

III TRAIL COSTA ARTABRA 2024

15/09/2024

- TRAIL CURTO -

| POS. | P.CAT. | DORSAL | PARTICIPANTE | SEXO | CATEGORIA | CLUB | META | RITMO |
|------|--------|--------|----------------------------------|--------|------------|-------------------------|----------|--------------|
| 1 | 1 | 122 | FEIJOO FERREIRO , DANIEL | MALE | Veterano | Triume As Pontes | 01:12:08 | 05:10 min/Km |
| 2 | 1 | 101 | GARCÍA GONZÁLEZ , JAIME | MALE | Senior | ADC MONTE BREAMO | 01:13:00 | 05:13 min/Km |
| 3 | 2 | 129 | HERNANDEZ GASPAR , JULIO ALBERTO | MALE | Senior | Trailpunks | 01:13:36 | 05:16 min/Km |
| 4 | 3 | 169 | GARCÍA RODRÍGUEZ , SERGIO | MALE | Senior | Independiente | 01:15:29 | 05:24 min/Km |
| 5 | 4 | 112 | MORENO COUTO , AARÓN | MALE | Senior | Toxiza Clube de Montaña | 01:17:35 | 05:33 min/Km |
| 6 | 2 | 148 | SÁNCHEZ RAMOS , ALEJANDRO | MALE | Veterano | Toxos e birras | 01:23:05 | 05:57 min/Km |
| 7 | 3 | 100 | RIOS SANCHEZ , PABLO | MALE | Veterano | Independiente | 01:25:33 | 06:07 min/Km |
| 8 | 4 | 135 | AMADO COUTO , ALEJANDRO | MALE | Veterano | Independiente | 01:26:55 | 06:13 min/Km |
| 9 | 5 | 173 | LÓPEZ VÁZQUEZ , JUAN PABLO | MALE | Veterano | Abrente Lugo | 01:27:21 | 06:15 min/Km |
| 10 | 6 | 161 | AMIGO FERREIRO , JUAN | MALE | Veterano | Sd compostela atletismo | 01:29:06 | 06:22 min/Km |
| 11 | 5 | 120 | LOUREIRO VEIGA , DIEGO | MALE | Senior | P.C Ortigueira | 01:30:26 | 06:28 min/Km |
| 12 | 1 | 147 | PEÑAS GONZÁLEZ , HELENA | FEMALE | Senior-F | Opa Ferrol Team Running | 01:30:32 | 06:28 min/Km |
| 13 | 7 | 95 | GONZÁLEZ CINZA , ROBERTO CARLOS | MALE | Veterano | Castro de Lobadiz | 01:30:50 | 06:30 min/Km |
| 14 | 6 | 137 | CASTELEIRO , ALBERTO | MALE | Senior | Independiente | 01:31:38 | 06:33 min/Km |
| 15 | 8 | 141 | SABIO FERNÁNDEZ , RAFAEL | MALE | Veterano | os corzos do ortegal | 01:33:29 | 06:41 min/Km |
| 16 | 7 | 109 | LEDO CASTRO , ADRIÁN | MALE | Senior | Independiente | 01:34:38 | 06:46 min/Km |
| 17 | 9 | 107 | IBÁN FERNÁNDEZ , ALBERTO | MALE | Veterano | NOSPORTLIMIT | 01:36:22 | 06:53 min/Km |
| 18 | 8 | 131 | RÍOS RODRIGUEZ , DAVID | MALE | Senior | Independiente | 01:36:59 | 06:56 min/Km |
| 19 | 10 | 157 | BLANCO DÍAZ , RUBÉN | MALE | Veterano | AD Náutico de Narón | 01:37:13 | 06:57 min/Km |
| 20 | 11 | 146 | BAMONDE , SEBASTIAN | MALE | Veterano | Sebaskiwi | 01:37:18 | 06:57 min/Km |
| 21 | 9 | 174 | GATO MARTÍNEZ , CARLOS | MALE | Senior | Independiente | 01:37:46 | 06:59 min/Km |
| 22 | 12 | 153 | BELLAS BOUZA , FRANCISCO | MALE | Veterano | CD 21 Leguas | 01:39:14 | 07:06 min/Km |
| 23 | 10 | 170 | LOPEZ SANTISO , ALEJANDRO | MALE | Senior | Independiente | 01:42:37 | 07:20 min/Km |
| 24 | 1 | 94 | CARDAMAS FREIRE , LIDIA | FEMALE | Veterano-F | Opa Ferrol Team Running | 01:45:58 | 07:35 min/Km |
| 25 | 11 | 163 | JUNQUERA PAREDES , AMANDINO | MALE | Senior | Montaña Ferrol | 01:46:00 | 07:35 min/Km |
| 26 | 13 | 97 | CARVALLO CAVERO , JOSE SANTIAGO | MALE | Veterano | Independiente | 01:46:36 | 07:37 min/Km |
| 27 | 14 | 133 | NAVEIRO RODRÍGUEZ , MANEL | MALE | Veterano | Independiente | 01:48:11 | 07:44 min/Km |
| 28 | 12 | 111 | PARDO ARIAS , RAFAEL | MALE | Senior | Cueto del Oso | 01:50:14 | 07:53 min/Km |

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| 29 | 15 | 102 | MAYOBRE REY , FERNANDO | MALE | Veterano | Sígueme si puedes | 01:50:31 | 07:54 min/Km |
| 30 | 16 | 123 | ARAUJO MESA , JOSE MANUEL | MALE | Veterano | Independiente | 01:51:19 | 07:58 min/Km |
| 31 | 2 | 152 | SÁNCHEZ FILGUEIRA , MARÍA VANESA | FEMALE | Veterano-F | BeniGymSport | 01:51:22 | 07:58 min/Km |
| 32 | 17 | 130 | JOVE CASTRO , EMILIO JOSE | MALE | Veterano | Castro de Lobadiz | 01:51:36 | 07:59 min/Km |
| 33 | 13 | 149 | PEREIRIA BÁRCENAS , JUAN | MALE | Senior | Independiente | 01:54:12 | 08:10 min/Km |
| 34 | 3 | 98 | BARREIRO GARCÍA , PATRICIA | FEMALE | Veterano-F | Independiente | 01:55:17 | 08:15 min/Km |
| 35 | 18 | 171 | MARTÍNEZ PENA , ÁNGEL MANUEL | MALE | Veterano | Independiente | 01:55:34 | 08:16 min/Km |
| 36 | 14 | 124 | PICOS MARTÍNEZ , AITOR | MALE | Senior | Independiente | 01:55:38 | 08:16 min/Km |
| 37 | 19 | 116 | FERNÁNDEZ CARREIRA , ANTONIO | MALE | Veterano | Independiente | 01:57:19 | 08:23 min/Km |
| 38 | 15 | 117 | SIMÓN LAGO , RESTITUTO | MALE | Senior | Independiente | 01:57:20 | 08:23 min/Km |
| 39 | 20 | 134 | ALVAREZ CASTRILLÓN , JORGE JUAN | MALE | Veterano | Opa Ferrol | 01:57:34 | 08:24 min/Km |
| 40 | 16 | 140 | ROMERO ALVAREZ , ALEJANDRO | MALE | Senior | Independiente | 01:58:04 | 08:26 min/Km |
| 41 | 2 | 105 | TOJEIRO , MIRIAM | FEMALE | Senior-F | Independiente | 01:59:08 | 08:31 min/Km |
| 42 | 21 | 155 | LOPEZ VAZQUEZ , ALBERTO | MALE | Veterano | Abrente Lugo | 01:59:21 | 08:32 min/Km |
| 43 | 4 | 126 | SEOANE DOPICO , CARMEN | FEMALE | Veterano-F | Sporting Club Casino | 01:59:23 | 08:32 min/Km |
| 44 | 17 | 166 | LOPEZ RODRIGUEZ , LUIS | MALE | Senior | Traileros Toxos&Birras | 01:59:40 | 08:33 min/Km |
| 45 | 3 | 167 | NOVOA MACIÑEIRAS , NURIA | FEMALE | Senior-F | Traileros Toxos&Birras | 01:59:41 | 08:33 min/Km |
| 46 | 5 | 99 | BLAKE , ELSPETH | FEMALE | Veterano-F | Chanchullo Trail | 01:59:46 | 08:34 min/Km |
| 47 | 18 | 106 | BENITEZ GARCÍA , SALVADOR | MALE | Senior | Sígueme si puedes | 02:00:26 | 08:37 min/Km |
| 48 | 22 | 132 | FERNÁNDEZ SÁNCHEZ-ROLDAN , PEDRO | MALE | Veterano | SIGUEME SI PUEDES | 02:00:28 | 08:37 min/Km |
| 49 | 19 | 93 | MARTINEZ SANDE , RAFAEL | MALE | Senior | Sigueme si puedes | 02:01:02 | 08:39 min/Km |
| 50 | 20 | 108 | MEDINA ALEMAN , NAUZET | MALE | Senior | Independiente | 02:01:49 | 08:43 min/Km |
| 51 | 23 | 142 | GONZÁLEZ CAMPOS , MARIO | MALE | Veterano | Independiente | 02:01:51 | 08:43 min/Km |
| 52 | 4 | 143 | RAMOS COLMENERO , YAIZA | FEMALE | Senior-F | Independiente | 02:02:51 | 08:47 min/Km |
| 53 | 21 | 145 | BARRIL PENA , ANGEL | MALE | Senior | Independiente | 02:02:52 | 08:47 min/Km |
| 54 | 24 | 121 | GALÁN PIÑEIRO , MARCOS | MALE | Veterano | Independiente | 02:02:53 | 08:47 min/Km |
| 55 | 25 | 164 | PÉREZ AMOR , DIEGO ALBERTO | MALE | Veterano | Opa Ferrol Team Running | 02:02:56 | 08:47 min/Km |
| 56 | 26 | 165 | PRIETO FREIRE , MARCOS | MALE | Veterano | Independiente | 02:02:57 | 08:47 min/Km |

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| 57 | 22 | 128 | RIVERA SIXTO , LUIS | MALE | Senior | Independiente | 02:04:02 | 08:52 min/Km |
| 58 | 23 | 125 | PAZ COUCE , ADRIÁN | MALE | Senior | Independiente | 02:06:00 | 09:00 min/Km |
| 59 | 27 | 115 | BARRO ROMERO , ANGEL | MALE | Veterano | Independiente | 02:06:46 | 09:04 min/Km |
| 60 | 24 | 168 | MOLNAR , PETER | MALE | Senior | Independiente | 02:06:47 | 09:04 min/Km |
| 61 | 25 | 96 | PIDAL LÓPEZ , JUAN PABLO | MALE | Senior | Independiente | 02:08:35 | 09:12 min/Km |
| 62 | 28 | 160 | PITA-ROMERO CAAMAÑO , JUAN | MALE | Veterano | Independiente | 02:08:35 | 09:12 min/Km |
| 63 | 6 | 154 | SEÑOR , LOLI | FEMALE | Veterano-F | Club Beni Gym Sport | 02:12:03 | 09:26 min/Km |
| 64 | 29 | 156 | VÁZQUEZ CABARCOS , RUBEN | MALE | Veterano | Club beni gym sport | 02:12:03 | 09:26 min/Km |
| 65 | 26 | 118 | RODRÍGUEZ JUSTO , SERGIO | MALE | Senior | Independiente | 02:13:34 | 09:33 min/Km |
| 66 | 27 | 114 | CASTRILLÓN CARDONA , MARLON | MALE | Senior | Independiente | 02:13:36 | 09:33 min/Km |
| 67 | 5 | 113 | CARBALLEIRA FERNÁNDEZ , SONIA | FEMALE | Senior-F | Independiente | 02:13:36 | 09:33 min/Km |
| 68 | 7 | 162 | NOYA MIRÁS , CONCEPCIÓN | FEMALE | Veterano-F | Sd compostela atletismo | 02:14:21 | 09:36 min/Km |
| 69 | 6 | 150 | ROUCO PRIETO , ALBA | FEMALE | Senior-F | Independiente | 02:18:43 | 09:55 min/Km |
| 70 | 28 | 151 | DOMÍNGUEZ LÓPEZ , MIGUEL | MALE | Senior | Independiente | 02:19:02 | 09:56 min/Km |
| 71 | 30 | 159 | PANTÍN LÓPEZ , JOSÉ | MALE | Veterano | Atletismo Narón | 02:23:03 | 10:14 min/Km |
| 72 | 7 | 103 | LIMA BARREIRO , FATIMA | FEMALE | Senior-F | CD Mesoiro | 02:25:43 | 10:25 min/Km |
| 73 | 31 | 136 | PANTIN LOPEZ , OSCAR | MALE | Veterano | Independiente | 03:32:09 | 15:10 min/Km |