

## I TRAIL DA FILLOA - ZAS

12 FEBREIRO 2017

## - TRAIL LONGO-

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
1	1	180	DÍAZ BAUTISTA , JOSE ANGEL	MALE	SENIOR-M	CLUB ATLETISMO SADA MONTAÑA	02:33:43.333		06:02 min/Km
2	2	366	CONDE ESTÉVEZ , PABLO	MALE	SENIOR-M	CLUBE DE MONTAÑA XISTRA	02:36:31.913	+00:02:48.580	06:03 min/Km
3	1	320	ARUFE SANTAMARIA , JUAN	MALE	VETERAN-M	ADC ARNELA	02:36:53.643	+00:03:10.310	06:04 min/Km
4	3	300	MARTINEZ MARTINEZ , JORGE	MALE	SENIOR-M	CLUB ATLETISMO SADA MONTAÑA	02:37:26.093	+00:03:42.760	06:05 min/Km
5	4	7	VÁZQUEZ AGRA , CÉSAR	MALE	SENIOR-M	ATLETISMO MILLADOIRO	02:37:57.783	+00:04:14.450	06:09 min/Km
6	2	150	COUSILLAS DIEGUEZ , VICTOR	MALE	VETERAN-M	A.D. JARNACHAS	02:39:29.893	+00:05:46.560	06:18 min/Km
7	5	211	FRANCO BOUZA , AITOR	MALE	SENIOR-M	C.C. AS PONTES-VILALBA	02:43:30.333	+00:09:47.000	06:20 min/Km
8	6	372	LAMELA VALDOMAR , IVAN	MALE	SENIOR-M	INDEPENDIENTE	02:44:25.143	+00:10:41.810	06:22 min/Km
9	7	330	AREVALILLO ROMERO , SERGIO	MALE	SENIOR-M	TRIBU TRAIL	02:45:14.673	+00:11:31.340	06:26 min/Km
10	8	45	TRELLES RODRIGUEZ , MARCOS	MALE	SENIOR-M	A.D. JARNACHAS	02:47:09.853	+00:13:26.520	06:33 min/Km
11	3	294	LOPEZ CALAZA , PABLO	MALE	VETERAN-M	CLUB A.M.E.BESTARRUZA	02:50:00.413	+00:16:17.080	06:43 min/Km
12	9	272	DOMINGUEZ BARBEITO , VÍCTOR	MALE	SENIOR-M	L2R	02:54:34.503	+00:20:51.170	06:53 min/Km
13	10	290	SOTELO CONDE , CARLOS	MALE	SENIOR-M	INDEPENDIENTE	02:58:56.803	+00:25:13.470	06:54 min/Km
14	11	71	SENRA EIROA , DAVID	MALE	SENIOR-M	NOSPORTLIMIT	02:59:01.523	+00:25:18.190	06:56 min/Km
15	12	247	BARRIENTOS OREIRO , JAVIER	MALE	SENIOR-M	NORTE MALLADO	02:59:52.153	+00:26:08.820	07:02 min/Km
16	4	237	CORREA PIÑEIRO , FCO JAVIER	MALE	VETERAN-M	ATLETAS DE ACEA DE AMA	03:02:40.373	+00:28:57.040	07:03 min/Km
17	5	188	COUTO NAYA , DIEGO	MALE	VETERAN-M	A.D. JARNACHAS	03:02:59.453	+00:29:16.120	07:05 min/Km
18	6	349	BARRIO MONTES , OSCAR	MALE	VETERAN-M	RUNNING SPORT TRAIL	03:04:08.673	+00:30:25.340	07:07 min/Km
19	7	47	LÓPEZ EIROA , SIMON	MALE	VETERAN-M	ATLETAS DE ACEA DE AMA	03:04:46.493	+00:31:03.160	07:07 min/Km
20	8	299	OLVEIRA MARTINEZ , FRANCISCO JOSE	MALE	VETERAN-M	SAR-VERMU PETRONI	03:04:59.550	+00:31:16.217	07:12 min/Km
21	9	159	CASTRO LISTA , JOSE ANTONIO	MALE	VETERAN-M	INDEPENDIENTE	03:06:57.183	+00:33:13.850	07:13 min/Km
22	13	12	GONZÁLEZ ARIAS , NAVA	MALE	SENIOR-M	INDEPENDIENTE	03:07:20.583	+00:33:37.250	07:13 min/Km
23	14	291	VAZQUEZ CAMIÑO , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	03:07:24.013	+00:33:40.680	07:14 min/Km
24	10	115	MASEDA CARBALLO , FRANCISCO JAVIER	MALE	VETERAN-M	DREAM TEAM	03:07:59.183	+00:34:15.850	07:15 min/Km
25	15	246	FERNÁNDEZ ARENAS , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	03:08:28.133	+00:34:44.800	07:18 min/Km
26	16	156	LESTON DEL RIO , ADELINO	MALE	SENIOR-M	INDEPENDIENTE	03:09:46.963	+00:36:03.630	07:21 min/Km
27	17	230	MUÑOZ ESPASANDIN , JULIO	MALE	SENIOR-M	INDEPENDIENTE	03:10:53.153	+00:37:09.820	07:26 min/Km
28	11	108	SUAREZ COSTA , JUAN JESUS	MALE	VETERAN-M		03:13:11.333	+00:39:28.000	07:26 min/Km
29	12	338	CAMPOS MURAS , FERNANDO	MALE	VETERAN-M	USBA MORILLO	03:13:11.433	+00:39:28.100	07:31 min/Km
30	13	340	GONZALEZ MORAO , JACOBO	MALE	VETERAN-M	INDEPENDIENTE	03:15:05.893	+00:41:22.560	07:31 min/Km
31	14	49	GONZALEZ TALAVERO , MARCOS	MALE	VETERAN-M		03:15:07.323	+00:41:23.990	07:31 min/Km
32	15	261	VILLAR RODRIGUEZ , RICARDO	MALE	VETERAN-M	NOITEBRA	03:15:17.843	+00:41:34.510	07:34 min/Km
33	1	43	BOTANA GONZALEZ , SONIA	FEMALE	VETERAN-F	NOSPORTLIMIT	03:16:37.493	+00:42:54.160	07:35 min/Km

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CRONOMETRAXE

## - TRAIL LONGO-

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
34	16	85	TAJES CANOSA , LUIS	MALE	VETERAN-M		03:16:59.383	+00:43:16.050	07:36 min/Km
35	17	245	TORRADO SOBRIDO , JOSE ANTONIO	MALE	VETERAN-M		03:17:14.263	+00:43:30.930	07:36 min/Km
36	18	236	GARCÍA BARREIRO , FRANCISCO JAVIER	MALE	VETERAN-M	CLUB ATLETISMO SADA MONTAÑA	03:17:34.073	+00:43:50.740	07:37 min/Km
37	18	233	IGLESIAS EIRÍN , ALFREDO XABIER	MALE	SENIOR-M	KURAI	03:17:45.953	+00:44:02.620	07:37 min/Km
38	19	119	TARRÍO PÉREZ , HÉCTOR	MALE	SENIOR-M	KENNEL DEN	03:17:46.453	+00:44:03.120	07:41 min/Km
39	19	107	LÓPEZ JACOME , ALVARO	MALE	VETERAN-M	CLUB HÉRCULES TERMARIA	03:19:35.753	+00:45:52.420	07:42 min/Km
40	20	124	QUINTELA VARELA , PABLO	MALE	SENIOR-M	CLUB CICLISTA CAMBRE CAEIRO	03:20:11.233	+00:46:27.900	07:44 min/Km
41	21	351	DEL CAMPO , JUAN	MALE	SENIOR-M	NO SPORT LIMIT	03:20:59.943	+00:47:16.610	07:48 min/Km
42	22	177	SEOANE FONDO , IVAN	MALE	SENIOR-M	NORTEMALLADO	03:22:24.593	+00:48:41.260	07:48 min/Km
43	1	362	FERNÁNDEZ YAÑEZ , SANDRA	FEMALE	SENIOR-F	XESTEIRAS	03:22:39.413	+00:48:56.080	07:49 min/Km
44	23	276	ESTÉVEZ RAMA , JAVIER	MALE	SENIOR-M	KURAI	03:23:00.083	+00:49:16.750	07:49 min/Km
45	20	342	MESIAS FERNANDEZ , JOSE MANUEL	MALE	VETERAN-M	CLUB ATLETISMO SADA	03:23:00.463	+00:49:17.130	07:49 min/Km
46	21	161	CERNADAS FERREIRA , JESUS	MALE	VETERAN-M	INDEPENDIENTE	03:23:00.513	+00:49:17.180	07:52 min/Km
47	24	28	CASTEDO ALONSO , JUAN JOSÉ	MALE	SENIOR-M	CLUB ATLETISMO SADA	03:24:12.263	+00:50:28.930	07:53 min/Km
48	22	60	TOURIÑAN CAÑAS , DANIEL	MALE	VETERAN-M		03:24:34.733	+00:50:51.400	07:56 min/Km
49	25	358	FERNANDEZ RAMOS , ALEJANDRO	MALE	SENIOR-M	NOSPORTLIMIT	03:25:56.863	+00:52:13.530	07:57 min/Km
50	23	252	PIÑOL CHAS , JUAN CARLOS	MALE	VETERAN-M	INDEPENDIENTE	03:26:38.923	+00:52:55.590	07:60 min/Km
51	24	242	RECOUSO GARCÍA , JUAN CARLOS	MALE	VETERAN-M	INDEPENDIENTE	03:27:34.363	+00:53:51.030	08:01 min/Km
52	25	185	CASTRO PADÍN , JUAN	MALE	VETERAN-M	INDEPENDIENTE	03:28:18.243	+00:54:34.910	08:02 min/Km
53	26	331	LUNA DOMINGUEZ , JUAN A.	MALE	VETERAN-M	TRIBU TRAIL	03:28:27.833	+00:54:44.500	08:03 min/Km
54	27	68	SILVARREY REDONDO , FERNANDO	MALE	VETERAN-M	NOSPORTLIMIT	03:29:14.693	+00:55:31.360	08:05 min/Km
55	26	334	MARCOS PAZOS , PABLO	MALE	SENIOR-M	INDEPENDIENTE	03:29:53.303	+00:56:09.970	08:05 min/Km
56	28	382	LOPEZ BARCO , PABLO ALFONSO	MALE	VETERAN-M	INDEPENDIENTE	03:30:03.083	+00:56:19.750	08:07 min/Km
57	27	326	BAS ROTH , NICOLAS FERNANDO	MALE	SENIOR-M	INDEPENDIENTE	03:30:56.003	+00:57:12.670	08:12 min/Km
58	29	41	MARTÍNEZ RODRÍGUEZ , JOSÉ MARÍA	MALE	VETERAN-M	CLUB ATLETISMO RIBADEO	03:32:53.573	+00:59:10.240	08:13 min/Km
59	30	81	BAO AÑON , MARIO	MALE	VETERAN-M	KOES RUNNING	03:33:22.173	+00:59:38.840	08:13 min/Km
60	28	62	VARELA GARCIA , JAVIER	MALE	SENIOR-M	KOES RUNNING	03:33:22.313	+00:59:38.980	08:13 min/Km
61	31	373	FERNÁNDEZ FRAGA , JAVIER	MALE	VETERAN-M	INDEPENDIENTE	03:33:34.863	+00:59:51.530	08:17 min/Km
62	32	312	MUÑIZ MUÑIZ , XOÁN	MALE	VETERAN-M		03:35:08.133	+01:01:24.800	08:19 min/Km
63	33	46	RIESTRA GONZALEZ , SANTIGO	MALE	VETERAN-M	ATLETAS ACEA DE AMA	03:35:51.343	+01:02:08.010	08:24 min/Km
64	29	139	BOWMAN LÓPEZ , DAVID	MALE	SENIOR-M	INDEPENDIENTE	03:38:14.143	+01:04:30.810	08:25 min/Km
65	34	266	TABOADA BARREIRO , JUAN MANUEL	MALE	VETERAN-M	TRAIL BOIMORTO	03:38:42.433	+01:04:59.100	08:25 min/Km
66	2	36	JUSTE PEREZ , ISABEL	FEMALE	SENIOR-F	INDEPENDIENTE	03:38:42.873	+01:04:59.540	08:25 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
67	35	35	BRION MONTEJO , CHRISTIAN	MALE	VETERAN-M	INDEPENDIENTE	03:38:43.113	+01:04:59.780	08:28 min/Km
68	36	91	LENCE PAZ , MAURICIO	MALE	VETERAN-M		03:40:00.523	+01:06:17.190	08:31 min/Km
69	37	336	IBÁÑEZ PEREIRO , AITOR	MALE	VETERAN-M	TRIBU TRAIL	03:41:07.643	+01:07:24.310	08:31 min/Km
70	2	10	LÓPEZ VILAS , GELI	FEMALE	VETERAN-F		03:41:15.913	+01:07:32.580	08:32 min/Km
71	38	29	CAPINEL SILVA , JOSE ANGEL	MALE	VETERAN-M	A.D.MEDIADUCIA	03:41:36.853	+01:07:53.520	08:35 min/Km
72	30	69	SIMÓN MARTÍNEZ , HÉCTOR	MALE	SENIOR-M	NOSPORTLIMIT	03:42:57.473	+01:09:14.140	08:44 min/Km
73	31	57	SOTO BUCETA , SERGIO	MALE	SENIOR-M	C.A.CAMBADOS-SEG.NOVAL	03:46:44.213	+01:13:00.880	08:45 min/Km
74	39	318	MATO PEÓN , CELESTINO	MALE	VETERAN-M	PONTE TRAIL	03:47:29.233	+01:13:45.900	08:47 min/Km
75	32	195	RODRÍGUEZ FERNÁNDEZ , MANUEL	MALE	SENIOR-M	KURAI	03:48:16.133	+01:14:32.800	08:54 min/Km
76	33	335	SÁNCHEZ VÁZQUEZ , RUBÉN	MALE	SENIOR-M	NOSPORTLIMIT	03:51:01.813	+01:17:18.480	08:57 min/Km
77	34	390	GARCIA FARIÑA , IVAN	MALE	SENIOR-M	INDEPENDIENTE	03:52:36.373	+01:18:53.040	08:58 min/Km
78	35	61	BARREIRO AÑÓN , ADRIÁN	MALE	SENIOR-M	KOES RUNNING	03:53:05.553	+01:19:22.220	09:01 min/Km
79	3	221	VIGO BARREIRA , ANA	FEMALE	VETERAN-F	RUNNING OLEIROS	03:54:02.903	+01:20:19.570	09:01 min/Km
80	4	243	CASAL LLORENTE , CARMEN	FEMALE	VETERAN-F	INDEPENDIENTE	03:54:14.523	+01:20:31.190	09:03 min/Km
81	36	350	MORGADE VIÑAS , RAMÓN	MALE	SENIOR-M	NOSPORTLIMIT	03:54:58.223	+01:21:14.890	09:03 min/Km
82	3	77	MOREIRA , ESTRELLA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	03:54:59.723	+01:21:16.390	09:03 min/Km
82	37	4	RIVAS POMBO , MARCELINO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	03:54:59.723	+01:21:16.390	09:07 min/Km
84	40	1	FONTAN PEREZ , GERARDO MIGUEL	MALE	VETERAN-M	ARMENTEIRA E PUNTO	03:56:44.803	+01:23:01.470	09:10 min/Km
85	41	301	MUIÑO MARTÍNEZ , JOSÉ RAMÓN	MALE	VETERAN-M	A.D. JARNACHAS	03:58:01.783	+01:24:18.450	09:10 min/Km
86	42	277	GARCÍA GONZÁLEZ , SANTIAGO	MALE	VETERAN-M	NOSPORTLIMIT	03:58:16.743	+01:24:33.410	09:13 min/Km
87	43	59	DOMINGUEZ GONDAR , JUAN CARLOS	MALE	VETERAN-M		03:59:12.403	+01:25:29.070	09:13 min/Km
88	5	94	LOIS ALVAREZ , BEGOÑA	FEMALE	VETERAN-F	RUNNING OLEIROS	03:59:28.223	+01:25:44.890	09:13 min/Km
89	44	268	LOPEZ TOJA , JOSE RAMON	MALE	VETERAN-M		03:59:29.363	+01:25:46.030	09:14 min/Km
90	38	316	LOPEZ FIGUEIRA , ENRIQUE JOSE	MALE	SENIOR-M	NOSPORTLIMIT	03:59:47.943	+01:26:04.610	09:14 min/Km
91	45	255	RODRÍGUEZ-LORASQUE VÁZQUEZ , PABLO	MALE	VETERAN-M	NOSPORTLIMIT	03:59:48.253	+01:26:04.920	09:19 min/Km
92	46	227	BREA SANCHEZ , JOSE MARIA	MALE	VETERAN-M	CLUB ATLETISMO BOIMORTO	04:01:55.783	+01:28:12.450	09:28 min/Km
93	39	146	BREGUA NAVEIRA , PABLO	MALE	SENIOR-M	INDEPENDIENTE	04:05:48.093	+01:32:04.760	09:30 min/Km
94	6	120	ROCHA LAPIDO , RAQUEL	FEMALE	VETERAN-F	CLUB KENNEL DEN	04:06:52.263	+01:33:08.930	09:32 min/Km
95	47	9	PEREZ LOJO , SERGIO	MALE	VETERAN-M		04:07:42.383	+01:33:59.050	09:44 min/Km
96	7	348	RODRÍGUEZ GALLEGU , ELIA	FEMALE	VETERAN-F	NOSPORTLIMIT	04:12:49.683	+01:39:06.350	09:46 min/Km
97	8	254	CALVO GUNTURIZ , CRISTINA	FEMALE	VETERAN-F		04:13:45.903	+01:40:02.570	09:49 min/Km
98	4	72	PRADO SÁNCHEZ , PAULA	FEMALE	SENIOR-F	NOSPORTLIMIT	04:14:53.733	+01:41:10.400	09:53 min/Km
99	40	157	PARDIÑAS GONZALEZ , MARCOS	MALE	SENIOR-M	INDEPENDIENTE	04:16:49.503	+01:43:06.170	09:54 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
100	41	172	CASTRO SOUTO , ALFONSO JAVIER	MALE	SENIOR-M	MARINEDA ATLÉTICO	<b>04:17:02.383</b>	+01:43:19.050	09:55 min/Km
101	42	154	VIDAL RODRIGUEZ , OSCAR	MALE	SENIOR-M		<b>04:17:29.823</b>	+01:43:46.490	10:12 min/Km
102	9	356	FERREIRO DEvesa , MARIA JESUS	FEMALE	VETERAN-F	CLUB MONTEPENARUBIA LUGO/ABNUTE ABOGADOS	<b>04:24:59.723</b>	+01:51:16.390	10:17 min/Km
103	43	175	VARELA INSUA , ALEJANDRO	MALE	SENIOR-M	INDEPENDIENTE	<b>04:26:58.713</b>	+01:53:15.380	10:24 min/Km
104	5	347	PEREIRA FERREIRO , MARIA	FEMALE	SENIOR-F	CLUB MONTEPENARUBIA LUGO	<b>04:30:20.883</b>	+01:56:37.550	10:24 min/Km
105	44	270	FIGUEIRA REY , DIEGO	MALE	SENIOR-M		<b>04:30:22.703</b>	+01:56:39.370	10:25 min/Km
106	48	371	FERNANDEZ TRISAC , JOSE LUIS	MALE	VETERAN-M	GACELIÑAS	<b>04:30:25.853</b>	+01:56:42.520	10:25 min/Km
107	49	288	RIVEIRO CANEDO , LEANDRO	MALE	VETERAN-M		<b>04:30:26.213</b>	+01:56:42.880	10:27 min/Km
108	50	384	GARCÍA GARCÍA , JORGE	MALE	VETERAN-M	INDEPENDIENTE	<b>04:31:28.983</b>	+01:57:45.650	10:43 min/Km
109	51	117	CONDE BERMUDEZ , RAMON ANGEL	MALE	VETERAN-M	VETERANOS DE OURENSE	<b>04:38:36.713</b>	+02:04:53.380	10:49 min/Km
110	6	79	SIMÓN MARTÍNEZ , AMIRA	FEMALE	SENIOR-F	NOSPORTLIMIT	<b>04:41:13.113</b>	+02:07:29.780	11:17 min/Km
111	52	96	CARBALLEIRA HORTAS , XOSÉ MANUEL	MALE	VETERAN-M	INDEPENDIENTE	<b>04:53:08.313</b>	+02:19:24.980	