

# II TRAIL DA FILLOA - ZAS 2018

18 FEBREIRO 2018

## - GENERAL LONGA -

GALITIMING  
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CRONOMETRAXE

| POS. | P.CAT. | NUMBER | PARTICIPANT                    | SEX  | CATEGORY | CLUB                              | CONTROL      | META                | RITMO        |
|------|--------|--------|--------------------------------|------|----------|-----------------------------------|--------------|---------------------|--------------|
| 1    | 1      | 16     | BARDANCA FUENTES , CARLOS      | MALE | SENIOR-M | XESTEIRAS                         | 02:20:36.423 | <b>02:52:20.413</b> | 06:03 min/Km |
| 2    | 2      | 321    | MARTINEZ MEDINA , ESTIVEL      | MALE | SENIOR-M |                                   | 02:23:19.263 | <b>02:58:01.993</b> | 06:15 min/Km |
| 3    | 3      | 67     | DÍAZ BAUTISTA , JOSE ANGEL     | MALE | SENIOR-M | CLUB ATLETISMO SADA MONTAÑA       | 02:30:04.573 | <b>03:02:44.603</b> | 06:25 min/Km |
| 4    | 4      | 58     | CORVO , DANI                   | MALE | SENIOR-M | COUTADAS TRAIL TEAM               | 02:34:03.003 | <b>03:07:11.323</b> | 06:35 min/Km |
| 5    | 1      | 259    | RODRIGUEZ VENTUREIRA , CESAR   | MALE | VET-M    | RUNNING ARTEIXO                   | 02:31:26.983 | <b>03:08:40.603</b> | 06:38 min/Km |
| 6    | 5      | 297    | VÁZQUEZ AGRA , CÉSAR           | MALE | SENIOR-M | ATLETISMO MILLADOIRO              | 02:35:15.443 | <b>03:11:11.573</b> | 06:43 min/Km |
| 7    | 2      | 150    | LOPEZ CALAZA , PABLO           | MALE | VET-M    | A.M.E. BESTARRUZA                 | 02:34:18.743 | <b>03:13:59.763</b> | 06:49 min/Km |
| 8    | 3      | 15     | ARUFE SANTAMARIA , JUAN        | MALE | VET-M    | ADC ARNELA                        | 02:40:34.933 | <b>03:16:18.293</b> | 06:54 min/Km |
| 9    | 4      | 171    | MARTINO PÉREZ , JULIO CÉSAR    | MALE | VET-M    | CLUB DE MONTAÑA VALDEÓN           | 02:40:36.423 | <b>03:19:05.153</b> | 06:60 min/Km |
| 10   | 6      | 291    | TRELLES RODRIGUEZ , MARCOS     | MALE | SENIOR-M | A.D.JARNACHAS                     | 02:41:53.193 | <b>03:22:59.293</b> | 07:08 min/Km |
| 11   | 5      | 176    | MÉNDEZ QUINTELA , FRANCISCO M. | MALE | VET-M    | CHOTACABRAS 21K                   | 02:51:56.383 | <b>03:26:54.053</b> | 07:16 min/Km |
| 12   | 7      | 20     | BARREIRO PEREZ , IVAN          | MALE | SENIOR-M | CLUBE CICLISTA ARMENTEIRA E PUNTO | 03:00:09.923 | <b>03:32:28.920</b> | 07:28 min/Km |
| 13   | 6      | 187    | MUÑOZ ESPASANDIN , JULIO       | MALE | VET-M    |                                   | 02:53:20.643 | <b>03:34:29.833</b> | 07:32 min/Km |
| 14   | 8      | 320    | PALOMO BOSQUE , JOAQUIN        | MALE | SENIOR-M |                                   | 02:54:06.783 | <b>03:36:46.413</b> | 07:37 min/Km |
| 15   | 7      | 113    | GENDRE FERNÁNDEZ , JAVIER      | MALE | VET-M    | TARTARUGAS                        | 02:57:45.633 | <b>03:37:26.183</b> | 07:38 min/Km |
| 16   | 9      | 143    | LESTON DEL RIO , ADELINO       | MALE | SENIOR-M | A.D. DOWNHILL LARACHA             | 02:56:42.683 | <b>03:37:46.983</b> | 07:39 min/Km |
| 17   | 8      | 194    | OLVEIRA MARTINEZ , FRAN        | MALE | VET-M    | SAR VERMU PETRONI                 | 02:55:52.093 | <b>03:37:47.073</b> | 07:39 min/Km |
| 18   | 9      | 287    | TEJELO ALVAREZ , JUAN          | MALE | VET-M    | CLUB BOX001 RUNMANIAK OURENSE     | 03:02:07.883 | <b>03:40:04.783</b> | 07:44 min/Km |
| 19   | 10     | 280    | SIRERA IBARLUZEA , TXOMIN      | MALE | SENIOR-M | INDEPENDIENTE                     | 03:02:07.884 | <b>03:42:34.377</b> | 07:49 min/Km |
| 20   | 10     | 38     | CAMPOS MURAS , FERNANDO        | MALE | VET-M    | USBA MORILLO                      | 03:01:11.193 | <b>03:45:03.793</b> | 07:54 min/Km |
| 21   | 11     | 283    | SUÁREZ COSTA , JUAN J.         | MALE | VET-M    | USBA GENERAL MORILLO              | 03:01:46.743 | <b>03:45:30.773</b> | 07:55 min/Km |
| 22   | 11     | 37     | CAMBEIRO CANOSA , ELOY         | MALE | SENIOR-M | A.D. OLIMPIA                      | 03:04:27.553 | <b>03:46:02.803</b> | 07:56 min/Km |
| 23   | 12     | 97     | FORMOSO LEIS , MARCO A.        | MALE | SENIOR-M | LESTONFIT                         | 02:47:03.643 | <b>03:46:31.923</b> | 07:57 min/Km |
| 24   | 13     | 249    | RODRIGUEZ CAMBÓN , ADRIÁN      | MALE | SENIOR-M | A.D. DOWNHILL LARACHA             | 03:00:58.843 | <b>03:48:24.033</b> | 08:01 min/Km |
| 25   | 12     | 60     | COUTO NAYA , DIEGO             | MALE | VET-M    | A.D.JARNACHAS                     | 03:04:33.733 | <b>03:50:31.443</b> | 08:06 min/Km |
| 26   | 14     | 205    | PARDO MAZÁS , MARTÍN           | MALE | SENIOR-M |                                   | 03:04:36.413 | <b>03:50:31.643</b> | 08:06 min/Km |
| 27   | 13     | 294    | VALDÉS LÓPEZ , LUIS            | MALE | VET-M    | RUNNING OLEIROS                   | 03:06:25.573 | <b>03:51:09.683</b> | 08:07 min/Km |
| 28   | 14     | 239    | REY GARCIA , JUAN              | MALE | VET-M    | AVIVA SPORT CLUB                  | 03:09:33.453 | <b>03:55:11.143</b> | 08:16 min/Km |
| 29   | 15     | 264    | ROMERO VÁZQUEZ , JULIO         | MALE | SENIOR-M | MULTIDEPORATIVO LAXE              | 03:15:49.523 | <b>03:59:17.473</b> | 08:24 min/Km |
| 30   | 15     | 286    | TEJEIRO LÓPEZ , PABLO          | MALE | VET-M    | CLUB TRIATLON CORUÑA              | 03:18:38.553 | <b>04:02:18.593</b> | 08:31 min/Km |
| 31   | 16     | 168    | MARTINEZ SOBRINO , PABLO       | MALE | SENIOR-M | URBAN MONKEY                      | 03:18:38.554 | <b>04:02:19.947</b> | 08:31 min/Km |
| 32   | 16     | 255    | RODRIGUEZ NUÑEZ , LUIS         | MALE | VET-M    | INDEPENDIENTE                     | 03:18:47.853 | <b>04:02:33.213</b> | 08:31 min/Km |
| 33   | 17     | 289    | TORRADO SOBRIDO , JOSÉ ANTONIO | MALE | VET-M    |                                   | 03:15:27.593 | <b>04:06:37.833</b> | 08:40 min/Km |

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| POS. | P.CAT. | NUMBER | PARTICIPANT                        | SEX    | CATEGORY | CLUB                              | CONTROL      | META         | RITMO        |
|------|--------|--------|------------------------------------|--------|----------|-----------------------------------|--------------|--------------|--------------|
| 34   | 18     | 273    | SEIJAS SOUTO , FRANCISCO JAVIER    | MALE   | VET-M    |                                   | 03:13:20.763 | 04:08:18.823 | 08:43 min/Km |
| 35   | 19     | 49     | CERNADAS FERREIRA , SUSO           | MALE   | VET-M    | INDEPENDIENTE                     | 03:17:31.273 | 04:12:24.253 | 08:52 min/Km |
| 36   | 17     | 87     | FERNÁNDEZ NÚÑEZ , DANIEL           | MALE   | SENIOR-M | A.D.JARNACHAS                     | 03:24:33.713 | 04:15:03.613 | 08:57 min/Km |
| 37   | 20     | 290    | TOURIÑAN CAÑÁS , DANIEL            | MALE   | VET-M    | INDEPENDIENTE                     | 03:24:17.943 | 04:16:16.513 | 08:60 min/Km |
| 38   | 18     | 92     | FERRAL MARTIN , PABLO              | MALE   | SENIOR-M | INDEPENDIENTE                     | 03:26:12.623 | 04:18:10.763 | 09:04 min/Km |
| 39   | 21     | 260    | RODRÍGUEZ-LORASQUE VÁZQUEZ , PABLO | MALE   | VET-M    | INDEPENDIENTE                     | 03:26:13.283 | 04:18:10.983 | 09:04 min/Km |
| 40   | 22     | 100    | FUENTES CASTRO , FRANCISCO         | MALE   | VET-M    |                                   | 03:21:45.293 | 04:19:14.983 | 09:06 min/Km |
| 41   | 23     | 51     | CID SANMARTIN , ROBERTO            | MALE   | VET-M    | CLUB TRIATLON CORUÑA              | 03:30:28.583 | 04:24:16.993 | 09:17 min/Km |
| 42   | 24     | 95     | FONTÁN PÉREZ , ARTURO NORBERTO     | MALE   | VET-M    | IES SABÓN                         | 03:34:47.773 | 04:24:54.913 | 09:18 min/Km |
| 43   | 25     | 284    | TAJES CANOSA , LUIS                | MALE   | VET-M    | INDEPENDIENTE                     | 03:08:08.253 | 04:32:12.643 | 09:34 min/Km |
| 44   | 26     | 204    | PARDIÑO BUSTO , FERNANDO           | MALE   | VET-M    | A.D. MEDIADUCIA                   | 03:20:44.133 | 04:32:14.423 | 09:34 min/Km |
| 45   | 19     | 211    | PEDROSA GIL , JOSÉ MANUEL          | MALE   | SENIOR-M | C.A.R MARISQUEIRO                 | 03:37:39.603 | 04:32:58.093 | 09:35 min/Km |
| 46   | 1      | 279    | SIMÓN MARTÍNEZ , AMIRA             | FEMALE | SENIOR-F | NOSPORTLIMIT                      | 03:42:10.353 | 04:37:46.273 | 09:45 min/Km |
| 47   | 20     | 140    | LEMA NANTÓN , VICTOR               | MALE   | SENIOR-M | PICOT@S                           | 03:42:10.213 | 04:38:06.493 | 09:46 min/Km |
| 48   | 27     | 127    | GUIJARRO ARCA , BASILIO            | MALE   | VET-M    | INDEPENDIENTE                     | 03:49:18.443 | 04:40:52.473 | 09:52 min/Km |
| 49   | 28     | 117    | GÓMEZ PEREZ , JUAN CARLOS          | MALE   | VET-M    | INDEPENDIENTE                     | 03:49:10.113 | 04:40:52.643 | 09:52 min/Km |
| 50   | 29     | 19     | BARREIRO CORDEIRO , ANTONIO        | MALE   | VET-M    |                                   | 03:49:49.993 | 04:44:41.293 | 09:60 min/Km |
| 51   | 21     | 88     | FERNÁNDEZ OTERO , OSCAR            | MALE   | SENIOR-M | CLUB MONTAÑA FERROL               | 03:52:23.313 | 04:46:20.423 | 10:03 min/Km |
| 52   | 1      | 32     | BUJÍA RODRÍGUEZ , ELENA            | FEMALE | VET-F    | A.D.JARNACHAS                     | 03:52:23.993 | 04:46:20.573 | 10:03 min/Km |
| 53   | 22     | 42     | CARRACEDO DOMÍNGUEZ , DANI         | MALE   | SENIOR-M | INDEPENDIENTE                     | 03:40:32.333 | 04:46:31.333 | 10:04 min/Km |
| 54   | 23     | 243    | RIVAS POMBO , MARCELINO            | MALE   | SENIOR-M | CLUB ATLETISMO FONTES DO SAR      | 03:54:06.543 | 04:49:48.893 | 10:11 min/Km |
| 55   | 2      | 182    | MOREIRA , ESTRELLA                 | FEMALE | SENIOR-F | CLUB ATLETISMO FONTES DO SAR      | 03:54:48.333 | 04:49:48.963 | 10:11 min/Km |
| 56   | 3      | 228    | PRADO SÁNCHEZ , PAULA              | FEMALE | SENIOR-F | NOSPORTLIMIT                      | 03:59:18.763 | 04:50:29.233 | 10:12 min/Km |
| 57   | 24     | 31     | BREGUA NAVEIRA , PABLO             | MALE   | SENIOR-M | INDEPENDIENTE                     | 04:04:00.253 | 04:59:07.313 | 10:30 min/Km |
| 58   | 25     | 126    | GRILLE , BERNABÉ                   | MALE   | SENIOR-M | INDEPENDIENTE                     | 04:00:36.803 | 04:59:07.433 | 10:30 min/Km |
| 59   | 30     | 96     | FONTÁN PÉREZ , GERARDO MIGUEL      | MALE   | VET-M    | CLUBE CICLISTA ARMENTEIRA E PUNTO | 04:00:44.723 | 04:59:24.913 | 10:31 min/Km |
| 60   | 2      | 307    | VIGO BARREIRA , ANA                | FEMALE | VET-F    | INDEPENDIENTE                     | 04:04:21.793 | 04:59:52.693 | 10:32 min/Km |
| 61   | 3      | 26     | BLANCO LÓPEZ , ANA BEATRIZ         | FEMALE | VET-F    | INDEPENDIENTE                     | 04:03:26.693 | 05:01:06.553 | 10:34 min/Km |
| 62   | 4      | 164    | MARTÍNEZ ÁLVAREZ , MARÍA           | FEMALE | SENIOR-F | ARMENTEIRA E PUNTO                | 04:10:58.663 | 05:02:58.113 | 10:38 min/Km |
| 63   | 31     | 276    | SEOANE SANTISO , EDUARDO           | MALE   | VET-M    | ARTABROS                          | 04:08:11.523 | 05:09:12.133 | 10:51 min/Km |
| 64   | 4      | 299    | VÁZQUEZ HERNÁNDEZ , PASTORA        | FEMALE | VET-F    | NOSPORTLIMIT                      | 04:08:10.993 | 05:09:27.193 | 10:52 min/Km |
| 65   | 32     | 157    | LOSADA FERNÁNDEZ , ROBERTO         | MALE   | VET-M    | BOX01 OURENSE                     | 04:13:39.603 | 05:11:13.693 | 10:56 min/Km |
| 66   | 5      | 107    | GARCIA GARCIA , CARMEN             | FEMALE | VET-F    |                                   | 04:10:10.943 | 05:15:35.983 | 11:05 min/Km |



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| POS. | P.CAT. | NUMBER | PARTICIPANT              | SEX  | CATEGORY | CLUB         | CONTROL      | META                | RITMO        |
|------|--------|--------|--------------------------|------|----------|--------------|--------------|---------------------|--------------|
| 67   | 33     | 244    | RIVEIRO CANEDO , LEANDRO | MALE | VET-M    |              | 04:15:46.763 | <b>05:16:46.573</b> | 11:07 min/Km |
| 68   | 34     | 274    | SEIVANE VIOR , PABLO     | MALE | VET-M    | NOSPORTLIMIT | 04:15:43.533 | <b>05:17:17.593</b> | 11:08 min/Km |