

II TRAIL DA FILLOA - ZAS 2018

18 FEBREIRO 2018

- GENERAL CURTA -

GALITIMING
DU!W!T!M!N!

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	CONTROL	META	RITMO
1	1	120	GONZÁLEZ ARIAS , NAVA	MALE	SENIOR-M	TRIATLÓN ARTEIXO	01:15:48.917	01:44:49.517	06:10 min/Km
2	2	135	LAGO SANTIAGO , KIKO	MALE	SENIOR-M	A.D.OLIMPIA	01:15:40.277	01:45:54.917	06:14 min/Km
3	3	192	NOVO BUJEIRO , JAVIER	MALE	SENIOR-M	TERRA DE SONEIRA	01:16:15.887	01:46:23.467	06:16 min/Km
4	4	257	RODRIGUEZ PAZ , ALEXANDRE	MALE	SENIOR-M	CLUB TRIATLON MORRAZO	01:15:40.477	01:47:16.627	06:19 min/Km
5	5	232	REGO POSE , IVAN	MALE	SENIOR-M	ATLETISMO MILLADOIRO	01:15:53.567	01:47:59.837	06:22 min/Km
6	6	256	RODRÍGUEZ OTERO , MARIO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:17:41.817	01:48:49.797	06:25 min/Km
7	1	8	ALVAREZ CURES , JUAN JOSE	MALE	VET-M	A.D. MEDIADUCIA	01:16:45.467	01:49:31.967	06:27 min/Km
8	7	298	VÁZQUEZ AMADO , JUAN	MALE	SENIOR-M		01:17:59.997	01:49:34.627	06:27 min/Km
9	2	59	COUSILLAS DIEGUEZ , VICTOR	MALE	VET-M	AD.JARNACHAS	01:15:55.077	01:50:03.297	06:29 min/Km
10	3	277	SIDO GARCIA , JAVIER	MALE	VET-M		01:16:34.527	01:51:07.527	06:33 min/Km
11	8	6	ALONSO NOGUEIRA , DAVID	MALE	SENIOR-M	CLUB ATLETISMO SADA MONTAÑA	01:19:46.207	01:54:29.917	06:45 min/Km
12	9	209	PAZOS BARBEITO , OSCAR	MALE	SENIOR-M	ATLETAS ACEADAMA	01:20:56.307	01:56:25.767	06:51 min/Km
13	10	17	BARDANCA PALLAS , JOSE	MALE	SENIOR-M	A.D.MEDIADUCIA	01:23:07.037	01:57:22.317	06:55 min/Km
14	4	214	PENA SUÁREZ , JOSE MANUEL	MALE	VET-M		01:20:51.227	02:00:13.787	07:05 min/Km
15	5	217	PEREIRA REY , CARLOS	MALE	VET-M	RUNNING ARTEIXO	01:21:19.227	02:00:14.197	07:05 min/Km
16	11	189	NAVEIRAS ROUCO , CARLOS	MALE	SENIOR-M	INDEPENDIENTE	01:23:50.037	02:00:59.217	07:08 min/Km
17	6	210	PAZOS CARBON , PEDRO	MALE	VET-M	CLUB ATLETISMO FONTES DO SAR	01:25:35.737	02:01:29.687	07:09 min/Km
18	12	218	PEREZ COMENDADOR , DAVID	MALE	SENIOR-M	INDEPENDIENTE	01:27:02.737	02:01:44.837	07:10 min/Km
19	7	116	GOMEZ MATO , JAVIER	MALE	VET-M		01:26:22.977	02:01:48.137	07:10 min/Km
20	8	21	BAZAR ANIDO , JOSÉ RAMÓN	MALE	VET-M	A.D. ABELLARIZA PONTECESO	01:26:04.237	02:02:33.337	07:13 min/Km
21	13	278	SILVA BRENLLA , GONZALO	MALE	SENIOR-M	NOITEBRA	01:22:18.057	02:02:51.227	07:14 min/Km
22	14	55	CORDAL VAZQUEZ , FELIPE	MALE	SENIOR-M	INDEPENDIENTE	01:26:56.437	02:03:12.097	07:15 min/Km
23	15	82	FERNANDEZ ARENAS , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	01:26:49.437	02:03:24.297	07:16 min/Km
24	16	50	CERQUEIRO BARREIRO , VICTOR MANUEL	MALE	SENIOR-M		01:29:09.047	02:03:57.137	07:18 min/Km
25	17	46	CASTRO FRAGA , FELIPE	MALE	SENIOR-M	CLUB MONTEPENARUBIA	01:26:44.307	02:04:43.197	07:21 min/Km
26	9	213	PENA NÚÑEZ , JESÚS MANUEL	MALE	VET-M	LOVO 2	01:27:19.877	02:04:53.377	07:21 min/Km
27	18	296	VARELA SECO , MARCOS	MALE	SENIOR-M	CLUB CICLISTA TERRAS DO EUME	01:28:09.347	02:06:23.767	07:27 min/Km
28	19	28	BLANCO TRABA , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	01:30:50.817	02:07:34.237	07:31 min/Km
29	20	131	INSUA DÍAZ , RUBÉN	MALE	SENIOR-M	SAR VERMU PETRONI	01:30:08.757	02:07:34.307	07:31 min/Km
30	10	125	GRAÍÑO PREGO , JESÚS	MALE	VET-M	RUNNING ALTAFIT ODEON	01:27:30.837	02:07:51.597	07:32 min/Km
31	21	250	RODRÍGUEZ CRUZ , DANIEL	MALE	SENIOR-M	A.D. ABELLARIZA PONTECESO	01:27:39.037	02:08:02.367	07:32 min/Km
32	22	22	BELLAS GÓMEZ , MARTIN	MALE	SENIOR-M	INDEPENDIENTE	01:30:59.597	02:08:15.017	07:33 min/Km
33	23	147	LIÑARES GRELA , SIMON	MALE	SENIOR-M	INDEPENDIENTE	01:31:43.237	02:08:42.037	07:35 min/Km

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34	24	146	LIÑARES GRELA , ADRIÁN	MALE	SENIOR-M		01:31:42.617	02:08:59.457	07:36 min/Km
35	25	141	LEMA ORDOÑEZ , ELOY	MALE	SENIOR-M		01:31:59.067	02:09:27.057	07:37 min/Km
36	26	233	REGO POSE , MARTIN	MALE	SENIOR-M	TERRA DE SONEIRA	01:27:43.827	02:09:27.077	07:37 min/Km
37	27	61	CRUZ RAMA , JOSE ANTONIO	MALE	SENIOR-M		01:32:17.857	02:09:27.297	07:37 min/Km
38	28	57	CORRAL LOPEZ , ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	01:31:07.227	02:09:28.467	07:37 min/Km
39	29	295	VARELA LISTA , JUAN JOSE	MALE	SENIOR-M	A.D. MEDIADUCIA	01:31:38.757	02:11:54.907	07:46 min/Km
40	30	241	REY NOVO , MARCOS	MALE	SENIOR-M		01:33:07.627	02:11:58.577	07:46 min/Km
41	1	207	PARRA SOTO , NOEMI	FEMALE	SENIOR-F		01:33:03.557	02:11:58.717	07:46 min/Km
42	31	219	PEREZ CUADRADO , VALENTIN	MALE	SENIOR-M		01:32:53.257	02:11:58.320	07:46 min/Km
43	32	71	DOMINGUEZ REY , JOAQUIN VICENTE	MALE	SENIOR-M	INDEPENDIENTE	01:35:47.887	02:14:06.087	07:54 min/Km
44	33	161	LOZANO IGLESIAS , MIGUEL ANGEL	MALE	SENIOR-M	CLUB CICLISTA TERRAS DO EUME	01:33:49.387	02:14:21.657	07:55 min/Km
45	11	77	ESTEIRO MARTÍNEZ , INACIO	MALE	VET-M	AME BESTARRUZA	01:34:05.667	02:14:31.007	07:55 min/Km
46	34	56	CORDOVILLA GONZÁLEZ , MARIO	MALE	SENIOR-M	INDEPENDIENTE	01:29:21.807	02:14:42.577	07:56 min/Km
47	35	139	LEMA , SERGIO MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:39:02.137	02:18:12.827	08:08 min/Km
48	12	74	EIRÍS ESPAÑA , CARLOS	MALE	VET-M	A.D. MEDIADUCIA	01:38:36.687	02:19:27.917	08:13 min/Km
49	13	181	MIRA PÉREZ , PABLO	MALE	VET-M		01:38:12.517	02:19:44.957	08:14 min/Km
50	14	103	GARCÍA BARREIRA , JUAN MANUEL	MALE	VET-M		01:37:34.547	02:19:54.607	08:14 min/Km
51	36	13	ARIAS ALÁLVARRE , ELADIO	MALE	SENIOR-M	INDEPENDIENTE	01:37:33.317	02:19:54.617	08:14 min/Km
52	37	98	FRAGA ADRIO , CARLOS	MALE	SENIOR-M	TAMBRE BIKE&RUNNING	01:35:37.847	02:21:09.637	08:19 min/Km
53	15	109	GARCIA PENA , RAFAEL	MALE	VET-M	INDEPENDIENTE	01:38:50.567	02:21:18.737	08:19 min/Km
54	16	63	CURROS AMAMBOA , JOSE	MALE	VET-M		01:39:35.997	02:21:25.387	08:20 min/Km
55	17	2	ADEGA MEIZOSO , JOSE ÁNGEL	MALE	VET-M		01:38:07.487	02:21:33.037	08:20 min/Km
56	18	266	SAAVEDRA HERMIDA , ROBERTO	MALE	VET-M		01:38:17.047	02:21:33.247	08:20 min/Km
57	38	133	LADO CASTIÑEIRA , ESTEBAN	MALE	SENIOR-M		01:39:05.127	02:23:05.487	08:26 min/Km
58	39	292	TRILLO CAAMAÑO , JUAN CARLOS	MALE	SENIOR-M		01:39:07.727	02:23:31.707	08:27 min/Km
59	19	41	CARMONA MIRANDA , IVÁN MANUEL	MALE	VET-M	INDEPENDIENTE	01:38:40.167	02:24:04.417	08:29 min/Km
60	40	305	VAZQUEZ ROMERO , JOSE MANUEL	MALE	SENIOR-M	CLUB ATLETISMO O PINO	01:40:12.867	02:24:43.177	08:31 min/Km
61	41	70	DIZ LOPEZ , FRANCISCO	MALE	SENIOR-M	GALLAECIA RAID	01:40:03.297	02:25:22.887	08:34 min/Km
62	42	84	FERNANDEZ CARBALLEIRA , ADRIAN	MALE	SENIOR-M		01:43:28.127	02:25:41.767	08:35 min/Km
63	20	306	VAZQUEZ SANJURJO , MANUEL JOSE	MALE	VET-M		01:41:17.367	02:25:55.097	08:36 min/Km
64	21	272	SEIJAS GÓMEZ , JUAN LUIS	MALE	VET-M		01:36:27.437	02:26:01.587	08:36 min/Km
65	43	3	AGUIAR VILLAR , ANGEL	MALE	SENIOR-M	AD DOWNHILL	01:40:30.807	02:26:26.337	08:37 min/Km
66	22	11	AMADO LOUREIRO , MARCOS	MALE	VET-M	A.D. DOWNHILL LARACHA	01:37:34.487	02:26:26.347	08:37 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	CONTROL	META	RITMO
67	23	156	LORENZO VILAR , JOSÉ MANUEL	MALE	VET-M		01:42:54.627	02:27:14.137	08:40 min/Km
68	44	303	VAZQUEZ RODRIGUEZ , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	01:40:44.747	02:27:46.987	08:42 min/Km
69	2	285	TASENDE ANDRADE , MARTINA	FEMALE	SENIOR-F	A.D. MEDIADUCIA	01:42:54.087	02:28:04.017	08:43 min/Km
70	45	184	MOURELLE CASTRO , DANIEL	MALE	SENIOR-M		01:40:31.207	02:28:25.757	08:44 min/Km
71	3	53	COBELO MARTÍNEZ , PAULA MARIA	FEMALE	SENIOR-F	RUNNING ALTAFIT ODEON	01:43:35.397	02:28:44.077	08:45 min/Km
72	24	235	REMUIÑÁN GÓMEZ , CARLOS	MALE	VET-M	ATLETISMO CARBALLO	01:41:39.997	02:28:53.497	08:46 min/Km
73	46	196	OREIRO CAMBEIRO , SERGIO	MALE	SENIOR-M		01:44:02.937	02:29:01.207	08:46 min/Km
74	47	227	POSE POSE , PABLO	MALE	SENIOR-M		01:40:02.677	02:29:37.837	08:49 min/Km
75	48	165	MARTINEZ CANCELA , JAVIER	MALE	SENIOR-M	A.D.MEDIADUCIA	01:42:54.547	02:30:32.087	08:52 min/Km
76	25	223	PORTAS LEMUS , JAVIER	MALE	VET-M		01:44:32.227	02:31:44.517	08:56 min/Km
77	26	166	MARTINEZ FERNANDEZ , LUIS ALBERTO	MALE	VET-M		01:45:16.317	02:31:44.867	08:56 min/Km
78	1	155	LOPEZ VILAS , GELI	FEMALE	VET-F	RUNNING ARTEIXO	01:46:56.117	02:32:47.557	08:60 min/Km
79	49	208	PASTORIZA MATOS , HUGO	MALE	SENIOR-M	TUMBA TOXOS TRAIL TEAM	01:45:14.957	02:33:42.367	09:03 min/Km
80	27	238	REMUIÑÁN SÁNCHEZ , CARLOS	MALE	VET-M	ATLETISMO CARBALLO	01:45:59.317	02:34:35.497	09:06 min/Km
81	28	236	REMUIÑÁN SÁNCHEZ , ALFONSO	MALE	VET-M	ATLETISMO CARBALLO	01:46:01.417	02:34:35.707	09:06 min/Km
82	4	9	AMADO , BEA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	01:46:22.257	02:34:39.897	09:06 min/Km
83	29	261	ROJO LEMA , ISMAEL	MALE	VET-M		01:48:52.317	02:35:00.347	09:08 min/Km
84	5	65	DELGADO REGUEIRA , ESTEFANIA	FEMALE	SENIOR-F	INDEPENDIENTE	01:48:55.157	02:35:21.677	09:09 min/Km
85	6	23	BEN-HAKIM PARDIÑAS , YASMINA	FEMALE	SENIOR-F	A.D. DOWNHILL LARACHA	01:47:41.407	02:36:14.147	09:12 min/Km
86	50	34	CAAMAÑO SIEIRA , JOSE	MALE	SENIOR-M	A.D. DOWNHILL LARACHA	01:48:03.677	02:36:14.967	09:12 min/Km
87	7	309	VILLAR RECAREY , MARIA PILAR	FEMALE	SENIOR-F	A.D. DOWNHILL LARACHA	01:49:38.907	02:36:15.017	09:12 min/Km
88	30	80	FARIÑA CASTRO , ESTEBAN	MALE	VET-M		01:47:44.537	02:36:45.437	09:14 min/Km
89	51	119	GÓMEZ RAPOSO , EDUARDO	MALE	SENIOR-M	ARTROGAL TRI 498	01:51:56.087	02:38:02.577	09:18 min/Km
90	31	151	LOPEZ GONZALEZ , ALBERTO	MALE	VET-M	ARTROGAL TRI 498	01:51:04.167	02:38:02.677	09:18 min/Km
91	32	102	GALDO CAO , JUANJO	MALE	VET-M	RUNNING ALTAFIT ODEON	01:48:07.647	02:40:25.867	09:27 min/Km
92	52	112	GARCÍA SILVEIRA , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	01:51:28.097	02:40:43.277	09:28 min/Km
93	53	138	LAVANDEIRA RODRIGUEZ , IAGO	MALE	SENIOR-M	INDEPENDIENTE	01:51:28.187	02:40:44.177	09:28 min/Km
94	54	230	RAMOS VAZQUEZ , JORGE	MALE	SENIOR-M		01:54:40.887	02:41:22.097	09:30 min/Km
95	55	178	MESEJO QUEIJO , MARCOS	MALE	SENIOR-M	INDEPENDIENTE	01:48:57.757	02:41:23.897	09:30 min/Km
96	33	310	VIVO LEMA , DANIEL	MALE	VET-M		01:55:07.787	02:41:34.917	09:31 min/Km
97	34	75	EIROA POSE , ANGEL	MALE	VET-M		01:55:07.797	02:41:48.987	09:32 min/Km
98	56	202	PARDIÑAS GONZALEZ , MARCOS	MALE	SENIOR-M	A.D. DOWN HILL LARACHA	01:47:41.297	02:42:05.257	09:33 min/Km
99	2	130	IGLESIAS FRAGA , INES	FEMALE	VET-F	CAS SADA MONTAÑA	01:55:18.247	02:42:34.537	09:34 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	CONTROL	META	RITMO
100	57	152	LÓPEZ ROMERO , IVÁN	MALE	SENIOR-M	INDEPENDIENTE	01:55:33.057	02:42:35.057	09:34 min/Km
101	8	10	AMADO FERNANDEZ , NOELIA	FEMALE	SENIOR-F		01:48:54.747	02:42:39.997	09:35 min/Km
102	58	188	NANTÓN VARELA , SERGIO	MALE	SENIOR-M		01:48:53.977	02:42:40.077	09:35 min/Km
103	9	251	RODRÍGUEZ DELGADO , NOELIA	FEMALE	SENIOR-F	RUNNING ARTEIXO	01:56:06.977	02:43:43.857	09:38 min/Km
104	59	90	FERNÁNDEZ VARELA , ISAAC	MALE	SENIOR-M	INDEPENDIENTE	01:54:07.337	02:43:51.267	09:39 min/Km
105	3	225	POSE LEMA , ALEJANDRA	FEMALE	VET-F		01:55:18.527	02:44:03.917	09:40 min/Km
106	10	44	CASTIÑEIRAS PEREIRA , RAQUEL	FEMALE	SENIOR-F	TARTARUGAS	01:55:33.247	02:45:14.387	09:44 min/Km
107	60	158	LOUREIRO AMENEIROS , DANIEL	MALE	SENIOR-M	TARIL FONSECA PRO 1906	01:52:32.837	02:45:24.587	09:44 min/Km
108	35	137	LANDEIRA BRAGE , JUAN CARLOS	MALE	VET-M	KOMANDO MANTEKA	01:56:04.977	02:45:49.817	09:46 min/Km
109	36	132	JUNCAL COSTA , ANTON	MALE	VET-M	TAMBRE RUNNING	01:52:01.577	02:45:52.507	09:46 min/Km
110	37	185	MOURÓN MARÍN , DAVID	MALE	VET-M		01:54:54.477	02:46:38.427	09:49 min/Km
111	61	186	MOUZO DOVAL , MANUEL	MALE	SENIOR-M		01:56:31.327	02:46:45.747	09:49 min/Km
112	38	179	MIRA , JAVIER	MALE	VET-M		01:59:15.907	02:46:51.457	09:49 min/Km
113	4	36	CALVO GUNTURIZ , CRISTINA	FEMALE	VET-F		01:56:14.857	02:46:53.477	09:50 min/Km
114	39	129	HERVELLA NIETO , LUIS	MALE	VET-M		01:55:47.397	02:47:24.687	09:51 min/Km
115	40	221	PEREZ OSUNA , ROBERTO	MALE	VET-M	INDEPENDIENTE	01:55:42.317	02:47:24.917	09:51 min/Km
116	41	191	NOVO , JORGE	MALE	VET-M		01:58:07.747	02:47:28.177	09:52 min/Km
117	42	262	ROMERO DURAN , DANIEL	MALE	VET-M		01:57:23.457	02:47:30.097	09:52 min/Km
118	5	271	SANTOS MORALES , SUSAN	FEMALE	VET-F	XISTRA	01:56:59.927	02:47:46.667	09:53 min/Km
119	11	172	MATO FIGUEIRAS , MARÍA	FEMALE	SENIOR-F	INDEPENDIENTE	01:57:28.987	02:49:04.987	09:57 min/Km
120	62	101	GABIN CALVO , JAVIER	MALE	SENIOR-M		01:57:15.997	02:49:08.067	09:57 min/Km
121	6	162	MACEIRAS SEOANE , ROSA MARÍA	FEMALE	VET-F		01:57:26.677	02:49:17.427	09:58 min/Km
122	43	73	DOURITO ÁLVAREZ , CARLOS	MALE	VET-M	RUNNING ARTEIXO	01:57:27.587	02:49:17.837	09:58 min/Km
123	63	240	REY GÓMEZ , ROBERTO	MALE	SENIOR-M	C.D SAN PAIO	01:54:54.777	02:49:35.567	09:59 min/Km
124	64	114	GIMÉNEZ PAYO , CRISTIAN	MALE	SENIOR-M	INDEPENDIENTE	01:56:56.027	02:50:34.457	10:03 min/Km
125	7	159	LOUREIRO BORRAZAS , PAULA	FEMALE	VET-F		01:59:24.467	02:51:15.407	10:05 min/Km
126	44	237	REMUIÑÁN SÁNCHEZ , ANTONIO	MALE	VET-M	ATLETISMO CARBALLO	01:59:16.827	02:51:48.167	10:07 min/Km
127	65	173	MATOS COTELO , ABEL	MALE	SENIOR-M	TUMBA TOXOS TRAIL TEAM	01:57:11.407	02:51:55.197	10:07 min/Km
128	66	136	LAMAS VALEIJE , ROI	MALE	SENIOR-M	TUMBA TOXOS TRAIL TEAM	01:57:11.157	02:51:55.557	10:07 min/Km
129	67	33	CAAMAÑO GONZALEZ , ANGEL MANUEL	MALE	SENIOR-M	TUMBA TOXOS TRAIL TEAM	01:57:11.397	02:51:55.577	10:07 min/Km
130	8	154	LOPEZ VARELA , BLANCA	FEMALE	VET-F	INDEPENDIENTE	02:01:10.947	02:52:45.207	10:10 min/Km
131	45	149	LÓPEZ CAAMAÑO , ALFONSO	MALE	VET-M		01:57:01.397	02:53:23.327	10:12 min/Km
132	9	79	FALCON RUIBAL , BEATRIZ	FEMALE	VET-F	USBA MORILLO	02:01:32.137	02:57:36.397	10:27 min/Km

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GALITIMING
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CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	CONTROL	META	RITMO
133	68	72	DOPAZO PENÍN , YAGO	MALE	SENIOR-M	INDEPENDIENTE	02:02:51.927	02:57:38.577	10:27 min/Km
134	69	183	MOURE CAAMAÑO , RUBÉN	MALE	SENIOR-M	INDEPENDIENTE	02:00:02.977	02:57:40.667	10:28 min/Km
135	70	180	MIRA MAROÑAS , MARCOS	MALE	SENIOR-M	INDEPENDIENTE	01:59:15.597	02:58:28.497	10:30 min/Km
136	46	43	CARRO MARIÑO , ANTONIO	MALE	VET-M		02:03:27.967	02:58:50.737	10:32 min/Km
137	71	201	PARDIÑAS BUSTO , KEVIN	MALE	SENIOR-M	INDEPENDIENTE	01:59:53.967	02:59:00.657	10:32 min/Km
138	47	153	LÓPEZ ULLOA , JACOBO	MALE	VET-M		02:06:00.547	02:59:01.207	10:32 min/Km
139	12	45	CASTRO BLANCO , OLGA MARIA	FEMALE	SENIOR-F		02:00:28.277	02:59:34.157	10:34 min/Km
140	48	267	SABIN CALVO , JUAN CARLOS	MALE	VET-M		02:00:03.847	02:59:34.227	10:34 min/Km
141	10	52	CLAVIJO PELAEZ , GLORIA	FEMALE	VET-F	ATLETAS ACEADAMA	02:05:22.517	03:00:29.957	10:38 min/Km
142	49	104	GARCIA BERMUDEZ , ALBERTO	MALE	VET-M		02:07:22.067	03:00:30.077	10:38 min/Km
143	72	29	BLANCO TROLO , DIEGO	MALE	SENIOR-M		01:52:10.747	03:01:14.037	10:40 min/Km
144	50	175	MEJUTO SOUTO , JOSÉ MARIA	MALE	VET-M		02:04:11.847	03:01:40.457	10:42 min/Km
145	73	190	NOGUEROL DIZ , IVÁN	MALE	SENIOR-M	GALLAECIA RAID	02:03:44.047	03:02:25.677	10:44 min/Km
146	51	148	LODEIRO LÓPEZ , CARLOS	MALE	VET-M	INDEPENDIENTE	02:08:39.957	03:02:37.097	10:45 min/Km
147	52	269	SANCHEZ LOUREDA , JOSE MANUEL	MALE	VET-M		02:08:17.067	03:02:39.487	10:45 min/Km
148	74	68	DÍAZ RAMOS , JOAQUÍN	MALE	SENIOR-M		02:06:37.307	03:03:16.317	10:47 min/Km
149	13	66	DELGADO ROJO , AINHOA	FEMALE	SENIOR-F	INDEPENDIENTE	02:06:37.547	03:03:16.437	10:47 min/Km
150	75	203	PARDIÑAS LISTE , OSCAR	MALE	SENIOR-M	INDEPENDIENTE	01:59:47.047	03:03:19.817	10:48 min/Km
151	53	144	LIMIDEIRO LAVANDEIRA , CARLOS	MALE	VET-M		02:09:02.407	03:03:29.837	10:48 min/Km
152	54	177	MÉNDEZ SILVA , MIGUEL	MALE	VET-M		02:08:13.347	03:03:40.047	10:49 min/Km
153	11	263	ROMERO ROEL , BEA	FEMALE	VET-F	NOSPORTLIMIT	02:08:39.657	03:03:55.487	10:50 min/Km
154	12	216	PEREIRA FERREIRO , ANA	FEMALE	VET-F	NOSPORTLIMIT	02:11:08.347	03:03:55.557	10:50 min/Km
155	14	35	CABANAS CAMPELO , ISABEL	FEMALE	SENIOR-F		02:09:18.097	03:04:52.897	10:53 min/Km
156	55	229	RAMOS RODRIGUEZ , LUIS JOSE	MALE	VET-M	INDEPENDIENTE	02:06:00.657	03:05:17.427	10:54 min/Km
157	56	300	VAZQUEZ LATA , ENRIQUE	MALE	VET-M		02:08:20.067	03:05:37.197	10:56 min/Km
158	15	200	PANTIN LÓPEZ , ALMUDENA	FEMALE	SENIOR-F		02:08:35.077	03:05:46.847	10:56 min/Km
159	16	115	GÓMEZ COUTO , NATALIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:08:35.317	03:05:47.207	10:56 min/Km
160	57	86	FERNANDEZ GOMEZ , RAFAEL	MALE	VET-M	RUNNING OLEIROS	02:09:40.467	03:06:35.477	10:59 min/Km
161	58	293	TROITEIRO GARCIA , SANTIAGO	MALE	VET-M	INDEPENDIENTE	02:06:28.947	03:06:39.527	10:59 min/Km
162	59	145	LIMIDEIRO LAVANDEIRA , FRANCISCO JAVIER	MALE	VET-M		02:06:28.948	03:06:43.417	10:60 min/Km
163	76	174	MAYÁN MARTÍNEZ , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	02:09:02.077	03:07:04.387	11:01 min/Km
164	17	246	RIVERA HAZ , MARIA	FEMALE	SENIOR-F	AD DOWNHILL	02:09:08.337	03:07:54.737	11:04 min/Km
165	13	231	RAMUDO RIVAS , ROSA	FEMALE	VET-F	INDEPENDIENTE	02:10:54.187	03:08:05.447	11:04 min/Km

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CRONOMETRAXE

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	CONTROL	META	RITMO
166	18	170	MARTINEZ VAZQUEZ , VICTORIA	FEMALE	SENIOR-F		02:05:14.897	03:08:25.797	11:06 min/Km
167	14	169	MARTINEZ VAZQUEZ , VERONICA	FEMALE	VET-F		02:07:33.367	03:08:25.817	11:06 min/Km
168	19	224	POSE GARCIA , TANIA	FEMALE	SENIOR-F		02:12:49.827	03:09:10.057	11:08 min/Km
169	20	99	FREIRE MARTINEZ , MARTA	FEMALE	SENIOR-F		02:10:27.467	03:09:44.927	11:10 min/Km
170	21	254	RODRIGUEZ MARTINEZ , ALBA X	FEMALE	SENIOR-F	INDEPENDIENTE	02:10:27.477	03:09:45.197	11:10 min/Km
171	60	89	FERNANDEZ TRISAC , JOSE LUIS	MALE	VET-M	AS GACELAS	02:09:26.297	03:10:15.077	11:12 min/Km
172	61	7	ALVAREZ BARBEITO , JAVIER	MALE	VET-M		02:08:25.947	03:10:15.427	11:12 min/Km
173	22	54	COLLAZO COSTA , INMA	FEMALE	SENIOR-F		02:10:45.217	03:10:22.487	11:12 min/Km
174	23	25	BLANCO BARCA , VANESA	FEMALE	SENIOR-F	DUBRA TEAM	02:13:38.097	03:10:33.337	11:13 min/Km
175	77	110	GARCÍA PÉREZ , DIEGO	MALE	SENIOR-M		02:14:31.957	03:10:40.347	11:13 min/Km
176	62	64	DEL POZO , JESUS	MALE	VET-M		02:05:18.157	03:11:07.487	11:15 min/Km
177	24	24	BEREA BARRA , CARLA	FEMALE	SENIOR-F		02:15:42.047	03:13:48.367	11:25 min/Km
178	63	245	RIVEIRO FREIRE , GONZALO	MALE	VET-M		02:15:44.917	03:13:48.677	11:25 min/Km
179	15	198	ORTEGANO PÉREZ , ARACELIS	FEMALE	VET-F	INDEPENDIENTE	02:15:45.297	03:13:49.277	11:25 min/Km
180	78	39	CANOSA LAGO , ELOY	MALE	SENIOR-M		02:13:50.427	03:14:14.527	11:26 min/Km
181	25	105	GARCÍA CUCO , VANESSA	FEMALE	SENIOR-F		02:14:26.307	03:15:03.307	11:29 min/Km
182	26	226	POSE POSE , ADRIANA	FEMALE	SENIOR-F		02:14:32.377	03:15:29.457	11:30 min/Km
183	79	4	ALLO NOVO , JUAN JOSÉ	MALE	SENIOR-M		02:14:01.147	03:18:18.357	11:40 min/Km
184	27	62	CURES RODRIGUEZ , VERONICA	FEMALE	SENIOR-F		02:10:35.557	03:19:04.697	11:43 min/Km
185	16	195	ORDOÑEZ SALCEDO , NANCY SUSANA	FEMALE	VET-F		02:16:02.347	03:19:24.687	11:44 min/Km
186	80	123	GONZALEZ ROMERO , JORGE	MALE	SENIOR-M		02:12:49.887	03:22:20.977	11:55 min/Km
187	81	134	LADO CASTIÑEIRA , JOSÉ MANUEL	MALE	SENIOR-M		02:17:08.897	03:24:37.297	12:03 min/Km
188	17	94	FERREIRO MUÑIZ , CRISTINA	FEMALE	VET-F		02:21:37.247	03:25:36.357	12:06 min/Km
189	28	76	ENGUIDANOS ALTAMIRANO , VERONICA	FEMALE	SENIOR-F		02:21:41.907	03:25:36.437	12:06 min/Km
190	29	121	GONZALEZ GONZALES , LETICIA	FEMALE	SENIOR-F		02:29:08.597	03:28:35.187	12:17 min/Km
191	18	167	MARTÍNEZ RAMILO , TANIA	FEMALE	VET-F		02:24:44.417	03:29:32.917	12:20 min/Km
192	19	18	BARREIRA BLANCO , SARA	FEMALE	VET-F	RUNNING OLEIROS	02:27:37.547	03:34:29.437	12:38 min/Km
193	30	93	FERREIRO BRANDON , CRISTINA	FEMALE	SENIOR-F	RUNNING OLEIROS	02:29:05.427	03:36:08.247	12:43 min/Km
194	31	142	LEMA OZON , SANDRA	FEMALE	SENIOR-F		02:27:31.707	03:37:02.837	12:47 min/Km
195	32	301	VAZQUEZ MONTES , JESSICA	FEMALE	SENIOR-F	INDEPENDIENTE	02:28:07.057	03:37:03.007	12:47 min/Km
196	20	124	GONZÁLEZMACEIRA , BEATRIZ	FEMALE	VET-F	RUNNING OLEIROS	02:29:36.617	03:37:27.387	12:48 min/Km
197	33	288	TORRADO SANTOS , MARTINA	FEMALE	SENIOR-F		02:25:23.537	03:40:42.537	12:59 min/Km
198	82	197	OREIRO MALLÓN , ESTEFAN	MALE	SENIOR-M		02:18:57.877	03:41:07.687	13:01 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	CONTROL	META	RITMO
199	64	128	HERMIDA OTERO , ÁNGEL	MALE	VET-M		02:29:26.247	03:45:14.097	13:15 min/Km
200	34	163	MALLON FERNANDEZ , TANIA	FEMALE	SENIOR-F		02:54:28.087	04:14:32.127	14:59 min/Km
201	21	268	SANCHEZ LOPEZ , CRISTINA	FEMALE	VET-F	A D DOWNHILL	03:00:04.837	04:14:51.617	14:60 min/Km
DNF		47	CASTRO TATO , JOSE MANUEL	MALE	SENIOR-M		02:12:34.567		
DNF		122	GONZÁLEZ POSE , NOELIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:47:51.147		