

## BARBANZA 42K 2019

## - GENERAL 21KM-

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	RITMO
1	1	194	PÉREZ LOURENZO , ÓSCAR	MALE	MASTER-M	MAXIKO MASAXES KIKO	01:56:20	05:33 min/Km
2	2	150	IGLESIAS BARROS , ALBERTO	MALE	MASTER-M	LODEIROS TRAIL	01:56:33	05:33 min/Km
3	3	163	LÓPEZ DOMÍNGUEZ , JAVIER	MALE	MASTER-M	LODEIROS TRAIL	01:59:01	05:41 min/Km
4	4	213	RODRÍGUEZ LÓPEZ , GONZALOO	MALE	MASTER-M	ASOCIACIÓN DEPORTIVA C.A.R	01:59:17	05:41 min/Km
5	1	165	LORENZO FORMIGO , PABLO	MALE	VET-M	INDEPENDIENTE	01:59:33	05:42 min/Km
6	1	128	FERNÁNDEZ DOMÍNGUEZ , ADRIÁN	MALE	SENIOR-M	MAXIKO MASAXES KIKO	02:01:34	05:48 min/Km
7	5	144	GOMEZ OURILLE , NICOLAS	MALE	MASTER-M	S.D. BARBANTIA RODA	02:02:40	05:51 min/Km
8	6	119	DE JESUS DUARTE , RAFA	MALE	MASTER-M	PIRATES DE LA MUNTANYA	02:07:18	06:04 min/Km
9	7	142	GÓMEZ GÓMEZ , MANUEL	MALE	MASTER-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	02:07:51	06:06 min/Km
10	8	134	FIGUEIRA , TOÑO	MALE	MASTER-M	SD BARBANTIA RODA	02:09:19	06:10 min/Km
11	2	103	BOO FARIÑA , SALVADOR	MALE	VET-M	TRIBU TRAIL	02:10:56	06:15 min/Km
12	9	188	OUBIÑA DIOS , FRANCISCO RAMON	MALE	MASTER-M	C.A.CAMBADOS - SEG.NOVAL	02:12:36	06:19 min/Km
13	2	206	RÍOS TUBÍO , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	02:15:57	06:29 min/Km
14	10	104	BOTANA QUEITUGA , VICTOR MANUEL	MALE	MASTER-M	INCOR-AUTOVIDRIO	02:16:04	06:29 min/Km
15	11	235	VÁZQUEZ REIRIZ , LUIS	MALE	MASTER-M	TRIBU TRAIL	02:16:23	06:30 min/Km
16	12	162	LAREO CREO , DANIEL	MALE	MASTER-M	TRIBU TRAIL	02:16:25	06:30 min/Km
17	13	224	SANTÓRUM GONZÁLEZ , JORGE	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	02:16:26	06:30 min/Km
18	3	218	RÚA NÚÑEZ , MANUEL	MALE	SENIOR-M	INDEPENDIENTE	02:17:47	06:34 min/Km
19	14	207	RIVAS ALENDE , JUAN	MALE	MASTER-M	CAO (CLUB ATLETISMO OUTES)	02:19:34	06:39 min/Km
20	15	82	SUEIRO MENDEZ , ANDRÉS	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL B	02:19:35	06:39 min/Km
21	16	147	GONZÁLEZ MARTÍNEZ , JOSE ANTONIO	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	02:20:04	06:41 min/Km
22	17	172	MARTINEZ MANEIRO , ALBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	02:21:12	06:44 min/Km
23	18	99	BARREIRO VÁZQUEZ , RAMON	MALE	MASTER-M	CASTROSUA TRAIL RUNNING	02:23:00	06:49 min/Km
24	1	100	BARROSO PÉREZ , BEATRIZ	FEMALE	MASTER-F	TRIBU TRAIL	02:23:04	06:49 min/Km
25	4	211	RODRIGUEZ GONZALEZ , IVAN	MALE	SENIOR-M	INDEPENDIENTE	02:23:27	06:50 min/Km
26	19	195	PEREZ PRIETO , GERARDO	MALE	MASTER-M		02:24:32	06:53 min/Km
27	5	136	FIGUEIRO RESUA , FRANCISCO JAVIER	MALE	SENIOR-M	INDEPENDIENTE	02:24:55	06:55 min/Km
28	20	111	CAMEAN CAMEAN , ROBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	02:26:56	06:60 min/Km
29	6	183	NÚÑEZ QUEIRUGA , ESTEBAN	MALE	SENIOR-M	MONTEMUÍÑO	02:27:45	07:03 min/Km
30	3	126	FEIJOO GONZALEZ , ALFREDO	MALE	VET-M	INDEPENDIENTE	02:28:14	07:04 min/Km
31	21	222	SANTIAGO POUOSO , ROBERTO	MALE	MASTER-M	INCOR-AUTOVIDRIO	02:29:13	07:07 min/Km
32	7	110	CALVO VITURRO , SANTIAGO	MALE	SENIOR-M	S.D. BARBANTIA RODA	02:32:47	07:17 min/Km
33	22	227	SENDÍN RAÑA , PABLO	MALE	MASTER-M	INDEPENDIENTE	02:35:20	07:24 min/Km

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34	23	231	TORRES , JOSE	MALE	MASTER-M	INDEPENDIENTE	02:37:11	07:30 min/Km
35	24	151	IGLESIAS PARDO , TINO	MALE	MASTER-M	ATLETISMO FONTES DO SAR	02:37:18	07:30 min/Km
36	4	133	FERNÁNDEZ VALENCIA , PABLO	MALE	VET-M	ATHLOS	02:37:55	07:32 min/Km
37	25	168	MARTINEZ ABAL , ROI	MALE	MASTER-M	CLUB ATLETISMO CAMBADOS - SEGUROS NOVAL	02:38:01	07:32 min/Km
38	26	98	BARREIRO LÓPEZ , RAFA	MALE	MASTER-M	CDM VÉRTICE	02:38:04	07:32 min/Km
39	27	191	PEREIRAS COUTO , ALVARO	MALE	MASTER-M		02:38:04	07:32 min/Km
40	28	208	RODRÍGUEZ ALONSO , PABLO	MALE	MASTER-M		02:39:24	07:36 min/Km
41	8	97	BAÑA TOME , PABLO	MALE	SENIOR-M	CDM VÉRTICE	02:40:18	07:38 min/Km
42	29	178	MONTEAGUDO ARUFE , MANOLO	MALE	MASTER-M		02:40:51	07:40 min/Km
43	2	182	NOYA SERRAMO , VERÓNICA	FEMALE	MASTER-F	CAO (CLUB ATLETISMO OUTES)	02:40:58	07:40 min/Km
44	5	149	IGLESIAS IGLESIAS , ISIDRO	MALE	VET-M	C.D.RIA DE AROUSA	02:41:45	07:43 min/Km
45	30	125	FANDIÑO GARCIA , OSCAR	MALE	MASTER-M	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	02:41:49	07:43 min/Km
46	6	214	RODRÍGUEZ PIÑEIRO , RICARDO	MALE	VET-M	TRINORTH	02:42:09	07:44 min/Km
47	3	101	BLANCO PEREZ , ANA	FEMALE	MASTER-F		02:42:12	07:44 min/Km
48	7	140	GARCÍA RODRÍGUEZ , JUAN MANUEL	MALE	VET-M	TRAIL BARBANZA	02:42:25	07:45 min/Km
49	8	94	ALONSO ESCAÑO , BERNARDO	MALE	VET-M	C.D PINARIUM	02:43:04	07:46 min/Km
50	31	190	PARADA FIGUEIRAS , JUAN JOSE	MALE	MASTER-M	NETSPACE 3&RUN	02:43:37	07:48 min/Km
51	32	115	CASAL SANTOS , MARCOS	MALE	MASTER-M	INDEPENDIENTE	02:43:48	07:48 min/Km
52	1	230	TOREA TOREA , ELENA	FEMALE	VET-F	CLUB DE ATLETISMO DE LOUSAME	02:44:30	07:50 min/Km
53	33	237	VELOSO MARTINEZ , IVAN	MALE	MASTER-M		02:45:02	07:52 min/Km
54	9	129	FERNÁNDEZ GONZÁLEZ , XOÁN	MALE	SENIOR-M	INDEPENDIENTE	02:45:02	07:52 min/Km
55	34	215	ROMERO PARADA , KIKO	MALE	MASTER-M	INDEPENDIENTE	02:45:47	07:54 min/Km
56	9	212	RODRIGUEZ JURJO , VITOR MANUEL	MALE	VET-M	INDEPENDIENTE	02:46:14	07:55 min/Km
57	10	153	IGLESIAS VIGO , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	02:46:33	07:56 min/Km
58	11	219	RÚA NÚÑEZ , RAMÓN	MALE	SENIOR-M	INDEPENDIENTE	02:46:48	07:57 min/Km
59	35	108	BUSTO GALLARDO , JOSE MANUEL	MALE	MASTER-M	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	02:46:52	07:57 min/Km
60	36	145	GONZALEZ GONZALEZ , ALBERTO	MALE	MASTER-M	C. D. RÍA DE AROUSA	02:47:13	07:58 min/Km
61	12	179	MUÑIZ SANVICENTE , MIGUEL	MALE	SENIOR-M	S.D BARBANTIA RODA	02:47:25	07:59 min/Km
62	37	181	NOVO MARTÍNEZ , DAVID	MALE	MASTER-M		02:47:29	07:59 min/Km
63	38	196	PESTONIT FREIRE , NOE	MALE	MASTER-M	TRIBU TRAIL	02:50:08	08:07 min/Km
64	10	156	JUNCAL COSTA , ANTON	MALE	VET-M	TAMBRE RUNNYNG	02:52:12	08:12 min/Km
65	13	225	SANTOS ROJAS , FRANCISCO	MALE	SENIOR-M		02:54:00	08:18 min/Km
66	39	173	MARTÍNEZ QUEIRUGA , JUAN LUIS	MALE	MASTER-M	INDEPENDIENTE	02:54:00	08:18 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	RITMO
67	4	135	FIGUEIRA REY , ROSA MARÍA	FEMALE	MASTER-F	TRIBU TRAIL	02:54:46	08:20 min/Km
68	2	93	AGUIN TRELLES , MARGARITA	FEMALE	VET-F	C. D. RÍA DE AROUSA	02:55:01	08:21 min/Km
69	14	193	PÉREZ LODEIRO , MARCOS	MALE	SENIOR-M	INDEPENDIENTE	02:55:51	08:23 min/Km
70	11	164	LOPEZ RAMA , JESUS	MALE	VET-M	PRAIA DE CARNOTA RUNNERS	02:56:30	08:25 min/Km
71	40	241	VIDAL SIEIRA , JOSÉ MANUEL	MALE	MASTER-M	INDEPENDIENTE	02:56:47	08:26 min/Km
72	15	159	LAGOS PEREIR , ANTONIO	MALE	SENIOR-M	CDM VÉRTICE	02:56:57	08:26 min/Km
73	41	130	FERNANDEZ OLIVEIRA , JUAN CARLOS	MALE	MASTER-M	INDEPENDIENTE	02:56:58	08:26 min/Km
74	42	106	BRETAL BAZARRA , VENTUEA	MALE	MASTER-M	AUTOESCOLA MIGUEL	02:59:11	08:32 min/Km
75	43	184	NUÑEZ QUEIRUGA , GONZALO	MALE	MASTER-M	MONTEMUIÑO	03:00:02	08:35 min/Km
76	12	205	RÍOS GIMÉNEZ , ADOLFO OMAR	MALE	VET-M	CLUBE ATLETISMO BOIMORTO	03:07:36	08:56 min/Km
77	13	232	TRILLO , JESUS	MALE	VET-M	PRAIA DE CARNOTA RUNNERS	03:08:53	08:60 min/Km
78	1	233	TUBÍO TUBÍO , VANESA	FEMALE	SENIOR-F	CLUB ATLETISMO LOUSAME DEPORTES HERMIDA	03:08:55	08:60 min/Km
79	44	148	HERNANDEZ PEREIRA , IAGO	MALE	MASTER-M	INDEPENDIENTE	03:10:49	09:06 min/Km
80	45	192	PÉREZ LIJÓ , JOSÉ ANTONIO	MALE	MASTER-M		03:10:55	09:06 min/Km
81	46	203	RAMOS CANOSA , JORGE MANUEL	MALE	MASTER-M		03:11:04	09:06 min/Km
82	47	166	MALLO NIEVES , JOSÉ MANUEL	MALE	MASTER-M	CHOTACABRAS 21K	03:12:01	09:09 min/Km
83	16	176	MAYÁN MARTÍNEZ , MIGUEL	MALE	SENIOR-M	TRIBU TRAIL	03:12:28	09:10 min/Km
83	48	201	QUERENTES SANTOS , JORGE	MALE	MASTER-M	ABRAKADABRA	03:12:28	09:10 min/Km
85	49	131	FERNANDEZ SIEIRA , ERNESTO	MALE	MASTER-M	INDEPENDIENTE	03:13:51	09:14 min/Km
86	50	239	VIDAL MARTINEZ , RUBÉN	MALE	MASTER-M	LOS CHAVALES	03:13:51	09:14 min/Km
87	17	185	ORDOÑEZ PARDEIRO , DAMIAN	MALE	SENIOR-M	INDEPENDIENTE	03:15:54	09:20 min/Km
88	2	189	PARADA ABEIJON , LUCIA	FEMALE	SENIOR-F		03:18:21	09:27 min/Km
89	51	187	OTERO DIAZ , LUIS	MALE	MASTER-M	CD RIA DE AROUSA	03:21:44	09:37 min/Km
90	3	120	DÍAZ PORTAS , ANA	FEMALE	VET-F	INDEPENDIENTE	03:22:18	09:38 min/Km
91	5	141	GARRIDO MIGUEZ , MARA	FEMALE	MASTER-F	CD RIA DE AROUSA	03:22:19	09:39 min/Km
92	4	236	VEIGA BLANCO , MONTSE	FEMALE	VET-F	ATLETISMO FONTES DO SAR	03:24:30	09:45 min/Km
93	5	113	CARBONELL RAYA , PILAR	FEMALE	VET-F	INDEPENDIENTE	03:24:30	09:45 min/Km
93	52	240	VIDAL PEGO , MANUEL ANTONIO	MALE	MASTER-M	INDEPENDIENTE	03:24:30	09:45 min/Km
95	53	186	OSORIO DIEGUEZ , CESAR	MALE	MASTER-M	BEKELE RUNNING TEAM	03:25:29	09:48 min/Km
96	14	169	MARTINEZ CALO , ANGEL	MALE	VET-M	VIRXIGUIANOS TRAIL - SACHACAMIÑOS	03:25:29	09:48 min/Km
97	15	154	INSUA PAZOS , JOSÉ	MALE	VET-M		03:28:28	09:56 min/Km
98	6	124	ESTÉVEZ VÁZQUEZ , ROSA	FEMALE	MASTER-F	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	03:28:28	09:56 min/Km
99	54	118	CUSTODIO MARIÑO , CARLOS	MALE	MASTER-M	TRIATLON VILAGARCIA	03:38:07	10:24 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	RITMO
100	55	116	CASTRELO ULACIA , JOSE ANTONIO	MALE	MASTER-M		03:38:41	10:25 min/Km
101	7	161	LAMELAS PRIETO , SILVIA	FEMALE	MASTER-F		03:39:14	10:27 min/Km
102	6	244	VILAR SEREN , GUADALUPE	FEMALE	VET-F	C. ATLETISMO CAMBADOS-SEGUROS NOVAL	03:40:15	10:30 min/Km
103	8	139	GARCÍA CASTELO , MARÍA	FEMALE	MASTER-F	CLUB ATLETISMO LOUSAME	03:40:16	10:30 min/Km
104	9	204	RIAL GARCÍA , ROSANA	FEMALE	MASTER-F	CAO (CLUB ATLETISMO OUTES)	03:40:16	10:30 min/Km
105	10	117	CASTRELO ULACIA , LETICIA	FEMALE	MASTER-F		03:40:23	10:30 min/Km
106	56	177	MAYO ROMERO , ISMAEL	MALE	MASTER-M	AUTOESCOLA MIGUEL/ABRAKADABRA	03:56:22	11:16 min/Km
107	7	242	VIGO LIÑARES , ANA	FEMALE	VET-F	ATLETISMO FONTES DO SAR	04:07:49	11:49 min/Km
108	18	114	CARVALHO LISBOA , FERNANDO	MALE	SENIOR-M	CLUBE ACCIONA	04:23:24	12:33 min/Km
109	19	155	JAMARDO PORTAS , RAUL	MALE	SENIOR-M	CLUBE ACCIONA	04:23:25	12:33 min/Km