

# III TRAIL DAS BESTAS - MURAS - - GENERAL 27KM -

03 NOVIEMBRE 2019

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIFF.	RITMO
1	1	184	TRELLES RODRÍGUEZ , MARCOS	MALE	SENIOR-M	AD JARNACHAS	02:21:27		05:15 min/Km
2	2	144	GONZÁLEZ VÁZQUEZ , CARLOS	MALE	SENIOR-M		02:23:18	+00:01:51	05:19 min/Km
3	3	116	CADAVERIA RAMOS , ANTONIO	MALE	SENIOR-M	O XALO OSCURO	02:24:18	+00:02:51	05:21 min/Km
4	4	190	VILABOY FILGUEIRAS , MIGUEL	MALE	SENIOR-M	CLUB MONTAÑA O CAXADO	02:28:54	+00:07:27	05:31 min/Km
5	5	102	ABELEDI IGLESIAS , YAGO	MALE	SENIOR-M	C.M. XESTEIRAS	02:29:48	+00:08:21	05:33 min/Km
6	1	135	FERNANDEZ GARCIA , JOSE MANUEL	MALE	VETERAN-M	CDM VERTICE	02:30:10	+00:08:43	05:34 min/Km
7	6	188	VAZQUEZ GARCIA , ROBERTO	MALE	SENIOR-M		02:35:45	+00:14:18	05:47 min/Km
8	7	149	LESTON DEL RIO , ADELINO	MALE	SENIOR-M	VERTICE CM	02:39:17	+00:17:50	05:54 min/Km
8	7	163	PÉREZ PÉREZ , MANUEL	MALE	SENIOR-M	PRAIAS DE BARREIROS C.D.	02:39:17	+00:17:50	05:54 min/Km
10	9	115	CAAMAÑO VILLAR , JAIME	MALE	SENIOR-M	NOETRAINERS FERROL	02:42:54	+00:21:27	06:02 min/Km
11	10	107	ARIAS ALVAREZ , JOSÉ ELADIO	MALE	SENIOR-M	ADC MONTE BREMO	02:53:14	+00:31:47	06:25 min/Km
12	2	181	TÁBARA RODRÍGUEZ , JUAN MANUEL	MALE	VETERAN-M	ATLETAS ACEA DE AMA	02:53:45	+00:32:18	06:27 min/Km
13	11	182	TENREIRO DÍAZ , RUBÉN	MALE	SENIOR-M	ADC MONTE BREMO	02:54:51	+00:33:24	06:29 min/Km
14	3	137	FERNÁNDEZ TRASANCOS , RUFINO	MALE	VETERAN-M	EGOVARROS DE VIVEIRO	02:55:05	+00:33:38	06:30 min/Km
15	4	138	FERNÁNDEZ VEIGA , LUIS	MALE	VETERAN-M	VERXEL NUTRICIÓN DEPORTIVA	02:55:06	+00:33:39	06:30 min/Km
16	1	185	TRILLO FERNÁNDEZ , CARLA	FEMALE	SENIOR-F	VERXEL NUTRICIÓN DEPORTIVA	02:55:23	+00:33:56	06:30 min/Km
17	12	155	NIETO FEAL , RICARDO	MALE	SENIOR-M	JABALÍS	02:55:24	+00:33:57	06:30 min/Km
18	13	159	PAZ CASTRO , ADRIAN	MALE	SENIOR-M		02:56:33	+00:35:06	06:33 min/Km
19	5	145	GUEIMUNDE CABALEIRO , JOSE M <sup>a</sup>	MALE	VETERAN-M		02:58:17	+00:36:50	06:37 min/Km
20	6	109	BARRIO DIAZ , JOSE LUIS	MALE	VETERAN-M	CAV MONTAÑA	02:58:34	+00:37:07	06:37 min/Km
21	14	101	ABEAL NAVARRO , FRANCISCO	MALE	SENIOR-M	A.D.C. MONTE BREMO	02:59:02	+00:37:35	06:38 min/Km
22	15	160	PÉREZ COSTAS , ÁLVARO	MALE	SENIOR-M	TRIEUME AS PONTES	03:00:42	+00:39:15	06:42 min/Km
23	2	177	SEOANE RIAL , ALEJANDRA	FEMALE	SENIOR-F	TRAILEROS TOXOS&BIRRAS	03:01:06	+00:39:39	06:43 min/Km
24	16	129	DOURAL GOMEZ , JORGE	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	03:01:11	+00:39:44	06:43 min/Km
25	17	183	TOJEIRO ARES , FRAN	MALE	SENIOR-M		03:02:14	+00:40:47	06:45 min/Km
26	18	105	AMADO FERNANDEZ , PABLO	MALE	SENIOR-M	ADC MONTE BREMO	03:02:40	+00:41:13	06:46 min/Km
27	7	110	BELLAS CAAVEIRO , RAMON	MALE	VETERAN-M	CLUB DE MONTAÑA O CAXADO	03:02:44	+00:41:17	06:47 min/Km
28	19	117	CAO DE LA SIERRA , ÁNGEL	MALE	SENIOR-M	AGRUPACIÓN MONTAÑEROS INDEPENDIENTES	03:03:58	+00:42:31	06:49 min/Km
29	20	113	BLANCO MAGALLAN , ALEJANDRO	MALE	SENIOR-M	A.D. MEDIADUCIA	03:04:42	+00:43:15	06:51 min/Km
30	21	106	AMADO FONSECA , OSCAR	MALE	SENIOR-M		03:07:01	+00:45:34	06:56 min/Km
31	22	172	ROJO MARTINEZ , RAUL	MALE	SENIOR-M	CAV MONTAÑA	03:07:27	+00:46:00	06:57 min/Km

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32	8	119	COBELO FRA , JOSE ANGEL	MALE	VETERAN-M	CLUB DE MONTAÑA PEÑA LAR	03:07:27	+00:46:00	06:57 min/Km
33	9	131	ESMORIS GARCÍA , PEDRO	MALE	VETERAN-M	AD SAN ROQUE	03:07:27	+00:46:00	06:57 min/Km
34	23	154	MONTEAGUDO ARUFE , MANOLO	MALE	SENIOR-M		03:08:02	+00:46:35	06:58 min/Km
35	24	156	NOGUERAS MARENTES , JOSÉ MANUEL	MALE	SENIOR-M		03:08:20	+00:46:53	06:59 min/Km
36	25	140	FRA FRA , MIGUEL ANGEL	MALE	SENIOR-M	A.C.D. XOVE	03:08:38	+00:47:11	06:60 min/Km
37	10	141	FRAGA DOPICO , ÁLVARO	MALE	VETERAN-M		03:09:33	+00:48:06	07:02 min/Km
38	26	112	BELLAS LOPEZ , AGUSTIN RUBEN	MALE	SENIOR-M	CLUB DE MONTAÑA PEÑA LAR	03:10:16	+00:48:49	07:03 min/Km
39	27	143	GARCÍA GONZÁLEZ , ALBERTO	MALE	SENIOR-M		03:10:18	+00:48:51	07:03 min/Km
40	28	152	LOSADA ORTIZ , GONZALO	MALE	SENIOR-M	TRAIL RUNNING GALEA SPORT	03:12:07	+00:50:40	07:07 min/Km
41	29	187	VARELA VIÑA , JAIME	MALE	SENIOR-M	A. C. E D. O CARBALLO	03:14:26	+00:52:59	07:13 min/Km
42	11	173	SABIO FERNANDEZ , RAFAEL	MALE	VETERAN-M		03:14:52	+00:53:25	07:14 min/Km
43	12	139	FERREIRA , JOSE MANUEL	MALE	VETERAN-M		03:15:13	+00:53:46	07:14 min/Km
44	3	122	CTVRTNICKOVA , TEREZA	FEMALE	SENIOR-F		03:15:30	+00:54:03	07:15 min/Km
45	30	169	PRIETO REY , DIEGO	MALE	SENIOR-M	CLUB MONTAÑA O CAXADO	03:17:24	+00:55:57	07:19 min/Km
46	31	121	CORDERO RODRIGUEZ , FRAN	MALE	SENIOR-M	PASA OU ENTORNA	03:17:34	+00:56:07	07:20 min/Km
47	4	168	PRADO SÁNCHEZ , PAULA	FEMALE	SENIOR-F	TRAILEROS TOXOS&BIRRAS	03:18:15	+00:56:48	07:21 min/Km
48	32	118	CASTRO SEGADE , VÍCTOR	MALE	SENIOR-M		03:18:19	+00:56:52	07:21 min/Km
48	32	136	FERNANDEZ RODRIGUEZ , ALBERTO	MALE	SENIOR-M	CLUB ATLETISMO SADA MONTAÑA	03:18:19	+00:56:52	07:21 min/Km
50	5	127	DÍAZ PEREZ , ISA	FEMALE	SENIOR-F	TREUME	03:18:44	+00:57:17	07:22 min/Km
51	34	180	SUÀREZ SUÀREZ , GILBERTO	MALE	SENIOR-M		03:18:50	+00:57:23	07:22 min/Km
52	6	120	COBELO MARTÍNEZ , PAULA MARÍA	FEMALE	SENIOR-F	RUNNING ALTAFIT ODEON	03:21:35	+01:00:08	07:28 min/Km
53	13	167	PIÑOL CHAS , JOAQUIN	MALE	VETERAN-M	NOSPORTLIMIT	03:26:41	+01:05:14	07:40 min/Km
54	35	176	SANTILLANA GARABANA , VICTOR	MALE	SENIOR-M	NOSPORTLIMIT	03:26:41	+01:05:14	07:40 min/Km
55	36	171	RATOEIRA BASANTA , MOISES	MALE	SENIOR-M	SEMOS OU NON?!	03:28:49	+01:07:22	07:45 min/Km
56	14	191	VILAR GARCIA , JOSE LUIS	MALE	VETERAN-M	CLUB ATLETISMO SADA MONTAÑA	03:30:36	+01:09:09	07:48 min/Km
57	37	147	JUNQUERA PAREDES , AMANDINO	MALE	SENIOR-M		03:31:11	+01:09:44	07:50 min/Km
58	38	161	PÉREZ FERREIRO , JUAN	MALE	SENIOR-M		03:31:28	+01:10:01	07:50 min/Km
59	39	104	ALBO PEREZ , HORACIO	MALE	SENIOR-M	AD SAN ROQUE	03:31:33	+01:10:06	07:51 min/Km
60	40	162	PEREZ MACIAS , RAMIRO	MALE	SENIOR-M	SEMOS OU NON?!	03:32:19	+01:10:52	07:52 min/Km
61	7	164	PEREZ RODRIGUEZ , OLATZ	FEMALE	SENIOR-F	SA MILANA	03:32:42	+01:11:15	07:53 min/Km
62	41	150	LÓPEZ ALLEGUE , JAIME	MALE	SENIOR-M	ADC MONTE BREAMO	03:35:33	+01:14:06	07:59 min/Km

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63	42	146	INFANTE FERNÁNDEZ , AGUSTÍN	MALE	SENIOR-M		03:35:51	+01:14:24	07:60 min/Km
64	43	126	DÍAZ PARDO , JUAN	MALE	SENIOR-M	TRAILRUNNING GALEA SPORT	03:35:53	+01:14:26	07:60 min/Km
65	15	151	LOPEZ LOPEZ , ELISEO	MALE	VETERAN-M	CAV MONTAÑA	03:35:54	+01:14:27	07:60 min/Km
66	8	114	BORRAJO CASTRO , SABELA	FEMALE	SENIOR-F	PEÑA LAR	03:36:55	+01:15:28	08:03 min/Km
67	44	111	BELLAS FORMOSO , IVAN	MALE	SENIOR-M	CLUB MONTAÑA O CAXADO	03:37:28	+01:16:01	08:04 min/Km
68	16	130	EDROSA FOLGUEIRA , JOSÉ MANUEL	MALE	VETERAN-M	ABRENTE LUGO	03:38:11	+01:16:44	08:05 min/Km
69	9	133	FERNÁNDEZ CHIVITE , ENARA	FEMALE	SENIOR-F	CLUB DEPORTIVO BIOSBARDO	03:40:27	+01:19:00	08:10 min/Km
70	45	175	SANGIAO DARRIBA , IVÁN	MALE	SENIOR-M	CLUB DEPORTIVO BIOSBARDO	03:40:27	+01:19:00	08:10 min/Km
71	46	158	PAZ ARZUAGA , DANIEL	MALE	SENIOR-M	XABARINS	03:48:05	+01:26:38	08:27 min/Km
72	47	179	SILVA RIOBOO , MANUEL	MALE	SENIOR-M	CLUB ATLETISMO SADA MONTAÑA	03:52:45	+01:31:18	08:38 min/Km
73	17	166	PIÑEIRO GONZÁLEZ , MANUEL	MALE	VETERAN-M	AD JARNACHAS	03:56:47	+01:35:20	08:47 min/Km
74	48	157	PALACIOS REY , HUMBERTO	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	03:58:36	+01:37:09	08:51 min/Km
75	18	132	FERNANDEZ , ANDRES	MALE	VETERAN-M	ARTABROS	03:59:39	+01:38:12	08:53 min/Km
76	19	148	JUVIÑO PREGO , ANGEL	MALE	VETERAN-M		04:02:19	+01:40:52	08:59 min/Km
77	49	165	PÉREZ VEIGA , JOSÉ MANUEL	MALE	SENIOR-M		04:02:19	+01:40:52	08:59 min/Km
78	1	108	ARMENTAL ROO , ROSA	FEMALE	VETERAN-F	AD JARNACHAS	04:09:27	+01:48:00	09:15 min/Km
79	50	142	GARCIA LOPEZ , MIGUEL ANGEL	MALE	SENIOR-M	TOXIZA CLUBE DE MONTAÑA	04:14:17	+01:52:50	09:26 min/Km
80	10	123	CURES RODRÍGUEZ , VERÓNICA MARÍA	FEMALE	SENIOR-F	CDM VERTICE	04:23:52	+02:02:25	09:47 min/Km
81	51	103	ADEGA MEOZOSO , JOSÉ ÁNGEL	MALE	SENIOR-M	TRAILRUNNERS _LEBOREIRA	04:38:59	+02:17:32	10:20 min/Km
82	11	124	DASILVA FERNÁNDEZ , OLGA	FEMALE	SENIOR-F	TRAILRUNNERS _LEBOREIRA	04:39:00	+02:17:33	10:20 min/Km
83	12	125	DELGADO REPRESAS , LAURA	FEMALE	SENIOR-F		04:39:20	+02:17:53	10:21 min/Km
84	13	174	SÁNCHEZ PULGAR , NATALIA	FEMALE	SENIOR-F	CLUB DE MONTAÑA PEÑA LAR	04:40:49	+02:19:22	10:25 min/Km