

# V CROSS DE LARIÑO 2017

## - GENERAL ABSOLUTA -

14 OCTUBRE 2017

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
1	1	23	INSUA DÍAZ , RUBÉN	MALE	SENIOR-M		00:39:09.737		03:55 min/Km
2	1	2	BAAMONDE ARUFE , JAPI	MALE	VETERAN-M	CLUB ATLETISMO OUTES	00:40:04.107	+00:00:54.370	04:01 min/Km
3	2	20	GONZÁLEZ REY , JOSECHO	MALE	VETERAN-M	PRAIA DE CARNOTA RUNNERS	00:41:41.257	+00:02:31.520	04:11 min/Km
4	3	19	GONZÁLEZ REY , BONI	MALE	VETERAN-M	PRAIA DE CARNOTA RUNNERS	00:41:45.257	+00:02:35.520	04:11 min/Km
5	1	44	LAGO TRILLO , BRAIS	MALE	XUVENIL-M	A.D. OLIMPIA	00:42:16.567	+00:03:06.830	04:14 min/Km
6	4	3	BUJÁN GONZÁLEZ , JOSÉ	MALE	VETERAN-M		00:42:27.987	+00:03:18.250	04:15 min/Km
7	2	34	RODRÍGUEZ LARIÑO , JORGE	MALE	SENIOR-M	ASOCIACIÓN DEPORTIVA OLIMPIA	00:43:12.017	+00:04:02.280	04:20 min/Km
8	5	6	CANOSA CASTIÑEIRA , RAMON	MALE	VETERAN-M		00:45:52.227	+00:06:42.490	04:36 min/Km
9	3	110	BELLO GRAIÑO , DIEGO	MALE	SENIOR-M		00:45:59.227	+00:06:49.490	04:36 min/Km
10	6	1	ALDREY RAICES , JOSE MANUEL	MALE	VETERAN-M	PRAIA DE CARNOTA RUNNERS	00:46:29.747	+00:07:20.010	04:39 min/Km
11	1	111	FREIRE ESPARIS , BENIGNO	MALE	VETERAN2-M		00:46:32.023	+00:07:22.286	04:40 min/Km
12	4	37	TAJES , JESÚS	MALE	SENIOR-M	PRAIA DE CARNOTA RUNNERS	00:47:04.227	+00:07:54.490	04:43 min/Km
13	7	16	GARCIA FERRIO , JUAN CARLOS	MALE	VETERAN-M	A.D. OLIMPIA DE CEE	00:47:41.977	+00:08:32.240	04:47 min/Km
14	8	26	LAGO SABORIDO , FRAN	MALE	VETERAN-M	INDEPENDIENTE	00:47:42.137	+00:08:32.400	04:47 min/Km
15	9	18	GÓMEZ GÓMEZ , MANUEL	MALE	VETERAN-M	CLUB ATLETISMO LOUSAME. DEPORTES HERMIDA	00:47:45.207	+00:08:35.470	04:47 min/Km
16	10	38	TAJES CANOSA , LUIS	MALE	VETERAN-M	INDEPENDIENTE	00:48:03.657	+00:08:53.920	04:49 min/Km
17	5	40	TUBIO DEL RIO , ANDRES	MALE	SENIOR-M	INDEPENDIENTE	00:48:35.657	+00:09:25.920	04:52 min/Km
18	2	10	FABIAN GONZALEZ , DIONISIO	MALE	VETERAN2-M		00:48:43.747	+00:09:34.010	04:53 min/Km
19	11	39	TRILLO CAAMAÑO , JUAN CARLOS	MALE	VETERAN-M	INDEPENDIENTE	00:49:01.097	+00:09:51.360	04:55 min/Km
20	3	5	CANOSA BLANCO , ALFONSO	MALE	VETERAN2-M	C.D.OLIMPIA DE CEE	00:49:15.957	+00:10:06.220	04:56 min/Km
21	12	29	MARTINEZ MARTINEZ , JUAN	MALE	VETERAN-M		00:49:59.807	+00:10:50.070	04:60 min/Km
22	4	7	COSTA LAGO , JUAN MIGUEL	MALE	VETERAN2-M	PRAIA DE CARNOTA RUNNERS	00:50:15.497	+00:11:05.760	05:02 min/Km
23	5	112	RAMON BARREIRO , JOSE RAMON	MALE	VETERAN2-M		00:51:05.697	+00:11:55.960	05:07 min/Km
24	13	9	DOMÍNGUEZ PRIETO , ALBERTO	MALE	VETERAN-M		00:52:37.317	+00:13:27.580	05:16 min/Km
25	6	33	RAMA CAAMAÑO , JOSE	MALE	SENIOR-M		00:53:44.577	+00:14:34.840	05:23 min/Km
26	7	105	ROMERO SENDON , SANTIAGO	MALE	SENIOR-M		00:53:44.607	+00:14:34.870	05:23 min/Km
27	1	31	PEREZ MARTINEZ , BELEN	FEMALE	VETERAN-F	A. D. OLIMPIA CEE	00:54:39.257	+00:15:29.520	05:28 min/Km
28	14	15	GARCÍA ESTÉVEZ , SERGIO	MALE	VETERAN-M		00:55:09.397	+00:15:59.660	05:31 min/Km
29	15	4	CANDAMO FERNANDEZ , MARCOS	MALE	VETERAN-M	INDEPENDIENTE	00:55:20.287	+00:16:10.550	05:33 min/Km
30	2	36	ROMERO VIÑAS , NATI	FEMALE	VETERAN-F	INDEPENDIENTE	00:55:31.207	+00:16:21.470	05:34 min/Km
31	6	32	PEREZ TRILLO , VARELO JESUS	MALE	VETERAN2-M	PRAIA DE CARNOTA RUNNERS	00:56:05.157	+00:16:55.420	05:37 min/Km
32	1	24	JUANATEY HERMO , PEREGRINA	FEMALE	VETERAN2-F	INDEPENDIENTE	00:57:09.467	+00:17:59.730	05:43 min/Km
33	16	8	DOMINGUEZ FORMOSO , JOSE IGNACIO	MALE	VETERAN-M		00:57:10.777	+00:18:01.040	05:44 min/Km
34	2	17	GARCIA GARCIA , CARMEN	FEMALE	VETERAN2-F	CLUB OLIMPIA	00:57:42.787	+00:18:33.050	05:47 min/Km
35	3	35	RODRIGUEZ LOBAGUEIRA , MARIA	FEMALE	VETERAN2-F	INDEPENDIENTE	01:00:25.427	+00:21:15.690	06:03 min/Km

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36	3	14	GARCÍA CRUZ , ALICIA	FEMALE	VETERAN-F	C.D.OLIMPIA DE CEE	01:00:44.467	+00:21:34.730	06:05 min/Km
37	17	30	MAYO CAAMAÑO , JOSÉ MANUEL	MALE	VETERAN-M	VENDAVAL ESTEIRO	01:00:47.667	+00:21:37.930	06:05 min/Km
38	1	27	LOPEZ QUINTANS , NOELIA	FEMALE	SENIOR-F	INDEPENDIENTE	01:02:15.997	+00:23:06.260	06:14 min/Km
39	7	11	FERNANDEZ MARTINEZ , JOAQUIN	MALE	VETERAN2-M		01:03:31.597	+00:24:21.860	06:22 min/Km
40	4	25	LAGO NOCEDA , MARIA ISABEL	FEMALE	VETERAN-F	OSDELARIÑORUN	01:11:25.767	+00:32:16.030	07:09 min/Km