIRO PIÑEIRO , PILAR	FEMALE	VET-A-F		00:36:47	+00:18:14	06:08 min/Km
150	14	84	LÓPEZ CARBALLO , SILVANA	FEMALE	SENIOR-F		00:37:54	+00:19:21	06:19 min/Km
151	7	40	ESTÉVEZ LEAL , MARÍA DE LOS ÁNGELES	FEMALE	VET-A-F		00:38:07	+00:19:34	06:22 min/Km
152	15	86	LUQUE , BIANCA	FEMALE	SENIOR-F	INDEPENDIENTE	00:38:47	+00:20:14	06:28 min/Km
153	8	112	PEREIRA RODRÍGUEZ , ALMUDENA	FEMALE	VET-A-F		00:39:09	+00:20:36	06:32 min/Km
154	5	134	RODRIGUEZ GOMEZ , JULIO	MALE	VET-E-M	VETERANOS DE SAMIL	00:39:34	+00:21:01	06:36 min/Km