

# IV ASALTAMONTES TRAIL 2022

## - GENERAL ULTRA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
1	1	1	ARCA CASAL , FERNANDO	MALE	MASTER-2-M	C.M. XESTEIRAS	05:07:33	06:10 min/Km
2	1	33	PASCUAL FIDALGO , MARCOS ANTONIO	MALE	SENIOR-M	CASTRO TRAIL	05:18:42	06:23 min/Km
3	1	34	SALGADO , CÁSTOR	MALE	MASTER-1-M	RUNNING SPORT TRAIL	05:40:55	06:50 min/Km
4	2	38	PASCUAL FIDALGO , FRANCISCO	MALE	SENIOR-M	CASTRO TRAIL	05:44:15	06:54 min/Km
5	3	40	PORTAL LOSADA , MIGUEL	MALE	SENIOR-M	AME BESTARRUZA	05:51:41	07:03 min/Km
6	4	25	ARANDA SÁNCHEZ , PABLO ANTONIO	MALE	SENIOR-M	ALLOA LOCAL PLANT BASED	06:00:35	07:13 min/Km
7	5	28	RODRIGUEZ ALONSO , ADRIAN	MALE	SENIOR-M	RUNMANIAK BOOX 001	06:02:59	07:16 min/Km
8	6	23	GARROTE MARTINEZ , LUIS ANTONIO	MALE	SENIOR-M	CANDIEIRA	06:04:23	07:18 min/Km
9	2	9	SOTO RODRÍGUEZ , ANGEL	MALE	MASTER-1-M	CD LA PURÍSIMA	06:20:58	07:38 min/Km
10	7	10	LASO VÁZQUEZ , XENXO	MALE	SENIOR-M	ATLETISMO ARENTEIRO	06:20:58	07:38 min/Km
11	2	39	GARRIDO FERNANDEZ , ADOLFO	MALE	MASTER-2-M	RUNNING SPORT TRAIL	06:34:46	07:54 min/Km
12	3	6	PITARQUE VALERO , JAVIER	MALE	MASTER-1-M	CAZAFANTASMAS TEAM	06:43:37	08:05 min/Km
13	8	12	LEDESMA RAMOS , EDUARDO	MALE	SENIOR-M	AGUILILLAS TRAIL	06:52:21	08:15 min/Km
14	3	24	SOTO SANROMAN , JOSE	MALE	MASTER-2-M		06:52:24	08:15 min/Km
15	4	11	LÓPEZ PRADA , JOSE MANUEL	MALE	MASTER-2-M	PEÑA TREVINCA	06:53:48	08:17 min/Km
16	9	42	IGLESIAS COTELO , BORJA	MALE	SENIOR-M		06:56:41	08:21 min/Km
17	4	17	FERNANDEZ PÉREZ , ANTONIO	MALE	MASTER-1-M	COUTADAS TRAIL TEAM	06:58:59	08:23 min/Km
18	5	4	CALVO FERNÁNDEZ , JOSÉ RUBÉN	MALE	MASTER-1-M	ASESOU	07:03:15	08:28 min/Km
19	10	21	VALEIRAS LOPEZ , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	07:04:30	08:30 min/Km
20	6	3	GÓMEZ BLANCO , ROBERTO	MALE	MASTER-1-M	ATLETISMO MACEDA	07:10:06	08:37 min/Km
21	7	8	RODRÍGUEZ VILLAR , PABLO	MALE	MASTER-1-M	AVIVA SPORT CLUB	07:11:44	08:39 min/Km
22	8	26	RODRÍGUEZ BANDE , JOSÉ ANTONIO	MALE	MASTER-1-M	INDEPENDIENTE	07:17:51	08:46 min/Km
23	5	22	TEIJEIRO LÓPEZ , PABLO	MALE	MASTER-2-M	CLUB TRIATLON CORUÑA-GMTA&CHUVONERS	07:19:04	08:47 min/Km
24	6	19	CARRANZA , MIGUEL	MALE	MASTER-2-M	ARGENTINA TEAM	07:40:15	09:13 min/Km
25	1	15	ZULETA SÁNCHEZ , ALBANI	FEMALE	MASTER-1-F	WOLVES BORN TO RUN	07:44:57	09:18 min/Km
26	7	41	MARTINEZ MARQUEZ , JOSE ANGEL	MALE	MASTER-2-M	OBJETIVO TRAIL	08:01:01	09:38 min/Km
27	8	5	GIL TATO , JOSE MARIA	MALE	MASTER-2-M	C.A.R. MARISQUEIRO	08:05:52	09:44 min/Km
28	2	29	FERNANDEZ OTERO , PAULA	FEMALE	MASTER-1-F	COUTADAS TRAIL TEAM	08:06:27	09:44 min/Km
29	9	20	BARDELETTI , JOAN	MALE	MASTER-1-M	OXYJEUENES LA REUNION	08:09:53	09:48 min/Km
30	3	36	GESTAL GOLÁN , SILVIA	FEMALE	MASTER-1-F	ENKI	08:10:56	09:50 min/Km
31	11	14	PENA MUIÑO , RUBÉN	MALE	SENIOR-M	CLUB DE MONTAÑA MOECHE	08:14:36	09:54 min/Km
32	10	30	MARTÍNEZ GONZÁLEZ , CÉSAR	MALE	MASTER-1-M	C.A.R. MARISQUEIRO	08:17:03	09:57 min/Km
33	11	35	VILAR REINA , VICTOR MANUEL	MALE	MASTER-1-M	OPA FERROL TEAM RUNNING	08:28:46	10:11 min/Km

## IV ASALTAMONTES TRAIL 2022

### - GENERAL ULTRA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	META	META	RITMO
34	1	13	GARCÍA GIL , LIDIA	FEMALE	SENIOR-F		09:45:01	11:43 min/Km
35	12	18	PAZOS SOLIÑO , PABLO	MALE	MASTER-1-M	INDEPENDIENTE	09:45:01	11:43 min/Km