

XVIII EDICION CROSS DE VERAN DE BROÑA 2024

15/09/2024

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	V1	V2	META	RITMO
1	1	59	INSUA DIAZ , RUBEN	MALE	SENIOR	CLUB ATLETISMO SAR	00:18:04	00:18:06	00:36:09	03:37 min/Km
2	2	50	GARCIA GACIÑO , ALBERTO	MALE	SENIOR		00:18:20	00:19:56	00:38:16	03:50 min/Km
3	1	22	CAAMAÑO NIETO , RUBEN	MALE	VET1	CLUB ATLETISMO SAR	00:18:23	00:19:54	00:38:16	03:50 min/Km
4	2	55	GONZÁLEZ HORTA , ELOY	MALE	VET1		00:19:08	00:20:17	00:39:24	03:57 min/Km
5	3	58	IGLESIAS AMORES , MIGUEL	MALE	SENIOR	CLUB DEPORTIVO BRIÓN HYUPERSA SANTIAGO	00:19:45	00:20:18	00:40:02	04:01 min/Km
6	3	83	MORÁN GONZÁLEZ , ENRIQUE	MALE	VET1	ATLETISMO PORRIÑO	00:19:56	00:20:28	00:40:24	04:03 min/Km
7	4	67	LAGO SANTIAGO , KIKO	MALE	VET1	ASOCIACIÓN DEPORTIVA OLIMPIA	00:20:15	00:20:42	00:40:57	04:06 min/Km
8	5	73	LOURIDO RIAL , LORENZO	MALE	VET1	ATLETISMO NEGREIRA	00:19:55	00:21:11	00:41:06	04:07 min/Km
9	6	34	CONDE BARREIRO , DANIEL	MALE	VET1	CLUB ATLETISMO OUTES	00:20:25	00:21:29	00:41:54	04:12 min/Km
10	7	45	FIGUEIRAS NÚÑEZ , EDUARDO	MALE	VET1	CLUB CERVECERÍA O COTON NEGREIRA	00:20:37	00:21:50	00:42:26	04:15 min/Km
11	8	20	BUGALLO DEL PUERTO , XAQUIN	MALE	VET1	RUNNING OLEIROS	00:21:06	00:21:29	00:42:34	04:16 min/Km
12	1	7	BARREIRO PEREIRA , XOSÉ AN'TÓN	MALE	VET2	SOCIEDAD DEPORTIVA COMPOSTELA ATLETISMO	00:21:22	00:21:24	00:42:45	04:17 min/Km
13	9	122	OVIEDO BOUZAS , FRAN	MALE	VET1		00:20:47	00:22:16	00:43:02	04:19 min/Km
14	2	120	VILLAR RODRIGUEZ , RICARDO	MALE	VET2	NOITEBRA	00:21:21	00:21:52	00:43:12	04:20 min/Km
15	10	57	GUIMAREY SENIN , JAVIER	MALE	VET1	CLUB ATLETISMO SAR	00:21:50	00:22:49	00:44:39	04:28 min/Km
16	11	74	LOURIDO VIDAL , ENRIQUE	MALE	VET1		00:21:50	00:23:03	00:44:53	04:30 min/Km
17	1	93	PÉREZ PEREIRA , RAMIRO	MALE	VET3	CLUB ATLETISMO SAR	00:22:49	00:22:05	00:44:53	04:30 min/Km
18	12	61	INSUA PEDROSA , PABLO	MALE	VET1	OLIMPIA	00:22:59	00:22:55	00:45:53	04:36 min/Km
19	3	8	BECERRA LUHIA , EUGENIO	MALE	VET2		00:22:59	00:22:56	00:45:55	04:36 min/Km
20	13	111	RODRÍGUEZ MOURIÑO , JESÚS	MALE	VET1		00:22:50	00:23:12	00:46:01	04:37 min/Km
21	14	16	BOQUETE CORNES , JOSÉ MANUEL	MALE	VET1		00:22:23	00:23:46	00:46:09	04:37 min/Km
22	15	86	MUIÑOS REYES , ENRIQUE	MALE	VET1	SERRES RUNNERS	00:24:05	00:22:14	00:46:19	04:38 min/Km
23	16	10	BELLO GRAIÑO , DIEGO	MALE	VET1		00:22:58	00:23:23	00:46:20	04:38 min/Km
24	4	47	FREIRE RUIBAL , DANIEL	MALE	SENIOR		00:22:51	00:23:30	00:46:21	04:39 min/Km
25	5	119	VILA FERNÁNDEZ , FERNANDO	MALE	SENIOR		00:23:45	00:22:50	00:46:35	04:40 min/Km
26	6	121	BOULLON PEREZ , JAVIER	MALE	SENIOR		00:22:47	00:24:01	00:46:48	04:41 min/Km
27	17	79	MAYO BALDERRABANO , JUAN	MALE	VET1	CLUB ATLETISMO NOIA	00:22:46	00:24:02	00:46:48	04:41 min/Km
28	18	52	GÓMEZ GÓMEZ , PABLO	MALE	VET1	CLUB ATLETISMO NOIA	00:22:49	00:24:00	00:46:48	04:41 min/Km
29	19	63	RODRIGUEZ DOMINGUEZ , JUAN ENRIQUE	MALE	VET1		00:22:50	00:24:03	00:46:52	04:42 min/Km
30	20	117	TRIÑANES VIDAL , QUIQUE	MALE	VET1		00:22:58	00:23:55	00:46:53	04:42 min/Km
31	7	102	REY PAN , MANUEL	MALE	SENIOR		00:23:45	00:23:47	00:47:31	04:46 min/Km

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32	21	69	LESTON DEL RIO , ADELINO	MALE	VET1	CDM VÉRTICE	00:23:50	00:23:54	00:47:43	04:47 min/Km
33	8	14	BLANCO GOMEZ , SAUL	MALE	SENIOR		00:24:09	00:23:53	00:48:01	04:49 min/Km
34	4	29	CANOSA CASTIÑEIRA , SPIBY(MON)	MALE	VET2	CLUB ATLETISMO SAR	00:23:26	00:24:58	00:48:24	04:51 min/Km
35	22	27	CAMBEIRO CAMBEIRO , FERMIN	MALE	VET1		00:23:29	00:24:59	00:48:27	04:51 min/Km
36	1	81	MAYO CAAMAÑO , MARINELA	FEMALE	VET1-F	CLUB ATLETISMO SAR	00:24:21	00:24:33	00:48:54	04:54 min/Km
37	23	229	GARCÍA RODRÍGUEZ , CARLOS MANUEL	MALE	VET1		00:24:25	00:24:42	00:49:06	04:55 min/Km
38	24	26	CAMBEIRO BLANCO , JUAN CARLOS	MALE	VET1		00:23:47	00:25:48	00:49:35	04:58 min/Km
39	5	84	MOURIÑO ROMANI , MANUEL ANTONIO	MALE	VET2	CLUB ATLETISMO OUTES	00:24:57	00:24:38	00:49:35	04:58 min/Km
40	25	97	PIÑEIRO ABEIJON , BENITO	MALE	VET1		00:24:56	00:24:45	00:49:41	04:59 min/Km
41	6	205	BARREIRO CORDEIRO , ANTONIO	MALE	VET2		00:25:01	00:24:42	00:49:43	04:59 min/Km
42	26	42	FERNÁNDEZ BREA , PABLO	MALE	VET1		00:24:51	00:25:52	00:50:43	05:05 min/Km
43	2	105	RÍOS VÁZQUEZ , JOSE	MALE	VET3	ITBS	00:25:10	00:25:56	00:51:05	05:07 min/Km
44	9	11	BERENQUER MIMÓ , MARTÍ	MALE	SENIOR		00:24:41	00:26:26	00:51:06	05:07 min/Km
45	2	72	LORENZO PÉREZ , NATALIA	FEMALE	VET1-F	NOITEBRA C.F	00:25:49	00:25:36	00:51:25	05:09 min/Km
46	27	106	RIVAS ALENDE , JUAN	MALE	VET1	NOITEBRA C.F	00:24:56	00:26:48	00:51:43	05:11 min/Km
47	7	207	BLANCO FIGUEIRIDO , MARCOS	MALE	VET2	C.A. OUTES	00:26:00	00:26:13	00:52:13	05:14 min/Km
48	10	108	RODRÍGUEZ CONDE , FABIÁN	MALE	SENIOR	CAO	00:27:13	00:25:14	00:52:27	05:15 min/Km
49	1	64	LAGO ANDRADE , IRIA	FEMALE	SENIOR-F	ASOCIACIÓN DEPORTIVA OLIMPIA	00:26:06	00:26:51	00:52:57	05:18 min/Km
50	8	65	LAGO CES , JOSÉ MANUEL	MALE	VET2	CLUB ATLETISMO SAR	00:27:03	00:25:55	00:52:57	05:18 min/Km
51	3	1	ALBORÉS DIAZ , JOSÉ MANUEL	MALE	VET3	CLUB ATLETISMO OUTES	00:26:33	00:26:43	00:53:15	05:20 min/Km
52	28	25	CALVO REY , DANIEL	MALE	VET1	S. D. BARBANTIA RODA	00:26:22	00:27:05	00:53:27	05:21 min/Km
53	29	56	GONZÁLEZ NÓVOA , JOSE LUIS	MALE	VET1	S.D. BARBANTIA RODA	00:26:32	00:26:58	00:53:30	05:21 min/Km
54	9	96	PEREZ SUSAVILA , ANGEL	MALE	VET2		00:26:55	00:26:43	00:53:37	05:22 min/Km
55	10	116	TORRES CEBREIRO , FELIPE SANTIAGO	MALE	VET2		00:27:15	00:26:31	00:53:45	05:23 min/Km
56	30	68	LAMAS POSE , JOSÉ MANUEL	MALE	VET1		00:27:59	00:25:53	00:53:52	05:24 min/Km
57	11	28	CANDAMO FERNANDEZ , MARCOS	MALE	VET2	SERRES RANERS	00:27:16	00:26:40	00:53:56	05:24 min/Km
58	12	112	ROMERO OLVEIRA , J.MANUEL	MALE	VET2	C.A. VETERANOS DE SAMIL	00:27:06	00:27:22	00:54:27	05:27 min/Km
59	13	70	LÓPEZ FERNÁNDEZ , JOSÉ ANTONIO	MALE	VET2	CLUB ATLETISMO OUTES	00:30:49	00:23:51	00:54:39	05:28 min/Km
60	11	82	MAYO ESTEIRO , SERGIO	MALE	SENIOR		00:28:16	00:26:29	00:54:44	05:29 min/Km
61	12	23	CAAMAÑO SIEIRA , JOSE	MALE	SENIOR	CDM VÉRTICE	00:27:05	00:27:45	00:54:49	05:29 min/Km
62	14	3	ANDRADE LAGO , ALBERTO	MALE	VET2	ASOCIACIÓN DEPORTIVA OLIMPIA	00:27:04	00:28:15	00:55:18	05:32 min/Km
63	3	49	GARCÍA BEIRO , CRISTINA	FEMALE	VET1-F	CLUB ATLETISMO OUTES	00:27:13	00:28:08	00:55:20	05:32 min/Km

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64	31	9	BEIRO CAROU , GUILLERMO	MALE	VET1		00:27:13	00:28:08	00:55:20	05:32 min/Km
65	32	24	CALVO , DANI	MALE	VET1		00:27:14	00:29:20	00:56:33	05:40 min/Km
66	33	88	NEGREIRA POUSO , JOSE RAMON	MALE	VET1		00:28:49	00:27:48	00:56:37	05:40 min/Km
67	34	60	INSUA FERNÁNDEZ , ANDRÉS	MALE	VET1		00:28:49	00:27:48	00:56:37	05:40 min/Km
68	15	66	LAGO FERNÁNDEZ , MANUEL JESÚS	MALE	VET2	SERRES RUNNERS	00:28:23	00:28:38	00:57:01	05:43 min/Km
69	16	101	REGUEIRO TORRES , JOSE ANTONIO	MALE	VET2		00:29:07	00:27:59	00:57:05	05:43 min/Km
70	35	35	CONS LAMAS , SANTIAGO	MALE	VET1	TARTARUGAS	00:28:43	00:28:37	00:57:19	05:44 min/Km
71	17	43	FERNÁNDEZ MARTÍNEZ , JOAQUÍN	MALE	VET2	SERRES RUNNERS	00:28:23	00:29:05	00:57:27	05:45 min/Km
72	4	32	CASTRO LEMA , CARMEN	FEMALE	VET1-F		00:27:52	00:29:47	00:57:39	05:46 min/Km
73	36	6	BARREIRO GONZÁLEZ , JORGE	MALE	VET1		00:27:40	00:30:04	00:57:44	05:47 min/Km
74	18	5	ARMESTO PÉREZ , NÉSTOR	MALE	VET2		00:27:03	00:30:45	00:57:47	05:47 min/Km
75	19	89	NIETO LEIS , PABLO	MALE	VET2		00:28:46	00:29:04	00:57:50	05:47 min/Km
76	13	85	MOURO SEAGE , DANIEL	MALE	SENIOR		00:27:33	00:30:19	00:57:51	05:48 min/Km
77	14	99	QUEIRO LAMAS , BRAIS	MALE	SENIOR		00:29:23	00:28:48	00:58:11	05:50 min/Km
78	15	110	RODRÍGUEZ GONZÁLEZ , PABLO	MALE	SENIOR	CAO OUTES	00:28:27	00:30:01	00:58:27	05:51 min/Km
79	1	48	GARCÍA ABALO , MADA	FEMALE	VET2-F	CLUBE ATLETISMO OUTES	00:28:28	00:30:04	00:58:32	05:52 min/Km
80	20	21	CAAMAÑO RIVEIRO , HERMINIO	MALE	VET2	CAO	00:29:27	00:29:56	00:59:22	05:57 min/Km
81	21	118	TRIUNFO DELGADO , GONZALO	MALE	VET2	ARTROGAL	00:30:02	00:31:03	01:01:05	06:07 min/Km
82	37	13	BIG , NOTORIOUS	MALE	VET1		00:30:26	00:30:47	01:01:13	06:08 min/Km
83	22	76	MARTINEZ GOMEZ , PAKINHO	MALE	VET2	GALLEUSKA KORRIKOLARI ELKARTEA	00:30:38	00:31:17	01:01:54	06:12 min/Km
84	23	92	PAZOS ÁLVAREZ , ANTONIO	MALE	VET2		00:29:02	00:32:58	01:02:00	06:12 min/Km
85	2	17	BOUZAS TOREA , SOFÍA	FEMALE	SENIOR-F		00:31:37	00:30:42	01:02:19	06:14 min/Km
86	38	115	TEDÍN MOUZO , MARCOS	MALE	VET1		00:33:17	00:29:11	01:02:28	06:15 min/Km
87	24	78	MARTÍNEZ MOLEDO , MANUEL	MALE	VET2		00:31:26	00:31:06	01:02:32	06:16 min/Km
88	25	80	MAYO CAAMAÑO , JOSÉ MANUEL	MALE	VET2	VENDAVAL ESTERIO	00:32:19	00:32:38	01:04:57	06:30 min/Km
89	26	44	FERREIRÓS FERNANDEZ , JOSÉ	MALE	VET2	TARTARUGAS	00:33:02	00:34:09	01:07:11	06:44 min/Km
90	2	53	GÓMEZ LODEIROS , SUSANA	FEMALE	VET2-F	TARTARUGAS	00:33:04	00:34:08	01:07:11	06:44 min/Km
91	4	77	MARTÍNEZ LEIS , JOSE	MALE	VET3	REVOLTAS	00:32:09	00:35:38	01:07:46	06:47 min/Km
92	1	4	ANDRADE LAGO , AMELIA	FEMALE	VET3-F	ASOCIACIÓN DEPORTIVA OLIMPIA	00:33:52	00:34:31	01:08:23	06:51 min/Km
93	3	41	FERNANDEZ BLANCO , ZOE	FEMALE	SENIOR-F		00:35:03	00:37:25	01:12:27	07:15 min/Km
94	16	71	LOPEZ REBOIRO , ANTONIO	MALE	SENIOR		00:35:03	00:37:25	01:12:27	07:15 min/Km
95	5	104	RIAL PAIS , JOSÉ	MALE	VET3	CLUB ATLETISMO OUTES	00:34:47	00:38:29	01:13:15	07:20 min/Km

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96	5	103	RIAL GARCÍA , ROSANA	FEMALE	VET1-F	CLUB ATLETISMO OUTES	00:34:52	00:38:26	01:13:17	07:20 min/Km
97	4	62	JAMARDO TEIRA , OLAYA	FEMALE	SENIOR-F		00:34:52	00:38:26	01:13:17	07:20 min/Km
98	3	245	QUEIRO CREO , CARMEN	FEMALE	VET2-F		00:34:53	00:38:27	01:13:31	07:22 min/Km